

Swami's World Travels - 1999  
The Mechanism of the Soul - Talk One  
Germany  
August 28, 1999



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*Note: Lothar is Swami's translator. The students are singing Om Sai Sri Sai Jai Jai Sai.*

**Swami:** Good morning guys.

Students: Good morning.

**Swami:** One minute, close your eyes, relax, think on your Master, think on the God to bless your life. Close your eyes for one or two minutes. (*Swami sings the Guru Mantra two times and is scanning the students in the room. There is a baby talking in the room, Swami smiles at it.*) Shanti, Shanti, Shanti-hi.

Ok, today we are going to discussion about soul mechanisms and how it's possible the soul getting supernatural powers. What is the difference between high powerful souls, normal souls, and how it possible to see the souls? What is the process to see yourself? What is the process to identify who you are? Today, now we're going to discussion on that. Is it good subject?

Students: Ya, very good.

**Swami:** We need that. What is, I'm starting now... First, we will discussion about soul. Everybody's talking souls - divine souls, normal souls, supernatural souls, cosmic souls, another galaxy's souls. What is exactly meaning of the soul? Is the soul have any particular form? Is the soul have any particular type of the characteristics? Any symptoms? Yes. Whatever we have, the human body, it is came only is the structure of the God creation. The soul is like a big energy. We can't mention the soul is living in your body only in the heart only this side, only this side. In your body completely covered from your hair until to your nail, just the whole energy completely covers. Through Indian tradition it's called - the soul means the energy, that energies came in the form of your body. Now we're finally, I picked up my hand, I'm walking - it's nothing but the soul's energy making you moving. That resistance power is making you to walk. That power what is making you to alive - that's called soul. That's a perfect Indian tradition it's called.

Some people have a strong faith, soul is like a light. It is much of is hidden in your heart beatings. Whatever your heart is beating up and down - there is the main center the energy is forming entire to your body. Sometimes when we really feel attached to

something with the huge love, or some time when you saw something, we go very big scare. Suppose suddenly if you saw a big ugly face in midnight. Without your notice your heart goes, starts high, little nervous – shaking! Through your eyes you're seeing something, you're sucking that, and it's attacking inner side of your energy. You have no much resistance power in your heart, your energy is very little less, you can't able to receive that. At the time, your heart beats huge! You have huge fear and shaking. That energy's making you nervous. It means your soul power is less. Some persons, even if they saw the ugly face like a demon, they can't fear, they never fear, "That's ok, oh great, so wonderful." It means his soul power is very strong even though whatever he's seeing. Whatever he's seeing, that energy's going in him, his energy is very strong, he doesn't care whatever the face is there. He never goes in fear. That's called he has strong will-power, soul power, that's called strong braveness, that's called strong resistance power.

My advice, when I'm talking about the soul mechanism, try to understand clearly. Soul means there is no any particularly perfect idea to entire any tradition. In your Swami's personal life, I played with my soul with a lot of souls like a big fun. I experienced many, many things. What I understand, receiving lot of will-power, rising the confident, taking the very strong peace mind. When we have a strong, peace mind, we can able to do huge things from your home. Suppose, I give one small example. Sometimes you can think your friend in your house – you want to talk to him. But you don't know his telephone number, but you don't know where he is, but you want to talk to him. But suddenly, he calls you or he comes to you, something may have come from him. You feel shocked! "Oh, I thought that I have to talk to him, but he called me! What a wonderful." Look in your heart with a deeply, you want to talk to him, that energy going on him, without your notice, without his notice, it is making him to call you. You understand? It's very deeper level stage I'm talking. Same process with notice, if you do with your soul commanding on your friends, on yourself, on your relationship friends - to remove their problems, their pains, their negativity – sitting in your room, thinking on them with your soul, commanding through your soul on that person's soul to remove the negativity, to remove their pain, to remove their problems – you can do it! It's only possible when you're able to suck the powerful the energy. How's it possible we can suck the willpower? It's very interesting. When we are sleeping, deep sleeping, what's happening in us? Anybody can tell? Now I'm asking question.

