

Swami's International Programs 1999

Mantra, Yantra, Tantra

Germany



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Om Namah Shivaiya being sung by group – Martin leading and translating.

Swami: Good morning to everybody. Today I'm going to talk about the illusion. How to bring the Divine luck in our lives. If the illusion is there – how many types of the illusions is there. If there is any luck, without your notice, how the luck will come in your life and it will go away, but you never expected, but it comes and it goes. The illusion also, it will come and it goes. What is inner mechanism?

For example, two years back your business and your family, your life – everything is so powerful so happy, everything is going smooth. After two years later, now you're having, now your life very hard and your business is so hard, your friends is so crazy, you cannot live your life, it is little strange, lot of illusions, problems... illusion means lot of problems around you. Where it is coming? How it going out? What is inner mechanism? I want to talk today on that. I think it is a little interesting subject to everybody. If everybody is comfortable, I will talk, if any different chapter I'm happy to talk.

This talk, no questions and answer. Questions and answer, it makes the energy up and down. What I seen last night, I'm very straightforward Master, I'm very straight. For example: Sabina asked a question, "Advaita?" It make me sense, but Advaita means she have no idea what is mean by Advaita, but she have no idea on the Dvaita – male energy, female energy, and neutral energy. If she have no any idea what she's talking and giving

just her experiences, it is completely little bit confusion to everybody, even though I explain.

Once if you ask any question, it has to be a diamond, it has to be like a gem, then everybody has to understand that, then only it is useful – the talk will be really fragrant. Just you want to talk something question, whatever it is, if it is any important, serious ok. Many people ask very good questions. So, I'm not blaming – today only I have one daytime, I want to use each minute as a important. Don't disturb me with your silly questions. If you have any little questions there's I have beautiful students, Martin and Clint and Lothar, Herbert there, is who have studied with me – many people. I'm sure I have huge confident on them – they can help. Don't waste your time in front of with Master. That's my sincere advice. Ok?

Before we go talk, let's talk about Eva Marie. I don't want put you in the hell but just I want to talk you a little time, then make you free, happy. What's your last night?

Lothar translates Eva Marie answer to Swami: Many feelings, many levels of feelings...

Swami: No, I don't want hear that, just (clicks tongue) answer yes/no. I don't want waste my time.

Eva Marie: A little sleep – a lot of energy.

Swami: No, not ok. Hey, I am also now sleepy (laughing) but much energy.

Eva Marie: I realize I most definitely want to go to the program in India.

Swami: What your chance for "yes" going India? What if there is no chance going India there? You know, don't talk as a lawyer, talk as a student, ok?

Eva Marie: Sorry. (she talks in German)

Swami: (laughing) Hey, hey, hey, what's she saying?

Lothar for Eva Marie: She's saying that she talked to Baba to very strongly to please change your mind.

Swami: Ah ha, ah ha. (Smiling)

Lothar: But she did not ask yes or no.

Swami: Ok, Baba didn't tell anything to me.

Lothar for Eva Marie: Please allow me to come to India. Please accept me as a student for the program.

Swami: Ok, before I start my talk, I will check your faith. Do you have any coin? (to the audience) Christin, in front of everybody, this is Eagle and one (two sides of the coin). Ok, you want me do, or anybody? (Laughing)

Lothar: She says she doesn't care who does it because she trusts that the right answer will come the way you (Swami) want it.

Swami: No, to be honest, heartfully I'm saying I'm not putting any energy at all. My heart is open to everything – no problem. (Swami holds up the coin) Who wants to me do this? I'll jump my talk. What she saying?

Lothar: She saying, "I do not want to trust that coin, don't want to give my wish to come to India to the coin. I only want to ask you to please allow me to come.

Swami: No, these are all energy, all this divine presence now – they decide (for you to) come or not. I think many people know about you. How much I really like you – ok? To who you want to do, me, Clint, Martin?

Eva Marie: You.

Swami: Ok. You want Eagle or one? No, don't put something on me, no.

