

# Christmas Program 1999

Healing Techniques, Surya Tradition

Ashram Teaching

December 19, 1999



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**Swami:** Everybody know the Sri Chakra? How many people not know? Everybody know the drawing?

Students: Yes.

**Swami:** Today I found about German women gathering, how it's funny when they are doing work (laughter). They don't want to go somebody in the hot, only in shadow. Even though there is no rocks, they are making creating some rocks. Ten minutes, "Hey wait a minute, there is no rocks, what they are doing there?" Anyhow, everybody did a great job. Everybody made me happy.

First of all, take your paper and pens; draw your Sri Chakra. First today, who is the lucky person today to going and drawing the Sri Chakra? I'm little tough on my profession. Let me see everybody faces. Ok, you come, then after you Jonathan. Both of can draw. RK can you hold the papers for them? They can draw it in front of everybody. They'll draw it. Martin, you stand up with paper, they'll draw it. When you are drawing everybody has to see. Until to morning everybody has to draw your paper. I have to watch if you made the mistakes...to watch. Anybody have the tape they can fix on the wall the paper? Even to me to fix two papers, I can draw some yantras there. How many mantras everybody learn?

Student: Five, six, eight...

**Swami:** Before Hampi program, coming back in Hampi, I'm putting big testing on everybody. At least minimum ten prayers everybody has to submit me paper. If I wake up any person, mostly eighty percent I'm listening from everybody ten mantras, they have to chanting in front of me. In Christmas Day they will really, really get beautiful gift from Swami. 1999 new millennium is coming, to ending of this, new millennium very interesting gifts. Only in universe that gifts is only like one gifts. You can't see like that same similar anywhere. Very interesting gifts if you made me impressed, "Ok, my students is really doing good, they are really working hard," ten prayers, three yantras just I need that gift from everybody.

Cindy: Does it matter which mantras we do?

**Swami:** Doesn't matter, ten prayers, any.

Leslie: Swami, everybody's confused about the order of the Gods and Goddesses and whether they were inside or...

**Swami:** That's ok, can you do one favor guys? Jonathan you done almost all? Use that paper. How many yantras guys, is everybody interesting to learn?

Student: As many as you like. How many are there?

**Swami:** Well, 1008 yantras, seriously 1008 yantras.

Lothar: When Clint was in Germany, he showed us six yantras: the Brahma yantra, Vishnu yantra, and the Shiva yantra. Is this important for us to know about these? Maybe you can add these if it's important.

**Swami:** Well in today this class: Why important the yantras? What is the secrecy in that yantras? How it is useful to effect on the people? So, I'm going to talk on the very deeper level to giving clear idea what are the very powerful yantras in the universe, if are they, what are the uses? If you draw little mistakes, how it doesn't work if you measure mistakes and how through the yantras we can heal. What type of powers is hidden in the yantras, who found that, how it came in the universe? These are all stuff very interesting on the yantras. I think RK teach little bit the introduction about Sri Chakra. When he gave the Sri Chakra introduction maybe he talked about that? Isn't it?

RK: Swami, just I covered the overall general points.

**Swami:** Uh-huh. You know any yantras Switzerland man?

Switzerland man: I've seen a couple, but I've never drawn any.

**Swami:** You seen huh? How many?

Switzerland man: Maybe ten.

**Swami:** You ever been to Puttaparthi?

Switzerland man: No, I haven't been there.

**Swami:** Tiruvanamalai, you been there?

Switzerland man: Yes I just came from there.

**Swami:** Good. You like that Arunachela?

Switzerland man: Very much. I loved it, actually.

RK: Swamiji, when I went to Arunachela on top of the mountain carved into the rock is a Sri Chakra, isn't it?

**Swami:** Well, no it's not Sri Chakra. I went there five, six times.

Switzerland Man: Did you enjoy it?

**Swami:** I enjoyed it a lot there. It's a beautiful vibrations with beautiful ashram. Ramana Maharishi's life is pretty interesting what he went through. We forgot yesterday to giving the Indian names. It means everybody not interesting to get the Indian names? Is it true?

Students: No. (*small talk about colored pencils etc.*)

**Swami:** How many yantras everybody knows guys? No, in your book...

Student: Four.

**Swami:** Ganesh yantra, Shiva yantra...is the Clint teaching?

Lothar: Vishnu...

**Swami:** Sudarshana?

Lothar: Sudarshana Chakra...

**Swami:** Kalabhairava?

Lothar: Would you like me to get them; I have copies of them in the room? Ok.

**Swami:** Surya yantra sun, the sun. When the energy's coming out from the sun, from the planet, from the beginning stage, what is the mechanism, the energy that starting? You understand? I will talk on that very deeperly. Just make it on the paper.

Student: The specific colors aren't important are they Swami?

**Swami:** No. Inside red point, red circle very important.

Student: Swami, the inside circle is exactly in the middle?

**Swami:** What?

Student: The point in the center in the middle? The point?

**Swami:** Middle. It seems to very small yantra but this information it's unbelievable, incredible big information. Talking about entire creation. How the sun is the main part of for the main secret... the sun energy how it works on the creation, it also connects to the five elements to the fire. In the fire what is the inner side secret energy is there? A lot of information comes out. Suppose if you talk a jasmine flower. Everybody know about jasmine flower how it is beautiful, how it is very smelly. When it is jasmine flower is giving the fragrance, what is the secrecy in the flower is giving the fragrance? What is the secrecy in the jasmine flower it is producing the fragrance? What is the mechanism? Like that in the sun energy, what is the highest secrecy it is helping to the universe to this planet? Without the sun there is no creation. He is the main person to helping to this planet - number one. One of the...I think I never explained about sun entire my talks, isn't it Anya?

Anya: Small.

**Swami:** Small huh? Mirrorism huh? Is there anybody listened to whole my talks? All talks? Somebody has to take care in charge to that to come out.

Myuri: Most of them, ninety percent.

**Swami:** Ninety percent come out already?

Myuri: Yes, transcribed.

**Swami:** I think we have to make the recording in Bangalore just to giving the donation to everybody. Just in their car they can play. They can go instead of the rock and roll music. Before my teaching everybody has to have the yantra in your hand. When started to teaching everyone can look at that. That's why I came here to sit relaxly, taking massage. Please, everybody need it in your paper. You done? Who done? Make them to come back. All yantras I'm going to talk. No hurry. Put me in relax, RK can you crash my head? No hurry guys take your own time. (*Students are drawing yantras*). Is there anybody have information about the sun?

Lothar: Yes.

**Swami:** Lothar you do? I need to listen about what you know that.

Lothar: I do. It's the source of creation as you said it and right now the sun is going through a 12,900, year cycle which scientifically has been proven to where the chromosphere of the sun is now moving away from the sun and is splitting from the sun.

**Swami:** Pardon me?

Lothar: The chromosphere is the light body of the sun. It's the shell of the sun on top of which we have all the sun flares. Right now we are in an 11.4 year cycle of major sun flares. The major magnetic activity on the sun is the highest right now and the sun is going through some changes, which is effecting all the weather patterns on the planet right now. There is much more information to this.

**Swami:** Pardon?

Lothar: There is much more information on this.

**Swami:** Just talk. I am very leisurely enjoying. Please, I have no idea on the science. If you can talk on the spiritual to connecting the sun, I can enjoy more on that but of course I can enjoy the science.

Lothar: Well, I think it's a very spiritual thing that's happening with

the change of the sun because . . .

**Swami:** What is the main secret items, the elements the sun? Helium? Uranium?

Lothar: You have the Helium, you have the Hydrogen, and you have the heavy element.

**Swami:** Well ok, it is nuclear union or nuclear fusion.

Lothar: It's fission and fusion. It's both. Both are happening inside the sun.

**Swami:** There is no Uranium in the sun? Scientist, computer scientist you don't know? Lothar where are you escaping?

Lothar: Yes, all the heavy elements are in the sun because of that do we have these elements on the planet earth. Without the sun we would not have them on the planet earth. And also we have the great activity of the solar winds. It is like the sun is kissing the earth.

**Swami:** When? When is that? Go ahead, I'm just teasing you. Please go ahead.

Lothar: It's happening now and the cosmic radiation coming from the sun, which is the strongest that has ever been scientifically measured.

**Swami:** Pardon me?

Lothar: The cosmic rays of the sun.

**Swami:** Cosmic rays. Uh-huh.

Lothar: Yes the vibration from the sun that comes to the planet earth is as strong as it was never before.

**Swami:** It means the ozone container is going less?

Lothar: What?

**Swami:** The ozone container...layer is going less?

Lothar: Well, it's only one little effect of it. The whole ozone effect is a double effect. One effect is the effect coming from the cosmos, and the other is what's happening inside of our atmosphere from what

we humans are doing.

**Swami:** Maybe your Lufthansa flights are breaking that, eh? (laughter).

Lothar: But there's definitely a lot of change going on right now, change like there has never been before.

**Swami:** You're right. It is very pretty interesting the sun energy how it is affecting on the earth. One part it is also one of the secret energy how it creates the bad karma on the human beings, on the entire God's creation, the souls what is living on this planet. So we have to discussion on that very deeperly.

Lothar: Swami, may I just finish this?

**Swami:** Please. No problem. In the entire class you are the smartest guy to handling me. (*Lothar translates*) Everybody's done guys?

