

# Swami's International Programs 2009

Latimer Center, London, UK

Mechanisms: Faith in Yourself, Faith in the Divine

May 2, 2009



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**Swami:** Good. Sing one of my favorite beautiful songs.

*The bhajans start with "Yuga Yuga Ke Avatara," followed by a flute song*

**Swami:** Good. Good. Welcome my dear Divine Souls. Simone, are you really thought am I coming or not?

Simone: Yes, I thought, and I hoped to the last second you are coming. I don't give up hope when you are coming, otherwise it would be impossible to organize it.

**Swami:** Say it again.

Simone: Otherwise if I wouldn't have the hope that you are coming, then I couldn't organize that. I always have this hope, always to the last second.

**Swami:** Okay, tell me reality. If I cancelled it, what is your reaction? Everybody here, if at the last minute I cancelled it, what is your position?

Simone: I would be very, very sad probably.

**Swami:** Why?

Simone: Why? Because it is just so beautiful to have you as a guest here, and I just want for everybody to have this experience, to have the chance to see you and to meet you in person.

**Swami:** In case, if something happened, and I can't able to come, you're learning spirituality, you are in the spiritual process... spirituality is nothing but adjustment. Isn't it? Hello?

Students: Yes.

**Swami:** Nothing but adjustment. Okay, he comes, good. He didn't come, very good. When that stage will come to everybody? Last year in September 18th, 17<sup>th</sup>, 18<sup>th</sup> in America, almost all 550 people in Laytonville - all the mountain they reached there. Until the last day, last, I really packed my luggage, "Okay, I'm ready to go." Finally, I cancelled it, let them take care of it. They're all happy, "fine". They're happy but majority people happy. Some people feel sad and hope, expectation... Whenever you have the unconditional love... to bring the unconditional love is the most hardest thing. Once if you have unconditional love in you, either positive or negative, whatever happens in your life, your life is smooth. If you don't know how to develop that unconditional love, hope, hope, hope, hope, hope - that is the seed of for your entire problems. You can have a hope, "If it happens good; if it doesn't happen, good - no problem."

Of course we are human beings, we cannot give up that easily. Try your best. If it doesn't work, fine. If it works, very good. That's why Shirdi Baba, he always says, "Shraddha saburi," practice, patience. Baba never ever, sorry to say, whatever he promised he never did that. That's against... (*laughter*) what? Whatever he promised he never do that. He says, "Go and prepare the dinner, I am coming to your house." And he gives the menu list - huge. The whole family's

keep waiting, keep waiting... he didn't go there. If you had the 100 Rupees in your pocket, he knows you have 100 Rupees, he asks 100 Rupees.

"Baba, I have only 100 Rupees."

"Give it, then only I will talk to you." Some people they want to offer 1,000 Rupees and he won't take it. If you're holding something - that he wants to take from you. When you? holding something, that he wants to take from you. Whenever you're thinking all the time negative, negative, that he wants to prove it, that's his talent. So, with Datta characters you need to be very flexible. Everything, whatever we have, that is not ours. That is not? ours. Your jewelry, your name, your fame, your health, your wealth, your children... that's not yours - everything is blessed by him; again he has the right to take it back. He given you good health, good, again he can take it back. Thousands of experiences in my personal life, thousands, not hundreds, so far I didn't even went to him straightly standing there asking even one desire for me. No, I didn't ask any desire. If he wants to do it, he will do it - why I should ask? He knows my problem, so no need to ask. Just simply you have to remember him, "Try to think about me. Do whatever the best for me." That's it. Do? whatever is the best for me, then you see the results. That way of your asking - pure dedicated heart, one hundred percent dedicated heart – he's all the time with you. He's all the time with you.

Today the subject is... I think last time we discussed about Shiva Prakshalana? Does anybody remember that?

Students: Yes.

**Swami:** You forgot? Hello?

Students: Yes, Swami.

**Swami:** Can you give some few brief points somebody? What you really understood? Where you got stuck? Who will do that, Chinello? Come. Give the mike to him. Explain when we did that, which month, what is the process, what is the benefits, what is the second stroke?

