

# Swami Teaches Brahma Kundalini Nadi

Teaching: Four of Seven

Malibu, California

September 1997



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*The teachings of the Brahma Kundalini Nadi were one of the first ancient systems, from the Indian Tradition, that Swami taught in America. The tapes are very old and in very bad condition, (20 years old) therefore we want to caution you about their accuracy, however they do contain wonderful explanations and stories. You can also see the tireless dedication and patience that Swami had interacting with his new students - language barriers – cultural barriers – spiritual barriers...*

*(Missing last 17 minutes of class)*

**Swami:** If you do the confusing when you're doing prayers... First of all they must be follow their own mind, then we'll see, no worry. Ok, everybody got it?

Students: No

Again you put the last word, om, last letter, om.

Om Kleem Saoum Dheem  
 Kluum Dhluum Jam  
 Kanaka Durgamba  
 Kluum Dhluum Jam Hum  
 Brahmhagynanhum Avaharsiddhyartam Karishee

Starting with "om", ending with "om" is the greeting of the politeness to the mantra. Next, 8<sup>th</sup> one:

*BKN Mantra Number Eight*

Om Aim Kleem Saoum  
 Maha Astalakshmi Siddhiraastu

Astalakshmi, there is a Lingastaka, asta, that is coming at the word.

Siddhi, do you know what is meant by siddhis?

Students: No.

**Swami:** Siddhiraastu. Last one, Nadi is Brahma Kundalini Nadi, is very terrible, terrible means, me also lot of times confusing. Confuse means just sitting like different courses making... In the Japan, when I'm in Japan, this course makes to that only Privi Nadi and BKN takes 15 days to the Japanese, starting with four days, then I stop - I can't. All the Japanese language, I don't know. They knows English very little, even though the translator also big confuse, then it's not the right time - stall. It takes fifteen, twenty days, slowly, slowly.

I can make the typing, but it's no good. Actually the Master won't do like that. With, every Master must work on the student's mind. Everybody must be concentrated on that, everybody must be attracted into the master's words. Has to be observing what he's saying, what he's saying. Where is the tasting, where the word is going on crossing. This word, this letter, where is it coming and where is it going, to assembling, that is important. When you have the capability to assemble, to listening carefully, it is a good foundation to learn the Sanskrit language.

Through the *Vedas*, it is six sentences, big sentences. That same six sentences making assembling, like this book, much of book. Some thousands of mantras prepared, it's six sentences - highest energy to Kailas. So assembling is more important. The Shakti Nadi means Durga. Her powers is eight, means her hands is eight. When she's on the tiger eight - one hand is created one direction, same hand came from just behind the same direction like that, with different kind of weapons, understand? Totally eighth one is Astalakshmi, do you know what is mean by Lakshmi - wealthy and her last hand is giving the blessing to everything. Last hand she never take anything that, just she gives the blessing with empty hand. Last one we are praying Astalakshmi, Om Aim Kleem Saoum Maha Astalakshmi Vidyaraastu. That is last one. Anybody want to take any little break or continue?

Students: Continue.

**Swami:** Continue, ok right. I want to listen from all you for some few minutes, no questions, must be saying the pronunciation from beginning slowly, Shakti Nadi.

*(everyone recites mantra)*

Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Om Kleem  
 Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Om Saoum  
 Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Om Dheem  
 Brahmhayagynanam Avaharsiddhiyartam Karishee

You do one thing, when I'm singing Brahmhayagynam where I'm stressing, where I'm not stressing, underline it. Brahmhayaganam, where I'm stressing or not, that is important. Automatically pen will go to that letters and make the underlining, where the Master is stressing or not. Brahmahagyanam Avahasiddhiyartam, where I am cutting the letter, where I am starting the letter. Avaha, here I cut the three A va ha. Siddhiyartam, listen carefully. Siddhiyartam, cut it. Siddhiyartam, make the cuttings, pronunciation. Karishiay, Karishiay, Kari Shiay, make the strong line, Kari Shiay. Where is the double stressing, put the double line, Kari shiay. Brahmhagynanam Avahasiddhiyartam... Excellent, carry on.

*(everyone reciting mantras)*

Like fifteen times start.

Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Om Kleem  
 Om Kluum Dhluum Jam..

**Swami:** One minute, one minute, Kluum, Om Kluum, Dhluum, somebody is saying Duum, like that Dhluum. Kluum also. No, dhluum. (pronounced like gluum) Ok, no more questions. Hum? Om is good for greeting. Don't worry about the Om. The pronunciation is important, that is I'm worrying for that. Start, please carry on.

Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Hum Kleem  
 Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Hum Saoum  
 Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Hum Dheem  
 Brahmahagynanam Avahasidhyartam Karishiay

Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Hum Kleem  
 Brahmahagynanam Avahasidhyartam Karishiay

Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Hum Saoum  
 Brahmahagynanam Avahasidhyartam Karishiay

Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Hum Dheem  
 Brahmahagynanam Avahasidhyartam Karishiay

Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Hum Kleem Saoum Dheem  
 Brahmahagynanam Avahasidhyartam Karishiay

Om Kluum Dhluum Jam Kanaka Durgamba  
 Om Kluum Dhluum Jam Hum  
 Brahmahagynanam Avahasidhyartam Karishiay

Om Kleem Saoum Dheem Om  
 Om Kleem Saoum Dheem  
 Kluum Dhluum Jam Kanaka Durgamba  
 Kluum Dhluum Jam Hum  
 Brahmahagynanam Avahasidhyartam Karishiay

Om Aim Kleem Saoum  
 Maha Astalakshmi Siddhisraastu

**Swami:** Right, how many people's cans? My planning to staying after going to India. In October, November, December, for three months I want to stay in Himalyas, in India. Even though in Himalyas, lot of ashrams, lot of people knows about me, again they

will pulling, "Oh, Swami's here," coming making disturbance. I want to do one thing, coming to somewhere, any country, top secret just for two, three months spending my time, return back to India. On January 8<sup>th</sup> is my birthday function, some biggest gallery coming, they're making the celebration. So 8<sup>th</sup> of January I will be there in India. At that time, you can't see somewhere like that. If it's possible, mostly I will be in October in London, good friend's house and maybe if it's possible got there, I will be in America, but America is the highest vibrating like... we'll see. I need everybody photo and their address, contact, fax, cell phone and tomorrow you make everybody passport photo on white paper attaching and writing some matter about yours, any thought for the day, how you feel on the day. Now how you feel with your Swami up to now and your address pack, everything.

Tomorrow you can, this course I need everybody's, perfect address. Concentrate and believe - you can gain lot of things. If you see, "Oh he's an... person," if you've seen Satya Sai Baba, he's a man, what is in him, what is inside... If you test him, then we can find. Suppose divide is going on - electricity wire - if you see directly, "Oh, there is nothing power in that," if you touch that, what happen? Suppose in the street the electricity lines is going, you know electricity lines? First of, we can't see directly the power, if you touch that what happen?

Students: Shock.

**Swami:** Shock, like that, you must utilize the Masters in proper way. Even though if you know that one thing, you're going to ask that question to the Master, you must untangle that question in smooth direction. Last time observed the people's questions to answers, I gave the six classes. Somebody, they don't know what they're asking, just stand up and they're asking like that. Even though if you know that, smoothly untangling. If you know something, what the Master says, it must be observed carefully and doing it and using the Master in proper way. If you use the Master proper way, he will useful for you, very lot - that is the word of Satya Sai Baba, using the Master in proper way.

Somebody using different thing like that, like the Master observing everything, how he is eating, how is using but he never expose, he keeps everything hide, hide, hide. Then he decides how much can I

help him or not. First of all you must make the impression in the Master's heart, first you win that Baba says. Then you fight with Master. If you win the Master, then you have right on the Master. You can fight the Master, "No, I want this, like that way and this way." Until to win the Master heart, there is little difficult. When you win that, very easy to learn anything.

**Swami speaking to student:** Me, you, very easy, very easy.

**Swami:** Shirdi Baba, also he take lot of courses, in eleven years in front of Venkusa, his guru. Everyday washing his clothes and making him to service, different actions in front of the Master, finally the Master won't teach anything up to four-five years to the Shirdi Baba, just he's observing every day and he's teaching to lot of people, students. I'm telling about Shirdi Baba history, little history. Everybody's interesting?

Students: Yes!

**Swami:** After four years after almost, Venkusa Master like Shirdi Baba very lot. When the Venkusa is sleeping at nighttimes, Baba came in front of his feet making massage after he's sleeping. He's doing that kind service to the Master. The Master attracted the Shirdi Baba in that way. That is the Master fix. Then the students become very jealousy on the Shirdi Baba. Lot of students is here but Venkusa is liking Shirdi Baba very lot, why? But he's not teaching anything to Shirdi Baba, but he's putting lot of works on him and he's loving very lot Shirdi Baba. Then the students make one group, then they decided to make injury to his body, to make him throw out from the group, from the class, make him to run away from the ashram.

Then one day they were, you know brick, rock, brick... when Shirdi Baba is bringing the sticks to the fire, charmani, the students made the injure to him, brick, big brick. Shirdi Baba got greatest injure and the blood is going on like a tap water. He won't care, just he's thinking about his guru, "Guru Brahmha, Guru Vishnu, Guru Devo Maheswara, everything is your tricks, I know that. Everything you're making the illusion on me, I know that. Ok, I won't care, even they killed on me, no worry." Then he brings the sticks to the fire ceremony and Venkusa came, then, "Oh, what happened, what happened?" Then he said, "Oh, nothing happened, just I fall down, that's his injury." If he say on the students, Venkusa become very

angry on them, maybe he give punishment on them. “Why unnecessary I’m telling,” then he said, “I fall down I got ...” Then he made his cloth cut and he make it, still we can observe his head, that cloth, then he said, “I know you’re telling lies, but whatever they’ve hitten, the brick still it is there,” Still it is there means, it is wet with blood and he showed that and he throw that brick, that is in sky for two minutes! “If you’re not saying true, the same brick will beat you lot of times. Come on tell.” “No Swami, I fall down Master, I fall down.” Then he laughed, then all of the students they became shy, then he said, “If you’re willing or not who was injured, if anybody said, the brick will injure everybody!” Then they fall down Master’s guru feet and at the time Venkusa said, “There is a strong attachment between Shirdi Baba and Master.”

