

Swami Writes the Five Elements Book
With a Small Group of Western Students
Fifth Session
Talk at the Ashram
November 1, 1999



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Nancy is reading to Swami the group's effort on the introduction to the Earth Element. This information was compiled from his various talks.

Nancy: Naturally the Earth has certain types of huge vibrations energy. When we go through this practice of meditation of mantras, automatically our soul can hook, connecting to this energy. It makes the human life very happy and successful. Whoever connects to the earth energy, automatically they receive huge happiness and peace. They can hang around the earth with huge joy. Even though they have the huge problems, that type of strong braveness they can receive. Even though they have the huge problems, without their notice they no longer care about their problems. Such type of happiness will take care of that. That happiness comes through the earth vibration. The earth energy and the soul energy connect together, then the Earth's energy automatically protects them, making the huge happiness.

Earth element means all creation. The Earth, the rock, everything growing, everything in the Earth, these all have different types of energies, vibrations. Some lands in the universe, certain places, Sri Sailam, Tirupati, Shirdi, Penukonda, Isreal, Mecca have huge earth energy. If someone goes there, without their notice, without thinking about it - they're feeling the earth has huge vibrations. There, the earth is highly powerful, that air is, what wind is, that cloudy nature is very powerful. That land is giving high electric energy - electricity vibrations. Why is it like that? A powerful soul, a holy person who meditates on the land for a certain period, who even walks on the land or one time if he kicks that land or touches that land, that land for some hundreds of thousands of years, it radiates the energy. It

starts to produce the energy vibrations. This is a powerful place because it holds the persons energy.

Suppose I wear my dress, I give it to one person. This dress for a thousand years has huge energy from my body, energy wave - it still has vibration. So certain people who meditate on Earth, who walk on Earth, that land becomes very holy, very powerful. Whatever negative energy you have in you, whatever you sucked the negative circles around you, if you just enter that land and walk by innocently, it purifies you because you're in the middle of the energy. If you notice the vibrations when you walk - same result. Even if you don't notice you walk there - same result.

All creation gives energy to that earth. One day everything is going into that earth. All creation, all human beings, birds, animals, the trees - everything has to change like the sand, the dust. Finally it's going and going into the earth. Millions of soul houses, the remains of all life forms, they have already dissolved in the Earth, dissolved in the form of the God creation. Question: Does the soul actually dissolve in the Earth? After a certain time when the soul has been in the body, that body starts to give the huge energy, then after the soul has left from the body, still some energy stays there in that body giving highest energy vibrations...

Question: Any body? Any body - that is the God creation. Because as they're walking enjoying their life on Earth, their body is strongly connecting to the Earth energy, then even though the soul has left the body, it still has energy. The dead body has the energy - it will remain. The body still has the huge energy, until completely dissolved, destroyed from the ash in that - still it keeps the energy. Question: And the trees and other forms as well? Completely everything.

Question: So your body if it is cremated, it is turned into ash, it is then put in the earth, no matter how it changes it still has energy? Still it has energy - no doubt, one hundred percent. It is true for all life, but there is an especially high vibration that comes from the remains of holy persons or saints. In India this is called holy Samadhi. In the Indian tradition this is the reason they do pujas for holy samadhi's. There is some thousands of holy saints samadhi's still we are worshipping...

Swami interrupts and instructs: Samadhi means you put in the broked (brackets) there: the dead bodies buried place. Somebody have no idea what is mean by Samadhi.

Nancy: Yeah, so we can explain that.

Nancy continues to read: There is some thousands of holy saints samadhi's, still we are worshipping - of course their souls have left. Even though they left their bodies, we are offering their samadhi's...

Swami: Of course the souls left, but they're connected to the entire universe, but mainly they are connected to their samadhi. Even though they got the reborn the next place, they still have the connection their samadhi places.

Nancy continues to read: We are doing some pujas, putting some flowers and we're touching and we're receiving the energy. It means their bones are automatically giving higher radiation power. Our souls are completely open to that - we're asking, begging for help. Then automatically our body is getting charged. This radiation energy is all coming from the Earth element. The human beings, they're fifty or sixty years old will walk on earth, without his notice, throughout his life he's connected to the energy - everybody connects to this energy and whoever does practically these mantras, they purify them and it means they are completely charged with the earth energy.