Student: Is it forty degrees or forty percent? (*Petals around Sri Chakra*)

Swami: Forty percent... Today we are going to discuss most of the time about the sun. (*Swami talks about the Hampi hotel, and bus situation for three minutes*). Again talking to my staff immediately sending some people tomorrow getting keys. (laughter). Go and get the keys one day. The same one time happened when the Japanese group, sixty people came. Poor guys, they arrived and it is only ten rooms. They slept in the bus for one night using the toilet and coming sleeping in bus.

Lothar: Well, you can only do this with Japanese people because they are very, very... (laughter). In the plane when they come, they take off their shoes and they sleep and they don't wake up until they come to Japan. So they are perfect for that. (laughter). Don't try it with any other group!

**Swami:** No don't worry but, such a big testing to me to fix all this stuff. Can you give some water guys? No problem. Really we will get so beautiful time in Hampi. We will get very beautiful time under the ancient temples and in front of river. Peaceful. When Swami is with everybody in Hampi, once if you go there until to go back, there are huge hours Swami will spend there. Here sneaking there, talking some things, fixing something (laughter), some phone ringing, like ok answering. Like that. If I go there, complete... I don't think mobile

phone is working there. If it works I am so happy to carry with me. Of course, I have satellite phone. Can you give one chakra please to me? Take your paper and pen. Everybody's fresh? Middle don't ask any questions, if you have any questions just you simply write and on paper. Ending just you ask me, ok?

In one tradition in India is called Vishana Sanpravia. Vishana Sanpravia means the process of Vishana...Vishnu. There is the two groups. Even though in Indian tradition there is a two energies, one is Lord Vishnu energy, one is Lord Shiva energy. Like is some hundreds of years back in India, there is a big fighting between the people. The Vishnu tradition people they never enter to Shiva temples. The Shiva people they never enter to Lord Vishnu temples - like a big quarrel. Like in a village, like suppose thousand homes, thousand villagers living, they are making deviation. One is Vishnu temple building up, one is Shiva temple building up. The Shiva people they're complete following the process of the moon energy. That's why we can see on the Shiva top of the head there is a moon symbol. You seen? You seen the Shiva picture? It's a moon there.

Students: Yes.

**Swami:** Lord Maha Vishnu, some people there is the strongest faith, their feelings he is chakra...Sudarshana Chakra, it is equal to the sun energy. That chakra is completely maintaining whole universe. That chakra is like equal to the sun. Really, his Sudarshana Chakra for to kill the badness to remove the darkness, to kill the demons, to kill the negativity, whatever negative stuff is there, like a using Maha Vishnu Chakra. That is why the Vishana Sanpravia, the Vishana tradition... In Indian tradition one is Shiva tradition, one is Lord Vishana tradition.

The Vishana tradition people, they have the strongest faith whole creation came from Lord Maha Vishnu... Lord Maha Vishnu, Vishnu means Krishna. Lord Krishna he is one of the biggest creators first beginner parts. (*Lothar translates*). He created the sun. Why Lord Maha Vishnu, Lord Krishna in the universe the complete miracles, the magic powers, the highest healing techniques. Even in the *Vedas* we can see in Vishana tradition. In even though Indian tradition, in the Vishana tradition we can see highest, powerful healing techniques, highest magic powers what the Krishna he did in his life,

is completely in Vishana tradition. If we think very deeply, it makes good sense to human beings. It's fact, the sun is the powerful to remove the darkness.

What is the main purpose of the sun? It is to generating the energy in the universe, to making the nature to grow, to remove the darkness. How even the Krishna, he manifested the sun, is pretty interesting magic, what he manifested using the power. We are going to discuss that. He is one of the highest, biggest powerful man. Through him entire magic powers came. He also, how he got the magic powers the...we can discussion how it came from Mother Divine, from the female energy. We will talk very deeper level when we go that subject. We will enter in the subject.

*(Swami and Lothar discuss the process of translation. Swami says it is hard for him to break his talk for the translation.)*

The Lord Krishna in his previous incarnation is the Rama. In the Rama when he was alive, when Krishna is in the form of Rama, he got the very, very strongest relationship with Maharishi, Swami Vishvamitra Maharishi, the saint who was really so, so, so powerful saint, number one powerful saint in the universe. Vishvamitra Maharishi found the Gayatri Mantra. The Rama, he learned supernatural powers from him. Even the Vishvamitra Maharishi how he suck the power? What is his greatness? Why he became so powerful? If we go very deeply who was in the Indian tradition, there is a big, strongest truthful result is there.

If any saint, if he did a beautiful meditation for five years, ten years, fifteen years, hundred years, like sixty years, by little short temper if he curses somebody, "You did a mistake. I am spelling on you!" If you spell using bad words on him, no doubt that meditation who did that power is affecting other person. When he spelled on him, his result, his energy whatever his meditation power, is coming less. It is going misusing to cursing somebody else.

Lord Vishvamitra Maharishi, even though he is so, so, so powerful, he is the one of the biggest failure person in the universe... failure person in the universe. He created Rama. He prepared like a powerful man. He created new heaven. When he is entering the heaven, whole the angels, all different powers, the Gods, the Goddesses, they rejected him. He is so temper person, angry man, they rejected him, "You are not permission to enter in our heaven."

Then, "Who cares about your heaven?" Then he created his own same heaven with his power. It's true. Then he found the Gayatri Mantra. "One Gayatri Mantra equal to your four *Vedas*." They tested many, many thousands of saints. "Whatever Gods and Goddesses have four *Vedas* that's ok, my students no need to learn four *Vedas*, one Gayatri Mantra is enough. They can get the same benefit, same weight." That crazy good crazy man anyhow he released his power with his short temper and he created his own heaven, and he manifested the Goddess Mother Divine, and he released the Gayatri Mantra in the universe.

How many people don't know English, please? At least they can't understand even ten, twenty percent? How many people don't know English? One, two, three, four, five, six... It's ok I can continue in English? Later on you sure, permission? You ask all your Germans, maybe they'll go fighting tomorrow morning.

Lothar: What I will do Swamiji...you please speak. I will have it on my tape. Tomorrow I meet with the group. I play the tape and I translate step by step. So that's maybe a solution.

**Swami:** Please ask them. To me I am so happy. It's really breaking my flow, Alana Madame ok?

Alana: Super.

**Swami:** Ok, I am now a little free. Vishvamitra Maharishi he started, he born in India. We can read his history in the palm leaves. He born in India in where is the Shiva location place. That belt, whole Himalayas belt, is completely location to the Shiva. Even though he born in the Himalayas, but he's so focused on Lord Maha Vishnu tradition. He is the one of the biggest guy. He brought out all the powers he found in female energy. He sucked that powers. He trying to Lord Rama, he blessed to Rama's soul to next soul, "You are Lord Krishna, the next soul you are Lord Venkateswara." He gave all his life astrology, soul astrology.

When Vishvamitra Maharishi, when he is teaching some secrecy to the Lord Rama, he teached about the sun. He prepared...most of the Indian tradition people have strongest faith, he prepared the Rama's soul. Before, the Rama father he have no children, he had different wives, one, two, three. First wife failure, second wife failure, third wife failure, no children whole his kingdom, Rama father is going a

little crazy. There are no more kings. Then he went to Vishvamitra Maharishi, "Oh, Maharishi, please, why can't you bless the...He is the big guy to controlling to ruling entire this India. Please bless to my country to please give me the children." I am talking where the power started to come in India, the beginning, the basic fundamental the power coming.

Then Vishvamitra Maharishi he did a beautiful fire ceremony. In the fire he pulled out a big vessel of the liquid. That fire Goddess blessed the Desharada through the Vishvamitra Maharishi beautiful holy liquid, in holy vessel, he pulled out from the fire. Then he gave to that King, "Ok, make your wives to drink." Then Desharada got the three wives (*all three names unclear*), at time got pregnant after drinking the liquid through the help of the Vishvamitra Maharishi, the angry saint. He blessed the King and then the Rama came. First baby Rama. Then he told, "Your son is going to lead entire this universe, your son next life Lord Krishna, he's entire the universe. Even though I have supernatural powers, the whole universe is ignoring me, but your son is the Avatara. He is the big God entire to the universe to handling to taking the nature," in the fire, with the liquid Rama's soul came.

We can understand the concept there. You understand? In the liquid, through the fire what is the secret power the Lord Vishvamitra Maharishi, what he chanted to doing the process. If we go back to the Vishvamitra Maharishi what is his greatness? It's a big little confusion talking but you have to understand that. What is the greatness of Vishvamitra Maharishi, that capable prayers where he found that capable fire ceremony, what he did? What is the fire ceremony what he did? If you go through that what the people understanding there is no hundred percent guarantee, perfect information. It's not sure even to me. It's make good sense. I am teaching it.

That saint he is completely he meditated on the emptiness, basic on the emptiness. In the emptiness, whole Indian tradition thinking, in the emptiness first human being is the Vishvamitra Maharishi. The whole cosmic created, send as a male person. The man is Vishvamitra Maharishi. He have a huge angry, ego, proud, power, peace, greatness, supernatural energies. In the emptiness in the big illusion circles, in the middle a human being came. That man, he created some millions of generations on this planet. The Maharishi,

when he started to open eyes, when he is stepping on, the whole universe he created. Then he lost his consciousness, his greatness. He sucked some huge angry, then started to found again read back the all information. He's the only one of the strongest guy who wrote powerful prayers, the *Vedas*... one of the *Vedas* in the information.