The Master said, “There is a strong attachment between me and Shirdi Baba, he’s an incarnation of the Dattatreya. Who’s Dattatreya? Dattatreya means Brahma, Vishnu, Maheswara - three is in one. They became three persons like a one, that is Dattatreya. Shirdi Baba is incarnation of that person. He don’t know about his power, just I wake up him. That is my duty in this character.” Then all students fall down on Shirdi Baba feet. Then Venkusa opened Shirdi Baba’s third eye, then you see who you are - go Shirdi like an ordinary person, you beg in the streets. Even though if you have powers, don’t expose it anywhere. You show whatever you need, little, little and you get little power. You enjoy your life and he sent out and he came to Shirdi.

In Shirdi, he propose permission to enter to him in the village. From the gate he stayed a lot of days and he attracted the people slow by slow, slow by slow. He was injured, lot of peoples beated Shirdi Baba physically. When he’s sleeping, somebody, peoples, throwing the snakes, when he’s coming, they beat a lot even though he blessed a lot of people. That kind of patience must be get everybody. If anybody hated you, you give just blessing, don’t say roughly word from your mouth, that will be... your power is losing from your mouth. I’m telling true. If anybody beat on you, anybody angry on you just beating, must be kind of, “Ok, God bless you.” Don’t be hard yourself. If you hard single thing, definitely that reaction will come to on him, powerfully, within days, any moment at any time. Don’t use your word opposite, negativity, to anybody. What I’m saying means, the story meaning is patience is important. You understand?

Students: Yes.

**Swami:** Patience, when you got the patience life will become very smooth. No reacting is very smooth. If anybody hurted you, ok, happy. If anybody hurted that means it is blessing to you. Their power is coming to you. You're adding their power, you're sucking their power. Unnecessarily they are hating you, ok, the power comes to you. If you're hating, your power you're losing, that is difference, understand? If you're thinking anybody's, "Oh, there life is like that, like that," on negative ways going on talking somebody unnecessary, you must be think yourself and your work and your spirituality and your family. Total cut off your neighbor's friends... There is no necessary to talk, am I right? Am I right?

Students: Yes.

**Swami:** Talking to them, talking to their life, talking to their life - unnecessary, no use at all. Throw, the life is wasting on that, in that much part. You know mud? Clay pot? We are playing in the clay, making the statue, talking at us. No, not necessary. Yours, yours life and your family life, about your progress, about your business, about your spiritual life. If you want to talk about anybody - don't in spirituality. That is very good our knowledge and everything will be increasing. We'll get lot more and more knowledge; it's a general... What?

Student: (inaudible)

**Swami:** What does it mean by Shakti Nadi? Who does Shakti Nadi belong to? Just you tell a brief thing about Shakti Nadi and what's going on.

Student: Shakti Nadi belongs to Shakti, Mrs. Shiva. It's the powers of Shakti, control of the eight angels, eight hands, each have different weapons, we also call her Durga.

**Swami:** Hm-hmm, carry on.

Student: (chants mantras)

**Swami:** Everybody got it? The eight powers belongs to Durga. The eight powers is equal to her eight weapons in her hands. Each power connects to Durga knowledge. Each power, each power means each mantra belongs to Durga knowledge, Durga's energy, make it a block of knowledge. Durga energy, on energy side make it knowledge. This eight powers cover asta siddhis. There is eight siddhis in the nature - that eight siddhis belongs to Durga. Just going on write whatever I told from the mouth, then I'll explain. These eight powers count eight siddhis. The siddhi means siddhi powers. From the eight siddhi powers, each works on the commanding on the five elements, commanding in the nature of creation, naked creation. Here listen, commanding on the five elements is different, commanding on the nature's creation is different, everybody a bit confusing here this point. Already five elements, if the five elements became one, it's called the nature, am I right? What does it mean by nature?

Students: Creation.

**Swami:** All of together it's called five elements. If all the five elements are to gathering, they product one new thing. Suppose one male and female, each of them they product one other. Are you understand? All the five elements gathering, they create new things. Sometimes floods come, volcanoes come, are you understand - the five elements creating on that, even though the floods is coming, we can command on the nature, that is the meaning. We can command on the five elements angle. Sometimes the fire is angry, fire is angry, you know angry? That is the one kind of nature. The siddhi powers we can commanding on the fire. We can pray be control, be control, that is called commanding on the nature. Everybody got it?

Student: When the five elements come together they create the floods or volcanos?

**Swami:** No, some new products it create, anything.

Student: Like what?

**Swami:** It can some very beautiful, suppose the river flowing, the... have food, you understand? Then the sky clouds become very beautiful, it makes like a beautiful, the arc makes to very if you want, with the different colors, it creates the five elements making beautiful

things. Then also you can commanding on the five elements, on the nature, whatever the five elements created beauty or any un-beauty thing in the nature, you understand? If you like or not, you can command on that.

Doug: There's a big storm coming and you can stop it?

**Swami:** You can, you will try. The siddhis state, yogis state, we can try from the siddhis, from these prayers, we can commanding on the volcanoes, we can command on the floods, whatever the five elements creating in the nature, whatever the five elements bring, the bad things or good things in the nature, in the creation, whatever they created, we can command. In the five elements course I told what is it called?

