

Guru Purnima Program 1999  
Spiritual Life is the Best Life  
Teaching at the Ashram  
August 3, 1999



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*Understand what you're really doing with your life, with the spirituality to helping the world - through giving the love you're receiving the moksha - understanding the master's nature... Sri Kaleshwar*

**Swami:** Everybody's here? I have some confusion in one level with my students. What is the real purpose why everyone came here? And it seems to me, one level, everybody is spiritual voyager and some people they want to be really good masters. Some people they don't know why they came here. Some energy pulled them here, and they're hanging around here. One level they haven't completely decided what they want to do in their life, like a big confusion. Is it true?

Why is it like that? Life is – life. It is very short. It is like a knife. You have to know yourself what you're really doing in your life. Big confused mind with small attachment with Swami, or with small uncomfortable if you run away from here surrounding with your friends. You can't say no. (*Swami's phone rings*)

In one way, Swami's life is a huge torture, torture. One level it's a good torturing, I'm helping thousands of people. One level, as a human body for me, even though the soul has incredible energy whatever it is, but it's a body. A body born in the nature it's natural to have the headache, stomachache, eye problem, mental problem, frustration... I have it, I can control, but it's for a limit, you know? Boundaries... if I go beyond the boundaries then the mind, everything goes little unbalanced. Per day, sixteen, eighteen hours hard work for your Swami. Everybody is thinking

I'm not doing anything, just sitting around laughing and talking. Whatever I'm talking to anybody, it's linked to his life. My advises, my statements, whatever I'm giving to that person and he's following, it means I have to be very, very, careful what I'm talking. If my mind, if my thoughts are not good at the time, simply I say, "I'll talk later." You have to understand that. When I say we'll talk later, it means even if you want to forcibly talk, then I never give the answers straightly to what you're talking. Simply it's wasting of your time and you're making my time wasting. When I say we'll talk later, it means when I have the right hook, time, then I make you to come and sit, "Ok, I'm ready to talk." Then at the time I know what I'm talking on your life, what I'm giving. Whether you follow or not, it's my duty to give perfect advice.

What I observe here since long time is people's emotions... I'm not innocent - I'm watching everybody's face, I look in their eyes how they're doing. Their eyes will say how their mind is really thinking. Why the people have confusion? Life is life. You surrender one time then if you really tasted in the spirituality, if you really want to do in this spiritual path, do it. The obstacles, problems, illusions, karmas, these are all natural in this spiritual path, any path. Even if you do business - illusions, problems, karma, the people, different type of the same energy, different angle of the same problems. Is it true?

Whatever subject you take, your life angle, wherever you go, whatever you follow, same obstacles, problems handling crazy mentality people, financial burdens, illusions, big confusions what you're doing. But my advice in everybody's life, the spiritual path is the best path in the world. Spiritual path the best path, peaceful path, one level, not one hundred percent one level, the spiritual path - such a really happy and joyful path that is, even the king and the emperors, after he enjoyed his life, finally everybody is hooking the spiritual path. If you hook before that, if your hands, your legs, your mind, your health, everything is in your control, at that time if you hook, then you can really enjoy the spiritual life.

Many people when they reach old age, at that time they start to meditate, to think on God. He already spent seventy percent of his life span for the crazy things, after that he starts on the spiritual path. Then he doesn't know what he's doing. He's a beginner. In the beginning stage he's dying, again he's born and again until his last old age he's not starting anything. On his bed he's in the big sickness, he can't walk. That age is not suitable, not good.

It's ok, you can do your businesses I'm not saying to everybody, "Hey do, kick out all your business, kick out your house, kick out all your stuff, "I'm not saying that. In a month you have thirty days. You can make twenty days to your business, to your personal life, then ten days, or at least five days try to work the spiritual profession. Really make it happen. Easy. My techniques no need to follow whole everyday boom, boom, boom. No need to do that. Every weekend, one Sunday, you can work with people, you can share the knowledge, you can give the healing, you can teach the meditation, you can make them strong, you can create spiritually good people. Share your experiences, teach something to them, try to attract the people to come in front of you to show your knowledge, to give the knowledge with your real heart.

