

Shiva Ratri Program 2008
Shiva Process: Two Mantras for
Healing Heartbreak and Depression
Teaching in the Baba Temple
March 4, 2008



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Swami: Welcome my Dear Divine Souls, March 4th 2008 - Shiva Ratri function. It's quite interesting, quite amazing, it should be, it has to be to the coming future generations what you learn, what you are going to have the experiences to share your fragrance... This period of time, what you are celebrating with your Swami it will be immortal.

Before we start: Nine times Omkaram, five times Guru Prayer, Ganesh Prayer five times, five times Gayatri

The Students sang the opening prayers

Swami: Good. I hope everybody will understand this Shiva Ratri Program. The major concept, introducing the Parameshwari Yoga Book, the ancient knowledge thousands of years back, what they've written - how to handle the Shiva, how to handle the Mother. That is the major concept this Shiva Ratri.

Generally once if we sat near the Baba, we know how to ask our Guru chanting, the Guru prayer, surrendering to him, chanting his Harathi doing his Bhajans and receiving the blessings. But the Shiva Lingam is a very rare. Entire in India there is only nine temples entire in India, only there is nine Shiva temples that is called the Shakti-Shiva temples. One is in Sri Sailam, one is in Kalahasti, one is in Ujain

one is near Kashi, like that. It's called all Jyotir Lingas, Jyoti, Jyotir Lingas. It might have thousands of temples - that's different the Shiva temples but there is only nine temples.

For example, if we went to Sri Sailam, it's ancient temple but the Shiva Lingam is high vibrating it. I brought many students to Sri Sailam. We did Abishek. I brought to Kalahasti guys - we had darshan. We touched it in Sri Sailam the Shiva Lingam. You touching it and you receiving blessings - that is part of a devotee, that's good. A part of Avadhut, a part of you want to be healer, a part of you want to receive cosmic energy from Shiva. If you want to be a part of, really in the cosmic energy, how do you have to share the Shiva energy to your soul? That's the major concept.

The Shiva Lingam has certain layers of the Bijaksharas. It's like an onion, each layer, each layer... like a cobra it has layers of the skin. Every couple of months, certain cobras releasing the skin out, like that Shiva Lingam, the layers of the energy it keeps releasing it, vibrating it, it's like a magnet. How to receive that energy to our soul, and after you received that energy, how to implement that again in the cosmic? Like you are a part of Shiva and blessing to the planet, blessing to the students' kingdom.

There is only certain Shiva temples, only is very powerful, and millions of people are visiting those temples - some attraction power, some magnet power is pulling the humanity, human beings there and worshipping it. Even though it has bad Vaastu... Kalahasti has bad Vaastu but how many people is visiting, guys? How many people visited Kalahasti? It's a lot. So how many devotees is visiting in that temple when you saw it, very less or huge, Nityaananda?

Nityaananda: (inaudible)

Swami: Still thousands of people... There is an energy mechanism, for example, the Penukonda has the good Vaastu. Only certain days lot of people come, certain days very less, certain functions hundreds of thousands of people. Thousands of people is gathering, it means I close the energy gates. When I want to open it, just opening it. When I want invite it, receiving it - I don't want it, closing it. Even in your life if you want to become a strong healer, even though many people have a lot of belief systems, I respect that, different religious... they are connecting to the sun, they are connecting to the cosmic, they are

connecting to the different angels – that's all surface waves in the ocean, surface waves. Your journey has to be, not to be on surface, it has to be underneath, you know what I'm saying? Once if you start your journey, underneath you can reach your destiny very fast.

The surface is always waves and disturbing - that's why always Shiva, he chooses... there is only two places in his life, one is Himalayas, one is the graveyard. That is the only two places the majority he likes it. In the Himalayas, Manasarova, the Kaylash, Giri, the mountain of the Kailash, it's pin-drop silence. What your Swami experienced there too, one hundred percent pin-drop silence. We cannot explain that vibration in words. A normal devotee can go and sit and enjoy there, that is different. Who knows the channelings and has to sit there and mediate on his channels - that is different.

What I had the experiences and I visited some graveyards too, when I was travelling near Kashi, near the Ganga Ghat, there is the Harichandra Ghat, the famous Ghat of burning the dead bodies. Still many people can see that. If we went there the Harichandra Ghat, where is Harichandra the king, he lost his country, his kingdom, finally Shiva is testing him, that huge king, powerful king, he used to burn the dead bodies in that Ghat, in that river area. That's called Harichandra Ghat. Whenever you went to the Varanasi, you have to visit that place. It's called Harichandra Ghat. It's the same vibrations like Himalayas. After that the Shiva temple of the Kashi, Kashi Vishveshvara, then eight more temples in north India and south India.