Chinello: Okay so, Swami blessed us with the Shiva Prakshalana Process. It was in May of last year. It is a three-step, three-layer process. The first layer I believe is with the Earth Element, he gave

here at Latimer. That process Swami said was equivalent to one million times processes, and winning that particular process, all three layers meant that we didn't need to have any, didn't need to do any more protection circles. We'd have incredible protection from Shiva. Also, that process was winning the illusion of "Yama," which is "death".

**Swami:** Correct him if he is telling wrong. How many people attended at the time Shiva Prakshalana, how many people attended? Okay.

Chinello: Also, another name Swami gave to that process was Kala Nidra Process. And with that particular process, it's making Shiva more awake. Shiva is all the time asleep. He is all the time in the stitha pregnathata. In this particular process, it's making Shiva more awake so we can win his protection, and what else was it Swamiji?

**Swami:** I gave the huge talk on it. Only you're giving only the three points? Tomorrow until this time I am here. I am not leaving you guys. I am here until tomorrow.

Chinello: So, he said it was equivalent to one million processes by doing this one particular process.

**Swami:** Na Ma Shi Va Ya - Five Elements - Earth, Fire, Sky, Water, Air.

Chinello: And there is also having command of the Elements and the Gunas: Sattvo, Tamo, Rajo Gunas, again, there is a three-step process. We won the first layer at the fire puja we did the last time. Then we have to have two other layers to really win that process. Swami said that many people had failed this process before. He failed the process until he went to Lake Monasarovar in which he won the process at that time. And, one of the things that Swami said was that everyone who participated in that process, he is creating like a Soul-mate Group, a soul family. So, we had to really have the beautiful heart-waves with each other being in this particular group, and Swami said that if we maintain the beautiful heart-waves we could heal each other, we could all grow together as a family. It seemed to be like what Swami has in mind for all of his students. That is just my feeling.

**Swami:** Okay. You are going in different direction. Fine. Good. Let me ask you a few questions. What is the difference between the

Manasarovar, and the Shiva is always staying in the graveyard? That's according to the Shiva Puranas, and the Shiva energy. Of course one day we need to also go this body, either cremation, or buried, or to burn it, isn't it? That one day, for sure it has to happen. That, we know that, it means, "G.O.D. – Generator, Operator, Destroyer." "D" finally Destroyer, he's taking away your character is over. Why these two places he is located there, in Monasarovar, and in the graveyard? Why? It's a question.

**Chinello:** Okay, Shiva likes Monasarovar because it is high purity, it is the highest vibration in Monasarovar, which you said was also in the Dwarkamai. He likes the snow, white color, the graveyard it is because it is the most quietest place, he could go beyond the illusions, and from the Mother he won't get disturbed in the graveyard.

**Swami:** Say that again.

**Chinello:** He can go beyond the illusions by being in the graveyard. The Mother won't disturb him there. She doesn't want to come there to the graveyard.

**Swami:** Why not? To the new students it will be a little confusion to you guys. Again later on I will come to you guys, don't worry. It is a new subject, again I will come to you. I know how to explain these all mechanisms. It links to your normal lives.

**Chinello:** Okay, so why doesn't she want to come to the graveyard?

**Swami:** Okay tell me this, what is the difference between the happiness and the unhappiness? "Swami, I am very happy." Good. "Swami, I am very unhappy." What is the difference? "I want to be happy. I don't want unhappy." What is the difference between happy and unhappy? What is making you unhappy? What making you happy? It is a question.

**Chinello:** That question seems to come from being in the illusion of the creation. As long as we are in the creation there are illusions from the Mother. As long as we have that, then we are going to have the opposites, the duality.

**Swami:** Are you happy?

**Chinello:** Yes.

**Swami:** From when?

Chinello: From when? Well, I wake up everyday, and I have some happiness. It is not permanent happiness but I have some happiness for the blessings that I have received in my life already.

**Swami:** Some happiness.

Chinello: Yes.

**Swami:** When you will get full happiness?

Chinello: Probably when I am permanently in stitha pregnathata, permanently in stitha pregnathata.

**Swami:** Stitha pregnathata it means it is a Sanskrit word...

Chinello: Pure peace and just not attached to anything, equanimity, equanimity, evenness.

