

Ashram Talk With Swami
Students' Emotions
Outside at the Ashram
September 21, 1999



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Talk had already started.

Swami: Even the students doing so much crazy, just he simply listens. He enjoys that. Suppose the master wants to give the five bananas to one student. The students is so crazy, they think inside, "Hey, give bananas." Then again the students is doing so much crazy, ok half a banana. Still he's like losing his mark - small piece of banana is enough. They can't handle any divine energy anymore in the future - no way - shhhhht. Just the master on the outside is so happy, loving, great, he's never making the relationship like selfish, same inner mechanism with master's soul about opinion on the students. The students going completely down but the master never express what type of feeling he has on the student's heart.

Student: Why?

Swami: That's not master's business. That is the student's business to hook the master's heart like candle, like a crystal, like diamond, it's not more than that.

Anya: Is that like the story that you told us about Shiva?

Swami: No. Suppose I gave Virginia too much love and happy, you understand Nancy? Suppose I gave too much love on Nancy, she can't handle it properly, suppose you can't handle it properly like the...how we say that? The emotions not maintaining properly about the simple things, important things, very important things, very less important things, like taking same power, same energy from the

master, same time it means the master thinks, "Uh-huh, no way." The master thinks, "Ok, why waste my time?" The real divine energy should be the students must be handle, like, like Terry, one hundred percent true, just one hundred percent like that. You observe anybody he came anytime to Swami to ask any question anytime, anywhere?

Virginia: He doesn't.

Swami: Never! But he has a lot of questions, but he is getting answers himself. He been very hard time emotionally, is it true?

Terry: Yes.

Swami: Very, very hard time he been.

Virginia: Very hard time emotionally?

Swami: Emotionally, complete purifying, crazy himself. I'm simply watching and I'm laughing myself, he's doing his thing, I'm putting the chair there. Sometimes he's walking, sometimes he's upstairs, even I never went to him to talk five minutes, "Ok, come Terry, how you're doing?" Just I'm looking out, I'm ignoring him, is it true?

Terry: Um-huh.

Swami: Just ignoring him. Even sometimes I say hi to my dogs, I play at least one or two minutes with my dogs sometimes, even I didn't with him. He have complete patience, waiting and doing himself. I'm not insulting all the students, that's ok, but it's important to handle as much as you can spiritual progress and growth, everyday a person must recognize how much today, what I learned. Today what new information I learned. Today how many hours I meditated, today how much vibration (*Swami talks Telugu to staff*) How much meditation I done, how much power I sucked. How much peace I enjoyed. How much time I've been in the divine energy, they must recognize themselves, and only they can.

Me, everyday when I lay down here, I comes from early the morning until to tonight, whole my talk, what I talk, ten minutes just I pull out. What I did, what I got new information, what I learned from my students, how they're really behaving, what is their emotions, what I

advised to them, what is I'm doing some construction site, the inner side, whatever the administration side - everything, ten minutes I (*telephone rings*) Hello, hello, hello (*Swami talks in Telugu*) So, it's very, very important.

Virginia: It's a very good lesson.

Swami: The master, he always observes each step sentence, point-to-point how his students is doing. Is the master driving the students crazy or the students is driving the master crazy? Everybody thinks, "Oh, master is driving the students so crazy," that's never true one part, much time if the students is driving the crazy to the master, then he steps back some level, protection. Hey, why I should go to, very near to them? It's no necessary for teaching the secret information. Not necessary for secret, secret powerful things to share with you because of you're so wild and crazy for simple, simple control your emotions, you can't handle. If they got the huge powers it's completely they're misusing, they don't know how to handle it.

Like five years kid to making to sit in Mercedes Benz car to drive, he's only fit for to the small car in the house, the toy. It means his mind have only certain boundaries. So the master's keeping on trying to extend his boundaries, it's not happening – forget it. The master can jump out. You understand? Are you understand Nancy?

Nancy: Yes.

Swami: Am I talking crazy? Christin, am I talking crazy? It's one hundred percent true. Who is very mad at me now? Be honest, who is very angry on me, please raise the hands. Who's angry? Who's upset with me? You Terry? Be honest. Who is angry, who is upset? Nobody?

