

# Shiva Ratri Program 2011

Introduction: Kama and Kala Chakras, One of Three Talks

Teaching in the Baba Temple

February 28, 2011



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### *Talk One*

**Swami:** Good evening guys. Welcome to the Shiva Ratri Program 2011. I hope it will go well, we'll catch it, and it is quite challenging. As usually your Swami keep saying every program same dialogues but I don't want to waste the Kala Chakra, put it that way. Before we start, nine times om karam, five times Guru mantra then it will go.

Satya, Dharma, Shanti, Prema, these four columns so far is leading some yugas - Satya, Dharma, Shanti, finally Prema. If you divided, make it a parts, which one is most important to begin with your Immortal Enlightenment training? Either one. If you missed it, you cannot get the real enlightenment. Many people have a lot of questions so far to me, thousands of people, hundreds of thousands of people entire the globe, "Swami, what is my dharma? Swami I don't have the mental peace, I'm very well disturbed. Swami I want to know the Satya, the truth, what is the truth? Swami I want to know the truth. Swami I really want to win the love, how it possible? My master hates me, my wife hates me, I did a mistake - I feel guilty. Now I changed, still the people are not loving me, even I'm going close to them they're not receiving my love. Even I changed, I recognize my mistake, I want to lead my life perfectly they are not giving enough love to me. They are treating me as a slave, as a criminal. What is my karma? What is my fate? I lost everything in my

life. I lost my mother, father, girlfriend, money, home, everything I had I lost it. I don't know where is my destiny. I don't know to whom to believe and who not to believe. Sometimes my husband is very honest, even my master is not honest, everything is confused. What is the solution? I surrendered, totally I gave up and surrendered - still if there is no love, why I should live on earth? I'm completely desperating, I'm so thirsty for the love. I don't care about the enlightenment, I don't care about the siddhi's whatever it is, seeing this and that. I want love. How to get the love?" How to?

All: Get the love.

**Swami:** Real love. Physical love is different, mother love is different, friendship levels, the layers is different but the real love, you feel yes! You feel confident. The true love how to win it? Is anybody have an answer to that? How to win the real love? "Since thirty years Swami I've been doing sadhana, spiritual practices, I've seen many ashrams, many masters. No results. No results. I didn't felt any experience." What does it mean by experience? What does it mean by experience? Where is the limit for the experience? Anybody have the solution, how to receive the love? Straight I'm going into the subject. I don't want to waste the time. Monika Taylor, hello, today you're my target, brain soup.

Monika: To receive the love, first you have to give the love.

**Swami:** They're not accepting it. They don't care. You begged, you standing on your knees, you're asking completely forgiving, they don't care. How to win it?

Monika: You have to direct your consciousness on that person no matter what, to send your love to them and concentrate on them in that way.

**Swami:** How long?

Monika: Well, if the master gives you a beautiful formula that would really help.

**Swami:** That helped you? You did the formula?

Monika: It helps when I think on people in my meditation to send them my love, yes.

**Swami:** Have you implemented certain divine channels on somebody else to change on your track? If you did it, how you implemented it? To who on you did it? Explain. This formula links to the Mother Divine, Jesus Christ any Divine Souls you can pull it. Straightly I'm coming to the straight Womb Chakra here then we'll go to the Hrudaya chakra, third-eye, then the consciousness - today the subject. How you did it? To whom you did it? I'm sorry. You are my brain soup today. Brain soup? There's a lot of soups, sweet corn soup, tomato soup. When I go to the Leela Palace sometimes, they give the big menu to me, "Please have a look." I didn't understand anything at all inside what it is. Simply I ask, can you get curd rice, a little yellow dhal and pickle please, done. He said, "That's all?" "Yes." It's ok, I'm giving a little diversion to them, breathing time then you started to think. I'm not talking if you feel uncomfortable then I know who is next. Then who is the next?

Monika: Well Swami, you're really making me think how much have I really done that? How much have I really changed in my mind, changed someone that way and in a concentrated effort and I think I haven't done that enough. I haven't done that enough.

**Swami:** So you, something you done it but not complete?

Monika: Sorry, it's a little hard to understand.

**Swami:** Sorry, I caught cold. My air cooler is directly hitting on me. I'll take the good medicine don't worry. Yes, so something you done it?

Monika: Something I've done, yes, yes.

**Swami:** On them?

Monika: Mmm-hmm. When different people like today someone for example, disturbed me today and then I said, "You know, I don't want that illusion." So I sat and I thought about them and I sent them my love and I prayed to Baba, "Please let him receive this love and let him change to not have that kind of disturbing energy between us." So like that.

**Swami:** Who was that?

Monika: Who was that? That was Paul.

**Swami:** What he did it? Are you comfortable guys? Hello?

Students: Yes.

