

Swami Teaches the Brahma Kundalini Nadi
Teaching, Three of Seven Talks
Malibu, California
September 1997



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The teachings of the Brahma Kundalini Nadi were one of the first ancient systems, from the Indian Tradition, that Swami taught in America. The tapes are very old and in very bad condition, (20 years old) therefore we want to caution you about their accuracy, however they do contain wonderful explanations and stories. You can also see the tireless dedication and patience that Swami had interacting with his new students - language barriers - cultural barriers - spiritual barriers...

Swami: When you have the capability, your soul have the capability to enjoy anything, then only your soul will go and enjoy for that, are you understand? No.

Student: Brahma Kundalini Nadi is another state higher, the highest than this one?

Swami: That is the last one, the last one helps the first one - first power. These are all coming, coming, it is connecting with the last - Brahma Kundalini Nadi - fifth one. Then Brahma Kundalini Nadi, when you reach that, your soul can imagine anything. Suppose if you want to ride a horse, your soul must be, say you have the capability, "Go and ride it." Then only you can climb, you can ride. Here, quite different, just you imagine yourself, you mean your soul, have the capability nature to imagine, to enjoy anything, power. Suppose there is a beautiful power in front of you - God angel power. You want to talk that power, before talking your soul must be capability energy to talk that, understand? When you feel that with the help of this mantra, your soul will get that same kind of energy to you, then only you can talk that. Understand? Everybody's got it?

Student: If you imagine Brahma.

Swami: You can the same...that is only your third-eye imagination.

Doug: Is it like Ritam?

Swami: Pardon, Raita? Your soul making the focus like in theatre. Understand?

Student: Like a movie.

Swami: Yeah, it's a movie. It gives the movie like exposing on the cloth whatever you imagining - it is showing.

Doug: And you can see with all your senses, smell....

Swami: Uh-huh. With the different musics if you want listen the guitar music, if you sit imagine - same music is happening.

Doug: Can we get knowledge that way too?

Swami: Why not? This is the final, final knowledge in the healing systems, the Indian tradition says. So...

Student: Does this have to do with other dimensions?

Swami: That will come in another stage. I think twenty five percent everybody got it, right? Write the mantra.

Prudhvarpitha

Pronunciation is the most important, please, without pronunciation mistake highly impossible to get anything. Suppose one man name is George. If you speak Gorge - George is different - Gorge is different. Like that, lot of people, if I speak George then he's, "Oh somebody's calling." If you speak Gorge, it makes sense like similar but this thing is.

Doug: Will you record this... we can listen?

Swami: First of all everybody must be, listen carefully each step by step.

BKN Mantra Number One

Prudhvarpitha

Shakti rupam
Kuru Kuru Swaha
Shakti arpitham
Kuru Kuru Swaha

This one is... it must be start on full moon day, again ending with full moon day - thirty to thirty-one days.

Student: Can you spell this one?

Swami: Prudhvarpitham. Seems I'm starting the English six months back, just six months back I'm studying the English.

Student: Is it guru guru?

Swami: Kuru Kuru - everybody got it? Swaha.

Student: So we can learn in English how it is in Indian - sometimes "w" sounds like "v" Svaha

Swami: Swaha - swan - swan - swan - swaha. You know about the C.P. Brown, who is he?

Student: It's a color.

Swami: No, no, C.P. Brown, he came to India and he learned Telugu and he write a dictionary to English to Telugu. He studied on Telugu very lot, nine years, then he became master in the Telugu and he write a dictionary and some novels in Telugu. Telugu language is difficult language in comparison all the languages and the next one is the Urdu, next one is the Sanskrit. So, who got the language of the Sanskrit and the Telugu, they will become the masters in the spirituality. There is a lot of knowledge in the Telugu and the Sanskrit, very lot. Unbelievable things we can study and we can enjoy that. In *Vedas*, in *Ithihasas*, in *Upanishads*, in different... My ambition is making the students in powerfully and to issue these books through the students to spread this knowledge throughout the global, from English to English. The key point is the Sanskrit and Telugu. Understand? Right. Next, second one is,

Clint: Is there any other practice to purify ourselves today?

Swami: I will tell after five, don't be confused to me, I'm going in my way, in smooth sensitively, don't worry - I'm joking.

Student: Is there a certain time of the day on the full moon?

Swami: I will tell after the five, all the five I will give one time and discussion with everybody and making the timings arrangements. Next one is,

BKN Mantra Number Two

Beejankura
Dvidala rupaarpitham
Shakti rakshita rakshitaha

It is this meaning of the protectors, of the protector, protectors of the protector, protectors of the protector. You know what is mean by protector?

Student: Yes.

Swami: What is mean by the protector?

(Inaudible answers)

Swami: You are inviting the protectors of the protector. Right now everybody sing from the beginning.

Bijankura

(students are not singing together)

Swami: No, no, no, you come in one line everybody. Ok, once more.

Beejankura
Dvidala rupaar pitham
Shakti Rakshita Rakshitaha

Ok, once more. No, everybody sing perfect - don't be disturbing.

Beejankura
Dvidala rupaar pitham

Shakti Rakshita Rakshitaha

Once more, carry on five to ten times – right, you sing, only one.

