

Stages of the Ages, Soul Development  
Eight Door Process, Doors One to Three  
Talk at the Farmhouse  
May 20 1998



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**Swami:** Soul abilities, soul ability, what you call? Confidence.

Students: Inner knowing, self-confidence.

**Swami:** How generally, I'm asking the questions to everybody. How generally the confidence will rise up in the human beings in your western processes?

John: Experience.

**Swami:** Experience means he's always going on moving?

Students: Practice.

Ramakrishna: Experience means he swims one mile, comes back and then he swims two miles. He knows he can swim two miles, three miles. He has the confidence because he has the experience.

**Swami:** Some persons, even though he have no experience, there is a necessary time, than he can. At the moment, how is the easy process in the western process to make their confidence, their soul ability?

Virginia: Practice?

Johanna: Encouragement?

Student: Faith?

**Swami:** Pardon?

Virginia: Practice, like if you want confidence in healing you get out and heal people, different people and then you gain more confidence.

**Swami:** There is any techniques in there, in America John?

John: All kinds of books are written on it, I've written books on it, I have tapes on it, I have courses on it - mine is the best of course.

Ramakrishna: Better than Tony? (laughter)

John: Well this is the experience - what you're saying is good common sense. If you want confidence the father says to his son or daughter, "I'm right here for you, you practice" and the child gets support and when the child makes mistakes the parents love the child anyway and they come to the practice and they see the child. My daughter has tremendous confidence because she gets lots of love. Another child might go to practice, no one's there, she makes mistakes, no one says, "It's ok, you did a good job, love you." No one gives the child love so they begin to doubt on themselves. So, then they grow up, become famous doctor, I've counseled famous people - they do their technique every day and they're successful. But when they go in, their hands sweat they're afraid, they're anxious, they're nervous and you say, "But you're an expert, you're a master." and they come to me and they say, "I'm nervous, I'm anxious I'm scared..." Those people, they have experience but they don't have the soul, the soul which tells you what you just said, the soul says, "I can do this." For me in my life lots of soul don't need practice, everything I do I just say, "I can do it and I do it."

**Swami:** This one very good, helps a lot. Here the Indian tradition, the *Vedic* tradition, every supernatural healer, supernatural saints, it's coming first of all - faith. And again, but faith comes to them when they are making their mind relaxing, you know the relaxing stage? Very relaxing, sucking the energy. Sucking the energy, when they suck the energy they feel very strong, very strong, very strong. Who does the meditation very peacefully, very relaxlly in the universe, the *Vedic* tradition says he's a number one confident person. Who does the powerfully meditations, he have the highest confident, his soul have highest energy, will power. He can think if any it is fall downing, like in a plant if a branch is falling downing, his soul he can command another soul - stop that!

Because of he already sucked from the cosmetic (cosmic) energy - his soul have that ability. His soul is right away, it's commanding on anything. It is a very deep inner sense meaning. Inner sense meaning means, it is a very deep sense - very deep knowledge.

When your mind is totally down, totally pin-drop silent, at that time you have only working - only soul. Your soul is just, it is opening, when it is opening - sucking the energy, making the much enjoyment. Satchitanandam, Brahmhanandam, Thanmyanandam - three stages. That's the *Vedic* processes. They are saying Satchitanandam, Brahmhanandam, there is many names, Satchitanandam, Brahmhanandam, Thanmayanandam.

Student: Thandam?

**Swami:** Thanmayanandam.

John: In the United States in 1970 is when Maharishi came from India, taught meditation became big, famous similar to what you just said. He said, "Still the mind." and from there you have power, confidence, peace of mind. Now in America the very common phrase in all businesses, they call it "Stress Management." The very big they think meditation is a little uncomfortable for some people like, "Is this a religion other than our religion?" So they changed the name and they call it, "Stress management" which is, you take away the stress and then people have confidence, they have peace of mind, they have.

**Swami:** Here...

John: ...and you're explaining it much deeper, you're bringing the soul, getting the mind calm so the soul comes up and the soul is what has the capacity.

**Swami:** When you are making the mind down, then how to make the rise your soul energy, there is at the time Eight Doors, is starting now we are, now we are entering the Eight Doors.

Student: Eight Doors or the eighth door?

Student: Now we are beginning the Eight Doors.