Why I'm saying very small particular Shiva temples only having that vibrations, and fixed that vibrations, and is activating that vibrations...same thing you are doing, guys, to Dwarkamai inside the Shiva Lingam. Then underneath, after the Dwarkamai in the ground you buried it. Hundreds of people buried it. There is one Shiva Lingam with the Five Elements is mixed in it. We buried that and every night you are doing with the flame, it's called Dzwalla Harathi - nighttime what you do the Pradakshina, that's called Dzwalla Harathi. In ancient days the saints, for example, Sri Sailam that Shiva temple, like thousands of people keep travelling, keep travelling, keep moving around that Shiva temple, then it start vibrating and it's giving the high magnetic vibrations.

If you are observing the Mecca, I don't have any comment on that, if you saw the Mecca in the Kaaba, in the middle is, there the people is moving there - thousands, hundreds of millions of people keep moving there. What happens once if you start to move with your soul, open heart with your soul? That object that is inside, whatever it be, it will start automatically to vibrate, then your soul will also start to vibrate - that is inner mechanism. The Shiva Lingam I will explain today or tomorrow in depth, how that Shiva Lingam really will vibrate. Many people are going underground to the Shiva Cave - you are putting the water on it. You are not putting on Him, you are putting on your soul to wash it. You are not doing abhishek to the Shiva - you are doing abhishek to your soul.

You are putting the Lotus flowers on the Shiva Lingam, the same thing how much you are really sucking the cosmic energy from him without your noticing it. Once if you know how to activate that, if you are holding a small little Shiva Lingam, any crystal, if you chant a little while then if you gave it, it starts vibrating. That small crystal Shiva Lingam is enough to protect one lifetime' generations. For example, Nityaananda's life and his generations, five generations, his son and his son and his son, it will keep protecting - that small crystal. You might think, "What is in it? It's a fun, it's a joke," No, it's a supernatural cosmic vibrations is vibrating in it. Many people I hope they know Telugu a little bit, I'll show you that leaf how they have written the bijaksharas on the days. It's quite amazing.

You might have the doubt suspecting the process, the knowledge. If you do that, you are doing a crime to yourself. It's not your Swami Kaleshwar own masala. It's not your Swami Kaleshwar own craziness, it is what is already written, what I practiced, what I tested, what I tasted, then I'm giving to you guys. The same thing Vaastu, I tested it, tasted it, ten years later I wrote a book. Still again I need to release another edition of the Vaastu book with very simple and very clarity. So the concept is, before we start the Shiva Lingam, the operation, I recommend somebody, senior-most student to come to talk about the Shiva character. So far what I really explained, who is Shiva, who is Brahma, who is Vishnu? Okay, take a part of only Shiva - he is a destroyer. Why he is a destroyer, what is his nature? Somebody need to talk on that. Who will talk, Monika T.? You are sure? Come, we have four days time you know? Come. No problem. Do you have one more speaker, guys? Stand there and speak. Don't be shy!

Monika T.: Shiva, we call Shiva, Shiva is the male aspect of the creation, the Father, the divine Father. In the Indian tradition, in the tradition that we are in, we speak about the creation as the Mother and the Father, and they combine together making one force called the creation. But it's the father who takes care. He is the character in our lives to protect us, to wash all of our illusions and to watch over the Mothers creation. Shiva gives the seed to the Mother, and with the seed the Mother creates the entire creation. All of the illusions, all of the light and the dark are the creations of the Mother but it comes from the Father. Without the Father's seed there would be no creation, so she receives that and she grows that. And then it's the Fathers job to protect all of the creation that she makes. So when we think of Shiva, we see him in a trance. And he is in a trance because he is thinking on all of the creation, every aspect that the Mother creates. He is watching over, protecting and guiding the creation. After our journey through the illusions with the Mother, it's the father who takes us out, who helps us to see the nature of the illusions through his protection. So when we receive the high divine Shiva energy, then we can begin to understand the Mothers illusions.

Now during this time, at the Shiva time, Shiva Ratri is the high Shiva energy. We can suck Shiva' energy, we can pull Shiva energy into our soul. And the mother, at this time, is waiting for Shiva. She is waiting to unite with him, so she is not so busy with her creation and it is the time when her illusions are lower, so it is the time when you can win something.

Swami: Say it again.

Monika T.: This is the time when the mother is preoccupied with Shiva. She wants to unite with Shiva, and when that happens, she is not so busy creating illusions, and then that's the time when each soul can unite with Shiva and receive the blessings from Shiva.

Swami: Why is that?

Monika T.: Shiva comes out of his meditation at this time.

Swami: Why he comes out?

Monika T.: He comes to bless all of his students and bring them Brahma Consciousness.

