

Swami Talks on Enlightenment
Shakitapat and Moksha, Part Two
Teaching in Hampi, India
January 16, 1999



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Swami: I think it's very beautiful here.

Students: Beautiful, peaceful.

Student: I feel the old time.

Swami: Pardon?

Student: I feel the old time.

Swami: Here, I'm asking one question to everybody. Everybody saying, "Shakitapat, shaktipat, shaktipat." Is that right? What is the conversation?

Monika L: Shakitapt?

Swami: Yeah, Shaktipat, what is it mean by shaktipat?

Virginia: Transmission of spiritual energy.

Swami: You're Texas pronunciation... Once more.

Virginia: Transmission of spiritual energy?

Swami: Anybody have any idea? What is it mean by real shaktipat, Shakti pat?

Diana F: The awaking of creation within us - shakti, the awakening of shakti within us.

Swami: Think about it one minute. Any answers?

Student: A well of love, a deep well of love?

Swami: Is it necessary when we are giving the shaktipat to anybody? Is it very necessary to touch here? Why can't we touch any person, any part? I'm giving the shaktipat like that. Why the people only just touch the thumb on this spot? What we call this spot?

Students: Gurustan, gurustan.

Student: Third-eye.

Swami: Same, it's called Gurustan. This is the center point of the spirituality. Where is in your body center point, generally the physical form. Which one is the center point - navel?

Students: Uh-hum.

Swami: Like spiritual center point is here. When we are open the eyes, at the time, the third eye automatically it closes. When we closeses two eyes, then the third eye - automatically it opens. That is the spiritual eye. Through that eye, generally, that eye is always making different kind of the cosmic illusions. Totally it's covered with the darkness. That light is very powerful – that third eye is very powerful. Even though it is very powerful, all around that eye big darkness is covered with that.

The Shaktipat means, to removing the darkness from your energy, to removing the darkness to that eye - to making the clear to see. When you can see anything, then you can recognize what is the energy, what is the truth, what is happening. Just removing the darkness, that's called shaktipat. There is no way, any person, generally, like ninety percent the *Vedic Tradition* says, highly impossible to give the

moksha like that - the knowledge. They must do hard work. Suppose there is a book, the knowledge, the information the master can make to teach, he can make to read, he can make to learn how do that. He can teach alphabetals all abcd's, the whole information – everything. But the student must do the hard work himself to get information from the book. Like that to giving the shaktipat, he can make to see, he can show the path, different angles to reach the God. Then the student must be necessary to do the hard work – to reach that destination.

Even if you take any person, any saint in the universe, ninety-nine point nine percent all the saints, they did their hard work. If one person got the enlightenment, if the person have some more information, if he has some information in his hand, in his brain – if he shares the God energy, the God information to any person without no idea if that one person if you had any your friend, if you shared your knowledge to him then it brings to you a lot of energy to bring up. If you keep yourself, “No, it’s mine, it’s private – I don’t want to leak this idea - no.” If you make yourself selfishness, it’s very difficult to grow up yourself. If you share with the different type of people, different people to telling the all God information whatever you know in your life, it makes you much energy.

Does it make sense? Suppose you are a candle, beautiful dazzling light, you must make lot of candles, as many as you can. When you make that, the real happiness, you can feel that. If you’re not making the real happiness, the happiness of whatever you have that – you can’t taste really what it is. So, everybody must be share in the spirituality, how much they can – they must. Whatever they share about is very perfect or not, if everything is good, spirituality is good – if you share them, it’s very good progress to reach to the enlightenment.

What is enlightenment – moksha? Before, when I’m going in the silent stages – before, this is all the introduction subject. What does it mean by enlightenment? Any idea?

Virginia: Moksha, liberation, freedom from attachment, freedom from bondage.

Swami: Freedom from the?

Virginia: The attachment to the world or to the bondage of the world – things that grip the mind – from illusions.

Swami: Hanuman making sounds – wait. Ok, tell me.

Virginia: Um, freedom from...do you want me to repeat what I said? Freedom from bondage to the world, to the attachments of the world from the mind being attached to things – freedom so you're not, so the world doesn't pull your mind - your mind remains in peace and silence, pure consciousness.