Of course, the Maharishi, different people they wrote he founded all of the knowledge back, the vibrations in the mantras. That mantras he putted first person on the palm leaves sitting only one person. Of course whole creation is born, is growing up. He finished that different powerful vibration slokas, then when he completed the powerful prayers, then whole nature came with all boons: flowers blooming, birds singing, water is there, human beings, animals, different entire creation is done, then after then, he's in the creation.

There is king, queen, everything is there to ruling a powerful person who is the take- caring as a big man to come on this planet, to take care, to giving the knowledge, this knowledge to throwing in the universe, to take care of powerful vibration slokas. Like a creator who is the person, he started to think on that. In that whatever he created in the kingdom, entire in the universe that person, the king, have no babies. The illusion came there like a little black dark. The reason came. With the same prayers what everybody meditated with that, one level the same prayers they are saying in that, it is the real prayers in the universe. He did that with the fire.

Then he created a beautiful, powerful man in the universe, Rama. That Rama's next life is Krishna. In the Krishna life, when he learned the powers, he changed like a raw diamond, he made like a cutting like a dazzling diamond he gave to the universe to doing his crazy, silly, not silly, crazy interesting miracles, funny character in the Vaparra Yoga. Again he started to create Pandevas, Kauravas, a big battlefield. Between middle of, he is showing incredible miracles and the Pandeva's wife is getting insulting, making her to no more dress in front of the thousands of people. She is crying, "Krishna, where are you? My husband has lost everything in the gambling with the brothers." I think everybody knows that story. "Please come and protect me." Then Krishna came blessing the saris like big row. Like many, many miracles he did in his life. That entire, what he sucked the power, the Krishna. Here what I talk now is like a simple.

Now we are entering in a deeper level, what the Krishna he suck

deepest powers is from the sun. The sun energy, from the fire the Vishvamitra Maharishi teach to Rama. From the light, in the pure, divine light, entire universe is there. In the light there is a big darkness is hidden there. When you are able to see in the biggest darkness, if you can able to see the light, in the dark can you see in the light? In the light if you can see in the dark, you have the full commanding on the universe.

Then, he teach about the sun mechanism. Already, the Vishvamitra Maharishi, when he came in the universe, when he started to creating, the sun also came like a huge giving the light. Then he started to work, what about the greatness of the sun, moon water, fire, earth, air. Then he researched and completely he was writing the secrecy in the vibrations. "Ok, the universe happened. I came in the universe." Then he analyzed very, very, very deeply in the some millions of prayers in the books, writing and throwing, writing and...

Then, after he completed to write entire the universe, sun, moon, stars, galaxy, earth, water, whole universe, the human souls who was on this planet they're only can possible who can understand, who can follow the truthful information. They can understand the nature of this entire universe. Forget about the God. God also, he came as an instrument. Even the God came in the form of the physical body, as a human body. It means we are all so lucky. We have the same boon. We can also, can find it, it is not a big deal but he started to write, analyzing everything.

Then he taught, "Ok, Rama, look, there's the sun. You are seeing the sun." First person Vishvamitra Maharishi starting to teaching to the Rama. "Ok, now I'm teaching how to handle Satya, Dharma, Shanti, Prema, the four *Vedas*, the four characters, mainly he spreaded Satya, Dharma, Shanti, Prema. Satya means truth, Shanti means peace, Dharma means perfect judgment, Prema means love. These four, in entire four *Vedas* these is the main basic, is these four.

When you are in the Shanti, when you are in the peace, entire powers you can suck. Whole universe is based on the hooking the peace. When you are so peaceful, your soul it can connect entire the universe. You can go anywhere. So, he started to talk, first man to the first soul talking, from the sun he started to teaching. When he starting to teaching, he taught the first yantra, the creation yantra of the sun. How it effects on the people? Ninety percent of the highest

healing power in the universe is hidden in the sun, ninety percent. That is the Vishana tradition says. We can discussion again very deeper level. I think someone is sleepy in the backside isn't it? Maybe you Switzerland man, are you sleepy?

Switzerland man: Me? No I was listening but I'm tired. I'm used to sleeping at night. (laughter).

**Swami:** What did he say?

Nancy: He's used to sleeping at night.

**Swami:** Ok, go ahead. Please enjoy it. Ok, in the sun, nowadays we are talking in the scientific reason. Nowadays we are talking, "Oh, there is a Helium is there, there is a Argon is there, there is a Hydrogen is there, there is the nuclear union is happening, lot of energy is coming out." Who put it there, Helium? Nobody didn't put it there not our grandfather, not anybody - it's there. It's a huge in emptiness everything came out. In emptiness a person came. When he's coming, entire the big illusions and everything, knowledge came in a form. Of course the Christianity teach similar, they write it up. In Indian Tradition similar they write it up. He starting to writing but it makes good sense, like 2,000, 1,800 years old prayers we are seeing with evidence. We are seeing with evidence what they wrote, we are understanding that.

When he is teaching about the sun, he taught supernatural powers to connected with the sun, how many angels, how the angels can work, how many healing techniques, powerful magic powers. In the sun there is a female energy, there is a male energy is hidden. How to recognize the female energy, how to recognize the male energy when he teach? From morning, like early morning, like 5:30 when the sun is coming like red until 7:30 it's complete female energy. Again, 5:30 to 7:30, 8:00 is female energy. It means why they are saying like that tradition, in early morning generally, any mother when she wake-ups she touches her baby, "Hey, are you ok?" then hugging the baby. If the baby is interesting, giving the milk then, taking once more good care and hugging, holding it to making attention. In the evening when the baby is sleeping, again the mother is holding.

In certain period of the time, the Indian tradition, the entire Indian tradition, the Vishana tradition and the Shiva tradition, the people they go to the river, they stays until to here in the water (*up to the*

*nose*). Some people until to only the prana person knows, they stay here (*up to eyes with nose covered*). Only eyes is on the surface water chanting hundreds of prayers, thousands of prayers, chanting innerly, producing high vibrations. When the sun is coming, when the sun in the water level, when it's coming exactly, when sun is growing, when water, when the river is coming the sun, certain point they are watching the sun exactly. Certain seconds straight it comes and hit their third-eye pops out. At the time, if they are deeply if they are chanting the vibration prayers, it wakens up. They are sucking highest cosmic power. They can command entire universe. Universe means, they can do the wonders of the miracles, certain prayers like making the balance. The sun is coming in the river, hitting them and it is going high. There is the one process what I teach some prayers, same prayers anybody can do that. I did the crazy, the same the stuff like one and a half year going to the ponds, the lakes.

In midnight sometimes, in the full moon timings going in the Shiva process. It's the next yantra I am going to talk about Shiva energy, the moon energy what we are seeing, the weightnesses, the energy weightnesses... moon and sun, the vibrations coming from them, natural vibrations. I am going and sitting until to here, like 7:00 pm until to 4 am. The moon straight it comes up. I am in the middle of the well, with the crazy wells, we can't step going. Indian wells nobody can see how it is very dangerous. Sometimes taking the rope. Of course, in my farmhouse I have a beautiful well - going and staying. When the moon exact coming, exactly in the middle, when you are chanting perfect vibrations, the moon, the light, complete, it effects on the water that energy like mirrorism. Complete it effects on you with full light your face with you're chanting high vibration prayers with marvelous energy. That moon is like making the flash on you. Then it goes back.

At the time, you are sucking, you are building up high vibrations. When it came in the exact middle, without your notice your soul is completely magnetizing - ccht like drinking. Then the moon just it is giving you and going. That's why in the secrecy we can see some pictures even Indian tradition, some saints they're doing (*sounds like sundiavidonna*) early morning prayers, evening prayers in the lake.

Some people, some saints they go on the water taking the water, holding the water. When the sun exactly coming the water what they're holding, using the water element when the sun's rays exactly

comes, it hits the water and it affects to the eyes. They are watching not the sun in the water, they're not seeing the direct sun. They're seeing in the hand it reflecting on them radiating the light vibrations is coming to them. They are sucking, producing high vibrations, they are in the middle of the water, until to here (up to waist or so.) They are holding it. It's coming reflecting - sucking the power in that. It's a natural power is created, through that they are sucking. In the sun have such a great abilities whatever our soul sucks it's generally... we have to go little back step... In mother womb, when we are from the father, through the sperm, when our soul is creating, when our body is manifesting in mother womb, after near, near ninety days to one hundred-twenty days, middle, the life comes to the body. Is it true? Is anybody doctor here guys, little doctors? (laughter). When is the soul comes?

Student: Third term.

**Swami:** What?

Another student: The end of the first term, which is after three months.

**Swami:** I think woman knows that.

Myuri: Around one hundred-one days.

Student: The heart begins beating at six to eight weeks. It's about eight weeks, but you can't hear it until eleven, twelve or greater.

**Swami:** Eleven, twelve months?

Student: No, weeks.