Anya: Well, I can say I, you know it makes me afraid because it makes me feel like I, you know I mean... I can see my own feeling is very, I can see my own feelings very much in that way, and it makes me, it makes me afraid you know, that I, that I'm not, that you're speaking about me very much, you know, and it's hard to hear.

Swami: It's everybody's inner feeling.

Anya: It's my inner feeling.

Swami: Everybody's their own inner feeling. If you're doing mistake, you're thinking maybe you.

Anya: Well, yeah exactly.

Swami: Are you doing mistake? If you're not doing mistake, why you thinking like that?

Anya: It's not, it's not a question of mistake, it's a question of who I am, you know, it's like learning to be different than what I am and what I have been.

Swami: How long Anya, how long whole, whole, whole life?

Anya: You mean that I was that way or that I'm going to change?

Swami: How long?

Anya: I hope not long. You know I'm working hard to change.

Swami: How long five months, six months, one year. One year it means, it worth a lot, it is a lot. One year taking the time putting the fire.

Anya: Yeah.

Swami: In your lifespan, loosing one year means, you're close to death. If you spend one day means, to walking the death day by day is it true? When you're wasting one day, it means you're walking very close to death. Suppose you have, your lifespan is five thousand days, fifty thousand days... if you loose one day means, I reached, you have four thousand, forty-nine thousand, ninety-nine days, nine hundred, ninety-nine days. One day you lost. Suppose you are sixty years lifespan, one year if you loose it, what's the meaning of one year?

You ever seen Swami's life at least one day just completely and joyful, very freedom, no working anything, no phone calls, no spiritual contact anybody for a day, you observe?

Student: Never.

Swami: Even in ashram, like one day I'm in silence, don't talk to anybody - no way. I talk to anybody like that? Like, myself something doing, doing, doing, doing, doing... Like humbly respecting my duty, recognizing my duty. Sometimes even though my mind, 'monkey mind,' it goes from left to right, immediately I'm saying myself, "No way come off, no way come off. Let's stand in one way to recognizing my duty, to finding my real duty - do it." It seems so simple to do the crazy, but if you do that simple crazy there's a huge profit there. God duty is always crazy. God is crazy. You accept that Nancy? I'm crazy, you accept it, be honest. Anya Rosen?

Anya: Do I accept what?

Swami: I'm crazy? Be honest though - don't lie.

Anya: I'm not lying! I'm not lying, I'm not lying to you Swami.

Swami: Ok, am I crazy; am I crazy?

Anya: No, you're the sanest person I know.

Swami: Sanest?

Anya: Yes!

Swami: What you mean by that?

Anya: Most, least crazy person that I know.

Swami: Thank you so much, at least I have some crazy - thank you. Compared with Sathya Sai Baba, Shirdi Baba, all these people, they make their students years and years for just to talk, wait, wait, wait, wait - no matter, they won't care - wait. Your Swami can make huge publicity, everyday he can come out give darshan la, la, la, la, then he can go give a beautiful talk, and go inside and sleep. I don't want that life. I want to drive myself my car sometimes. I want to go my farmhouse to pull vegetables, some beautiful to wash and eat like that, some beautiful womens making the catch, playing with them, teasing with them and laughing with them. Who gets the satchitananda, who gets the real happiness...one day you should die,

I should die, I should die that almost does, just three months back. The fire must burn ash, it's true but whatever you have, be happy and enjoy it, make it your time and your enjoyment in the proper way then go... Just do something work, real work, don't give a chance, any one part, anywhere with the emotions, even emotions is coming, just kick it, kick out it. Don't give even one percent chance. If you give a one percent chance it's a small hole, it becomes bigger, then it's bigger, then it's bigger, then entire your life is gone – worrying for nothing, worrying for...Terry? Worrying for?

Virginia: Nothing.

Swami: Shhhh. Does it make sense to you? Suppose, be honest, I ask one question, you love Michelle M.?

