

Swami Writes the Five Elements Book  
With a Small Group of Western Students  
Eighth Session  
Talk at the Ashram  
November 9, 1999



**Copyright Notice:** World rights reserved by Shirdi Sai Global Trust, Penukonda, India. No part of this publication may be stored in a retrieval system, transmitted in any form, by any means, or reproduced in any way, including, but not limited to email transmission, photocopy, photograph, magnetic, or other record, without the prior agreement and written permission by Shirdi Sai Global Trust, Penukonda, India. No part may be copied or quoted in any publications or sold without permission by Shirdi Sai Global Trust, Penukonda, India.

Swami Writes the Five Elements Book  
 With a Small Group of Western Students  
 Eighth Session  
 Talk at the Ashram  
 November 9, 1999

**Swami:** He sells the property – everything. He gave Baba whole his life's history. Then he have huge fear, “Baba I'm so sorry, I'm apology da, da, da,” “No, don't come one year to my dwarkamai,” he's punching. Like that, in front of master they're coming. Baba's big testing master, sometimes huge! Nobody have no idea why he's testing, why he's taking money, why he's screaming on them, why he's beating this man - no idea.

Suppose, sometimes the dogs is eating the food, he takes the dog mouth, he takes the food that he eat seriously, he's saying to the dog, “No permission to eat, screaming at the dog!” Suppose a man is eating - taking all the food, putting the dog – tough, strong - nowhere like that. Whatever he's doing, it's a huge his mind, there's a big reason, la, la, la, la, la, la, la, la... If you ignore his energy and capacity, if you neglected, misunderstood, if you got confused – chhht, there is your spiritual life-line – gone, coming down, touching the earth. It takes some many, many lifetimes again to bring out.

What is the real reality you came on this planet? You have to go one day back to God. If you use the alcohol or glass of water... You can drink alcohol enjoy and you can sleep - drowsy. But drink the water, glass of water can be also happy, making less controlling, making your happy with less controls. When you started to there, God started to come to, close to you. One level, when you touched him, then you can do whatever you want. When you hooked him, when you recognize one hundred percent he's with you no doubt, his

whole energy's mechanism is running around you. If you felt with your inner consciousness, everybody can feel it... everybody can feel it... What's going on around you to make you disturbance, then the huge happy life around is with you.

If there is any small problem you seeing, you got big confusion, nervous, ouuu... When you are sucking huge fear, there is a cobra, you're seeing that, you're sitting, you can't escape from cobra. You can't run away, what can you do? You have to bring the daresness, braveness and you have to handle it. Same like that you came as a human body, it's a period, until to your last breath, the problems, illusions, karma, forever and ever whole your life.... If you escape from this part in a business, in the business also there is a karma, problems... If you went even in the forest to hide from everything, there is also the karma. Even if you went to wealthy family, getting married, you will find also there is a karma. Never leaves you until you have to bring such a great energy to wherever you are, have to create your own happiness, sundara, you have to create your own happiness.

Even you are in the form like Buddha, Buddah completely only one kind of message, forget about crazy, universe is there, you are lotus seed, no need to touch it, you sit, from here you can suck all goodnesses from the nature, from the people. You no need to go into the crazy, nature craziness to understand. Creating your own happiness with less - the best. Try and be in Satchitananda, enjoying Brahmananda - that is the real path to reach the God. Whole Buddhism, one message connecting with divine angels, souls, divine spirits. When they reached and started to meditate, and meditate, and meditate, then they communicate with angels, master souls, to the master, to the Mother Divine and Shiva - all in one, one in all. It is only deeper mechanism, who can only have belief and faith, who can do huge hard work - they only can got it. Like surface swimming, you can't swim how depth it is - you have to go deeperly, you have to touch the ground, you have to come out, then they can say what, how much is inside. You understand Nancy?

Anya: Swami is this only coming through really deep meditation or are there other paths?

**Swami:** You can meditate or Baba told many types of, nine types of surrendering – bhajan, panchi, meditation, devotion, service and

motive, why you believe seeing everywhere God – muthudaya. Muthudaya means whatever the animals, birds in the form of bududaya. Another meaning, helping... some people have huge habit helping dogs, helping birds... Some animal is crying, you can't see, even the man is dying there - they won't care. If the dog is crying "Ohhh," no way, what's wrong to you?" They'll be like that, addicting to the animals and birds like a nature things. Through that, some people only caught sick people - always they want to do service to sick people. Their minds is completely, they don't want God, they don't want meditate, they want to do only service to the sick people to take care them.

