

Shiva Ratri Program 1999
Mother's Healing Process for Their Babies' Soul: Part One
Teaching in Hampi
February 12, 1999



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Swami: This subject what I'm going to talk right now, it seems to little confusion but it's not confusion, you understood what I'm saying? It is an evaporating subject, confusion subject. I'm going to make some questions to everybody, to how my students have the capability, how they have memory power what I told yesterday. I want to check on that – permission? Permission?

Students: Yes.

Swami: Otherwise, just always there, always there, always spending...everybody, "Oh, beautiful malas!" then sleeping... Yesterday, what's the stages I discussed first? You have to answer the question.

Ramakrishna: Oh, I'm sorry.

Swami: When the person died, how long the soul be, turns the body?

Students: Nine days, nine days. (laughter)

Babu: I don't know the answer, ask me. I don't know the answer. (*he's joking and laughing*)

Ramakrishna: Don't speak unless spoken to. (laughing)

Swami: Generally, what is the difference between the soul and the spirit? If there is any difference please explain it... Virginia.

Virginia: (Laughter) Ok, um, the soul is inactive and the spirit is the active part of the soul. So when the soul passes on, it might become a spirit and that it's active until it... I'm not explaining it very well but I do understand it. *(she laughs)*

Swami: Think about it, no problem, you have a lot of time. If you have that yesterday subject introduction, then only I can explain right now, today and tomorrow much information on that. If you have no idea on yesterday, just listening and forgetting everything, then it's very difficult to make that link.

Babu: You said that sometimes the soul has some experiences and that experience can cause...

Swami: I didn't say that. Just what is the difference between soul and spirit? If there is the any difference, please explain it- that's my question.

Student starts to answer.

Swami: No, I'm not asking to you, Monika L.

Monika L: When the um, soul died in a bad way suicide or um, committed some wrong acts, they um, it turns into a spirit.

Swami: Uh-huh. We call finally, the wounded souls.

Monika L: Wounded souls.

Swami: Is there any possibility these wounded souls can heal?

Students: Wounded souls, yes.

Swami: Is it possible to heal at the time, that type of the spirits?

Babu: At what time?

Swami: (Snaps his fingers.) Instantly it's possible, generally, Babu?

Babu: To heal them instantly?

Swami: Yah.

Babu: But whose doing the healing?

Swami: The person, the meditator saw a spirit. He found a spirit in his house. He watched. Everyday the spirit is walking and doing something. Is it possible the meditator can help that spirit to go away?

Babu: Yes.

Swami: Immediately?

Babu: It depends if he can make contact to find out what the problem is and how he can help him.

Swami: Immediately?

Ramakrishna: He's asking like, can he do it immediately?

Nancy: Instantly, at one time.

Babu: I don't know...it depends what kind of condition the spirit is in I guess.

Swami: First your opinion Philip.

Philip: As you said, it takes several different sessions, several different times...

Swami: And again I told there's a big chance that the soul reach a higher level stages, the person can send his soul energy to that soul to make it forget whatever the incident happened, that wounding, like a taking totally forgetting, just pushing to that, the divine soul. I mentioned that I think, is it true?

Students: Yes.

Swami: These are the, all the soul subjects. We must, every point what I'm teaching, everybody must use your whole, all your consciousness whatever I'm talking, just you put it in your brain. It's not like mantras, it's not like meditation – just it's an evaporating

subject. Today, we will discuss on that today. We'll choose the fifth stage. The fifth stage is, what is that?

Student: It's when your soul leaves your body, without your notice, when you're sleeping.

Swami: Perfect. When you're sleeping, going out without your notice and coming back again in your house. This is very, very interesting and there's very biggest important to know the small technique, small techniques to understand about the soul activities. When the mother is going to deliver a baby, when the mother is going to deliver a baby, when exactly in the mother's womb a baby's heart functions starts, as a scientist? When does it start, after four months?

Philip: About a hundred days.