**Swami:** No, between ninety days to one hundred-twenty days at a certain time it's a tradition an Indian tradition, between ninety days to one hundred-twenty days it comes the soul. The energy is coming. That energy means a light. The soul means a light, a flame. It's coming to mother womb, then the baby's starting. Like every month by month the fingers, the nails, eyes growing and growing. After when it's completely finishing the baby is kicking inside fighting, "I want to come out." When in the mother when it is growing up in there, lot of illusion, lot of karma all everything is, everything is growing on inside. When it is coming outside, the baby at the time, it's a huge affecting on the baby. Shaking, it's complete to the soul the

different energy, negative energy. With a positive pure vibrations coming out - huge negativity is attacking.

That's why when the children, when they're growing up they can't recognize who are they backside last life. They're completely like a big, innocent human being, big innocent person. Nowadays there is a 99.9% same illusions is affecting on the human beings. Only certain people when they're practicing to removing their karmas, when they are channeling where they came from, where they born last life, what is their last life incarnation, what is their future - when their souls is completely going ending then everything they channel they can find to opening their heart. It means when they are making, they're seeing their own soul when they are able to see their own light. In the Vishana tradition, they says even when your soul is... misunderstanding? Any confusions? Hello? Confusions?

Students: No.

**Swami:** It's very hard. It's now it's only introduction I'm talking. Just these are all introduction. (laughter). These are all only introduction. Just talking about human life in the mother womb, the light, everything. How it is coming in the mother womb, it's all talking about the surface. A person is naturally, it's their bad karma when they're born in this planet. They're born as a pure, innocent guy because of lot of without our soul notice, sucking highest negativity.

When you are doing in the middle of the water, middle of the some processes, we'll talk about deeply how we are able to suck the power from the sun. One process is sitting in the water until to here (*up to your nose*). When the sun started to come, when it hits your third-eye, it means huge negativity is purifying, then highest opening your channels is growing up, waking up, waking up, waking up...

Then even though when you did morning time, if you go to sleep, entire your mind and your soul, your concentration, your will is connecting to the sun, like making you like a moving - lot of thoughts, knowledge, the powers, the channeling. Without your notice, even though you're sitting in meditation daytime, you can started to hear the sounds of the different people talking, the spirits. You can see the creation what's moving around you because the sun is the biggest witness. He is a big connecting person, entire universe everything from A to Z. You are receiving his energy, it means you are channeling through his energy for everything. You are already

receiving some power, the lightness - the light is in you. Through the light you are seeing everything.

Then you can started to hear the angels' sounds. Then you can started to connect to different souls. If anybody sleeping, anybody have the huge pain, even just thinking on him one minute, few seconds, "God bless you," that light focus, that energy it's like a taking a camera, taking one flash, take it. If he came in your mind one time it means his picture, it means his pain, his problem came in you, you're purifying it, just you're burning it. That person is getting benefit. Who was doing that such type of things, that healer called holy man, "man of the healer," is the powerful soul, enlightenment soul. Why he's coming means he's blessing. His sankalpam, his incredible highest powerful blessing nobody didn't have that power, he's having that. That power he's receiving the Indian Vishana process - getting the power from the sun. Some prayers I have to teach on the sun. That is a one healing technique how to do the process.

Certain people they can't go to the lake. They can't go to the rivers that timings. They're putting the water whole night until to next day evening set just in front of the outside. The sun is hitting the water like two days, three days. The water is completely it must be like a huge crystal water. With the sunrays the water must not be like high deeper like a big vessel, like that much layer. If you put your two hands just to close until to here. (To cover your hands.)

When the sunlight came to the water, after two days later, you are bringing the water in your room making the flames around you. You are sitting in the middle, you're putting your two hands (in the water), watching the fire, the candlelight and meditating chanting the prayers. The water is natural - water nature is sucking the power. Water nature is sucking the power. When you're watching the flame, holding it, then automatically sixty percent of energy, sixty, seventy percent you are receiving the sun energy in you, to your soul. It's make little crazy, "Oh, Swami, what is this stuff?" but it's there. It's there. Practically you do then you can enjoy the results.

Then the third one, even though the sun is midday 12:00 noon, 1:00, still it has the power. That is the male energy. There is the male energy, how to suck? Male always they're little wild, male energy in the universe, is it true Alx? How you know that? (laughter).

Alx: I feel it is so.

**Swami:** Pardon me?

Alx: I feel that it is so. I agree.

**Swami:** All women agrees, guys? All women agrees? Yes? No?

Students: Yes, yes.

**Swami:** Gents, we are in the big problem! Well, that's one level true, but we don't want to talk more deeper on that. I'll get the huge trouble! Midday when you're chanting certain prayers in Vishana tradition, there is a prayers I will teach later... when you are even though swimming but your body has to be complete touch with the water (your whole body in the water), like laying downing to chanting the prayers. That vibration, that prayers is very, so powerful vibration prayer slokas to chanting and chanting and chanting. But there is a little weird, not weird, it's a little uncomfortable position. If they're going and keeping on highest vibration prayers, they go huge trance like that, some saints, they died. They are going in front of the river or in front of the ocean, they're lie downing and chanting and chanting. Sometimes the big, the waves makes them...they're in a trance... it's bringing them inside, just they gone, throwing outside their body. So it's big weird with the meditations, meditations is very dangerous one level.

Sometimes in Vivekenanda history when he is meditating, completely he is in a huge trance. A wild cobra, it came making on him rounding, rounding it's going away. One time Ramakrishna Paramahamsa when he was meditating in front of a river, you know the some worms drinking the blood? Leeches. Unfortunately he didn't see that. Just he said, "Don't worry, no problem." Many leeches came. He's like twenty-four hours huge trance. The leeches came, started to drinking the blood. Then the Vivekananda found the Ramakrishna Paramahamsa, "Oh Gosh, he is in a huge trance enjoying it, he's gone. The leeches is drinking!" Well, then again he made him to wake up. Then he pulled out the leeches. Making little fire, pulled out. They didn't put in the history, in the book because of it makes a little weird to the students. "So what is our position Swami if we go through, what it is?" But I always tells when you are doing

meditation what I'm teaching, it always makes you one control. It never makes you in the dangerous position. Of course my students is very smart. Even though whatever they're swimming, whatever they know what they are exactly doing...but be little careful. Try to sit wherever you are, try to very careful when you are doing meditations. Be relaxed. Most of time I told, night times when you are going bed, close the door, just sit. Even though you are huge trance, no problem you are in your bedroom. Next day your wife can find you. Your children can find you. They pull out from your bedroom.

So, meditations after you reach higher level, higher level, higher level to connect the cosmic...nowadays only five, ten percent students in entire universe they have that state, position. Not everybody like eighty percent. It's not only ten, fifteen percent spiritual students, if there is like a hundred million, there is only like a few thousand students like that position. If they're sitting—gone, huge trance connecting entire the cosmic, sucking high power. So when they're putting the candles, holding the water, putting the two hands, watching the flame, chanting the prayers... I will teach the prayers... that is the third channel.

Fourth channel just simply no need to use the water. You are going simply outside in the nature. You are starting like taking position the sun. When you started to do meditation, like one hour later the exactly sunrays have to come hit your body. You understand? If you sit like one corner after one hour (snap), it comes and it will hits you. When you are chanting and chanting and chanting prayer, one hour later automatically your vibrations you are building huge. When the sun started to hit on you, your soul started to suck huge power without your attention. Your soul is receiving high power. The sun just it has to hit you then immediately like within ten minutes it has to cross you. If you do in the nature like ten minutes or fifteen minutes it has to hit you, it has to go out from your body. Even if we walk in front of sun, sometimes you feel so fresh like a soul healed, like so energetic. Is it making sense guys? "

Students: Yes.

**Swami:** Is it true?

Students: Yes.

**Swami:** Everybody is anybody think, "What is the secrecy in that?" Anybody? Anybody think like that? Who? What do you think Don?

Lothar: What is happening when the sun hits me? Is that my pineal gland is reacting to the influx of the light, that is, when the light is coming?

**Swami:** You're a scientist.

Lothar: I'm sorry.

**Swami:** No problem, go ahead please.

Lothar: When a certain vibration happens and together with the intake of the oxygen, my body is revitalized. But when it's done consciously, when it's done together with prayers, it is so much more powerful. So I can have the boon and the benefit of it when I do it consciously.

**Swami:** Wonderful. It's a huge benefit from the sun is the four techniques. It's more... enough. Everybody can do that. Of course, you can do continuously sometimes in the sun like two hours, three hours you can do it but the tradition says, the Vishana Sanpravia tradition, it has to come, hit, go. In early morning it has to come, the sun early morning in a matter of thirty minutes it's coming, growing - chht! It goes like that very fastly certain point, then it takes slow. This is true because of it makes even though the sun is moving slowly to us, hey, early morning hours is like gone. Like first fresh hours it comes, it's gone. And sunset hours just like a big net, fishing nets, the darkness is coming like one net, second layer, third layer, fourth layer... The sun is going - chht, chht, chht. Then the darkness step by step it's coming huge dark. Of course the people were thinking maybe sun is not moving, our globe is moving. The earth is making a rounding but huge vibrations is that. We are in the middle, in entire in that globe we are sucking in that high vibrations.

So it's very important these four techniques to do this process. The new millennium is coming. I recommend to do any, pick up one process can do in your life. Just four, five minutes deeply meditate, then I will chant and I will give some four prayers. Now four to five minutes, deeply meditate. Open your heart for to receiving the prayers' energy.

