

Swami's International Programs 2009

Surya Nadi Initiation

Osaka, Japan

October 10, 2009



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Swami: This is Surya Nadi Process, founded by Vishvamitra Maharishi, a saint 3,000 years back, that is written in palm leaf books. It is the most powerful enlightenment process, and it is mainly controlling on the 'breath in' – 'breath out' system. It is connected to your consciousness stage. Consciousness, what is that? Mind we know, heart we know, soul we know, but consciousness how we know it? That consciousness is nothing but Father and Mother to the soul, and controlling the soul is consciousness.

Once soul got controlled, heart automatically is controlled. Once the heart is controlled, mind is controlled. Once the mind is controlled, your consciousness is very clear. Then you are the strongest person in the planet. Your spirit is very strong, your energy is amazing strong - it is breath in, breath out. The one air breath going in is the Surya Nadi.

There are two nadis in our body - sun energy, and moon energy. Sun is nothing but highest powerful. He is the main energy source to the entire creation. In the ancient days, the saints, they went to the river early morning 4 a.m., 5 a.m. In the river they took the holy bath until the sunrise is coming. They did the Surya Pranayama, the Surya process. They took the water, and chanted the mantra and left it.

Generally this process has to do when the sunrise is coming in the early morning. You should be in the water up to your neck. The

sunrays need to come out from water and hit your third-eye. It's the early morning beautiful rose sun when the blessing is flowing on you. The whole body is in the water, the early morning sun is hitting on your face. The water is reflecting as a mirror on your face, the sun's energy, and with your two eyes you are observing the sun. From the creation of the energy of the sun, the third eye starts opening very, very strong.

Today you want to feel your soul capacity. It is like a seed in the ground. How to start to come out and grow up? It is like a mango seed, you don't know how big a tree is hidden in the seed. In our body that is the seed that needs to grow as a big tree and give hundreds of thousands of fruits. Today your 'monkey mind' thinks, "How come this seed has a huge tree hidden in this seed? Swami is joking, he is a fool." If you think like that I can't help it. You have to wait and see how it grows.

In the egg, a small chicken is there. Once the egg is broken it is just liquid. If you make the egg warm, after some days later, hatching starts happening in the egg, then slowly the bird is being created inside the egg. The shell will start to open, and a small tiny body, a small bird will come out. Then the mother is feeding the small bird for a little time. Then the bird is free to fly. The same thing is happening in your life, in your spirituality here. Your body is the eggshell. The hatching is happening. It needs to come out. This body is not permanent, it won't be all the time with you. You have to drop this to come to the Reality. That is Surya Nadi Process. *Surya* means sun and fire element, and *Nadi* means channel.

In this planet, this is very careful. If you want to help in this Kali Yuga, in the society, these two things are very important - Surya Nadi and Chandra Nadi Processes. The Yuga now is called Kali Yuga. There are four yugas: Kruta Yuga, Treyta Yuga, Dwapara Yuga, and Kali Yuga. In Kruta Yuga, the first yuga, everywhere is pure dharma - that is the Brahma. The next, Treyta Yuga, Rama came. Then Krishna came in the next Dwapara Yuga. In this third yuga, Lord Venkateshawara, Balaji, Govinda came. He continued to this Kali Yuga. In the first Kruta Yuga, dharma is on four very

purity legs. The next, Treya Yuga, is on three legs. Dwapara Yuga is on two legs. And now in this Kali Yuga, dharma is only on one leg. Everywhere is ashanti, not shanti. Ashanti means: un-peace, stress, cheating, hurting, depression, pain. Whatever avatars come, for example Buddha, Shirdi Baba, Jesus, Paramahansa Ramakrishna, they all faced many, many, many, many problems. Even Jesus Christ, they crucified him.

I recently went to the Vatican. I'm writing a book on the *Bible*. Right now whatever the *Bible* says is not right. The *Bible* is not right. It's a joke. Jesus Christ said his students would become more powerful than him. Now in the *Bible* they say, or the Popes are saying whoever demonstrates miracles are a devil and black magician. That is not true. You don't need to worship the Pope - worship Jesus, worship the Mother.

I went to the Vatican twice. I searched the power spot what the Pope is doing, what the energy is there. The Vatican is nothing but a museum. It's a museum with all pictures and diagrams, and it is the soul prison. I walked in that area. There are thousands of spirits there. You read the Vatican history? How many people lived and were killed in the Vatican? You take the book and you read the history of the Vatican.

And I sent one student in the group to Jerusalem. You know which language they found in Jerusalem? Telugu. They found the Telugu words. I took the pictures and I'm releasing the book on Christmas Day. The first of five books I am releasing with evidence. I am releasing layer-by-layer. In the Vatican there are Sanskrit and Telugu words. How come in that church and in Jerusalem, where Jesus Christ came, and all the stuff is there, the Telugu words are there? In the ancient days, two thousand years back, how it is possible? They cut the bridge between East and West.

