

Guru Purnima Program 1999
Swami's Yoga Samadhi: Student Instructions
Teaching at the Ashram
July 29, 1999



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Swami: By 10:30 p.m. exactly, I'm going to take off. Before that, after one and a half hours, I'm going to take open seat here (*on steps in front of Baba*). Some few people are putting the water. The water flowing will make everybody get huge healing capability. Now I'm going to talk thirty minutes. It's very important. When I'm going to talk don't disturb me what I'm going to say. I'm giving the permission to everybody, when I take off my soul, to touch my hands or feet. Is it ok?

Actually I was suppose to do now, 6 p.m. I went to the Mother Divine temple in the village near my parent's house. I think some people saw that temple - huge powerful temple. I sat there. I can start three and a half hours, my program I can do later to do some really good program with everybody. But it's a big testing in my life, everybody, yesterday the Indians so crazy on me - completely wild. Even I told one hundred times, "Please get out from ashram, there's no comforts here. You had darshan, I blessed you, please just move from here." They said, "No Swami." They're very, very complete devotees. Always they're listening to my words. But yesterday something happened to them, they're torturing me. I don't want to leave them to go inside, "Oh Baba." Like many, many rings, chains, like making forty, fifty people at a time, giving them their gifts, healing instruments - kilos and kilos of ash, creating and giving to them. Yea, that's fine big testing yesterday Baba put on me.

But now, what is the purpose why I'm going to do this? Anybody have any idea? What is the reason I'm doing this? What is the purpose I'm doing this? I'm giving special boons to everybody who attended this program, who was completely here when I leave with my soul, who was in my presence in these circumstance meditating the program I gave, they'll get incredible soul tanks fulfilled, they can heal soul and mind easily.

Their souls will suck very, very, very incredible power. You understand what I'm saying? But I'm talking with thirty-five percent mind, the words I don't know how to put in a proper way.

When I leave with my soul from my body, everybody's simply coming in the room, touching my feet. Feet is special respectful in spirituality, isn't it? Just for five seconds each person touching, that's it. In entire this building, when I'm in that position, when I'm ready to take off, at the time, Clint will take care I hope - I'm believing on this crazy guy completely. He'll take care of my body. At the time, don't make any, even small disturbance. Don't create any small murmuring, talking and your doubts, questions, confusions, or clarifying with your friends - no way.

That particular ten minutes when I go inside, on that ten, fifteen minutes maximum, everybody's whole attention must be on me, not on Baba, not on your friends, completely forget it - only on me. Understand? If anybody's talking, talking means you're sharing the energy to somebody else, then to them it's a little difficult to their souls to suck. When I'm going to take off, my soul energy is coming to everybody to give blessing, then taking off. It's a very, very important time and the Clint, after he does all his work, he's covering me and putting me in the proper position. After I'm gone, he'll give the permission to step one by one to touch my body. Where is the best place? (*Some discussion where he should take his Samadhi, in the Shiva cave or in his room.*)

Clint: What is best for you Swami?

Swami: It doesn't matter. I can be hanging around the tree. Seriously. I will do in my room but I'm not sure, I'll take the final judgment in the last few minutes.

Number one section people: How many people know completely the Element's mantras? Complete Five Elements, masters on that, not seeing on the paper? Who knows the five elements completely, those people chant these mantras every morning hours by exactly 3 a.m. till the sunrise is coming up, going all the way through them from Earth to Air continuously during those three hours. Then it's my special, special, special boon to those people they don't need to purify all the Elements, their soul is completely purified. Understand?

You must begin 3 - 6 a.m. tomorrow. If tomorrow unfortunately you entered into the sleep and you're waking up at 5 p.m., "Ok, let's do the

Elements he told to do one hour crazy program," no way, must be 3 a.m. sharp. Then when you see the sun it's done. Continuously doing malas of Five Elements. Those who do must have complete commanding on the elements. Can't be looking at the paper and doing it - no permission, full commanding on the elements, just doing it from memorizing. But sunrise you must see. If the sunrise isn't happening, little raining coming it's ok. But you need to see the light, the nature coming up. Don't sit in your dark room, your bedroom doing. Must come out and see the sun. Even outside is cold, little rainy, must come outside. Must come.