Eva Marie: Eagle.

Swami: Ok. Eagle means you are coming. If it "one" comes, you are not coming, right?
Ok. (Swami throws the coin and catches it, and holds it without looking.)

Swami saying to Eva: Ok come, you come. (She goes up and looks at the coin in Swami's hand)

Eva: I'm very happy Swami.

Swami: Good. She got Eagle.

(All the students clap and laugh)

Swami: Well, now we can start the program.

Swami to Eva: Now your channels is working. Your heart really aching and beating want to go and go so, the divine energy makes you ok, just go – do it! That is pure symptoms.

So, here – how many people is practicing the Elements, raise up your hands, Five Elements. It's pretty good. How many people they know Sri Chakra? Very well. No, I'm saying one hundred percent, how many people know exactly to draw it? If you're raising hands Swami is pulling them to draw yantra by evening so careful – raise the hands. Um, now only four, five people.

Ok, guys, basic in the universe, it's a very important subject today morning we're discussioning. In the universe – Mantra – Yantra – Tantra. These three is like a three horse in a chariot to ride to reach spiritual destiny.

Mantra means – many people might have huge doubt, confusion, lot of strange feeling on the mantras. Oh Swami, who teached Gayatri Mantra? What is hidden there? What happens if we chanted Mantra?

Mantra is the, I already told last night, is the connecting to the Mother Divine. If you're demonstrating some supernatural miracles, if you're demonstrating some unbelievable

important things – it is only coming from Mother Divine. That Mother Divine, if you really want to hook, the first arrow is Mantra. Then we'll discuss later how we have to really connect.

Then Tantra – just wait there for Tantra. Then Yantra. Swami, who taught these are all Yantras? Where it came from? Many people they seen in the manuscripts in India – there is a lot of Yantras is written on the Palm Leaves. How many people seen the Yantras and the Palm Leaves? That is not Swami's, he's writing on the Palm Leaves. It is very high difficult nowadays in this century, in this century people can write on the leaf. It's a kind of sensitive variety leaf to writing Yantra in a small, very small tiny letters with a small needles they are writing thousands of pages.

It is more than thousand years back books. At the time, the people, they know one hundred percent, clearly, what is the real information. At the time the population is very small, little, only few groups people. Their duty is completely focusing on the God and researching and pulling the divine energy. They are meditating and meditating and researching and they're pulling the angels, and through angels they're connecting and seeing and they're drawing it and they're writing the mantras and they're explaining how to receive supernatural abilities in our life.

Nowadays, it is highly difficult to believe the ancient information. For example, now we are going by flight in the air, we are going to the moon on the rocket. Just 500 years back – you have the helicopter in the flights? You have a cars and vehicles? No, just science is developing in a couple hundred years, just is coming. Hundreds of hundreds of years back, thousands of years back, there is no helicopters, there is no flights, there is no rockets, there is no televisions, there is no phones, there is only telephone through the angels.

So, my point here, the knowledge is unbelievable. Thousands of years back they researched, they researched and they wrote very clear. Whatever the Indian tradition, the methods Swami teaching, it's not my teaching, it is our ancient grandfathers teaching. If you neglect it – that's your Karma. I can make your hearts open, but I can't make it you do it. You can always do whatever your heart says. So, the yantra, many, many, yantras I taught in my life. Of course in the Indian tradition – different authors, different saints,

different people, they're telling different way, but whatever your Swami teaching it is ninety-five percent is the ancient information.