Swami: Take your paper and pen.

*Number One:*

Om Satya Swarupa

Namo Surya Teja

Ava hum

Everybody got it? Namō is very important. Now the second one:

*Number Two*

Om Vudaya Bhasskara Namō

Surya Shakti

Ava hum

(Note: pronunciation is a combo between Uda y a and Vudaya)

*Number Three:*

Om Shanti Kirana Swarupum

Atma Surya Shakti

Ava hum

Here “Om Shanti Kirana” is very, very important. “Kirana” very important.

*Fourth One:*

Om Amrutha Shakti

Shanti Tejam

Ava hum

Shanti teja or tejam, you can put the tejam. It's very comfortable. Avahum! That's it.

Student: Could you repeat the last one?"

*(Swami repeats)*

Another student: One question. Sometimes you say tejam, then you say teja, tezam, sometimes teza?

**Swami:** No problem, "Tejam" always I say "Tejam" (*his pronunciation is a combo of the J and Z sounds like Tezjam*)

These prayers different timings, different moments... First one - first type of healing; Second one - second type of healing; Third one - third process; Fourth one - fourth process. You can shift any prayer to any time but I give the in the list of the vibration category. First one is huge, second one is little step, third one little step, fourth one little step... back, back, back.

I think in your countries you can't do in early morning to going outside, some freezing big snow. You can't, will be die. Simply calling France, "Is a Martin alive?" "No more." In India it's possible. You know in Himalayas some saints when I went to Manasarova, they have no even perfect clothes. The years together they're staying there and meditating there in ice. In the Tibet border it's like a big huge high altitude, the wind, if it comes like you can't stand there, if it comes, like shaking. They're sitting and meditating, they adjusted with that, all temperatures.

Ok, these are the prayers guys. Can you get the yantra?

*(student asks inaudible question)*

Swami: Ok, then in the chakra what is the uses?

RK: The four prayers are one prayer for each of the four processes right?

**Swami:** Yes. Let's talk about the yantras. What is mean by yantras? First I have to give introduction. Jonathan it's the question I'm asking. What is the mean by the yantra?

Jonathan: The yantra is a diagram of the energy angles, channels, the relationships between the energies in a certain purpose for...

**Swami:** What do you mean?

Jonathan: So Surya yantra is for understanding, aligning and connecting to the energy of the sun. Sudarshana yantra is for sending away bad things, bad energy. Ganesha yantra is for connecting to the energy of Ganesh.

**Swami:** So, what is yantra?

Jonathan: The yantra is a diagram. It's an illustration of the relationships of the energy qualities. It's that particular energy, the internal mechanics of the particular kind of energy.

**Swami:** What is mean by mantra?

Jonathan: Mantra is an energy formula, an energy telephone number.

**Swami:** What is tantra? Yantra, mantra, tantra

Jonathan: Tantra?

**Swami:** This is yantra, mantra. What is mean by tantra?

Jonathan: Ask Alx, she knows.

**Swami:** No. I'm asking you.

Jonathan: I don't know.

**Swami:** Uh-huh.

Jonathan: I do know?

**Swami:** In entire universe there is only three. Any saint, any person who wants to win, they have to go with three doors: yantra, mantra, tantra. Even if they miss any one door, they can't reach their goal. With three doors they have to go, they have to win. Yantra means whatever certain energy soul, certain God, certain holy soul, they're having certain angles, certain home - the soul home, soul diagram. The hidden energy home is called yantra.

Suppose Sri Chakra, Lord Maha Lakshmi, she lives in the Sri Chakra. It is her home. In that angles, in that power diagram, she always staying in there. It is her indirect structure. It's not like her beautiful face, beautiful hands, beautiful... it is perfect when in her soul...that is in her inner side secret power energy it is hidden in this, like this way in her home.

There is another meaning, if anybody want to know about Swami Kaleswar, hey Swami Kaleswar means they are seeing like my face, his soul means like my face. Soul is one part the Indian tradition says, little confusion stage, even though like they compares with your face. They're seeing beginning your face, then they take...the face taking as in your soul. Without there is no face, you can't imagine. There is no estimation. There is no A. There is no Z. There is no beginning. There is no end.

Shirdi Baba, ok we have a picture. After keeping on meditating on him, certain vibrations they created and they created, and they created. After they reached higher, higher, higher level, then it stays there. In their third-eye it started to sit a diagram. The angles, the radiation it started to home with crazy jig-jog lines with the different colors. They are seeing that one time. It comes, stays there, and they're taking and they're draw it.

Ok, in my meditation after thinking, after doing the mantras of Lord Maha Lakshmi, first of all I'm seeing her beautiful face, then keeping on, keeping on, she disappear. A energy channels, a energy lines, completed the jig jog lines like a snakes. Sometimes there is a beautiful Shiva yantra, it is complete like a snakes, huge snakes. Certain saints they're seeing it. After keeping on meditating and meditating they're seeing the yantra. They're taking that and they're drawing on it and they're holding. It is the secret of the Shiva mantras, inner side the Shiva's soul energy, this his yantra he is living in this.

It means each saint they told different way. This is Swami Kaleswar way, after researching different stuff, this is your Swami's path. No doubt it will be very great successful, very useful. We can see this yantra again in the books, all the stuff. So the yantra means...that is the meaning. The mantra, it is the big effect to create the life, you understand?

Student: Light or life?

**Swami:** Life. To the mantra you can suck the power, you can give power, you can suck, you can give it. With mantra and with yantra you can make it run the work like a flame using the gas. Huge effect...the tantra.

The tantra's energy, nowadays the people have the very bad opinion it is like black magic power, "Oh, he's tantric? Oh, he's black magician." Of course they're misusing even the divine powers, they're taking, they're using for crazy stuff. They're drawing a yantra and putting the mantra power inside and thinking a certain person, sending the energy to doing some bad on them. They're chanting the mantra like two hours. Even the mantra, "Ok, I'm spelling on him. He have to get some bad problems." They're like meditating two hours, three hours, and they're spelling it. It is black magic. Black magic means even though you are sucking the good power, even you have the divine energy, if you started to think the negative process it's the black magic.

So entire what I'm teaching all prayers, all yantras, it never works if even he's a big enemy to you, huge enemy you can't, it doesn't work to negative way to anybody else. It only works for the good, period. You can't do any harm, no chance, not even one percent. So the yantra, mantra, tantra. The tantra is making that yantras, sitting on them, bringing that mantra, channeling to processing... to remaking the energy, destroying again, reproducing same energy. That's called tantric energy. Krishna is a big tantric man, in good way.

Jonathan: So does that mean, Swami, to transform the energy, to taking a certain energy, put in the yantra, use the mantra to work?

**Swami:** Changing the vibrations, putting in his own style, throwing it to make it work. Definitely it works. You can change the vibration. You can change the energy. The beginning stage makes big crazy, "Hey, Swami, what is this?" After you're keeping on channeling,

chanting... it's huge effect. This Surya Yantra if you draw a beautiful on the wood, you can use sit on this to chanting these four prayers to practice to bring in your energy as a tantric process. It's a high powerful. Suppose if you want to give healing to somebody you can sit on this yantra then you can start to do healing on somebody else with only these four prayers.

Student: Can you use it like this, I mean like this to sit on?

**Swami:** No, it has to be wood.

Student: It has to be wood?

Another student: So you charge the wood with the four prayers?

**Swami:** Yes, but you have to sit on that and you have to charge, channeling like thirty-five minutes, forty minutes meditating and meditating and keeping on, then you are ready. Any person can come sit, heal.

Student: Should you etch the wood with it or draw it with a pen?

**Swami:** Draw on the wood. On the wood plate it has to be like from only one tree, only one tree, one tree. It has to be made with one man, only one man. It has to be done continuation not like taking gap and break. It has to be done the wood from the sunrise to sunset. You have to draw it only in the sun timing. If it is the sun dusk, nighttime, it doesn't more effectful. If you can draw under the sun it's so, so wonderful. You can make the draw with the color pencils or you can make that wood with cutting. You understand? If you are very... carving, if you are very expert on that you can do it. The computer persons cannot. (laughter) Maybe drawing.

Jonathan: So is it right, Swami, to say that tantra is the combining of yantra, with mantra for a specific good purpose?

**Swami:** Yes. It only works for the good works. Swami did a one tantric process to bring back one soul, getting back. I think everybody know that - the bird. The bird story everybody know that?

Students: No.

**Swami:** No? The bird story - Anya, just give three or four minutes, four minutes.

Anya: Swami did a very beautiful miracle with a bird. But it was very beautiful because he... first he had prayers said over it and the bird was a very beautiful pigeon, and we walked out into the night in the dark of the moon and I held the bird.

**Swami:** Take your time - take your own time.

Anya: The bird was dead and then he stood holding the bird in his hands, looking out into the night. It was unbelievable energy. I have never felt anything like that. Then he said he had held the soul of the bird.

**Swami:** How many people around?

Anya: There were about five.

**Swami:** Did everybody see the blood?

Anya: Yes. You had us put our hands underneath to touch the blood from the bird's head. And then Swami held the bird and looked out and then he breathed on the bird, like four, five, or six times. And before that, he had taken his scarf off and, put it in the pond out there and wrapped it around the bird's head.

Swami: It means that wrap is wet? The scarf is wet?