Then the charged bones, the charged bodies dissolve in the earth. My own soul is sucking huge cosmic energy, the energy comes to my body, my bones, nerves, my hairs - everything turns huge energy. Then when my bones are in the earth, that earth will turn like a huge magnet - energy transmitter like a radio station sending energy. Any student who has their heart open to this earth energy, this magnetic radiation, radio station - they'll receive it and get the healing. Where my bones are placed, that earth place will turn like a magnet...even if you cover with sand and mud there will be electric vibrations, like an electric shock. Question: Putting out positive energy? Putting positive vibrations. Question: With ordinary people does the energy go out of their bones? It's the same, small pot of huge energy falls off.

Nancy: I have a question about this. Did you say small pot?

Swami: No, just you read.

Nancy continues reading: Ok. Question: Why today we are going and touching Baba's Samadhi, his soul is gone, but why are we going and touching his samadhi? That samadhi is a huge magnet, that place, those rocks, that land, that sand - huge magnet. The Earth has that type of capacity - multiplies hundreds of times the energy - huge magnet. The magnetism of the earth can suck negative energy. It helps people to decharge their stress. Without our notice, we can decharge our feelings.

Question: Is there an example of the Earth's capacity to magnify something within a person, rather than in the earth? If a person starts to fall down, their heart completely opens up to the fear when they are just about to fall. When they fall down, without their notice they are receiving huge fear energy. That fear, energy from falling down, even if they get just a small wound, it starts bleeding. That fear still creates one hundred times more negativity. That type of energy, that negative energy came from Earth when they got wounded. Put their thumb on a rock in the earth, they got big pain, the rock is sharp and when they see even a few drops of blood their fear is going high, one hundred times higher.

Question: So whatever they felt from falling, the Earth magnified that emotion? Earth reflect on them in huge way. It magnifies whatever the emotion because they fell on the earth. Question: If I'm happy and fall on the earth, will it make me more happy? Yes. Whatever your concept in your mind, whatever you're aim in your mind, that concept turns - magnifies. If you go on the beach very happy, all your dresses in the water and you fell halfway on the sand - that happiness magnifies.

Question: If you fall in a very negative place, will you get the negative energy from that place? If you have huge positive energy how can it touch you?

Swami: No, wait, wait, wait, go back two sentence.

Nancy: The original was, if you fall on a negative soul and I changed it to make it more clear...

Swami: What is mean by, "negative place"?

Nancy: Meaning like if you fall in a cemetery or in New York City, very crazy - like that.

Swami: Um-hum? Ok.

Nancy: Is that clear now or should we say negative soul?

Swami: That's ok, that's fine.

Nancy continues reading: If you have huge positive energy how can it come to hurt you? Question: But if you're an ordinary person, does that negative energy come to you? Automatically it comes. It affects on you. Question: The Earth energy makes it powerful, it magnetizes it? Yes it makes it more powerful, it makes you crazy. That is why, if you meditate Earth mantras using the Earth element, concentrating on the Earth element, first when you are starting to meditate - think on God. When you charge the mantras you create strong protection around you - positive energy protection circles. The Earth mantra removes mental stress and mental sicknesses and psychiatric problems. It doesn't apply so much physical sickness. It applies to mental sicknesses - huge mental sicknesses. It pulls, it sucks to cure huge mental sicknesses.

(Huge construction noise on the tape, cannot hear.)

Suppose I did three days hard work, I have huge stress. Meditating using the Earth mantra, taking some earth in my hand - stress is gone.

Swami: That's it? Is it make good sense? Good flowing, to reader very interesting talking about Earth, about Samadhi, about the natural. It's make huge sense to the people. It's done. One Earth element is swaha. Mmmm, boy, I'm so proud of everybody - just you made me huge talk. Can we jump on the Fire please? Not in the fire - jump on the Fire subject.

Myuri: We don't have your introduction yet.