Swami: The Vedic tradition says in exactly, in the four months, arounding that time. Is it true – a hundred and one days? It means three and a half months. After four months exactly, the heart beat starts, it means big life came to that baby, is it true? Is it true? Good. That is the first stage. The subject is the fifth stage?

Babu: She's writing for me and I'm recording that's all.

Swami: From fourth month to until to delivery, the baby coming out, the two souls is living in one body. That is the greatest turning point to the soul to suck the highest positivity and to suck the highest negativity in that moment to time. Here's my big point, when the soul is inside, when the baby is done growing, generally the mother, she must meditate a lot. She must pray certain processes to suck the highest positive energy to that baby, to give the highest healing blessing to that. From the soul to soul it's very easy to connect to giving the highest Shakti to directly to that child when the child is growing in the mother's womb.

In the universe, nobody cannot, that's my feeling, nobody perfectly can't prove that type of the energy how it's growing, the soul capable energy. Even though, whatever the soul the God gave to her in the womb, it is must necessary the mothers must pray and the mother can wash whatever the soul have the bad karmas. Like hundreds of, thousands of years, lifetimes, whatever the soul sucked the

negativity, that womb soul negativity, the child negativity, she can wash with her blood. When the baby's coming out it means that soul and that body in this present kingdom, the earth, the blood heals to the baby perfectly a hundred percent. When the baby's growing on, when she starts to meditate, when she starts the prayer that sweet experiences when the baby kicking in the mother's womb, like turning – you understood what I'm saying?

Students: Yes.

Swami: The healthy baby, the healthy mother, how she feels the activities? Anybody have these? How you feel?

Student: Oh, it's incredible Swami magical, it's great!

Ramakrishna: Every word she can find, she is adding...

Swami: No, that is not your... I'm talking to her... (laughing) That is real love, the mother is enjoying big enjoyment. Honestly, when the baby, when the mother's having the baby, when she's sleeping arounding, with her big...every moment she's full attention. Every moment she's like, oh like very sensitivity she is. But nowadays my feeling, the mother is not concentrating, it's a huge important timings – new message in the world nobody knows, I think that. She can meditate; she can do certain prayers. I will tell in the next class what type of the prayers the mother should do, then the soul and the bodies totally in her womb pin-point.

Virginia: That's so beautiful.

Swami: When coming out, when it's coming out that boy he becomes like a good healer, the good charming person - he's very useful to the universe. He can predict the cosmic nature God's creation, something, then he can, he can suck, he can make the people come in front of him to follow, to give a lot of messages in the world.

What is the mechanism growing if the mother's soul and the babies soul, when they're sleeping together in one body, or one baby, two babies, three babies in the same womb? There is a big chance, the *Vedic* tradition says, if the mother getting at the time two babies it means, if you talk as a spiritual the soul theory, when the God is sending the energy, when it's starting converting to that, there's a big

chance when the real seed, when the wife and the husband have a child they love, when the pregnancy starts from the same first day, at the time actually the energy came and started, there is a big chance, nobody have no proofs, I can't say exactly but my feeling, if it breaks to fast, that energy coming like two babies, that soul, if the soul separated. If there... this is what I think, if one person is in London, like twins and there is another person is in America, if he have the same time headache, he also feels the same time headache, do you believe it?

Students: Yes, yeah (*Everyone is talking at once*) lots of studies! They can feel each other with their sorrow. They will grow up separately and then come back later, they never new each other, they live like exactly the same lives. They die close together, they die within a close time to each other.

Swami: If you figure out, if you think on the deeper level on that, it means the same soul, like part one, part two, just cracking, breaking and coming out. There is a three, four, five...In the *Mahabharata*, how to ask, a hundred and one process born? Anybody have any idea?

Myuri: Like a hard-boiled.

Swami: What do you mean hard-boiled?

Myuri: If it came out of a piece of this one lump of clay, or lump of something, then they're are all broken up from that.

