

Atma Siddhi Yoga
Part Three of Three
Teaching at Swami's Farm
May 12, 1998



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This talk was prior to Swami's Yoga Samadhi

Students: Personal interviews are you going to help us through our own paths, see which one is best for us individually?"

Swami: Um-Hum. I have only responsibility on your souls, who wants to fly that ticket, who wants to buy the ticket, you know? I'm serious on that. It's not the joke. To giving the practice, that's it in your life. (Swami whistles) In all spiritual, going on seeing - come back, like a highest energy, feeling you're in Satchitanandam. Next life, again trying to practice the spiritual growth.

Clint: If we had that ticket to do it once could we then transmit the energy to our students that you are going to transmit to us when you go? You know, if we, you understand?

Student: While he's gone, can he do it to other people like you are doing to us?

Clint: No, I couldn't do that for my students? No.

Philip: Then you are saying we would have to come back? (Laughter)

Swami: If I really love you, I can bring you back. Ok - love you.

Students: Are you talking about coming back in another life, reincarnation?

Swami: No chance. If you have really work to reach the God, your energy, full of energy pot - then you can. Do you know what I'm saying?

Students: But it sounded as if doing this would stop the progress in this lifetime.

Swami: No stopping the progress, see your reaching the tree last, each point. You know what I'm saying? Again you came back for to reach, for to stand there. Again must be climb there, but you went and you saw, you enjoyed that, again you came back, again you're trying. Slowly, with the help of the master, he is making you to there. Do you know what I'm saying? He is not keeping you there, he is not putting you there, again he is bringing you back on Earth. Are you catching my point?

Student: But he was thinking this was his last life!

Philip: No, no.

Student: You don't want this to be your last life?

Swami: He is coming many lifetimes with me, you know that?

Philip: I have already agreed.

Swami: Both of Monika L and Philip, you are following me?

Philip: What a great joy, thank you!

Swami: Are you sure?

Philip: Yeah, I'm sure.

Swami: Ok, this one is the sixth one. Are you happy?

John: Me? I'm very happy, just a little tired.

Philip: Swami you did not describe the second option, which was the highest energy. What that rhythm meant. Was that the same thing you gave John?

Swami: No there is one layer, second energy mean like honey drops - it's coming. Honey drops means the energy flowing to the soul. You know what I'm saying.

Philip: Do you mean continuously or just for that moment?

Swami: Continuationly, at moment means?

Philip: Just during the process.

Swami: Yeah that's the only samadhi. When the dam gate opens, the water will come. How much you want, bring the pot, take the pot - keep it. When the dam is closed, no water - dried. Then you have the full up water with the pot.

Students: Whatever we suck we can keep, like a straw?

Swami: Sucking nature how far I'm going to take, you want to see, enjoy teaching. You want to travel, teaching three types, depending on your choosing process.

Paul: On the first choice, we see you like on TV. Is this cable or satellite? When we see you on TV, does that mean we have to be in meditation the whole time or come out of meditation and have breakfast?

Swami: Breakfast?

Students: No, No. Let's say we can see you all the time on the first one. We go into meditation...

Swami: When you sit in meditation, when you are in a trance, your third-eye is opening watching me. What's Swami doing there?

Paul: What is the benefit other than seeing you?

Swami: Enjoying. Sometimes, generally in my meditation I go to some beautiful saints rooms, watching them - what they are doing.

Paul: Do they mind?

Swami: Sometimes they are very angry. You came, why you came here?

Philip: These three things are very close to what you describe in the Patanjali Shakti with the three different groups.

Swami: You forget Patanjali, you forget Siddhis, you forget Elements, you forget... Sometimes in my room some people will come to watch on me. Then I'm really, if I'm doing any beautiful work, any important work, I'm making protection - nobody cannot enter, then I starts.

Clint: Unless we have a ticket?

Swami: Pardon? Even you have the ticket, if they come before, they must intimate me before twenty-four hours before, intimate before. Suppose sunset time, sunrise time - they take sunset one day before, before sunrise, one day before. In Indian tradition, the saints in front of the water, in the river - they do some prayers and the sun come rising up, you know what I'm saying?