Through the Yantra, first through the mantra if we implement it at a time, then the energy started to flow what you really want. It means the mantra energy, you're chanting the mantra, same time you're pulling your Yantra. For example, you know how to draw the Sri Chakra. The easiest method in your life to go in the deepest meditation, the easiest method you can go in the trance and connect to the unbelievable cosmic. Take one mantra - chanted and chanted, after chanted and chanted your mind comes very calm down. Automatically the mind is monkey – but it comes down. After thirty minutes, forty-five minutes later, the mind started to forget what your chanting mantra. For example, you're chanting, Om Namah Shivaiya, thirty minutes you chanted, Om Namah Shivaiya, Om Namah Shivaiya, Om Namah Shivaiya, Om Namah Shivaiya – you keeping on chanting. When you are chanting, in your mind your children will come, your husband, your friends is coming, something you want, lot of things is coming in your mind. It's ok – let it go, you have to focus only on your mantra. With your soul when you are chanting it pulls the energy. When it is pulling the energy your mind, your body, your feelings – everything comes down, drowsy, relax, pretty sleepy, like you are sleepy, but you are not sleepy, you are very tired, but you are not tired.

When you are chanting means, the vibrations is started – you are sucking the energy. Certain time period you are forgetting the mantra chanting, you're like a sleepy, you stay there. Ok, don't again to remember forcibly again - you don't need chanted, it's coming down, you're forgetting the mantra to chanted, again after few minutes to five to ten minutes later you're going up. All of sudden you go "Oh" again, Om Namah Shivaiya, Om Namah Shivaiya, Om Namah Shivaiya...

First you do few days the practice any mantra whatever the Swami taught. Mostly Swami taught to every person like a personal mantra. That's personal mantra is very little less than Namah Shivaiya. Certain powerful bijaksharas when you're chanting the rhythm, the vibrations it makes your mind crazy thinking. The mind is always thinking like that, it comes, stands, then it comes (his hand moving down). When your mind shaking stops, then it comes down. When the mind comes down then your soul energy started to grow up. Once if your soul energy going up, you're feeling unbelievable light, complete deep inner silence. Somewhere in your Brahma consciousness the mantra (is) inside repeating.

Somewhere you can hear the mantra (in) your mind, your inner Brahma consciousness is chanting, it is chanting.

At the time, if you know the Sri Chakra, any chakra, any yantra – try to pull that yantra in your third eye. Try to draw your yantra in your third eye, try to create the yantra in your third eye. Just stay there, try to watch that yantra. Once your mantra energy and once if you create the yantra energy – the both, two energies at a time there, that is the, one of the biggest art, hard work to bring your success. From that time onwards – *you are the Man of Peace – you are the Man of Wisdom – you are the Man of Healer – you're Man of Glorious*. Once you stayed that like couple months, three, four, five months, that stage using the mantra energy and yantra energy, if you want to send to somebody, if you want to bless on somebody, if you give a Shakthipat...

Many people have the different ideas on the Shakthipats. With the Master touching on your third eye means he's creating some energy in your place (Swami shows on his face his third eye). We are watching with our two eyes normally in this normal life, but whatever we are watching with our two eyes – is it real? Now I am seeing this flower – is it real? How long this flower can stay with the same dazzling and same color and same fresh? Whatever we are seeing with these two eyes – *that is not real*. If you close the eyes, if we see with another eye, there is another eye is hidden in our third eye. If we able to see in your third eye – *that is Real – that is Truth – that is Divine*.

You have to develop that. You have to create that. My Dear Divine Souls – it is very inner deeper mechanism to develop spiritual progress. Once if you want to see certain things – you have to do your practice. Without practice - highly impossible. It's like a bicycle riding – at a time you can't sit on the bicycle and ride it, its need a little time to you riding and riding and riding (before) you can balance it. Exactly once if you started to do the meditations, then you can connect it. Once if you connect it, then is very easy. Once if you know the swimming, once if you learn the swimming, even though after ten years later somebody throw you in the river – still you can swim. Is it true? It's true. But you can't swim that much, but you can swim. After few days later if you keeping on swimming – you're perfect.

Mind – Soul – Brahma Consciousness. Mind and soul – they're always big fighting. Our mind is like a devil, it's a monkey – big damager. Soul always big Master, he always indicates what is good, what is bad, what is good, what is bad, he's always keeping on

saying (to) you in your heart exactly point by point, each step, he's always telling in your heart, "Hey, you're doing wrong. Hey, you're doing right." But it's a hard to understand, hard to take the decision - what is mind and what is heart?

