

Swami's Soul University Talks
Turning Your Mind and Heart to the Reality
Talk in the Baba Temple
August 3, 2008



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The first part of this talk was not recorded, only vaguely compiled through student notes after the talk. The last twenty-one minutes were recorded but also not a good recording so some words are not clear.

Student Notes

Swami: What does Vibhutti Sundara mean?

Jaycee: Vibhutti is ash and Sundara is beauty - the beauty of the ash.

Swami: Beautiful ash?

Jaycee: Shiva.

Swami: Then?

Jaycee: Everything in the illusion of the creation ultimately turns to ash, is just ash, that's the truth.

Swami: Exactly. What's the deeper level of the meaning? If ash is everything, why do we need to continue this drama? Why attachments, feelings, anger, depression, attraction? Why longing, why starving, why desires? If you're in the body, you're in the suffering. If you're out of the body you're even more in the suffering - then your soul is coming back and hiding in a body (*not sure this*

part) Meaning of Shiva's drums. (No more notes from this statement)

Recording starts here

Swami: Who, you opening to your soul channels, if the soul needs to get very stronger, not able to receive his leelas. Whenever you're ignoring your body, your feelings, your attachments... *(can not hear the recording clearly)*.

Until the seventeenth, still the Kumbh Mela is running in Varanasi. Hundreds of thousands of saints they're walking in that ghat. Pretty much they're all putting the ash on their body, the hairs are almost touching the ground. Huge guys with wrinkled... they don't care. Majority of them are shaved. A lot of people have tiny dress - naked. That's one part of the major concept of Ramana Maharshi. He enjoyed everything but he doesn't like anything. He enjoyed everything on the planet, but he doesn't like anything on the planet. Majority of his life he spent in the Arunachala Hill discovering, "Who am I?" He mediated on the tiger skin. He meditated on the deer skin. Did anybody see his picture sitting on a tiger skin?

Students: Yes... no....

Swami: Who saw that?

(many hands raised).

Swami: That makes a vairagya person confused, why a detached person is sitting on the wild tiger skin meditating. Why is it necessary? He could meditate on the simple cloth, simple mat. To handle the wildness of the nature, the tiger content, the horror content, he used it in a different way to make it quiet and calm - that's the very in-depth mechanism.

Whenever you're sitting on the tiger skin meditating, it makes your shakrutis, your inner blocks, your feelings your wildness stop - that's the inner meaning. Fifty percent of you is good, fifty percent of wildness is always hidden in you. Sometimes the wild character pops out. Once that wild character pops out, then you receive tons of headaches, a lot of negative karmas. The tiger skin helps that to make

it calm or using much ash stops it. You need to ask the Guru Parampara, how long, how far you are starving it - the illusions hitting. Singing a bhajan is good. Knowing the meaning and singing that's much better. Knowing that meaning and chanting it, that's super good.

The nature at the moment is pretty wild, no doubt. She gave disturbances in the globe, little shaking - unnecessary disasters... Especially Friday, the eclipse, that's very bad on a Friday. It's very bad for the planet, for the globe, and especially out of a hundred years, one hundred-one years, it only comes once on a Friday - it hit it. (*Swami's talking about a solar eclipse*) Nothing is stopping. Just keep moving it, keep moving it but where will you go and end up, that's a big question mark? Am I giving you a fear, Gustav?

Gustav: Well, some fear is there that's never ending, you know. You're the only person I know, I trust you, know the path, you know what's possible.

Swami: What path?

Gustav: The path to stop it.

Swami: Who am I to stop it?

Gustav: I don't know if you can stop it but you know the path how to stop it for the soul.

Swami: I can play with the illusions very beautifully - that's my speciality, special instrument, what I got trained how to play with illusions. The majority, what you need to know, to ask, to removing the... to cross this ocean in a peaceful way to reach the destiny to the Reality. Once if you know the Reality there's nothing else you need to know even if I say the Reality now, you can't understand. Even if you understand, without you having the experience you cannot enjoy the Reality.

I'm biting an apple. I tell you it's so sweet. You never tasted that. You have no idea what that sweetness is. Once you bite it, then you can tell the sweetness. It means, you need to know the same with the

bitterness, the lemonish, spicy. You need to know all things, then after all comparisons you can recognize the sweetness. Without knowing any tastes, only biting the sweetness, you cannot even decide it is sweet. You cannot decide that. As a brand new person your're biting an apple, "Oh, it tastes good." But you don't know if it's sweet, lemonish or spicy. You have to see every corner, every step then decide, "Yes, this tastes good."