It is so painful how spirituality, day-by-day, is drying and evaporating. The Pope is not God. He doesn't know the Vaastu. He doesn't know the meaning of *Namashivaya*. He doesn't know about Gayatri mantra. It is a little museum. Where is Buddha's bone? He also practiced amazing divine channels. I am not talking about

Hinduism, I am not criticizing any religion. I love Buddha. He is a very peaceful man. He likes the peace. Jesus Christ is the man of pure love. Somebody tortured him. Jesus Christ demonstrated many, many miracles, that's why he became powerful. And also he has the love.

In your life if you want to fight, if you want to demonstrate, and you want to help the society and the globe, you need two things - pure love and power. If these two things are with you, pretty good you will get success. Power is Surya Nadi, and love is Chandra Nadi – so ham, 'breath in' and 'breath out.'

Your 'breath in' is the sun energy. It is arising. You are giving a life to your consciousness, your heart and your soul. Your 'breath out' is Chandra Nadi - you are discharging. Together you are charging and discharging. Once if you stop the discharging, goodbye. Same thing, if you're only just charging, goodbye. Without your notice you're breathing in and breathing out. Whenever you stop that, not breathing in and not breathing out, you are no more. But some saints they leave their body for three days and then come back again. They come back. For example, Jesus Christ they crucified, and three days later he came back again. And Shirdi Baba left his body and after three days he entered his body again. At the time there is no 'breathing in' and no 'breathing out.' The heart is dead. Everything is dead but the consciousness is alive. It's a tiny height level, like in the egg, the energy keeps flowing in your consciousness, in your chakra, your consciousness chakra.

Every divine soul, every human being, every soul is having a consciousness. Once you recognize your consciousness pin number, your password of your consciousness, it doesn't matter how many bodies you keep changing, you will recognize where you came from. Whatever happens, it's how you will come out from that. Even crucified, you can come back. Jesus left the body and came back. If you want you can come back by knowing your consciousness pin number.

Everybody has your personal mantra. The same level, the consciousness has a pin number. Whenever you're sleeping you

don't know what is happening to you. That time, when you're sleeping, is called *jagruta stithi*. You're complete asleep. Your body, your mind, your heart is silent, but your soul and your consciousness is awake. For example, you are deeply sleeping and somebody comes very close to you. Even though you are in very deep sleep, suddenly you wake up and see somebody there. You didn't know somebody was there because you were sleeping, but you suddenly recognize it and you jump and wake up. It means that person's consciousness and your consciousness is a little bit like a magnet. It's matching. They are saying, "Somebody is coming and wake up," so you suddenly wake up.

When I went to Vatican, I want to know where Jesus' power spot, gurustan is. Jesus Christ is such a powerful man, where is his power spot? His Austerity power, his soul, at least somewhere his energy is activating. For example, Swami Kaleshwar's gurustan is Penukonda. Shirdi Baba's is Shirdi. Ramakrishna Paramahansa's is Calcutta. Ramana Maharishi's is Arunachara. Each person has one spot. Where is Jesus's power spot, his energy spot? It's not there at the Vatican.

I'm not talking the *Bible*, *Bagavad Gita*, or Buddhism, I'm talking about the consciousness level, the soul level, what they wrote in Telugu in the palm leaf books thousands of years ago. And I practically went, and saw and took pictures of the Vatican and everything. And of the holy saints, what they practiced, taking it, producing it, and again giving rebirth to the seed. The huge tree has fallen down and is dead. Taking the fruit of the seeds that have fallen off on the ground, to again replant and make them to grow and make another huge tree. Not just one tree, or few trees, but to make a forest, so you can become a powerful healer.

You think you cannot be able to do it, "No, I'm a very bad person. I did terrible mistakes. I did many, many crazy things. I smoke a lot, I drink a lot, I eat a lot, I am a very bad person." If you think like that, you cannot win the success. Jesus Christ drank wine. He enjoyed. You can enjoy but be careful. You have no permission to torture yourself. You are not the bad person. Don't hurt somebody and

don't hurt yourself, then you can manage your life in a gentle way. God has a big forgiving nature. God never says, "Do this or don't do this." It is your energy channels. If you drink too much, I cannot give you the initiation because you are crazy. That's why I make you stop the alcohol. You understand? The mind is very, very, dangerous, 'it's a monkey.' Once if you tune it, it always wants to get it.

