## Christmas Program 1999 Spirits, Soul Mechanism and Mantras 10 Through 18 In the Baba Temple at the Ashram December 17, 1999



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**Evening** Talk

**Swami:** Everybody have you paper and pens - 10th Mantra Okay? (*Swami teases someone about sneezing.*)

The 10th Mantra:

Om Brahmhaanda-Nayaka Brahma-shakti puthra Pahi Pahi Raksha

11th Mantra

Om Vishva-Teja Ankura-Teja Atma-Sandhana-Shakti Ava-Hum Ava-Hum 12th Mantra

Om Hrim-Kaara Rupa markata-Shakti Rupa Raksha Raksha Raksha

Rupa, Swarupa, like greeting words. Swarupa, Rupa, Greeting words. Own reality nature.

13th Mantra

Om Dheem Kleem Saoum Maha-Atma-Shakti Praz-wla-Shakti Raksha Raksha

This is one of very, very, very important prayer.

(Discussion on how to spell Pradzwala, dz or z or J sound? Swami said, "Don't use d to spell it, it is not the d sound.")

Some Sanskrit words it's very, very little complicated, pronunciation. Atma Sahkti its meaning to creating like a nuclear bomb. It means your soul power you are spreading out, to giving healing like that, to giving shaktipats like that. Even who saw you, just like that, once, one second they'll get the healing from you. Like a darshan of the angel, like a darshan of the holy man, like a darshan of the Jesus, like that (snaps fingers). After seeing, you are getting soul power. Pradzwala Shakti.

Dheem Kleem Saoum - that pronunciation, the bijaksharas helps to

your atma swarupa, to your atma rupa. It makes you to create like a nuclear bomb, making wider and bigger to spread whatever you want to suck, to heal, to give it. You understand?

Jorg: May I ask one question?

Swami: Sure.

Jorg: Will you tell us when we can use all these mantras? Most of them are for healing as far as I understand, and there are...

**Swami:** No, in the healing techniques I am going to teach about entire in the universe, whatever the famous healing techniques. Swami know everything, he is going to explain different healing techniques what is the secrecy's there. Then after the Sai Shakti healing techniques, what I'm giving the new name to my healing techniques. To different mantras, for what purpose, what position, which moments you have to use... for to yourself, to your family members, to sending distance healing. In the uses it will comes for overall from the beginning from A to Z.

(Jorg asks a question)

**Swami:** Wait, wait, wait, just I'm giving in one order the mantras. After completing the mantras, like a separating these mantras like three parts to use for different actions. So wait, no problem. For to the angels work this one is your soul power to create your own, like making bigger.

14th Mantra

Om Linga-Rupamatma

Paramatma

Maha-Shiva-Shakti-Linga Swarupa

Raksha Raksha

Om Maha-Dhurlabha Durgay Durga-Sahdhini Maha-Dudrga-Cha Ydhini Raksha Raksha

16th Mantra Swami: Block this one. I'll come back to this later

## 17th Mantra

Om Brahma-Kapaalli Shiva Thaandava Nada-Rupini Nakaara-Swarupa Raksha Raksha

Next one 18, the last mantra, your program last mantra, then, the Elements, few mantras, these mantras is enough. No need to learn millions of mantras. Are you happy computer man? (*Swami talking to Tobias*)

Okay, number 18.

Om Hreem Hessraim Hreem

Atma Shakti

Paramaatma-shakti

Maha-Dhatta

Ava-Hum Ava-Hum

Got it? Simple. Before I told one mantra, Om Hreem Hessraim Hreem Om Dheem Kleem Saoum Maha Saraswati Aayna Namaha In the different forms I teach the mantra. How many people know that mantra? Can you say Myuri?

(Myuri says mantra)

Swami: It is, it comes in the?

Myuri: In the Shakti Narayana Nadi.

**Swami**: Dheem Dheem Kleem Kleem Saoum Saoum, I putted high pressure there. In regular form I teach to who, maybe Japanese? Dheem Kleem Saoum.

Jonathan: Question? Maha Datta, Datta with an "h"?

