

Ashram Talks With Swami

In-Depth Discussion: Crush, Love, Heartbreak

Talk in the Baba Temple

January 17, 2011



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Swami: Monika B. you're singing now. Same like that whenever you scream on the Patrick? The same type of screaming you sing... take that rhythm, change to this rhythm. Is a Krishna song, a Shiva song, a Mother Divine song, Maha Kali song? Krishna. Hey Patrick, good luck man, right - start. One two three - start.

(Monika B. sings Sai Narayana)

Swami: Excellent. Excellent. Give a clap to her. Good. Mata Pita Bandhu saha Narayana Sai Narayana. What does it mean Monika?

Monika B: Praising to all beings.

Swami: I know of course it's a praising...yeah but what?

Monika B: It's the beginning of all beings.

Swami: Say again.

Monika B: The beginning of all beings.

Swami: All...beings? Like what?

Monika B: Like souls and the universe.

Swami: Mata, pita, bandhu saha - bandhu means relatives...

Monika B: Bandhu means?

Swami: Relatives – brother, sister, uncle, cousins, soul mates, mata, father, mother, pita, father. Sai Narayana, this is are all in one pot. Only you're caring about one pot. That is? Sai Narayana. Anyhow I'm changing the subject. Don't misunderstand, it's the first time I have to give a talk on this, the beginning little introduction. Where is the feelings will come out in your body? Point one. Point two: Where is the limit for faith and where is the failure of the faith. Point three: What is mean by crush and what is mean by pure love? Crush in the sense maybe attraction and a desire, whatever it is, explain. These three questions is for you.

Monika B: Thank you.

Swami: Of course after you, Constanze will also answer it.

Monika B: Okay. You're asking first question where do the feelings come out of the body?

Swami: Yes.

Monika B: I think they come out as a vibration, and especially through the eyes but they come, I think they are changing the frequency of the vibration.

Swami: Be free, talk from your heart.

Monika B: Yea, I think they're changing the vibration in me and around me, so that's how they communicate. And you can communicate through the eyes too. The feelings communicate also through the eyes.

Swami: Speak loud. Can hear guys?

Students: No.

Swami: No, they cannot hear it.

Monika B: No? I'm saying the feelings, that's my feeling, the feelings that's a fragrance, that's a vibration I'm having in my body or I'm developing, or I'm making them. Yeah?

Swami: Yeah?

Monika B: And they're changing my frequency. My vibrations is changed, so I'm changing also the outside of the vibration it communicates through vibrations but also I think it communicates through the eyes, through the heart.

Swami: Next?

Monika B: You said where is the limit of faith and what's real love and what's a crush? Which one?

Swami: Yeah, whatever it is just tell. I'm not leaving you and Constanze...

Monika B: Hum. Well I think...

Swami: I won't tell this side characters, there is two more wickets is here then it will...don't worry Tatyana, you also is included.

Monika B: Think if you just have a crush, you just listen to whatever feelings come up and if you like them then you have a crush.

Swami: How long that crush will be there in you linked with that feeling?

Monika B: It's not a sankalpam, it's not a promise, so it's depending on the feelings you have. And if you don't have them anymore you don't have a crush anymore but I think love is different, love is also a promise, it's a sankalpam.

Swami: So crush is different?

Monika B: Yes, and love doesn't depend only on the feeling you just have.

Swami: So crush is a mango, love is a seed, you're saying that?

Monika B: Yes, I could say so.

Swami: So once your desire got fulfilled you throw the seed out? You can't feel the taste isn't it, about the seed? It has lot of process until it grows and having again get the crush.

Monika B: Well the best is you have both.

Swami: What? You're throwing the love out, only you're taking the crush?

Monika B: No, no, no hun-un.

Swami: So what? What's your explanation here?

Monika B: What's the exact answer...question? (laughing)

Swami: Whatever you understand, that's my exact question. C'mon go ahead, don't look at her, just look at Baba and just listening it you know? Maybe her feelings will change.

Monika B: Well in love you have to also develop the feelings. I don't think if it's a pure sankalpam it's a little dry.

Swami: Love and crush, which one is important? Okay, point one, in that.

Monika B: Of course the love is more important than the crush.

Swami: Whenever you want the love you should forgive the mistakes also isn't it?