Students: Earth, fire, sky, water, air.

**Swami:** Even though whatever they making, different things, they creating different things, we can make. Are you got it? A little something confused? Now including the five elements making, what is that?

Students: Ash.

**Swami:** That kind of nature we can command the siddhis. The siddhi power makes the nature peaceful, enjoyable, beautiful, kharmicful (kharma), unkharmicful and it gives the moksha. It gives the moksha. Moksha, you know what it means by moksha? Moksha means liberation, to finding who you are.

Doug: By practicing?

**Swami:** By siddhis. Some saints says, "Who is worship the siddhis, they can't get moksha." Ramakrishna Pramahansa said, (*says in Sanskrit*) "Who shows the miracles, he's biggest idiot in the universe..." His deep meaning is, if he's going on showing different things to make happy, he cannot find the real things that he got, then he's on the clay pot. I told just a few hours back clay pot means .... He can stop his progress like that, no more steps. Understand? Like that. Even though Ramakrishna Parmahansa, I will say a few minutes about Ramakrishna Parmahansa. You know who is

Ramakrishna Parmahansa? How many people don't know about Ramakrishna Parmahansa? You know Vivekananda?

Students: Yes.

**Swami:** Ramakrishna Parmahansa is a supernatural spiritual person. He done practicing and meditation twelve years, just about his life experience I tell you. He done twelve years meditation day and night in old temple in front of Durga statue. You know Durga statue? That statue is very terrible. You know terrible Durga picture? Holding head, taking knife, sticking tongue and it's bones like Kali. What's the Kali? Making that and he used that statue, he done always meditation non-break, day and night, eating and sleeping in front of the statue. He's sense is to see the Mother - God. After twelve years, he disappointed very lot, day and night he's doing, going to river, taking bath and coming and sleeping. When he's angry, going in the sleep, getting some food, eating and again sleeping. After twelve years he's disappointed then he decided there's no God in the world, the man created just like statue, Maha Kali, Durga - it's useless, the man is a mad fellow. The man is believing God is there.

Then he decided that he take in the mother's hands' knife, he want to hurt himself, to kill himself. When he's in the terrible depression, automatically one good master came, one lady. That lady name is Bairavi Mata, that one lady master came in the temple. Ramakrishna Paramahansa, "What are you doing? You're taking food, why don't you try." Finally, when he's cutting himself, a few minutes he's trying, at the moment it's pain. She came to see the Kali Maha temple, unfortunately something happening, he's going to suicide! Then she found, "Oh, you want to see the God, come, come with me, I'll show you. Then he say, "Lot of people telling God is there, but what is the proof? What is the... of Durga?" Then she said, "Come with me." Then she teach the siddhis, "First of all, you can't go directly to the God, first of all you go from.... Whatever she have the power, you win one by one. You win one by one, then you enter to her heart. The powers cannot enter to you at a time. That is the nature. First of all you go by the siddhis, asta-siddhis, first winning Mother's power, one by one. Then, finally, you take..." sangha means bringing him to burial ground. You know what means by burial ground?

Students: Yeah.

**Swami:** Sticking him and putting some soil and some powerful way. Then Ramakrishna Paramahansa learned siddhis, different siddhis, then he found the powers. With the help of the power, then he reached one point, then he take the blade from the mother in his heart... then he got the moksha. That is his life. Then he prepared Vivekananda. You know Vivekananda? He's a good teacher. Then he said, "Go worldwide to give the program." Vivekananda came to America. Then he became known worldwide giving the spiritual path about the siddhis, about the power, what you mean by God, how you can win the God. He took the path of, he entered in the powers, there's a lot of ways to reach the God, this is one of way. The way of his love is extraordinary and his grandfather is highest Jaipur, but there is also highest Jaipur, less than the Laupaut, means be good, do good, see good. Be good, do good, see good. That takes some lifetimes, lifetimes, but part of doing meditation is finding the different power in the shortest way in the Kali Yuga.

Ramakrishna Paramahansa born in the Kali Yuga just one hundred fifty years back, a hundred fifty years back, a lot of saints born like Shirdi Baba, Ramakrishna Paramahansa they're showing lot of miracles, proving a lot of things of the God powers. So we must surrender... These siddhis powers give the moksha. The siddhi powers give the moksha and the self-confidence. We can improve the willpower in others. We can make the universe with love, we can make the universe with love. We can fill the universe with love. These mantras, when we use it how to do. Mostly these powers, these things, these mantras we will do, these slokas we must do at early morning hours or Brahmamurta. What does it mean by Brahmamurta? Brahmamurta means there is no time at midnight, no time at daytime, early morning, it is two to five am, morning. This is the right time to do that, all of them - one by one, one by one.

Student: No sleep?

**Swami:** No sleep. Me, I'm a little lazy, I like a little sleep. Sleeping and wake up and do that before five. Mostly try to do that before sunrise. Every day 108 times, a mala, don't do less than 108 times.

Doug: If we messed up on one, do we do an extra one?

**Swami:** No, again same one, must be continue. If you do more than 108, I'm going until (inaudible)... Don't touch to anybody when you're doing, don't touch to anybody - that is important. Suppose just you wake up on the bed, you have no time to change your place to sit on chair or floor, your husband is your side, your children is your side, touching on them and going on doing - no don't do like that it is very important.