Swami: On the day Shiva Ratri, midnight of that day, millions of strong, powerful pull him to come back from His meditation. You know what I am saying? For example, once if you know the yantra guys, then in your hand the amrutha is bleeding like, keep going like two hundred, three hundred people, the amrutha keep flowing it. Each person like ten second, twenty seconds it keeps flowing it. I think one time Myuri had that experience. You remember? You and Jonathan and who? You really have seen it how much it is pouring it? It is a lot of... they are supposed to connect something - they missed it, but the flow of the amrutha, it is from nowhere from the rock. It is a rock! A bucket of amrutha can come, two buckets, three, five - it is not a magic! So once if you know what you are going to pulling it, the cosmic energy, then it starts to flowing it. If any little disturbance happens, it stops it. Okay, keep going... sorry.

Monika T.: We also know that Shiva's character is to suck the poison from the creation, he has that capacity. That is why he is called Nila Kanta, the blue throated one, because in the churning of the oceans, when the devatas, the Gods, and the asuras, the demons were trying to get the amrutha, like Swami was talking about, the amrutha is the immortalism, the immortal liquid and that's also what we are all searching for, the amrutha to our souls. And during that process of the churning of the ocean, when they where trying to get the amrutha, also what came up was the poison because in the creation there always positive and negative, but it is Shiva who has the capacity to take that poison and hold that poison so that it doesn't destroy the creation. And in this process during Shiva Ratri, we have the Alahala Lingam, and the Amrutha Lingam - both things are there.

Swami: He can suck the poison means he can suck any soul depression, pain, your sufferings, your negative karmas... Once you hold that lingam, automatically he sucks it automatically he sucks it - that energy he is having it. Once you hold that Shiva Lingam, it sucks that. You know what I am saying? So the Shiva has that capacity, can receive any type of pain what you are carrying it, sucking it, then again blessing you back what you want in your life. It is called, Bolo Shankara. He is the number one person to giving the blessings.

For example, Ravanaasura, he's a big king. I think many people know

the story. He meditated very strongly then very soon the Shiva is... He asked, "What do you want Mr. Ravana?" He looked at him, then again he looked at his wife, his wife is Parvati - so dazzling and beauty. Immediately, even he's with the Shiva, the mother is there, illusion is playing there, immediately he asked, "Can I have your wife please?" Shiva said, "Ok take it." Then his wife, Shiva's wife, "Hey man, that's not fair! I'm married to you. He's a stupid. He's asking, how come you can give me to his hands?" "So, ok, he's my beautiful student, he asked for you, just I'm giving it - go." Shiva character is like that. Ravana, he took that Parvati then he's going back to his kingdom. Parvati, you know the Mother Divine? Another form, huge Maha Kali. Ravana walking like a normal man, but Maha Kali walking like huge couple hundred feet with many hands, with huge tongue, in the street. Whenever he turned back she's beauty. Whenever he's going straight she's huge ugly in the back. In the street, whoever is seeing Ravana and immediately to her, they're dying with huge heart attack. Then Ravana cannot understand for a couple streets until he crossed it, "What's really going on here?" Then Ravana's master, Sukaracharia, who had one eye and very powerful to all rakshasa's, he's very powerful master, he recognized from his meditation room. "One of my student is doing crazy stuff. He's taking the Mother Divine, he has a wife, that's just stupid!"

Then he ran and he came to Ravana. "Hey, Ravana, do you know what you are doing? It's not fair you asked for your Mother. She's the Nature. You really can enjoy the nature as your wife? It's impossible." Then Ravana immediately said, "Uh-ha my dear master, I know you are jealous on me. I'm not giving this Parvati to you. I did the austerities, I did the huge hard work meditation, finally I got her. I'm not giving to you!" Then immediately he had his third eye open, "Have a look how she looks it." Then once he starts looking it, she's a huge rakshasi - she's a devil, Maha Kali with the huge tongue and the huge anger face. Then he turned, apologizing to Her, "Sorry Mother, please go back to the Shiva. I know how to win the Shiva back."

So, why I'm saying that, even though you are with the Shiva, even though you are with the Mother, even though - last second the illusions can play on you, you need a master at that time or a advisor can make you guide you in a proper way to react your soul to the cosmic... to the Shiva energy. Otherwise the illusions is really pretty

strong. Once you jump a couple illusions out, once you have a couple darshan's of mother, once you have a couple experiences of the cosmic energy, miracles, then the illusions cannot touch you that easily. Until then, no matter what, even Shirdi Sai Baba, just he's up here, who gave the channeling to you. If that person is not with you there is big danger. If the person is not with you there... as a Guru Parampara, that's my, the Earth Element, the first element I gave the pin code, Om Guru Guru Paramaguru, Om Guru Guru Paramaguru. That words once you chant it, it's almost equal to Five Elements, it's the same thing. Once you have your master, just he's there in your presence, just he's sitting there and you're doing whatever you're stuff, just the illusions can stop there, sorry, go ahead, no let's go ahead.