*(Much of talk cannot hear because of background noise.)*

**Swami:** Much of what I recommend, to be the devotion to the God, to faithful to the God, to meditate, to innerly, inner side to bring out the best way you can catch it. To the doing service, you can't do to the whole, you can do for every ten people - still there is a millions of people there. Of course you can do whatever you want, you can maximum... but still is there...that's makes so strong. What? Are you ok? What do you mean like this? Any questions Ramakrishna? No? You Myuri?

Myuri: I'm interested how you contact the angels, how you get the angels to communicate. Is it only through meditation, through sai mantram and then when they come in front of you do you talk to them or do they just come and reveal themselves to you, stand in front of you?

**Swami:** What you mean? Again I'm going to give one chance to you sometime in front of river or in the open nature to see the angel. It's a unbelievable thing. You can't command all the time the angels. Now Bob Jones is doing huge hard work, but my feeling right now, he's also connecting right now, he's communicating with angels, he's surrounded by angels... He's like Krishna flirting, only the woman angels. Shortly, my feeling, he's going to get huge good meditation capabilities. This trip, he's coming shortly, in a matter of three or four days he's landing in India.

Myuri: Will we all get to see him?

**Swami:** I don't think so. I'll give special permission; you can see him and your sister, remaining people... He want only himself, he's meditate, he has to be, he has to be... I'm a friend to him, my maximum best, he's doing huge hard work in this life eating, sometimes sitting, going in trance, like that, funny man, interesting man. I put his application also to Baba, to make him successful. Today I talk about applications - you told to her? Applications to get huge successful in spiritual life, still on the waiting list, some pulled out. If he's not accept then I'm in huge problem, "Hey Swami, what I'm going to do?" What can I say to him?

Virginia: Will this happen in this year or 2000?

**Swami:** What do you mean? My list? By January 1st or my Birthday I'm going to read the list. Why you laughing man?

Ramakrishna: He's completely confirming I'm not on list.

**Swami:** To giving some responsibility some special channel to each person to hook the cosmic, to the Baba, to the Mother Divine - practice it. Some special to each person to Swami to giving them as a gift whatever they want, to clarify my maximum best on the time. To me, maybe some things are thinking, "Oh Swami will have a great time with the people is around him, feels so great - wow!"

Virginia: No, I don't think so.

**Swami:** A few who's around me ok it's my duty to take care to give the knowledge, but they are like babies to thinking, "Oh they want milk, they are hungry." Unless you feed them some knowledge, enjoying the Satchitananda...

In Kalahasti in Mother Divine temple, I showed some power in Mother Divine eyes - who saw that? Wherever you go from the 2,000 everybody strong feeling to the temples, like a big magnet can suck the energy, sucking huge power - how to handle that. How many treasures in our... I'm going to talk how many points in our body can keep the energy, inner energy treasures - the pots, how to shift this energy to here, this energy to here. To the bones, the pot of energy is there in our eyes, what type of energy in our ears... When we started to listen the beautiful music, what touches to your heart and you started to cry, sometimes when you feel through your eyes, what you

really feeling there? When you saw some gorgeous scenery - you started to cry. When you smell something very beautiful it touches your heart, "Oh gosh," then you're enjoying that. When you are looking some food, you smell some food, very delicious, then you are eating so, such a great happiness. At the time you never think anything. What's going on there? How is really to your soul connecting that energy treasures.

Virginia: When will that happen?

**Swami:** Next week, next week.

Anya: Is there some point when you start to recognize the channels?

**Swami:** I'm going to teach that, connect powers in the universe.

Virginia: Is this all coming out in the next year?

**Swami:** Swami Kaleshwar - Hidden Powers in the Universe, it's a good title? Is anybody wrote the title of the book? What is the meaning exactly?

Ramakrishna: It means there's some powers that exist in the universe that you can't see.

*(Tape cut)*

**Swami:** It is going to destroy, huge wind rain, all the trees, the birds died, then everybody crying came to Baba, "Please Baba, what is this disaster?" Then Baba simply came out from his dwarkamai watching on the sky, "Can you stop or you want my punishment?" On the final moment, "Can you stop or you need my punishment? And I'm commanding right now, stop the wind and rain!" In a fraction of minutes the rain started to stop, the wind started to stop. The natural disaster, it helps even to the fire, even to the water, even to the air, sorry, even to the earth... the air is a big, helps to the disaster and also it helps to the human beings to receive the highest cosmic power, immediate like that (snaps fingers). Whole our body is living with the breathing circulation, even we can stay five days eating no food, no water for two days, no even you are so cold, high cold, you can adjust.