Try to make the Durga picture, when you are doing, in front of you. Better to sit the east facing in front of the Durga picture. Try to make the light candle is very good in front, small incense. When you done after Durga mala, you must wear that mala when you're doing that eight powers, asta-siddhis. If you are maintaining the vegetarian, well and good it is, you can wear around your neck. If you're not maintaining the vegetarian, try to keep in your any box. Because of that mala is vibrating with powerful vibrations - if you're touching the blood, meat, fishes, different things, that is it decharging - it more powerful decharging.

Student: Can you say again about wearing on your neck.

**Swami:** If you're maintaining vegetarian system, it is well and good with you, there is no problem with like family life. Family life means a general family life, wife and husband, there's no instructions for that. Understand?

Students: Yes.

**Swami:** The symptoms when I'm giving the healing, the symptoms, how can we identify the power is coming in front of you, that is when I'm healing the people, each fire, fire, fire, fire, I will tell the symptoms of that. That is testing the each soul, each everybody fire, fire, fire, charging, making the capability and releasing them. The last one, when you're doing the Astalakshmi, Om Aim Kleem Saoum Maha Astalakshmi Siddhiraastu, it must be done on evening hours, the final thing is. Evening hours at moment there is no sun, there is no dark, no stars, are you understand?

Students: Yes.

**Swami:** Dusk. Dusk time.

Student: Just number eight?

**Swami:** Last one, number eight.

Student: Do we do each mantra in order?

**Swami:** Yes. If you have the time, you can do eight at a time. One time, if you have time, no problem. Eight at a time, but you can't maintain, you have the time three o'clock to five o'clock, but three am is too early to wake up. If I said three, sometimes you can wake up, sometimes just sleeping, wake up morning six, six-thirty - then it's cut off. Then even though if you're doing twenty-one, twenty-five days, if you do one break, coming again, back to the beginning, so very careful! If you do three, four days, automatically the fourth day inner sense will wake up you. It's a time to you wake up for forty-five minutes, one hour, very easy.

Student: If we do it all together, the fourty-one days we do seven in the a.m. but the eighth one you do at dusk?

**Swami:** Yes.

Clint: I'm doing the Five Elements now. Should I finish those before starting any of these?

**Swami:** If you have time, start it. No problem, you can start, no worry about it. I am doing nine types every day, nine types. The night hours, nine types doing, and sometimes confusing one mantra, jumping to another thing! Another thing jumping, then stopping, starting, then again clarifying myself, moving. Sometimes somebody's talking - suddenly disturbing, then keeping that entering, then saying, "I'm in meditation do not disturb."

So, my suggestion is when you are doing meditation, try to avoid all the disturbing, wandering off, anything almost. I told the pronunciation many times how to pronounce, how to pronounce, how to pronounce... Understand? So, pronunciation is the most, most, most important. I am trusting lot of times about the pronunciation.

Doug: The only way I know I can get the pronunciation just right is if I listen to you saying it over and over on a tape, then I know I can copy that exactly right.

**Swami:** I think the cassette is recording?

Student: Yes.

**Swami:** Even if the cassette is not record clearly, I can do. I think the cassette is recording five, ten times if you listen carefully. From these eight powers you can do short momentarily, short means within little time, different manifestings, changing to one object to another object depending on who you are healing, depending about your soul capability - whatever you're gaining from the nature, the energy, depending on you.

My advice is don't misuse your power for unnecessary things. So one person came headache, one person came stomachache, one person is crying for one thing, don't do for all, just think about them, God bless them, God bless him, God bless her - don't almost all use your prayers... if you think it is necessary, necessary, sit and do on them - it works powerfully.

Yes, it is like a knife, if you're going on using that, it's sharpness... when you're going on doing meditation, sharpness you get. When Satya Sai Baba comes in front of darshan, how many people saw the Baba? Satya Sai Baba? One, two, three. He came in front of people some thousands of sitting in front of, just he won't talk to anybody, just he's sending like his grace. Sending the healing grace.

Doug: Even very serious things?

**Swami:** If he feel it is serious, if you have the luck, he will call you. When he's in early stage up to forty, forty-five years, even he's old, he's giving to everybody interviews. Now, the people's became very crowd, crowd, crowd. So, very less. When he's forty-five years old, he used to go near Puttaparthi, all the villages, to each houses, taking the dinner, marriages, like sitting with laughing to everybody. When he's become busy, busy, he's avoiding the people. So, it means my suggestion is don't use the power for the unnecessary things.

Today onwards, how many people changing like vegetarian? How many people's going to change? Going to change means, going to change. Good, good, excellent. The vegetarian vibration is very positive, very powerful, very powerful. What about Joy? I know her. Hm-hmm. Any more doubts on that, I think I completed ninety-eight percent on the Shakti Nadi, you have any doubts on the uses?

Doug: On the eighth one, is it only on the last day we do it in the evening, or do we always do the eighth one in the evening.

**Swami:** No, no, no, the last one, the eighth one you with starting and ending only with evening hours, best time. If you're all interesting on the manifestings, I think when you visit the India, with the help of the herbals, with the herbal system, very easy, without any meditations, without any this thing, that thing, doing practicing, just keep one side - with herbals is shortest way - making the tunnel in the hill, just entering from outside.