Student: Don't know... don't know anything...

Swami: Everyone must read *Mahabharata*, *Ramayana* you have a great time to reading books, just going on reading a lot of Indian history, a lot of spirituality...

Ramakrishna: I have the *Mahabharata*, but my version...
(*students telling jokes and laughing*)

Swami: The Kauravas' mother for many reasons she's very upset. At the time her heart is broken, she decided to wash that, what we call...that pregnancy...

Virginia: Abortion?

Swami: Abortion. She beated herself that blood, everything came out. At that momentary, the holy saints who was arounding her, "Oh what you did a stupid work, you did a really stupid work!" Then they take the, only one pot and they make all the blood ch, ch, ch, ch and again they fixed the certain energy to heal and they covered. After a few months they, the kids came. Whole like everybody's, like a foolish people – crazy! Because of outside they have no, one percent feeling on the God, because of, they never been in the mother's womb. If they grow in the mother's womb at least they think about the kindness, sympathy, something they can feel the, the love at least one percent. They're totally like cruel persons in the *Mahabharata*, because of, they never been in the mother's womb.

So, how is the mechanism, the mother's soul, how it comes from the mother soul to the baby's soul? How the energy's going pass-oning? It's a beautiful question. Anybody have any idea on that? How the mother can transfer the energy to that baby? What is the mechanism? I think the mothers can have only, have the small idea.

Students: Love, the love...

Philip: Some of the scriptures actually talk about a light from inside the mother being transmitted on to the baby...

Myuri: Through the blood?

Student: There is an expression of the feeling of love from the soul, the soul, the experience that the child feels, the comfort and security from the mother.

Swami: No.

Babu: The heart, can it be the heartbeat? Can it have something to do with the heart beat?

Swami: Here, what my main point is on... when we're sleeping, how is the soul going out and coming inside? When the mother is taking a sleeping, the always baby's soul, baby's soul it's going out. Before the mother, even though you can see, if the mother tiger and the kids, if she's giving, the mother tiger is giving the milk, the always small tigers coming, again it's coming back to the mother. You observe

that? The puppies is always going around walking, again it's coming back. Like when it's growing that energy, when it's sucking the energy, the soul always pass-oning to that person going out. When it is going out from the door of the mother's soul, it must go out. When again it's coming inside, it must come in. Before, when the soul is coming in her, it's a...nobody have no idea on her. My feeling is not coming through the mother' soul door to producing another soul to having in the mother'womb. It's the unbelievable God creation, just it's happening, you understood?

Students: No, no. (Inaudible questions)

Swami: At the starting point the soul in the mother' womb, it's only from the connection from the divine soul it's coming, it's starting. When it starts, it means totally sweet like a commitment, "I'm living in this body, I'm living in this body, I'm producing from this body, I'm going out." When you have a commitment, when you starts in the mother' womb, when the soul is going out from the body it must go, it must go this door of the mother's soul, through the same, through the mother' soul door.

Babu: So after it comes and goes through the mother's soul door, where it comes from is not exactly certain?

Swami: Everybody has a strong feeling it's divine, it's a God's grace. When it's going and coming back, going and coming back, at the time automatically the soul absorbing a lot of energy. It has the strongest energy to the mother and to the children. Even though nowadays the father have the sometimes little crazy thoughts on the children, the mother always, she never think on the children any moment on the bad. You know what I'm saying? Is it true?

Babu: Yes, unconditional love.

Swami: It's unconditional love. The father have, I can't say a hundred percent. There is many fathers that have one hundred percent, but the father always forget, "Ok, hi how are you? Are you doing good? Fine good."

Babu: Can you play golf yet?