Monika B: Yes.

Swami: Without forgiving, there's no love there.

Monika B: It's true Swami.

Swami: What?

Monika B: It's true Swami.

Swami: Are you implementing that? Are you implementing that?

Monika B: I'm working on it, yes.

Swami: What?

Monika B: I'm working on it.

Swami: You're working on it? How many years it takes it? Again you might change your feelings.

Monika B: Well, with your sankalpam I hope I'll...

Swami: Don't involve me here, hun-un. What?

Monika B: Well, I'm praying everyday to give me unconditional love.

Swami: To praying whom?

Monika B: Well, for example if I do arathi, at every arathi...

Swami: Everybody's here and your mind is somewhere thinking, is it possible?

Monika B: No, I'm taking the flame and I'm putting the flame in my heart and I'm asking to burn out what's not unconditional love, for example.

Swami: So finally your answer is?

Monika B: Answer to which question? Love is more important.

Swami: In order to win the love what do you need to do?

Monika B: I need to forgive.

Swami: After you forgive, what you going to get it?

Monika B: Unconditional love.

Swami: Once if the love is there, is it necessary to share to everybody?

Monika B: The love? Yes.

Swami: Your heart is open to share that love to everybody?

Monika B: The unconditional love, yes.

Swami: What is mean between conditional and unconditional love?

Monika B: Well there's a difference between love to everyone and love in a relationship. It should also be unconditional but some feelings you don't share with everyone. Some parts of love you don't share with everyone.

Swami: Say again.

Monika B: Some parts of love you don't share with everyone.

Swami: What are those parts?

Monika B: Well I don't kiss everyone for example. I don't share these kind of feelings with everyone.

Swami: What about if you're kissing in the dreams. Physically you're not kissing but your thoughts, and you have...

Monika B: What about the dreams you're asking me?

Swami: Kissing dreams, you understand? Look at Baba man.

Monika B: I do really have a question about dreams - how much some of them are real and when to take dreams real... I mean I don't take dreams real when I'm kissing somebody else, which is very rare, but it happened. They don't count hun-un.

Swami: Are you been ever really in the heartbroken?

Monika B: Yes.

Swami: How many times?

Monika B: Quite a few times.

Swami: How you came out? You came out or you're still in the heartbroken?

Monika B: No, I came out.

Swami: How you did it? Don't underestimate this discussion guys, it's very important.

Monika B: Well the last heartbreak I had was before I came here and it was very, very hard for me to wash it out. But then I finally came here and I did the womb chakra process and some things, and finally I was able to, I'm able to say now it's done. I washed it out.

Swami: Hum?

Monika B: It's gone. I washed it out.

Swami: Good. It is in your hands. Happiness is in your hands. Happiness is?

Monika B: In my hands.

Swami: In your hands otherwise it's a miserable. If I started to thinking negatively, for example, on Lucia – one day negative, second day again I raise up that, third day rise up, fourth day... then it's a big tree. Then it takes lot of time and energy to cut it then burn it and wash out that, wash out that. Whenever you watched the Ramana Maharshi, his life style, beginning his young age he's very charming and this and that. His old age, you saw him in the video how he really looks it? After twenty years he looks same physically?

Monika B: No, no, of course not.

Swami: But something is growing in you - that you need to identify. That?

Monika B: I need to identify.

Swami: You need to identify. Today is yours. Tomorrow is not yours. Yesterday forget it. But forget it in the sense the negative thoughts, the negative feelings. Just take as example and not make it come again to repeat it. Who follows that, they're only eligible for immortal enlightenment. Always thinking twenty years back, twenty years back this thing happened, this thing happened, this thing happened, yes they got stuck. You got stuck. Of course I'm here to help. I've given the knowledge and information, lot of angles but before I'm a little cycle. Cycle means bicycle - anybody can run and can catch it. Now I'm a bullet train. It's not that easy, just straightly going fast as much as I can. I'm not in this position to go with the beginning stages to explain all the way to the end. All the way, to the end. Constanze, why you came to the spiritual profession? Sorry Monika, it's a challenge. You feel relieve or you...?

