

# Swami Teaches the Brahma Kundalini Nadi

Teaching: Five of Seven

Malibu, California

September 1997



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*The teachings of the Brahma Kundalini Nadi were one of the first ancient systems, from the Indian Tradition, that Swami taught in America. The tapes are very old and in very bad condition, (20 years old) therefore we want to caution you about their accuracy, however they do contain wonderful explanations and stories. You can also see the tireless dedication and patience that Swami had interacting with his new students - language barriers – cultural barriers – spiritual barriers...*

*(The Mantras are incomplete)*

Student: (Inaudible) ...on the planet?

**Swami:** Generally, the scientists don't, they don't know how many plants in the universe. By the scientism, they are telling them... The science is very little, they don't know perfectly. They're making, making, making wonder things, finally, they don't know how to control it. Then it blast one time. It is happening.

Student: What do you mean by blast?

**Swami:** Pardon?

Student: What do you mean by blast? Blowup?

**Swami:** Blow, blow means just...

Student: Destroy.

**Swami:** They are making, making, making, without controlling the power.

Student: The space research that they are doing now could do harm?

**Swami:** Anything - this in India. From the leaves, they found the... to make the petrol from herbals. When he's making, suddenly the burnup. Throw the industry...

Student: The side effects of what they're doing?

**Swami:** Overheat. Where is the overheat is coming?

Student: Global warming.

**Swami:** They're not finding, everything is clearly temperature, but unfortunately this fiery.

Doug: What can be done to balance it?

**Swami:** Hmm?

Doug: What can be done to balance it?

**Swami:** First, we'll balance our balance, then we'll think our...

Student: It seems like these mantras are your old science and like, when you work on a computer, if you put the wrong little thing, it doesn't work. So, if you do not the exact implementation, it's not the key to get into the door.

**Swami:** I don't to the...

Student: Yes, exactly.

**Swami:** I want the learning. I want to learn the computer.

Student: (Inaudible)

**Swami:** Pardon?

Student: Yes, like a mass market.

Student: Those are very easy to build, very simple.

**Swami:** Simple?

Student: For you, it would be no problem.

Student: And mantras.

Students: (Laughter)

**Swami:** Ok, went to the third one. The third one is:

Om Dheem Kleem Sauom,  
Hreem Hreem Hreem.  
Ha, hey.

Students: Try to repeat and spell.

**Swami:** Hrim. Hach-r-e-e-m.

Students: How many Hreems, three?

**Swami:** No, no, no, no, no - only one time.

Students: Oh. (Laughter)

**Swami:** I'm sorry.

Student: One time.

**Swami:**

*BKN Mantra Number Three*

Hreem Hessraim Hreem.  
Om Dheem Kleem Saoum,  
Hreem Hessraim Hreem,  
Maha Saraswatinyaynanamah.

Students: Try to repeat several times.

**Swami:** Maha Saraswati Nyaynamah. Maha Sa-ra-swa-ti Nyay-na-nama-ha.

Students: Repeat mantra.

**Swami:** Hold on, I write myself.

Students: Repeat mantra.

**Swami:** Ok, you got it everybody?

Students: Many answers.

**Swami:** Ok. S-ea, Sarawati Nyayna-namaha. The last one I'm telling the pronunciation, the spelling, Sa-ra-swa-thyei-na-yen,a-ma-hach,a.

Students: (Talk confusedly amongst themselves.)

Student: One word?

**Swami:** One word.

Students: Practice mantra.

**Swami:** Saraswati Nyay, Saraswati-nyayna-namah.

Students: Repeat mantra according to Swami's inflection and lilt.

**Swami:** Listen, listen, listen.

Om Dheem Kleem Saoum,  
Hreem Hessraim Hreem,  
Saraswati-nyayna-namah.

Students: Repeat.

**Swami:** Saraswati-nyayna-namaha.

Students: Repeat.

**Swami:** You can see, in one word, somebody think, somebody's thinking in nanamaha. No, Saraswati-nyayna-namaha.

Students: Practice.

**Swami:** It's one word.

Students: Practice.

**Swami:** Sarawati-nyayna-namaha. The tongue must be like...

Student: Repeats.

**Swami:** Uh-huh.

Students: Practice.

**Swami:** You do one thing, cutting that word. Silence. You cut this word, Saraswa-ti-nyayna-namaha.

Students: Practice.

Student: (Asks question, inaudible.)

**Swami:** Pardon?

Student: The first time he said Maha...

Student: No Maha.

Student: No Maha?

**Swami:** Sarawati-nyayn-namaha.

Student: Repeats Maha Saraswati-yayna-namah. Maha, no Maha.

**Swami:** Saraswati-nyayna-namaha.

Students: Repeat.

**Swami:** Ma is necessary.

Student: Maha?

**Swami:** It is...

Student: No, no, no.

**Swami:** See, I made the pronunciation for, to your easy way. That easy way makes to me confusion.

Student: Yeah, we might as well do the hard way. (Laughter)

**Swami:** Because of English is a new word. Mmmm, how do you pronounce that?

Ramakrishna: Saraswatiaynamaha.

**Swami:** Saraswati-nyayna-namaha.

Students: Try.

**Swami:** See, Saraswati-yayna, Saraswati-nyayna-namah. Namaha stating with one na. Two na like is necessary.

Students: Practice.

**Swami:** Saraswa.

Students: Try.

**Swami:** S-ea

Students: Practice.

**Swami:** Ok. Listen, listen, listen, listen. Single word fighting, ah, it is making interesting word. Where is the doubt one by one, any doubts anybody? Ok, what is that doubt?

Student: Well, we have Om Dheem Kleem Sauom, Hreem Ha...

**Swami:** Hessraim. No Kleem.

Student: Kreem?

Swami: No Kleem.

Students: Hreem.

**Swami:** Hreem.

Student: Hreem Hessraim and the last one, I'm still working on. Saraswati-nyayan-amaha. This is it. Is it correct?

**Swami:** Saraswati-nyayna-namah, Sarawati-nyayna-namaha. Everybody's not observing my voice. Mainly you're doing major mistake. You're taking your own time, but just observe my pronunciation, two, three times I'm singing since many times. Everybody is confusing. Sara... hear to me. No papers. Sa-ra-swa-ti-yay-na, Sa-ra-swa-ti-nyayna-namaha. Namaha is make it ordinary word. Ok? Just you take it ordinary word. Sa-ra-swa-ti-nyayna.

Students: Repeat.

**Swami:** Namaha.

Students: Repeat.

**Swami:** Then whole word, Saraswati-nyayna-namaha.

Students: Repeat. Practice.

**Swami:** Excellent.

Students: Practice.

**Swami:** Gaya? I want listen from you.

Gaya: Laughs. Saraswati-nyayna-namaha. Yeah? No?

**Swami:** Once more?

Gaya: Saraswati-nyana-namaha. Na, namaha. No na...

**Swami:** That's right.

Gaya: Nyayma

**Swami:** Nyayna. Saraswati-nyayna!

Students: Practice.

Gaya: Nyay. Nyah, na.

Student: Yay, na. Yay, na. Yay, namaha.

Students: Practice.