Students: Yes.

Swami: The holy prayers in the water when the sun comes at the right time, sunset time, right time. So there is only, I'm telling only another one channel in Bangalore, on the eighth circle, this is the mantra. Tomorrow onwards, everybody is starting to practice this mantra, at least tomorrow and the day after tomorrow, two days very powerfully on the bhрутwvyitwa, the word. Everybody must like fast, fast, fast, fast, fast... it must come like a bullet. Who really says mispronunciation, I'm very serious, I'm not giving permission to come to sit for the meditation.

Students: In your room?

Swami: Bhрутwvyitwa, Bhрутwvyitwa, Bhрутwvyitwa... When you know that, the negativity cannot come to you first of all, that is the protection mantra I'm giving to everybody. Who have no protection, I'm not recommending to sit do meditation, I'm very serious. There is no sympathy.

Paul: Will you let us know if we are doing it correctly or not correctly?

Swami: Now, you listen before I was making you ten minutes to fifteen minutes. Fast, slow, fast, slow, diverting, come on pick up, down, up, up, down. Then you got it.

(Students practicing saying mantra as fast as they can)

Students: Is that enough?

Swami: That's not the fast.

Student: *(Repeats mantra fastly again.)* Is that fast enough?

Swami: That's not the perfect pronunciation.

Ramakrishna: I want to hear you say it. Bhрутvyitwa.

Student: It's a tongue twister as we say.

Swami: That's ok practice everybody.

(Swami calls on different students to say mantra)

Swami: At midnight hours, everybody's doing this mantra. When I'm in the samadhi day, five to ten minutes. Everybody has very beautiful itinerary. Hours, how many hours, how many hours, how many hours, your personal mantra, Element, some Siddhis, this only day each person discussing.

Students: Bhrutvyitwa - Is that right?

Swami: No problem.

Johanna: You want us to do the third Bijakshara or later?

Swami: In the next class in Bangalore.

Gaya: What is parakaya pravassam?

Swami: Parakaya pravassam is going to the, the soul is going to another body. Suppose there is a dead body there, taking our soul, putting in that dead body - any body any thing. You understand what I'm saying? When we enter into another body, that is called Parakaya Pravassam. When you're not entering the body you are in the position Atma Yoga Siddhi or Atma Siddhi Yoga. That's not the siddhi, that's a Sanskrit word, Atma Siddhi Yoga - Atma Yoga Siddhi. Are you understand? What you thinking?

Ramakrishna: Absolutely nothing, just remembering.

Swami: You are like this...

Ramakrishna: No, just because you said Atma Yoga Siddhi, Atma Siddhi Yoga...

Swami: Atma Yoga means Atma, souls, yoga making your soul whatever you want. Whatever your consciousness saying - doing. You know what I'm saying? Siddhi means work, energy, process.

Ramakrishna: Which one of the three processes during your samadhi, watching TV, receiving the energy, or going. Which one of the three gives the Atma Siddhi Yoga? All three?

Swami: I'm not sure what you're saying.

Ramakrishna: You say the three processes during the Samadhi, will any of the three processes, it doesn't matter which one give the Atma Siddhi Yoga?

Swami: No

Students: Only one?

Swami: Only last one, third one, getting the ticket, getting the ticket to preparing. There is only possible, the master can change our soul to bring up - to fly. Do you know what I'm saying?

Students: Yes.

Swami: To making ourselves - highly impossible that's why in Sanskrit they says (*repeats a sloka in Sanskrit*). It's a Sanskrit one poetry. I already told, it means faithless devotion, without concentration, meditation without master - the knowledge with the practically implementing the Shiva prayers. You know what I'm saying? It is a useless in the universe. The first in the *Vedas*, if you take that *Veda* book open, the four sentences from beginning.