Number two section people: Do the Gayatri mantra as much as you can in a day. If possible twenty males, twenty-five malas like boom, boom, boom, doing it. When you're doing the Gayatri mantra, don't let anybody touch your third-eye, not even any hand or lips touching. Suppose someone got little sick and you want to take their temperature and you feel his temperature. At the time, make him to stop his meditation first, then you can touch. You understand? If anybody touches the third-eye, to me it's highly impossible to me to give the power to their souls in this lifetime – period - very, very, very important. According to Indian tradition nobody can heal you, it's a big dangerous karma.

Number three: At a time, any worse case don't eat any eggs, meat, fish or smoking or drink alcohol. Don't put in your stomach. Understand? It's very, very important.

Number four: Everyday at mid-day when aarthi is running, try to come everybody here, watch the fire and think on your desires. Whatever you have the desires in your life try to think on that. Don't miss that chance. There's a huge opportunity, huge blessing everybody can receive. Understand?

Number five: And don't make love with anybody here. It's very, very important. Understand?

Number six: When you're taking shower, try to command on your soul, "Right now I'm washing all my negativity in this water." If you can remember the water element mantra, chant it, chant it, chant it... When you're taking shower, don't chant Gayatri mantra. Generally the Gayatri is for sucking the energy. When you're taking the shower it means the energy is washing, whether it's stress or negativity, it's going unbalanced at that time, just simply think on your soul, "Right moment, right minute I'm washing all my negative energy through this water. Right now I'm

commanding on my master's soul to purify all my negativity. Right now I'm commanding on my master's soul." Understand? Don't think on Baba, think on your master's soul. Not commanding on Baba but on your master's soul, "Right now purify, purify, purify..." Indian tradition it says holy bath. It means at the time your taking shower, when your master's soul is completely connected to you, it's called holy bath. You can remove, you can purify huge negativity. Understand? These points are very, very important.

Number seven: Then, on midnight time, you're meditating, meditating and suddenly you're hearing some angels singing, somebody's talking but you can't see them, or you're meditating and going to sleep then somebody's talking, disturbing you. Some beautiful music is coming. At the time don't get nervous. When I adjust your volume in the radio, some side stations sounds are coming. When I adjust your souls, some souls can hear wherever I am, and you can hear some of the sounds... I'm not making jokes, it's serious. Then don't go crazy, "Oh what is happening?" Don't go crazy. It's ok. Whatever you're listening, that beautiful voice like a music, like a Sarawasti guitar, you know, much times it's singing, at early morning or midnight hours. At the time, don't think on your soul, "Oh some negative force is coming to me to disturb. Right now I'm commanding on this." Don't do your own crazy nature.

Number eight: And don't go up to touch Baba's feet. It's very, very important. Even in the worst case don't go and touch Baba's feet on the stage, ok?

Clint: No circumstance if I would like to do that Swami?

Swami: I'm giving Dr. Clint special resistance power, in case somebody goes huge upset, huge energy with big love and joy, or depression, talking, or if somebody's simply meditating they can't identify who the person is, forgetting his name, it's a block. No need to worry, Dr. Clint he can give the shaktipat to remove that. Even though Clint gives it, if it's not working don't worry, wait twenty-four hours time. It's possible some person is behaving like that, having a complete block, like hysterical thinking, and thinking, and thinking, sucking the energy and pulling that, stagnated there. There's one percent, two percent chance like that. It's no problem. Anybody have fear like that, "Oh what is Swami doing on us?" Be honest anybody have that fear?