**Swami:** Ok, George?

Student: (Asks question, inaudible)

**Swami:** No, I'm fine.

George: Repeats.

**Swami:** Excellent. Hundred marks.

Student: Yay.

**Swami:** Doug?

Student: You want me to do the whole thing, or?

**Swami:** Whole thing.

Doug: Repeats.

**Swami:** This same, nyayna namaha is the most important word that is. Tyayna. Tyayna means that energy flowing on the tyayna. Here Saraswa, and then I cut it. Tyayna. Tyayna means sucking of the energy, and the releasing of the energy. These two is in this word. Saraswatiyaynamaha.

Students: Repeat.

**Swami:** Saraswati yaynamaha.

Students: Repeat.

**Swami:** Excellent, carry on.

Students: Repeat several times.

*(Two confusion points exist at this point, the first, Swami used Maha Saraswatyaynamaha when he first said the mantra. It is not repeated subsequently. The second is tyay. When the students repeat, they are saying tiyay, tiay and tay.)*

Students: Repeat mantra several times.

**Swami:** Right, excellent.

Student: It's simpler to say Saraswati, so which is it?

**Swami:** There is not ti, no ti. Starting, I'm observing, Saraswatiyaynamaha, everyone's following like that?

Student: Saraswati. Many comments.

**Swami:** No, no, no, no.

Students: Practice.

Student: One thing is Saraswati, sarah, another is sara.

**Swami:** Saraswati, general word.

Students: Practice pronunciation.

**Swami:** Who is Saraswati?

Student: I'm sorry.

**Swami:** Who is she? Who is she?

Student: (Inaudible)

**Swami:** Pardon?

Ramakrishna: Devi, the Goddess of Knowledge.

**Swami:** God of the Knowledge. Next, same the bijrakshas come.

Student: Number four?

**Swami:** Yes. Same you write up to Hreem.

Student: Om Dheem Kleem Sauom?

**Swami:** Don't write the last word Hreem. Om Dheem Kleem Sauom, Hreem Hessraim. Stop it. Got it?

Ramakrishna: Yes.

**Swami:** Then put the Hreem Hessraim Kleem. Maha Gananadhanyaynamaha. Maha Ganandhanyaynamaha.

Students: Practice.

**Swami:** Gananadhanyaynamah.

Students: Practice.

**Swami:** Yay spelled, how to yay spelled it?

Student: Yea.

**Swami:** Yay?

Student: Yea. Yea. Yea.

Student: Asks indiscernible question.

**Swami:** Yeah. I?

Students: Talk amongst themselves.

**Swami:** Write. I think it is correct. Ga-na-na-dha-ie-i-na-na-ma-ha. Is it right?

Student: Pronounces.

**Swami:** Huh?

Student: Pronounces.

**Swami:** Gananadhai-yana-namaha.

Students: Practice.

**Swami:** No y is necessary thing. Y, y letter is like in the meanwhile ayna. How to somebody release the confusion. Make it.

Students: Ask questions.

**Swami:** Type it in English.

Student: Gananadha...

**Swami:** Gananadha-yayna-namah.

Students: Practice. Try different pronunciations and spellings.

**Swami:** Ok. Gananadha-y-ay? Good?

Student: Yeah.

**Swami:** I'm... Last word is yei, yei-ga-na-dha-yai. Yei-ga-na-dha-yai-na, na. You got it?

Student: One more time?

Student: Could you do the whole line again?

**Swami:** Gananadha-nyayna-namah (*Transcriber's suggested breakdown, Ganana-dha-nyay-namah, pronounced as one word*)

**Swami:** Excellent.

Students: Practice and discuss spelling.

**Swami:** Ok. Ok. G-a-n-a. Again, n-a-dha-yai-na-namaha. Na-maha. You got it?

Students: Talk amongst themselves. Someone sneezes.

**Swami:** Bless you.

Student: Can you say it a couple times so I can make sure I got it, got the pronouncement right?

**Swami:** Ok. Om Dheem Kleem Saoum Hreem Hessraim Kleem Ganandhanyaynamaha. Got it?

Doug: No Maha?

Student: Maha?

Student: Where's the Maha?

**Swami:** Namaha. Yes? I confusion.

Student: In the first...

**Swami:** Gananadhanyaynamah.

Students: Repeat.

Student: You want Maha? When you sing it, you say Maha.

**Swami:** Ga-na-na-dha... Where is the mistake?

Student: Before...

Ramakrishna: Before it was Maha Gananadhanyaynamah...

Student: You said Maha...

Students: Talk amongst themselves.

**Swami:** You sing that?

Student: Ok, this is the way you sing it: Om Dheem Kleem Saoum...

**Swami:** You sing your words.

Student: No, no, this is the confusion.

**Swami:** Ok...

Student: It confuses.

**Swami:** Still confusing? (Good humoredly)

Students: (Laughter)

Student: Om Dheem Kleem Saoum Hreem Hessraim Kleem Maha, Maha Ganandhanyaynamaha.

**Swami:** Maha is...

Student: Maha?

**Swami:** Yeah.

Student: Yeah.

Students: Talk amongst themselves.

**Swami:** Maha is greeting word, like a Om. Gananadhanyaynamaha or Maha Gananadhanyaynamaha. See, I will tell some words of the greeting. Don't be confused on me? Om... Ok the greeting words. Greeting words, Om, Maha, Yem, Sem, in the Sanskrit, Sem (*Could be Yam and Sam, but sounds more similar to short e*), Ha, not for Ha, just Hch, strong only Ha, Lam. Lam, concentrate more on the L, Lam. Cch, cch, c-h-h. These are all the mostly greeting words. Next, Mama also. That is Guru, Guru, that is different. The word, perfect word. Maha Sarawatinyaynamaha, Marainanamaha, these are all the... Maha is the greeting. Om, like before the putting of the Om. Wherever the singing of any God, any sloka first they will put the word. You observe any mantra, any singing of the sloka, generally the word is the Om. If you sing any god or goddess name generally, they will add the Maha for the greeting.

Student: Indiscernible question.

**Swami:** Na, na, na. If I put the Maha, they can pretty confusion. Then slowly I can add...

Student: It's optional.

**Swami:** Yes. You sing it now? Mainly concentrate on the bijrakshas. Om, Dheem, Kleem, Sauom, Hreem, Hessrain... That is the main. On the God name is the main. Ayna is underlined. In the Saraswati, nyayna is underlined. Keep, keeping it is. Am I making big confusing? But the Brahma Kundalini is (laughter) dancing.

Doug: Now on the previous mantra, you said Saraswati... I think you said Maha Saraswati?

**Swami:** That is greeting.

Doug: Yeah, so you put the Maha in.

**Swami:** If you like, that's depending on you. Generally the Master if he feels little difficult, he's totally making avoid some letters.

Doug: I want to do it the best way.

**Swami:** Writing, making the free pronunciation.

Student: Unclear comment.

**Swami:** Is it right time to go?

Student: Unclear comment.

**Swami:** Unclear reply.

Student: Two o'clock?

**Swami:** Everyone's hungry?

Students: No.

**Swami:** Somebody's hungry?

Students: (Laughter)

**Swami:** We'll start by one thirty.

Student: Asks question again concerning pronunciation of mantra.