Anya: Yes, it was completely wet, wasn't it?

**Swami:** I'm asking you.

Anya: Yes. It was, I saw it. You put it in the water. You put it around the bird's head. Then he looked off, he blew on the bird, and then he pulled the scarf off and the bird was completely... Oh, first before he did that...this is very funny...he's holding the bird like... then he's saying, "Look guys, I have nothing up my sleeves, nothing in my pockets." He's dancing around then he pulled the scarf off the bird. It was unbelievable. The bird was like completely whole! There was nothing wrong, there was nothing, no blood, anything! Everything was perfect. It was incredible. Then the bird flew a little bit and we put it on a tree because it was at night and it couldn't fly. So... but it was amazing. It was the most beautiful thing that I ever saw - the energy was unbelievable.

**Swami:** So...pretty interesting. My nature is not like a to showing the

energies to like a hooking the people. It's not my nature. Think since, like a one year I'm planning to do that. Since one year, "Ok let's do the process, let's do the process." Suppose if I say to anybody, "Ok we will do it."...which means it will happen, but it's little mystery when it will happen. On the time anybody in the universe, nobody can't give guarantee it is happening, like exact second and minute because the time have that greatness. Nobody can predict one hundred percent like with the seconds and minutes exactly. Just casually keeping on. I'm saying, even to Christmas I'm starting to say to people, "Ok, there's a little interesting stuff is running. Interesting stuff is running, but we have to see, wait and see how the energy goes, what happens..."

How many people will get the highest benefit like a highest channeling, preparing like a hypo for healers? In the universe like top one, top two, top three, before like top ten. From here in India who got the supernatural practices, who received it going and doing the wonders, it only it comes who was completely opened their heart. Even though they are very poor innocent guys, they have no idea how to do the prayers, even though they have no idea how to meditate, but the God if he really thinks on them they can receive it. It is not necessary how they did hard work, how many mantras they know, even a person who know the millions of mantras, if heart is not open - forget it, no way, no chance.

So few people for sure, I know very good powerful success people here but until to I know, I can't perfect judge on them they are the perfect guys. When I'm ready on the moment, whenever I feel very comfortable, pick-uping on them, putting in one room, ok whatever they want to see, whatever they want to clarify, whatever they want to enjoy with the God energy, whatever they want the proof, whatever they want. Different, whatever their hearts is there, the good luck is in front of their feet. So, it is a little interesting but it's not one hundred percent guarantee. It's complete depending on the energy.

Like that, little... some stuff with the energy many, many things Swami did in his life but everybody kept very privately, and many people got very huge benefits. But I didn't give permission them, not yet they can show their abilities in the universe. They're trying many people but still they're student, still they're students. Until to their wings completely, not finished not to come, it's a little to dangers to

fly. So just I'm making them, ok let the wings can grow. When the wings is ready you can fly wherever you want, you can handle any types of energy, anything very easily because of new millennium is completely, is in human being controls. New millennium is very interesting, new millennium you can heal very easily the people. Even in the scientific terms they are going to found unbelievable miracles, scientific formulas is coming but same level, unbelievable crazy diseases, big craziness is coming - same is growing up. Such a time like big positive and negative - both of is coming. That is my prediction. We have to see in the universe.

But my life style is... my life span is little mystery, complete mystery. On January 8th, it means early morning of the January 8th, 7th midnight complete my life span history, exact time and seconds and minutes. For to myself, easily I'm going to receive it, I'm getting the information on that day. But anyhow what I recommend, whatever you are learning, just you if you are very comfortable, you feel very so happy and auspicious, try to learn. If you feel a little uncomfortable, don't worry just enjoy the energy. You no need to learn. Go as a free bird, "Swami, after learning this energies, all this stuff, what I supposed to do? Maybe I have to go and heal all the people?" If it's a little against your nature don't worry. If you're not comfortable to help any people who are suffering with heartbroken, mental problems, different diseases... if you can't handle different peoples, don't worry, just enjoy this energy be take a vacation. You no need to meditate, you no need to practice - eat, sleep, enjoy the garden. Talk your friends go back your country.

It's only these energies... who was completely open your hearts, certain people only can able to receive this. If your heart is not open it's my sincere, serious, truthful advice, no don't do. If your heart is open just follow it. But if it's even it's like, even like forty, fifty percent open, that's ok. Some people they don't want like ten. Simply forget it. You understand? Does anybody having such a type of feelings here? I know some people, but be honest guys.

*(Lothar translates and student asks question in German).*

Lothar: Something that's happening in the entire group, but he's speaking it is that very many of us can...it seems that we cannot keep the mantras in our mind, that we read them, and then we can speak them, we can do them 108 times on the mala and then, "Yes, I know

it," and half an hour later the bird of the mantra has flown away. And he is just saying, "Actually I feel very nice but I'm very confused because the mantras are flying away from me." And it's many people in the group who have this experience. So there's a little discomfort because you say, "Ok, by tomorrow night I'll check you. Ten mantras you must know." And so because they cannot catch the birds of the mantras and stay with them it's difficult.

**Swami:** You're interesting guy. I'm giving not... even though if your heart is open... I told even though if you learn millions of mantras, if your heart is not open forget it. Just I'm giving a beautiful calculator to do your mathematics, like 2,336 into 5,556 it's there the result. A person came with any problem, one small word giving, I think four, five people already give... I brought three, four women not two, three guys. Who are they? He, one man?

Lothar: I think it was three women and him.

**Swami:** I gave one mantra, short mantra, "Do it." exact to my back side there I stays giving very beautiful process and do it. So it's pretty interesting.

Student: You asked about the persons who perhaps not really opened their hearts. My feeling is that I'm not the only one who is still you know, waving back and forth, and what is this and what is that, and really the heart is open? I don't know.

**Swami:** What do you mean? If you have no idea on yourself, how come you are giving your feelings to me to understand? If a doctor, if you go as a patient, if he asks what is your disease, you have to say all your body symptoms, what is your where you have pain, what is that. Then it helps to the doctor. Of course he can find later on researching on you, taking your blood, pulling out, testing, shaking you and putting some injections, then he can find finally.

Like wasting of Swami, different crazy questions on, you pulling out the information out from you. So I can understand but you have to think yourself very deeply. You have to sit, "Ok, wait a minute. I'm in India. Good. I'm with Swami Kaleshwar, excellent. Swami teaching mantras, it seems ok. What I supposed to do with the prayers and mantras? Ok, after I learn this your heart is open to do, helping some people to teach for to give the healing, to teach the meditation, to make them spiritual growth?" You have to think.

If you're not ready, ok. It's too crazy. You have so busy work. You are so busy with your businesses you can't handle, so heavy. So don't put too much pressure to your brain, it's not good. You can take a small prayer. You can do as a simple meditation, not to open heart. You want to see the power, you want to help the people, you want to become very powerful soul to help hundreds of thousands of people, such type of ambitions I hope seventy percent everybody have it. Is it true guys?

Students: Yes.

**Swami:** Is it true?

Students: (louder) Yes.

**Swami:** Starting healing centers to helping people, even though you're so young, so old.

Lothar: May I say something to this?

**Swami:** Sure.

Lothar: Although I have not finished the elements yet...

**Swami:** You are doing?

Lothar: I'm doing it and already in other countries people have absolutely no idea about you, about Baba and about this, and the results are so exceptionally wonderful, and the miracles are happening every day in this work. And even though I haven't even finished the elements, I haven't even started with the Sri Chakra, I haven't started with the other things that you have taught, it is already so powerful. I can see that when you say you can heal a hundred thousand people, I can see it's true because I, as a beginner, experience...

**Swami:** You know one thing? In entire my students you are only first person to giving such type of exemption. When you asked me in Germany I said, "Ok go ahead. You have it. You got it. Go ahead and do it." Many people call me, and asking questions, "Why the Lothar doing like that?" I said, "Shut up, it's not your business it's between me and him. I gave him some special blessing. He's working but you have to do the same process." "Well this makes me confused Swami." "If you're confused, stop your process, enjoy your life."

“Whatever on your plate, the food, you have to eat. Enjoy it. Don’t look on other plates what he is eating,” I told the people. So, it’s very important. Suppose to Anya, I gave one process. To Jonathan complete different process. Suppose Anya doing north, Jonathan doing south. If they started to talk together, they go huge clash, “No, it’s not, it’s very wrong. He said... It’s very wrong.” Swami - each person he have a big reason what exactly, he is giving. If you started to create confusion to Swami, Swami’s big weakness, “Ok, forget it. Ok, do whatever you like.” If the word came from the Swami mouth, it means you lost huge like that. Some of Americans they receive like that word from me. They’re robbing my time when I’m very peaceful for simple, silly, crazy questions they comes, “What is that? What is that? What is that?” “Come on.” They can’t handle for simple, silly, crazy things but each time just pinching Swami’s mind - chht.

Whatever your talking, Swami’s receiving it, thinking, and I’m giving the answer. Too many times to pinching, it’s a huge problem, big leakage. Whenever you attack Swami, hit Swami, you have asked the real important stuff - done, remaining things whatever you can handle it, just you do it. If you’re keeping on hitting Swami, it means completely you’re lost in your... “Ok, great.”

