

Ashram Talks With Swami

Checking-in With Students: Health, Knowledge, Meditation

Talk in the Baba Temple

January 26, 2011



Copyright Notice: World rights reserved by Shirdi Sai Global Trust, Penukonda, India. No part of this publication may be stored in a retrieval system, transmitted in any form, by any means, or reproduced in any way, including, but not limited to email transmission, photocopy, photograph, magnetic, or other record, without the prior agreement and written permission by Shirdi Sai Global Trust, Penukonda, India. No part may be copied or quoted in any publications or sold without permission by Shirdi Sai Global Trust, Penukonda, India.

Ashram Talks With Swami

Checking-in With Students: Health, Knowledge, Meditation

Talk in the Baba Temple

January 26, 2011

Swami came in the temple and sat down in the middle of Dina singing the bhajan, Ananda Sagara

Swami: Good. Are you happy with your song? You done any mistakes?

Dina: I don't know.

Swami: The stanzas you repeated three or four times instead of two times.

Dina: Well I repeat the first one, I repeated three times. It was intentional but is it necessary for the structure to have it just twice?

Swami: Hope it's recorded, you can watch it. Some stanzas you went three or four times. It's not necessary. Okay, start again guys. Go... music make little it active.

The students repeat the bhajan a second time.

Swami: Are you happy Falk?

Falk: I thought it was pretty short. It was building then went down.

Swami: Exactly. She went up, little land gently, immediately you went down. Drink some water. Good. Start again.

They repeat the same bhajan a third time.

Swami: Good, good, good. Lucia how is everybody, students?

Lucia: They're very good. They're very inspired. They're disciplined. They have a good understanding. As far as we can see, no power struggles, no crazy funny behavior, they're really on their job.

Swami: Good. Patrick you seeing any problems in your, like ashram stuff, like a food in the hut, the gardenings, the cleaning section degluzzing, anything, just overall overview?

Patrick: No Swami, I'm not seeing any problems like that. I think everybody degluzzed their rooms. I think the vibrations are very nice around here now.

Swami: Good. Constanze how is everybody's health?

Constanze: *(couldn't hear most of what she said)* I'll take care of that. It's fine, nobody's sick in their room right now.

Swami: Um-hum. Because Shiva Ratri's coming very soon so you need to maintain as much strength as you can. The subject-wise, Lucia where they really got stuck, you feel from your side?

Lucia: At the moment I cannot see any stuckness there. They're really understanding whatever the subject is. They also, when they don't understand something, they clarify right away. They have clarity questions then, and then they clarify and then they move on. So I don't see any stuckness there in the knowledge now.

Swami: Good. It's a good answer. How many hours you given the study hours?

Lucia: They have class two hours in the morning then they get handouts so they have to read that. They have to prepare before they come and they do that I can see. And they come prepared to class and then they have lot of seva to do. And additionally they're working on the questions for you. Also they're in the process of compiling questions. They also have discussion groups. They have class and at some point they have discussion groups like a German discussion group and a English speaking discussion group and they grind the knowledge they received within the three or four days.

Swami: Um-hum. Are you giving any little silence time to them for a day, like just one or two or three hours just very quiet?

Lucia: They got the message that from tomorrow onwards they have three, four hours meditation on the slates facing East and that they should go as small groups or big group in the morning after abhishek to just go to the Northeast garden and walk a little bit there. They got that message.

Swami: Good. Are you happy guys with Lucia what's she's teaching?

Students: Yes.

Swami: Is it going well? You got any confusion she cannot able to clarify you guys? Don't scared, just you be openly talk. If you really not able to catch her and understanding her, certain things I'm happy

to clarify on the subject-wise. Of course she has tons of questions, it's still is a pending. Don't hesitate it and whatever you have any confusion points you can write down and whenever the opportunity comes with me, the questionnaire hours timing, you can raise your hand and clarify that. It helps to your spiritual journey diary in the future. Falk are you helping to the Anya?

Falk: Yes.

Swami: You're doing your job?

Falk: Yes.

Swami: It's going well?

Falk: Yes.

Swami: I given you ten days target, already two days is over.

Falk: Right. Well, we had meetings today and we got like a roadmap, a script and now we're pulling together all the information and all the technical stuff we need. It's going well.

Swami: Who's your co-pilot?

Falk: It's Anya, Leslie, and Nancy.

Swami: You happy with that? Round the clock you can go?

Falk: I'm happy and they seem happy too.

Swami: Okay. He's working on my childhood days, how I am, how I look the early days at the ashram, taking that and Ramana Maharshi - lot of angles. Good project I've given them. We'll see how it comes out. And one top professional documentary guy, he's working too. He received a gold medal from Abdul Kalam, ex-President of India. He received it when Abdul was the President. Right now he's ex-President. He's working very strongly. He's not compromising with the music. He has his own crew. They're shooting and here and there it's going on entire my spiritual journeys, my messages. After this project later, then he's planning to do with top saints and Kumbh Mela including with me and final ending is Bethlehem, Vatican and Egypt. We'll see how it will go. Good. It's time to go to arathi and whoever is got tired, especially in your project, call Constanze and just lift them up. There's no much time left. No much time. Okay guys...

Lucia: Swami?

Swami: (sighs) Yes?

Lucia: We prepared something for you. We had a meeting altogether. You said we should choose five people and we had a meeting and we said whoever the five people are, they are our success. So if they have success, we all have success, and we would like you to choose the five people because you know...

Swami: I?

Lucia: Yes.

Swami: No. No. Nein. Hun-un.

Lucia: But can choose a person who is...

Swami: Tomorrow early morning go to Lord Ganesh, break a coconut, come to Baba after his arathi, somebody can choose it, pick up the names then whenever you're ready, I'm ready.

Lucia: Can you choose the person who's taking the five slips?

Swami: It's up to you guys. No comment on that. No sankalpam. *No way!* My job is only on inside of Dwarkamai. Good luck. Go for arathi.

End of Talk