Swami: What does it mean by not attachment with anything, the bond... What is something... I think I understood but attachment, your way of saying away from attachment. To get away from the attachment you're saying?

Virginia: Yes. Yes.

Swami: To be attached to spirituality is also one of attachment, (laughter) it's one of attachment. Any attachment is attachment. You're attachment to spirituality. Suppose I attached to Philip – that's attachment. I attach to Rama – that's attachment. I attach to Krishna – that is attachment. I attach to Baba, is attachment. I attached to spirituality, it's attachment...

Virginia: You're attached to God. (Great laughter)

Swami: But it is attachment. How it comes beyond the attachment? It's not detachment. What does it mean by enlightenment?

Diana F: When you're full of light.

Swami: No - when you recognize yourself. It's not a matter of attachments. When you recognize yourself, just, who you are, where you came from, where you're going, what is your duty on this - period. If you got the perfect information about that – that is called enlightenment.

You never care about anything in the universe. You never care God – you never care about anything. Because of, you know who you are. Braham brahasmi. Is the God is great? How he became great?

Everybody is saying, "God is great, God is great!" How he became great?

Student: That's a good question.

Swami: How he became great Monika L. Who made him great.

Monika L: That's a very good question Swami.

Swami: It is tell me, I have big confusion. Help me, who made Him great? How he became great?

Ramakrishna: He made himself great.

Swami: Oh, I didn't know you here.

Ramakrishna: He made himself great because he knew himself, he realized himself and expressed himself.

Swami: Everybody's Gods. Everybody's the childrens of the cosmic energy. Everybody's the purity of the divine, pure divine. Every soul is a holy soul - pure crystal positive energy. When we can wash all of our negativity, different illusions – when we can wash ourselves, when we recognize who you are, then automatically we can recognize you're the purity.

I have the flower in my hand, she has no flower in her hand, I feel a little - I'm great, she's feels little - she's less. God has beautiful heart, not beautiful - holy heart, pure, cosmic energy, He's away from everything, then we are thinking, "He's the great, He's everything" because of surrounding God there's negativity, illusions, darkness, the attachments, depression, angry, unworthy, no confidence fear... These are all things that makes to pulling down, pulling down, pulling down... The Buddah, you know Buddah? Who is he?

Student: Great master.

Swami: Elevated soul. He got enlightenment. Enlightenment means, how he got enlightenment?

Monika L: He sat very quietly.

Swami: Correct. He went away from everybody, in the deepest forest. He sit under the tree in front of the water flow – very peaceful spot, deep, deepest, the deepest silence. He said that he started to think on the nature. Nature is the Mother – God is the Father. The God never teaches anything to any person. The nature, she teaches totally, clearly everything a to z. God just, he’s a protector – Mother is the teacher.

In the nature after little while, after little while, after a little while, he’s thinking on the nature, he’s thinking on the cosmic, he’s thinking on the different type of the illusions. What is the formula of the birth and death? Why the whole creation is coming and going? Everbody’s borning and they’re dying after a little while. What is the purpose? He’s stubborn himself in his heart – big battlefield. In the deep silence he got one message – desires, just one word, “desires”. Then he told big script, how to be a man, human beings to act – perfect path to reach the God, he told many things. But finally he researched on one word like, desires. The desires makes to, it creates the illusions, it creates to the darkness, it connects to the human beings to “puts down” with out them recognizing themselves, some hundred of life-spans to reach the enlightenment.

There’s a big trick about the God, that’s my personal experience. Because if I want to this flower, if I go for this flower, this flower goes a little far away – ok, who cares, no problem I don’t want that. If I say, “No problem.” Then the flower comes in front of me.” At the time I have no feeling on the flower. What can I do even if it comes? Ok, done. You understood? It’s there.

The God’s testing, the God’s illusion, the cosmic illusion - it’s not the God - it’s the energy. It’s the energy testing on us, the big energy testing on small energy. Small energy, is also, is always testing. Whatever we put the concentration - focus on that - it makes to tricks, “little far away, little far away, we are searching for the...we are really wanting the... we are praying for...” different little, silly crazy things. Our mind and our soul and our energy goes to divert, making to divert for to silly, simple things, not for the – not straight point. You understand?