Swami: On the Fire? Ok, that's fine just you read it.

Myuri: Uh, Fire Element?

Swami: You have to read loudly, everything, take umbrella, go ahead.

Myuri: Fire Element starts with Ma for makaraya.

Om hreem hessraim hreem
 dheem dheem
 kleem kleem
 saum saum
 maha agni swarupa nyena namaha

The Rules and Regulations: Recite one hundred and eight times for forty-one days. Do this mantra at night in a closed room, no fan or open window. Light a candle and while reciting the mantra watch the candle flame without blinking until one to two tears come to your eye. When the tears come from your eye, the water comes to your retina and causes blurring to your sight creating a triple vision like three flames. This vision is of the Dattatreya and then in parenthesis (Brahma - Vishnu - Shiva.) When we close our two eyes our third eye opens - when we open our two eyes our third eye closes. The third eye is called Gurustan or energy spot. It is flaming like a candle it is a light.

Symptoms when you are charged with this energy: After forty-one days a candle flame will appear while sleeping or driving.

Benefits: It burns the negative energy. If any person has a negative desire to harm someone, this mantra will destroy that desire. It especially works on people who use black magic.

Notes: This mantra belongs to Agni - God of Fire. It is the highest cosmic energy in the universe. It can be used for good or for bad. The power of fire has the highest burning nature. In the body that burning nature makes the heart to beat and the liver to digest the food. The fire gives the energy to our body - it flows to our heart. There is only one fire mantra in the universe - this is it. Hard to heal with the Fire mantra. When doing this mantra, light a candle and burn some incense next to the person. Put your Fire finger into the smoke and touch the persons third eye, then concentrate your eyes to the persons eyes until two to three tears come, all the time continuously reciting the mantra in your heart - not aloud - and

touching to the persons third eye. When the patient becomes drowsy or tired, that is the symptom it is working. Do this for ten to fifteen minutes maximum. To discharge, put the Fire finger to the earth and recite the Fire mantra one hundred and eight times. No need to charge prior to the healing, but after, absolutely necessary to discharge immediately following the healing.

Swami: What is that explanation?

Myuri: That explanation?

Swami: It means at the time when I teached that my English was very bad. It comes ten times more than that. Ok, I'm giving to program to everybody, to your mind capacity especially on the fire. Try to, like little homework for two to three hours, to each person, try to meditate little while, then you write whatever your thought comes up on Fire. Fire is the main powerful element. Why you are doing agyams, why you are making the flames in front of the God, why you are making the candles in the church, why the symbol we are using the flame, why the volcanoes is giving the huge flame, why from the Earth the Fire is creating from under the earth, what is the secrecy the fire capabilities, what is inner side of the energy of the Fire? In our body what does the fire will helps us, the temperature, from the Fire why the sun is created with the huge fire is there – sun. Is the sun have the fire? There's the big fire is there, prepared by from the God - huge fire and giving huge flame, what is the secrecy's there? Why he created a fire object forever giving the energy and light and heat to us? What is the secrecy in that? Through that fire what type of benefits you are receiving from the sun?

The Ramakrishna, he jumped on the wall...

(Ramakrishna actually jumps over the wall to see Swami).

Myuri: Somebody's throwing something over the wall and he's trying to get it. Here he comes, his bag, he doesn't know where to come in yet. I think he walked from Penukonda.

Swami: These are all questions I'm giving homework. You have to explain on that with your mind capacity taking the information...

Myuri: Hi Ramakrishna.

Swami: Good to see you guy.

Ramakrishna: How are you?

Swami: Great, how are you?

Ramakrishna: Good, a little sore after jumping over the fence.

Myuri: You don't know the entrance anymore?

Ramakrishna: They wouldn't let me pass. Are you recording?

Swami: Um-hum. That's is your luggage?

Ramakrishna: Ah-ha.

Swami: Simple. Good. You have your food?

Ramakrishna: Yeah.

Swami: Good. How is Gaya, everybody there?

Ramakrishna: Oh, happy.

Swami: Everything is going on good?

Ramakrishna: Beautiful, seems like it.

Swami: Good.

