

# Swami's International Programs 2008

Latimer House, London, UK

Shiva Prakshalana Kriya - Part One

April 26, 2008



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*Morning following the Sky Mantra Meditation – Initiation and fire homa  
for Shiva Prakshalana Kriya - Step One*

**Swami:** After your lunch break, Shiva Prakshalana Kriya is what we're going to do next step. Prakriya shalana means all his three gunas: sattva, tamo, rajo. In sattva, tamo, rajo, the three lines of Shiva. Whatever we have, of course every soul is carrying that, these gunas are developing in us through the third-eye. That is required to chant as much as you can the Sky Mantra, as much as you can in the nature. I'll also be there in the nature. Everybody should lie down on a little cloth and keep chanting it. After that when we come back I'll show that Shiva Yantra, one of the yantras how to do the process step by step. So, until we get the Prakshalana Kriya to the earth element... the earth element and our soul will start to merge first. The next step I'll explain this evening. Clear? So go as soon as possible, have a lunch and come around the tent, prepare the fire pit in advance, and even though it's a little late night we'll spend the time. Let's go.

Before we start, I have a couple of questions for you guys to clarify. This is the first time this homa is performed by your Swami with this Parameshwari Yoga, in that book, with these bijakshras. Several thousands of years back they performed and succeeded and some failed. In this process, until ten minutes back, I don't have the confidence I'm going to perform the fire puja. It's also called Kala

Nidra Shiva. Kala means time and awake. Nidra means sleeping Shiva. He's sleepy awake. What does that mean? He's really awake? Generally, everybody's worshipping Shiva when he's meditating. 99.999% whatever we do to receive the blessings and pujas is when he's in trance and sleepy. But this fire puja is making him awake—more awake. Like this type of fire pujas you need to perform in your lifetime three times. Three times you need to perform it. And as your group, you need to be as a Soul Mate Group. If you're not able to be like a Soul Mate Group, it's very hard to win his channels.

It took to me also five years. Each stroke I got failure. Finally I got success in Himalayas at Manasarovar but I'm landing this energy in a normal plain ground, but I'm very confident I'm your pilot. Before, I didn't have any pilot, just simply believing on Baba, "Do whatever you like to do," to figuring out all Five Elements. Finally I won the Air Element. Today we're starting with First Earth Element. If you're not as a group together for the rest of your life to be, 'do or die', caring for each other, it's very hard.

You really can heal any person in the group very quickly with what bijakshras I'm going to give later on in the talk. It's super fast track, and whatever power objects you're wearing today, in the worst case you might throw in the water, but you should not lose it. You know what I'm saying? For example, you did the process and then you separated from your wife, you don't like her. Still you don't have the right to hurt or make her feel painful. That will reflect back to you very badly. Clear? I will be responsible karmically for whatever good actions you do but I won't be responsible for your bad actions. Then it will reflect back to you very badly. If you promise that you won't do any bad karmas, especially hurting anyone, and especially misusing your energy powers, misusing your channels in a negative way, and if you do this I'm not responsible.

So far you got the strokes whatever from the Mother. Now straightly I'm bringing the Shiva energy. He cannot escape it. To him, bringing from the big ocean to your small bathtub in your bucket, which one is easier, to catch him in the Pacific Ocean or to catch him in your bucket of water, Simone?

Simone: Out of the bucket.

**Swami:** You already caught me like that huh? So, you need to be very, very determined. If you feel a little uncomfortable you don't need to do the fire puja. You can go back to your room, stay there, you can still learn the knowledge. For the rest of your life you want to be as a Soul Mate's Group, Kala Nidra Group, you can stay. There's no chance to be in your group and fight with each other, absolutely no chance. No permission to. Think five minutes discuss with each other then you call me. I'll go for a little walk and come back. You remember, in Beuerhof I also walked out, again I entered? Now again I'm walking out. When I enter I want to hear the good news.

Ganesh: You said we can heal each other. Can we also use this to healing different people outside?

**Swami:** Any person in the planet, no problem.

*(Swami returns after group meets alone)*

**Swami:** So, what is the deal?

Ganesh: We clarified that Soul Mates is like a marriage. It's very important to know that it's something special. We repeated all the things you said so everyone understood. And we also asked if anybody feels uncomfortable that it's possible to move away now.

**Swami:** Is anybody moving out? Can we start? Can you chant nine times omkaram? Nine times Guru Mantra nine times. Nine times Gayatri Mantra. Chant First Earth mantra ten minutes.

*(The students chanted all of the requested mantras from above. Swami chants more mantras and everyone repeats them)*

**Swami:** Think five minutes your personal mantra strongly... it's the climax.... it's very important...only one personal mantra - your favorite one. Think your wish. (*Put the offering into the fire*) Take your power objects, break the coconut, put the incense and flowers and do nine times pradakshina.

End of Fire Puja