**Swami:** Ha, Hessraim, Hreem.

Students: Repeat for clarification.

**Swami:** Om Dheem Kleem Saoum, you got it.

Student: Got it. Yeah.

**Swami:** Hreem.

Student: Hreem?

**Swami:** Yeah. Hessraim, Kleem. Got it?

Students: (Laughter)

**Swami:** If you want to make Ga namaha or Ganahaynamaha. Oh, you want to listen slowly? You sing it.

Student: Ganana-diyay-na-nemaha.

Student: Diyay-na-nemaha?

Student: However you want to spell it.

Student: Explains her spelling to others.

**Swami:** You take a, own English word.

Students: Spell and pronounce many different ways.

**Swami:** You're confusion.

Students: Speak simultaneously

**Swami:** Ga... You write it. Ga-na-na-dha-yai-na... Then you, maintain a little gap and namaha. Na-ma-ha. Now Gananadhaya.

Student: Unclear question.

**Swami:** George, come here.

Students: (Laughter)

George: This is what Nancy wrote.

**Swami:** You wrote Nancy word or my word?

George: You see I'm just trying to understand.

Students: Talk amongst themselves.

**Swami:** Actually, you're right.

George: This one?

**Swami:** No.

George: This one's wrong. This is the one you just spelled me, right here.

**Swami:** It's right.

George: This one.

**Swami:** Yes.

George: This one's wrong. Ok, so it's (repeats mantra).

**Swami:** Swami repeats mantra.

Students: Talk amongst themselves.

**Swami:** Everybody got it? Yeah, three or four minutes, please sing that.

Students: Repeat mantra:

Om Dheem Kleem Saoum  
Hreem Hessraim Kleem  
Maha Ganadhiyaynamaha

**Swami:** (Sings) Maha Brahma Putram,  
Maha Brahma Putram,  
Waiya Putram,  
Baja Hanumanta,  
Baja Hanumanta, Gaja.

Students: Repeat several different pronunciations of what Swami said.

**Swami:** Haja. Haja. Haja. Haja Hanumanta.

Students: Repeat, Haja.

**Swami:** Bha (aspirated). B-h-a. Bha. Bha.

Students: Repeat sound in order to get right. Talk amongst themselves.

**Swami:** Bhaja Hanumanta Tum. Avasiddhiyaiyay.

Students: Talk amongst themselves to repeat correctly.

**Swami:** Avasiddhiyaiyay. Avaha.

Students: Repeat.

**Swami:** Some words, same words, repeat it.

Students: Talk amongst themselves.

**Swami:** You sing it now?

Students: Attempt to sing it. Total confusion.

**Swami:** Brahma Putram.

Students: Repeat.

**Swami:** Waiyu.

Students: Repeat.

**Swami:** Putram. M is the greeting word. It told it. Somebody write Putra. Somebody write. You wrote Waiyu Putra.

Students: Talk amongst themselves.

**Swami:** Waiyu Putra.

Students: Repeat.

**Swami:** Bhaja Hanumanta

Students: Repeat.

**Swami:** Avasiddhiyaiyay.

Students: Repeat incorrectly.

**Swami:** Ok, Avasiddhiyaytum.

Students: Repeat.

**Swami:** Tashiyamay.

Students: Repeat.

**Swami:** Tashiyamay.

Students: Repeat.

**Swami:** Tashiyamay

Students: Repeat.

**Swami:** Avasiddhiyaytum Tashiyamay

Students: Repeat.

**Swami:** Avasiddhiyaytum Tashiyamay.

Students: Repeat.

**Swami:** Bhaja Hanumanta.

Students: Repeat.

**Swami:** Avasiddhiyaytum Tashiyamay.

Students: Repeat.

**Swami:** Ok, carry on from the beginning.

Students: Maha Brahma Putram  
 Waiyu Putram  
 Bhaja Hanumanta  
 Avasiddhiyaytum Tashiyamay

Repeat again.

**Swami:** Maha Brahma Putram  
 Waiyu Putram  
 Bhaja Hanumanta

Students: Repeat.

**Swami:** Hanumanta. Ha-nu-man-tha. Step by step their increasing their knowledge in spellings. Some, sometimes confusing.

Students: (Laughter)

**Swami:** Mostly depending on your knowledge. The Knowledge. Don't depending on side people.

Student: Unclear question on pronunciation.

**Swami:** Brahmha.

Students: Talk amongst themselves, repeating the mantra.

*(Tape Cuts)*

Student: Thirty-first day or thirty-first word?

Students: Thirty first day.

**Swami:** The block is the ninety-one day, hunderd-one day. You got it George?

Student: Unclear question.

**Swami:** See, in Brahma Kundalini Nadi, I will tell. The sixth one, Narayanan Adi, the sixth one, Dhimi, Dhimi, Dhim that word, the ninety-one word at that time.

*(Tape has several minutes of static, but it sounds like conversation is layered underneath, starting at about 41 minutes into the first track. This static ends after 45 minutes.)*

**Swami:** Oh my God! My time and my energy, everything is best I feel. Must we get everybody seventy marks. I'm sure about it. I'm collecting the test on Sunday evening. Be ready.

Students: (Laughter)

**Swami:** Who got the ninety marks ago - you'll get good gift from Swami. What is meant by siddhiyatam?

Myuri: The siddhis, the powers?

**Swami:** I told, you have any idea on that?

Student: Unclear answer.

**Swami:** Ok, take your own time. Ok, I told about the siddhis, Siddhic powers. I told about siddhi and siddhic powers.

Student: Yeah, last night.

**Swami:** When I'm telling about the siddhiyatam, I told about the siddhi, siddhic powers. In Sanskrit called siddhiyatam, are you remember now?

Students: Yes.

**Swami:** In English word called siddhic - siddhic powers, in Sanskrit - siddhiyatam. You're inviting to your soul, siddhis. Hanumanta, who is Hanumanta?

Ramakrishna: Hanuman.

Student: Monkey.

**Swami:** Rama. After fifteen is over, then I'm explain each one meaning, uses and everything. Hanuman is the most powerful energy person. He flies on the air. You know that? He flies on the air. So he is the man of the energy. If you're taking one, what we call that in his hands? Gaday?

Student: Unclear answer.

**Swami:** What? What is in his weapon?

Ramakrishna: It's like a club?

Students: Mace?

**Swami:** U-huh.

Students: Unclear comments.

**Swami:** Not light.

Ramakrishna: Like a club.

**Swami:** Mace? No mace. Mace?

Students: Like a club?

**Swami:** Yeah. What's we call that? Mace?

Students: Mace.

**Swami:** Mace.

Student: No just mace.

**Swami:** Mace.

Student: How do you say again Hanuman?

**Swami:** Hanumanta. Hanumanta. Hanumanta. Ok, now we take a little break.

Student: Unclear question.

**Swami:** Narayana. Shakti Narayana. Narayana, Narayana.

Students: Talk amongst themselves.

**Swami:** If you have any doubt, don't be shy.

*Talk resumes.*

**Swami:** Only one time,

Students: (Laughter)

**Swami:** Sankalpa Dharani again Dharani comes, Dharani, Sankalpa Dharani.

Students: Repeat.