Monika T.: We're very happy to hear you Swami.

Swami: No, no, no go ahead.

Monika T.: So, as Swami was saying, Shiva is Bolo Shankara. Bolo Shankara is the character who will give you anything you want in your life, any blessings that you want. And we see from all the stories of the Rakshasa's, one of the reasons they worship Shiva is because Shiva will give to anyone very, very, easily. All you have to do is say, "Om Namashivaya," and he's so grateful and he's flowing his energy to you. And the Rakshasa's knew that, and they knew they could receive any kind of power because of his generous, compassionate nature. But the problem is, we need to know what we're asking for, and we need to have a guru next to us to guide us in those moments so we don't ask for something silly, like Ravana's asking for Shiva's wife. But he is Bolo Shankara - he will give anything that we ask for and especially during this time of Shiva, he will give us the blessings that we need in our lives.

We also know that Shiva is the destroyer. To understand this aspect of Shiva, we have to see what is he really destroying, why is he destroying something in us. The things that need to be destroyed are the illusions - the beliefs that we have about ourselves that are not true, the blocks that we have about ourselves, the pain that we have in our life, the heartbreak in our life. He's the character that will destroy that, and we know that Shiva's third eye... Shiva received a boon from the mother and that was that his third eye could destroy any of her illusions. So we know that Shiva is the one that we can go

to when the nature's illusions are really destroying us or bothering us. So he's the character in our lives to bring us the real enlightenment. We know that Shiva is the only character that is truly enlightened in the Universe. He's the only soul who can see all of the suffering and handle all of the suffering that's in the mother's creation. And when we want the highest enlightenment, it is through Shiva that we receive that. Swami has described seeing Shiva that once that darshan happens that there is no higher darshan than that. And after that time you are merging in the elements. Every forty-five minutes a new element is switching inside of you, all of the five elements - it's a pure Avahdut energy.

So, during this high Shiva time we can pull the cosmic energy through the channels that Swami is awakening in us and through the power objects that he is bringing to us. We know that all of the power objects connect us to Shiva's soul, so the power objects that are in the Dwarakamai, not only connect us to the Guru Parampara but connect us to Shiva. And we're using all of those power objects now to bring high divine peaceful energy to our souls.

Swami: What is the power object in the Dwarkamai? How it made it? Describe that briefly, that Shiva lingam how it made it, what is the capacity of that? Do you know about that?

Monika T.: The Shiva Lingam that we all went to today, that we offered our lotus flowers to, was created in a high divine process about four years ago. It was created through sand. First of all, the students gathered sand at the riverbank and that sand Swami did many processes with. He put other power objects next to that sand. He had students doing meditations and prayers using that sand. That sand was in the Dwarkamai for many months and finally it culminated in a process with Swami and one other person here, Nancy and myself. In that process, Swami gave us some prayers to do. He did his process and we did ours, and there was a stick that we had to put into the sand and chant the prayers that he gave, and as that was happening the lingam was formed in that sand. That is what we now call the Amrutha Lingam or the Dwarkamai Lingam.

He said later that that lingam would bless the whole next thousand years, and when the Amrutha started to flow it would continue to flow and we've seen that it's been flowing from time to time. Whenever he switches on the energy and anyone that receives the

Amrutha, that divine liquid from the lingam will receive the highest blessings and the soul healing and it will help awaken the healing channels inside. And we know that Swami's soul is hugely connected to that lingam. We don't know if it's a soul object of Swami's. That's a question that we have and now we know that it's connected to the Alahala Lingam - in some way he's putting them together. Swami, we do have a question about that.

Swami: I'm sorry, say that again.

Monika T.: We have a question if the Amrutha Lingam is your soul object.

Swami: No comment, mmm-mmmm. When I prepared that sand, I kept it very strongly in one corner. I put a very strict order, "Nobody should not even touch the sand! Nobody - should not touch the sand!" But one lady entered in the Dwarkamai, she put her feet, something she's fixing on the floor and she put her feet in the sand. What can I do that? Who is that? Crazy stuff...

(Inaudible Reply)

Swami: What? No, sorry, just once the master says don't even touch the sand means you should not be even close by. So she touched this then it got a little disturbed energy, but we fixed it. Let's say it's part Guru Parampara object.

Monika T.: So the Dwarkamai Lingam has been a part of many processes since then, and Swami said that that lingam would be in the Dwarkamai with him when the time comes, and also when he takes samadhi and his own body will be there, and it is also through that lingam that huge blessings will go out into the world.