(Student says mantra and Swami corrects her)

Swami: Oh my God, (everybody laughing) I must learn good English.
(Swami humming) Where is my words?

(Swami takes some time to help each student and commenting)

Swami: Excellent, excellent, rakshita ra ra ra - once more...right. Third one,

Amrutharupam Bhavasagara

Listen carefully, no noise.

Amrutha, what is mean by Amrutha? You know George? Amrutha means, it is a liquid element, came by ocean, if you drink that there is no die for that, I think it's immortals, Gods are all immortals because of the Amrutha. The Amrutha came by the ocean with a snake, by twisting - you know that? In Sanskrit is says Amrutha.

BKN Mantra Number Three

Amrutha
Bhavasagara
Kleem Rakshita Rakshita

This Kleem, is more important word please, here underline it. What is the energy inside of the protector, I will tell. What is the energy that is hidden inside the protector - that is called Rakshita. Now this flower have the smell, what is the fragrance is hidden in the flower, like that what is the energy was hidden? Hidden means, what is the energy how the protector, that energy name called Rakshita? First of all you're talking about the protector of the protector, now you are talking about only what, how the energy the protector have. You are calling only that energy - not the protector. This is a step by step you're going to deep. First of all, the protector the protects of the protector, whatever the protectors of the protector have, the energy, you are inviting, you are calling. Understand?

Amrutha Bhavasagara
Kleem Rakshita Rakshita

Doug: What is the energy of the protector you are calling?

Swami: Now you'll get next nadi. The same things starts the repeating, you studied you read that?

(Swami spends some time working with students on pronunciation)

Swami: If you put rakshitaha - rakshitum - rakshita it gets confusing, that's no worry, but if I say rakshita rakshitaha, if you put the same word you'll be confused that's why I'm cutting the edges, small edges. George you read that.

(He is not able to do it)

Swami: Sagara means ocean of the knowledge. *(More practicing - laughing)* Everybody starts five to ten times. Right. Good. Excellent. These things is most important. This one must be, do everyday if is possible to do evening or night hours when you are going on bed. Everyday 1008 times - matter of one hour. Automatically our time memory energy it starts very speedly counting.

(Swami demonstrates very fast repetitions)

George: Can you do it out loud?

Swami: Whatever you like, inside first few days, it must be loud then inner side. This is the highest key point to the healing energy. It is a key to open the kundalini - lock the kundalini. It means you're sucking the energy the protectors. Like a bee sucking the honey from the flowers. Bhavasagara - knowledge of the ocean. Amrutha means immortaling. Immortal means, I don't know, there is no die for that. It is a permanent. You're sucking the knowledge, the permanent knowledge. That permanent knowledge means, who have the protectors energy you're sucking that. That sucking of the word is Kleem. I told underline it, everybody underline it - kleem. That kleem word is the bijakshara, you know bijakshara? There is a lot of Bijaksharas in the nature like kleem - dheem - aim - kleem - saum - bhroom - shreem - hum - kluum - dhluum - jum - these types are all the

bijaksharas. Bijaksharas means, these are all the seeds bijaksharas, means, seeds make up all the trees, energy seeds bijaksharas call. If you have no time at least...

Student: Simple question, in order to count to 1008 I wouldn't be able to concentrate on the words.

Swami: (laughs) You take the mala first of all, I am also like in confusion, make hours together sitting in the dark room doing, doing, doing... When I'm in Ashram, anywhere, just approximate counting, that sixth sense tells, "Oh, you are done," like this, automatically. When you are doing the computer like without seeing the word, it goes. It means, when you start the meditation, automatically the mind says, "Oh, you're done, perfect." Yeah, your body's yourself, purified by healing yourself, making the highest vibrations from your heart, then you feel, "Yeah, I'm a man of energy." Then communicating with the, any powers. When you are this doing, your soul contact lot of powers in the nature - it's true. Powers means different, do you know what is mean by angel? You have anybody idea on that, what is mean by angel?

Clint: Pot of energy.

Swami: Anybody knows energy body? Next.

Students: Someone sent as a messenger, messenger of God... higher beings who are guiding us.

Swami: Anybody have idea, different idea? Seventy-five percent correct somebody said. You have idea? No.

Doug: Impulses of intelligence?

Swami: Um-hum. Angel means a circles of the power, a pot of the power. Are you observing sometimes the air will go like that? If you see some air circles, what we call that?

Students: Vortex, whirlwind.

Swami: Vortex, like vortex comes, it comes and it going on and it dissolves in the air, it comes for some time and it dissolves in the air. Like that, the energy vortex it comes like circling with highest speed,

highest speed we can't imagining that speed of that energy - that means the energy circles is going. When you are doing the meditation, this perfect pronounciations, everybody must listen carefully... When you are doing this meditation your body, your soul became highest healing yourself - giving the vibrations - then your body, your soul became highest magnet to attract that kind of circles - light - circles of the energy power. Understand? When you attract that in your soul, your soul automatically become highest energetic, highest energy vibrations. Then you can send that power, if your soul have the capability to suck that.

