

Swami Writes the Five Elements Book  
With a Small Group of Western Students  
Third Session  
Sitting Outside at the Ashram  
October 28, 1999



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*The first part is difficult to hear because of loud bhajans in the temple.*

**Swami:** Mantras - instructions - rules and regulations - uses - benefits and little dangerous points - careful instructions. It's to giving accurately thirty-five, forty percent the book, completely like that style. Then different style, like ten pages English mantras, same benefits, uses... Same, the mantras is little difficult to the people. I'm going to give English prayers, that's only different chapter, complete one small tiny chapter, then all stories my regular speech. Is it good? Going very deeper level with the Earth, talking huge on earth, talking Fire - crazy talking on the fire seems to too heavy.

Anya: But I think you have to give an introduction that says something about all the Elements...

**Swami:** Of course, before, we are going to introduction.

Anya: Oh, ok.

**Swami:** Just I'm talking about the Elements now. Introduction it covers everything - all Elements.

Anya: Ok.

Virginia: What about the healing practices, where would they be?

**Swami:** What?

Marie: The healing practices for each Element. Where would they be placed in the book?

Myuri: The points on how to do the healings. Where would that come?

**Swami:** Each Element down.

Myuri: So after each Element would come healing?

**Swami:** Uses, after you purified, how to use, how to be careful when you are using, how to discharge that negativity - that's it, then taking another Element. Are you not good mood Nancy?

Nancy: I'm in a very good mood.

**Swami:** No, tell me what's your problem.

Nancy: No, I was just thinking it was the truth what you're saying.

**Swami:** How many fingers?

Nancy: Five.

**Swami:** Five? You're thinking on Clint?

Nancy: No, I was thinking about the book.

**Swami:** Small comfortable book, just who was going to practice... The regular people, they never read it. Who was really like academicians students, like fifty thousand, one hundred thousand, two hundred thousand, five hundred thousand, who was really want to do purification, that's only is very useful to them. If you're concerned about regular talking people, regular readers, unnecessary, very wasting of the information. We can use that information to little changing that, put in another book.

Any: Another book, I think that's very good.

**Swami:** It helps many, many people to read, have great fun information. Connecting to Shiva energy about Five Elements,

describing all the powers of the Elements, how it's a great, how the divine energy created all the Five Elements, what is the reason, what is the purpose.

Virginia: It sounds like a good book.

**Swami:** It's a different book talking. This one, mantras, uses, instructions, careful, benefits, positive things, negative things, carefully talking, like a programming book.

Anya: It's good.

**Swami:** I thought like that, then up to your advices. Nancy?

Nancy: I think it's a good idea. I think the introduction needs to say why you would want to do them.

**Swami:** Pardon.

Nancy: I think the introduction needs to have something about why you would choose to, why do mantras? You know, the general idea of why this is useful.

**Swami:** Suppose talking about Water, I can talk how many types of water: highly attitude water one type of energy, deepest ground water one type of energy... Some plants sucks the water, when it comes out from the plants... suppose coconut water, when the plant is carrying some water that type of different type of energy.

The Earth we can talk different types of Earth, dividing some stages. Some earth is highly magnetic vibrations, some rocks have huge vibrations like a magnetic forces. Some earth completely high negative vibrations. I can talk going very deeper, deeper levels. It's makes people crazy, that's my feeling.

Talking after little while, one or two books later, taking this information diverting, just God creation, talking like God creations. How is the God creation, different types nature of the God creation, talking about his characteristic, his characters way of his creation level, how he creates very funny. Even the scientists, we can see from the beginning point of the God creation. He created different level. Why it is like that we can talk very deeper level, again it's coming to

the human beings diverting that, converting that creation. Some people become very powerful, high positive, high-elevated soul, high successful, high everything - why they are like that? Some people very sick, that type of, again bringing the karma there. Why the karma, even the karma where it's coming from, the satan power, why it is coming there, why the God energy is not protecting that person, why the satan power creating karma? This is a big... carefully I have to balance it to readers making big understanding - clearance. I can make it to work that, but this Elements talking at a time - huge weight on their heads.

Nancy: I think the introduction to the whole Elements needs something to make you interested.

**Swami:** Of course, of course, I'm going to talk on that. Well, I have to talk what is mean by Five Elements, why I'm talking this, what is importance of Element, the regular students, "Da, da, da, da," we can talk that - simple.

Myuri: But more from a practical application like, how is this practically going to be used in their lives, in the introduction part.

**Swami:** I'm going to um-hum, how it applies to the people, how it applies, why I'm talking this, what is the reason I'm giving this information. Think it's better when I'm sitting in computer room, one person printing.

Anya: That would be beautiful.

**Swami:** One person is recording, one person is noting. I'm coming straight from my bedroom, ok, no from my toilet... (*Everyone is huge laughing.*)

Anya: You'll be very clean.

**Swami:** Boys, so wild girls huh?

Anya: We have a wild master.

**Swami:** Ok, finish your food. I came here to talk... A crazy guy, he came disturbing my mood off... He's before like ten years, no not ten years, eight years friendship, finally some people...

Anya: They got to him?

**Swami:** Yeah, they got him. I found it in spite my sincere advice. Oh, everything is recording.

Myuri: Oh, Swami that's so sad.

Anya: We can stop it right now.

End of Session