

Swami's Soul University Talks  
A Process For Getting You to Sthita Pregnatata  
Talk on the Dwarkamai Veranda  
September 9, 2008



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**Swami:** After I left, what content you talked Myuri?

Myuri: Luzia continued talking on illusions. We covered illusions one sector today. Tomorrow we're going into karmas, and then negativity.

**Swami:** Karmas and negativity. What else?

Myuri: Then we read stories from Paramahansa Ramakrishna's life.

**Swami:** Is there anything you have a questions I can help you guys?

Elizabeth E.: Swami, you once said, to become an illusion master you must know how to divert illusion, how to go around somehow. Today you said you have to play, to let it run. So does it mean we shouldn't learn how to avoid it somehow?

**Swami:** Give me an example. It's a good question. Give me an example.

Elizabeth E.: When you feel an illusion is running, I had the feeling, "How can I avoid that? How can I go around it somehow?" And you said...

**Swami:** Is everybody okay? Why you feel so tense? Veemala, why are you tense?

Veemala: It's difficult for me to relax.

**Swami:** Thanks. So what is your example?

Elizabeth E.: When you talk about how you handle illusions, it always seems like you have the ability to divert it. You see it then you say "Okay." To us you say to let it run.

**Swami:** Generally how I work, I'll take my personal example, how my actions is generally. For example, I want to give something to Gustav. Before I'm going to give something to Gustav, first I take my own self-analyzing, "Is he really able to handle or not? What I'm going to give to him?" One point. Point two, I will give a warning to him, "Hey you're going to receive this, I'm going to give you this." Somehow he prepares his own angle, "Okay, Swami approaches, he gives to me." He makes his own cinema. He prepares his own cinema. "Good, Swami's coming so and so timing." It means I put him in a beautiful frame. Whatever he expected I can go in the same way, or I can go the different way to enter in that frame to complete whatever I want to give him to make him to give it.

Before, what major failure so far in the planet, we had a strong will and ambition, and thought you want to receive that through this way. If you fixed, "Through this way you want to receive that," that way is going to get disturbed. If you have an uncertainty of that way, but still you want to go that way, you want to reach that destiny, but the ways will keep changing it, but you'll reach your destiny. Do you understand?

We never ever make a standard bridge, "This is my bridge. This way I'm traveling. This way I'm going." That is, it gives the hard time. But you can see this end and that end, "Okay, I want to reach there." And you started here, but you had an idea you want to go this way, you can still change the ways but to that end, you have to have a strong willpower and ambition to push it and reach there. That end, the creation, whatever the illusion is there, it will receive you there. No matter what, it will receive you. From this end you have to put your Sankalpam to reach that end but don't create your bridge there. Whatever I work with you I never give you clear bridge.

Today I'm sending Paul and Birte to America. I always say like this, "I don't know if I'm going or not." Australia, "I don't know." Again in November, Europe, "I don't know." If you're working with illusions, you have to be super flexible, unbelievable flexible. Who really understands the illusions, he can overcome the karmas and negativity. The flexibility nature is very, very important. You know what I'm saying? I hate to say this but you have to listen. Panchali, how many husbands she had? Five husbands one lady, Lord Krishna he fixed it. Is it fair, Simon?

Simon: Is it fair for her or for them?

**Swami:** Whatever it is.

Simon: It's the way it is.

**Swami:** No, Lord Krishna, it's there. Sarah? Be free guys be open.

Sarah: My belief system, I would say no, it's not fair.

**Swami:** Krishna had nine wives. He married legally eight, nine wives - is it fair?

Luzia: No. It doesn't feel fair. If he has nine wives, why those nine wives have only one husband? That seems to be not fair.

**Swami:** Who says that's not fair?

Luzia: Well, if you take the right to have many partners, and your partners don't have the same right, that doesn't feel fair.

**Swami:** Same Krishna, take a little time cycle back when he's Rama. He's very, very dedicated to one wife, Sita but the Sita got kidnapped by Ravanaasura then again Rama brought her back. Then she's pregnant, then he heard some rumors about her character, "Why Rama took her, she was already many years with Ravanaasura? Rama is such a stupid guy, still he's doing samsara, a family life with Sita." Then he got hurt. He cannot accept that. He sent Sita when she was pregnant to the forest without telling her, "I'm leaving you." And he told his brother to send his wife to the thickest forest. And Rama's brother, Lakshman, took her to the thickest forest and dropped her

and left. How much that is fair karmically? She's pregnant - because some boozer made a comment in that town, that city, in one street, "Ram's a stupid guy. He's still doing a family life because she stayed with Ravana'sura." He got hurt and he sent her to the forest because of only for that one comment. As a pregnant lady she suffered. Some saints took care of her. She had twins. That's a different story.