When you start to teach the beginning few months, until you reach little hooking with your students, hooking with your real friend's love, it's a little difficult to you. You have big confusion, "Maybe I won't be successful." You have little uncomfortable nature not to open your mouth to clearly express what you want to say. You have big fear complex in your heart, "If I teach like this maybe he thinks I'm big crazy." Don't think in your mind in your dreams, just speak clearly, then to your speaking you can hook many people. Even if you're hooking lot of people with your love and meditation energy, somebody goes crazy and they went out. It means you're so lucky. You need to filter, you need to filter to get the really good students, good people to surround you going to a camp in front of the ocean to teaching, meditating, everybody is asking many advices. It's really great boon to give your knowledge, like creating a small family. That friendship is forever and ever.

The business person, if I talk to him, what am I getting? Only about much money I'm receiving from him? Without having any other purpose, no one will call each other. But who calls you, your spiritual students, they'll ask for God. Then if you give your advices, then it means you're really getting the moksha - your soul is receiving their love. That helps your life, next, next, next life, really getting successful path to reach God. You're sucking good karma in your life. Not for calling, "Hey when are we going to Las Vegas to gamble?" That is not your life. That's only simple, temporary happiness, that's only temporary happiness. So, my advice finally today - don't get confusion what you're really doing. If you're a little unbalanced not taking the decision, "Whether I should practice this, whether I should run away from this, whether I should really follow Swami Kaleshwar's messages, or who is this guy? Why I came here? Who is Baba? What is this mantra? Oh God, I'm in the middle of the ocean!"

Don't think like that. If it really seems very hard to you to do this, don't worry, you don't need to do all these practices. You don't need to do all these meditations. Just be good, do good, say good, you can lead your life as a simple guy in the universe. Don't create in your heart bad habits, don't get addicted to bad habits, at least everyday one minute you think on God, one or two minutes heartfully. Do your dharma, your duty in your family to taking care of your children, taking care of your life, your wife, and your house. When you have any hard time - go to church, do some prayers and try to help to your surrounding human beings who really needs your help financially, or physically. Try to do some seva, you can do that, no need to force, "Do it, do it." You'll get the moksha if you do good, if be good, if you say good...

There is no law, if you do this mantras, if you do this, or if you that, only, you'll get the moksha, you'll only get the God's lesson. There's no law like that. God means simply love. How much love you receive from the people that means you're receiving God's blessing. That's the fundamental law. Through the spiritualism, through the spirituality, that's a big way you can receive huge love from the people. You're waking up their souls. Even beginning it's a little hard to them to understand what it is, later on... later on then they'll recognize what they're really doing...something is happening. Don't make it like a business, the spirituality, don't create it like a business - it's a big crime. "If I give shaktipat to him, how much I can get from him, how much money he has in his pocket?" It's a really big crime.

There's some hundreds of thousands of people coming in front your Swami. He never asked to anybody anything, "Hey do this, I want this, I want that." Of course I'll ask to Anya, "Bring some soaps, bring beautiful shawls like this." I have right, of course, whatever I'm constructing, I'm creating, it's not my property - this is all your homes. Thousands of people are coming and doing prayers, and they're going. Who is giving even one brick here, he's also getting the moksha. One person he came, he meditated he got real happiness here. He removed his stress and negativity, he sucked huge peace, then he's going. It means, indirectly you're helping him to make him happy. Either directly or indirectly you're making him happy. It means if that person is happy, that love automatically your soul is taking one share of that love, then you're enjoying the moksha.

Whatever you're doing any small help to anybody in your life, each small help it's counting in your soul bank balance - plus, plus, plus, plus, what

ever it is. Even if you gave one small banana to a child, that is moksha. Who is really sick, who needs help and even you don't have time but you spend one hour with that person to make him happy for a little while, it's increasing your moksha balance.