When your soul will be capability means, by doing of certain period 1008 times, for 41 days. It means the masters says, means when you complete that system by 41 days by every day 1008 times means, your soul will be highest purified yourself. Your soul will be capability to suck that kind of energy. When your soul will be that kind of capability, automatically your soul will attract any power - sucking that. When your soul will suck that energy, your soul became, day by day, highest dazzling. Dazzling means, highest vibrations. Wherever you sit automatically your soul will go in trance - highest vibrations. If you want to send any blessing, any power, then you can send that. Like that in the nature, lot of energy circles is there, that kind of energy circles is there - angels.

There is no structure for that, there is no face for that, angels called that's a light - energy of the light. We can't imagine that light is here, that is going on running, it is going on moving. Your duty is sitting concentratedly, making yourself the vibrations, making your soul magnetizing. When your soul make powerful magnetizing, automatically it attracts, it comes in front of you, that magnetizing making this pronounciation - mantras - everybody got it? No? Any doubts?

Nancy: How long do you stay in that state after all the days?

Swami: Then that power will be control in your soul.

Nancy: It stays?

Swami: That will be control in your soul. Whatever you suck, the energy, then that will be in controlling your soul. Suppose it is your soul vessel, rain is coming, you're making like that, whatever you got

the drops - that is in yours. Understand? Whatever it is, just taking that and making in your soul box.

Doug: Will we know what kinds of things we can help people with? I know some people that have some very serious things wrong with them.

Swami: Then you are imagining the first mantra I told, imagining that your friends are anything and praying that pronunciation and I will tell after the five angels how to heal from that, your vibration from that power. That power can give the symptoms, not like our words like talking, automatically that power give that one kind of symptoms to you, that is a soul knowledge. Are you understand - soul language.

Doug: When you say the power gives symptoms to you, what do you mean?

Swami: Soul language means, when that power is enter you, automatically your body and your vibrations feel highest enjoying. When that other person, when you're healing that, when you're sending the vibrations, power symptoms says to you, "It's enough to heal it, he's going on cure." By ten, fifteen times by giving the healing, healing, he can be cured. Understand? When you are sucking that capability energy, your soul will tell you, "Have no that type of energy to suck that, be careful," understand? Like that, when you are walking in somewhere in midnight anywhere, some natural souls... that is quite different. I think better to write whatever I tell, recording the cassette? Ok. Good.

When you are walking, some negative souls, there is some souls, negative souls and positive souls. Some negative souls is surrounding in the nature, rounding in the nature. Rounding in the nature means, it movings... When you are moving that same process, same way, you are going some way, it will clash. At the moment generally, what you are going to do? What you do that? Automatically, everybody must be, do, just suck that. Suck that it means, it follows to you, follows to you means, not to sucking in your soul - it comes through you - when you're walking it come with you and making how to it remove that. That's are all very inner, inner, deep language as a naturally, we can't understand for that. These are only talking with the powers and communication with the vibrations. Understand? No.

Suppose you are walking in midnight in lawn in park in front of the ocean. Some negative soul is walking, it's came in front of you. At the time your soul have the capability to make that soul as a positive soul - just sending on the energy on that and it dissolves in the nature. Understand? Now you got it?

Doug: Is it important for us to do that?

Swami: Very important, that's why I'm teaching to everybody, to do the good.

Doug: And we will know if we have enough energy to...

Swami: Yeah, to do that automatically. Suppose of you have no, that kind of energy, automatically, that negative energy makes you to nervous, to you - very careful. Just mantra, just fraction of seconds you must be imaging, "I'm going to remove that negative energy to that." That kind of first one you say:

BKN Number One Mantra

Prudhvarpitha
Shakti rupam
Kuru Kuru Swaha
Shakti arpitham
Kuru Kuru Swaha

Swami: And imagining yourself everything is linked by one to one, it is like a, very links. Links means, communicating each to, like if you remove one thing - everything will be whsst, fall down, everything make like that. If you remove in top of that, it fall down totally. If you remove one word from beginning foundation, automatically it fall down. The total, the course depending on the one word - Kleem - that's I told underlining. Amruthabhavasagara - Kleem - Rakshita - Rakshita. That Kleem word is totally depending on that word. When you are doing the healing, it's not for to tell all the mantras, just one word - Kleem, just Kleem, Kleem, Kleem, Kleem - that energy flows.

Again, thinking that mantra, not singing, no - just one word. Totally four words will come, the Kleem word is the big boss - number one. If anybody have negative souls in their body, if you sit in front of them, if you start the only, the word Kleem, Kleem, Kleem, Kleem, in meditation - they can't sit in front of you. We can do tomorrow

anytime just for testing. When you prepare all this cause, everything clearly, when you start this thing, they will dancing in front of you – no, no, don't do, don't do - they fight with you. Then, how to remove that, I will tell in the last. The Kleem is the powerful seed, then after you purify yourself, Amruthabhavasagara Kleem Rakshita Rakshita. Right. Next word, next thing is,

Om lingastakam
Nidam Punyam

Lingastakam means, you know what is mean by lingam, Shiva Lingam? Here, you are dominating on the Shiva energy, this thing. Generally, where is the Shiva lives, where Shiva house is, he lives two places, one is in burial ground, graveyard and one is Kailasam. You know what is mean by graveyard?

Students: But what is the other one?

Swami: Kailash, toppest mountains. What is mean by he is living in the graveyard? Just he's walking in the graveyard. He's living and he's doing meditation. Why, which purpose he's staying in the burial ground?