Is a very easy. If you chanted certain mantra, the vibration's rhythm, if you make the vibrations through the mantra, the mind you can make it calm down, can come down. Many people have the questions, "Swami, when I'm sleeping my mind is complete calm down." It's ok one part, that's why even though when we say (after) sleeping, came out, you are so fresh, you know what you are doing exactly, something you are within your consciousness. If you are not sleeping for one month, completely next month you acts little funny. Is it true? You acts completely funny - that is different. But you are sitting for the meditation - there is a powerful prayers in the universe. Through the prayers bring the, suck the energy. Once if you started sucking the energy, it's ok whatever the mind is disturbing you putting this and putting that, putting this and putting that, it's ok. Chanted and chanted and chanted then your mind and your body completely like sleepy and drowsy. It's not sleepy, then, it's very one first step to reach divinity.

How many people had experience like that, before like that - be honest, hold the hands, raise up the hands. When you are in India, when you are doing the meditations - drowsy and sleepy - how many people? Mmmm, it's a quite a lot. After your meditation (you) came out - you're so relaxed, relief, much, much, much peace. That's one of the best hooking the divine cosmic - Mother Divine soul.

The Tantra means - I talked about mantra and yantra - tantra means there's a lot of crazy, crazy meanings about the tantras in the Western countries. Whatever the Swami teaches, 99.9% always divinity, divine things. To be honest I don't know about crazy un-divine things - I have no idea. From my childhood days I'm always practicing and practicing and reading the ancient knowledge, Indian tradition knowledge.

Once, Sri Chakra means it's Mother Divine. I teached Shiva yantra and I teached Brahma Kundalini yantra. Brahma Kundalini Nadi means Brahma Consciousness. Now I'm talking about tantra. Once if you're pulling your yantra in your third eye - whatever you sucked the energy, the mantra energy - you're pushing, you're bringing that and you're sending out to, on somebody. Suppose you are giving healing (to) who was very, very heartbroken, huge depression, huge tragedy in his life, always facing many, many, many problems -

such type of person came in your life and he sat. You can hold his hands, meditate, suck the mantra, then suck the yantra, stay there, then think on the person's soul – not on him – think on his soul, put the intention in your mind whatever pull in from the mantra and yantra, the Master, "Please right now I'm using this knowledge, really, really I'm protecting him, I'm taking away his pain out, I'm taking away his stress out. Please, right now I'm sending the energy to him – try to heal him."

If you started to flow your energy from you to him, then he's also started to calm down. You are swimming in the river, just one person you are holding on your back taking him and swimming. It's very easy – you can help him. Even the twenty people around you, whatever you have the pains, first of all you can say heartfully to the Master after you are healer to your friend. Today night you are sitting, (the) group sitting and doing healing. Is it ok with everybody? We will say I will wash out all your stress, pain - sending a lot of love and divine energy. How your body and your mind goes so relaxed – (you) can have the experience tonight in my presence, we'll sit, but everybody has to sit on the floor. Is it ok? Is it ok?

Group: Yes!

Swami: Good. So, that is, once if you started send out means, the sending of the energy to him, that's called tantra. In entire universe, even if you took the Buddhism, even if you take the Indianism, Indian tradition, even if you take the Christianity – they worships different people: Mother Mary, (the holy) cross direct to Jesus. They're taking a symbol, in my opinion that symbol means it's a kind of yantra. I think many people seen the Buddhism, there's a lot of angels, Gods, elephants, that, this, big maps, the angels, the Gods... Is it true Martin?

Martin: There are many.

Swami: What?

Martin: There are many.