So what I'm talking, it's like a deep ocean, depth subject. It's very deep subject. To the mind to understand, to take decision, it's not possible. You must think with your heart to your soul. You must get the experiences with your soul. You have to follow with your soul. The mind, if you take the advices, if you want to go through your mind, it's really, really difficult. If you really want to do this, bring your heart up, bring your soul energy up, strongly determine you want to do this work, make a pillar, make a pole, do it. Just simply you sacrifice your life to God to helping human beings. That is every person's reason why they came here, their real life. Not for making millions of dollars, not to get many, many wives, boyfriends, eating good chicken, delicious food, all temporary it is. Somebody's thinking, "Oh, I came since two weeks, only Swami talked one and a half hours loving, then he forgot me. He promised but he's not talking to me yet."

Everybody's having on that point the confusion. Whatever Swami is telling, "Ok, I'll do this at this time," but he's not able to do that, then you're thinking, "Either we should follow Swami or we should forget Swami?" Does God have any punctuality? Be serious... does God have punctuality? Completely God has only His timings. I'm completely following not my time, Baba's time, A-Z whatever I'm doing in my life, whatever I'm talking each person, even as my body my thoughts thinking, "Ok, I'll do this," but when I start with my heart to do that, sometimes the negative forces make me to go little far away. Then again I bring it back to make it happen.

Every spiritual person... it's very important... you have to be very adjustable. Whatever happens, it happens. If you like Swami, whatever he is, he is - that's period. Whatever he is, he is. If you like him - you like him. I like Baba no matter whatever, he is, he is. I don't care... I love you I do whatever you want. In somebody's life, his life, her life, when I'm doing prayers, he makes their lives really happy through me. At the same time if I ask him to do this, he makes little teasing, "Ok wait, wait." Then I never go mad at him, "Why he's not doing? Why he did only him, not her? He's a master, he must make her happy, that's his duty." If I go like that crazy, I never get any energy. I won't be able to understand him for thousands of life spans if I start to think like crazy nature. Then I'm

inviting a lot of blocks with the ignorance, jealousy, proudness, lot of stuff I'm inviting, "Ok, I'm doing anymore. Thank you so much, no problem." Then again that person will come and again I'll put that file in front of him. Then he's very happy worker, again if he rejects, "Ok, that's fine." After little while when I'm doing a bunch of people's prayers to so and so, and so, I'll add it. Sometimes it comes out with the clearance. You understand? So, we have to understand the master's nature. Not only Jesus, not only Baba, not only Mother Mary, not only Mother Divine and Shiva - whatever masters. Simply their duty is washing the people's karmas, whenever it takes to them to do the clearance, they will do it. We can't force God to make it happen to do it. If you're doing forcibly it means you're in the big trouble. Of course we have full rights we can nag, "No, no you should do." In one level we can nag but beyond that, "That's fine, do whatever you want. Thank you so much I love you. My life is yours, do it," it's very important.

And there's many, many people who teaches, "I'm a teacher." And like Clint, Virginia, everybody, whatever they teach, their students, who ever they are teaching, they have to take a personal mantra directly from the master. That is my direct message. The core teacher can give the personal mantra, that's ok. At least if you have a hundred students, you have to bring the names and small photograph to see their direct eyes to the master. When I'm alive on this planet it's very useful for me to choose the personal mantra for them to release. Any core teachers can do it, but direct from your master it's best. You teach lot of stuff, but there's only one word, personal mantra, bring that from your master to your students. They don't need to come here, just I need a small photograph. It makes them very, very helpful. Clint, you think Swami's a little crazy, "Ah, I already taught many, many people. You didn't say anything before about this." Do you think like that?