Students: To take the souls out, negative souls?

Swami: He's the toppest meditator, he's the toppest researcher in the souls. There is a three activities in the creation. There is a little introduction, Brahma is a creator....there is a three masters in the nature: Brahma, Vishnu - who is the third one? Maheshvara. Brahma is the creator, Vishnu is giving the faith and luck and bad luck to making the illusions, making the desires. Maheswara means, to taking the souls out and to commanding on the souls - understand? Brahma is the creator sending the soul, Brahma is the creator sending the soul. Vishnu is the, that soul he's making the illusions, desires, making the lifespan and Shankara's nature is (snaps fingers) taking the soul from the body...

Ishvara means? Shiva! Oh, Shiva have a lot of names - Shankara, Ishvara, Parameshvara, Garala Kanta, Nila Kanta, Malikalsuna, these are all the Shiva's names. So, Shiva is always living in the burial grounds means, he's talking almost all, he's commanding on the souls in the burial grounds, making the ash, putting the ash and just putting

to the tiger skin like a cloth - going on do the meditation. That ash is what was the burned of the dead bodies, that ash will come - he uses that. But Lord Vishnu is, he always he uses the jiva lily. You know Vishnu? Vishnu means Lord Venkateshwara. Where is Lord Venkateshwara temple in America?

Doug: Malibu.

Swami: In Malibu. He is Kaliyuga Avatara, it means he always with his fragrance, beautiful smells, because of, he is a desires master. Brahma is creator, creation means sending the souls. He's always writing, he's finding something - he's a man of knowledge. That's why the first mantra I told - the prayer of the master. What I said the prayer of the master.

(Swami sings the Guru mantra).

Guru Brahma,
Guru Vishnu,
Guru Devo Maheshvaraha,
Guru Sakshat Parabramham
Tasmai Shree Guruvayna Namaha.

Guru Brahma - Guru Vishnuhu - Guru Devo Maheshvaraha, Ishvara, Shankara - Guru Sakshat Param Brahmam, Guru is the Brahma. Vishnu, Maheshvara and also Guru is that master for all the three. Master for all that three means, Guru Sakshat Parabramham Tasmai shree Guruveyna namaha. Guru Sakshat para Brahmam means, Brahma is the knowledge Master, is the man of the knowledge. Oh, my master, he is protect me.

First of all, when you start the meditation, doing with the Guru mantra is well and good, that's why they call Guru Brahma, Guru Vishnu, Guru Devo Maheshvaraha, Guru Sakshat Parabramham, Taesmi shri Guruveyna namaha. Right.

Doug: Shiva is living in the graveyard to help the souls? Do the souls stay in the bodies long after people die?

Swami: No, the souls is just lights, just lights. You can see with this course in your meditations wonderful experiences, different talks with

the souls - everybody be very, very happy. Sucking the souls, removing the souls, commanding on the souls. Why I came, my intention, my intention means I told my ambition. Are you understand, no?

Doug: I don't understand that the souls are just lights.

Swami: Souls is light, I told - circles, light circles of the energy. Generally everyday we are eating, drinking and we are removing the wastes element from our body. Suppose if you do some little hard work, our body will feel very tired and then we'll sit and take rest. When you came on Earth from womb of mother, the heart going on working you know, going on working. If the heart feels, "No, I'm very tired I want to take little rest," what happen? What happened? (Laughter) Totally your body will take rest. What kind of energy have, that heart is going on beating, is there anybody found? Any scientist found? What is inner side, that energy heart is going on beating - that is the energy? That energy, for to find that we are taking these type of courses. Pranam. That is the secrecy. Millions of people's researching on that, same scientist, different kind of peoples thinking on that. What is that?

That is the, who you are, what in you? The plant is growing, what happening? There is a lot of systems they are telling. You know Dixon? He found the surface tension. You know surface tension? Surface tension he found, Dixon, Dixon found the surface tension. It means the water comes from, up to from the ground to the leaves. How can the water can go out, go to the leaves, to the flowers, to the branches? What kind of energy is there? Still there is doubt. The water's moving - how? What kind of energy's working on that? Something energy is working in the nature - that we must be found. Everywhere secrecy energy's working. That energy's called different systems, different things, different ways. We'll see what kind of ways it is, understand?

That energy called the soul. Shiva is enjoying with the different energies. If the, generally the body, if the body died, died means left up to nine hour, the energy going on surrounding that body. Understand? On the moment the healer can identify that energy, at anytime, any moment in front of the body, the healer can find that energy. There is no bad energy, there is no good energy - there is only

one energy... That energy thinking the negative is a bad thing, that energy thinking in positive thing - that is a good thing.

The healer can change whatever he likes, that's why somebody people learning the energy, sucking the energy and they're misusing the energy in the negative path - in negative work. That is called black magic. If you use that energy for to good, that will become the heaven. If you use that same energy for, to the bad - that will become the hell! Energy's one. Knife is one. If you're going on for the fruits, making to the everybody - sweet. If you're going on cut the bad things like that - power is one. Who have the power, if they done lot of mistakes, lot of bad karmas, they are suffering with the negative soul, like the negative soul in the nature - enjoying with that, they're not dissolving in the nature. Understand? Unfortunately dying for certain reasons, there is some reasons I will tell in the last class. They will become some period, like a directly souls they are running in the nature. Who was the good healers, they can give the good energy for that and we will do the... for the dissolving in the nature, again the creation start.

