

Swami's International Programs 2009

Faakersee, Austria

Five Elements Process For Healing and Decharging

March 17, 2009



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First Day, March 17, 2009

Welcome my dear divine souls. How many people have visited India in Penukonda? So it means many brand new people. So first time seeing Swami, how many? Good. So totally mixed up?

My master is Shirdi Sai Baba, a simple divine holy being carrying unbelievable miraculous healing powers. Entire his life he led the most simple, in the street as a simple beggar - unbelievable Divine Soul. Even if you reached to his samadhi... he passed away from his body, he left from his body on Oct. 17, 1918, but his actions and his activities everything is running through his samadhi. Thousands of people, millions of people in India and worldwide are receiving his supernatural cosmic power, and without his grace, today we won't be here. Some divine energy pulled everybody today here to this event.

And we'll see how Penukonda looks, how your Swami created a Center there, and you'll have some little awareness before I give a talk, where your Swami lives in South India and how I created there, by grace of Baba, we'll have a look.

The slideshow of Swami's ashram in Penukonda is shown)

So our program is finished? I started my journey at twenty-three, or twenty-four age. I graduated my degree from university. I started the hut, at the time whole ashram around was a forest, thick forest. Then people started to come receiving healings: different disease people, different heartbroken people, lot of needy people... One part I don't want to spend time with them. One part, after seeing their pain, I have to spend time, then I faced from the society, the nature reflections: criticisms, comments—negative comments, positive comments. It's not that easy to create a Center, especially in India. It's not that easy. Only what you've seen in a big lake, one glass of water. I traveled whole globe wide. I've seen entire of India, from Kanyakumari to Himalayas, Manasarovara. I really researched the saints, babas, aghoras, ghoras, avadhuts—different layers of masters. I traveled, traveled, traveled studying the ancient day's palm leaf books. What is it? What is there? What is there? What is there?

Then something I discovered. Yes, I made it. I made it. Then I'm sharing, and I'm giving to the people, to the student's kingdom whatever I learned. Without me studying it, I won't tell anybody. First I do then let me explain. First I learn the yantra, and I know the formulas, then I teach it. The Feng shui, Indian vastu, practically I did it for ten years - top people in India I invited them, checking getting the different, different, opinions, practically seeing the results. Thousands of houses I'm fixing it, and seeing the results, it's done.

So, put it this way, realistically talking, realistically talking, spirituality is a big ocean, guys - knowledge is an ocean. Belief - there is no limit. Experience - there is no limit. We no need the chocolates, chocolates means, miracles this and that stuff. What do you get in that? What do you gain in that? How to make the people's hearts open? How many people are really happy in the world? I didn't see more than two percent people are happy in the globe. Wherever you go suffering, pain, suffering, pain, pain, pain, problems, problems, where is the solution for this? Where is the end for this?

We're coming, morning wake up drink, eat, sleep, again morning wake up, eat, drink, sleep - clock is running - time is running. Ten years back, first time I came here after Germany to Austria, same like these mountains. Hardly at the time, I wasn't able to speak

English. I learned English, and I tried to learn German language but it's too much to me, too much hard work, so better to have translator.

So, today I want to give only one major message. Of course, one of good friend Harold, and I've seen him in the ashram, and I've seen his work and his mission pretty good. And some more lift if I give to him, maybe some more beautiful things he can do it. And some senior students who was working here, who have been with me since nine, ten years, they're also pretty powerful and eligible. And the senior students, they can help you guys too. I don't think so in the future, I'll be coming to Europe to giving seminars and workshops. You have to take care of yourselves and take care of your friends.

So, what do you want guys? How many people who are here in the hall really have no problems? Be honest. So not even one person. How many people here in this room, never ever got heart broken? Not even one person? How many people here have really good soul mate, really good friend in your life? They know about your life A-Z? Be careful when you're raising your hand; be careful. You think I'm simply sitting here like this, hun-un. How many now? Because your wife is next to you, you have to say yes. Not even five, six people.

The point, where you're missing it, it's good you can fall in love having attraction, attachment, no problem but how much honestly you're loving that? How much heartfully you're loving your wife? Whatever you have feelings on your husband, how much honesty you're telling about that? Even you did a mistake, how much honestly you're talking about that? In your business, you're taking some of your friend's money, ten thousand Euros, you cheated and you received it. On the day you feel happy. The next month or next year, within a short period you lose fifteen thousand Euros. At the time you feel so bad and sad.

The inner consciousness, the soul, doesn't accept whatever actions you're doing negatively. If you hurt somebody, you deceived somebody, you cheated somebody - you have to receive back no matter what with big interest. You feel you're under heartbreak, but you have to think, "Excuse me, how many heartbreaks I already created?" If you did heartbreak somewhere else, again it's coming back to you. You throw a rock in the sky, one day it has to fall down, it won't disappear in the sky, it will fall down.