**Swami:** In the universe, nobody did this one. It's the first chapter they are teaching to the universe - Eight Door Process.

John: Ok.

Ramakrishna: Sounds like a good Chinese dish. (laughter)

**Swami:** What did he say?

John: He makes a joke, "Sounds like good Chinese food."

**Swami:** When you went to China to learn the food. (laughter)

Ramakrishna: You want to go?

**Swami:** Oh my friend is going to China; I'm going. (laughter) Actually, just listen very peacefully. Many saints, their experiences, they are saying with the different processes. But what I feel, when actually, the mother is a best healer in the universe to make a, the children from the beginning stage a big powerful healers. How to make their children, when they are small children after, when they grow up fourteen to fifteen, without their notice they are going to a beautiful healers. When they are in the one year, two years kid - what the practice? The mother, what necessary to practice on the children to rise their souls, to wake up their souls. After two, three years, after their habits, their mentality, their spirituality, their humanity, their divinity - everything going to change in a beautiful way.

How to start when the childrens is very little stage - to heal them? That is in the Indian saints, they're saying the First Door, but what I feel maybe that's fine, maybe that's not, but I'm also telling that one. But my feeling, that 's not true. It works - it works only fifty percent. When the children is sleeping, when the children is sleeping, sometimes the children they like that - you know what I'm saying? What we call that?

Students: startled

**Swami:** Startled crying, weeping like the situations is happening ninety percent, the children. They won't eat properly, crying like very strong, they want that. Making the parents unhappy, always crying with the different problems. At the time the mother need a beautiful prayer, the Indian tradition process. When the children is sleeping she must do that prayers - the first door opening - herself.

The saints in India, saints saying, using their energy making their soul open the First Door. You know what I am saying? But sometimes it works, but it is not work. The mother, first - she must open the 1st door. The mother have only the

ability, a right away on spot moment to wake up his First door because of, the same blood. The soul came from her body. That soul is, she manifested that soul in her womb. Highest vibrations, she can only in the universe, highest powerful healer on the childrens.

Even a God, Jesus came there. He is the next person, second person - the first one is the mother. Nobody knows that, that energy, are you understand what I'm saying?

John: Beautiful.

**Swami:** The mother have powerful vibration.

John: For her child.

**Swami:** For her child, perfect matching - spot moment. When she wants to open the First Door in her children she must sit very peacefully, chanting the First Door pronunciation, pronunciation - I'm giving that mantra - Sloka. May I get paper and pen?

*First Door Mantra*

om shira samudra  
nivaasini  
maha karunamayi  
rakshita viswa viapta rupini  
avaham avaham

If I write these mantras in English, English meanings, is it successful in America?

John: Yes, I need it in English. I put it in my new book on parenting, I'll say, "Thank you Kaleshwar".

**Swami:** What he say?

John: We need it in English.

Ramakrishna: He's trying to bribe you.

John: We need that in English.

**Swami:** Bribe means?

Ramakrishna: That means give you something, if you give him something - he's trying to tempt you.

John: You know in my new book on sex I wrote, coming out, says, " Thank-you Kaleshwar".

**Swami:** Oh my God – no.

John: It says, "Thank you to my good friend Kaleshwar".

**Swami:** No, laughing.

John: With a big check, he gets royalties on my books I get this chair though. You know they're taking this chair back today. I said, "No this is my chair!"

**Swami:** Ok, you get that.

John: You can use it but it's my chair.

**Swami:** That's fine. This one, this the first stage when the children, when they are kids, when they were kids this pronunciation perfect in a fraction of seconds, fraction of minutes, (whistles) are very happy, deeeep sleep. You know what I'm saying? No more crying, no more fighting with mother, no more because of from the mother she heal everyday. When the baby is sleeping, she is healing to the person, that baby everyday, that vibrations making him, his soul in a good path, good mind, good mentality. What you are saying?

John: That's beautiful, that's so beautiful.

Students: It is.

**Swami:** That's true, it's the Indian tradition.

John: Just along these lines when I talk about the healing powers and help out people on planes, teaching them. Always I tell them as a parent and they want this when you're children are fussy and upset, to be able to heal them cause most fathers and mothers sometimes feel powerless. They don't know what to do and if you give them this blessing, there's something they can do, they're so grateful. Like this parent wants to do something, you just don't know what you

can do, they cry - this helps them. Can you do a translation kind of a rough translation now?