**Swami:** Ya, Dhatta, Dhattatreya. Dhatta means Guru Dhatta, Dhattatreya. Ramakrishna, am I teach the Dheem Kleem Saoum Maha Saraswati aayna Namaha without like double Dheems, double Kleems, double Saoums?

(*Ramakrishna repeats exactly same, with single Dheem, etc.*)

**Swami:** Good, we went right to left, left to right. Good. Here the bijaksharas, the bijaksharas means it is the Mother Divine arms. You know arms? The bijaksharas, if you chanting, Om Dheem Kleem Saoum Hreem Hessraim Hreem Maha Saraswati Aana Namaha - Right to left, then left to right, Om Hreem Hessraim Hreem Om Dheem Kleem Saoum Maha Saraswati Aayna Namaha. It's the way of the Indian tradition Sanskrit, the saints they using the bijaksharas, they are choosing the different path. Suppose sometimes they go to North to South, South to North, West to East, East to West, that's like same form, the bijakshara, the slokas, they goes with the different ways, with the same using the same letters but if you use Hreem then Dheem; then Hessraim then Saoum, completely wrong. It's completely wrong. You have to go... it's very big ocean, it's very difficult to understand but just follow it like:

Om Bhur Bhuva Suvaha

Tat Savitur Varenyam

Bhargo Devasya Dheemahi

Dhyo-yo-naha Prachodayat.

The same letters if you misusing that words, putting with a different gathering, it comes the horrible meaning. Even though the meaning is not coming, you are breaking the power. So, it's not good.

Student: Is it pronounced Shakti or Shekti?

**Swami:** It's okay, Shakti, Shekti. The 16th one we can complete it. Lets go the 16 complete changing another different.

Number 16

Om Nava Chamundi

Nava Shakti

Pahi Pahi

Raksha Raksha

Got it? Simple. Okay, it's done. We have the mantras. The Elements plus these mantras, every person have to remember mantras. I'm teaching two more yantras. One is already I teach - Sri Chakra. How many people can draw exactly? Like that, not like this? How many people?

(Swami counts 7)

**Swami:** Okay, by tomorrow evening, every person have to, can draw Sri Chakra Yantra. Already I teach there, it is there. Like learning it. Okay? No? Yes? Michelle M? By tomorrow night, like same time, whenever, whoever... there is a big board there, just if I call somebody they have to come, they have to draw it.

(*discussion about drawing freehand or not*)

**Swami:** Use free hand...hand is big instrument - use it. And to giving white papers... I'm seeing everybody's papers... must - no compromising, have to learn. Don't feel you're not capable. Maybe, "Swami, I'm so much very old, I can't remember. I'm fifty-five years old man." "Oh Swami, I'm twenty-five years old, I'm so young, I can't." Un-hun, no chance, have to. Okay? I know my students capabilities. They can, easily... It's done. We can talk different subject. Close your papers. Is everybody know the Lord Ganesha prayer?

Ganesh Mantra

Om Suklam Bhara Dharam

Vishnuum Sashivavarnam

Chatur Bhujam Prasana-vadanam

Dhyai-yay Sarva Vignopa Shant-a-yay

(Swami says he can teach in Hampi and discusses doing yantras the next day and the mantras will be put on computer and printed, and Lothar is translating all this.)

**Swami:** So, close your papers. Swami will tell about my personal experiences. Everybody's getting a little bored? Want to take a little break?

**Swami to a student**: Why you laughing man?

Student: Because you're funny!

**Swami:** How many people can remember the Gayatri Mantra? Everybody know Gayatri Mantra? Mmm, good, now everybody's... She's big sleepy birthday girl. I have some questions. Is the scientist is they're recognized the souls is there?

Jorg: No. In the western world they don't.

**Swami:** You sure?

Jorg: Yes, they talk about soul but they don't mean soul, the real soul. There is psychology, that's a subject it's called, "The Knowledge of the Soul," but they don't deal with the soul. They deal with symptoms and things like that. They don't think that if you die there is a soul remaining.

Swami: Okay.

Lothar (*translating for someone*): In the German psychology the soul is the same as the psyche.

**Swami**: Psyche means?

Lothar: Psyche means the psychic powers.