**Swami:** Don't feel tense, just relief, relax otherwise we need to go and run one km and again come back.

Monika: It was a phone conversation about something to help. I was letting him know about Taylor was in Bangalore and we needed to get him to the ashram and could he come more quickly so that he could be with our group and meet with our group? And, I was calling him to let him know because he was involved with that and then he was very aggressive.

**Swami:** Like what? What is your dialogue? What is his dialogue?

Monika: What is? It's just he was, I found rude and...

**Swami:** Explain. Maybe it helps to me too. Somebody is walking by, "Please Swami, can I talk?" "Wait sit." I didn't even focus on it, "Wait, sit!" When I wear my shoes then I started thinking what is her process should be, un-huh, this is her process. Once I entered it, "What about you're going to ask this problem. Already done it, you be free. I'm going up." Ok. What is your dialogue?

Monika: So, he started blaming me for doing that, why was I doing that? And I was trying to explain it was just to bring him here and I don't think it's any problem and I was calling him to let him know because I wanted him to know because he was involved in that and as a courtesy letting him know. And he was throwing a lot of unnecessary energy and so I just listened and didn't say anything and then I said, "Ok, I'll check with Terry," because Terry was the person who gave the message from you to Taylor.

**Swami:** Already you came to me?

Monika: No, you gave the message that Taylor should go to Bangalore first before coming here and that was the message when he came that Taylor should go to Bangalore instead of coming directly to the ashram. So it was the manner of his speaking was very rude and very hurtful, and so I said, "Ok," and I got off the phone, and instead... I didn't want to carry that energy with me. I didn't want to carry it about him and I wanted to switch it for that and I felt peaceful after some time and then my heart was more open to him.

**Swami:** When I'm very, very, strong rude on you, I rude on you breaking a coconut...

Monika: Where you've been rude on me?

**Swami:** Like super tough.

Monika: Yes.

**Swami:** No mercy. Do it! Done. Give me a example?

Monika: Well, on the knowledge. Being in clarity on the knowledge.

**Swami:** Speak loud. They can't hear it. Fix it.

Monika: Having clarity on the knowledge. Taking it really seriously, and, I mean you are strong on that all the time.

**Swami:** All the time? It's a blaming. Ok. Fine. So what you learned from that?

Monika: To be alert, to be more alert. I mean you're always saying, you're always teaching about becoming more alert. That's the main thing, to try to keep alert.

**Swami:** You're not convincing me. It's a big subject. Don't cut off like that. No. Whole key is there. Open the door - right key is there. It doesn't matter it is between master and you, your friendships and relationships, your confusion stages, whatever it is. Key is that one part - open it.

Monika: Well, with different times and working with different people, then even if they were difficult, whatever I was going through with that, that I still had to...you would get upset with me no matter what kind with them or treating them respectfully.

**Swami:** You feel a little uncomfortable to talk this subject isn't it?

Monika: No. I'm happy to talk Swami, even if it is uncomfortable, I'm happy to talk.

**Swami:** Anya? Hand over to Anya. When I completely rejected your love and I given super tough hard time to you, what is the circumstance? What is your mistake? What is my mistake you felt it?

Anya: I think it started in 2004.

**Swami:** 2004 I started tough on you?

Anya: Yes. No, I... Cindy and I were sitting with you on New Year's Eve.

**Swami:** What?

Anya: Cindy and I were sitting with you on New Year's Eve of 2003 going to 2004 and you said, and you were laughing you said, "You won it in 2003 and the clock is going to 2004." And then after that it was like a little... you started to put us a little distance from you, like a little, by little, by little... It was very painful.

**Swami:** Like what?

Anya: We used to spend a lot of time with you. We took care of you in the evenings and we worked all day in the office and we just lived for that and it was very beautiful and a kind of heaven. I'm sure without my knowing, not being aware because I was just so happy in the circumstances, probably my ego was rising up very high and I didn't realize it. And maybe I was thinking, "I, I, I was so great," or "I, I, I am so this or something." I'm sure it was like that, although I didn't feel that way, still it must have been like that when I think back on it.

And so you gradually began to move us away from you and then it climaxed in November of 2005. And you said you never wanted to see us again and you wrote a letter saying that I had been treating everyone like a slave in the ashram because I was manager. I didn't

understand it and maybe you never wanted to see me again. So ok, I had to accept it and so I wrote you back and said, "I'm deeply sorry that I disturbed you and it's my deepest sorrow in my life. And then that was it. Things were very different from then on. So, I think basically it's your... for myself, it's where I've thought, "Me, me, me this, "I" was in the way, when I never thought of myself, you know, it was just a beautiful experience but you made me think about myself. It was a leela Swami, it was an amazing leela where I needed to see what it was like to think it was me rather than just, it's even hard for me to explain... Then I lost my confidence, everything, I lost it. It was very...it took a long time to return to anything.