**Swami:** Yeah I can do, now?

Shira samudra nivaasini Shira means milk. Shira perfect in Sanskrit - milk. Samudra – ocean, nivaasini - who lives in that.

Ramakrishna: Who lives in the milk ocean.

**Swami:** Maha Karunamayi - the lady of the highest sympathy.

Ramakrishna: Is compassion also.

**Swami:** Pardon?

John: Highest compassion?

**Swami:** Compassion is?

Ramakrishna: Karuna – compassion.

**Swami:** Sympathy, kindness - loving nature. Rakshita vishva viapta - asking her protection throughout the universe and rupini avahum - her structure, her energy, rupini means here, the form, her structure and her energy and her blessings. Avahum – sucking, avahum - sucking.

*The First Door Mantra*

om shira samudra  
nivaasini  
maha karunamayi  
rakshita viswa viapta rupani  
avahum avahum

John: So when you get your dictionaries you're going to do a beautiful translation.

**Swami:** Yeah, yeah.



Jonathan: What's the rakshita viswa viapta?

**Swami:** Um-hum.

Jonathan: In all the universe, what was it?

Students: The protection, asking for her protection.

Jonathan: Asking for her protection.

John: He just gave a rough sketch.

Student: Up to what age?

John: The first two years.

Jonathan: The rakshita is protection.

**Swami:** Yeah perfect, first two years, two and a half - up to three years it works.

John: Do you do it when they are upset or when they are sleeping or both?

**Swami:** Upset both, very powerfully it works when they are the sleeping, deep sleeping, like three, four, five minutes on that.

John: And you say it quietly in your mind.

Johanna: I was wondering if you have a small child and you want to start the mantra, you haven't opened the door when they are babies will it still work to calm them or do you have to begin right in the beginning?

**Swami:** No, no, no it works, but if the mother, if she opened herself the First Door - then there is no doubt the children is going to a beautiful person in the universe, a beautiful healer in his character in the universe, he's a good healer - no doubt, guaranteed.

If the mother is deep trance stage, if she's going on, if the baby is sleeping she's touching, she's in the meditation chanting this mantras, highest meditation trance she touching the baby's kid hands or legs, having the, pulling the energy. Then when you are sleeping you know what happening to you? You are in the deep sleeping. What happening?

Ramakrishna: To my body?

**Swami:** Tch ...where you are, what's running in your mind, what's running your soul - anybody recognize that?

Student: The soul goes up and meets the God.

**Swami:** Who told you that?

Student: You.

**Swami:** (Laughing) Everybody saying it's coming to me.

Student: You said that in Malibu.

John: Karma.

**Swami:** My karma? Yeah, it's perfect – good. When the deep sleeping means, perfect soul is in the deep sleeping, means are the best time to heal anybody in the universe.

Student: Is that why you walk around at night?

**Swami:** You saw that?

Student: Yeah.

**Swami:** Oh, too smart.

Gaya: Swami, this First Door is there a location in the body or a color associated with it?

**Swami:** Water?

Ramakrishna: There's a whole bottle right here.

John: I'll take that water.

**Swami:** I'm fine.

**Swami:** When the sleeping, especially to the kids, when they're sleeping that's the best time to heal them - to make their souls. The father can do but mother is the first character, then the father, then the master. Master is the third man, third person. Who knows if the parents knows the healing? First, to teach to their kids. Teach means to heal their kids. It is necessary in America, what are you think?

John: Definitely - a very good idea.

Ramakrishna: Absolutely.

John: I think this is going to be one of our biggest selling points in teaching people how to heal, every parent will want to do this.

Ramakrishna: Change the future.

John: I took a laying on hands healing course when Betty was a baby, best experience because I felt confident, I had the soul confidence, I know something I can do. I just put my hands on her like that and now my hands do so much more cause I didn't know, but it was beautiful, beautiful gift. Every parent wants this.

**Swami:** So, it successful John has certified that.

Philip: What is the oldest a child can be?

**Swami:** Three.

Virginia: Three's the oldest, from two to three?

**Swami:** Three.

John: From birth up to three?