**Swami:** To get that what you need to do?

Chinello: I need to give up enough peace inside to go beyond the illusions, beyond the Gunas, beyond the Elements, beyond the Gunas.

**Swami:** Tobias will answer. Hand over this. Can you stand up? They want to see you. No, it's not only to him it is to everybody. It is everybody. Are you happy? Straight answer.

Tobias: Fifty-fifty, sometimes yes, sometimes no.

**Swami:** Today, are you happy? Be honest. I am here. I am here. I can explain a lot.

Tobias: Not fully, no.

**Swami:** What?

Tobias: Not fully, no.

**Swami:** Not fully, because of me?

Tobias: No.

**Swami:** Thanks. Okay, so where you got that unhappiness? It is very simple. Where you got that unhappiness?

Tobias: Well, I think it is a lot with desires, linked to desires.

**Swami:** Good.

Tobias: Then with the unworthiness also.

**Swami:** Good. Note these points. Yes?

Tobias: Well, of course with the broken hearts.

**Swami:** Are you broken heart?

Tobias: I think, yeah.

**Swami:** You are broken heart? You need a special puja.

Tobias: I think that pretty good covers it.

**Swami:** Pretty good covers it? How many times in your life you have been broken heart?

Tobias: Well, I think many times. There were big broken hearts and small broken hearts, with friends, with girlfriends, or with parents. Some are huge, big.

**Swami:** Huge, how many?

Tobias: Well, one, one.

**Swami:** One, small broken hearts?

Tobias: I don't know.

**Swami:** Ten, fifteen?

Tobias: Yeah, well.

**Swami:** Each broken heart until you recover, how much time it takes to you?

**Tobias:** Well, big broken heart takes... without the help from the master, without the help from the knowledge, it takes maybe lifetimes, small broken hearts years.

**Swami:** Years. So, ten broken hearts, so ten years - swaha, isn't it?

Tobias: Yes.

**Swami:** How old are you?

Tobias: Thirty-seven.

**Swami:** Thirty-seven. Until twelve, fourteen years you were okay, no broken hearts, like small playing, expectation. From fifteen to until lets say thirty-four, thirty-seven... you wasted lot of time! You wasted tons of time. Right now are you're big broken heart or tiny broken heart?

Tobias: Tiny... tiny to medium.

**Swami:** Tiny to medium.

Tobias: It's not big. If I compare it to before broken heart, it is not big.

**Swami:** It's okay. How much time to you to recover from that?

Tobias: I don't know. I hope so very fast.

**Swami:** What?

Tobias: I hope so very fast.

**Swami:** Thank you. Sit. To hearing your broken heart, maybe I might suck that. To my students I'm all the time I'm saying, I know the divine forces is all the time want to help you, but you should be aware the negative forces is all the time around you too. Negative? forces is all the time around you. It want to disturb you, it want to created headaches in your life. That negative forces, it makes you highest temptation, emotional, expectation, unworthiness, doubts, lack of clarity, lack of trust. On the days, sorry to say, Shirdi Baba he used to smoke, he used to drink soma. You know soma? Soma, it is a kind of from the palm leaf, part juice. He used to cook the chicken and he served the people. If you started seeing a master's life like that, as a human person, how much you really can trust and believe him? Erma?

Simone: You can trust him one hundred percent - I think so.

**Swami:** No, at the time when you saw his activities.

Simone: You might not understand but you can trust him one hundred percent.

**Swami:** How much you trust me?

Simone: I trust you around ninety-five, ninety-nine percent, nearly one hundred percent! It's getting better all the time. It's one hundred percent! It's one hundred percent Swami.

**Swami:** What?

Simone: It's one hundred percent.

**Swami:** It's not you trusting master; the master needs to trust you. The master needs to trust you. You have to prove your devotion like a Hanuman to Rama. It doesn't matter what the Rama is. Whatever Rama says, "Do it. Do it. Don't do it. Don't do it." Pure bhakti. Whenever you have the pure dedicated devotion, on any person, you don't have any troubles in your life. Trust. Belief, that is the unbelievable extra strengthen to your soul. If you started to judging your judgments... For example, I am following Shirdi Baba, done, that's it, no other sideways thinking. Straightly think on him. Whatever he gives the permission, do it, otherwise stop it, stop it. That much dedication need to develop it.