Student: How it makes the body?

**Swami:** Listen. When the soul leave the body means, leaving means complete from your nails up to your hair, completely it's gone, the energy – it means you died, there's no more soul in your body. Soul left means (snaps fingers) there is no functioning in your body – complete dead. When we're sleeping, what is happening in our body? What we're really doing there? What is the mechanism running? Is there any mechanism running between you and this planet? The energy at the time your soul also sleeping, at the time your soul is dancing – what it's doing? What is the energy doing in you? Is it necessary to go to soul sleep? Is it necessary the soul also needs to take the rest? Your body tired,

your body taking rest – what is happening there? I need to know answer from different people please, I'm asking question. Martin.

Martin: The soul is always exchanging with the world around it, and when we are deeply asleep the soul is relaxing. I think it's the kind of processing all the experience, that it has gathered. *(He translated it to the group)*

**Swami:** No. Next.

Student: The soul goes back to its soul family.

**Swami:** No.

Student: It connects with God.

**Swami:** No.

Student: It works on another level with other souls.

**Swami:** No.

Student: The mind takes rest all of the consciousness can get strength (inaudible)

**Swami:** I'm not talking about protecting the body, I'm talking about soul – what's it doing there? What is happening mechanism? What is happening at the time when you're sleeping? What's the soul doing there?

Student: Sucking cosmic energy?

**Swami:** *(Shakes his head no)*

Student: The soul stays in your body because we are... But in our sleep state we are not as active as in our awake state.

**Swami:** I'm sorry. Go ahead.

Student: The soul always remains around the body, that it doesn't leave the body, but it allows the body to rest.

**Swami:** Is it necessary? Doctor Clint.

Clint: I have no idea.

**Swami:** Perfect answer. Ok. I will explain. All the answers seems to very, near, near. When we're sleeping the mind have no any strong intention on the soul to do any some work. When you are sleeping your soul is not sleeping, only your mind is sleeping. There is certain channels if you are able to teach your soul, even though when you are sleeping, the soul can come out fifty percent of your body with the highest consciousness, high trance consciousness stage. Then it observes, connects to like a satellite, connects to entire this planet to observing what's happening circumstance of surrounding you. It can receive like a broadcast what's happening in London, what's happening in New York, what's happening on this planet. Your soul can get the information from this planet, from the nature what's happening. Most of the people, just they're ignoring the soul, not connecting to this planet, and just simply the mind is sleeping, the soul is hanging around in his body, a wasting of the energy, simply a wasting idly! It's not doing anything.

Sometimes when you're going to sleep, you're thinking on your girlfriend, "Oh, I should go meet her. Oh, I miss her. Oh really, I need her. Oh, I miss my children. Oh, how is my baby?" Then he went to sleep. After some time, the dreams comes. The dreams – the mind is sucking its small energy from the soul. Careful, understand here! The mind is sucking some energy from the soul, (snaps) and it is showing a movie to you, like a small movie - your baby came into your room, "Hi Dad. How are you?" Big hug, kissing you, you and your baby is running on the mountains, like swimming, like enjoying, like small like a visions, like a dreams is coming up. There is a chance, sometimes the dreams is coming true. Why is like that? What is really happening is coming true? How do you recognize it before in your dreams? Because of, your soul energy, your soul knows everything in entire this planet. Sometimes, whatever you're receiving, the mind, it's completely as it is as it's mentioning. Much times the mind is like a big 'monkey mind,' mind is like a monkey. It takes the energy and it implements in a crazy ways. We have no idea, it's like a hysteria patient in the hand, like a gun. There is a big chance that mind can show you the dreams – your baby died, the car accident, and the same mind shows you your baby is so wonderful, playing with you in the swimming pool and you are also playing. There is no any particular role, the mind only shows you only this.