In the world, in the future, everyone's like a diamond whoever is experiencing this energy, completely pure, divine. It is in this yuga, in this period, like this big you can't see. It's very, very, very, very rare for any saint to give this experience to their students. You understand? Each student is like a diamond, like a pure gems, pure divine souls, pure divine light energy, to give the divine classes, to giving the healings, how to heal the souls. I'm not saying to everybody I'm making everybody supernatural healers. I'm saying I'm giving the highest energy to your souls. Then you can give the beautiful mediation energy to anybody. The healing, what energy your getting, is very, very, very important what you're sucking to your soul. The temporary healing from body to body healing... suppose, you have stomach ache, "Oh Swami, I gave the healing to cure his stomach ache." I can give them. You can heal him one day of stomachache but next day his neck starts to pain. Then again you need to work. Then again his ears start to fail. Then again you need to work. Then again his back starts. Again his legs start. That's not natural healing; that's not healing. If you can give to him shaktipat, how to meditate, the real meditation to himself how to suck the energy, to purify all his diseases, that is the real healing.

Who cares somebody is touching to remove a headache, a stomachache, a leg pain, that's not healing. If you give one time to his soul energy how to meditate, how to suck the energy from the God, then he can purify himself. He can heal whatever his own disease. You don't need to see the healers, crazy healers. That's not the healer. Don't think even in your dreams, "Please God bless me this capacity, please God give me dha, dha, dha, dha... think on your soul whatever you can suck the divine energy. The healer must have willpower, bigger or equal to the soul, soul power. If you have the huge energy in your soul, you have incredible willpower – no fear, no confusion, no doubts, peace of mind, you can sit in the market and meditate. You can sit in the fish market and can meditate. Even if somebody's bringing the gun in front of you, no fear, peaceful of mind thinking how to escape - strong willpower, no fear. Willpower is so important, it give ability not to shake, not to worry, to have a relaxed mind. Whatever the problems you have, the willpower is so clever how to clarify it. You understand? Try to ask that.

Putting the pot of water to the plant. Don't ask Swami to put the water on your leaves, on your branches, on your flowers. It doesn't keep alive the plant forever. You ask, "Please put the water on my root." Even if I put the water on the root, the water is going up to the leaves, branches, flowers. Does it make sense? Absolutely that's true. Not to your stomachache, this

ache, that ache... Nowadays the crazy healers are giving wrong guidance, "Da, da, da, Reiki healing, da, da, da, yoga healing." Hun-un. One level that's ok, it's fine. That's my feeling. But sucking high energy, this is a very, very great opportunity. It's a special time in your life. Take the chance - suck it.

Jonathan: What happens if there are some people who don't know Gayatri who aren't doing the Five Elements?

Swami: Hum, that's a good question. Think on me, Ishwaraya, Kaleshwaraya (*keeps repeating it*) Is it too hard than Gayatri? I think everybody prefers this, why Gayatri? No, first preference Gayatri, can do Shakti Gayatri or Gayatri. I already purified huge to Germans, they're doing incredible hard work. I'm not insulting to other people. They're really doing huge hard work. And some guys doing all night, purifying, like hooking. Everybody gets incredible times, huge energy. Try to relax, and don't eat huge like six chappatis.

Nancy: The purpose when we're doing this process?

Swami: I told, when you're in the shower the purpose what to do. How has the elements at the time purifying, complete purifying - those who have huge commanding, and those doing Gayatri – hooking, connecting. Then it's coming to the root, all the branches, leaves, flowers. If anybody touches anybody else, that branch cutting off, impossible to receive the energy from me.

No one touches anyone else's third-eye when they're meditating. Suppose someone has temperature. Make him to stop the meditation then you go and touch him (*on the forehead*). Anybody can go and touch then, at this time try to be everybody giving huge cooperation. If anybody goes upset, emotions, everybody here like sisters and brothers. It's impossible to get like this chance again in your life, highly impossible, impossible. That's my feeling, impossible to get like this experience.

Try to utilize each minute, each hour, each day, relaxed meditation. No hurry, no need to push, no need to go crazy, nervous, fear, huge attention. Just relax, hook the master. Hook. Ok?

Myuri: If we're doing the Five Elements prayers, do we also do the Gayatri all the time too?

Swami: Sure, um-hum. Sometimes you're doing Gayatri, then after you can sing my name chanting, calling, calling, calling me. I can listen.

Virginia: When you say chanting, you don't mean out loud?

Swami: Doesn't matter.

Virginia: Where are we when we're doing this?