**Swami:** Vimoksha Dharani.

Students: Repeat and ask for clarification.

**Swami:** Vimoksha.

Students: Repeat.

**Swami:** Vi-moksha.

Students: Repeat.

**Swami:** Vi. V for Victory. Vimoksha Dharani.

Students: Repeat.

**Swami:** Dharani,  
Sankalpa Dharani,  
Vimoksha Dharani.

Students: Repeat.

**Swami:** Avaha Dharani.

Student: Dharani or Dharanay?

**Swami:** Dharani.

Student: Dharani.

**Swami:** Ni.

Students: Dharani?

**Swami:** Dharani. N-e-e.

Ramakrishna: Dharani Sankalpam?

**Swami:** Dharani Sankalpa Dharani,  
Vimoksha Dharani  
Avaha Dharani. Got it?

Students: Repeat.

Student: The second line was...

**Swami:** I will sing one more. Dharani, Sankalpa Dharani. You got it? Everybody gotted that? After Sankalpa Dharani, Vimoksha Dharani. Got it? Sing it?

Students: Sing the mantra.

**Swami:** Swami sings last line Avaha Dharani with them. Raksho Rakshitaha.

Students: (Sing) Raksho Rakshitaha.

Ramakrishna: Raksha?

**Swami:** Raksho. Next.

Student: It's vh or th?

**Swami:** Dharani. Dha-ra-ni. D, no T.

Student: Oh.

**Swami:** Oh, my God! I paying. Harani, no. Dharani. Dha. Dhimi, you know? Like Dha (aspirated), that is Dhi, this is Dhara. Dhara means soul power. Dhara, power.

Doug: Can you do that one, one more time?

**Swami:** Dharani Sankalpa Dharani.

Students: Repeat.

**Swami:** Vimoksha, Vimoksha.

Students: Repeat.

**Swami:** Vimoksha Dharani.

Students: Repeat.

**Swami:** Vimoksha Dharani,  
Avaha Dharani,  
Raksho Rakshitaha.

Students: Repeat.

Doug: Wasn't the first line of that Om Dharani, Dharani...

**Swami:** Dharani is the energy of the angel. That angel is, your soul already has that kind of angel in you - that angel, you're pick upping. You understand? After all fifteen, I will give the explanation. Each one.

Student: So Swami...

**Swami:** Today, it takes by ten-thirty, eleven?

Student: Ok.

**Swami:** Is it ok? I'll complete one, just very easy. Right now, everything is going on very smooth.

Students: (Laughter)

**Swami:** Somebody is thinking bad, "No Swami, night."

Students: (Laughter)

**Swami:** Ok. Hessraim Karam. You know about the word of Hessraim? That Hessraim word is you are making the longer. Hessraim Karam is only one word. No breaks at all in that. Hessraimkaram. What's the value must go like, just without break.

Students: Repeat.

**Swami:** Hessraimkaram.

Students: Repeat.

**Swami:** Only one, small word, like that.

Students: Hessraimkaram.

**Swami:** Hreemkaram.

Students: Repeat.

**Swami:** You already wrote that, Hreem Hessraim Hreem, Saraswatinyaynamaha. You got it already. Here, Hessraimkaram, Hrimkaram. Hreem, again Hreemkaram.

Students: Repeat.

**Swami:** No Krim. Ha.

Students: Hreem. H-r.

**Swami:** Ha.

Students: Repeat. Hreem.

**Swami:** First one is Hessraimkaram. Next Hrimkaram Hrimkaram.

Ramakrishna: The pronunciation of the end is Hreem? When you say it with karam, it sounds like ng, like a Hringa.

**Swami:** No g. G, there is no.

Ramakrishna: Hrimkaram? Hrimkaram?

**Swami:** K-a-ram. Kaa. Hessraim, you know that spelling?

Ramakrishna: Yes.

**Swami:** Kaaram. K-a-a-r-a-m. You got it? Sing it?

Students: Sing the mantra.

**Swami:** Mama, Mama Wancharpitha, Wancharpita.

Students: Practice.

**Swami:** Wancha. These are all the Sanskrit words, Sanskrit pronunciations, making them to maybe twisting, making to mind confusion. Come to mind, maybe heart, anyhow please follow me for, again you are going to practice. It is very easy to you. First of anything seems to hard, then step by step, you can, even if you, you know neem leaf. You know neem, neem tree. If you eat everyday neem tree, step by step, it becomes sweet. Too, even though, if you hard pronunciation, any interesting thing, if you practice it everyday, very soon, time is well practice to do any different mistake, different pronunciation, pronunciation also, it works. So, be your mind in this words. Somebody is just I observed, I'm going, "I'm really just righting - I'm just telling the right thing." The first class impression, step by step, it is downing. Brahma Kundalin Nadi is the, every word must be highest concentration on that. Everybody is listening? Yes or no, say. Swami, are you listening?

Students: Yes.

**Swami:** Are you following, yes or no?

Students: Yes.

**Swami:** Right, once more singing.

Students: Hessraim

*(Tape ends, Second side begins)*

**Swami:** Swaha.

Ramakrishna: Kuru or...

**Swami:** Ku-ru. You're happy? Excellent. Once more. Start from beginning.

Students: Hessraimkaram  
Hreemkaram Hreemkaram  
Maha Gonshapitha  
Kuru Kuru Swaha

**Swami:** Once more.

Students: Hessraimkaram  
Hreemkaram Hreemkaram  
Maha Gonshapitha  
Kuru Kuru Swaha

**Swami:** Good. Now

Student: Swaha?

**Swami:** Swaha. When you are putting the ghee in the fire, what we say that? Swaha. Swaha. Right, again the Hessraimkaram.

Student: Is this a new one?

**Swami:** New one.

Student: Which number?

Students: Ten.

**Swami:** Oh, you are in nine again? Hey, you missed maybe one...

Ramakrishna: No, no, no. I was kidding.

Student: You want number ten?

**Swami:** Just write Hessraimkaram Hreemkaram, again no Hreemkaram. Put the Kleemkaram.

Ramakrishna: Kleemkaram.

**Swami:** Kleemkaram. You can't use that Wancha kuru kuru Swaha.

Student: So Hreemkaram, then Kleemkaram?

**Swami:** Yes.

Student: So you change the Hreemkaram to Kleemkaram.

Student: How many times?

**Swami:** Only one time.

Student: Ok.

**Swami:** Hreemkaram Kleemkaram, Mama Wancha Pitha. Are your done?

Ramakrishna: The second one is

**Swami:** Mhmm. Where is the Kleem word came? Are you heard about the Kleem word from my mouth anytime?

Students: Yes.

**Swami:** George is saying like this. No?

Students: (Laughter)

**Swami:** In Brahma Kundalini Nadi, the third one,

Amruta Garasa,  
Rakshita Rakshitaha,  
Rakshita Rakshita.

You heard not? Kleem, beginning it's came. I told under, underline it. You got it everybody? Yes? Good. So definitely Sunday is testing, is necessary.

Students: (Laughter)

**Swami:** Conducting the test is necessary.

Student: Unclear comment and question.