Doug: There must be a lot of those souls in nature.

Swami: Not a lot, everything is very deepest meaning, very deepest. Must be, have, everybody have concentration - faith is important! Without faith, "Oh Swami told different thing, unnecessary thing..." Are you thinking? Everybody, silently thinking that? Everything is very deepest meaning, very highest, valuable things. You got the Telugu transcript? Try at least to do one class, the Telugu translator at least one night, throughout night I want explain lot of things. Is it possible to stay whole night? One day is totally, I want to give in my Telugu language - souls nature introduction. If we got the Telugu translator, well and good, the deepest meanings, the deepest systems - soul.

Student: When does the soul enter the body?

Swami: That is a top secret. How the soul is entering the body? How the soul is coming from the body? When you are sleeping, when everybody's deep sleeping, what happening at the time? Everybody is in the deep sleeping, unconscious sleeping, what happening at that time?

Various Students: (inaudible)

Swami: That is the Jalgruppa Siddhi, in Sanskrit says that is the Jalgruppa siddhi. Jalgruppa siddhi means, at the time is the right time to catch the soul, at the time it escapes from the house - house means body. Soul is the greatest thief. When the mind is sleeping, just open the door, but even though it's running, that soul rays is working on the body. That's why some saints - you know about Shirdi Baba? He remove his, directly, soul three days and through the villagers came in front of his body and he told one person, Mahalsapati, his student. When Baba is in 72 years old, Shirdi Baba he wants to do that because of his devotee is in problems, in some his area. Baba removed his body directly taking the soul from the body (snaps his fingers) and he went out. Three days, the doctors came and tested, "He's no more. He's died."

After three days lot of peoples, the village Prasents and everybody, the collector - you know collector - the District Head, everybody came, "We must be, burn the body, he died." After three days, again he came, Baba came just make with laughing." It means Shirdi Baba he came as a human being, he's eating, he's drinking, he's smoking, as a human being he came. But he learn, learn lot of things from his master. What is his master's name? Anybody knows? Venkusa. Venkusa.

When Shirdi Baba is in ten years old he reached his guru - the guru name is Venkusa and he learned six years, he done service in front of the master six years. Then he became very good healer. Even though his character is begging, begging means if anybody's coming into the dwarkamai, just he's dominating for the donation. When he's in, 150 years back, 100 rupees means equal to at the moment \$4,000 - 150 years back, otherwise he won't. Then he collect the money, again he spread the food. Suppose lot of peoples bring the beautiful food in front of him, he won't take. If he likes, he'll give, otherwise he won't takes. He will take the begging bowl and he went to the street asking on the street, taking the food and coming in his old mandir. Even though he's showing some powers and miracles, the people's made him very suffered, very troubles. When he came by seventeen years old to the Shirdi - everybody's interesting?

Students: Yes!

Swami: When he's in seventeen years old in Shirdi, nobody's not giving food to him, at least nobody cannot touch the water in the tank. He sleeps under the trees first gate of the village, entrance of the village, with hungry some days and some old people found that boy, seventeen years old boy. Oh, he's very hungry, he's very depression, he can't concentrate - he fall down. Then some people went there secretly. The village President commanded, "Don't give any food to that boy, he's a boy of black magic boy."

The people's thought Shirdi Baba is black magic man, he do's the harm the people, they think very bad on the Baba. Just he said, "Ok." He knew but his master said, "You go only Shirdi, don't go any village." The Shirdi people not inviting him the village, then again he praying in the master, "Why master you're making testing?"

Just he lost in his systems, but slow by slow some peoples making friends to Shirdi Baba, again he enter the Shirdi, very few people loving Baba, one percent, two percent of the village giving little food. He started the treatment with the herbals. Suppose one person is with the leprosy. You know leprosy? You know Baba knows herbals very lot because of, he learned lot of things from in the forest in front of his master.

When he started the medicines to the people, the people's is very attracted to Shirdi Baba, "Oh, he's a doctor!" Then the people start, "He's a spiritual master." Then the people's think, "He's a supernatural man." Then the people start when his last days, "He's a God." In meanwhile, he suffered very, very lot, very lot. It means, God is decided to everybody's character in the nature. Today I came here, I'm doing this work means, I think by God's grace. In my life I have lot of experiences with the Shirdi Baba directly, physically, unbelievable things - lot of experiences. So if you a hundred percent believe on Shirdi Baba, he is with us, he is with you. That is true.

He said, "Who concentrate on me, I will send my message from my samadhi." You know samadhi? "I will send my grace, I will send my energy from my samadhi. I will look after them from here, wherever my student is there in the world, I will look after him."

Doug: Is he on the Earth now?

Swami: No. He's no more, he's 1918, October 16 - he's no more. So, Shirdi Baba uses almost all in front of his dwarkamai, in front of the fire. I told the Fire Element about that, why he uses the fire. From his beginning to up to now the fire is burning in his mandir, in his temple. In the Five Elements how many elements in the nature?

Students: Earth, fire, sky, water, air...