Doug: And then you can do it without the herbals in the future, or you must always use the herbals?

**Swami:** You must always need the herbals. Almost need the herbals, you must preserve it carefully and it is a very, taking very careful. When I'm coming I brought some herbals, but I used it on two persons, that is private, two persons one powerful ceremony, powerful ceremony that I done. Two days back, forty-eight hours back, I done with the herbals. I brought for them and then I used all things, highest vibrating energy flowing.

I told some names, when you visit the India Gargo company, you got it last time? They will teach you how to do, how to do funny things and miraculous little, little things, they will, they will. Gargo company is the powerful, famous herbals. Gargo company means each day they are changing the branches, sometimes they stay very cold to preserve that... when it is rainy season, they will change to another city, another city. Any doubts on that?

Doug: Is it better for our progress to get moksha to learn the siddhis this way?

**Swami:** This way is the soul is purifying yourself, you're filtering. The herbals, the plants means well blessed by the nature, it means

sucking the energy from the nature, you're just utilizing like a calculator when you're doing mathematics. When you're preparing your mind it is permanent. It's coming through hundreds of lives, next life, next life, it comes. For to temporary happy, just for herbals - I'm telling both. You see when I am heal the people the fire, people how they're doing manifesting different things, observe it. Charging their hand and their hand makes to little funny things. Everybody's in deep silence thinking something.

Student: You mentioned earlier about how you would let us know how we would know that God was coming...

**Swami:** That is when I'm healing the five groups, the five people, then each person I give the different symptoms. Finally, after the course, after the five... people's telling one symptoms of one letter, little letter and teaching top secrecies.

Doug: Is it common to get kind of lost during the practice of the mantras where sometimes I'm gone for awhile and then I come back and I don't know where I was, sitting there I see what number I've done - is that just lack of concentration or sleepiness...

**Swami:** What? Can you repeat that?

Doug: *(repeats the question)*

**Swami:** You cannot recognize yourself what you're doing, you're saying that?

Doug: Yeah, then I come back, I don't remember where I was...

**Swami:** That means your mind is touching the trance. Your mind is touching the trance.

Doug: That's good?

**Swami:** Yeah fine. Somebody observe they're counting and they're thinking how many more, "Oh my God, ten more like that."

Doug: So we should keep our attention just on the words we are saying and not let our mind go to other things?

**Swami:** See you must use the... then there is a small trick, when you're doing, you know how to use this finger?

Student: Sky and Earth.

**Swami:** Yes, excellent. This finger, don't use fire finger. It always indication finger, it's almost discharging the energy. Use this one. When you start this one don't think about this generally for few days, when it comes, when it comes. You're going on for all that, automatically when you reach this point, you use your sixth sense, sixth sense, when you're ordinary conscious, you can recognize yourself. Understand?

When it's over from beginning, just you forget this one, don't go on concentrating. Somebody's seeing, "Oh, fifteen minutes is over, thirty minutes over, forty-five minutes over, it's not come, smooth thinking not come!" And they're seeing what it is and somebody when they're in trance, it's crossing, it crossing. When you cross no worry about it - you're doing more, no worry. When you're putting observation on that, you're losing that. Somebody when you are doing the deed, sometimes it crossing, it crossing and it going again it comes first round, second round, then you touch. When all the peoples doing meditation, I will sit in chair in India observing everybody. Somebody's crossing, somebody wake up and not seeing, different face feelings. So, don't do that, just give you this mala to hand, you teach these fingers like a computer, automatically it works. Don't your mind work on the fingers. You teach the fingers and leave it. It works, the fingers teaches your mind how many it is, sometimes when you got the practice, automatically it teaches to your mind. How it is a little foundation break, everybody's losing in the foundation. Practice makes everything in perfect way. When you concentrate how many it is, how many it is, how many it is, you're not pointing on that, just throw the fingers, leave it like this, it teaches.

Myuri: Does it matter which hand you use?

**Swami:** Whatever you like. Somebody uses the left hand, somebody uses the right hand.

Doug: If somebody interrupts us, knocks on the door or something, does that mean we should start all over again?

**Swami:** Yes, try to put the don't disturb.

Doug: But, something happens you know, somebody disturbs us, they don't listen to our instructions, do we have to start all over again from the first day or just start that night all over from the beginning?

**Swami:** I just give the... Master is very strict on that, then again he'll give punishment come to first and start. You better to do again. Suppose if you break that, suppose if 58 count over, after disturbing, again you count from one. More concentration, start with one, happy.

Doug: Can we walk and do it in a park, in a nice park or should we be in a room?

**Swami:** If you are in park, sit peacefully under the trees, you do it. If you're going on walk, suppose some cats is playing and you're observing that, laughing and you're doing... Suppose one, any childrens is playing, your eyes are automatically observing, your concentrate divert. Suppose if your friend came in the park, your concentration has gone out. Why you're making yourself trouble?

Doug: I was by myself, it was late at night in the park, so nobody was there.

**Swami:** Night, if you have nobody not, if you have concentration, if you're well practiced you can without mala or anything.