Last night I slept in front of the Jesus. Every night I watch the Patrick and, "Everything okay?" Just he says, "Yes boss." I enter in my bedroom and everything, "Just you can lock the doors, everything fine." And he's also taking sleep and I also keep

walking in the church inside and he's sometimes sleeping and I'm coming close to him...he's gone like a chapatti, he's a security guy. He has to take care of me but I'm taking care of him and I feel he's a cold, he's okay. Of course just he's gone just sleeping. It's okay, take sleep, fresh up and putting few candles. Of course he's taking care of me lot of times. I'm not criticizing you man. The eyes, whenever I look at him... I'll explain the in-depth of the crush and the love on the Shiva Ratri days. We'll go through that subject. What about the Osho like Rajneesh, Muktananda, Gurumai, Kurunamai, Ramana Maharshi - all these characters put in the one vessel, take what is their real seed... Kumbha mela, Shirdi Baba, every angle including the Jesus, everything we'll take as a cup of beautiful nectar. Yes Constanze?

Constanze: You asked how I was coming to spirituality? Okay...

Swami: Why you came to spirituality, I hope.

Constanze: Um-hum. Well there was a development of discrepancy between my life. So far everything was running quite successfully and all circumstances indicated I have be happy normally what is running there but I was not happy. So that brought me to think, and some circumstances around me, some people died and that brought me to think there must be something more than do my job as I did before.

Swami: So? What made you totally inspired to come to Penukonda?

Constanze: It was the sentence that you educate masters and I saw your picture.

Swami: What?

Constanze: The fact that you will educate masters and I know my healing is absolutely limited. What I saw was not effective what I'm doing right now, what I did before. So I thought you have the universal key and you will show me the right way?

Swami: You're using the will, will, will means compulsory. You will show; you will show.

Constanze: I speak from the moment I decided to go to spirituality.

Swami: I'm not satisfied with that answer. What inspired you to come to Penukonda? Of course I'm training and making training to become a masters, no problem but what made you?

Constanze: Well, that's the key why I'm coming to Penukonda. And then I was in Penukonda in Guru Purnimah 2007 and I saw you and how you dealt with the other students, with the people, and that was the motive hooked to know that mechanism what's running there, how you deal with that, how you can catch each soul and understand what's running around them and lift them.

Swami: For example, many patients come to you. Some come with catch cold, headache, feverish, stomach ache, some gynac problems, allopathic problems, so you have to tune what is the best to them and you have to give it. Same thing I'm also doing here same what I know it. That's not the point. The point is, for example, whenever I look at the Baba, something is there between me and Baba. Whenever you look at the, whenever you walk in Penukonda, what made you inspired to stay here in Penukonda?

Constanze: The inspiration is coming from you Swami.

Swami: From me?

Constanze: Yes, from you.

Swami: I'm married.

Constanze: I saw the inspiration is coming from you.

Swami: What?

Constanze: It's about inspiration to go in-depth to know that. That's coming from you.

Swami: A fire can produce the water? Constanze?

Constanze: Yes... if you can perform the wonders?

Swami: I'm asking a general question. A fire can produce the water?

Constanze: Can fire produce water? It's for me not clear at the moment. I would say spontaneously at the moment no.

Swami: The water can produce the fire?

Constanze: I would not know how, no.

Swami: The air can produce the earth element?

Constanze: No, I don't know how?

Swami: Why not?

Constanze: Because the air has completely different qualities than the earth, how should that go together?

Swami: Say again.

Constanze: The air has different qualities than the earth. It's an element, yes, but it's very specific.

Swami: Clint, how many elements so far is existing in the planet?

Clint: Five.

Swami: What are they please?

Clint: Earth, fire, sky, water, air.

Swami: Which element you really like it?

Clint: Fire.

Swami: Which element you don't like it?

Clint: My least favorite element, water.

Swami: Water?

Clint: If I had to choose one, I don't like the most.

Swami: Water.

Clint: Yes, I can't say why Swami. I never thought about that.

Swami: It's okay. It's plus and minus, whatever it is.

Clint: Yeah.

Swami: Number two favorite element? There's a reason why I'm asking.

Clint: Yes, Sky.

Swami: If Baba presented you a beautiful gigantic woman in your life as a wife, you'll be happy?

Clint: I'll be happy anything Baba gives me.

Swami: You'll be happy?

Clint: If it comes from Baba, I'm happy.