Swami: What is the mechanism of Dwarkamai? That's a question. What is the mechanism?

Monika T.: Well, we know that Dwarkamai is our gurusthan. It is our seat of the guru. We know that Baba's gurusthan is in Shirdi, and Baba buried four lights, four flames and it is through those four flames that his blessings and his austerity power is being given to the world. And we know Dwarkamai is our Gurusthan, is Swami's gurusthan. Many people have their power spots in Dwarkamai,

around Dwarkamai. Power spots are like Baba's brick to Baba, they connect to the Guru. So each power spot connects us to the Guru, to the Guru Parampara. It also is a mechanism, by which all of us are discharging all of the negativity that we receive, especially as healers going into the world. And it is through the mechanism of the power spot that, that is happening. And it is mainly through the earth element, just like Baba's brick was mainly through the earth element.

Swami: Explain the Baba's brick.

Monika T.: When Baba was with Venkusa, his master, he spent a lot of time with his master and a lot of the students were really jealous about that. They didn't know what Baba was receiving. They thought he was receiving special teachings and so they had huge jealousy of Baba. So one day they decided to kill Baba.

Swami: What did Baba use to do with his master?

Monika T.: Baba would serve his master. He would serve him food, take care of his clothes, he would bring him water - he was his attendant. He wasn't interested in doing mantras, all he wanted to do was serve his master because he understood...

Swami: Not mantras, Sadhana's.

Monika T.: Sadhana's. He didn't do any Sadhana's because he knew that the sadhana of serving his master was all he needed to do. That is, the master is happy with you that you could receive the master's energy. So that's what Baba did. But the other students were really jealous about that, jealous about the time that Baba spent with his master. So one day they decided to kill him. And in the forest they had a brick and they threw it at him, and it did hit Baba. Some of Baba's blood landed on the brick. In that moment, he called his own master and he said, "Hey, help, I need your help!" And then the brick stood in air in front of him. His master, that vibration from his student, then that brick Baba brought back to his master and Venkusa took a cloth, part of his own cloth and wrapped it around Baba's head and he gave Baba his brick and he said, "Sleep on this brick everyday." That was Baba's soul object.

Swami: The master of Baba, Venkusa, he ordered to the Baba, "You have to use this brick as your pillow. Whenever you use a pillow you

have to use that brick. Whenever he sleeping on that brick, everyday he's connecting with his master, everyday he's talking with his master. He has that channeling through that brick. Once after sixty-five, seventy years later, some of Baba's student is cleaning Dwarkamai and when they were cleaning timing, it fall off - the brick, it broke. Once he break that brick, he got disconnected to his master, it means he's calling him, "Come back." On October 17, 1918, evening 4:30 pm, he took off from his body, just Baba's Samadhi.

The symptoms, once if you lost your soul object, anybody's soul object, it a symptoms of something, a punch is running in your life, to anyone, the Guru Parampara. For example, you made a soul object, you made a small Shiva Lingam, you had a rudraksha, you had a mala, you got a Atma Lingam. Some object of your soul object you made it, you lost it. There's a punch is running in your life, a strong punch. It could be you might 'take off,' it could be big experience you're might happening, either good or bad, majority it's bad.

By mistake your personal mantra, somebody knows it in this lifetime, you cannot be able to achieve your goal, you cannot achieve to the Shiva and Shakti and Guru Parampara, once you gave your soul pin number. Doesn't matter if it's your husband, soul mate, your kid, your student - doesn't matter. If you're Avadhut, you want to take off any time, that type of master only can give your soul mantra, your personal mantra. So personal mantra and your soul object is the most, most, most key important things in your life. Whatever you received from the master - doesn't matter a small thread, prepare to keep and throw it in your cabinet - let it stay there. Even you don't want to use it, you don't want to wear it, you don't like it, just throw it in the cabinet, let it be there. Just, if you don't want even to be in your house, go and bury it somewhere, leave it. Once you have to know where it is then leave it like that. You know what I'm saying guys - very, very, important! This time many people are going to get soul objects. Already many people already got the soul objects, one time the Monika T., I gave the Atma Lingam to her, you have it, you got it back?

Monika T.: Yes, Swami, I got it back.

Swami: How many years back?

Monika T.: That was about nine years ago.

Swami: How many years you lost it then you got it back?

Monika T.: It was months. It was some months that I lost it. Well, someone stole it.