Ramakrishna: This is kind of amazing. Shall I sit - shall I go?

Swami: Mmmmmmm - it's up to you.

Ramakrishna: Where should I put this stuff?

Swami: On the Nancy head.

Ramakrishna: (Laughing)

Swami: Ok, these are all, see if you can find a place in the upstairs. They are coming in a few minutes they'll help you. Just you go and say hi to Baba. Like ah, fifteen to twenty questions I told like how many points? Fifteen to twenty points you pull out the information, try to figure out your own. It makes huge sense to the Fire element. Just giving explanations, good introduction - no? These questions to answer like go...

Myuri: Do you think we know this?

Swami: I have to see your capability. It's a good homework.

Virginia: Do we just meditate for five minutes and then start?

Swami: Go ahead just you think, think - that's fine.

Virginia: Do it in our own rooms by ourselves? Before we sat and meditated in a group and then started writing and then read to the group.

Swami: It's a very good talk. When you pull up information then I will explain later. Even though when you write that, just you keep with you and I started to talk. When I talk, then you see your answers and my answers to see your mind capability how it is - can tip out information. You have to be, then all it's must be come out. Why the sun, why the sun is coming, why the big heat he put there like a lamp - you know lamp? Big flame for to giving energy entire this planet, big fire is there already well prepared from the God, why? If there is no sun everybody will die, no creation anymore - why? Chhhht - answer. You make you sense the questions? Are you ok? Hot, hot, hot, hot, ok go, we can complete today, two or three limits - finish. I'm going to finish when you hungry, the Elements done, the stories - everything is in your hands. I no need to listen, then the stories. After, only the Elements part my duty, then the stories and the experiences, put it in your own language.

Myuri: What about the portion of your life? Somebody else doing, you want to do?

Swami: I will tell my small chapter after elements, I'll give small chapter on Swami Kaleshwar - personal.

Myuri: Like to introduce you to the world, it's your first book to introduce you to the world.

Swami: Clint Thompson.

Myuri: Oh great.

Swami: I'm giving chance to him. No discussion each others - I'll go really very upset if you discussion that, I need to see your capability.

Marie: So we each come to you and tell you what we learned?

Swami: First you writing on piece of white paper, I will talk, just you give to me. I will put there, good. Take care see you. Oh, whole night sleepy - no sleep...

Myuri: You look sleepy

Swami: No, I'm going to do one agyam, so after two hours, today I'm giving no more rest.

It affects huge result. You have to give some idea to them what types of agyams is runs in India, the names of the agyams, the results of the agyams, who commands the agyam. You have to talk just every minutes, it's like a, a good subject there, but we are spending huge time, huge energy putting there. It's a big prayer, a big puja, in the Indian tradition it's a big puja and you can explain, you can talk about Shirdi Baba and dwarkamai, his flame, dhunni, you know dhunni - always burning. Why Baba uses the Fire there? How he is sending the negativity in the Fire to connecting. Always wherever he sits opposite sits, the fire is there and watching the fire. Taking the controlling of the Fire to decharging all the devotees karmas in that, to burning it, then after burn - he took the ash from the fire and he distribute to them to heal their diseases - lot of sicknesses in that. You have to, you have to think on that, you have to grind it to make it powder - the information, the knowledge comes out. I talked all whatever you read it, you read, I talked previous just some hundreds of hours - every point is there. You don't think so Myuri?

Myuri: Um-hum.

Swami: Every point is there.

Myuri: Um-hum.

Swami: What do you mean by um-hum?

Myuri: Yes.

Swami: Every point is there, you have to pull out, you have to think, take your own time - no hurry. So Anya you're going to rewrite again?

Anya: Yeah.

Swami: You have to rewrite, sit deeply, tomorrow morning again I'm going to...now you can finish the Earth introduction like that. The, if possible, you can jump on the water, also you need some questions to the Water.

Virginia: Are you asking us to write on Water?

Swami: Um-hum.

Virginia: Would you like to give us some ideas?

Swami: Everybody need ideas? I think it's not a good idea to give ideas. Anya Rosen, it is Anya fire – shhhhh, Mister Anya, give me some ideas, are you ok today?