You trust your wife, that's it. Trust, leave it but where the big problem is coming, what I've seen, especially in the Europe countries, dominating natures each others, misunderstandings, lack of communication, lack of faith on each other. Lack of... how we call that? In Telugu one word, bossy, too much bossy like wife means she's the slave, husband means he's the boss. How far? How long? If you cannot trust your wife, you cannot trust your friend, you have no eligible, you are not eligible to even to ask any boon from the God. First of all you can't trust yourself... are you really can trust yourself? You don't have faith on yourself, how come you can faith on God, can able to receive something from him? How much purity you have it? How much pure love you have it? Once after you wake up from morning, starting. Whenever you're having a coffee, you're some city different place with your secret girlfriend, your wife called, "Where are you?"

"Oh, I am busy writing something," but your girlfriend is there, secret girlfriend. But you don't have dare enough to tell, "I am here with one girlfriend here." Does it make sense, Simon?

Simon: Yes.

**Swami:** It means the day begins, starts with lies, you sleep with lies. It means you're cheating yourself. After you done it, you never ever at least started to thinking are you guilty or not? When you look at your wife's eyes eagerly waiting in the house, then you enter the house, how far, how much you really feel guilty, or how much heartfully you are asking forgiveness to the God? I'm not blaming

you here. I'm not insulting you here. I'm talking about our personal behaviors. Personal? Behaviors. That's why always Shirdi Baba always says, "Sattya, Dharma, Shanti, Prema." Four concepts: Sattya, truth. Dharma, right duty, right judgment; Shanti, peace; Prema, love, true love, unconditional love; How may people have out of the four, one quality you're really carrying in your life? Are you really truthful yourself? Are you really truthful to your friends? No, are you really doing your duty perfectly, dharma? Making money is not a big deal. Taking care of your family is not a big deal. Your real dharma... shanti, are you really peaceful? Tons of heartbroken, tons of tears, tons of pain. There is no shanti, there is no peace in you. Mechanical life. Mechanical life. Prema, are you can really show one person in your life the really true unconditional love, who really loves you? They're ready to die for you? They're ready to stay for you? How many true friends like that, true love people you have around you? Ten years good wife, good children, after, she left, she left... Good girlfriend, she likes you, she will die for you for a while, after she leaves you. Keep changing, keep changing, keep changing... How far change?

Clock is keep running. To fixing your Kala Chakra and Kama Chakra in Dwarkamai is giving me unbelievable hard time, to fix it each person Kala Chakra and Kama Chakra there. How many people buried there guys? Sixty percent done so far, very soon I'm going to complete it. You cannot play with your Kama Chakra, whatever you like it. Understand Tobias?

Tobias: Yes.

**Swami:** I don't think so after that you don't have any more heartbreakens. Uh-uh. In the Shiva Prakshalana Process, the mechanism what I want to give you doesn't matter what type of pain you receive, to filter it, to change that in a positive way. Taking whatever the negative energy is coming to you, how to change that to positive energy - that is the biggest subject. You are in the super pain, some negative energy's hit to you, somebody given you a very hard time, how to change that to into a positive way? You like that subject?

Students: Yes!

**Swami:** Once you know that mechanism, then you are free. And moreover, by 2011 Guru Purnima after that your Swami won't be anymore in spirituality. I will be in spirituality, not coming and

giving the programs. It is done, over, 2011 Guru Purnima - that is the climax. Preparing the students. Already I prepared. Conducting the examinations and certain things. Maybe twenty, twenty-five, thirty students yearly twice, once or twice going to the Himalayas for a talking, just spending some time with me. The senior most students, if they have any questions and clarifications, let them come, clarify their questions and go. Sounds good Simone?

Simone: Sounds very beautiful, yes.

**Swami:** How long? How far I keep come and teach? I prepared already well powerful teachers. I prepared. No. I have beautiful farmhouse, one hundred and fifty acres of mango garden, rice paddy, cows, sheep. Enjoy there. Be in the beautiful nature in the mango garden. 2011 Immortal Enlightenment Course seeing in the Benaras near Himalayas everybody one journey there. Giving the experiences, giving the mechanisms, over. So, it's a big job, big journey. Any questions before we enter the subject?