What is the illusion that hit the same Rama that he cannot accept one blame? After, even in the climax he doubted her character and made her enter in the fire? But she did not ask him to enter in the fire because she was separated and he was separated this many years, only he commanded on her to enter in the fire, "I want to see how much your purity is." She entered in the fire - she didn't get burned. She came out. She felt so hurt, "You are looking at my character? So I don't want to stay anymore." She broke the earth and entered inside.

Why I'm saying this... the feelings. It doesn't matter who comes as a human form on Earth, either Rama, or Krishna, Jesus, Buddha, Baba, whoever, any person they have to go same principles with this type of feelings. Where you need to adjust? Where you cannot adjust? The time cycle is so funny. What is the real law of spirituality? What is the real law? Sending a pregnant woman in the forest is it fair? Five husbands for one woman is it fair? Eight, nine wives who Krishna is having, is it fair? What?

So if you take your own personal life, individual personal life from beginning until to now, if you took karmically the illusions, how many times it bit you. Even Rama has been through the illusions. Krishna also, even once he was born has also been in the illusions. He didn't need to do the whole battle and driving the chariot. Millions of people died. Simply he's saying, "You're the instrument. Do the actions. Just you're the instrument, play the game." Why this game? If you put a question mark, "Why? Why this game?" That game so far, how much you've really run. You played this game so far. You can take lot of nectar from that. Whatever, every day, every year, every month what you've been through, the nectar is already hidden in what you've been through in your life. It's there. That is what? So what you really can come with, overall as a great conclusion, the feelings of your real consciousness.

Gustav: I don't know what the feelings of your consciousness means.

**Swami:** Feelings. In front of you a blind person, he lost his money purse. In that money purse there is a lot of money. That blind person he badly needs that money for his purpose. He dropped it on the floor and you know where it is, and you took it. You took it and you put it in your pocket - he's crying, he lost it. Of course the money is also necessary to you. The money is also necessary to him. At the time, what are your feelings saying to your consciousness? You want it, that is your strong feeling but your consciousness is also saying something. It's always saying something - it never stops. It will keep saying something to you, no matter what, every moment, every action, the consciousness is always flowing in you. Feelings is separate, consciousness is separate. You got it? So what are you going to give the judgment there?

Gustav: I would not be happy with the money.

**Swami:** So you are not happy the consciousness is saying, of course it's wrong, that's for sure. How to make that consciousness be strong enough to put to the feelings even same, that consciousness to lead rest of your life to be in the reality thing. Clear? I think since ten days I'm driving you guys crazy. I hope I'm doing a good job; I'm grinding you guys.

Aghni: Is the nectar that you get out of all these stories what Ramakrishna Paramahansa took out from his wound when he was shouting, the silence?

**Swami:** Taking Paramahansa's story, that's one type of branch, Rama one branch, Jesus Christ one branch, Buddha one branch but it's all related to the one strong, one big trunk.

Aghni: You told that he found the silence in the shouting, this pain. That's why the saints take the karmas.

**Swami:** You hear the book and you take your own thoughts what the inner meaning is in it. What is the inner meaning in it? Keep taking it. It's the biggest very, very important, dangerous thing too. You should not discuss with anybody except whoever knows your PIN number. You can sit with that person and discuss it. I know her PIN number. Of course I know her soul file. For a little time I can swim with her, I can make her train to swim, but I cannot swim all the rest of her life. Teach her how to swim, that's it. You have to lead your

life. Whenever you're in the danger, of course I'm observing you. Okay, lifting it - go. So dig, find it, I hope I can help you straightly what I'm looking for, the answer, but it's better you come from your own self. But I'm expecting something from you guys, from each individual person. Yes, I'm expecting. I'm really looking forward to the great answer.

Jaycee: If the consciousness is always right, and the feelings are not right - why should we trust the feelings at all?