Swami: Do you have any specific desire from Baba what you want in your life?

Clint: I want to win the Kalachakra. I want to win the time.

Swami: You want to win the?

Clint: Time.

Swami: It's not a big problem. Why the people after they die, some people making it burning and burying, putting in the Jiva Samadhis whenever still in the breath, like a mummies like in the pyramids. Why it is? Who created that?

Clint: Why the people who do that? They're doing it for a reason. Most people they bury or burn. They have no idea what they're doing but I think it has to do with keeping the soul or adjusting the soul's connection to the creation. So the soul in that lifetime, the purpose of that, the different kinds of Samadhis are a ways of staying in connection, or merging with, or staying in channel with the five elements with the creation, that soul. So different Samadhis are ways of hooking in and staying hooked into the creation through the five elements of that body. If it's been burned, my feeling is, they don't want to have any more connection with that body or there's a different kind of

connection just through the sky maybe. But the different samadhis the body is there, and the body has different relationship, has different relationship with the five elements than maha samadhi. But they both still are in the five elements and they're connected to that soul. So I think it has to do with staying connected, being a part of the creation, using that body like a broadcast station or a channel.

Swami: Is the poison is the powerful, or the medicine is the powerful?

Clint: Poison.

Swami: Without medicine is the poison is there?

Clint: Well no, your teachings are, without a problem there's no solution. But, I know poisons on this planet there's lots of poisons we don't have medicine for, so theoretically I know the teaching...

Swami: Wait, wait, wait! Sorry, what is that?

Clint: What poison is there, that's there's no medicine for? Well there's diseases there's no cure for.

Swami: Like what?

Clint: Like H.I.V.

Swami: Um-hum.

Clint: Like cancer, all kinds of physical diseases and then the suffering of the planet, heartbroken... We know there's remedies, and we're studying how to bring those remedies into our own lives. The world hasn't seen it proven yet that's there's a remedy for global heartbreak, for global doubt, for the humanity's skepticism, for the poisons that plague the whole planet. I know there is a solution but the planet hasn't seen a solution.

Swami: Wait, wait stay there. The heartbroken, if you're a healer, what remedy are you going to give it to them? What medicine you giving to them? Not restyl, not this, not tobacco and cigar, hookah, whatever it is - what?

Clint: Hope.

Swami: Hope?

Clint: First hope.

Swami: If I'm a heartbroken, what type of hope you can give to me?

Clint: First the hope that somebody understands by listening and being with you and showing that I care.

Swami: Okay, badly I'm in love with one girl. She rejected me. I had a crush and I had a love, I want to stay with her. I got failure. I spented my time, fourteen years, my pockets is empty, I'm homeless, I came to you. What you're going to give the medicine to my heartbroken? Of course I seen tons of girls, I dated, I honestly told it, she hated it, she rejected it. What you going to tell? What you going to give the medicine to me?

Clint: Some kind of soul healing.

Swami: How?

Clint: Depends on my capacity and on your open heartedness. Some kind of shaktipat, it can be with the eyes, it can be with words, it can be with touching the third-eye, it can be giving a process, it can be sending sankalpam. It can be a lot of things together like that. If it's repeated doses and attention... but the ultimate remedy is my love.

Swami: What?

Clint: But the ultimate remedy is the love of the healer, and the connection the healer has to God's love to give that to the person, to heal that person's heart.

Swami: Doesn't work.

Clint: Keep trying.

Swami: Still doesn't work.

Clint: Well, you're keeping on coming back to me so something must be there.

Swami: My pockets is empty, I tolded you.

Clint: Well then, you're a good candidate for spirituality.

Swami: It means everybody's like this huh? Patrick he's saying everybody's same category. Whoever entered in the spirituality means empty pockets, heartbroken? Of course you're not catching the point. Just think the Kumbhamela. Thirty years they've been doing spirituality. They badly, madly love in Lord Shiva. They have tons of experiences, but something they're missing it. Their yogas, certain yogas, even top yoga teachers cannot able to demonstrate that yoga techniques. Still they're healthy, something they're missing it. What is that? Again I'm coming to here, Kumbhamela means very close to the Harichandra Ghat - Immortal Enlightenment.