Student: Swami, are you talking about retirement?

**Swami:** Me?

Student: Yes.

**Swami:** It's not a retirement, just vacation. Lifetime vacation. Hey, eighteen years I did my job. Can you really believe after my marriage, for days I didn't take a vacation? For days...uh-uh. For myself, I didn't take one day's vacation since eighteen years, non-stop but I am happy. Not one day for vacation. Hundreds of thousands of people keep coming and coming, "I want this. Help me this, this, this." Let's release the Big Boss, Jesus Christ book. It's five volumes, almost all done. Who is he? What are his methods? He is a great saint. He is a great powerful, unbelievable powerful soul. Like that powerful souls, how many still exist in India? Already how many people got the Jiva Samadhi? You know Jiva Samadhi? Of course you will know more about that. Jiva Samadhi means they sit, they leave their soul out, then they build around the body, walls. They make a structure, they can transfer their soul to somebody, some dead animal, again they can pull it.

So these types of amazing, unbelievable miracles they done it Khandana Yoga, even the Crucifixion. In your system it is a Crucifixion, then he came back. That's true. Same like that processes,

in India, may saints they done it, Shirdi Baba he done it. It is in the histories. Many times he done it! He cut his legs, and hands, again in morning he's normal. Certain Khandana Yoga, we also we done it. Few students they done it in Penukonda, Simon you done it?

**Simon:** Yes.

**Swami:** Stand up. How you did it? Just tell me briefly. I don't want to hear whole Bible.

**Simon:** So we... yeah, there was a group of us that was doing a process for a long time, and then a few of us were chosen to take an animal. It was a bird, and then we cut the bird.

**Swami:** Who cut it?

**Simon:** I cut it.

**Swami:** You sure?

**Simon:** Yes.

**Swami:** You mean Simon cut it?

**Simon:** Yes.

**Swami:** Blood is came?

**Simon:** Yes.

**Swami:** It dead?

**Simon:** Yes, very dead, very dead.

**Swami:** Very dead means still alive?

**Simon:** No, no, it was dead.

**Swami:** Okay. The blood is how much it poured out?

**Simon:** Like half a glass.

**Swami:** Okay.

**Simon:** And then we waited for a few hours, and then a process was done, and then the bird came back to life.

**Swami:** Everybody touched the blood on their third eye?

Simon: Yes.

**Swami:** How many people?

Simon: Thirty-seven.

**Swami:** Thirty-seven people touched the blood?

Simon: Yes.

**Swami:** It is not a juice?

Simon: No, blood. Blood.

**Swami:** Blood. You still have that knife?

Simon: Yes. Yes.

**Swami:** Am I touched the bird?

Simon: No.

**Swami:** It came itself? It's alive itself?

Simon: Yes, it just came back to life. Healed everything.

**Swami:** Came back?

Simon: Yeah.

**Swami:** According your typical Western British mind, what do you think about it? Is it magic?

Simon: No, it is just amazing.

**Swami:** I consider it as magic. What do you think Simone?

Simone: I think if you really know about the deeper mechanism of this creation, then it's not magic. Then it is just possible. If you are really a master of the elements and you can do these wonders.

**Swami:** This is something your mind cannot understand. Your soul needs to understand. Real spirituality, its mechanisms, who wants to learn it - stop your mind. Stop? your mind. Work with your soul. Deal with your heart and soul, then success is there. Until you keep dealing with your mind, many lifetimes, hundreds of lifetimes you keep... you are wherever you are, you are there. How to teach the soul mechanisms, so far I explained a lot. This coming Guru Purnima,

how to teach that, how to make you to practice? I am explaining that too. Here also, a bird has died according to he said. I don't know; I am innocent here. A bird has died; again it is alive. I didn't consider it is dead or alive, I don't care it is happy or unhappy - only I care the soul action. Do you know what I am saying? But I don't have that much time to explain to the scientists. One day my students, their students, they will combine science and spirituality. It will give the new big revolution of true love concept. Today we can see tons of hospitals for heart, for brain, for neurology, for liver, for kidneys, all diseases but there is no hospitals for heartbroken. There is no hospital for pain of heartbroken! Depression.