**Swami:** Now are you happy in your life?

Anya: Sorry?

**Swami:** Now are you happy in your life?

Anya: No. I'm not super happy, no but I'm not unhappy. I'm kind of like neutral.

**Swami:** It's ok, so, so?

Anya: I like to be here. I like to see you. I like to be in the ashram and to do whatever work there is, but it's very different. I think I'm, I think you said one time, "I punished you with love," that was my punishment.

**Swami:** What you really understand Nityaananda? What you really understand from you description?

Nityaananda: What I understand is that when we give up and practice not being selfish, and when we really start implementing thinking on behalf of someone else, and really learning how to give

that priority and really experiencing that, little sacrifices, or big sacrifices, to me that is what brings the experience of love.

**Swami:** Give me example this. Last night until two o'clock, two a.m. I'm getting massage. All my drivers, my boys they're sitting there. Martin, you're also sitting there isn't it? Special herbs and they cooked it, and all my drivers and I had a little chit-chat with them. Finally I handed my body and Chitti is squeezing my bones and maximum and I'm making jokes, "Ten years back you don't know the journey how it is coming." The drivers what they did the mistakes, and what my mistakes, like a little purely like a family - everybody is sitting in the garden. Why I'm saying this, whenever your ego problem starts then I have a strong scissors, not only me, Guru Parampara. Strong?

Students: Scissors.

**Swami:** It never get failure, click that's it. If the mother have the six, seven kids, the mother, to whom she need to concentrate very too much attached? Of course her love is equal on every kid, but still every kid want have same equalism, equal love. When my mother is serving the food when we're childhood days, we're sitting, five in a row. She's making the pancakes, one by one, one, one, one, one, one. I love my sisters.... sister, we're a big fighting, my brother big fighting. I have two sisters well supporting. They are on the left side, they're on the right side too, I'm in the middle, okay pancake comes, she said, "Start," "Okay." Starting to eating then she's keep feeding it and my last sister, she's a poor eater and she's making going to put in my plate. And my big sister she's giving a complaint to my sister, she's not eating well. She's not?

Students: Eating well.

**Swami:** Then my mother she's holding that pancake, what you call that stick? With hot and just making click and, "Oooh, I didn't ask, she putted it!" Then one more to her, then she's super angry at me, 'I want to support you, to feed you and you're giving the blaming on

me?" 'I'm sorry. I won't do that, next time I won't do that.' But, of course mother likes all kids, doesn't matter, for example Anya, she want to be very close to be with me, want to talk to me every day, she want to spend time with me in my living room. Not any more now. Of course everybody have, majority people have a desire spend the time and just to go through - no chance in the future, doesn't matter. After the Immortal Enlightenment course, whatever is finished whatever it is, even if I'm giving little specific trainings to you, important guys, expectation too much, expectation is too much, and too attached is the biggest dangerous. Even you're own food, if you ate more than your limit it will turn as a poison.

You need to give your responsibilities, next who is the successor, take it, come on go. Next person, create it, create it, go, go, go, go... Japan there is ten senior students, make them try, give them they can go. America, few students, yes, in Europe, yes, few students... If you start to feel these monkey minds, monkey characters' gossips, crazy characters, "We cannot handle Swami," high depression people, high depression people they're is eating my mind and my attention, they want to pull my attention.

Because of you're putting too much attention, that's first of all you're defect. But you want to help, you want to help, but you're giving too much attention. Mother generally, if there is a five kids, the last kid, even she served the food, the last kid is eating himself. The first kid he cannot be able to eat then the mother is feeding it, the last kid feels, "Why she is not feeding me?" The mother recognize, "Yes, you are capable, you are eating. He is not capable I am feeding." A mother can create, can grow you guys until certain stage, age. Then later on she is not writing your fate... karma.

Mother have the ten kids, she is not creating one will become the crazy guy, one is teacher, one is professor, one is a siddha, one is a business magnet, one is a criminal, one is a police officer... Everybody came from her Womb Chakra but different, different, characters. One is disturbing tons of people in the globe. Who is responsible to that? Is the mother, is the Womb Chakra, or the consciousness, or the guru energy is very low on that soul? Who is responsible? Hello? Am I boring you?

Students: No.

**Swami:** Who is responsible? Me?

Students: No.

**Swami:** Do you remember I avoided you to not to go to Hampi many times and to change your behavior too?

Student: Yes, Swami.

**Swami:** Do you remember?

Student: Yes Swami, I remember.

**Swami:** Sometimes I am very tough on you.

Student: I deserve it Swami.