Swami: What is mean by psychic powers? Please explain a little more.

Lothar (*translating*): The powers of the mind also the emotions, the seat of the emotions, seat of the consciousness and subconsciousness.

**Swami:** That is the soul? I can't understand.

Student: It's the only thing they know.

**Swami**: It's the only thing they know? Okay, is there anybody seen the souls or any spirits in your homes or in your garden, or in your somewhere walking, somewhere you are driving the car? Like a person in front of you, you are seeing in a few seconds that person is disappearing? Such type of experience anybody seen? Be honest guys.

Swami: What is your experience Michelle M?

Michelle M: (it's not audible)

Swami: You Anya?

Anya: When I was staying in a hotel in Switzerland there were very distinct like beings that were hanging in the rooms. They were very kind of scary. I had to leave.

**Swami**: Let me tell my experiences. In 1997, around like that, I think it's February month. I went to one of my student's, their home. There is a small function there, the celebration. Near, near six hundred, seven hundred people came to the function. Just I celebrated - I gave a beautiful talk. Then we are coming late of the night back to my ashram, only me and my driver, Anthony, it's the, it is four, near,

near four, four and a half hours journey. The road is very crazy dirty. I'm very tired, just I'm backside lay-downing. Anthony is driving very fastly. Suddenly it is like a little forest area, it's the, it's a strongest experience of wild spirits what I seen in my life practically, even to me not getting controlling, like one hour. Suddenly the car got punctured! Then the Anthony, he get out on the car, he didn't disturb me. Then he opened the dickey, he pulled the spare tire, then he started to open it. It's completely... he's very expert to open the (lug) nuts. He have the twenty-five year experience on the driving profession. Two nuts is completely heavy, tight. He's trying and trying and trying. There is no vehicles is coming, and it's only complete forest, little forest - nobody's not there. He don't want to me to disturb. How to do? Just simply he's sitting there and watching how to do that. He hear little noise, somebody's two person's talking at a little distance. He walked to there to maybe to call them, like that. That two negative spirits attacked him, to make to walk like two miles!

Generally the police never give permission to cross that border in the night times, so no more vehicles is coming. Just he's completely like one and a half mile, two miles he walk. Suddenly I wake up. "Where I am now?" Calling, "Anthony, Anthony." He's not there. I open the door, just I watch...where he is? I thought maybe he went to toilet but engine is turn off. He didn't put the parking lights. I'm seeing something going on here. I saw the punctured... tire is punctured. I shouted huge as much as I can! He's completely tracked, like high hypnotized. You know hypnotized? Like midnight high hypnotized. He's walking. He's going. Then just I sit like few minutes. What's going on here? He's going... If fifteen, twenty minutes delay there, if I made the delay, then with high hypnotizing he's going in the deepest, like a well. Just immediately using some my channels to break that, again I made him to come back. I break that, then he got, "Hey where I am?" Then, "Nobody's not here," then he run back very fastly in ten minutes. Then his heart is high BP, like with the shivering.

I told him, "Don't worry, I think just you went." He said, "Oh Swami, I'm hearing the noise, somebody talking, going, I'm following them. As much as I'm going fastly, I can't catch them, they're talking, they are going. I'm seeing like two persons going. I'm trying my maximum best to walk and fastly they're going, like that. What's going on here?" Then I told him, "Just you're little, you're psychiatric problems." I'm yelling on him. If I told, "Oh, it's a negative spirits," definitely he go heart attack. He's a brave man, but I told, "Don't worry, just you go and take sleep." He's saying, "Okay, you also come inside." "Don't worry, you go inside." Then, he's also trying (tiring). He slept. I climbed on the top of the car, I sitted in the meditation. Okay, lets test that two spirit what is the guys? Who are they, what is the power here?

That two spirits since like six hundred and fifty years since they're living that place, six hundred and fifty years back. They are like big two close friends, somebody killed them. Like they are giving huge trouble whose stuck up in the forest at midnight's. They are giving little crazy problems to them, giving lot of disturbance. I sucked them, finally it takes like one hour to one and a half hour to take them in my control. They're crying, they're shouting, they're yelling, they're screaming...like crazy behavior. Taking them in the control, changing them to bring back, to sending another lifes.