Swami: There are many there, but your Swami entire the teaching only near, near nine. But already I told last year Christmas Program – forget about all these yantras. It is good

even in having in your home the Sri Chakra, the Brahma Kundalini yantra – that yantras once of you have in the home – unbelievable the energy! Whatever the energy is in the home it started to purify. Even if you seen it, without your notice – you're sucking the energy and you're connecting that. After seeing and seeing and seeing and seeing – automatically it connects it. You connects it. Once if you connect it the energy started to flow. If you have the time you can learn it. Once if you learned it there is no chance the negative forces, the negative energies cannot attack on you because of, you're all in every day going in the deep trance and again you're coming up. Once if you're going in deep trance, drowsy means you're sucking unbelievable positive cosmic energy. There is a chance the negativity can come and attack on you.

So, my Dear Divine Souls, my point here – to meditate, (and) learn the prayers. "Swami what about if you learned Buddhism prayers? Swami, what about if we learned Christianity prayers?" No matter, its ok, it's a divine prayers. If you are so comfortable with the divine prayers, any prayers in the universe, any language, it's ok – do it. It's main point – you are doing it, that's number one important.

So, my sincere advice – everyday try to focus thirty minutes to one hour at least. You have a lot of time every day, twenty-four hours' time a day. You can't spend for thirty minutes to one hour time for your meditations? Everyday you're eating breakfast and lunch and dinner – it's like a thirty minutes give for that program for to meditate - fix it, make it, confirm it as a timetable, "Ok, this is the time we have to do meditation, even though you are so busy, you are taking your flying, ok, sitting in your seat in the flight, peacefully take a mala – chanted a mantra. Keep moving - you are creating yourself unbelievable divine cosmic energy. But many people, 98% the students, they're ignoring it.

So, meditate is very important, learning some yantras is very important! Let's say in your western terms – seeing the visions, I tolded in Christmas program, you have to really figure out yourself your own personal yantra. Just last night Clint showed some yantras. It is very funny, very interesting, but it's very clever, very smart, but what he done the process he's telling, "Oh Swami, I done this way, I done that way," but I can't talk, I can't talk that what he done, it's ok I'm not talking that, but anyhow – he fixed powerful one yantra – that is (thumbs up) success. He hooked it, he developed it, it's there. Once if you hooked your personal yantra, "Swami, how to find my personal yantra?" It's another question to many people. Yantra means, ok drawing like this some angles, like this, like that... is it Yantra?

Hey, yantra means it's like a, your wife, it's like your wife, your husband – whenever you want to see him, your wife, she can feel your face – clearly. Is it true?

Lothar: I didn't quite understand.

Swami: Oh! For example, you have a girlfriend, close your eyes – can you see your girlfriend?

Lothar: Yes.

Swami: (laughing) Good.

Lothar: But I see Swami too.

Swami: But after keeping on hooking one yantra, yantra, yantra... suppose you seen a little, interesting angles (in third eye) much time when if you're doing it a day's meditation, you're going very drowsy, at the time focus to see some visions. Not with mind, mind is completely relaxed at the time. I'm teaching the second step. When the mind is came down, use your Brahma Consciousness, inner Consciousness – bring that, try to see whatever you're seeing. Some people seeing like a big light, stars, moon, something little funny angles like a Cobra like a snakes. It's ok. In a thirty days if you're keeping on meditating much time, more percentage of the time, one thing, one angles like a two cobras much time is appearing in front of you, much time it is coming in front of you, "Hey, wait a minute, that!" Whatever you seen - draw on a piece of paper. That same thing draw and draw and draw and draw and draw and draw and draw thousands of times, hundreds of thousands of times on the paper – just draw. Once if you draw it, when you sit in the meditation, when you came the drowsy, deep trance, you know because of already you drawed that thousands of times. Easily what you drawn you can put it there, you can create in your third eye. Just it stay there – try to see that yantra much, much, much, much time, that is – you are in the divine states.