So every actions whatever you do, the karma, prakti karma, you're receiving back again in your life, one time heartbroken. To make your soul again perfect vibrations it takes minimum three to five years. It's true, three to five years. Like three heartbreaks, majority your consciousness, your talent, your brilliance is gone. It's gone. You're pretty good disturbed, then you start to feel unworthy. Then you start to feel guilty. Then you start to get addictions - smoking, drinking addictions. You cannot believe anybody that easily because already the soul is pretty good wounded. Never ever give the chance to unnecessarily get hurt. If you're really fair in your life, even whatever somebody really hurt you, it will disappear like that.

Satya, Dharma, Shanti, Prema. Satya - truth; Dharma - your duty; Shanti - the peace; and Prema - the love. If you follow these four principles, you will win the victory very easily. How you going to win that four? Get one thing first, for example, Satya, Dharma, Shanti, Prema - take the Dharma. You're a housewife, you're a doctor, you're a lawyer... as a doctor, you have a responsibility to take care of the patients. Let him do his duty heartfully. Once he does heartfully, his job, then the patients start giving huge love to him, "Thank you doctor, you saved my life. You removed my disease." Then the love starts to come on him - that is prema. Once he receives the prema inside of him - it's pure Shanti - inner silence, inner happiness. If you're in peace in your life, everything is peace - that is Satya - that is the truth. That is the key of the creation.

If you're really carrying the peace in you, you don't need money, you don't need bangalas, you don't need anything except peace. You cannot buy the peace with any money. You have to buy it through your actions. It doesn't matter what job you're doing. That job, one hundred percent heartfully do it, then you will receive the satya, that's the life.

Sometimes, certain sensitive things you cannot share with somebody. It will hurt again to somebody. It doesn't matter, you need one person in your life as a soul mate. If you talk with that person, you start to feel complete relief, complete relaxed, there are no more secrets except your spiritual personal process.

How many people in the globe are carrying one soul mate? I didn't see that many - very, very, very rare. Having a such good friends in your life, it's a bliss, it's a boon, they're ready to die for

you. They're ready to take care for you even you're healthy, you're beautiful, you're unbeauty, you're handsome, or you're so ugly they'll still love you. Even you're wealthy they love you, or you're broke they still love you. All the time they really like you, they care for you, they're there for you. We have to build up that relationship.

First of you, you need to trust, you need to believe on yourself. If you have a doubt on yourself, you can't judge on somebody they're really fair. Am I boring you guys?

Students: No.

Swami: Screaming huh? Indirectly I'm screaming on everybody? Is it true?

Harold: Yes, very true.

Swami: So I'm screaming huh?

Harold: You're a quiet screamer.

Swami: I'm making you to recollect your life. What you're really missing in your life, just I'm making a warning to you. Today major why I'm here, so far whatever you've done, crazy karmas, good karmas, negative karmas, bad karmas - completely wash out. Take all your pain out, heal completely your heartbreaks giving the willpower - you can do it, you will do it, you have to do it. I don't want to give a big talk like ten hours talk.

Harold: That's my job.

Swami: There's a lot of process is there, no problem - just I want to wash it. So what do you want, me to talk or wash it?

Students: WASH IT!

Swami: Good. If you don't mind, I have a few questions to ask. What is the major problem what you've seen with these guys?

Harold: Well, I should say it in English or in German?

Swami: Well I have to understand.

Harold: I feel most people have a lot of doubts about themselves. They want something, and then they think maybe you can't reach it. So then they try to hide behind another person, they try to hide behind a teacher, behind a guru. They hope very much the other person is taking care what they think they can't achieve. So they have a lot of doubt.

And another thing I discovered, they don't really love somebody for what they are. They love somebody for what they give to them, and if they don't give it, they don't love them any more. So they're loving, and not loving, and loving and not loving, and they can never find true love by doing that.

Swami: What do you think it? From your age, and experience what do you think?

Woman Student: What Harold is saying I think it's totally true, it's about love, and not being really able for true love.

Swami: I told you how to get the love: Satya, Dharma, Shanti, Prema. Majority of your problems are few: financial, health, relationships, and for few depression, that's it. That's not a real problem. You have to fall in love to God, like you really fall in love when you see a woman. You really like her. You'll really die for her like that, you have fall in love to God. You want to see Him, you want to experience with Him, you want to know something about His creation - that you have to focus on it. What are these miracles? What is this Creation? What is this Feng Shui? What is

this Vaastu? What are these mantras? What are these homas? Why are all these traditional processes, everything running?

You have to understand the knowledge. Knowledge will remove your darkness. You have to find the right knowledge. Just talking about love, talking about relationships, that's good, but the knowledge, the real knowledge - that is important.