Swami: Baba uses only, he selected only one element, that element is the fire. Lot of, hundreds of people coming to him to visiting him. He heals the people through the fire. He created the fire... that fire is still firing and he said, "You must be continue the fire up to the Kali Yuga." You know Kali Yuga?

Students: Yea.

Swami: Up to ending the Kali Yuga, some thousands year... How to heal, the fire means, that comes in the course of the Five Elements, that Fire Element. Right. Where we are now?

Gaya: Could you tell us, "Om Sai, Sri Sai, Jai Jai Sai" is that right?

Swami: It's Nama Sankirtana - Om Sai Shree Sai Jai Jai Sai - to calling Shirdi Baba name. (*Swami then sings the mantra three times*). Like that, just singing. Come one time to India, everybody, there is a lot of beautiful places to see and there is a one Shiva temple in Karnataka, lot of people said that is created by Shirdi Baba. If anybody have desire, if they think honestly, deeply, if you touch that Shiva linga - it moves automatically. If that desire not fulfilled, if you make like that turning that kind of energy is in that rock. Even the scientists also, testing that. There is nothing in that, just it is a big rock...a big rock on that a small rock. if you touch, if your desire will fulfill. If you touch one finger - it moves. If your desire is not fulfill, if you like, do that. You can't move that one single centimeter. Right, now we are entering to fourth one, "Om lingustakum needham punyam, are you gotted that?"

Student: Just that much.

Swami: "Dheem, dheem, dheem, kleem, kleem, kleem, saum, saum, saum, rakshita, rakshita-ha."

BKN Mantra Number Four

Om lingustakum needham punyam
 dheem, dheem, dheem
 kleem, kleem, kleemm
 saum, saum, saum
 rakshita, rakshita-ha.

Are you got it?

Student: One more time.

Swami: Everybody got it? (*Swami repeats again*) You got it? Good! Everybody's saying five, ten times please.

Students: (*chant the mantra*)

Swami: Saum, not some.

Students: (*all recite individually this mantra*)

Swami: This one is everyday, 108 times starting on Thursday - Guru day. Thursday is the Guru day called, Thursday is calling in Telugu that is Guru day - that is the Master's day. Friday is the Lakshmi day; Monday is the Shankara's day. In India that is the greatest tradition. Starting on Thursday at evening hours, that evening means you must see the sunset going on sun downing 5:30 to 6:00 timing. The birds is going to their nest and is the Lakshmi time, means that time in the nature - highest energy time. The tradition is highest energy time. Before you are going to do this pronunciation mantra you must see that climate, the sun and take darshan see with your eye and start this thing. Then sun is downing, sun set, then the stars will start, Shankara, he is coming to the field, he comes to in your meditation. Lingastakum, we cross that Lingustakum, Linga means Shiva. Where is the Shiva, then we jump in different discourse. Understand? Next, fifth one.

Student: Question about how many days for the mantra, not clear.

Swami: Sorry, 41 days. No, no, starting with the sunset day, then you can choose any time yourself.

Student: (*question inaudible*)

Swami: First day, dheem word, you must be very careful that. dheem – d h e e m. dheem word is very careful by doing pronunciation.

Om Lingustakum needham punyam, dheem, dheem, dheem, kleem, kleem, kleem, saum, saum, saum, rakshita rakshita-ha. That dheem is most important for that. I will tell that dheem word, what is the uses, what is this mantra uses, how can we help the people, how can we gain the power? That will come in the Third Nadi. Right. Can we stop for little half an hour break? The fifth one is very big one, it takes one hour, it is totally belongs to the fourth and fifth Nadis.

Students: Can we ask questions?

Swami: Sure.

Ramakrishna: Swami, do you have to do that one in the same time everyday—the fourth one?

Swami: Whatever you like, sometimes morning, sometimes evening, sometimes afternoon, but you must be going on do that continually. One day doing, two days stopping, again one day doing - no. When you are doing going on eating and reading doing it - not like that. When you start the meditation you must be stop your phone, everything. No answering the phone no answering to anybody. Close the door and you sit lonely place - start that. You must be concentrate on one duty.

Student: Is it necessary to have the kundalini awake to do the healings?

Swami: No, no, not necessary, Kundalini is highest stage. It takes some your practicing period. For me, it takes two and a half years.

Student: Were you born this way or when did you start this?

Swami: Me, (laughs) I started my meditations and everything about age of eleven, twelve years - still I'm a student, still I'm doing lot of things. Knowledge is a big ocean. Actually inner sense, my master is Shirdi Baba and I built a beautiful ashram in Penukonda. Penukonda is my village, under the hills - beautiful ashram. It has the capacity of the 1,500 to 2,000 people's hall with marble - very beautiful and in the

middle of that Shirdi Baba statue, six feet statue - marble. So by his rays, by his grace, I am doing... By physically I got nine times, I got introduce from Satya Sai Baba and he give some suggestions to me, and I got lot of books like these palm leaves, and lot of knowledge, different thing. And still I know about the Sanskrit and practicing myself and to spread lot of things to the people.

Student: Who gave the books to you?

Swami: That is one man Balaprathada. That is one saint, just he gave when he's going, he's very old and he's going to die... before, three months back, he gave.

Student: One book?

Swami: Some books.

Student: Are you Shirdi Baba?

Swami: No, no, no, he's a master, he's a master.