Swami: Spiritual items, goods, even in my life I have a huge fear and a shock. I put the book in the box in my living room. There is only three, four people that has to enter. I'm sure I put it in the box. I told him, go and get that - it's empty box! The whole yantra, that's the life, that's the whole Shiva Ratri Program what I'm giving. Where it is? Finally it's sitting near the Baba pictures close by. I lost also many books. Somebody cheated me, and it's not cheating... it's more than cheating. I kept it in their hands. Before it's a very forested area, some of it is very important information. I believed certain Westerners, "Please hold this for me for a while, again I'll get it back to you guys." They said, "No problem, we'll protect it." At the time I keep traveling in India, whole north India and huge big traveler, different power spots. After I went back, "Hey, please give back book." Lot of stories - they lost it, they forgot where it is, they're not even talking to me and it's just gone. But again, I hope a couple students they know the story, "Do you know, Ramakrishna, the story?"

Swami: What? Again I got it back. One lady, she brought it here isn't it? But one lady, she brought it here isn't it? I keep bringing the punches from India, finally she brought it here - it's quite amazing. One guy in Japan, that book, if it is today available on the planet... it is four feet by six inches, two thousand leafs, it's gone - five thousand years back information, quite amazing divine channels, quite amazing.

So, don't ever, ever, ever trust your personal experience, the informations, some mantras, or your personal goods, your spiritual goods... You might lose a lot of your money, it's fine again you can gain it back. What you chanted your mala, ten years you chanted your mala, you wearing it, after that you lost it, somebody stole it - what a hell that is. It's super painful. You're sitting in a homas, you're doing japas, you're sitting in the abishek, you're chanting it - that's high cosmic energy - you're holding that energy. So, that goods is very, very, very your life, it's important.

Many people I'm observing, so neglecting your malas, so neglecting

what you're having the rudrakshas, special rudrakshas, for example union rudraksha, one eyed rudraksha, you might think it is in different places less cost, different places is very expensive. It's not that. Karmically, and how much you're receiving it here, know what I'm saying? That is important. Sometimes I give it freely, many rudraksha's I washed with my blood and I given it. How many people have it with that? Washing it with my blood and given it? If you lost that, I can't help it, nobody can't help it. There's no chance to me, there's no price to washing it with my blood and giving it to you. It's a huge purification, crystal clear purification. Sorry, go ahead.

Monika T.: So, Baba's brick... we know that's what Swami just said, that's how Baba connected to his master every night. Our power spot is like Baba's brick to us. That is one of the gifts Swami has given to us, how to connect to the master comes through, one part, our power spot. We're linking to the Guru Parampara through our power spot and our personal mantra, and at the same time, our power spot is balancing, bringing to us the balance, bringing our inner elements into balance. Especially in the high divine channels, the energy does have to be balanced and that is happening through our power spots. Our power spot is also like our bank, it's a huge austerity bank where all of the austerities, all of the practices we do, the japas and the meditation, a part of that is stored in the power spot. And then it multiplies with interest. And now we have the Alahala Lingam, and that is going to be vibrating with all of our power spots and pouring the austerity power and energy into our power spots and into us. That's one of the mechanisms that's happening in Dwarkamai.

And even if your power spot is not in Dwarkamai, it's in any of this land, it's the same. It's vibrating with the Guru Parampara energy and his blessings and then once we take off from our bodies, our soul will return to our power spot, and then we meet again with our Guru Parampara, and then we get instructions for what our next life is and then move on or not move on. So our Dwarkamai, Swami has said that we should always think of that, and think of our power spots, connect to our power spots to balance our energies, but also to honor that, to honor that place because that's the seed for all of us. Without that, none of this would be happening, all of the amazing channels and divine experiences that are going on is happening because of the protection that is going through our power spots, which is happening through Dwarkamai. Swami's soul energy and the Guru Parampara energy is linked in the Dwarkamai.

Swami: What does it mean by power spot? What is a power spot? What is inner mechanism of the power spot?

Monika T.: Power spot is linked to power. It is the place where our power is stored and where we de-charge. It is also the place where we receive protection circles, especially when we're dealing with the high divine energy channels that we are - we need huge protection circles. My feeling is that that is the one blessing that Swami is bringing to this world that's very different in this creation, which is why we're able to do the things that we're able to do in the world, and why many people will be able to demonstrate really miraculous things, because of the protection circles that is given through our power spot. So we're storing the energy, we're receiving the energy, we're de-charging the energy, and we're multiplying the energy in our power spot. It's balancing our energy. It's really taking care of our souls until our last breath, just like Baba's brick did.

Swami: Can you explain one more time?

Monika T.: Our power spot is really...

Swami: What is the difference between power, and your soul spot, what is it? What is that? Is it only power or your soul place?

Monika T.: It's your soul place, Swami.

Swami: Ok, go ahead.

Monika T.: It's linked to your soul forever and ever. That power spot is linked to your soul until you merge back to Mother Divine. So, that spot, it's linked to power but it's linked to your soul. It's linked to your austerities power, it's linked to the Master's austerity power, so that power can come into you, that you can receive that power, you can multiply that power, you can de-charge the negativity that you receive in the world. It can protect you from illusions and it can really bring you to the higher stages of enlightenment because it's balancing your energy and connecting you with the Guru Parampara.