In the *Koran* - if you start - La hi la he a ra la sulu la - la hi la hi a ra la su lu la From beginning the first letters it starts from the *Koran* La hi la hi a ra la su lu la I think I already told that. La, La means - there is nothing, hilahi - in the universe. Ya - something is there. Yarasulula - what is there? That is Rasulula - the man. His name is rasul - ula means he is there - La hi la hi a ra su lu la from the beginning he is saying - there is nothing in the universe - from beginning - la - nothing - illusion - zero - there is nothing but there is something. That is Rasulula but the man name is the Rasul. He came like a begger in the street the highest, powerful like creator. Then he disappeared. In part of the Muslims - there is no face. You know face? Like structure. They don't know, they don't know their God's face - the structure - they can see, they can imagine themselves - so the way of this thing. Christianity says, the *Bible*, whatever you do tell apology - finally the Bibleism. You know Bibleism? It says finally, "If you surrender, if you accept all your mistakes - I'll forgive you." That is the Jesus word, "I will take care of you, I will protect you. You're my children - don't worry. You accept all of your mistakes, then I'm ready to forgive you. If

you are not accepting - I'm sorry." His nature, you must accept - then I'm ready. That is the Jesus nature. Whole Bibleism - only one word - accepting our mistakes, then he is ready to forgive. You know forgive? Showing the sympathy. Am I telling true? Everybody knows Bibleism? Ok, Gaya.

Gaya: Ok, Swamiji, I think have another question.

Swami: Where you got that bracelet?

Gaya: Which one?

Swami: This one.

Gaya: Mexico.

Swami: Mexico.

Gaya: Yes. So your answer then, to your question um, what is the important creation from God giving energy to the soul? Then your answer would be Karma Yoga? When you asked that question.

Swami: Um-Hum, in the cycles when I'm teaching, everything comes - soul - how many types of the God creation in the souls, in the eight doors. Each door the soul how is going to change - why the soul is not remembering the past life - what kind of illusion is coverings is there, then the step-by-step I'm going to teach. It takes... if I start it takes three to four hour - if I start the draw, four to five hours. Each door, what's forgetting, next door what you are loosing, next door what you are loosing, next door what you're loosing. Final door how we get everything. This - chhht - we're making the direct connecting. The soul, each step is coming from one door, one door, one door - each door what happening. In the universe nobody not give that - it's the first time we are making.

Gaya: Are these doors the same as the eight weapons, Durgas weapons? No. They're different.

Swami: There is a lot of knowledge to learn. But I give for to what is important, necessary. Vedantam means there is no limit for *Veda*. Sanskrit there is a meaning, *Veda Antam*. Antam means impurity - there is no limitless, Vedantam for to *Vedas* there is the no limit for the knowledge - millions of mantras. It's time to go... (laughter)

Myuri: Swami did you say that we could not manage to do ourselves to go on the ticket?

Swami: It's very difficult.

Myuri: But you're able to go on your own ticket? No Shirdi.

Swami: Me?

Myuri: No, before. Not this journey. The previous journey you went.

Swami: Me? Shirdi Baba. Myself I can, but loosing much energy - foolism. Who pays the free ticket, are you understand guys?

Gaya: Maybe I don't believe it but I understand what you're saying.

Swami: You don't believe it?

Gaya: Swami this stuff is so esoteric. I mean we are listening at this level, but what you're talking about is like infinity, you know?

Swami: No, I'm not talking infinity - just.

Gaya: Yes, you are, really.

Swami: I'm talking very ground level, very ground level - basic ground level.

Student: Bhurutvyitwa.

Swami: Ramakrishna you keep this mind very carefully.

Ramakrishna: Just, throw it here.

Swami: No, no I have a great works with you. Not possible.

Ramakrishna: Any cobras coming?

Swami: They came, they won't find, they won't find me if they tried.

Students: Is that what Anthony was doing, looking for cobras out in the trees?

Swami: In India snakes is everywhere. There is no guarantee snakes is not here to people came to sleep here. India is like that, almost all India. India is very famous for cobras.

Ramakrishna: Swami, do the cobras come and bite you for no reason? If you are sleeping, they just come up and bite you?

Swami: Crazy cobras.

Ramakrishna: Cobra, no other snake does that?

Swami: No, no they does - some cobras.