Doug: And nobody should hear the sound of us doing this?

**Swami:** Hm-hmm, I think my suggestion is better to sit one place, you put your body in one place. At least don't open the eyes - sit and do.

Doug: Oh, keep the eyes closed?

**Swami:** Yeah, if you open the eyes some flies is coming and suppose if you made the light, it comings and playing there, my concentration is going out. For a certain period you maintain these all things... silly things makes to big mistakes.

Doug: I was having trouble wanting to fall asleep sometimes, so I would keep my eyes open in my room to stay awake. I would walk around the room sometimes just to stay awake so that I wouldn't fall asleep.

**Swami:** Somebody has some problems, they can't sit more than forty minutes, one hour, back pain comes...if they have any like problems, you take comfortable angle to your body, any angle, lay down like Isha. Suppose somebody's laying down sleeping, sleeping, so it's big trouble. I observe a lot of people, Swami please wait half an hour, I am going to do meditation, it is my time, I will come within thirty minutes. Still I am waiting in the outside thirty minutes, one hour, two hours!!! What is he, oh, he's sleeping! So, even if you made your body with jaipur, it won't care, it won't listen your thought, it crossing, understand?

So, spirituality is too difficult for to adjusting for one stage. First of all, we must bend our body in a good direction. When you bend your body one direction, then we can use this body like instrument whatever you like. Main thing is this house must be put very clean and pure, perfect. You can able to sit in the ice, warm place, dark place, light place, with air, without air, you must be convert your body, convert means you must adjust, you must take the capability adjusting in the nature in different places, in different moment, in different - any reason came our body must be stand. You are reaching the thirty-nine, forty days, unfortunately you gone somewhere. At the moment your body cannot able to sit there and do that things, so make your body. When you have capability to do that, automatic it will help and everything will be, even though maybe it seems a little sickness, a little tiredness, but inner side is very active. Who does the meditations purely perfect, they're very, very...

Student: Last class you gave us sticks for the people who live with other people. I know there are some new people here.

**Swami:** Sticks? Hm-hmm, I'm going to give different things. You know what is this one?

Student: No, I don't. This is one kind of diksha, not pradakshan - diksha. Diksha means I'm doing one more thing powerfully, I started. When I am started this, these I made myself. It means it's

symptoms for one kind of angel, one kind of power. Maybe we say, "Oh, what is this, a rock?" Small rock I said like the electricity line, you touch that and you can recognize it.

Doug: I didn't understand.

**Swami:** No worry about that! I'm joking!

Student: You said after you finish the eight mantras that you use only, Om Guru, Guru, Paramaguru to call...?

**Swami:** That is when I'm healing, I will tell how to use, how to manifesting. When you got the power how to secret word call. That is depending on when I'm charging, just you follow the regular course, just you following that way, ok? You see what happened?

Student: Can two people do this in the same room at the same time?

**Swami:** No problem, without touching, without making to contacting.

Student: Today when we were doing the fire ceremony and you asked us to concentrate our eyes on a point, what was the significance of that?

**Swami:** Today I burn all the negative energy, people's negative energies. You know negative energy?

Students: Hm-hmm!

**Swami:** I offered to the fire and I prayed to my Master. I'm going to give some more important things, secret things, bless them to everybody. I'm offering from their hand the flowers too. Shirdi Baba likes fire very, very lot, very lot and I used the flowers to fire.

Student: It was interesting to me because on this course, I've done mantra meditation for twenty-five years and the sky mantra I learned fifteen years ago, but it's silent. Today was the first time saying it out loud and when you asked us to look in the fire, since I was saying it and in my ears I was hearing someone else chanting it and it was a very good sound, much better than mine, but I wasn't really hearing

it from someone near me, I just, it was this very strong chanting sound, like a ... chanting, it was very loud.

**Swami:** Because of your soul is repeating that mantras from years. Today everybody is like kids, you know kids - small babies, just born. So, just I made protection, making them in spiritual path. Already you're soul has some capability on the Gayatri mantra, that's why you're getting some energy. So everybody's going on to reach highest point. Somebody says, "Oh Swami, we're just sitting inside making fire, flowers, sitting..." There is a great meaning, really great meaning.

Student: The other sound that was happening at the same time, who was I hearing? Where was that from, where was I hearing that?

**Swami:** You search that. Lot of wonders is happening. Each man life is going to one kind of experiences with the supernatural power. Each person getting unbelievable things. That is true. By telling is like, oh, Swami's telling, no telling, just follow, follow. If they having interested, if they do successful - without their doing I can't do, I can't help, you know? I'm making a seed in there, beautiful seed, wealthy seed, wealthy means healthy seed, so healthy seed and I made protection on that. I put some little water and then I gave. Everyday you put water for that - that tree will come, the flowers will become fruits. That is depending on your practicing, without practicing you can't. Even Lord Shiva, Vishnu, Maheshwara, Brahma, sorry, Brahma, Vishnu, Maheshwara, Satya Sai Baba, Shirdi Baba, everybody does meditation. You know about Shirdi Baba meditation power? He done sixty-one years meditation, then he made the lights under the bitter tree, what is called, neem tree, bitter, that leaves is very bitter.

Student: Lemon.