Swami: Night times don't go in the garden, and day times also, when you're sitting very careful with cobras and scorpions. As much of your time, try to spend on top of the roof or in the hall. If you're in the nature outside on top of the roof, in the huge light, you can meditate there, or you can meditate in front of Baba. You can sleep in the hall. When you're sleeping make sure the door is locked. Make sure no one comes midnight time to disturb. When the highest positive process is running, there's some negative forces coming small to attacking, you understand? - very, very careful. I'm in charging the very strong guys to be night guards to watching, making sure everybody's safe and healthy.

Even if somebody asks about me, you don't know. My mother, right now, she's thirty kilometers distance. But there's a big danger with her and small little bit with my brother. If my brother or my mother asks, "Where is Swami?" What is everybody going to say? "We don't know. We're not seeing Swami now where is he." I think on one level it's true.

Jonathan: But if she comes here looking around?

Swami: I already arranged huge. She's a little sick. I told her to take huge rest. She's a little tired, sick. Probably in couple of days she'll stay in the house, in the kitchen cooking. She'll be enjoying her house. Any worst case if she comes here, hun-un. I planned to send her to Shirdi. She's very smart - careful, ok?

Worse case, suppose if you need any help, what I mentioned the three people helping. Suppose the worse case came, huge crazy, then open the door, take my car, throw it in, drive somewhere else. Seriously. Throw it in the care, "let's go." If it goes twenty-four hours after it happened, near, near twenty hours after, if you're seeing any dangerous position is coming, crazy people coming, "Da, da, da," I'm giving one nail, like a small sword and I'm giving one fruit to Clint, that's always in front of my feet. Worse case if you're seeing any dangerous happening, put the sword in the fruit,

I'm coming back, like that, in matter of thirty seconds. If I come back like that, nobody touch my body until after three hours, even Dr. Clint. The worst case, after three days in the worst case, if I'm not coming back... I'm planning to come after two days at any time. If I'm not coming back to my home, if I don't come, I told the symptoms some people. If I don't come back means if the three days completely done, then there is a eight-five, ninety percent chance my return journey coming less. If it enters in the fourth day and the sun rises, then forget your Swami. I'm seriously saying it. Then after, take my body, dig here on the stage, try to do samadhi here in front of Baba's feet.

But I'm giving permission to everybody who was here to spread your pure divine experiences in the world. If it's not happening this, then after you can give the healings to the souls. It's every body's duty. At least one student must create one hundred students in his whole life. That's my advice, order, request, whatever it is. Ok. Promise?

Students: Promise

Doug: Did you say each student should have one hundred students?

Swami: Yes, at least, minimum.

Myuri: Where are you going?

Swami: When I come back I will tell you. If I don't come back I'll say in your dreams.

Martin: Should we have the fire going all the time?

Swami: It's good, yes. See the air and everything is little wild today. It's a big challenge entire the spirituality, huge challenge to the spiritual cosmic energy what I'm going to do today - big dare and dash. It's a big, big attack. Without having any help, like going in the ocean to swim without any balloon. In the deep water to swim then come back. The nature's like that. There's a big chance it can hold you. Of course many saints are helping me to come back. Their guidance eighteen saints, they're ready to come with me. I'm not the only person to get stagnant there everybody would get stagnant too. Of course ninety-five percent they're not in the body forms so to them it's easy. And also I'm going to fight to asking special boon to stay a longer life to make all my students big masters in the world, to do their works. So... it's very important, don't eat the meat or

eggs, any non-veg food, fish. Ok? Good. So, I want to go and talk to my Indian devotees.

In the worst case if anybody's really, really sick or feel huge energy or the pregnancy, they can go to Bangalore to relax and stay in A.C. Don't spend any time with my staff members to talking anything. Someone's spoiling to my staff and creating like little magnetism. It's not good habit to create them like this.

Nancy: Should we be in silence?

Swami: No need. I think everybody's meditating fifteen, sixteen hours, minimum. Like everybody I'm giving permission five, six hours sleep, one to two hours eating, shower, rest to meditation. Ok guys, best of luck! Everybody must be in here by 9:30 p.m.

End of Talk