That is one of the highest, biggest step to grow your spiritual path. Concentrating on your vision, on your yantra - very deeperly staying there. Meditate a little four, five, six months strongly, then even you are in the market, crowded place, if you sit in the meditation you can find that deep trance, you're hooked deepest meditation. At the time you are man of

meditator, you are the man of divine. Once if you meditated in calm connecting inner silence, once if you connected inner silence deeply, then third step you can start to hear unbelievable things in the nature. It is not psychiatric problem (shaking his finger). Don't think you are a psychiatric patient. That is with your practice, with your consciousness, with your hard work, with your really, really hard work – you reached that stage. You're not taking the drugs, you are not taking the wine, you're not taking any alcohol - you're taking the drug of the meditation - that is the best medicine sucking. In the third stage when you started to hearing some messages, somebody talking, some melodious vision, you're seeing your yantra, even though slight little different, little shakes – no need to worry - focus on that. Once if you stay there you started to hearing many, many, many, many interesting things. Focus to listen what is running – somebody's laughing, somebody's crying, somebody really wants help, some melodious music, the angels is singing... I will tell first my experience.

I started to build the ashram. Where I live it's a big powerful emperor's place where my ashram is there, side of there is a big emperor, king palace. In where I live in Penukonda there is three hundred and sixty-five temples is there. We can see eight hundred, nine hundred years old temples and the fort – biggest fort on the mountain thousands of feet height, thousands of feet high mountain just backside of our ashram. That rocks is so amazing, that rocks ready to fall down, (if) it fall down - no more ashram. Big rocks – no problem, it won't fall down.

When I'm starting my Ashram beginning step, where I generally sit in my swing in that tree - there is a big rock, generally I used to sleep there. And there's a small hut, that is my first Ashram. One night at new moon time, that king is a man of power, there is a lot of talking is running in that palace – big, big noises. I wake up (to) the drums, they're talking and they're like a big party. In the hut my kids is sleeping, kids means all my staff and some devotees. I made them wake up, "Hey, wake up, are you hearing anything sounds?" They're saying, "No, it's complete pin-drop silence, what are you talking about?" They think, "Oh Swami's a little crazy."

Then I understood. Ok, it's interesting, "Go sleep. (to his kids) It's ok, it's ok, just I heard before. Ok go sleep." I walked in the palace. When I'm going entrance in the palace, two strong spirits is standing in front of the palace guards. I want to go inside – they will not

let me to go inside. My talking little crazy. Maybe everybody thinking, "Wow, what Swami talking about?" In Paramashiva Yoga in December many people can experience that.

Then I really, really tried to go inside. I failure – they're so strong, stubborn... again I went back to my Ashram just ten meters, just ten meters. Then I sat in meditation. I know some powerful channels. I started to send my energy to disturb their program – sending lot of energy, divine energy, "Hey, this is I am building a holy place here, I have full right to share who was around me here, any spirits and angels – whatever it is here." Then the Krishnadevaraya master came – the King, Emperor Master, he came, "Hey why you disturbing us? We are not disturbing you, we are not negative spirits, several hundred years back it is our place, still we are enjoying this place, we have also right to stay here. Your lifestyle is different, you can't come and participate with us so don't disturb – stop your energy!" Then I am very curious, "Hey, what type of energy you are carrying? Can you share with me?" He is really so angry! "We'll talk later – are you stopping or not?" (Swami) "Ok, let's enjoy your party, we'll talk later." Then they went back.

Why I'm saying this – in this universe God is there, means Mother Divine, many angels is there, lot of spirits is there, lot of souls is there. Nowadays the science they won't believe it, but the energy forces, the energy is, is there. I'm not creating fear, it is, if there is a night there is a day, if there is a dark there is a light, but 99.9% the negative spirits cannot damage on human bodies life because of, it is completely huge difference. I taught in the Christmas program how to purify the negative souls, taught many techniques. The same time I taught how to receive the divine angels. But it's funny, it's interesting – my students who practiced the Elements, who practiced the divine prayers, even if they walk certain places - that places is completely purified – the negative spirits cannot stay there. That is 100% true - there's no chance any negative vibration, negative energies cannot flow there.

(Video cuts to Swami having the group chant Om Namah Shivaiya, Swami is chanting with them) Then Om om om ... until video ends with Baba picture.

End of Talk