Clint: No

**Swami:** Thank you. So, please don't get confusions in your life. Everyday, every hour is so auspicious and holy, and you're so lucky you're on this planet in a physical body. Please don't ignore that. Try to give everyday, every one hour, as much as you can. Compared with whole creation, the millions and millions of God's creation – the birds, animals, whatever it is the souls... I'm talking the pure spiritual theory... the human beings having a body on this planet is really so lucky. Try to use everyday as much as you can. Your life is like a big book, a Bible. Your life is a Bible. Virginia – Virginia Bible; Anya – Anya Bible; Dave – Dave Bible, your soul

Bible, how you really enjoyed with the God energy. Not thinking, "Oh in my life I enjoyed with three hundred women, five hundred women." That's crazy, that's not enjoyment, "Oh, today I shared my love, my affection, my energy, my knowledge with two hundred people - so wonderful. I did a bhajan with them - it's so melodious. I spent two hours with the bhajan in the trance thinking on God. Completely I forgot all my family, my children..." I'm watching sometimes everybody's doing bhajans sometimes during meditation, almost all are completely forgetting your family, your girlfriend, your husband, everybody's, "Ohhhh," singing. I'm seeing clearly. It makes me really proud of it, a person completely forgetting everything, making boundaries, thinking on God and chanting that prayer and concentrating on that prayer, the melody and singing it. That makes me really proud of it.

Maybe everybody's thinking, "Oh, Swami's really a miraculous person, he can do this, do that, he gave a ring, he gave a chain, he gave Shiva lingam, he gave a that, this..." Don't think it's a really huge energy it's just a chocolate. Say that.

Students: It's just a chocolate.

**Swami:** It just makes everybody happy. Don't concentrate on the miracles, concentrate on your pure divine soul energy. Hook that. It is beyond that everything. Of course there's powers, miracles, a lot of stuff is there. Every person needs real hooking to God with your love, soul energy, that is permanent forever and ever, understand ?

Shokan: Half

**Swami:** When are you stopping smoking? I don't want to ask that, but I'm asking. I'll give one boon to you... when are stopping the smoking?

Shokan: One hour.

**Swami:** Promise?

Shokan: I promise.

**Swami:** Who is witness, guys? How many people here are smokers? I don't want to ask that, but I'm asking? Is anybody smoking here in the ashram?

*Two students raise their hands.*

**Swami:** Everyone must stop now, completely. I'll give one boon to you. Whatever you want, I'll give promise I'll make it happen with my soul power energy. That's a deal. If that boon does not happen, you can start smoking again. I will buy big bunch of cigarettes for you if I failure. Ok?

Students: Ok

**Swami:** Promise?

Students: I promise.

**Swami:** Don't forget, good, good. So, even if you smoke in the bathroom and nobody can see you, you do fastly in one minute – no. Ok? It's not a big deal. Anybody else?

Christin: Does that mean I can never have an occasional? I don't need a boon.

**Swami:** What a Christin? It's my order you have to stop. You'll get your boon too.

Christin: I'll try but I'll gain five hundred pounds.

**Swami:** No problem, I'll find you a really good boyfriend who really likes you a lot. He's waiting...somewhere. Ok? I know you're thinking, "I'm so bad."

Christin: I'm not thinking that.

**Swami:** I'm your master; I have full right. In one level the smoking it takes out the energy from you. Then you suck the smoke, then you release that, the energy is coming out from you. Then it's confusing, how much energy you're taking and how much you're releasing. How much you're taking the fire element... the smoke comes from the fire. Like a flower, the smell comes. You take the flower and you smell and enjoy the fragrance, and you're enjoying the smoke - it's coming in and it's going out. Temporarily it makes your mind relief, but permanently the symptoms is - you're losing the energy. It's the big important point - you're losing your energy. Is it true Agni? Does it make sense?

Until to now, everybody enjoyed one hour very happily. I'm going to start my interviews after thirty minutes. Don't ask about really crazy questions. Only ask what is really important. Don't ask silly things like, "Oh Swami, I had this dream, what is the meaning?" What you really need in your life, pick up that - ask it. Some people are very smart. They know how to use Swami's time. Ok? Good. She wants to see the sand turn into a Shiva lingam, it's only between master and student. Then after one and a half hours everybody come here and again, meditation is starting. Then later, I'm teaching six mantras more that are important. I'm giving the program outline. Ok guys?

End of Talk