**Swami:** Not lemon, neem tree. Lemon is citrus, I know that. Neem tree. In Shirdi, still we can identify, he made lights in the underground, without oil, without water - just made that four lights and he sealed and he put the sand and mud covering under the neem tree. When the people is making angry on the Baba one time, then he said, "What you're thinking about me, I'm a good," and when he's angry, then he said, "Go and dig it, you find." The peoples dig and they saw the room... Lot of people sat there when Shirdi Baba dig

that place, when he made the lights, he's everyday living in the old village, in the small village, everyone's surrounding, walking and that, how can he made that? Still we can identify that. That is called gurusthan.

Some thousands of peoples arounding that, that's called gurusthan. Then people shocked that his, that lights is his meditation power lights. Meditation power lights, he made that, about his tapas, you know tapas - tapas means meditating, meditating, meditating. Finally he used his power to light the lights and he kept that power thing, till it is filled. The peoples, what the people seen, just hundred years back, nearly ninety, hundred years back, witnesses and evidences and their life histories.

If you sit there in front of that gurusthan, like the highest magnetic vibration attracting. If you go in front of Baba's Samadhi, highest vibrations. There is no comparison that energy in the world. No more comparising that energy. It is a final thing, that is in my personal experience, that is the final thing, energy flowing. If you touch the Samadhi, hands bluzzing. If he's a good healer, suppose somebody healing, they does healing, if you touch the Samadhi, hands bluzzing - that kind of energy he sends. These are all unbelievable things practically. One time you see the India and visit Shirdi. Telling is common thing, by getting own experiences - wonderful thing. He seems to old man, he's not old man - powerful man. When I made the temple, putting in my ashram his statue, I told last time?

Students: No.

**Swami:** That, I think I am crossing the course, no problem. When you pick-upping the statue, the people starts, "Swami don't worry, we can put that with man handling the statue to the stage. That stage is four feet height, near, near, four and a half feet high. The crane came, all the hall is marbles. You know marbles stones?

Students: Um-hmm.

**Swami:** It's like glass mirrorism, I make like that. If you walk that, we can see our picture on the floor, with the dazzling, powerful flooring. The crane came very smoothly and it dropped the statue under the stage. It only came near the stage. First of all they wants to

put the statue on the stage then, “No problem Swami, we can put by man handling,” the people advices says... After a few days, one good day, we want to put on that, on May 22<sup>nd</sup> in this year. All people, some thousands, thousands of people came the function to putting on the stage - being with prayers and yagyam, fire puja and everything. Minimum fifteen, twenty people, strong persons came to lift that. They cannot move it one inch, “What we do?” They’re making like... the, this practically happened, “Then something is wrong in our prayers, something is testing...” Then everybody’s just peacefully. I sended to almost all fifteen, twenty peoples, sending all the people out and doing prayers.

You know balls, iron balls? Make-upping with Baba’s namaskarama, “Om Sai, Shri Sai, Jai Jai Sai” He said, “Who does my name, I will go in the trance,” he said. When he’s alive, he told the devotees, “Who does on my name, namasamkirtanna, will be very happy - whatever they like, I will give that.” He promised that, devotees. The fifteen, seventeen people, they started the “namasamkirtanna” and three people just bend that, only three and one man is put the balls and made the turning in front of stage and with the sand bags we made the balls with rope.

So, everything is willpower and making anything, we can melt anything with our prayers - we can lift anything. I am living in Penukonda, there is a big fort, you know fort? In that fort we can identify twenty tons of rocks, one by one, no elephant cannot lift it, no peoples cannot lift it, but it is in one by one. That is emperor’s time, they built it. I’m living in that place and throughout my temple, there is a big fort with the highest rocks one by one. In throw of the mountain, there is a fort wall, you know fort wall? Lot of peoples coming to observing for the rocks, how they made the fort? Makes confusion, ok, anyhow they made that and they are deciding on going. On that time, the peoples going on talking... the tradition is by, with the help of prayers they may lift - by God prayers they made, but nobody don’t know how they put it.

Somebody’s saying some yogi man came by his powers just he made one by one like a bricks throwing, like different gossips running. But finally, we can decide one thing, by the God prayers, by healing, we can heal anything, we can do that. On that thousands years back, there is no cranes, no electricity, you know? No electricity, even big

elephant cannot lift, cannot turn that rocks. There is no scope to put that. They made that like that, Indian *Vedic* knowledge.

So, five thousand feet height on the hill, they made the temples with powerful rocks. The elephants cannot walk on that five thousand feet, if you think that maybe elephants on the five thousand feet mountain. That hill is like this slope, big, big rocks. These are all the little, little evidences. You know evidence? Evidence about the God nature, about that time siddhi yogis, spiritual person's capabilities. Now, that all the spirituality, day-by-day, day-by-day, is decreasing. Now is in ground level.

Now all the scientific reasons came, starting the helicopter going flying. If you say for to that period before, generally we discussion like that, they won't believe - a helicopter, putting the pedals, starting and going - unbelievable thing. This time, there is a little... if you are imagining like these are all things like that, like that - these are unbelievable things. Maybe, how it possible, not impossible, impossible. All our mind says, "Impossible, impossible," but at that time maybe it's possible by the powers...

End of Talk