Students: (Laughter)

Student: (inaudible)

**Swami:** It's no problem. No problem. Why I want clear wise, clear wise, it's maybe you can your tongue, you can practice from your heart, someone just practicing, somebody sings their voice, sometimes with help of notes, because of they're hardly different with some word. Brahmakundalini Nadi, highest trussing word, twisted. After the completing tonight, I'll give a little introduction on the Brahma Kundalini Nadi. When you listen the Brahma Kundalini Nadi, then the people got inspiration. If I go in their heart, they will go to India. That kind of strong magnetism power. George, you want to sleep?

George: Unclear.

**Swami:** Ok, where are we now?

Students: Number Ten.

**Swami:** Mhmm, you got the Kleemkaram instead of the Hreemkaram?

Student: Yes.

**Swami:** No, no, no. There is no two times any word. There is only two times the Kuru Kuru. Kuru Kuru Swaha, at the end of...

George: Unclear.

**Swami:** I am telling this Tenth one. Don't jump behind nine.

George: We know it.

**Swami:** No, no, no, no, George.

Students: (Laughter)

**Swami:** Why you are teasing? Go ahead again you write the Hessraimkaram Hreemkaram. Instead of the Kleemkaram, you just Sreemkaram, Sreem-karam.

Student: Is this number 11?

**Swami:** Yes, yes, yes, yes, yes, yes, yes!

Student: Do you spell Hreemkaram, St, Stream?

**Swami:** S-r-e-e-m.

Student: S-r-e-e-m.

Student: Sreem.

Student: This is number Eleven?

**Swami:** Ok. Hessraimkaram, Hreemkaram, then Sreemkaram. S for soul, start with Sreem, r-e-e. E for energy, m, karam, k-a-r-a-m. Got it?

Student: Ok, just to make sure. Number Nine, we're using Kreem, and we used it two Times within the whole mantra. You said Hreemkaram, Kreemkaram. Then, in number Ten, does it go Hessraimkaram, Kleemkaram, Kleemkaram?

**Swami:** No.

Student: The first one is still Hreem, uh?

**Swami:** Mhmm.

Student: And the second time, we're doing the same thing, changing the Kleem.

**Swami:** Mhmm. Excellent. Wonderful. Right. May I listen from beginning from, one, two, start?

Ramakrishna: Swamiji, does it have...

**Swami:** Lot of, once more.

Student: Ok.

**Swami:** Omkaram, start from that. Once more going on, read that.

Students: Om Hessraim Pitham  
Hessraim Hessraim Hessraim  
Bija Raksha Bija Raksha Rakshamay  
Om Brahma Pitham  
Rudra Homam  
Bija Purjasankalpam  
Rakshita Rakshita Rakshitamam

Om Dheem Kleem Saoum  
Hreem Hessraim Kleem  
Maha Saraswatinyaynamaha

Om Dheem Kleem Saoum  
Hreem Hessraim Kleem  
Maha Ganayaynamaha

Maha Brahma Pitham  
Wayu Putam

Ava

Kleem Kleem Dheem Dheem  
Raksho Rakshitamam

Om Bijam Aim Kleem Saoum  
Raksho Rakshitaha

**Swami:** Carry on.

Students: Repeat different mantras separately.

**Swami:** That is a greeting word.

Student: Unclear.

**Swami:** If you have capability, you put, Maha.

Students: (Laughter)

**Swami:** See how everybody sing very perfect. Pronunciation came perfect wise. Ninety-eight marks it came. Once more, tested is over. Right now, I'm going to tell how to do, use it. Then I will complete the sixth, four plus one plus. That is the key point for the additional one. Total fifteen plus one, sixteen. Maha Lakshmi, think. I will tell how to do, ten to do. Take the first beginning one. Read it:

Om Kara Pitha  
Hessraim Hessraim Hessraim  
Bija Katacha

Ok. When... Listen, you have the good time to do the, two time means, it is more than one and a half hour meditation. If you start this thing, it is the key part of the manifesting things. These are all it comes the Brahma Kundalini Nadi, it works very lot. So when it is available to time... can the people stand? What is the right time to do? Your's timing , can you tell different timings, your's available timing?

Student: Before bed.

**Swami:** Pardon?

Student: Before bed.

**Swami:** How many's before bed, how many people in the night? How many peoples can stand, can you stand hands? Night?

Student: Well, either one is fine.

**Swami:** Before bed. Morning hours?

Student: If we're getting up at four, then might as well stay up.

Student: Well that's true. (Laughter)

**Swami:** Pardon?

Student: Well, we might as well stay up. I work. I work a 9-5 station. Before I go back and sleep... Do we all have to do it at the same time? I can be flexible with whomever has to do it at a certain time.

**Swami:** My suggestion is early morning hours when the sun is rising. I'm sorry for giving trouble because of, I tested the mind availability for do meditation.

Students: (Laughter)

**Swami:** One and a half hour. Oh George is a, in depression?

Students: (Laughter)

**Swami:** Because of...

Student: Asks unclear question.

**Swami:** Yes, it is 1,008 times plus 108 times. Here, when there is a two systems for doing this thing. These are skeletal frame for doing the Brahma Kundalini Nadi mantra. Hessraim Hessraim Hessraim is the highest powerful word. If you do complete the 1,008 times after, then when you're doing the 108 times, you take any fruit or water, milk, tea, coffee, anything. Take your tongue, touch that. Before, when you are doing that, don't take any coffee, any tea, any single water drop in your body - just wake upping. If you have time, take the shower. After completing your domestic works, take your tongue, put here like that, and continue the hundred and eight times the prayer. Whatever you like, drink, or at least if you have, somebody have no habit to drink coffee, tea, water, somebody wants

to take fruit, any fruit. First of all, you must be heal yourself with the water or anything, then you have it.

Student: Just the last hundred and eight times?

**Swami:** Yes.

Student: For clarity, so when we do it, we don't have any water, any touch...

**Swami:** Yes.

Student: For the 1,008 times. After that, you put your thumb in a liquid and then you say the 108 times, your thumb in the liquid. Then you drink the liquid?

**Swami:** Yes.

Student: Thank you.

Student: What's the best?

**Swami:** Pardon?

Student: What's the best?

**Swami:** For me when I'm doing, I ate the apple everyday.

Student: Ok.

**Swami:** I used the apple.

Student: Unclear question.

**Swami:** No, no, no, just touching. When you are doing the prayer, the vibrations starts, after 1,008, it's one stage. When you're crossing the 1,008 times, the vibrations starts and you're not losing that vibration. After you are taking that vibration, that is, I'm putting more work to the Brahma Kundalini. Before I'm lay, I'm teaching Sakti Narayana Nadi. It helps very lot in the Brahma Kundalini Nadi, sixty percent. This prayer, this meditation helps very lot. Then you'll be very free in Brahma Kundalini Nadi. Not for confusion, not

for to do hard. Next. This one must we do at early morning hours by sunrising time. Ok? Sunrising, sunrising. Sunrising time means, it's what you say that...

Student: We call that dawn.

Student: Sunrise.