Student: (*inaudible about Satya Sai*)

Swami: Candles is different, light is there. Flowers is different, fragrance is same, but Shirdi Baba, even though he have power... on his character he enjoyed his life very simple, very simple character. But Satya Sai' life is, he's enjoying his life another stage. The master's character is depending on his master. Understand? Now I told everything, these all the things, when I'm saying bye I will take to everybody promises one commitment in their lives. Even though wherever I am, I'm sending my blessings and my love and protecting almost all people, just giving and saying bye is no good - no. Making the contacts, communications, how is the progress, how is the de-progress? Contact each person - that is my duty. Until to reach their point, that's my duty. Maybe it takes one year, two years, three years somebody have five years. I must be, follow them, making them push. Each month, each two months contacting with them, how is your progress? How you are doing - by phone or by letter or by fax. Anyhow, I'll do my best.

Doug: Is it our karma that it takes us longer in America, on our path, than people in India because of the atmosphere in which we live?

Swami: No, I will make very fast - to everybody! Everybody's very clever here, you know? Clever means, good interesting on that, but generally the peoples have no right path, right guru. Lot of people's came, the masters just they're telling, "Do that," and going. That's not way my system because of my personal experiences with the masters means, if we teach one thing, until he reach his point we must be, follow him - how is your progress? And he's maybe some missed path, again we must divert him, we must give that until to reach point. Nowadays the masters, just they'll say, "Bye-bye, ok, too bad."

Doug: Why would they do that, because the student doesn't progress without their help? Why would they say goodbye?

Swami: Just they'll say, "Your karma," "Be good with your character," different things they says. Man who came on earth, the man do some mistakes. Even the masters of the master, Shirdi Baba eats the meat, he drinks, he smokes...yes we can identify still the smoking pipes. He cut the chicken and he cook in his mandir and he used the cooking for that with masala and he participated lot of people with the devotees non vegetarian - in his Mandir, "Enjoy it," he says. That's his style. And he uses the ganjay smoking and sleeping. If anybody wants to smoke, he give, he shares that.

As a human being, lot of saints came with the different characters but mistakes is the general, but making the less mistakes is the good - controlling. Shirdi Baba reach one point, then he can do anything. We are all the students; we must reach that point. When you know how to ride the bicycle perfectly without with your hands, you can ride motorbike - anything just like that motorbike will go sometime. Like that for certain period we must reach that. That's, are all belongs to... those are all depending on your belief.

Doug: Do you mean reach moksha?

Swami: Yes. Without belief we can't get anywhere, anything. Even direct Shiva came in front of you, if you have no faith on Him, you won't get anything.

Student: (referring to how the souls were perfect before they came here on Earth. Why are the souls here now, why so much karma?)

Swami: My feeling is God is decided to everybody, this much people must be learn, these are all things. Decided, then God is attracted to everybody one place to here, to making through me. Just using an instrument like me my body, just using me like a instrument to tell this thing.

Student: What about the karmas, the mistakes?

Swami: But the masters by yourself when you feel yourself apology, "Oh I done mistake. Oh my God, I won't do next time." When you going on recognize yourself - that is greater than the moksha. When you feel yourself, "Oh, I done mistake," when you feel yourself depression, "Oh, I done mistake, even though you are a master of the master, even though you are a knowledge person, sometimes in the creation, just it's happening. So, if you feel yourself apology, "Oh I'm sorry, I'm sorry," it's greater than the moksha.

Student: In other words, there's no need to replay the tape because that's what we all do - we feel guilty. So when you say the self, the God-nature, that washes away all that?

Swami: Um-hum. What he's saying? I'm sorry, George can you help?

George: He says when we feel guilty, the mind is playing the tape over and over...

Swami: By taking, by listening to the words of the master, by doing some little time meditation, just will be calm.

George: And then if you see God in it, it wipes the tape clean.

Swami: Yes.

George: Why is faith so important?

Swami: See, you have aim to reach one point. Aim means, I told last time class, in the gun you have bullet. Without making one point on that - understand? Without one point we can't follow that fruit from the tree. Like that, without faith on anything, suppose I told this thing - you do this thing - you this thing... Then after, doing some time, automatically you can recognize yourself, "Oh something happening, something is running!"

George: What if you're doing it and you have no faith but you are doing it. Why faith?

Swami: See, if you have no faith on doing, ok. He said, "Why unnecessarily I'm wasting my time doing like that, doing like that..." it takes very long of time.

George: No, your mind can be thinking anything and I'm not wasting my time but you're doing it - right?

Swami: Concentrating is more important - doing is different. A big plant by just throwing the rocks on that - that is different. Each taking the rock, making the point - throwing is different. Throwing is natural; that is depending on your good karma. If you have good karma, the fruit will be fall down, otherwise, lot of life spans going on throwing the rocks - hundreds of span. Hmm, ok don't worry, move it. Understand?

George: But you're saying when you are throwing you can be very concentrated but your mind may think I can't do it. But if you're skilled, you can do it.

Swami: But in this nature, in this course, course means in the spirituality, no skills, nothing happen, the skills only the concentration, faith is a good skill here.

George: I think you mean belief.

Swami: Belief. Belief is a great skill! The master says, you take the rock, take this direction, just come like this, then move like this, then start. First time failure, second time, third time, chhht!