Terry: (*response inaudible*)

Swami: Suppose you already have big love on Michelle M. In Michelle's life, big attraction with the man, suppose she did mistake. Example, you saw that, what you feelings, what you thought? Very sad? Very mad? Very angry emotions? Just you take a... what you do?

Terry: (*Response inaudible*)

Swami: Say that again.

Terry: (*Response inaudible*)

Swami: How many days since I talk to you? One hour, one day, one month, one year?

Terry: Less than a day.

Swami: Less than a day.

Virginia: He's very good. (laughing)

Swami: Seriously, I watched on him a lot. Completely I watched a lot on him. So what you do Nancy? Be honest. This is a question to answer - different answers. What you do?

Nancy: (*inaudible*)

Swami: How long, one hour, one day, one month, one year?

Nancy: (*response inaudible*)

Swami: What! One year? One year!

Nancy: (*response inaudible*)

Swami: One month? What you mean?

Nancy: (*response inaudible*)

Swami: What about you Anya Rosen?

Anya: Same situation?

Swami: Yes, it's like a question to everybody answer.

Anya: So, based on the past, (*Swami's phone rings*)

Swami: Oh, you have a one-minute time from me. Hello (*Swami talks in Telugu*) ...then they have to wash it if they have the emotions, then you go garden to make it...you understand? Garden work, clean the Baba house, to wash Baba's floors, not like Terry, the washing, to cleaning... it's very, very, very, important and serious advice Swami's telling... You?

Virginia: Oh, I... Can I ask a question?

Swami: It's my question to answer.

Virginia: Oh, so what's your question to me? How much time?

Swami: Same question. One year?

Virginia: (Laughs) No.

Swami: Six months, six days, two days?

Virginia: I never count.

Swami: What do you mean?

Virginia: Well, with who I am currently, let's say the last month and who I am right now, I don't count how many days, how many hours, so I don't know... So you're teaching me to pay attention to how many days, how many hours?

Swami: Ok, wait, anyways you are so attached to Swami?

Virginia: Yes.

Swami: Just, I ignored you.

Virginia: Yes.

Swami: I'm focusing on another man, another woman, you're sitting and I never saying hi to you. Hi... before, Swami's very funny and laughing with you da, da, da, da now Swami's giving priority to another.

Virginia: Right, so how long will that take?

Swami: What your reaction is the next question?

Virginia: I'm pretty good with that one I think. I think because I feel like I will have my time at some time, and it's not my time right now.

Swami: That's terrible, and you Anya Rosen?

Anya: Well, that was very, very hard for me, I mean it's still hard for me, but I, it's ok. I mean I have my feelings about it but it doesn't...it's ok. It's like I can move, I can go away from it, I can go beyond it.

Swami: Is the Swami belongs to entire universe people or only for certain people?

Anya: To everyone...

Swami: Why, why's not everybody recognizing that truth?

Anya: I don't know.

Swami: What! What she says, she don't know?

Anya: You asked why doesn't everybody, you mean all those millions of...

Swami: Why you're not recognizing the truth?

Anya: Oh you mean why don't I recognize the truth, oh...

Swami: Swami belongs to hundreds of people...

Anya: Yes, well I do recognize it on one level Swami, but it's like on another level...

Swami: Jealousy?

Anya: Yeah, I do.

Swami: Ignorism?

Anya: Yes.

Swami: Proud?

Anya: Yeah.

Swami: Craziness?

Anya: Probably, mostly jealously.

Swami: Evilism.

Anya: Evilism, yeah ok, you can say all those things.

Swami: Devilism? No way. Even if you... just suppose you're talking with Jonathan Rosen, I'm so happy! But you're talking with John Gray, I'm so happy! You're talking with Terry, is the Swami have the feelings when you're talking with Terry? John Gray?

Anya: No.

Swami: Why, why Swami haven't?

Anya: Because you're free. (she's laughing)

Swami: Oh yeah. Terry could you give a knife to me please, so I can kill myself? Did I ever care? You're talking to somebody whatever you're doing – great, great, God bless you. I'm also human being in one part, don't talk about my soul, I'm also a human being. Same time whatever you're breathing, same air I'm breathing, whatever blood you have, same blood I have, of course color different, that's my bad luck – sorry. I have no beautiful skin like you Anya.