**Swami:** If I'm tough on you, what I get benefit? I won't get anything benefit. I want make your life go smooth. Your life?

Students: Smooth.

**Swami:** Okay, that is one part. Come the next parallel part the Mother Womb Chakra. To dominating, put it that way, realistically to become the Mother your Womb Chakra, your Womb Chakra to make it super strong, supreme strong this is the very auspicious, precious period of time until to Shiva Ratri, from tomorrow onwards. Tomorrow?

Students: Onwards.

**Swami:** Tomorrow the homas, today they started little bit, tomorrow they're going more up, third day going more up....as much as, draw your womb chakra as many you can and chanting the Maha Kali. In this planet, strongest Womb Chakra who is carrying it is Jesus Christ – sssst then next underneath - his mother. Yes. Yes. Whenever in the climax stage, whenever they're offering the things in the fire, at the time, all your papers and everything dump it. Dump it! To win the love, the Womb Chakra, first if it is really strong, your fate, karma pretty good you can change. Pretty good?

Students: You can change.

**Swami:** Understand one thing - don't trust Mahamaya, never, ever, ever, ever! *Na Ma Shi Va Ya, Na Ma Shi Va Ya, MaYa* as much as you're really worshiping the Shiva. As much as?

Students: Worshiping Shiva.

**Swami:** Shiva Energy. Baba is nothing but Shiva, Dattatreya, but highly quality subject Shiva. Once the Womb Chakra is super strong, yes... many people have might confusions, "Swami, I want to be, to experience when I'm with Jesus Christ, or 2000 years back, or 10,000 years back, at Shirdi Baba's timing." Yes, you can experience it. The Five Elements, how it really impact, it will happen on your Hrudaya Chakra and also on your consciousness. It is nothing but the Five Element's duty is to making you confused. It's giving the illusions in your life not able to recognize the strongest consciousness and your target. It didn't leave even Lord Shiva, even Vishwamitra, and everybody in that cycle. Everybody?

Students: In the cycle.

**Swami:** Never ever underestimate *Na Ma Shi Va Ya* - it is simple, *Na Ma Shi Va Ya*. Hun-un. It's like a snake. Whenever the snake is, cobra, is entering in the hole, in the hole, it's house, first it enters with head, and the head is in the beginning the whole body goes back. If

somebody want to catch it the tail, the whole body is gone then you can pull out. You cannot do that, head is ready there, ready to bite you. Ready to? Bite you. Ready to bite you. You thought, "Woah, whole body is gone, how come it bited?" It's going backwards. It's going the?

Students: Backwards.

**Swami:** To that technique, *Na Ma Shi Va Ya*, go to the backwards.

Nityaananda: *Ya Va Shi Ma Na, Ya Va Shi Ma Na.*

**Swami:** Loud.

Nityaananda: *Ya Va Shi Ma Na.*

**Swami:** You're taking the *Na* is earth all elements, counting it, in the reverse, you take the again the elements, write down, *Na Ma Shi Va Ya*, you write *Na* is earth and everything fire, like that. And reverse, you make it and where it's going to match it? You wrote it reverse?

Nityaananda: So the reverse, so the *Ya* is still Air, or the *Ya* becomes earth again?

**Swami:** No, reverse, completely reverse.

Nityaananda: Okay, so it is air, water, sky, fire?

**Swami:** If it is *Na* is earth, that reverse letter beginning it is the earth.

Nityaananda: Okay, all right so *Ya* is earth. *Va* is fire. *Shi* is still sky. *Ma* is water and *Na* is air.

**Swami:** Okay, take the earth element, straight again reverse, cut it earth, which letters is coming?

Nityaananda: I don't understand Guruji.

**Swami:** Simple, *Na Ma Shi Va Ya*, reverse the earth layer, which letter is hitting?

Nityaananda: Oh I see, so the earth would be *NaYa*.

**Swami:** *Na?*

Nityaananda: *NaYa*.

**Swami:** Okay, put that one block.

Nityaananda: Ok.

**Swami:** What?

Nityaananda: *MaVa*.

**Swami:** Okay, number 2.

Nityaananda: And sky is *ShiShi*.

**Swami:** Number three.

Nityaananda: And water is *VaMa*.

**Swami:** Okay.

Nityaananda: And air is *YaNa*

**Swami:** Okay, you clear that?

Nityaananda: Yes, yes.

**Swami:** Okay, let's make it bigger on your chart, put your charts and put it that. I will explain how to win the consciousness stage here. The projector is ready Tobias, that diamond shape, the palm leaf? Where is the Falk and? Project that. Come on guys, take everybody come close, I'm not leaving you until to... can we do big arathi to Baba then we can start? It makes sense?

Students: Yes.

First complete Baba arathi then we'll go.

End of Talk