Clint: Well, still some illusion is there. Even though they've stepped out of illusion in a lot of ways. If they're missing something it means they haven't seen all of reality. They still have some illusion flowing on them. The ultimate remedy is always the Guru Parampara. Those characters, something, some mistake is there, some block is there between them and their master, or some block is there between their master and the top of the Guru Parampara otherwise there should be fulfillment.

Swami: Master is ignoring.

Clint: Then they're purifying karmas; they're burning karmas.

Swami: How long? My health is not cooperating to me, not supporting to me, barely I cannot walk, I'm very old. I'm fed up but I knew one day I'm going to die. Before I die I have to fulfill my wish. How?

Clint: All we can do is surrender.

Swami: Here in the Immortal Enlightenment Course, there's no word for surrenderity. No word? Surrender. No word. No need to surrender. Certain process I teached you. You saw the results?

Clint: Yes.

Swami: Clearly?

Clint: Clearly.

Swami: One hundred percent?

Clint: Yes.

Swami: It's one hundred percent it happened?

Clint: Yes it's accurate Guruji. Yes it's accurate.

Swami: It's all immortal enlightenment, is all Marma Kriyas. It's not negative energy it's Marma Kriyas. Shiva's secret siddhis, that's called Marma Kriyas. That Marma Kriya, who learned that, it's not one - three stages Marma Kriya. By grace of Shiva I'll complete as soon as possible. As a human, yes if you're young and charming and whatever it is, somebody have a big crush on the money, somebody has a big crush on the 'name and fame' or power, and for the women. If you keep opening the doors of that illusions - something is there, a light, what is that? That is the final enlightenment.

If you read today's newspaper, from here thirty-five kilometers, Dharmavaram it's called, Veerabrahmendra, you know who wrote the astrology? From his one eye non-stop the water is bleeding, not one drop, two drops - liters. It's a granite rock statue. Hundreds of thousands of people is visiting, even right now. What is this, questions mark? From morning to night it's dripping, dripping few drops. Maybe certain rocks it can swallow it, again decharging it, liters, buckets, nonstop. What time you break the coconut?

Clint: Ten minutes till twelve midnight.

Swami: Exact time it started there, like three to four minutes, so why I'm saying this? Please understand, don't waste the time. Your positive points, your blocks, your aim, finally what is going to happen to you, the worst circumstance, then what you really committed and wanted to do, then it makes to me easier. It makes me?

Students: Easier.

Swami: Veerabrahmendra, he wrote almost all several hundreds of years back... he came to Gagan Mahal and he walked by here and he told it about Penukonda, "One guy will come and he receives like a Mother pujas, Adi Parashakti Avataram. In 1946 there's a small Baba Temple here in Penukonda, we stopped, we went there. On the days there's one pujari, Keshwaya his name is. Still there is a pictures. They want to put a Baba statue in the temple. It's a small village, 1946 means, then he rejected it. He said, "No. Somebody is coming very soon towards to the south to this temple, and he's going to construct a beautiful Baba temple and he's going to put Baba statue there. We have no permission to put it." We have no?

Students: Permission.

Swami: In his clear handwriting he tolded it, and he written it, it is there. You can ask anybody in the village, the old people, everybody, "Yes." There's no priest; there is no abhishek. You can ask the Sri Dar the pujari. Why I'm saying it, our boss Guru Parampara, he already well decided he's coming today here, and you're coming today in his presence, and he knows what he wants to give you. But you should also ask. You should?

Students: Ask.

Swami: Ask. Without asking - no chance but what you're going to ask, that is the most important. Don't be like a Ravanasuras, Bhasmasuras, Gajasuras. Even whole Kumbhamela got stucked, with all the people they got stucked with one question, with one question then free. If you know what exactly your target... Am I boring you guys?

Students: No.

Swami: Any questions Clint?

Clint: What is that one question they're stuck with Guruji?

Swami: You discussed. You said you hate the water isn't it?

Clint: Yeah

Swami: You hate it.

Clint: Yes.

Swami: Get the natural water tomorrow in Dwarkamai. You can choose whoever is a beautiful two, three souls then you see the water how it's going to be changing the form, from one form to another form, again coming back that water different position then as a sugar pots. Whatever it is, we'll see... There is no law fire has to burn, water needs to liquid, air needs to be like pleasant, sky is the limit, earth has only this type of limit - no law, hun-un. Excuse me.