**Swami:** From birth to three.

John: Now Swami, question, there's a movement in America when the baby's in the womb, I did healing every day to the baby in the womb and said, "Welcome to the world, I love you, soon you're coming out, everybody loves you." and they play music, soft music. The baby's used to the music and then when the baby later on, they've done studies and this works, when the baby cries they put

the music on cause the baby's used to that music in the womb with loving messages. Maybe there is some mantra to give while the baby is in the womb?

**Swami:** It's coming to the Eighth Door. From the Eighth Door it links, just you see, that's a beautiful class.

John: Yeah, ok.

**Swami:** Second one.

Philip: Second Door?

**Swami:** Yeah.

Student: Is there a location of these doors in the body?

**Swami:** Pardon?

Student: Is there a location of these doors in the body?

**Swami:** I will tell after when all this one, I will tell after from three to ten or twelve years kids, they won't go to the schools. You know what I'm saying? They're very strong. They're want, they're meeting to another their friends. At the time, their mind is going to, it is the mind roots time. You know what I'm saying - their character root time.

Virginia: Formation.

**Swami:** Formation time. It is a very important time, starting, little foundation. At that time, it works to the in the schools, teaching to the school teachers. They can heal to everybody. In the schools, every day all the childrens doing this prayers, fifteen to twenty minutes, like in a prayer. You know prayer? America there is a prayer?

John: It's against the law in America.

**Swami:** Here the teachers can heal to the students, master and the parents can heal the students.

Om santana rupini bhavia bhalvala.

Bhalvala means thoughts in Sanskrit. Ancorra chayda. You got it everybody?

Students: The same words we had before?

Students: Almost.

**Swami:** Vishva dharani bhavala krupa avahum

Student: What does krupa mean Swami?

**Swami:** Krupa means - the exactly meaning, krupa, my krupa, it means...

Ramakrishna: Oh, you're tired.

**Swami:** No, I'm forgetting English vocabulary.

Student: Grace?

**Swami:** Little bit, blessing, asking krupa - krupa perfect means – help, blessings, protection, here in a sense it comes to like a sweetness - you know?

Ramakrishna: Bhavala krupa - sweet thoughts?

John: Nectar?

**Swami:** Yeah sweetness, like a honey - balvala krupa - it means the thoughts of the sweetness. In the Sanskrit every letter if you put in the left side, right side, then the meaning going to change it, totally different changing. This is the second one.

Ramakrishna: Six more to go.

**Swami:** No problem, I'm going to take off very fastly.

Ramakrishna: I don't think you're unhappy, I just think you're tired.

Virginia: Is it samtana or santana, m or n?

**Swami:** Santana. San - santana rupini bhavia balvala  
 anchorra chayda  
 vishwa dharani  
 Bhavala krupa  
 avaham avaham. :

*Second Door Mantra*

Om Santana rupini  
 Bhavia balvala  
 Anchorra chayda  
 Vishva Dharani  
 Bhavala krupa  
 avahum avahum

**Swami:** Bhavala.

Ramakrishna: Bhavala um-hum.

Monika L: Swami can other people use this, other than parents or teachers? We can use it?

**Swami:** Yeah, you can heal.

Philip: Do the children have to be specifically present for this?

**Swami:** No. To improve their knowledge, to improve their mind powers, to improve their mind ability, capability, interesting, making them soul interesting on the knowledge, on the reading the books, to sending them in the deep knowledge, to making at their any interests, to heal their minds, to heal their souls.

Jonathan: Is there any difference, Swami, in the first one between that and the Om kuru pitta from the Brahma Kundalini Nadi?

**Swami:** Here there is no way to talk about back, here we'll discussion all the doors, then after we'll discussion, you know what I'm saying, I'm sorry.

Ramakrishna: Swami the children don't have to do this mantra?

**Swami:** The children if they do they, if they learn this one in the reading starting two, three minutes chanting that mantra, chanting that prayer they can start there.

Jonathan: Out loud?

**Swami:** Yeah, two or three minutes loudly, softly or loudly. In India, first when they starts anything, they does the prayers in the Indian school or Indian teachers first, Guru Brahmha Guru Vishnu Guru Devo Maheshveraha - Guru Sakshat Parambrahmha Tasmai Shree Guruvaynanamaha. They first start with that, then Om Suklam Bharadharam Vishnum Sashivarnam Chatur Bhujam Prasanavadanam Dyaiyai Sarva Vignopa Chantayay Agajanana Padmarkam Gajanana Maharnisham Anayka Dhantanam Bhakathanam Yayka Dhanta Mupasamahay - that's it. (*The Guru Mantra and the Ganesh Mantra*)

Student: What is that?