Swami: When the childrens is matured, until to they ages they're playing with the children, hey this...then they are growing up, then they found girlfriend, boyfriend then after that is the energy, then it started... But the mother until she died her children have any little problem, even though she can't do anything what's difficult for her, she lay down on the bed and she's praying, "Oh God, please help my children, help my children..." That kind of the strongest link to the women, heals first... because of the Ramakrishna Paramahansa, he told one sentence, "If the woman did two years meditation, if the person, the man did twelve years meditation – it's equal." Women can gain in couple years the same results what the man did in the twelve years. That kind of ability, capability have the women in the nature, because of nature is the mother. In the whole *Vedic* tradition, the mother is the nature nature is the mother.

So when the soul is going out from the mother's soul, up and down pass-oning from the mother's soul, observing lot of, lot of, lot of, lot of knowledge. You can see practical experiences. Suppose the mother have the two babies, like one year, one-year difference. Like a two years kid is there, one years kid she born. Before she is getting another baby, she's carrying one is in her arm, like a small one and a half, two years kid. One is like a one years kid. If the mother carries the one-year kid, the two-year's kid is going very jealous, he's crying, "No, I must come there!" Do you believe it?

Students: Yes.

Babu: I still do that. (*everyone laughs*)

Swami: The two-years kid, he don't know about anything, the energy, anything about the nature. Like a two-years kid, he's very jealous, "No, I must come in your hands, how can he comes?" Suppose if I'm talking to somebody else...

Student: I don't know, why not me?

Swami: If anybody saw, "Oh, Swami's talking to that...uh, uh...Oooo..." (*Huge laughter*) Everybody's like that, that's dharma... it is?

Babu: No, it's who gets there first.

Swami: I can't help it that. So like that, around the mother's soul something rights... automatically the cosmic, the knowledge automatically we can suck that from the mother's soul. That is the God energy, there's already it's there, it's there. So to find that to go inner, deeper level, is the real soul have the jealousy, is the real soul have the different type of ego and problems different things... to go in deeply it's like a meaningless. But it's still there, we can find some like a one and a half years, two-years kid, like that.

When the, generally the person, when he's sleeping...it's very important point. Everybody want to, if anybody want to find the vibrations, the energy, when the person is in the deep sleeping, if you sit in front of him, just observe his eyes. When he's sleeping, just keeping on observing his eyes and concentrating on his third eye – there's a big chance, even though he's in a deep sleeping, in a matter of a few minutes or even though he's like a big rock sleep person, he comes wake-up in like within short time. It means, if you wake up means, his soul and your soul maybe at any some years back, any life-span timings back, you are very, very, live together. That type of person you can do friendship with him forever.

Babu: That's why I wake up as soon as you walk in right?

Swami: You can make the friendship with him, you can believe him, oh, he can't do any harm to you, that's the Indian belief, faith. Although he's sleeping, just you concentrate on him, just focusing on shoooot. In a few minutes, or maximum like half an hour, forty-five minutes, he goes, "Oh, somebody's watching..." Something is there running, immediately he go, "Hey, what you doing here?"

So, at the time, at the timings, there's the one. Number two, when you want to heal any person who was really, very, very depression stage, heart broken with a crazy mind – they are totally fed up in their lives. That type of person, they have no will power, they have no confidence in their lives. That type of persons, if you want to heal the persons, is the best timing to heal that person, anybody's souls is when he goes to sleeping. Do you believe it?

Students: Uh-huh. Uh-huh.

Swami: When he's pin-drop silence, when he's in the deepest sleeping...

Student: Pin-drop silence... (and laughs)

Ramakrishna: I have a question I want to ask later, I don't want to interrupt you.

Swami: At the time, certain prayers making to rising of the soul, "Come on, what you doing?" The master, the healer telling to the soul, "Come on, what you doing little crazy stuff. What you doing little crazy stuff in this person's life? Please forgive whatever he did." He means the emotional energies, the ego, whatever he's created. Unfortunately it's came to the body. So, even though you're keeping on telling to the person, but still he did. That's not, it's not punishable, like a lawyer like making to the convince to the soul.