So far the globe is eighty-five, ninety-five percent, the globe is in tragedy, suffering. If you took the hundred families, ninety families is unhappy. Ninety families is unhappy. The whole globe is suffering. To who, how to fix this? Once if they are unhappiness the violence of thoughts it will grow up. Their actions is... they're vomiting their actions. They are discharging tons of negative vibrations, the negative, negative, negative vibrations, then it is whole polluted. How far? How long? Then you cannot able to trust each other, then you have to live your life very artificially. Do you know what I am saying? Is it a healthy life?

One time I went to New York, New York. Just I stand there. I want to see one tree. Is there any trees? Just huge buildings... oooh, like kind of I am standing and looking. Good. Then I begged one person, "Is there any park is available here?" Before I am going to give a talk, "Any park is available here, I can spend some my time in a park?" One guy, he is so kind enough, "Okay, I will drive you to a park". The park is so tiny, hundreds of people there, smoking, and its more noisy. Then I clearly I thought, "This is my first and last trip to New York." First? and last trip to the New York.

Then another time I went to Tokyo. Tokyo I took the train. I'm coming out from the train. The people is running, catching the train, and jumping out from the train. That's not my style. Absolutely that is not my style. Then I look at their faces, "Where they are running? What they are really doing?" I sat in the car, I keep thinking, "Where this globe is going?" Who is going to take care of? I can't tell them "Om Namashivaya." They don't care, "Om Namashivaya"! To put them in the meditation it takes minimum one thousand years! It means I have to come every lifetime! At the time again, super fast running! I thought, "Okay," I gave up, fine, this is not the way to

catch them but I made a beautiful net. Net? Very powerful net. No need to catch each individual person. One time, one net, keep pulling, pull up, pull up... So, why I am saying this? Even in your life, I know you have tons of problems. It's not at all a problem. I keep saying it, it's not a problem. Of course today, world economy is so poor, all stock market, everything is crisis. By next year it is safe. It is really increasing up but, God is great. He chose one right President to America. No, he is really... I can see in his eyes what he is going to do... what he is going to do. He is a spark guy - nothing to worry. One wave is up, down, again it takes off. He'll do good job. So, it's fine. Any questions?

**Student:** My question is, we have already 2009 and you are telling it has to be finished by 2011, so my question is, will we have enough time when we are just starting?

**Swami:** In this period of time anybody wants to learn something knowledge, come Penukonda, or hire the senior students. They'll be available. Grind the knowledge.

**Student:** But what happens when I can't afford to come to India and to stay in your Ashram?

**Swami:** I'll take care you. I sponsored, I took care, how we call, scholarship something? Many people I gave scholarship: their food, their clothes... many people free. Learn it. If you have the spark, come, stay... I have huge rice paddy. Lot of rice comes, no problem. I cannot serve you Tandoori chicken! Chicken items or whatever it is – no - pure vegetarian hut. Do you like hut food Simone?

**Simone:** Yes, it is very good, very good food.

**Swami:** Natural wood. From the wood they cook the food, really good calories, really good minerals. You can come but seriously, from 2011 if anybody asks, "Please come and give a talk." Absolutely no. I given the word to one of my best friends, by 2011 I'll give the passports, lock it, take the key, throw it in the ocean. Throw it in the ocean. Over. Uh-uh.

So, now ten minutes I will give the break, ten, fifteen minutes. Come back with your paper and pen, and if you have any color pencils, red or black, two to three colors, and I need to draw something. It's a small mechanism how to... I need to draw certain chakras, where the

pain started to hitting, different examples, then you will understand. I will explain there.

So, how much time you need break time? I don't think so... dinner we will a little bit drag on, is it okay? Is it okay?

**Students:** Yes.

**Swami:** Is it okay?

**Students:** Yes.

**Swami:** So after, you can have dinner, then we'll go to fire pit. We will do the fire puja. Then interviews, whatever personal interviews, healings, we will take care that. Then again tomorrow we will sit. So, fifteen minutes fine?

**Students:** Yes, Swami.

**Swami:** Go.

Stopped for a break. End of Day Talk