For example, first I started my basics: Five Elements - na ma shi va ya - earth element, fire, sky, water, air. These five elements are playing on our body - whole our chakras are linked with these five elements. This whole body is made of earth, flesh. We're drinking the water. We have the temperature in our body. If the temperature goes up, we're done. If the temperature goes down, we're out. We're breathing air. If you stop the air, you're done - over. After five minutes, ten minutes later - done, over. Even without your notice, you keep breathing. These five elements you keep balancing it.

Some person is super successful. The same business you're doing, you're not successful. It means that other person knows how to carry the elements in his body in a proper way. You're ten days work, to him it's a matter of ten minutes. So that's elements sharpness. To achieve that elements to grind in your body, to digest in your soul in a proper way, I'm going to teach to the senior students the Five Elements process, certain exact prayers how to do, how to implement.

Nowadays I've seen in Europe, America, Japan and Singapore, the different countries there's a lot of healers. They're giving healings but they don't know how to discharge it. Like you keep drinking the water but you're not going to toilet - discharging needs to be happening. You're giving the high energy, some energy you'll receive from them too - that you need to find a way, how to release it back again, in the nature. You put your hand in the rose flowers. After certain time later your hand also has rose smell. Every full moon, even in your normal livelihood, we receive some energy and same time, we receive some negative energy in our body too. We need some energy transmission in our life - we need to discharge in our life.

Sometimes, sorry to say, the menses time the women go crazy. How many agree with this? Raise your hands; be strong. On the full moon and new moon times you go bumpy. You don't know what happens to you, you're so moody, you're so frustrated, you

want to fight, you're completely arrogant. In ashram, in the menses timings, I give a red ribbon around their wrist. Whenever I'm walking and I see it, "Hello. Good bye." I divert in a different direction in a different way. They come in the menses time, "Swami I want to talk to you." "Which day, next day, two days? Okay we'll talk later. Relax." I put them in silence, simply silence. It helps to them too, and it helps to me too. It's not your defect, it's the vibrations really drive you crazy, even the men, especially on the new moon time—shaky. Women need to understand, new moon in coming means, okay...with your husband, three or four days no arguing.

I have one good friend, John Gray, he wrote book, *Men Are From Mars, Women Are from Venus*, big selling book. I wrote few books with him, and of course we shared about relationships, what is this, what is that, and practically I've seen it in thousands of marriages I've conducted it, and I've seen what are the family problem things too. All simple silly, just waves, it comes and goes. Don't get stuck on it.

Today you're Swami is here to make it remove all the stuff, and my sincere, sincere, sincere suggestion learn the Five Element's prayers and if you're able to go in depth more, and some senior most students like Tatyana and Tobias, and some students are here, they know more knowledge in depth. You can bring these guys and able to learn it more and more, knowledge wise, the processes.

And in future I recommend to Harold's group to take a Power Journey to India. Let them see the India tradition, the culture, that art, the prayers, so see the East too. These Western countries are kind of like little child's, all kiddies - India is big grandfather, huge grandfather. Lot of stuff is there. So, shall we do group meditation or shall we do the fire puja?

Harold: Maybe they don't know what a fire puja is.

Swami: Puja means using the fire element and washing each person, and giving little shaktipat, or even you sit here in group meditation. I give you the shaktipat and washing it. What?

Harold: I hear is there a chance for both? Didn't I hear that?

Swami: We can go to the fire-pit. We'll sit there. Whatever I start chanting the prayers, try to chant with me. Even though it's a little cold, it's okay. I came from India, it's super hot, all the sudden I'm here, like in the deep freezer' 00000 what is this, to getting born like this? So, no problem, and who's preparing the fire-pit? It's all done?

Woman Student: We need about twenty, thirty minutes then it's done.

Swami: So, few people can go get the wood, start the fire. Shall we sit ten minutes relaxed peacefully? Turn off the lights, don't look at each other, just simply, quietly relax, good. How many people have personal mantras? How many people don't have personal mantras? You should have a personal mantra by the fire-pit tonight. Bring your paper and pen tonight, and I will write it there, and tomorrow, the Sky mantra, the process I give you to discharge your negativity and suck the highest positive cosmic every Full Moon and New Moon. Tomorrow, that is the major subject. So, everybody should have the big paper and blue pens. No black pen, three colors and one big white sheet.

Tonight try to completely put your concentration and your heart and mind to discharge all your negativity karmas into the fire, and think your three top wishes. At the fire-pit think your three top wishes, and it's going to get fulfilled. I'm not a God, but I can promise you your desires will get fulfilled, that's one of your Swami's profession.

So by ten o'clock tomorrow morning, be ready, and I need the room to walk among the people to give shaktipat tomorrow. Is it possible everybody can sit on the floor?

End of Talk