In every person life, they must be concentrate the reality, the real thing – that is God’s love – the pure cosmic energy, pure divine energy. If we really try for that, in front of that - everything is

nothing. If we try for that, automatically everything it comes in front of us, making to divert our positions. Here there is one million dollars, here is one beautiful house, here one beautiful girl, here is a beautiful husband, here's a beautiful "name and fame" it's coming in front of your life - like a making. When we're trying beautiful thing... In my student's experiences, there is a lot of "name and fame." God gives the greatest blessing to them, "name and fame." When they got the "name and fame" they goes a little ego, "I am... I am..." Thousands of people, "Who he is, he is..." Ah-ah, forget his life - he's in that. Just, simply giving just illusion net, like a fish, what we call - hook, he's there, like he don't know it's a big hooking - he have that.

Everybody must be very careful about the illusions. I'm telling about the illusion chapter - different types of the illusions, how He plays. Enlightenment, enlightenment means, when we recognize ourself - the truth of your soul. There is no difference between you and the God - the same, in his corner like - he's not there, you're not so less - just you and Him - equal. That's called enlightenment. You are in the God heart, God is in your heart. You are with Him - He is with you.

When you have the strongest confident, when you have strongest faith - that makes you powerful healer... You can able to give strong service in the human beings. You can share the strongest energy with all your friends. Does it make sense? When you are going to see any person, you must be - pray first - generally, who have the really problems, tell God, "Please remove all the illusions. Please take out all his illusions from his soul. Please, please, really, really I need your help to remove all his illusions. By the grace of you, by the grace of you, I'm healing to this soul. By the grace of you, I'm healing to this soul." That's called the enlightenment - then you can start the healing on the people. What is called moksha? Any persons have any idea about moksha?

Virginia: Liberation?

Swami: What does it mean by liberation?

Virginia: Freedom.

Swami: Freedom? I think you are a free bird right now. (laughter) You have no boyfriend, no husband, nobody bothering you right

now. *(more laughter)* You're not a free bird? What does it mean by moksha Philip?

Philip: Permanent channel to the energy, opening your channels.

Swami: Oh, you talk like a scientist. That's one way, good, but I want more.

Diana F: Happiness.

Swami: Think about it one minute, what about moksha.

Student: Only wanting God, only wanting God. Just thinking about that all the time.

Swami: Everybody's answers is only like thirty-five, forty percent. I want ninety percent. Moksha, moksha, moksha.

Student: Surrender?

Nancy: Permanent removal of the darkness, the negativity?

Swami: Fifty percent.

Nancy: I'm getting better.

Myuri: Total surrender to God, total surrender to God?

Swami: Twenty-five percent.

Myuri: I'm going down.

Virginia: Beingness, wait, silence, being in the ocean?

Swami: Ok, I will tell. Different, different – it makes me little disturb, a little confusion – no. *(joking and laughter)* It's simple. Moksha means, when your energy reaching higher level, higher level, higher level, finally when you see it yourself the first time being. You understood? First time recognizing yourself – first time, the first moment. When you recognize yourself, when you recognize the whole creation, when you recognize the nature of the God. The first

time, first, what we call? The first shot, first experience, that called, "You got the moksha."

Suppose my heart is very, very eagerly to see to Baba. I waited ten years for to take his darshan to talk to him. Like really my heart, my energy, I tried to climb, climb, climb, climb...I destroyed my illusion, I destroyed my darkness, I destroyed all my angry, depressions – I removed everything, then I climbed, finally I gotted Him. Then he came, I thought, "Hey, that's simple." And when he reach that stage, he's also high, you're also high, then you think both are down, "Oh I reached the same height."

But experience to be with the God, to be there with the energy, the first momentry situation to opening your, all your channels, whatever the opening, all your energy – that's called moksha. The *Vedic tradition* says different register.

Student: When Philip danced with Baba he told us the story.

Swami: In the dwarkamai?

Student: Ah-huh, this is moksha, yes.