Students: No, oh I see what you are saying.

Swami: Youngster cobras. You know youngster? Young cobras. Young cobras you are young, young.

Students: They're showing their strength?

Swami: The first the skin removes, after, then it is very crazy. When the cobra is very smoothly after five times, the skin is removes, then it is very smart. Up to five times before, the cobra is very crazy. It watches, it watches the people, it comes shhhhhhh and it goes. If it is there, it goes to bite, it's like that, cobra psychology. (laughter)

Students: Do we say that bijakshara to ourselves, to ourselves or do we say it out loud?

Swami: Yes.

Student: Will, if you say it out loud, the snake might know that and...

Swami: No problem it come to you and make you...

Students: Great, I want that. That's what I want, a snake and a tiger and I will be happy.

Swami: Yes, almost all eyes is like that. Ok.

Students: Swami, can we ask a question that is not related to anything?

Swami: What she say?

Students: Related it means it is not on the subject, she wants to ask something not...

Student: A general spiritually question, teaching question.

Swami: You want to ask to me? You want to ask right now?

Students: Yes, when you're teaching.

Swami: Only five minutes more.

Students: This is the question that some of us had in the group. We want to do fire ceremonies ourselves. We are not Brahman priests, we don't know exactly everything to do. We can use the flowers, we can use the mantras, we can send energy, we can have the people pray on the people by using their names, their family names. Is there a certain mantra that you can give us to do that?

Swami: Sure. It's not a big deal. Brahman means, the real meaning, who knows the knowledge - he's the Brahman. Who born in the family of the Brahmhas - is not a Brahman.

Students: You have to do the work.

Swami: Who knows the knowledge, Brahmha knowledge, the *Vedic* process, that person is a Brahman. Who borns in the Brahmans family, they're not the Brahmans. If he knows the knowledge - he's the Brahman. That name means son of the Brahmha, Son of the Brahma, Brahmha kumara, for to the ladies in the Sanskrit - Brahmha Kumari or Brahmini, Brahma Kumari. So, everybody is coming to learn the Sanskrit?

Students: When?

Swami: September first week - how many people is coming?

Philip: In Bangalore or Penukonda? Penukonda, I don't know, seriously.

Swami: What do you mean you don't know?

Virginia: He's putting in rooms and bathrooms.

Clint: If you say I should be here, I will be here.

Swami: Are you sure?

Clint: Yes, if you say come, I come.

Swami: For to three months you solely concentrating, how to read the palm leaves book, how to read the palm leaves book, it's the only subject on that. Free donation class, your food, your rooms, what you ask for to the master, it's not much, don't care that. No need to work for money, understand Gaya?

Virginia: Just wondering, well, maybe someday.

Swami: Someday means?

Virginia: A day in the future.

Gaya: Well, look at this, this is free, you are doing all this for free.

Swami: For to Swami - no need. The chance for the masters but to giving the food, it is better to take care them very well.

Gaya: Yes.

Swami: Indian's have proud, to showing themselves in the public, ninety-eight percent of saints with hair, with ornaments, nobody cannot help them. In the streets sometimes, nobody cannot find me - just walking like ordinary guy. In the group if I sit somewhere who don't know about me comes, "Is Swami here?" "Who's Swami here?" Generally the Swami means the designation, Karshai, rudrakshas, hairstyle, something, some identification like Vivekananda, you know Vivekananda? Saint means to make the beautiful. Real saint means to make the soul, to make the mind to wear the God's energy, you know what I'm saying? To wear the God's energy - that is the Saintism, saintism - Shirdi Baba is number one man. Ok, time to go.

Students: Thank you Swami for the beautiful class.

Swami: But I'm not satisfied this class, but in my mind I want to explain, but no time. First time, but the Vimokshitha and the Amrutha Varshi - very careful when I came to Bangalore just looking at me first, just starting, starting - understand? You are coming with me Gaya?

Gaya: Yeah, if you want me to?

Swami: Where is your luggage?

Gaya: Packed in the car.

Swami: Oh you packed everything in the car?

End of Talk