

Swami Writes the Five Elements Book  
With a Small Group of Western Students  
Sixth Session  
Talk in the Baba Temple  
November 2, 1999



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*(Huge laughing with group and Ramakrishna who arrived the day before.)*

**Swami:** Seven feet, girls talking about me, five feet - is it ridiculous?

Ramakrishna: Climbing a mountain.

**Swami:** Your girlfriend is coming, ex girlfriend?

Ramakrishna: Yeah.

**Swami:** She's coming?

Ramakrishna: Yeah, when is that, December?

**Swami:** She's coming in December 1st or 2<sup>nd</sup>. She's staying until to January. You are the person going to handle her.

Ramakrishna: Really?

**Swami:** Her food, her baby...

Ramakrishna: She's bringing Didi?

**Swami:** I hope so.

Ramakrishna: Oh, that will be great!

**Swami:** You give permission for me to talk to you?

Ramakrishna: Whatever you want.

**Swami:** It has been one and one half years since?

Myuri: About a year.

**Swami:** About year.

Ramakrishna: Who Elsie?

Myuri: No, you.

**Swami:** This my torturing...

Ramakrishna: Oh yes, one and a half years?

Myuri: No, one year.

**Swami:** One time, who met Swami Kaleshwar, (snaps fingers) like consulting big tiger in the tiger court, big walls, the small sheep never jump, the tiger is simply sitting and watching, "Ok, go wherever you want," you understand?

Ramakrishna: Yes, I understand, the world is round.

**Swami:** Wherever you are I am there. Miki is Chinese girl or Japanese girl?

Ramakrishna: She's half Korean half German.

**Swami:** Oh German.

Ramakrishna: She's a modern girl though, doesn't work. She can't stand my way of life, honestly doesn't work.

**Swami:** That's good. Ok girls, took your Fire mantra there for me...

Myuri: Fire subject?

**Swami:** Fire Element.

Myuri: We haven't put it together yet.

**Swami:** Why, it's twelve o'clock.

Myuri: We're working on our water, we're moving our rooms, cleaning our rooms, helping Ramakrishna get settled in and feeding Ramakrishna. We ate breakfast we had our tea.

Ramakrishna: It's my fault Swami I'm a big distraction. Send me on the mountain, get rid of me.

**Swami:** Ok, let's start everybody tomorrow to Hampi.

Anya: Thank God.

**Swami:** Good food...

Anya: Yeah, we can relax, look at the sky - sorry Swami.

Ramakrishna: We could buy some good wine, like grape wine - red wine.

Anya: There's a lot of distractions here, everything is very hard, doing your laundry, getting everything...

**Swami:** Yeah, yeah, yeah, simply taking your chair and papers going and sitting somewhere in the garden one corner...

Anya: I did. Then you have to come and take care of other things...

Myuri: The office is getting torn up. That was our refuge, now we have no...

**Swami:** Ok, I can give the couple day's time. Safari will come and pick up everybody. How many people, three, six people?

Anya: Unless Ramakrishna is coming that's seven.

**Swami:** Yeah, he's also coming.

Ramakrishna: I'm going?

**Swami:** Hampi you don't want?

Ramakrishna: Yeah that's fine.

**Swami:** Please come. Safari will be ok, less luggage. Nancy and Virginia can sit back. Ramakrishna can sit...

Virginia: Where?

Anya: In the back seat.

Virginia: Back seat?

Anya: I'll sit in the back, I don't mind, I'm short, I take up a little room.

**Swami:** You try to adjust that, figure out.

Virginia: I think we'll sit on top of the car? Feel like riding the bus one time?

Myuri: Swami, to remind about our program?

**Swami:** Christmas, I need to see everybody process.

Ramakrishna: Should I leave? What is that? Why is everybody looking at me? I'm hungry I can eat that.

Cindy: One has hair.

**Swami:** Who made with one?

Myuri: You mean one piece? No one, we didn't have the tools.

Cindy: Big band saw.

**Swami:** Easy, simple.

Virginia: We're missing Nancy and her cross.