Swami: The power spot is nothing but your soul spot. Whatever you're doing it, the vibrations is activating from your soul spot. After you take off, your soul is coming back to your soul spot, then you can

decide yourself, either you can go next life or you want to go merge with Shiva and the cosmic energy through the earth element, through the union energy. The same time, whenever you need help, if you think on your soul spot, power spot, you buried a box with clay and ash, you need the help, really going in the hell - lot of depression, lot of problems, lot of headaches, then you can draw the energy to your soul.

Generally, many people I told it, "To every Guru Purnima, has to come and touch it to make it activated, a minimum of five times, like the five elements." Many people have the belief system - many people don't have the belief system. A person, if he want to get all your austerities power, he want to de-charge, he don't want any more link with this cosmic power, with this five elements power, you can decharge - there is a mantra. You can decharge then later on you can see how you really react - your soul. Whenever you're sinking down, like you're going hard time, you're going really painful time - it means something wrong in your inner elements. You're really having a depression, you're really having a punching, maya, karma, leela is punching you, it means some Inner Element is disturbing you, especially the depression and heart-broken. If it is happening means the fire element is so low. Once the fire element is very less, it is really driving you crazy - then you have to pick up the Fire Element Mantra to charge as much as you can.

Somebody goes super anxiety, hyper-tense, super panic, Air Element is super high. At the time, try to chant the Water Element or Earth Element. It's always safe to charging the Fire Element or Earth Element, the First Earth Element, even you don't have to remember the First Earth Element, chant the, 'Om Guru Guru Paramaguru.'

Who is really going in the depression and heartbroken, it's advisable to go Fire Element - keep chanting it, chanting it, chanting it. Within a week, ten days, again you're normal position. You can see - you can test it. You're here in the four days, five days, just you chant one or two days, you can see the difference. That's why I putted you to Womb Chakra to draw it, to put every day in the fire element. It gives the whole purification in your body. Talk about the Mother Divine, Her illusions on the students, especially in your personal life before going to connect to the Mother. How many types of illusions you faced? You remember?

Monika T.: Yes! Yes, and when you're going to see the Mother, before that happens, I can say in my own life, after many years of spiritual practice, many, many years...

Swami: How many years?

Monika T.: Well, when I came to you I had done about over twenty years of meditation and had spent time in India already, and read a lot of books and studied a lot, and spent a lot of time with many masters. So I was really, really longing for an experience, a true experience of the divine.

Swami: Twenty years you practiced it?

Monika T.: Yes, Swami, before I met you.

Swami: With who, who is that master? I want to know his name?

Monika T.: It was with Muktananda before he left his body.

Swami: You were with Muktananda? How many years you were with him?

Monika T.: Yes, three years.

Swami: Three years...

Monika T.: I lived and traveled with him.

Swami: After that?

Monika T.: Then I met many different masters.

Swami: They all died?! Luckily, maybe I am the person, this many years...!

Monika T.: No, only some have died!

Swami: So, why you went that many masters?

Monika T.: I wanted to know the truth. What is the meaning of this life, what is the meaning of my life?

Swami: Ok.

Monika T.: What was God? Who am I?

Swami: So, after that, twenty years later, you met me. Where? In America?

Monika T.: In Los Angeles, in 1997.

Swami: Eleven years almost so, I'm facing your torture since eleven years?

Monika T.: Yes, but I adjusted many of my karmas Swami... So by the time I came to Swami, I really, really wanted an experience, not just an experience, but where's the end to spiritual studies, where's the end... So, before Swami gave a group of us a process to do, I think that was the first process group that he started. It was a group of eleven people and we had to meditate in the nature and do a lot of japa and be in the nature together. We did that for months. I can say that during that time, huge illusions were flowing in my life, relationship attachment illusions was the big one, and a lot of pain, and a lot heartbreak were in that, and that's where the illusions really flowed for me in that particular relationship. So the Mother really tested and tortured that with me through that. Then she played a different way after having darshan, through the same vehicle, through the same attachment and relationship. A lot of misunderstanding, a lot of not the correct soul matching, and She really played horribly like that, at the same time, it was a high, high divine experience and then She started teaching through Her illusions.

Swami: The relationship means it's not right person, it means to you in a spiritual way it's not the right person or to your thoughts it's not the right person or to your belief system it's not the right person? Which way is not the right person in relationships, you're having hard time?

Monika T.: Spiritually it wasn't the right person.