**Swami:** Sun coming up, just dark removing and sun rising. Back to number one, how many days? Forty-one days. I'm going up. I'm in the forty-one days. When the sun rises very hot, like very hot, very, it doesn't work.

Student: It gets too hot.

**Swami:** If you have good opportunity to do in a lake, in a swimming pool, if you want to do that, after 1,008 times in the water, the water must be here, up to here. In the swimming pool...

Student: Are we talking number one?

**Swami:** Number one. No, no, no, number one is running.

Students: Talk amongst themselves.

**Swami:** Pardon?

Student: You're still talking about number one.

**Swami:** Number one, I'm talking. You be here. George is feeling difficult, huh?

Student: You're on number one so when you have your thumb in the water...

**Swami:** Listen.

Student: After you get it out of the water...

**Swami:** U-huh. After completing the 1,008 in the water, the sun is rising. If you have the sun rising, directly it comes on you, it's very, very successful, very, very grateful. If the sun coming up from the

sky, that rays will come to your face when you're doing that, wonderful that.

Student: Do you have water after that?

**Swami:** After that 1,008 times, get out (snaps) from water, you sit under the tree or in the house, same moment, fraction minute and you heal that, any water, any coffee, anything liquid and you take to your body.

Student: Swami, you're talking about the third Brahma Kundalini Nadi?

**Swami:** M-hmm. Then it's first one is over. Next. Anything. Repeat it.

Students and Swami:

Maha Putram  
Buja Bhomam  
Kura  
Rakshita Rakshitaha

**Swami:** This one is available for time for all.

Students: Discuss timing preferences.

**Swami:** It is the time to do the by twelve o'clock hour or twelve o'clock pm... pm means... am - no pm, noon, midday.

Student: Before noon.

**Swami:** At noon starting. This is only nine days, nine times.

Student: What day is best to start?

**Swami:** Pardon?

Student: What day is best to start?

**Swami:** Any day.

Student: Only nine times?

**Swami:** Yes, this nine times, I told in the just few minutes back, few hours back about the Brahma Kundalini Nadi, one word belongs to fire. Fire words belongs to the nine. That nine is the nine planets. That's it. This, this thing helps the nine words in the Brahma Kundalini Nadi. When you are doing the Brahma Kundalini Nadi, this link will come again to you. Just you forget about Brahma Kundalini Nadi, you just go ahead. Ok? This time is? What time?

Student: Noon.

**Swami:** Nine. It is hundred percent, we do only on the Time. It is only the works and the sun, sun energy.

Student: What about daylight savings time?

**Swami:** Any place, any...

Student: I know. If we're working on the sun, then is daylight savings time important?

**Swami:** No, no. The words of the, like Hanuman born from the sun. Understand?

Student: So the sun should be directly overhead?

**Swami:** Don't worry if it's midnight. The sun is everywhere, anytime, you know? This pronunciation thing belongs toward the *Veda* says, the *Veda Kundalini* says, it is the energy of the sun, the energy of the sun. Midnight, somebody's doing. I done it midnight because of, daytime I can't - busy. Midnight I done. You got it?

Student: Unclear question.

**Swami:** It is a fifty-fifty percent. Dessert, same dessert. If you do this way, that way, somebody have break at twelve o'clock in their, in their offices, in nighttime they can't wake up, some trouble, so sometimes somebody takes little alcohol, little for their habit. Get good sleep, "Ok, I can wake up twelve o'clock," they'll get a good dreams. The time is two-thirty, three it means, so I want suggestion, you must do on the twelve noon, midnight.

Doug: But that's best.

**Swami:** Left on you.

Student: So we should do it the same time, each day we do it?

**Swami:** That must.

Student: 108 times?

**Swami:** That must and if you break one day, again must come beginning.

Student: Just nine times? Nine?

**Swami:** Just...

Student: I understood you from twelve noon or midnight you can do it anytime?

**Swami:** M-hmm.

Students: No, no.

**Swami:** No, no, no, no. You start it by 11:59, 11:59, nine times means it goes by 12:03... If you have capability, you can come one and a half minutes. That's no problem, just he's asking the time being. How many...

Student: Unclear question.

**Swami:** Nine times. Nine days.

Student: Nine times. Nine days.

Student: Nine yo.

Student: Nine times nine.

**Swami:** Excellent.

Student: Swami, you said... You said do it at noon, then midnight.

Student: Or.

Student: Either, or?

**Swami:** Or.

Student: (Laughter)

**Swami:** Yes? Next. Asking the... This one is... You can do anytime for 41 days, 108 times - one mala, one round mala. After completing you that, you must be burn any of your handkerchief on the 41 day, 41st day. It is important. On the 41st day, whatever you, suppose you have a handkerchief with you, any napkin, a small paper, you must a see the fire burn it.

Student: Unclear question.

**Swami:** Yeah.

Ramakrishna: Should we have that with us while we're doing the chanting?

**Swami:** No, no. Through your hands, you burn it. That, whatever you burn, that thing, you must be use that. That is, what you're using thing. Suppose I read this paper. I read this thing. It means my fingers, everything is touching this one. It's healed. Good. That thing, do that. Everything you are using the handkerchief, napkin, you're using. Understand? Then the cloth, burn it.

Student: It has to be cloth?

Students: Paper.

**Swami:** Whatever you use thing.

Student: You use for the hundred and eight.

**Swami:** Yes.

Student: With holding the handkerchief in the hand?

**Swami:** No, after forty-one days, completing over, you take any match box, take your kerchief or take any paper, whatever you use the paper... Suppose you wrote one letter to your friend, you post, you have that paper with you - burn it and you see straightly the fire, fraction of seconds, fifteen seconds or whatever the fire, burn it. Then after forty one days, kind of symptoms will come. I will tell then later when I'm charging. Ok? Everybody must be mentioned very clearly when I am charging and I'm making the healing five people. If they have confusion like that, like that it's very trouble to understand clearly. You understand? Everybody whatever I trust, block it. When I'm in meditation room with five, five people, immediately I will mention that. In Shakti Nadi, one. Already I told, and I told, "Block it," and I said that. So, you must remember that. Understand?

Students: No.

**Swami:** Block means easy taking the paper or I already told, Swami told take, like that.

Student: Unclear question.

**Swami:** I'm telling block it, Tiayna Saraswati, Tiayna - underline, I told.

Students: Yes. Right.

Student: You can probably make those changes on a Xerox.

**Swami:** Why are you thinking easiest today?

Student: Not only.

**Swami:** I already Tiayna.

Students: Yes.

**Swami:** Maha Saraswatiayna. Tiayna underline, I told it already. How many peoples underline that? I told Tiayna is the highest word. That Tiayna is useful to you when I'm... Understand? Good.

Students: Talk amongst themselves.

**Swami:** This is not the ordinary course place. This is not ordinary, full of confusion course with letters and words making assembly. And there is another course, just for relax. Not now. There is another course. There is the totally the siddhic powers with the, communicate with the spirit master's souls. The siddhic powers, communicate with the masters' souls. That course is runs fifty-one days.

Student: In India?