Anya: She's in Bangalore.

**Swami:** Something came... the fax to her.

Ramakrishna: Are you eating any of this food Swami, why not?

**Swami:** I'm dieting - I'm very fat.

Ramakrishna: Do you want some milk? I'll get a glass and put it there if you want it.

**Swami:** No. Is there some juice? It is some seeds juice with milk. Ok Fire and Water and Air, also try to figure out that three, the Air I'll give some ideas. Why the Air sometimes very soft, very gentle sometimes? Why the Air in the nature very wild, creating huge problems to the creation to the God, God creations? Why the Air is must necessary to live on this planet, whole creation of the God – plants, and the animals, and the birds, whatever it is? What is the necessary, why, what is the inner secrecy in that, in the God creation, why he putted that?

What is the mechanism between the human beings and the air breathing circulation system going on between them? Through the air prana process, you know pranik process? Prana process, why they concentrate on the air? Why they mostly, they took the air object to make it win through their spiritual growth - whole prana process is depending on the Air, why? What type of meditation, completely depend on the air, why? And how many types of the airs in the universe? Through the air, how the different elements is working? Suppose if there is a big hot season, the air is sucking the hot and it is giving hot wind, sometimes freezing? The wind is sucking the freezing and it is giving the freezing wind. What is the mechanism in that? You understand? Why easy attacking, no, why the air is easily observing the different elements effect?

Anya: You mean observing to take in?

**Swami:** Um-hum. Air is very easily taking. Suppose there is a fire, if you put the water on the fire - what happens? It destroys the fire. If the fire is running, if the wind is adding that...

Anya: Gets worse, huge...

**Swami:** The wind turns like hot, hot, complete the wind hot, hot, why? Why, what is the mechanism? It means just you took the question mechanism with the air, different elements, the reaction of the different elements - try to talk about that. Go back and forth with water. What happens fire, what happens with sky, with clouds what happens? In the desert the wind it brings the tons of the sand, earth. It moves earth, the wind capacity. You understand? Huge mountains of the sand, it puts like a mountain. How it affects the earth, fire, water, sky and to air, to air the tornados. You know tornados? The air tornados, this side air, this side air, this side air, one side little balance, turn - tshhhhhhh - why? Why the tornados will happen, the energy tornado? Is it good ideas?

Virginia: Wonderful.

**Swami:** You said wonderful, I have to accept. This is the natural idea. It's enough. Try to go through all that information. I gave the fire ideas, water ideas, air ideas, sky in full normal, I will explain. It is completely cosmic, no limits, stars, moon, galaxies - that's my subject I will talk on that. You figure out these ideas. You got ideas? How many, ten fifteen?

Virginia: Maybe more.

**Swami:** You can describe that seven, ten pages easily. By January first the book is releasing - the Elements.

Ramakrishna: January first.

**Swami:** Few thousand, ready. I'm meeting first of all by the eighth, cutting the books. Why you laughing?

Ramakrishna: I'm always laughing.

**Swami:** That's funny? Before, I gave in charge to Ramakrishna, to work out on that.

Myuri: I remember.

**Swami:** Finally I took that. I'm big elephant, even to walk difficult. It's running to me. That's it, go, sit in the garden, no more talk, figure out that.

Myuri: And our process, process mantra?

**Swami:** I'll give, no problem, today evening. Do one thing Ramakrishna, take a small wood, piece of wood, it must be the natural plant greenery whatever here. One branch you cut one stick. Make it, carve it like a cross, no joint, somewhere any plant. It must be like tiny, you see there is any cross like balancing, cut it, you can figure out any branch, any plant.

Myuri: But one condition, you can't start over, you only get one chance.

Ramakrishna: Easy.

**Swami:** One it failure. Free it, you have to figure exact branch.

Ramakrishna: Or I can just carve one. If I can't find it just carve it.

**Swami:** Ok, don't waste your time.

Myuri: So we're leaving tomorrow?

**Swami:** Tomorrow or day after tomorrow.

End of Session