Myuri: About the Water?

Anya: Seventy-five percent of the energy of the earth is made up of water. You said that. Said sit in front of the ocean and do very powerful meditation, suck the energy of the ocean, and water has tremendous purifying capabilities. If you are having mental problems or diseases like you taught, you can use the water to purify...

Swami: Good.

Anya: I can't think of anything else right now, somebody else can.

Swami: I'm drowsy boy, why the water is under the earth, why the water is in the form of the clouds, why in the temples they are giving

the water to drink holy water? The plants also drinking the water and it is giving radiation, different type of the snow, different type of the flower - whole God creation - wherever you see, eighty percent, ninety percent of the God creation needs the water. Plants, birds, animals, human beings - why? How do you, you can decharge your stress into the water? When you swim in the water, later on what is your feeling? About natural human beings who got really tired if they jump in the water swimming with, later on what is his feeling? If he getting huge better - what's happening mechanism to his body, to his mentally, to his peacefully, to connecting his soul? Why he so relaxing there? What is happening? All his sadness and stress immediately going out, then he's getting refresh - just a matter of enjoying the water few minutes, twenty minutes, thirty minutes, all the stress and decharge is washing out. Why?

It's a mechanism, what type of energy is decharging and what type of qualities the water have to give the highest energy to connecting to the soul? What is real character, why even the Shiva he put the water on his head from drinking the poison? He kept the poison in the middle of the throat to make it cool down he put the water on his head. Why? Why even the Shiva he needs water? He created that, but he using that. Why? Why whole planet is covered seventy-five percent of the water? Why? What is the secrecy? Why God created like that huge water on us? Complete water energy whole this planet, how you recognize that? On this idea you have to build up it. It's enough for the Water introduction. No Mister Anya? You want to go back to Bangalore - America?

Anya: No.

Swami: Is it enough? Say yes or no Mister Virginia.

Virginia: I think it sounds like too much.

Swami: (Laughing) Ohhhh God... Hey, no need to feel embarrassing. You're not able to write in proper way - it's fine. You can simply sit and Swami talk - enjoy it - you can enjoy it.

Virginia: A great learning experience. It opens the channels too, right? Something really nice to think about and see what answers come...

Swami: Ummmm, try to work on that, we can finish tomorrow Fire and Water – swaha. Then, after what else, sky, air, simple, easy - it's not big. Everything seems to big, different winds, the smell melts in the air, different smells highly attacking, how effects, the vibrations how it comes through the wind - I will talk on that, so take good bit sleep, again I'm giving your minds a chance to prepare, to think on that Fire. Everybody has to become strong souls to suck the knowledge. You have to prepare - no way to idly depending on Swami.

Virginia: We have to be able to suck this whole knowledge? Is that what you said?

Myuri: Not to depend on Swami, but to do the work yourself.

Virginia: I'm hoping this channel will just open up and I'll be a Brahmagyani automatically - the knowledge will just flow at some point. (Laughing)

Swami: Oh yeah. No, already you have it you have to practice it. Take pen, paper - write it. Is it good point? Ok, write it. Is it bad point? Ok, write it. Go write it, write it, write it, write it, then you see what you write. You think, pull out, then you write again some points, you write it, go walk in some parks, write it. You go before, back to Swami talk, Swami's always talking one point to another point to hook, he can easily hook to Sri Chakra to Earth Element, parallel is there, whole his talk you can jump one house to another house, easily, easy to understand, so work out...

Virginia: So we'll all work on Earth again tomorrow?

Swami: Earth????

Virginia: Excuse me – Fire.

Swami: Uh-huh, read each others, read each others - make it a big letter.

Anya: You mean combine them?

Swami: Make it combined, big prepare huge letter - read for me.

Anya: Water and Fire?

Swami: It seems as though the elements going to complete in four, five days isn't it?

Anya: Um-hum. With you grace.

Swami: Baba Grace, no doubt. How many people coming Anya from Germany?

Anya: Thirty-two people coming from Germany.

Swami: Confirmed?

Anya: Confirmed from Petra. I think they've already paid their deposits and everything.