**Swami:** In India, forty-one days. The students must be seat almost in the water. From beginning course to ending, the course only some words, going on healing. And the master leaves them. The voice they're going on listening. That person listen. Some, who is saying some y's - I heard that. That type of communications - that is a siddhic powers with a... who got the siddhis in the nature fast, fast, fast, that's still alive. Soul has no death, you know soul has death?

Students: No.

**Swami:** It is immortal then you can attract whatever in the nature's souls, pulling, sucking and talking. Powers is different, who got the powers you are talking with them. No angels, nothing - these are all, that is the... first you sit in the water.

Student: At the end of this course?

**Swami:** No, I'm sorry in this life, me. I have no permission to do that. Already I done in India. I got, get warning from...

Students: (Laughter)

**Swami:** Why you are making the master's in trouble? So...

Student: You don't have permission to do it?

**Swami:** It is giving trouble to the master's - totally we are giving trouble to the master, isn't it? Calling, calling, calling...

Student: Oh!

**Swami:** Somebody's in Himalayas... still we can see in Himalayas four hundred years old mans, three hundred year old mans. You know about the Kumbamela?

Student: Yes.

**Swami:** How many people know about the Kumbamela? The Kumbamela means, there is a gathering of the holy saints. Am I right? Kumbamela means the gathering of the holy saints. In the universe, wherever the holy saints is there, at that time they will come to the Himalayas. That is running in February, next year. That comes to fourteen years, one Time. That function called Kumbamela function. We cans see each person, tall person with hairs up to ground, they are walking without any clothes. Highest personality, vibration, so different master's coming. If anybody wants to come India, try to make that in February. In February in Kashi near, Kumbamela, where is it helding? Good. Through the Indian government protecting very lot to the saints, again they will go to the Himalayas. They will sit in the ice some years hidden, no food, no water, going on in the trance. M-hmm in February, in March giving the permission to go the Monasarova. You know what Monasarova's, I told last day, go. You know about Monasarova? I told. I told like, the lotus flowers in that lake.

Student: Oh, yeah, I do.

**Swami:** Monasarova, that is the highest, highest, pretty in the universe. What is the highest, pretty lake in the Universe mean, Manasarova. Some thousand of swans, you know swans?

Student: Swans.

**Swami:** Swans, different kind of birds and plants, lotus flowers. If they throwed the Himalayas ice, like a liquid, it's coming big lake. In February, in March, Indian government giving the permission. Since seven years back, it's gave permission. Who wants to go, they must be medically well check-up. Yes, the doctors must be give certify, "Yes, he is capable." And each person have one security will come, one stout man, military body. One military man will come, carrying his food and everything. When we are reaching the Manosarova, each person, four military boy persons will come to protecting that

person. Because of, when you are walking in the ice, sometimes there is a curves. You know curves? It's covered. They will make the roads one by one. You know that?

Students: Yes.

Swami: If one person run, the three person make him to lift. When they reach the highest point, then we see the Manasarova. At Manasarova Siva lives, that is the Indian tradition. The spiritual tradition says highest mountains, the Siva lives on Monasarova in the Himalayas. Kailasagiri, you know Kailasagiri? These are all the spiritual words. Kailasagiri. Right. Like that, Saraswatiyayna, tiyayna, I told you to underline it like that. In, when I'm going to trust that, I'm trusting any word, make the underlining ok? Where we are in now?

Students: Number four.

**Swami:** Can you read that?

Students: Repeat mantras with Swami.

**Swami:** No, no, no, again. First of all, everybody sing very perfect, again mistake.

Students: Repeat mantra.

**Swami:** Once more.

Students: Repeat mantra.

**Swami:** Maha Ganananaynamaha.

Students: Repeat after him.

**Swami:** Maha Ganananaynamaha.

Students: Repeat after him.

**Swami:** Can you give the spelling for that?

Clint: M-a-h-a G-a-n-a-n-a-d-h-a-y-a-i-n-a-m-a-h-a

**Swami:** Right, that is a perfect. This one, any time, write it. Hundred eight times, twenty-one days to do this thing. Hundred eight times, twenty-one days, anytime.

Student: Whatever time we choose, do we...?

**Swami:** Pardon?

Student: Say we choose to do it at noon, do we do it at noon everyday or...

**Swami:** Anytime. Must be continue in twenty-four hours, you're doing morning time and after next day you have time to do evening. You may do that, again you have time until midnight to do that. Again, you have time to do afternoon in the... It is left to you. You do one twenty-one days. Try to put on twenty-one day block - last day block it. Last day, something special, write it. Special, I can on twenty-one day, something is special - you put special question mark.

Student: Swami, just one question, if you hear Maha Gananata, when I asked you, you said d like dog?

**Swami:** M-hmm. Now I understand you as g like goat, right, goat?

Student: Is it a d or a g? Is it a g, Swami?

**Swami:** What?

Student: Show him his spelling.

**Swami:** No, no, no, I am sorry, that is Ga.

Student: Say it again, ok.

**Swami:** Right. Now, where are we writing now?

Students: Nine.

Swami: Yes, carry on.

Students: Repeat mantra.

**Swami:** This is eleven days, eleven times, at dusk time.

Student: At sunset.

**Swami:** Dusk.

Student: Asks Swami a question.

**Swami:** Happy, I'm happy.

Myuri: Swamiji, is there anytime during the day you don't do these?

**Swami:** Pardon?

Myuri: Any time no reciting?

**Swami:** For to learning.

Myuri: See every day, all day long, you'd be doing?

**Swami:** I'm sorry. I'm not understanding clearly.

Student: She thinks you mean right now for her to do all these mantras right now and we won't have anytime during the day to do anything else. You know how it is the same in the first class, we don't have to do all the mantras at once. You can spread them out.

**Swami:** You can do six one time, four one time, three one time. You can choose. Suppose you have chosen Shakti Narayana, you have the time to do the ten everyday. Six, you can have the time to do six everyday, no? Understand? And you choose that, you choose that, six, do that, complete it. Then again, you have anymore, again three, choose that. Then again, you go for five, choose that. Again, you have no time, you choose one. If you take, choose six, if you're doing one, two, and breaking, again, one, two, three, totally failures. Unnecessary time, energy waste, everybody understanding?

Student: Yes. No break in between.

**Swami:** Some, suppose she takes six. She wants to do such a time everyday. She's going on continuing the six. Unfortunately she has no time. She's doing only two. Understand? And the two is not successful, totally failed. Again she must come from beginning to...

Student: Ok.

Student: Unclear question.

Myuri: Can you do them out of order though?

**Swami:** Not order, not order necessary.

George: You can do... (Rest unclear)

**Swami:** Anything, anything in that, but one condition, one is in Shakti Nadi, one is Brahma Kundalini Nadi...

Student: That is so insane.

**Swami:** You complete one by one system, by one system. You can choose from one Nadi to any, any choose that is...

Student: Unclear comment.

**Swami:** Yes, Nadi can be in order, in that Nadi, much as you can choose how many you can have...

Student: So we have to do first Nadi...

Ramakrishna: Nadi.

Student: ...do all those, in any order, second...

Students: Talk amongst themselves.

Student: Unclear question.