That negative spirits means the souls, if it sucked high negativity when they are dying, if they have the huge pain before they are dying, that souls became high negative soul. That is the... how much they suffered huge pain. Like somebody killed, suicide, accident...like a huge pain in their soul, suffer... If they take off it means their soul for a little... there is no guarantee they stay like one hundred years, ten years, two years, six days. No guarantee, they're hanging around in the... that only surrounding the nature. But some spirits... but there is a big chance, not big, there is a big guarantee the negative spirits cannot do direct any harm to anybody. It can create a lot of disturbance. When I came first time to Biberco, what is that – Biberco?

Student: Biberkor.

**Swami:** Biberkor. Germany's pretty interesting country, very interesting country, I don't want to say, but it's very funny. There a lot of souls hanging in the cosmic but of course there is only like few percent... I purified a lot there. So, my advice...negative spirits is there, but if we attracted with that energy, if we open our heart for that, then the negative spirits can, easily can do harm to you. If your heart is not open, just ignoring it, "Hey, come on, forget it. What is that, nothing to do me," then it's complete depending on your soul willpower.

But who practice even one time the Gayatri Mantra, like chanting any... I can give the guarantee, like Indian prayers, they can't... sorry, to them, any negative spirit in the universe, it never, it can't give any harm. Even though it's a powerful, any negative spirit it can't give any harm. There is not, no chance. Even to my Anthony, my driver, I told to him, "Hey, why can't you practice this prayer or that prayer?" He never do's any prayer. That is my karma. He simply he says, "Why worry? You are here." Swami says, "Your life steering is in my hands." Anthony says, "Swami, no need to do!" He never do's! Even, "Hey, say this mantra, like just chanting thirty minutes." He never, "Swami, I can't, please!!" His nature is like that - okay. He is doing great service since seven, eight years to Swami, like a truthful and faithful person.

One day a devotee came to Swami. That person, he killed one man. Unfortunately big enemyism created, both of huge revelation (revolution) came, he killed that man. After four years later, who died in his hands, that person's soul is came to his home to giving torturing. Suddenly the lights is getting on, fan is running, in the kitchen big sounds. He came to me. It's very funny and interesting. I went in his home to watch. That day he didn't came. Again, next week I went, he didn't came, but I gave a beautiful ring to him to protect. He lost that ring. One day when he's driving the car, he got the psychologically big fear. One nighttime he is driving with a little alcohol. Suddenly he remember (*Swami snaps fingers*) that his friend, what he did a mistake. He hitted a lorry - psychologically his heart is open to that big fear. He died.

Next day morning I got the message from his wife. Simply I went to watch him, his body. I watched, "Where is my ring. There is no ring!" I asked his wife, "He gave a ring to you?" She said, "Last week he told me Swami, he lost it somewhere in the party." It means, why I'm saying this, never to giving chance even one percent to open the heart, our heart to the negative things. It is only one, two, four, five percent only chance, the negative spirits, the people can see...not everybody cannot see that. No more chance, not even one percent, to giving the chance in our mind, to think about negative thoughts in our heart, in our brain. If you started to think, it started to develop. That is the biggest illusion yourself you're creating.

Even though you have incredible... suppose Swami gives a ring, a chain, a mala, that instruments it's not ordinary instruments. Some a

power is putting in that, some bijaksharas chanting in that to giving the person to keep away from you the negative, any energy, not to attack on you. So don't, I don't want to scare. I don't want to create the fear, it's a logic, it's natural talk. From the 2000, it's necessary I have to say. There is a lot of energy unbalanced is running. In the universe already some millions of people die, millions of souls is died, millions of souls again re-borning. It's not the big deal, just I'm giving the idea, brief idea, to understand the soul mechanism.

Only the human souls have the power can give little trouble to you, that human negative souls. Sometimes when you're walking, some negative soul is walking. You're going this way, the spirit is walking opposite direction to you. Sometimes you feel so heavy you can't walk. You're feeling so, so tired, so incredible body's pain. Immediately in a matter of fifteen minutes...fifteen minutes back you're so healthy, very active and very charming, very... just in a fifteen minutes you're walking in your field, you're going very, very, down. It means you have to understand you have to leave that place immediately, or you have to stop to walk that direction for a little while. You have to sit. Is it make sense? Anybody have experience like that? Who? How many people? This is true.