Doug: Does nature fulfill your desire by having faith in nature?

Swami: Then automatically your master's soul attract you, automatically in good direction to reach your point. The master's soul command on your soul...

George: Do people that we heal have to believe that we can heal them, for us to be able to help them?

Swami: After some time, if they can believe themselves, then they will believe a hundred percent on you. First of all, when you start these things, something is good vibration, good thing happen automatic, your soul will attract for this course, for this meditations. In first beginning when I'm asking each person why you are learning, why you are learning, one lady told, "First belief in our self" that lady said, "Belief our self." First trust yourself is good, important. When you have no trust on you, then the master can make you, yourself trust, then he can change - he can attract on him. When you start the meditation, automatically the belief will start in yourself - that is the greatness of these mantras. When the vibration starts, then the masters soul attract your soul, then he pick up you in good part. Understand? No?

George: I understand, so if you don't have belief, then you can help us to get belief, to get faith. And once you have that, any master can help.

Student: What is sadpurusha?

Swami: Sadpurusha means, that is a Sanskrit word. In the man's, best man called the sadpurush.

Student: In they talk about the Rishi's?

Swami: That is in the meditation systems. Why you went the back?

Student: They talk about the five regions - sadpurush

Swami: Sadpurush means, there is a good nature of the man, good relations in the man's good characters in the mans, good, kind heart in the mans - to the masters of the good master in the man.

You know Ravanaasura? Ravanaasura. You know Rama? Rama is the hero, Ravanaasura is the villain, but Ravanaasura have the more power than the Rama - highest power than the Rama. But Rama called sadpurusha, but Ravanaasura called no, because of Ravanaasura character almost all bad activities. His nature is killing. He's directly, he can talk the Lord Shiva, but he have no faith on Shiva, he have no faith on Him. Directly he take the Shiva linga, atma linga from the Shiva.

One time, came in front of Shiva, Shiva came in front of Ravanaasura, "Oh Ravanaasura, I like you very lot, what do you want from me?" Then he asked, "Shiva, what kind of energy's in your heart?" Shiva is a big man, somebody saying. Ok, I will accept it if you are calling big man, something is big in you. You try to give that big thing to me, then you will become nothing."

Then he (Shiva) said, "No, you can't take that energy from me because of, he have no capability to suck that type of energy from me." Then he (Ravanaasura) said, "I won't care please give that." Then Shiva gave his energy like a Shiva lingam, "Ok take it." Then he take, then he playing the game like, "Oh, that is your energy. You said I can't take this energy directly - nothing." Then he take that thing, then he went to his hunting in the forest. When his mediation is over, then he got the energy from directly Shiva - that thing (Shiva lingam). He suck the energy and he wants to take that and using the misuse, and he's bringing that energy to his country. Before he's going, Shiva told, "Don't put earth on that energy, that Shiva lingam, that energy. If you put that, you can't remove that, single inch - you can't lift that."

Then he (Ravanaasura) said, "Don't say lie. Ok, don't worry," then he moves. He's going on, going on walking... When the evening came, he want to take shower. When he wants to take shower in the river, he wants to put that down on anywhere and he's thinking, "I want to give this Shiva lingam to somebody. Who's the person?" Then he observe one boy. That boy is Ganesha. You know Ganesha? Ganesha came in another srupam, another structure, "How to take that Shiva linga, steal from the Ravanaasura?" Then he came with a sheep herd boy in the forest in front of the river. Then Ravanaasura came, "Oh my dear boy, I will give some charge to you, I will give some energy. Please take this Shiva linga for few minutes. I'm going to take shower, then when I return back I will give lot of jewelry, lot of money to you." Then Ganesh, "Ok, I will take." Then he take. When he enter the water (Ravanaasura), then Ganesha said, "I will call three times loudly. If you're not came early, I will put on that, I'll put on earth" Then Ravanaasura said, "Oh I will come in fraction of minutes, don't worry."

Then, Ravanaasura taking shower... When just he went, then he (Ganesh) started loudly, "Come, come, come," three times. "Hey, just I, why you are calling me (Ravanaasura) immediately? "I (Ganesh) have no time, I'm going - come - come," and third time is over, then he put on the earth. Still we can identify that Shiva linga in

Rameshwaram in India. Then Ravana came and with crying and he lifted - can't. When he's trying to lift, it becomes big, big, big. That Shiva linga is still it's growing. Still it is growing each year. It's unbelievable thing. Nobody, cannot believe but the scientist, everybody's proofing - it's increasing, they made a scale, that rock is increasing. There is only one rock, that in the sand, in front of the water. How can that rock, same that? They carbon tested that rock old, is millions of years. Nobody cannot identify that life span that.

Student: What type of world is this that offers us suffering and death?

Swami: It is a big class! Why death eh? That's we came. That's we are came on that, why you are making the desires, what happening here, what is running, who you are, what is the God, why you are making our life in good part and bad part? Why you are life in making bad karmas, enjoying the bad karmas. How we remove the bad karmas? These are all, is belongs to the concentrating on the masters' words.

Student: How long will this Earth offer death to the human being? Forever?

Swami: The Earth lifespan is some millions of years, but some little changing going on each for ten years, fifteen years - some little earthquakes, floods...in 2000 cross, something happening. Ok!

End of Talk