Some people like lemonish, some people like spicy, some people like bitter, finally is the sweetness - the Reality. What more to know? That's it. Like with a guitar, you can produce thousands of music depending on if you are using it. If you are not using it, you put it in the corner it will get spoiled. Like that, you are a kind of guitar. You can make thousands of experiences but you have to use your time, your energy, your channels - if you are not using it in a proper way, it gets wasted. You hurt it - it is not recognized.

Every minute, every hour you need to be under research understanding the consciousness. It's a kind of hypnotizing yourself but it's not hypnotizing. You're trying to understand the creation, the awareness of the creative. If you are not even thinking on it, you are not using your consciousness on that way - you can't get it. You really need to focus. You're working in the garden, good. At the same time you are working in the garden, you have to know, you have to find out. You know what I am saying?

Everyday morning, majority of the time when I am sitting in the northeast, I have two friends - monkey kids. They come up sitting in the coconut tree. I really want to have a good relationship with the two monkeys. I go in the living room and get the bananas and I throw it. They enjoy it. At the same time I am screaming at the downstairs people, "Hey, monkeys came. Send it out!" He is inviting, giving the bananas and at the same time he is sending them out. These two monkeys won't go when I am in the northeast. They are all the time hanging around until I give the bananas - it is tuning. Do you understand? It is tuned.

If you start to wake up early morning 5 o'clock on two consecutive days, you don't need the alarm after that to fix it for 5 o'clock to wake

up. Your mind, your thought system automatically makes you awaken, "It is 5 o'clock, wake up!" Sharply you wake up at that time. Energy is like that. If you start to put your consciousness tuning, "I want to know, want to know," you will win it. But you need to train to program it. Am I boring you guys?

Students: No!

Swami: There are several concepts things you are starting to understand - that's the thrill. The day passes like that. The month passes like that. The years pass like that. You won't feel pain. If your life journey is going very smooth, what you need more than that? When did you meet me Tobias? When did you come to Penukonda?

Tobias: Christmas '99.

Swami: Almost nine years. You really thought the nine years go like that quickly?

Tobias: Not so fast.

Swami: These whole nine years have gone like that (snaps). Nine years is not a joke. That's a lengthy time. (*this next sentence of recording unclear* It passed and once... like...what a book?) That you need to know it - that's a kind of Satchitananda. But when I think from the time when I started the ashram until to now, almost thirteen, fourteen years have gone like that. I travelled the whole globe. I've seen hundreds of thousands of people. I talked to thousands of people. I am doing the hard work. I did the life work. Sometimes when I start to really thinking about it - that's the boon. It's something positive.

The content today is tuning your mind system, your heart feelings. You want to know whatever it is - you want to know the reality. You want to know! Why we need to worship Hanuman? Feel it, see it, putting the water on the Shiva lingam, what is this? Whatever you are chanting, you want to know it, you're chanting this mantra, you want to know to see it. To everything in the creation, action to reaction is there. It's true, action to reaction - that's Newton's third law. You cannot escape. You cheated someone - you will be cheated.

You created a heartbreak - you have to receive heartbreak. You ignore the reality - the reality will ignore you. It's the same for any construction, any concept... You are doing good karma - the good karma follows you. You are very egoistic - the nature is very egoistic to you. You are super humble to the nature, then you are also becoming a humble person. Everything is how you are going to tune your mind. That's it.

There are one thousand sheep coming from the forest. There are nine baby lambs. The small baby recognizes exactly the mother. Small kid lamb runs straight to the mother even though all look similar to him. To you, five hundred sheep look similar, but that baby lamb recognizes and runs straight to his mother. How is that possible? Does it make sense it recognizes?

Luzia: Is it the magnetism between the mother and...

Swami: That you need to know. Nature is a big talker, big teacher, and the beauty is there. Last night there are two birds on my front tree. They are so cute. Female bird is kissing the male bird. The male bird is a little egoistic. After few minutes, again, the male bird is trying to kiss the female bird. She turned a little away from him. Again the male bird is a little egoistic. Like it, a big... I am watching, and watching, and watching it until morning. It's so cute. In the beginning I am chanting my meditation prayers, the birds are completely so cute. Until seven a.m. they keep shouting - Love. The really true lovers in the planet are the birds. Really true love, crystal clear unbelievable true love.

So majority, whenever I am giving the Kandhana Yoga, I am under unbelievable panic. The consciousness needs to be very strong. It cannot be disturbed. When I am in Japan they brought a huge basket with eight, nine parrots. Seven people they want to do Kandhana Yoga. They brought the knife too. I am in a mandir in Japan. I promised the miracle but I didn't think it would be seven people. They are forcing, begging, commanding, demanding! Well, they are all sitting and just do it. Lucky guys succeeded.

(Last part of recording not clear) Whenever I burn a flame, whenever I am attacking a bird with the processes, seeing only birds.

End of Talk