**Swami:** Ganesh Mantra. Here bhavala krupa is very important. From here to our soul starting the critical positions, the real techniques, the soul, the meditation process - the recognizing nature. After twelve years after, every human body have the capable to find the truth, to find the God energy.

Ramakrishna: After twelve years?

**Swami:** Yeah, the perfect age, the Indian tradition saying that's true. The twelve years before twelve years kid - they're innocent. After the twelve years their mind, their energy they can recognize a little way.

John: You know the experience of the parent when your child is twelve years old, your child starts saying... (inaudible)

**Swami:** Perfect the ages, the steps, stages, that positions, moments, activities I'm giving: Twelve to... actually twenty-three to twenty-six - twelve years is very powerful one, maximum. Twelve to the twenty-four adding some people... twenty-six to twenty-three, you know what I'm saying? Twenty-three to twenty-six you put that two three years up and down.

John: What happened between age ten and twelve? Last one went to ten.

Ramakrishna: It went to ten or twelve?

John: Oh, ten or twelve.

**Swami:** This age, after when they reach fifteen, sixteen - intermediate age it calls. Intermediate means inter me idiot. (laughter) Is it true?

John: Yeah, brain damage. Brain damage. (Laughter) Temporary brain damage.

**Swami:** Everybody's angry on me?

John: No, no. It is a big joke in America, when kids get to that age, you have to tell parents, temporary brain damage, your children can't think anymore.

**Swami:** I says to the Indian people, inter me idiots. (laughter) Inter me idiot age, inter me idiots - that's fine - you have to do whatever you want.

Philip: Swami, this is the age at which you became a guru, does this mean you were an idiot to become a guru?

**Swami:** What do you mean that?

Philip: It is because you became a guru at fourteen.

**Swami:** I got many troubles, suffering, torturing, then enlightenment so... (great laughter)

Students: It sounds like us.

**Swami:** What do you mean?

John: We're being tortured to be enlightened.

Philip: How old were you when you got enlightenment?

**Swami:** I think I am not very enlightenment still now.

Philip: Oh, very politically correct.

**Swami:** Politically correct means?

Monika L: Diplomatic.

**Swami:** No, no.

Ramakrishna: You don't offend anybody. You don't want to seem prideful.

**Swami:** If I got the enlightenment, I can't work like this...

Ramakrishna: You wouldn't talk with these inter me idiots.



**Swami:** Ok, say the mantra. Om vishaya vishaya vishadzwalla bhaavala kutila manastatva kutila manas tatwa Everybody got it? Kutila means cruel, mean, criminal thought. (Side conversation) You better to come here, close. You need the paper there? You need the recorder, Paul can take care that.

Paul: I think Paul can take care of it.

**Swami:** You think that?

Paul: Absolutely.

**Swami:** Good boy.

*(Students practicing pronunciation)*

**Swami:** *(whistling to get attention back to mantra)* Uh... doctor something wrong to his mind. Ok, you read it.

Clint: I didn't get the second word, vishva? vishiya? I didn't get the next word.

**Swami:** dzwalla.

Clint: Kutila manas tatwa.

**Swami:** Visarjina visarjina.

Student: Twice?

**Swami:** Um-hum, you're not write anything Philip?

Philip: She's got my book.

**Swami:** Here there is no relationships husband, wife, all...

Student: No love letters?

**Swami:** No depending on each other, very strictly.

Philip: Can I look at what she wrote?

**Swami:** You can cooperate. visarjana visarjana v-i-s-a-r-j-a-n-a I know good English, this is the third one, I told another mantra for to the third one, can you tell that?

Ramakrishna: Critical positions begin now, after twelve years, every human has capability to find the truth. It works twelve to twenty-three or twenty-six years old. Has strongest impact to twelve years old, fifteen to sixteen intermediate.

**Swami:** I think in the farmhouse I did, no? A mantra. You seen that?

Ramakrishna: No.

*Third Door Mantra*

Om vishaya vishadzwalla bhavala  
kutila manastatva  
visarjana visarjana

**Swami:** Good. This one, how to use this one mispronunciation is very dangerous

End of Talk