Anya: Well, I think it's the other way around.

Swami: What do you mean the other way around?

Anya: I would rather have skin like yours.

Swami: Why Swami didn't, why Swami didn't feel that jealousy?

Anya: Why, why didn't you?

Swami: That's not my nature!

Anya: Ok.

Swami: I kicked out.

Anya: You have, you know, you have the, you've learned very, very well how to do that, so I'm me - I'm just learning how to do it.

Swami: No way. If it's just the beginning I'll go very mad on you.

Anya: Well ok, I'm working very hard Swami.

Swami: If they say it's the beginning means, it means where is the ending?

Anya: (Gasp)

Swami: It takes like five hundred years?

Anya: No

Swami: Sorry?

Anya: Swami if you offer it...

Swami: If anyone can control your emotion feelings, they'll become super masters. Just entire their life they're successful is, it belongs to their emotion controlling, their mind controlling. If they can't control their mind emotional they're complete unfit for the spirituality - just one word, wasting of the time. They can do business, they can be a good wife, they can do that - other things. A spiritual person is not eligible to high emotion feelings, who have emotions, that's one hundred percent true.

Anya: Wow...

Swami: It is natural...

Anya: So how does somebody who has really crazy emotions, like a lot of emotions, how do they get into a spiritual path?

Swami: They have to control it. Why one time I became very mad at Philip? You're thinking Swami's crazy Nancy? Any reason I'm mad at Philip? Why?

Nancy: (*inaudible*)

Swami: What?

Virginia: She said because he misled some students?

Swami: Misled means?

Virginia: Giving them the wrong guidance.

Swami: Then?

Anya: Then you became angry.

Swami: Then.

Anya: Then what?

Swami: Too much emotions, emotion problems, even though...

Virginia: Philip has too much emotion problems?

Swami: Even though...suppose you have a beautiful diamond ring, you love it, you really love it, it's like your heart. Somebody took that, somebody cracking that in front of you, hammering that, breaking that. Just you're watching - to controlling your emotions, simply watching it. You can't do anything at the time, you know it is happening, it will happen, simply watching, "Hey, that's fine," on the spot, on the second, on the moment just kicking out that emotion. Who have that control power, it means ninety percent they're hooking the God, ninety percent hooking the God. Your dearest thing, whatever it is, very close thing, it's damaging or it is going away, or it is doing something, or it is happening something. If you do your maximum best, wash it, you can't help it but after, then you're completely away, freedom. That's fine, kicking out those emotions. Of course it takes a few minutes, just in a few minutes, ten, fifteen, maximum one hour shhhhhht - take off. You understand Anya?

Anya: I do.

Swami: You have very angry on me now?

Anya: No, no I don't.

Swami: Very mad? Now I'm talking emotion subject.

Anya: No, I'm not angry at all. It's uh, you know it makes me worried (laughter) about myself that...

Swami: See, again you have that feeling.

Anya: I know, so... but that's...I know it.

Swami: So the master, the masters your father, actually he's screaming on you, he's beating on you - you can't take it, he's my father, he's my protector, he's doing good for me, but I can't take it

this. Even my doctor, the doctor's giving injection releasing small type pain, then after it makes you healthy. Is it true Nancy? You don't want to listen you're extremely shy. You're learning? Give the shake hands to Terry.

(Students talking – inaudible)

Swami: What? If you're having energy, you're making stop it.

Nancy: If I can't stop those feelings... (inaudible)

Swami: No way, it's not true.

Anya: It isn't true?

Swami: No, no...

Nancy and Anya: (Explain.)

Swami: Ok, wait...here is, you're a beautiful question, beautiful mechanisms. Somebody's killing a dog, when I'm... bird's bleeding in Anya's hands... be honest, what's your feeling Virginia? You feel sadness or you feel excitement, some energy?

Virginia: I felt like it... I felt all this Mother Divine energy, so I felt just ummm, I felt like the bird was in a trance when the whole thing was happening.