Everything is in you. You are the five elements but identify that five element, and implement that five elements in a proper time, proper way, yes your target will be fulfilled. It will be fulfilled with no question.

The feelings, the crush, the love and everything is a kind of waves... your heart-brokens, disturbances, losing things, gaining things, these are all disturbances - physical disturbances, mind disturbances, attractions. These are all attractions...no, no these are all the waves, ocean wave...each wave wants to catch the sky, the ocean keeps trying to catch the sky, it's jumping but not even one wave cannot catch the sky... Millions of saints, sadhus, aghoras, ghoras, avadhuts, they keep trying it. They don't know the right approach to hit it. The Big Boss Jesus Christ, yes he tried his maximum level best, but he got succeed with lack of real confidence students is not around him. It got little bit sinked, again it's coming up. Yes the Big Boss power spot is here in Penukonda. When he's getting at the time of the crucifixion few people is also here including me. Yes, I walked with him, I broughted him to India. Yes but Mother Mary used her Womb Chakra energy - healed him. Never ever underestimate the Womb Chakra - it's a supernatural power.

If you want to win the Kalachakra, first you have to know your Womb Chakra pin number and make it be stronger then you can win this nature. Without, you don't have commanding on the Womb Chakra. All types of the illusions, Mahamaya, you open the door for Mahamaya to enter in you. Elisabeth, can you sit outside? So it will come and hit, the womb chakra needs to be strong. What else?

Clint: So that pin number is what you gave recently in the 90-Day Program?

Swami: Yes, exactly.

Clint: And just by repeating that as a japa meditation...?

Swami: As much as you can, yes. It's advisable minimum nine, twenty-one, forty-one whenever you have free time, keep drawing the womb chakra with your personal mantra and burn it in Penukonda in the dhuni.

Clint: Swami the saints that do take Maha Samadhi and know what they're doing, or Jiva Samadhi, are they stuck too, like the people in Kumbhamela, or did they reach some destination, they know what they're doing?

Swami: Say again.

Clint: The saints who take Maha Samadhi, real Maha Samadhi... I mean we use the word Maha Samadhi but I don't know the difference between a saint who got stuck and died and devotees.

Swami: Give me an example.

Clint: Well the Samadhis that are over India that people worship, I know Baba's Maha Samadhi is real. I believe Ramana Maharshi's is real. It's interesting to me Vivekananda and Paramhansa Ramakrishna and most of Paramahansa's direct students all got cremated. They didn't take Samadhi but there's a lot of Samadhis, but the real Maha Samadhi, the real Jiva Samadhi like Veerabrahmendra - are those saints stuck too like in Kumbhamela? Those great siddhas are stuck, or they figured something out and they did something real with their Samadhi?

Swami: Ninety percent saints, is real.

Clint: I mean, is the purpose of life, one part, as a saint to create, set up the circumstance for a powerful Samadhi? Is that really the purpose for most saints' lives? Real saints lives to do something powerful with their body after it's gone, after they leave their body?

Swami: Give me an example.

Clint: Well a saint lives for eighty years and maybe they're really powerful for twenty years at the end of their life, but what they are really doing like Baba, he lived his whole life for his Samadhi. He didn't care his life around him, he was setting up the most powerful ever. And was that really a symptom of a super saint, that you put your attention on more than just your life in front of you now? It's a part of every saints' life to set up and operate a powerful Samadhi after they die?

Swami: It means choosing a place, that's your comment?

Clint: Choosing a place, yes, that would be one part of it?

Swami: Yes.

Clint: Okay. So is it only the place? I mean automatically if you reach a certain place your bones are going to be doing the work, you don't have to do anything else?

Swami: Your soul is a universal soul.

Clint: So it's all about place?

Swami: Where you putted your austerities' power - that is the key place. Key place. Everybody have your power spot. Doesn't matter next lifetime you're born in Egypt, doesn't matter wherever you're born - this spot keeps playing it.

Clint: But the different like a Jiva Samadhi, there's Maha Samadhi, Jiva Samadhi, I don't... a different kind of Samadhi a saint takes actually when they die.

Swami: We'll explain that tomorrow and time to go to arathi. Good luck. Have a good night.

End of Talk