Lothar: It is very true because I did have many questions that I couldn’t ask you. And I did not want to call you on the telephone and I simply trusted that if I ask in my heart to you, if I ask in my heart to Baba, the answer will come, and this is exactly how it happens.

**Swami:** If it’s very... you are in the big confusion, if you really want... you can’t take decision. It’s pretty interesting confused. Come straight, “Hey Swami, I want your time ten minutes.” Sit, “Ok, what is my first question? Are you in a good mood? Are you ok?” Taking answer, going back your work. For each silly, simple stuff, if you’re hitting Swami... Sometimes if I am in the swing I’m little scared somebody is walking, “Ok, come on, come on, coming - gosh.” I can’t think myself some stuff, just immediately my screen turn off to waiting for them what they are asking, “Ok, what’s your question?” After again two hours, three hours later, again they comes. It means in my heart what they have the value, the feelings, the energy connecting with them, it feels...Master’s heart is very sensitive. Thousands of people - is like a big global channel connecting everybody. With notice, without notice many people thinking on Swami. They’re sucking Swami energy. Don’t give the chance to

break that. To yourself you are breaking that channels, you understand? Understand? No?

Students: Yes.

**Swami:** But you have to talk. Of course I'm giving to everyone interviews, one hundred percent each person sitting and talking from A to Z whole their life, taking their file in my hand, "Hey what's your life? What you're doing?" As a friendly I have to give my advices, then you have to follow whatever your heart says. I'm a just your friend in spiritual path. I'm your Master if your heart is open to that but I can't dominate anybody, "You have to do this. You have to do this." I never dominated anybody, "You have to do this. You have to finish it." If I teach something, in the teaching just I put a little pressure, "Please learn it." Like a teacher taking the students, "You have to. Come on, you have to." Because of in a teacher profession it's my dharma to explain that way, to put a little pressure to know it. The very beginning... the beginning, even though if you're... anybody's uncomfortable keeping on, after practicing that they feel very comfortable, "Hmm, I got it." Then comes the clear mind. I have to put some pressure.

After they jump in spirituality to learning many prayers and healing techniques learning - if they're not using, if they're not helping the people that's really makes me sad. Like I am planting a seed mango plant. It's growing, flowers blooming, huge mangoes - nobody's not eating. It's falling downing. It's destroying. It means wasting of my time, energy, helping the tree to grow up. That tree is like simply, even though it's alive, it's dead, no matter, useless. Only I'm focusing on my path spirituality to each person, have to help many, many hundreds of thousands of people. Not for to use yourself. You can use yourself but at least you have to help whatever's around you to making them to sit, to talk about God things, to change their energy. The environment is so important to change any person life.

A big gambler, your friend, in six months you will become a gambler. Definitely his energy is affecting on you, "Come on man, let's go." First day you're, "Oh, no." Second day, "No." Third day, "Ok, I will come. I won't play but I will sit, watch." Then he comes and he sits. He's watching, then after one month then, "Ok." Then he's starting one rupee or one dollar, "Ok, I'm putting for this." Waiting, his heart is opened that gambling, then he's playing. He's expert in a six

months to gambling. Is it make sense? Is it make sense, guys?

Students: Yes.

**Swami:** Exactly. If you started to create the God energy to making around to everybody sitting around you, to talking and creating the energy, it automatic develops. Just, just you do it! One day, second, don't expect any result, just you do it, do it, do it, do it! Then you see in a few months later the result. The seed if you hidden, if you put the water, first few days you can't see any plant growing up. When it started growing up then you can feel, "Hey, he's changing!" Then you will automatically focus much attention on that guy, then he'll grow up. When he grow a little stage, then you no need to put water, it automatic grows. One time your duty is to just make him to little create some energy in his heart - then automatic it grows up.

Even though you're practicing learning all the stuff. Like entire one month your wasting your time means, in your life-span you're wasting it. It's a lot. That time completely misusing what you learn, not to sharing with anybody. There's a big crime and you're also doing big crime to your Master not to saying honestly what you want to do in future. Simply coming like a vacation, bothering Swami, and playing with Swami, and going back. The same time if you're not interested Swami can focus another guy who is interested. The lucky guy he can get it, something like a - whoosh. That's ok... it's enough good examples.

So, even though you learn millions of prayers, if your heart is not open, useless. You are expert on knowledge, useless, you can't make the...you can't see the huge benefit. Even though you're innocent guy, your heart is really, really open to receive something, to do some help in the universe - that is the huge gift. That type of feelings came in your heart means that's the God's gift to you. Ok, you want to do that then God is in your service. What I'm giving, even though you are expert or not, doesn't matter. It is only one or two small prayers. It is easy to remember. Any time you can... that two prayers you can help huge people. You can handle it easily. So try to do as your best. Don't ignore, don't be selfish, life is very, like a water on the water castle. You know water castle? On the water the bubbles comes, the bubbles it calls the water castles. It's not permanent our life-span. One day we have to take off. Don't feel yourself, "Swami, I have so much bad habits. I have huge bad habits, am I really able to do healings? Am I

really fit for the healings? I'm such a bad character person?" There's a huge inferiority in your heart. I know fifty, forty, fifty percent people have that big shaking - release it. Don't worry. Try to change. Try to become a new person. Every thing is effect with environment, with energy, with the different people, is coming affecting on you, it's ok. Bad habit is bad habit. Good. It's fine. You don't need to feel yourself guilty, unworthy, feeling very bad person, not insulting yourself, keeping your capability and destroying that. You have to forgive yourself. Whatever you did the mistake, you have to accept truthfully with the Master - done - swaha. Try. Even if you promise, you can't catch immediately, it takes some time to you, but with you're heartfully you have to practice this.

"Swami, I have hundred girlfriends." "Swami in my life I have two hundred girlfriends." "Swami I have fifty girlfriends." "Swami I have four girlfriends. I can't manage four girlfriends. I can't go this girl, this girl and this girl, calling this girl coming. I can't pay my attention - it's so crazy. I'm in the four rakshasas. They're taking four knives on me. I created!" Then, you have to solve your problem yourself. If there is a will, there is a way. Using your mind's psychic power - chhttt to break that, break that. Get free! Just jump off all the attachment prison. The attachment is a big prison. When you get out from that you're huge free in open air. Oh, such a relief. Be careful what you're doing. Be relaxed. Be careful, then make your life heaven.

Ninety percent of people nowadays in the universe, why huge illusion affecting on them? Why they're sucking means, with the huge confusion stages. In the wavering mind they don't know what they're taking decision. When they're in the wavering mind, different, unstable...just they're taking the decision. They're doing it. It's wrong - again in the wrong stage. Again they're taking another step. Again that is wrong. You understand? Maybe it seems like a simple talk but a huge depth meaning is in that. You have to figure out that, why I said that. You have to come out. Everybody have the really great, great future. With attachments, the prison, then you come out from that to yourself creating hell, when you come out from that, then the good luck is in front of your feet. Then automatically your heart is open for the spirituality. You have to come out from that.

I don't want to say, it's not my meaning if you have the wife, if you have the children, if you have the good girlfriend to break her and to come out. If you have the beautiful friend, girlfriend, ok that's fine,

be honest with her. Live with it forever and ever until your last breath. You have to share all your feelings, whatever you have pain and happy, to be honestly sharing with her. Be clear. Don't keep anything. Be clear then come out. If you are keeping something, it means you are in the hell. If you don't want to say something, it's a little crazy, ok fine, wash it. Erase it. Come out. Say the goodbye the last day. See the future tomorrow. See the present day. Just if you want ignore all of yesterday and day before yesterday and yesterday, forget it. Think now today, tomorrow, day after tomorrow. Go. Don't turn back.

If you turn back, there's a lot of valleys is there. It attracts you. Again fall downing. Just you cross the huge dangerous valleys. So it's very important, very, very, very, very important. If you're not cross that, no way, I'm so sorry my dear friends, whole your life in the hell. Even a big supernatural healer is came in front of you, he can't help. A big God came in you, in front of you - he can't help. Is it make sense?

Students: Oh, yes.

**Swami:** Because I'm seeing some hundreds of thousands of people lives, what they are going through... each step entire your life you have to be very careful what your taking decision. After taking the decision with committed one thing, don't get confused. Don't get confused. Go ahead follow it. Just you keep with that path. Go. From any path you can suck the God with good habits. There's no any particular path, "If you go only this path God will come to you." There is no anywhere any tradition. It's a big challenging. Any tradition there's no hundred percent guarantee if you go this way you will get this. There is no any restrictions, any rules to the God. There's only one way, huge way - if your heart is open.

When your heart is open you can't do bad, you can't cheat anybody, you can't robber anybody, you can't do deceive anybody, you can't be unfaithful to anybody. Your heart is open, you're so nice person. You're trying like huge great man, very simple being in the universe to connecting to God. You're complete away from all entire the human beings. You're a little special character. Automatic some special abilities is growing in you. That abilities is sucking in front of you hundreds of thousands of people. When your heart is opening it is coming magnetizing, then your life is going up. It's a natural cycle

balance. It's automatic. Automatic it happens. You no need to suck the people - automatic it comes up. So no need to feel, "Ok, if I rejected this, if I do this, if I do this, what I go in my life?" feeling insecurity. Creating in your self insecurity, there's a big disease, uh-uh, no way. God is big security. Your will-power is big security.