Swami: Thirty-two people? How many people from America any idea?

Anya: America is very hard to know, there's about seven or eight people for sure, and then everybody else is like nobody's saying yet. But they will, I'm sure there will be quite a few people, we won't know till later. We've made many phone calls, talked to people. It's just... no one really knows, they don't want to say, "Oh yes I'm coming."

Swami: Who are the seven people confirmed, Jonathan Rosen...

Anya: Yeah Jonathan Rosen. Honestly I'd have to look at the list, Babu and Karin, some California people are coming. How many people in California?

Cindy: I think around seven.

Anya: That's most of the people that are coming, the ones who are confirmed. LA's a mystery.

Swami: Complete... Ok, you have to make everybody, have to make remember me about the Jesus Process Energy. I completed that, then you have to take the prayers, you have to get the process that link - it's very important otherwise you can't... at least you wasting two,

three days more... you have to make to show, to remember Swami. Sometimes, ok, I'm going to do this tomorrow. If a big net of the illusion came, it means it's not for to me - it's for to everybody.

Anya: What about tonight?

Swami: No, I'm going to finally meditate tonight.

Anya: So we ask you tomorrow?

Swami: Yeah, I already gave permission.

Virginia: To us at different times?

Swami: Yeah, even though sometimes if you're seeing little leisure I am, hello, I'm here giving attendance.

Virginia: But what if you're just talking to somebody, can we come up?

Swami: No, no, no, when somebody talking just you wait, simply sit and reading something, your paper with all your books watching Swami. Much times I walk, when I'm walking, come back, you said if I mention anything you say, "Hey, don't bring your crazy questions." If I mentioned something, something specific subject, it's not completed, you have to catch that. If I told one thing it means definitely I prepare that, it's already done. You have to pull out that, you have to open and you have to take it. If you switch on to open, you're trying to open that you'll get it. Automatically I'll open for that. That's fine I will take care myself.

Virginia: The boxes we're using are plastic and that's just fine?

Swami: That's ok. Gunzo you do one thing. Gunzo, tomorrow morning go Lepakshi, Suri. How many days you are staying here?

Gunzo: Day after tomorrow.

Swami: Day after tomorrow, Bangalore?

Gunzo: Yes, Swami. If you want one day we have time.

Swami: Three?

Gunzo: Yes, three days.

Swami: Three people?

Gunzo: Yes three people. On Friday go to Shirdi.

Swami: You're going to Shirdi?

Gunzo: Yes.

Swami: Then after?

Gunzo: Oh Shirdi - day after go to Japan.

Swami: How many days your journey?

Gunzo: Eight days.

Swami: Oh God, then after Shirdi?

Gunzo: After Shirdi, go back to Mumbai to Japan.

Swami: Today's the first day?

Gunzo: Yes, today second day. Yesterday night arrive Mumbai.

Swami: Mmmmm, ok today is second day, tomorrow third, fourth, fifth... You do one thing, tomorrow go Lepakshi, tomorrow there is a small little famous temple - go visit and meditate and come back here.

Gunzo: Yes Sir.

Swami: Three people, he will going big Shiva, Mother Divine temple and big snakes and cobras temple - go and take meditation and come back. Go by the morning, take breakfast here and go back. Go nine o'clock and come back by five o'clock. Good, tomorrow I'll give interviews.

Myuri: Should we move to another room tonight or tomorrow?

Swami: Not tonight, tomorrow I'm making everybody luggages in one room. They're many rooms is ready now, just they're preparing one, putting one room and locking it to making big room, one open at least any people can come and stay there. We can shift everybody luggage there and putting in one room.

Virginia: I really thought you were going to give it away. (Laughs)

Swami: I must be sometime very strong.

Virginia: How far should those white things be from us, how far away at night?

Swami: Doesn't matter, it must be in your room. Don't make to touch your one, another one touch both, don't do that. If anybody interesting tonight, I'm going to sit in the hall meditation, I'm sleeping there, anybody interesting, enjoying. Anya, something seems to wrong to you today, are you ok?

Anya: I'm ok.

End of Session