(Some disturbance there – lots of noise, people, traffic...) See the peoples, they goes like that. *(Swami talks to the people in Telegu then says,)* "I don't know if they are talking or if they're fighting. They sounded like that."

Swami: So, you got the information about the enlightenment, and the moksha and the shaktipat. Through the Shaktipat when we are removing the darkness to any person, you must be very careful, it's important. When you are sending your light, when you remove the darkness to the third-eye the darkness must be, it must be come in you, or you must able to... you must able your energy to burn the darkness. You understood?

Students: Yes.

Swami: If you have not, so much highest capability to give that energy, to give that light, to make the light to remove the darkness, it's a little... a little problem comes to you – you are sucking the darkness. Like thousand person, two thousands, five thousand

persons, if you going on to giving the shaktipats you go like a little dark, it's true. If you have a hundred rupees, hundred dollars, if you're keeping on giving one dollar, one dollar, one dollar, one dollar... if I have no source to coming again, after a hundred dollars if I shared hundred persons, where it go? Empty.

You must be – put certain perfect channels to with you, the energy, and to give the energy. When you're giving the energy, you must be command, "Just one hour my meditation, I'm giving and wake uping his third eye. I'm removing his darkness." You must be command yourself, in your soul. "Since one month I meditated like that - only one month worth of energy, only one month I wanted life." You must be told yourself, in your meditation to your soul, "Oh my dear soul, listen me, I'm sharing my energy, only these thirty days meditation power, I'm giving to my friends" You understood – the limit. Everybody thinks little bit crazy uh? "Swami's telling crazy stuff." I create...soul records every point-to-point, whatever you're doing the activities. Even if you go next life, certain souls when they gets like two, three months babies, when they starts to talk they said, "Hey mom, I born in last life in Los Angeles, so-and-so family, so-and-so address. My parents is so-and-so, my wife is there..." It indicates the soul, everything from A to Z. The soul knows everything whole about your life's history - how many bodies you been in your life – the soul been in your life. How many animals, how many birds, how many human beings, which family, what you did mistake, what you're going to do – everything it knows, totally recording.

When you're sharing the energy, the soul energy, not the mind, not the body - when you're touching the body, the body's simple it's like a dust bin, the energy is not going through the body – it's a crazy. The soul energy is coming through your body, the body is necessary but, it's not really, not necessary. The Jesus when you're meditating, he no need to come with the body, just he sends your soul the energy wherever you are on the planet. Wherever you are, suppose you need some help, suppose you are in the dangerous situation, if you pray on him, his soul energy comes to make you to protect.

Here, when you are sharing our energy, it's only through the body to the vibrations it come from the soul not the mind, not the body. The body maybe makes many mistakes. There is no pure body, there is no unpure body whatever you got the diseases that's the doctors' problem and the patient - that's different. The soul' accurate drop-

by-drop, suppose if it is one bottle, each drop counts loosing from the soul. It's going empty chhhhhht, again you must meditate, again you must be raise up. When you are using, again it must come down. Each, one person, if you touch one person, "I'm healing this person," like la, la, la, meditating – without your notice, going, a lot of Shakti – going (Swami whistles). You're receiving a lot of stress, negativity and again, you must be able to decharge that. I told in the Elements beautifully about that. Am I?

Students: Yes.

Swami: I told that. So, when you're sharing your energy with hundreds of people, you must be commanding your soul deepest, deeply, deeper level in your meditation. When you're going to heal any persons, you must receive only this much of quantity, this fifteen, twenty days meditation. Suppose I meditated like one year, three hundred and sixty-five days. I'm using only ten days of my energy to my sharing with my people whatever the energy it is, "snap" done. But how much your percent of the energy, it must be only your heart - never and ever not saying to any person in your life, "I shared only this much energy, I shared only this much of energy." Does it make sense everybody? Sam, does it make sense?

Babu: Well actually it gives me more questions because if I'm sharing my, that healing gift with the eye with people what's like, happening to me?

Swami: I'm going, telling to you – listen. Pardon, tell me.

Mandy: I said, Swami just said to meditate and recharge again every time you...