**Swami:** Research: How much you're maintaining your silence? How much you're dissecting your feelings and your consciousness layer by layer? You know dissecting? Put it on a slide, take the microscope, watch it, see it - what is the shape it really looks? I'm serious. You can see it. Once if you know how to see that, every feeling, every action of your life is a bliss, it's the bliss. Learning the knowledge, yes, no problem - you can learn a lot of knowledge anytime. To investigate, to research your self, that is the thrilling. Somebody says, "I have a fear." Fear is a branch - what is the real root for that fear? Fear is a problem, good. What is the root?

Casey: Do you want us to, but let's say I have a fear. I know what caused it in my life. I know some things that happened but I have a feeling that's not the deepest clarity what you want us to go. I'm trying to think what that is but... like, what happened in our lives?

**Swami:** It's a coconut. First day you tried it, you didn't find it. Second day you tried it, you didn't find it, one week you tried it, you didn't find it - don't lose your inspiration! If you didn't break that, "Swami I tried it, I don't know." Then I'll break it. I will. Any doubt, Constanze?

Constanze: No.

**Swami:** Good. So, keep trying. Processes, purifications, its all okay - that's one step. Let it happen. Learning knowledge, doing abhisheks, bhajans, that's good but the dissecting... Do you have any questions Tatyana?

Tatyana: Hun-un.

**Swami:** You want to lead your life in a spiritual way or you want to lead your life in a practical way?

Tatyana: In a spiritual way.

**Swami:** Do you think you're in a spiritual center or you got stuck in the crazy place?

Tatyana: I think I'm in the most beautiful spiritual center, but sometimes I feel I'm stuck in too much other things, like doing office work. I'm not happy to be stuck like that. Sometimes I feel I'm stuck in that.

**Swami:** Okay.

Aghni: You said what we have to give, to think about that. Does it have to be something like material thing or an idea? You said we have to offer something, what we have to give back if we get this?

**Swami:** That's why I put you always in the silence. Wait.

Luzia: I have a question Swami. When I read your talks that you gave on consciousness before I came, I read that you said that the consciousness always wants to take a break, and I think that's something that we suffer, that it always want to take a break. So my question would be - what happens in that break and how to handle that?

**Swami:** Give me an example.

Luzia: Well, I understood, like let's say I'm in a certain consciousness like I feel sometimes in certain moments I'm in a high awareness, in a high consciousness but it feels like I cannot maintain that. So it's such, let's say, a high energy coming with that high consciousness and then it feels like I can't stay with that. I cannot maintain it. I can maintain it for a certain time and then it feels it wants to take a break, kind of I lose that. Is that what is meant there?

**Swami:** Say again.

Luzia: You said the consciousness always wants to take a break. And I think I experience or at least it's my understanding, that the

consciousness if it's a high consciousness you're in, it's hard to maintain sometimes, to stay in that. Let's say you received a miracle, or you experienced something that opens something up in you, and you're in that consciousness of that but you cannot maintain that, it takes a break. And like what happens?

**Swami:** It's a feeling. It's a feeling. First one hour with your girlfriend or with your boyfriend, you're very happy you like it. But you cannot take it non-stop if your boyfriend is in the room with you for one day. Is it true Tatyana?

Tatyana: Yes.

**Swami:** What?

Tatyana: Yes.

**Swami:** Just cannot, but you guys here in the ashram, itself the vibrations are so high. You are in that vibrations, you personally don't need to take it, its already there...

Luzia: So it's something we should accept to take the break?

**Swami:** You should ignore that. Simply ignore it. If you got this, if you really can work out on this - the biggest problem in any part of your life, then we'll make to that a link to your womb chakra. That womb chakra makes a journey where you really started, again the beginning. But you have to know, you have to feel, something you know very well about yourself.

In the planet, so far what I've seen, majority, every person is having their own hidden secrets. They have their own personal belonging things, contents, doesn't matter whatever it is. Take everything and put on your feelings level - this, this, this, this, then have a look at each one. Use your consciousness. Stealing one thousand dollars from a blind person - make a clear judgment, "This is, this wrong or this is yes?" you're confused here this is, "Okay I'm doing perfect here, or I'm not at all doing perfect here?" Then take second step, "Yes, am I doing right?" Then you'll come for one idea. You'll come for one strong idea.