**Swami:** If they can complete the, I mentioned, I mentioned some time beings for some important thing. If you maintaining on the time being, if somebody says, somebody can do the morning hour, and

three morning, again three in the evening, that's ok, but don't miss an evening also. If you missing that three up to, "Ok I will do tomorrow. This thing also I will complete next day," doesn't work.

Student: Unclear question.

**Swami:** When you sunrising, when you started from sunrising, before again sunrise, you must complete that - for one cycle. You started from 9 a.m., between 9 a.m. complete it, take your own time, but some things I mentioned powerful at the time beings, you do that time. Ok? Oh, where you are now?

Students: Talk amongst themselves.

Myuri: Six.

Swami: Dheem Dheem, what is that?

Nancy: Can you do one that you do for forty-one days and then one that is nine days at the same time? Can you finish the nine days and go to twenty-one days?

**Swami:** M-hmm.

Nancy: All within one...

**Swami:** Sure. Right. Next one.

Myuri: Swami, what are the directions on this one, it is eleven days... (Rest Unclear)

Students: Yes.

Student: On number four, you said that the twenty-first day, we're going to do something special?

**Swami:** Block it.

Student: He's going to tell us later.

**Swami:** Ok, next one.

Students: Repeat mantra. (The one with Rakshitaha)

**Swami:** This is hundred eight days.

Student: Hundred eight days?

Student: Wo.

**Swami:** Hundred eight days.

Student: How many years, how long?

**Swami:** No, no, no, no, no, no depression, no depression.

Students: (Laughter)

**Swami:** And, hundred eight days, hundred eight times everyday.

Myuri: Uh, oh, ok.

Student: Anytime?

**Swami:** You take your own time.

Doug: Own time.

**Swami:** No worry, but on ninety-one day and hundred-one day, block it. Here, everybody's life is going on something special. I think so.

Students: (Laughter)

Student: Hundred and one?

Students: Talk amongst themselves.

*(Tape cuts out.)*

Student: And that hundred and first day...

**Swami:** You block it the ninety-one day, hundred-one day. You got it George?

Students: (Laughter)

Student: Unclear question.

**Swami:** See, Brahma Kundalini, I will tell the sixth one, Shakti Narayana Nadi, the sixth one, Dhimi Dhimi Dhim that word the ninety-one word on that time in Brahma Kundalini Nadi, ninety-one word on the ninety-one day, that works on the time. When you use that word, the healing energy, you can observe. When you're crossing ninety-two or ninety-three, hundred and one day, the hundred-one day Brahma Kundalini Nadi word, when you use that time, it works. Understand?

Student: Asks unclear question.

**Swami:** M-hmm. Everybody got it? Next one. Forty-one days, can you read the next one? Bhijam?

Students: Repeat mantra with Swami.

**Swami:** Once more.

Students: Repeat mantra with Swami.

**Swami:** Good. Excellent. It's forty-one days, forty-one days, hundred-eight times and full dark day, don't do this thing. That is the block. When you starting at any day, going on doing, the dark day will come. Dark day means, no moon day, no moon.

Student: We call that new moon.

**Swami:** Ok, new moon, new moon day, new moon day. You block it the new moon day. On the new moon day, you are entering Brahma Kundalini words. You're doing on that day. You also write that. If you do the new moon day, totally the Shakti Narayana system will be failure, the healing, after totally failures. It is unbelievable thing, seeing your life practically. Why Swami's twisting, he's making this word, this word. For a little time being, it's a bit confusion. Then, everybody will become masters, "Oh, that word like that, like that." Totally spiritual immersion, you know immersion?

Student: Emotion.

**Swami:** Immersion not emotion.

Students: Immersion.

Student: Immersion, ok.

**Swami:** These are spiritual immersion. What is in the Sanskrit spiritual words is we are going to like a roots, like a plant root. We are like just going on in front of rocks. Immersion.

Student: Unclear question.

**Swami:** The Brahma Kundalini Nadi words, it at the new moon day, on that time you must concentrate on that. I mean, when you're starting this japa, on new moon day, on the day, for this belongs to, the words we can find in the Brahma Kundalini Nadi. That same words we can help here for to the healing getting the energy. Understand? No.

Student: No.

Swami: Wait, wait, wait, wait.

Student: Swami?

**Swami:** Yes. New moon day. Now you started ten days, eleven days, on twelfth day there is new moon day. That's dark day. It started from one to fourth day, dark day, ok? Here, you're not doing. These Brahma Kundalini Nadi words, there's a lot of words like that. Hundred-eight words, hundred-eight, you know? One word, on the day, you must do here.

Students: Oh, ok.

Student: Instead of the mantra.

**Swami:** Yes. When you are doing this thing, in Brahma Kundalini Nadi, you cannot do for this word, already you got that within one day.

Student: So what does this word say?

Swami: I will in my own time.

Student: Ok.

**Swami:** Don't get confused again, don't be jealous again here.

Student: Swami, then we just go to thirteen?

Swami: Pardon?

Student: As soon as you say that word on the new moon day, then you start where we left off?

**Swami:** That is also counting one day, thirteenth day, fourteen days. You will be counting.

Student: Ahh!

Student: You will be counting the days. So we'll actually do this mantra...

**Swami:** Yes, you're counting the day. You got it?

Students: Yeah.

**Swami:** Good. This word there is a small insertion. In Brahma Kundalini Nadi, each word we must do the forty-one days, forty-one days, forty-one days, like that. Hundred-eight words to one circuit, understand? In each block, when you are using, you're winning one word, one word. Finally, you can do six words in Brahma Kundalini Nadi. Understand?

Student: Yes.

Student: Well, no.

Swami: Toward when the course will be complete, the Nadis will be going on complete, the hundred-eight words is coming in the four Nadis. In Brahma Kundalini Nadi, only we can, we can do six words.

Clint: There's already six words we've already done.

**Swami:** M-hmm. No, no, no, no, no, no, ninety, two plus eleven, hundred and two words, almost of, we're covering in the four Nadis, instead of, when you're doing forty-one days, nine days, like that. Sometimes, you block it. Something is going on special on that. On that day, only for little time being, you are winning the words, Brahma Kundalini Nadi. When you are doing the four Nadis and you're concentrating on the fifth Nadi, Brahma Kundalini Nadi, understand? When you are completing the four Nadis, one, two, three, four, you're completing the fifth one, step by step. Again, we never concentrate on, again fifth one, when you are going first one, you are doing first one, fifth one, you are doing like that. Second one, you are doing like that. Third one, you are doing like that. Fourth one, wsht. That fifth one is for only little time being. I'm telling the time saving, energy saving, easiest method. If you want to do long process, no confusion at all. It goes smoothly. Which one you like?

Student: The short one.

**Swami:** Confused? That's why I told you no? It's a big confusion. Ok, I will try my best.

Student: Asks unclear question.

Swami: Pardon?

Student: Asks again.

**Swami:** Sense?

Doug: Say, say what you think it is then?

Student: Unclear comment, repeating Swami's instructions about concentrating on particular words.

**Swami:** I already told Kleem word, that Kleem word was, it covers the words. Understand? Already, you blocked the Kleem, Tiyayna, Kleem word covers the nine word. Tiyayna covers the nine words.

End of Talk