If you did the prayers, when you're doing the prayers, the flowers must necessary in your hand to hold at his heart, wherever the exact heart is beating, that point keeping the flower petals on the heart, when at the time personally, if he wake up the healing doesn't work on him. When the person, when the person's in the deepest trance, in deepest sleeping, at the time like a gun shot to heal the soul, making very strong confidence, washing his stress, washing his depression, making much will-power, commanding. Whatever you have the problems to facing like a... without his notice, "Ok, what's the problem, ok no problem," because of, you already did a healing to praying on the soul to making forget it, forgive that.

Babu: Can you drug them to keep them asleep while you do this? Can you give him some medication to keep him in the sleep while you do this?

Swami: Medication?

Ramakrishna: Yes, to keep the body asleep, to keep the person asleep.

Swami: If they have any drugs, if they sleep under the drugs like that, the healing doesn't work, pure divine sleep, like a natural sleep - very important.

Virginia: Do you just lay the flowers on him?

Swami: On the heart.

Virginia: On the heart and then you don't have to touch, you just lay the flowers there?

Swami: Exactly, where the heart beatings start, their functioning place, keeping the flowers and praying. After then, you prayed everything, then just you took one petal from heart, just you took one petal and you throw it away.

Myuri: Throw it away? Where? Anywhere?

Swami: Just you took one flower, it's a huge chance to the soul to be very strong, a lot of information he can suck himself in the meditation, beautiful thoughts in the meditation automatically raise up in his mind. Just suppose even if he have a, he have no idea on any subject, you take the paper and pen, like that it comes. It means the mind, the soul always giving the information for the, the mind, "Ok, ok take it. Like a ...just giving up to the mind always taking like a elephant's trunk. The soul knows everything in the universe, the cosmic knowledge.

Virginia: Would this work on someone who's manic depressive? Someone who's manic depressive, they have big depression and they...

Swami: Whatever they feel unworthy, guilty, bigger pride, no confidence like... any questions?

Ramakrishna: Is this the technique that you did Monika L. ah, what you did with...that night?

Swami: No.

Virginia: Could that have been used for Illya?

Swami: That is different.

Ramakrishna: The next morning she was like normal...(Inaudible)

Swami: She'll be ok. Whole her life will be successful.

Myuri: Would this work with Alzheimers, you know Alzheimers?

Virginia: They loose their memory; they don't remember anything.

Myuri: So it's like a disease, well they consider it a disease.

Swami: Can help them, you can help them... That type of persons, you can heal that type of persons on the moment, and also who have the really... in the night times they have a hard time, they can't sleep always bad dreams comes to them. You understood what I'm saying? Like waking up shouting in the sleeping. There going, "Ahhhhh, ahhh..." and they're telling, "Oh mom, something came..." like that. It means nightmares. At the timings it means when the soul is, when you're in the deep sleep, when the soul starts to walk, like a little walking, they found some spirits is bothering them or that soul before, in any past life some wounding has happened, any big incident. At the time, then it makes the memory to the, it indicates the memory to the mind. It's keeping on some souls, even though they are very, very, very, very deep sleeping, some souls always teaching to the mind. Then the mind always making the visions, it shows a like a movie.

Some persons when they're sleeping, they're always talking, "Da, da, da, dada, da, da, dada." Getting in the car, starting the keys, throw in the car, "Who are you? What you're doing? Bring the food in the kitchen." Nobody's not there, just they're talking, it means, it means something the soul, there's a big chance there's a disease...*(Everyone is laughing and talking at the same time, inaudible – tape cuts)*

Swami: Where am I in the point?

Students: *(Again, everyone is talking at the same time)*

Swami: Like talk going on, talking in the sleep. At the person's house we can heal. Some persons, they started to walk in the night times. They walk in the streets. Some persons they doesn't know, they take the car keys, they are goes... What we call that type of walking?

Students: Sleep-walking.

Swami: Sleep-walking. Is anybody has that type of disease here?

Myuri: I know someone.

Students: (*Everyone talking at the same time*)

Swami talking to Monika L: You have known anyone like that?