To our mind Rama sending his wife to the forest, it's a crime. What feelings he had to make him to do that? After he did that, he really suffered, he tortured himself - pain is also there. Krishna, after all the battlefield he did it then he also felt guilty, "Why I did this?" Of course he has to also take off, he has to leave his body. Clear? I'm really shivering you guys. I am shivering you. I think you need a vacation isn't it guys? Bharati you need a vacation?

Bharati: Little bit.

**Swami:** Why, what are you doing hard work?

Bharati: Doing a lot, but I don't know really. I'm thinking and thinking what you're saying. I don't get the point because I always thought in spirituality there is some fairness. You know, hearing all these stories...

**Swami:** It doesn't matter if you want to be oneness, enlightened, free bird - that is a second step. I want to prepare you, my biggest... giving the headline, I want to prepare you as a Sthita Pregnata. Once you're a Sthita Pregnata the life starts, the real life starts, to receive the Sthita Pregnata then the story starts, the real story starts. What is the meaning of Sthita Pregnata? Sarah?

Sarah: To be no judging, to be in peace.

**Swami:** Is it true?

Luzia: It's part of it but it's like, you're happy it's fine, you're not happy it's fine. Everything goes well, it's okay. Like you're in both sides, if it's good it's good, if it's not good, it's still good. Swami is it possible to have Sthita Pregnata if we don't know where we come from?

**Swami:** You will know very well. I started the cooking. Everyday day I'm adding some more: salt, pepper, spices, vegetables, it's cooking. It started. Until I prepare the well good dish, I won't come out from the kitchen. Hun-un. I started. It's really hot. To prepare you Sthita Pregnata, you're super happy - you don't care. You're super unhappy - you don't care. You gained millions of dollars - you don't care. You lost everything what you have - you don't care. That is the stage. That is the big entry into the spirituality. Biggest entry.

You're going to die next hour, no problem, no problem. It takes as every block coming to the point, coming to the Sthita Pregnata. Can you be in that stage Sarah?

Sarah: I would love to be in that stage, Swami.

**Swami:** You are sure?

Sarah: Yes.

**Swami:** You will be. Everybody will be. Good luck. Good luck. Today, another most interesting thing is, this whole area people came this evening before I gave a class to you. When everybody was making big noises, I went there. All top politician leaders they came. They put a garland. They sat and talked. They're heartfully inviting me in the politics. "Come Swami, please help the Indian politics." Day after tomorrow Sonia Gandhi is coming to Ananthapur. Hundreds of thousands of people are going. The main guys in this area they came and, "Please come in the politics." I don't know if I have to laugh or have to cry, just simply I'm shocked. Simply somebody's giving a talk and simply I listened. I gave a beautiful class to them. I gave the abbreviation of the politics to them. Look at that how he's (Baba) tempting, and how he wants to divert it. Am I really in the politics, Luzia?

Luzia: Well, Swami, you mentioned already that you're thinking about going there.

**Swami:** *(gave clicking sound like saying hun-un).*

Luzia: You don't need politics but maybe politics needs you.

Stephanie: Your picture was in the paper with Sonia Gandhi.

**Swami:** Yeah, their giving advertisements, "Yes he has to come."

Myuri: You're already in spiritual politics.

**Swami:** Yes. Yes. If you took everybody, took all souls - Boss and Big Boss, Buddha and everybody, I have my own track. I have my own track. So find out what I've given today, the content, to be in Sthita Pregnata - what you need to develop, what you cannot develop, what

you already developed. Every sitting I'm giving hints to you guys lifting, lifting. You will find out.

Elizabeth E.: Swami, what do you mean, "What you cannot develop?"

**Swami:** Some of your blocks, you don't want that block but still you keep carrying it since your whole lifetime. Like that person, just he has fear, fear, fear. I'll give the root but again it comes to the same point - come to Sthita Pregnata. You are the right person about yourself - don't waste the time. Don't think you're a bad person. Don't ever feel you're guilty. Whatever the actions are running in your life, that's nothing but supernatural divine force is making on you, through you. It's a divine force. In the beginning it's a divine force then after that we create tons of our own headaches. So go one more step in depth. This several weeks - be strong enough. You will come out. We will come out. Your Swami will discuss every corner of every problem. It's an unbelievable subject. This subject you have to learn no matter what. Clear?

Students: Yes.

**Swami:** Good. Good night.

End of Talk