When your soul power is very power, before when you're going to sleep, you have a peace of mind, very relaxing when you slept. Then the mind sucks the soul energy, then it implements you maximum the real beautiful, enjoyment dreams to you. That whole night, like you're in heaven, beautiful night. Next day morning you're so fresh! Full enjoyment. You understand? That is the mind and soul mechanism happening. What you should do when we are sleeping, I'm going to teach some prayers. If you practice that prayers, there is no any particular role definitely you're going to win this. Each soul have different type of the vibrations, different type of energy, of course it came from the God, the same energy, but unfortunately this planet different type of the energy your soul suck. For example, some hundreds of millions of people here in this Europe country. Can you see the similar faces most of like three, or four people like similar? Is it possible? Can you see three, four people? Why it's like that? That's enough good example. Each soul has

different type of experience, different type of stages, process to connect the God, there's a ninety percent successful hook. Ok, now I will teach the prayer. Try to note it.

How to suck the willpower. As the same Sky Mantra, I'm adding some beautiful bijaksharas. How many people know the Elements? (*Swami looks around at raised hands*) Oh, that's wonderful. Ok, how many people know the Sky Mantra? Ok, note it.

#### First Mantra

Om lingastakam needum punyam  
 Yaha patay Shiva sani dhow  
 Shiva loka mavapnoti  
 Shivana sahama gatay  
 Om Aim Karam Namashivaya  
 Om Kleem Karam Namashivaya  
 Om Saum Karam Namashivaya  
 Om T-hum T-hum Namashivaya

(*Swami sings this beautiful mantra three times*) Done? Everybody got it? Ok good. Now I'm to ask some people to read. You. Martin. Good ok, shhhh, silence, look.

#### Second Mantra

Braham mu ra ri  
 Shiva murari  
 Vishnu murari  
 Sarva devata murari  
 Hessraim hreem hreem  
 Salva dorsha nivara num  
 Sarva papa nivara num  
 Sarva graha nivara num  
 Raksha Raksha Raksha  
 Namashivaya

Got it? Got it? How people not know? Whew God... Ok please, once more (*Swami sings it again*) Got it? Ok, Elizabeth, can you read for me? Stand up. (*Students practice*) Pronunciation is so important!

#### (Uses of the Mantras)

Removing all your negativity, removing all your karma – you're asking for huge peace, really beautiful peace from the Lord Shiva. Finally, you're hooking Shiva. You're mentioning Brahma, Vishnu, Meheshwara starting, asking for really happiness. Here Sarva dorsha nivaranum, Sarva papa nivaranum, Sarva graha nivaranum – sarva papa nivaranum means, whatever you did in your life, the really big mistakes, whatever you

really did the bad works entire your life, from your heartfully you're asking apology. From your heartfully you're asking the help from Shiva, like you're asking Shiva.

*(The tape jumps to this mantra, with students chanting it over and over)*

Third Mantra

Om sranam bhumi Bhuteshwari  
Mama kuru swaha

Good, fourth one, only this meaning is, Bhuteshwari is an angel, Mother Divine. You're sucking Her into your heart like sucking your mother to helping you, to protect to asking for protection. Ok next one.

Fourth Mantra

Om hreem hari markata markatiya swaha

Ok, can you sing that two minutes to me? *(Students chant for two minutes)* Good, then fifth one is the Gayatri. Everybody know the Gayatri? Gayatri is also very, very powerful. *(Swami chants it)*

Fifth Mantra

Om Bhur bhuvah svaha  
Tat savitur varenyam  
Bhargo devasya dhimahi  
Dhiyoyonah prachodaiyat

There's a small confusion to everybody – bhur bhuh svaha, *(pronunciation)* doesn't matter, when you keep on chanting that it goes to svaha. Even you say svaha, there's no wrong in that, there's no wrong – it's very clear, easy. Some people, tat sa – it goes like that, no need - whatever I sing it's very, very accurate. Om Bhur bhuh svaha, tat savitur varenyam, bhargo devasya dhimahi, dhiyoyonah prachodaiyat.

These five mantras, five prayers, my sincere and strong advice to everybody - to practice, to learn this. Ok?

End of Talk