Swami: Now you felt anywhere, any point the sadness is there?

Virginia: I don't, I don't think so.

Swami: You Terry?

Terry: No.

Swami: *(talking to Terry – inaudible)*

Swami: It means...listen please. Everybody has strong feelings on Swami - no problem, he can take care. Whatever it is, he's here, he'll take care of it, why we should worry? You have innerly mechanism, is it true Anya, one part?

Anya: I, I don't know if I understand.

Swami: Everybody has the feelings, whatever it happens, "Swami's there, he will take care."

Anya: Oh, ok yes.

Swami: It doesn't matter... it doesn't matter getting power, it doesn't matter getting to airport, whatever your stuff, Swami's there, he'll take it... the blood, the bleedings coming out, the shaking and I'm telling on you, "Hold it!"

Anya: I know! It was fine! It was fine!

Swami: Everything it has happened...

Anya: Yeah, it was.

Swami: Swami's very intense, here is same, is one mechanism, here another mechanism. I'm go killing the dog, you watch, if you try your maximum best to protect the dog - just hopeless. Just you send your love to that soul, try and meditate to the God, "You heal that dog's soul, such a divine soul, such a divine energy, take away from all the pain from the dog. God please protect the dog, anyhow it's going to die, please bring back to the heaven. I'm praying for the dog, my dear divine dog." It means complete adjusting - God is there, he will take care. God's presence is there, he will take care of everything. That same feeling you have to create very, like a big foundation.

Virginia: Kind of like God blessing, it's blessing the dog.

Swami: That's right.

Anya: So Swami, all the feelings that you have like of love for other people and all this kind of stuff, it's like... then it's very superficial in a way... that's what you're saying? It's very much on the surface, it's like underneath, it's like, about the divine.

Swami: Swami... listen! Swami, whatever he's giving love to everybody, sharing his energy, it's not selfish, it's not completely down, it is like down and separate.

Anya: Yeah.

Swami: You have to go same way process. Some people doing, sometime jumping, diving, going down, then you're going down, ignoring, there is no surface. When they're coming out on surface there is no deeper level, there's only surface, there is no depth anymore. Sometimes when we're going diving, "Oh, it's cute, very happy..." Ah-ah. When they went on surface, there is no depth at all it means, solve their own problem. It's there already, it's completely it's there. You have to use it in a proper way to take care yourself, to recognizing the real truth, real value of the master, what is the real value of your life, everyday mentioning you've tried, huge statement writing on yourself, on your soul, the statement to find your duty, what's your duty, recognizing your duty why you're here, what you're doing, what's going on to do... like some hundreds of hours I taught information. If you keeping on learning that, you're so, so, so, beautiful, wonderful, beautiful, you keeping on just listening for two, three times - it's there. You no need to read *Vedas*, you no need to read the *Geeta*, any yogi history... he told, complete the message is there. Is it true Nancy? You don't think so?

Nancy: (*Inaudible*)

Swami: What? Like a regular talking, whatever all the talking, everything is there.

Anya: But Swami suppose, I mean, I'm using myself as an example because you know for a long time I've really, really struggled with, with a jealousy, you know it's horrible, I hate feeling that way, I can't stand it, I don't like it. I pray to Baba, I pray to you, when I feel that way I'm always thinking, "Please burn this away from me so I don't feel it anymore." But still I have the feeling inside, it's hard, it's like a, you know it's very bad, it's a very bad thing.

Swami: Listen...

Anya: So, what do you do?

Swami: We can heal the pain, we can heal the cancer, we can heal terrible disease one part by God's grace, by God's energy, but we can't heal the jealousy – foolishness, it's very, very, very, very impossible to heal. They have to heal themselves. Even to God, he can't heal anybody. He can't heal any his best students - that is period. There is a rock - that is rock. So they have to heal themselves, inner hiding, big commanding because only they have no pin-number how to open it, how to close it. Every soul has their own pin-number, it's impossible to heal jealousy, impossible to heal foolishness, proud, and big ego.