If you stop the breathing for five minutes there is no Nancy Waters in the universe. She reaches to Dr. Death. Dr. Death will appear there, "Here I am," with his very plain globe of his planet, with the shaking his globe, "I am here, I am here." Dr. Death, he's always like... you observe Ron, he never send his head like this straightly. (*Everybody is falling down laughing with Swami.*) He always, you can't see him five minutes straightly, head looking straight like this... He always... ok, he's so funny. I'm sorry. Ok. So the wind, we no need to talk to much. It's so important to our breathing system, but you have to mention smoking the cigarettes, it injures the self-healing capacity, oouuuu the parrots...

Anya: But why, why are they jumping?

**Swami:** It's the first time the parrots is coming to my ashram. This much parrots I'm seeing. What's time? Ok, smoking cigarettes, it makes the self healing capacity going day by day, day by day, very, very, very, badly. For temporarily it makes them to strong, their emotionally, but the self-healing vibrations - they are discharging their soul energy through that smoke.

Nancy: If you stop smoking like for ten years can you gain that back?

**Swami:** They can gain it. Don't worry.

Myuri: Is that only for cigarettes and not for marijuana?

**Swami:** Gosh! Any. Anything, any smoke strictly prohibited - not advisable to smoke. You smoke marijuana?

Myuri: Not any more.

**Swami:** Ok, it's enough?

Anya: What about the winds in the universe?

**Swami:** Just you mention the angels is living in the wind, all the angels energy is in the wind. When you started to chant in the wind, all the angels you can suck around you, wherever you go there is the angel's protections is with you. All the positive energy is completely is with you. You can breath in the angel power, you can breath out the angel power. It makes you so much relaxed and happy and relief.

You can feel very strong, happy breath when you purify the air innerly in yourself, that's beautiful sentence, enough.

Ramakrishna: Did you talk about the big secret of the sun?

**Swami:** I told. It's a God mirrorism, God mirrorism. When he is before started to create this universe, he need some basics. Suppose I want to build this building, I need basic foundation, I need to make it base on, I need to build it. You understand? That's why his capacity, his energy, he brought out and he created, he putted there for to play the huge drama, big creation, the birds, plants, animals, human beings – da, da, da, da, whatever, all the creation. Before when he want to play the drama, he needs the basic, the energy basic that he created first the sun. Of course the Bible they're talking, first day he created this, second day he created, third day, that's different stories, but this is natural. I can understand this one, he created the basic for to whole creation... In the early morning sun, evening sun, complete his huge energy is there we can suck. It is coming huge energy on this planet, on the Earth, at the time when your heart is open to that you can receive that power, huge. That's it.

Myuri: Swamiji, we had just a couple of questions on the sky, like clarifications about Shiva's energy.

**Swami:** Just you talk, as much as you can, about Shiva and the sky, that's enough, it's maximum. Whatever you want on the Shiva, whatever I teached before about his funny stories on the Five Elements, ninety-five percent is done, then you figure out all my personal life stories whatever it is some events, some dated and year and timings, you understand? Some occasions, some Guru Purnimah Festival, pictures, you fixed some of my photographs and group of people, some thousands of people whenever I am, just you pull out. Some events on your own strong experience, inner experience, funny stories, you pull out.

Anya: Like inner experiences?

**Swami:** Not inner, like beautiful, what you saw the miracle things by your presence, tell Swami, yeah all the miracles whatever you saw clearly, what you felt, what you experienced. Then you talk on that, the miracles of Swami, then you started to figure out... try to write with your heart. If you felt you are a little confused on that - no need

to write. If you felt it is there - it is right. A cobra person bite, he got healed is there, you saw that, take that scorpion, take that... you saw the angel take that, you do this, take that. Whatever is there, take that and you print it, make to me to read or just you read for me. Ok?

Ramakrishna: You have a bunch of pictures in the back.

**Swami:** Gosh, I am there?

Ramakrishna: I don't care... can we bring the pictures out to the front?

**Swami:** What pictures I have?

Nancy: I have a big stack of you and the group.

**Swami:** That's fine...five to ten pictures... Then in three days, I'm giving three days time, you figure out beautiful miracles, most of miracles and experiences to the people. Eighty percent of miracles, no sixty percent of miracles is forty percent of your experience. When you started to write, when you started to talk in the book, the people have to touch you experience to their heart, they have to cry, they have to feel that love. It's up to you everybody. You understand Myuri? It's very, very, very, important subject. Pull out - swaha. Everybody had your food?

End of Session