When I'm beginning stage, when I'm meditating, lot of patients, lot of devotees comes with the psychiatry. Some negative souls, who was in their body, already affecting - huge affecting on them. After keeping on researching on them how they got it, how they affect it...certain timings, they're fall downing. Certain timings, without their notice they are sleeping on the dead bodies where they are buried on the ground.

One person, one day in the river, he's walking. He went for hunting for to some animals. He's a big alcoholic. He tried to hunt. When the... in front of the river lot of wild animals comes to drink the water near here, near, near seven, eight hours journey. In the little forest, there's a big river going. He went with his gun to hunting. Until to morning, he tried to hunt the animals but he can't find an animal. He drink huge alcohol. He's walking in the river. He's so sleepy he want to sleep. He slept on the sand. Near him, there is a one dead body - lady dead body is there. He didn't seen that, full dark night, he used that dead body as a pillow and he slept.

It's like, it's a serious... Then next day morning he wake up. He took

the gun, then he saw her, "Oh my gosh!" That day he's very fine. That night psychiatric-ly his heart is open, he sucked some fear. That night he got temperature, that temperature started to getting higher and higher, and diarrhea, with motions. Even if anybody touch him, he goes like big weird, shocking. Midnight, wake-uping and big shouting... many healers came, many doctors came - no use. Finally their family members called me, "Please come and to see that man." He's a very wealthy person. "Okay," I said, "Okay," I have to heal him, maybe I'll get good donation to my ashram, like a making jokes to my students who was around me. Just I went there to see him. then I watched the guy, his position what happened exactly. Nobody have no idea what he suck the fear. He didn't saying that, he kept in his heart - keeping.

Some healers identified, he got some shock, psychological fear. I made him to temperature cool down, me and he... again temperature cool down, I made him to go with me to hunting. On the way to go to hunting, in the small village we stop our vehicle the jeep...there is a big burial ground, the dead bodies is burning, they are burning. At the time he's not also feeling well. He's very tired and he's very unstable mind. I made him to come with me in the burial ground. Just I sitted on the, like what we call like making like a small castles?

Myuri: Casket? Where you put the dead body?

**Swami:** Casket. Yah, dead body I'm putting like a wall.

Students: Grave.

**Swami:** The grave. I sit on one grave. I told him, "Go and sit on another grave." Then he's big scare, "Why you brought me here?" Six persons, six persons they are burning some dead bodies. "I mean, come on man just sit, don't worry. One day when we die we have also burn here." Any Indian talk, Indian tradition to talking about deaths, huge to him. Huge death. Then psychological, "Oh, this is a simple." Then within like three, four days completely he healed. Then he finally, he gave up his hunting.

So, so psychologically sucking the fear is very big danger. Nowadays, in the people who was some psychiatric problems, the people, there is a only one, two, three percent chance the real negative spirits is attacking them... ninety-seven, ninety-eight percent they're psychologically negative feelings sucking. To the psychiatric people

you have to use different person with a different logic. The healers, they have to give highest braveness to their students to become very strong. If they have no strong willpower, easily they can attract with anything. It's very important, willpower. Even some persons, even they, they don't know how to swim, some persons just they are jumping in the water. Without their notice they are swimming and they are coming out. Even though he's a strong swimmer, expert swimmer, if he is swimming in the middle of the river, if he got little shock, "Oh my God, maybe I can't swim anymore." If he got the thought, he's sucking a lot of fear, his way of swimming style coming less, and less, and less. If you got the huge fear, he's drinking the water - he's dying. Forget it. So it's very important – willpower!

Is it make sense? Yes? No? One hundred percent, to the improve the willpower these are all mantras, these are all prayers will helps to everybody a lot. With your notice, it opens your heart to be very strong. So the spiritual practice is very, very important to suck highest deep peace, deep silence. So, it's already like midnight. I can make to everybody to sit in meditation. Please sit in meditation.

## End of Talk