You can see in Lord Venketeshwara history, Lakshmi and Padmavati, the two wives, how they have the huge jealousy, finally Lord Venketeshwara turned into rock. He's a big God, why can't he give the healed shhhht – like that? Just he, "Aw, I don't care," he turned into rock. I'm so happy to be downstairs, then he went on top of the hill himself. There's no any wives there, there's no, any woman, he kicked out, just himself blessing to the universe. Does it make sense Terry? Nancy? What you mean?

Nancy: (*inaudible*)

Swami: I told, "Go and wash the Baba's feet in the Baba's house, work in the garden, take hot shower, go and take relax sleep."

Virginia: Hot shower?

Swami: Yeah. Go and take shower... fifteen, twenty percent of the emotions comes down, go and take sleep.

Student: (*Inaudible*)

Swami: Go and do some works, some meditation. You have to put some work to your mind to think, ignore it, forget it - you understand? To creating some work for the mind to do that.

Anya: Swami, can I ask you a personal question?

Swami: Please.

Anya: Did you ever have to deal with jealousy?

Swami: Me?

Anya: Yeah.

Swami: Be honest guys, I never felt jealousy any one point anywhere. Entire in your experiences with Swami, you ever see jealousy with Swami, jealousy with this, jealousy that?

Anya: Even when you were growing up?

Swami: No, I'm asking everybody.

Anya: Oh.

Virginia: No, we've never seen you jealous, but we're curious, have you ever felt jealousy in this lifetime?

Anya: That's what I was wondering. Did you ever feel it?

Swami: Never.

Students: That's what we thought, you're lucky...

Swami: Never.

Anya: In any lifetime that you ever had?

Swami: Like small I have jealousy on Baba, there's a funny jealousy. Even any powerful saints come in front of me, my biggest art and boon, to teasing them to make them to cry with love and happiness. They have huge proudness sometimes and...

Anya: Saints?

Swami: Oh yeah, like, "da, da, da, da we are big than you." "Ok, I am so happy, so what." They comes like that, "I have ten times bigger than your ashram. I have ten times following than you. I have ten times..." "Oh, thank you Mahraj," but I said, "I have one million times happiness than you."

Virginia: Yes.

Swami: That is the heaven.

Student: Absolutely.

Swami: That is the heaven, where is the heaven? ...it's ridiculous. Heaven and hell are right here. When your emotional is getting painful and suffering means, you're in the hell. God is putting you in the hell, to boiling your soul shhhhhht. You're walking in the fire, in the fire, that is the hell. You kicked out, you're so happy, that is the huge love, big smiling face – that is the heaven.

Anya: Well I have a question about that. Sometimes you know when like, I've felt very, very good, extremely good, like very good and then when I come to see you, you push all my energy down. So then I feel really horrible, like I cry and all the stuff, so what is that?

Swami: Just I do sometimes.

Anya: Yeah, what is that?

Swami: That is when I get sometimes little upset with somebody, and sometimes if I want testing.

Anya: Yeah.

Swami: Ok, let's do, just ignoring them.

Anya: Oh, no, no, no, no... I mean, I mean sometimes if your energy is very, very high and you feel really good, sometimes you'll just push the energy down like to make it lower. I don't understand it but I know you've done it to me a number of times, and it's like I cry and I feel really bad, then it's, you said you're making me strong so...

Swami: I don't understand what you're talking about. She's talking another subject – no way...(laughing)

Anya: No, it's the same, it's the same thing.

Swami: It's your welcome, I'm talking the same... You're talking saying it.

Anya: So, I don't understand it so sorry.

Swami: Maybe some purification to making you, you don't understand so anyhow, that's fine.

Anya: Maybe I'm misunderstanding.

Virginia: Well maybe it's the high, it's going and you're...she's real high Swami, and then she's saying she feels like you're pushing your love, but maybe he's not pushing your love and it's that you're going from the high to the low. That's what she says... she goes from the high to the low.

Swami: I never, ever, giving a hard time to my students. It's complete against my feelings. Even in my heart, never thinking I should give a little hard time to students, even my best enemy, best enemy – never. Sometimes they are screaming on me, sometimes they're writing in the paper.

End of Talk