Swami: I told in the mantra, each mantra gives unbelievable charging – here, that's one technique. The second one... (*Swami said to someone, "Again it's little divert, ya."*). Suppose you're here, thousands of people at least at my birthday. How many people almost of came Joey?

Joey: Thousands!

Swami: They came, everybody saw thousands of people - they touched me. When we are seeing...When I told you, Babu, just you

see all the people and you send your love and you send your energy. When you're seeing, definitely at least you're thinking in your heart something about God, something about me, something about, "I'm healing the people." Is it right?

Babu: Yes, I do that mantra and I see you. Yesterday, I commanded you for the first time.

Swami: When I give the personally to you, you can heal with your eyes means, not your energy going through you. It's my energy coming to you – you're doing that.

Babu: See, that's what I thought! Ok, that's fine, I can still do it and... I just don't want to be like a vacuum cleaner running dry.

Swami: Oh no, all my students, what I give word... Today I had a conversation with Ron, "Swmai I'm doing healings, all the negativity I'm losing - you are taking, right – you're taking that right – you're taking that right?" (Swami's laughing and saying) He's keeping on asking, making confirmation. "I confirm, I confirm, I confirm – done, yah." He's satisfied.

Babu: Can I ask a question? You had mentioned that sometimes I should ask for something that immediately I should bring you a flower or something. Is that for the karma of doing it?

Swami: Yes, just flower.

Babu: Because there is someone in the group that would like me to do it and karmically you mentioned that and I just wanted to know.

Swami: My advise, any person going to heal anybody, keep some flowers with you. Keep the flowers with you or any fragrance, incense - ninety-eight percent first preference - the flowers.

So...like that...when you are utilizing the energy, suppose some person they sit in front of some person, they touches the whole keeping on meditating. Some person saying, "I'm sending whole my energy." That is ooo... "I'm sending whole my energy to this person to heal, oh God..." In America I observed, snap, humph. Automatically the opposite person's soul, "Come on, I'm ready - done." It means, with whole-heartedly he accepted, his doors are

open for that soul – take it. Like opening a safe, “How many dollars do you want – take it. How much money you want? There it is, a lot of Shakti – you take it.

So the soul records, generally the soul records every point-to-point in our lifetimes and in this present life. Here my main point concerning – whatever we are doing, we must tell to our soul – these are all the deep silence, before the stages – introduction. When I’m teaching the silent stages, these are all uses, to everybody – giving a lot of information. Whatever we are doing, “I’m doing this, only certain... So, it’s very, very important. So everybody got my point?

Generally in America, the healers, why they are facing a lot of problems – eighty-five, ninety percent what I observed, maybe it’s true or not. Many healers, they are facing many problems. Is it true? They know only how to do help. They go on certain level going on, keeping on helping. The source of their energy is sometime it going to stop - they don’t know how to decharge the karmic people, karma – the negativity. It’s like a circulating, like a wheel. When it stops, at any moment, it’s like little problem.

The *Vedic tradition*, even though if you have the hundred stuff, karmas, you have... if you meditated one time, the Gayatri mantra – the perfect pronunciation with the Gayatri mantra – it helps you a lot! Like a snake, every month, one and a half, two months different types of snakes, it goes to remove the skin. You understood? Every snake at certain period of, it goes to remove the skin, again it’s reproducing new skin. Like every person, if you keep on meditating the Gayatri mantra or certain type of the healing technique mantras, the *Vedic tradition*, like every little while making you to decharge all the karma - especially the Gayatri have that kind of power. And the bijakshara, any bijakshara can help you a lot - just one word – that’s why I gave to many people their personal word – personal mantras. Just keeping on pronouncing that - producing lot of Shakti, lot of heat, lot of vibration, like big powerful man – confident. That’s why I give to many persons, just giving.

The ancient people, like Maharashi, Muktananda, just they use to give only one word: Im, Kleem, Sreem, Hessreim. Like that, is it true?

Monika L: Like So Hum

Swami: So, you have Marharishi?

Philip: Muktananda.

Swami: Muktananda what he give the mantra to you?

Philip: Om Namashivaya.

Swami: Om Namashivaya, that's good.

End of talk