Your Jonathan can't help you. Your Thomas cannot help you. Your willpower! If you have the willpower, even you can go in the middle of the desert and you can sleep it. With your willpower you have to carry whole your life. You can't depend on anybody, somebody guys hundred percent guarantee unless you're complete trustworthy like a simple friend. Like one month, two months, three months, five months friend, five years friend. It's a little dangerous... it's not dangerous it's not a good habit to depend on somebody, always addicting him to getting security from him. If he makes you happy, you feel very happy. If he makes you sad, you are crying. It's a big, bad disease. You have your own life, great being, great soul - improve it. Try to live on this planet with your willpower.

What I am seeing in the Westerners, they have big huge insecurities. I don't know why they are creating that. "Swami, I have beautiful girlfriend. I can't live without her. I don't know what's going on in me. Swami, but I have another girlfriend, but I like her, I can't say no to her. She's doubting on me, maybe I have another relation with somebody. I can't say truth her. I can't say truth this lady. What's my position? If I lost her my heart is going pain. If I lost her definitely my heart is broken." Hey, what is your nature? You know what you're doing exactly? "Yes, Swami, like both. Yes Swami, I'm liking both." Hey, come on. If you are with a little unbalanced nature, any hero, any person, any saint, why they are getting failures, why the good fortune not coming in front of them? It means, if somebody got injured with you, their heart, with notice or without notice... Suppose a lady's really fall in love with you; a man really fall in love with you. She's so attached with you. Then, immediately you are breaking her heart - chhtt. You're jumping, you are cheating and you are going somewhere. She recognized that. He recognized her. Hmm complete pain. Her soul crying, soul energy is waiting in his back like a cobra ready to hit someday. Definitely, it will hits. It comes to you. Whatever he enjoyed, the pain is waiting for you. One day it comes to affect. Whatever you dig, the depth, one day definitely you'll jump in that. You understand what I mean?

With notice, without notice, try to be very careful. Don't make any feelings anybody, "Ok, I'm doing this. I'm doing that." Even to me I never guarantee anybody, "Ok, I'm giving definitely one hundred percent to you this one. You'll be so happy. You'll get successful." I never told to anybody. Am I guys? RK am I?

RK: Just a few times man! (laughter)

**Swami:** To you, ok I will give the...what?

RK: Not to me. (laughter)

**Swami:** Even though I told to him, "I'll provide to you a good master, Telugu and Sanskrit, you will learn," "Ok, Swami. Definitely I'm coming and I'm learning." Gone. Where is RK? Where he is? In a beautiful club with a big dancing, taking a beautiful wine, a big Lexis car in Los Angeles highway streets with eye glass, with cap. Where is my RK who was taking rudraksha mala, lotus mala, sitting and meditating under a tree? Seeing him this way... after seeing him that way, wait a minute, where I am now? You're to coming in my position sitting...ok. You understand? Such type of persons I have give the guarantee, "Ok definitely I'm... (*great laughter*) Ok, I can make you to teach, guaranteed." We'll wait and see... "When you're sending me to Oberoi?" "When you want?" "Tomorrow." "Ok go."

So it's pretty interesting. I never guarantee to anybody, "Ok I'm doing this." Whatever I do, mostly my intention to doing good favor to them. Even though to beginning is a little crazy... but huge favor whatever I'm giving suggestions, I know what I'm giving to them exactly. If sometimes when I'm a little huge wavering mind... suppose I'm very peaceful a long time and somebody like hitting, like I'm in that mood with somebody talking, or to sending some energy...coming and asking crazy questions like a huge pain they're heartbroken, they came Swami crying. I can't give guarantee to them what answer from me they're receiving. If a Master comes to the student, "Ok guy, I'm giving interview to you, come and sit," it's a huge benefit there. A student came, "I want interview, I want to talk to you," - forty percent, twenty-five percent. "If I may talk to you Swami," like they comes, uh-uhh (snap). If Swami comes, "I want to talk to you, please come," - take off. Easily you take off. You understand the difference? It's very important.

I know some people, they're doing, they're really doing great. Some

people just they're watching Swami. They're very good, smart, intelligent, each person I'm seeing their mentality. Some people, even they're watching me, they have huge feelings they want to talk to me, they're ready to jump on me to talk but they're waiting with patience, "Whenever Swami comes to me to talk, I'm fine." They really touched my heart. Ok, definitely they're winning. That is the big logic, big sense of humor to receive something. Who cares you're doing one hundred years meditation. From the Master you can...if you really impress the Master he can give you his meditation power a little bit. It helps you to grown up. You understand?

Students: Yes.

**Swami:** No, yes?

Students: Yes!

**Swami:** That's why, in the Indian tradition the process, when you sit in front of the saints, if the saint have, a Master have a thousand students, two three, four students only getting success. In front of Ramakrishna Paramahansa, the saint Paramahansa, Vivekananda went to him, "Hey Ramakrishna I heard about you. I want to talk to you. When is good time?" He very smart, "Come tomorrow." "Ok, I'll see you tomorrow." Then he comes. "Is it a good time?" "Come day after tomorrow." "Ok." He came day after tomorrow, day after tomorrow. "Come today evening." "Ok." "Please wait until I come from finishing my meditation." He's waiting outside with mosquitoes. He has his patience. That's why Baba told always two words, "Shabha saburi, shabha saburi." Millions of time he told. Every day he tells them, even some hundreds and hundreds of times to his students, "Shabha saburi." He waited and he waited.

Then he called, "What is your question?" Vivekananda started to ask, "Have you ever seen the God?" Ramakrishna Paramahansa can understand his crazy nature. Then Paramahansa told, "Yes, I saw the God." "When you saw the God?" "Just now in the room." "I want to see him how he is." He said, "You can't see him now." "When is a good time? (laughter) When is a good time?" "Ok, let me ask him tonight. Come tomorrow. I will check with him when is a good time. I'll take the appointment for you to talk to him."

He used the big logic on him. Ok, then he came next day asking, "Oh, Paramahansa, when is a good time?" "No, he don't want to see at the

time. You have to meditate like thirty-one days. Just pray, then he's interested to see you." "What? Why is he putting me like that?" "I don't know. That's his will and wish. If you want, you have to." Before that, Vivekananda, he tortured some hundreds of saints, crazy. Finally, everybody gave up, "Please get away from my ashram, please get away." They kicked him. Finally Paramahansa understand his crazy nature. Finally, he gave a one small mantra. He practiced forty-one days, certain hours. Before, all the saints they gave the mantra to him, "You have to practice." Then he go crazy, "You seen the God?" They said, "Well, if you practice the mantra you can see it." They say different ways. They don't know how to logically handle the student. Then he did a forty-one day meditation. His emotions, his craziness, everything came down. He came a little peaceful man.

One day evening Ramakrishna Paramahansa he took him a little while, "Hey, look, God is in you, God is in you! You are the God. You have to recognize your greatness. That mantra, Kali mantra, Durga mantra you have to keeping on chanting." Then Vivekananda says, "Yes Swami, I got a darshan in my dreams. A beautiful lady she gave darshan to me but I'm a little confused. Who is she?" "That is the Mother... because of your heart is completely open, you want to see, you want to see, you want to see." From his childhood he's a little crazy, he want, he want, he want to see, he want to connect with God. Then he became very popular, very powerful than Ramakrishna Paramahansa... of course he is the Master to Vivekananda. He became very successful. He bring that energy to alive to the entire universe to travel - he spreaded it. "Ramakrishna" is the generator, "Paramahansa" he is the spreader.

So, opening the heart like really wanting, holding it, it's very important. After holding something, if you lost it, again it's very difficult to catch it in this life. One time if you lost a beautiful glass... spirituality is like a beautiful glass...one time if you drop it, it breaks. It's very difficult again to fix it. One time your heart is closed for to spirituality, it's very difficult again to open it. This is true. It takes huge energy. This needs a like powerful master and a big hammer to break it. (Students laugh) This is serious.

So, life is very interesting. We almost have done the Surya yantra. Then it's a little... then the moon. Then I'm talking about moon yantra - from the moon different vibrations. When it's coming, how it

comes? When I compare it with the sun and moon I can clarify very deeply there. So, I recommend that everybody's interesting to sit in meditation or go take sleep, whatever feels comfortable. Try to learn this yantra and the prayers what I teach. Tomorrow onwards, much time... When I finish another yantra, I'm giving like two to three days break. In Hampi everybody practice. There, no more talking, very simply even though I'm explaining different stories, different experiences, different saints' stories, it's a big... understanding the tradition, understanding about the power, how it works on the people.

Lothar: Swamiji, I want to beg you for something.

**Swami:** Sure.

Lothar: Not for myself but for all those who don't understand English. I beg you that we go back to the translation for the group because I feel the energy of those who don't understand, and when we continue with the teaching, may I translate again? I'm not asking for myself, I'm asking for the others.

**Swami:** I know you are in the big trouble. Big trouble means already you're a little trouble you're feeling. Oh, how can I translate huge conversation each point. Definitely, no problem but like three minutes me talking like three minutes you talking.

Lothar: Ok.

**Swami:** No problem, I'm so happy. I think everybody's even if they're not understanding, they're opening they're big eyes.

Student: Good for their English.

**Swami:** They're opening their eyes and somebody's... Ok, guys. Everybody want to go take sleep? I recommend go take sleep.

End of Talk