Whenever I'm alone walking in the garden, I'm thinking to myself, "I have a big farmhouse with four thousand mango trees, four thousand coconut trees." Whenever, in the early morning, just I drive there. Walking alone I'm thinking on myself, "Why God, why Mother you are making me to do all this stuff? I have everything, still why I need to do this hard work? How far I have to do this hard work? How many thousands of nights you made me stay awake? I saw everything and I have everything. I'm very happy. Why you are making me to do this stuff? Why am I doing it?"

It's not me doing it. Somebody is making me to do this. Same with you, it is not in your hands. You think you are doing it, no, no. Some divine force is making you to do some great works. You have to ask to get permission to do the great works. We don't know the next hour what is going to happen, a big cyclone is coming, a typhoon is coming... You might become the richest person, you might meet a beautiful girl, you might lose your health, you can be healed and become again as a normal person. You can suffer with cancer and then the cancer is gone. What you need to do is surrender. Surrender like Jesus, Buddha, Shirdi, Paramahansa Ramakrishna, Ramana Maharishi - like saints, surrender!

Once you take the Surya Nadi Process, these are all the major benefits you have and can receive. You'll never get heartbroken, whatever heartbreak you have now, it will discharge immediately. Whatever pain you have, it will discharge immediately. Your heart will become very super strong. Even though anybody wants to hurt you, you cannot get hurt so easily. Everyday your consciousness and your sleep will be very blissful. Your 3rd eye must be open. Your soul is carrying the highest fire element, highest healing abilities.

You can give the healing to any person with different heartbreaks, different diseases. You can give the healing for any type of problems. If any black magic was given on anyone, if you give shaktipat to them you can make them be free. If any type of spirit is troubling anybody's house you charge the water, and using these two prayers you can spray it around the whole house. It will be gone. You're nothing but a strongest healer.

- ☞ For 41 days, everyday charge 1 mala of each of the two mantras. (Swami added Paahii to make you more high, energetically.)
- ☞ Anytime is ok. You can do them with taking a shower, walking, or before going to sleep.
- ☞ Use the red mala for this process meditation everyday. Even if the mala sometimes gets broken, again you can refix it.
- ☞ Keep the crystal lingam in your handbag or pocket. Keep it with you all the time for 41 days. In the next Chandra Nadi Process, I'll tell you what to do with the mala and crystal lingam.
- ☞ Even when ladies are on menses timings, still you can do meditation.
- ☞ Don't get irritated. When there is a problem, hold the crystal lingam for one minute and ask to Swami.

Diksha for the process

- ☞ Shouldn't eat pork for 41 days.
- ☞ On the Full Moon and New Moon days, you should not eat non-vegetarian food. Be strictly vegetarian, and no alcohol, no smoking, no sex, no eggs, no fish.

With the sandalwood paste, I'm giving you the energy. The Full Moon energy is flowing on you, and if you eat meat, you'll disturb all your chakras: 3rd eye chakra, Hrudaya chakra, Nadi chakra, Womb chakra, Kama chakra, Kundalini chakra. The layers of your soul and your consciousness will get disturbed. It

becomes very difficult. Don't disturb the energy. Once you disturb the energy, again to refix Surya Nadi Process - no, it's over, there's no need for you to attend the Chandra Nadi Process.

If you practice sexuality with your wife or girlfriend, it's breaking your soul energy. Strictly follow that. By mistake if you do it, accident is accident, I'm sorry I cannot refix it.

Just do two major processes in your life: Surya Nadi and Chandra Nadi. After 41 days, as soon as possible, I will come just for a few hours and give the Chandra Nadi Process and go back. Just a few hours come and give the energy channel. Your 'breath in' and out consciousness, all your chakras, your soul the strong healing abilities - more benefits I will tell you.

If you can come to India on Shiva Ratri, we will go to Hampi to the river and your Swami will review Surya Nadi and Chandra Nadi again. I will also come in the water for a few minutes with everybody and out. After Hampi we will come to Penukonda. We will do Surya Nadi and Chandra Nadi process review in the water one more time, and you can see the old palm leaf book, what they wrote on it in the ancient days. They gave hundreds of benefits, but I've only given a few of the benefits. It's one whole book thousands of years old with very, very tiny letters. Even Jesus, Buddha, Shirdi Baba, everybody practiced this. They had to do pranayama consciousness pranayama, Brahma consciousness pranayama to make your soul transmission strong.

If you see Osaka and Tokyo vibrations, and see Penukonda and Hampi vibrations, it is much different. Everything here is electronic - so shaky. Whenever you are in different nature, all chakras are discharging, your soul is discharging. You are wasting your time on a lot of unnecessary things. You can waste your time for your spirituality, for yourself, for your soul. It is advisable to come to Shiva Ratri and have a shower with Swami in the water, in the beautiful nature. Having a shower, a bath with your Swami you will get the great experience.

End of Program