Monika L: No, never.

Swami: Never, not in the kitchen?

Monika L: I won't sleep up stairs though.

Swami: We can heal that type of persons. Making very strong the soul. It means we can say the soul knowledge the soul is very weak. The soul have no much commanding power, the soul have no much commanding power. When you have no much commanding power, you can't control your body, you can't control your ah soul, it goes very crazy. If you make the controlling even if he's waking up, "No, then go don't wake up, don't wake up, don't go." Like strong spell on yourself, strong spell on your body. I don't know how to say...

Ramakrishna: (*He's hugely laughing.*)

Swami: What are you laughing about?

Ramakrishna: I'm laughing about... I'm thinking I must have an unbelievably strong soul because I'm out there. (*joking and laughing*)

Swami: I am a pretty good sleeper. I'm a good eater and good sleeper. (*Joking inaudible*) So, these are all things, from the medications there's many explanations there, the doctors, but the soul healers they can say it's the soul defects, nothing but soul defects. We can, if you heal the souls, if you heal the souls everything will be ok. Then, how it possible to see the souls, it's a big interesting subject.

Virginia: Very interesting. (*laughing*)

Myuri: Swami, excuse me. How do we heal this person who sleepwalks and talks in their sleep. How do we heal them?

Swami: The flowers, that's one technique using the flowers.

(Students joking around again)

Babu: Yeah, they can get up and walk during the healing, but they get up and walk during the healing?

Monika L: While you're doing the healing, then they'll get up and sleepwalk?

Swami: And the second chapter, you have any question on this?

Student: I do.

Ramakrishna: Ah, I think that question maybe has the wrong answers... they are a whole other topic.

Swami: Go ahead.

Ramakrishna: I'm thinking about when you give the healing with the flowers and the water and the...you know like healing the people, like looking into their eyes when they're looking in the fire...I was curious about the dynamic you're using that element for the soul...

Swami: Oh, you're thinking on that chapter uh? Well, everyone, like in a garden, there is many, many, many fruits, different type of the fruits mangoes, sapota, banana, orange, there. Each fruit gives the energy for having no hungry, but we have the soul's tradition, soul knowledge, it's like a very powerful one. You understood? It's one of very powerful to...what's your question? What is it about, Elements?

Ramakrishna: Just the dynamic. You were talking about healing with, like looking at someone when they're sleeping with their eyes closed, then next day, then when you heal like with the five elements, some healing techniques where you're looking into their eyes, like the person in their eyes or you have them looking in the fire and the fire mantra, is there some similar dynamic with the soul energy? Is there, an easy to discuss that, or if it isn't important at all, just forget it – it's just a curiosity.

Swami: It's a good question and also it makes right now, it makes the people easy confusion what's to do, which one is good? Swami gives a lot of information which one is better than that, which one is good to use. More than this, what I teach, there's a many, many techniques just like that to heal (*as he is talking he is snapping his fingers*) First I went to my information very hard one, like making hard, big subject, making then little easy, then making them little easy, then making them little easy, then making like that.

The elements, when you're healing the person, the vibrations...whole your energies it's going to the person. When the person is totally attention on you, it's going to the commanding. Your soul is commanding on his soul. Without your notice, it's going now, "Right now, I'm healing this person. He must heal, heal from me so and so problem." You have that aim in your heart very strongly and your soul energy has strongest power working on him now. You must be in control, you must be... something power must be remove, you understood? So that type of your soul, strong soul energy is working on that person, it happens.

Ramakrishna: What about that energy of the water, the fire?

Swami: Same. If the healer is working on any person, patient, any person, it means your soul energy is totally commanding on that person, everything your body and the soul, everything it goes working, everything then it works, it gives mainly your soul. That's why the peoples says when you become a healer, it means first you must have your strong commanding willpower, and big loving nature, and big sympathy nature, and big forgiving nature, and strong determination. Those are all very important to...

End of Talk