Swami: For example, I'm the spiritual person, my wife is also spiritual, but she's not that spiritual. Am I not happy? I am very

happy. So, where is the problem there? For example, a scientist' wife no need to be a scientist? Does it make any sense guys? Jonathan? I'm coming to you - wait. If he's artist, his wife don't need to be artist. Somewhere where you need to be linked, that I want to know because of, you're senior most spiritual lady on the relationships. Where does it need to be linked? Something you're missing guys, with the relationship problems - tons of relationship problems I've seen in my life. Wherever I go the first headache is relationship problems then financial problems, then health problems then some Vaastu problems here and there, and that's it. Maximum nine, ten points all your problems is there, the majority - relationships. Where is the relationship? So what you're really missing there?

Monika T.: I would say a lack of understanding, a lack of mutual understanding.

Swami: Exactly, adjustment - forgiveness, forgiveness - adjustment. Once you have adjustment and enough satisfaction... if there is no satisfaction - forget it, you're chopping out your life layer-by-layer. A person who had the heartbroken five times in your life, it's hard to pick up that soul to give the enlightenment. Five punches, if it happened to a person really in the depression for five years, each time one depression one year, one year, one year, like that... After five times this life, I'm sorry - it's damaged mango, it's impossible. When I see any persons, when I'm giving any shaktipat then I am inviting any process. Some people it takes to the years, some people it takes to the only months, some people it only takes to the days - it's only how much their soul capacity. How many times you've been heartbroke? That's a part of really painful punch what you're taking yourself. The heartbrokens always you'll get it once you damaged somebody's heart. If you damaged somebody, if you cheated somebody, again the same cheating will come to you. You understand what I'm saying? If you cheat it, if you deceived it, the same punishment it has to go through with interest.

Many times I'm keep saying it. Even from now, even from now today in Shiva Ratri program, try to make a disciplined pledge in your life, no matter what to the Guru Parampara. If you're cheating somebody, it means you're cheating yourself indirectly. You're giving a pain to somebody - you're going to receive pain with interest back. You have to mentally prepare for that. No matter what, it's a thousand percent clear statement. You have to make sure to keep your life boundaries

as much as you can to live in a simple way is fine. If he wants to bless to you a wealthy person, it will come that wealth wherever you are. If the luck is coming in your life, it will come to you. If the bad luck wants to flow on you, even though you're hiding, and you're sitting in some dark place, the bad luck will come and touch you - you cannot escape that. That is Karmic Sadhanta, karmic principle, but this one, whatever we do action to reactions - that's for sure we have to face it.

Even in my personal life, I'm very careful with each student, many students, thousands of students, my family members and the business people, lot of politicians, lot of different kind of people that comes, very less time I have it. They're expecting, expecting, expecting from me and I can't provide my time. They feel so sad, frustrated. I promised, sometimes I can't able to fulfill it. Simply I ask the forgiveness, "Please, I'm sorry can't able to do it." That quality of discipline you need to develop in your life. First of all, you need to love yourself honestly, one hundred percent you have to love yourself. If you really love yourself then you need to have some qualities. You don't need a teacher, you're inner consciousness is a big teacher. You're inner consciousness is a big teacher. Already the teacher is in you, it's always telling it. Once if you follow that, you're really avatar. You're really already successful person, you're already very disciplined person, you will be done, you will get succeed. Any difficulties, any mountains you can climb - very easily.

So, the relationships what I've seen it, I worked with John Gray, the famous relationship guy. I've seen and I heard what his comments too. Majority it makes sense, majority it doesn't make sense. I'm honest, like Indian tradition to western tradition it's a big difference. You need mutual understanding and forgiving nature. If you have that both and satisfaction, third one, "Oh, my wife is when I got married, she's so slim, she's only sixty pounds, now she's two hundred pounds, I'm not happy with her and I'm seeing another girlfriend. I fall in love and I gave my heart to somebody," and there you go - the story starts, it destroys.

Like some other masters, they say it differently. The beauty is, you have to see the inner beauty. Once if you started to seeing the inner beauty then you're always seeing inner beauty in everybody, in everywhere, in every soul and you'll become a great beauty person.

Am I boring you guys? It doesn't make any sense? Lothar, how many times you've been heartbroken?

Lothar: Major, three times.

Swami: You Ganesh?

Ganesh: Two times.

Swami: Are you disciplined enough?

Ganesh: Yes, but I can improve a lot.

Swami: What do you mean by discipline?

Ganesh: (inaudible) ...being helpful to others, keeping your mouth shut when it is important, especially with your wife!

Swami: Is your wife happy with you at the moment?

Ganesh: More than before. Let's say it was maybe ten percent, now it's maybe sixty-five percent. I have to improve.

Swami: You have to! Otherwise, I have to see you again in the Lothar' place.

Ganesh: I didn't understand you.

Swami: If you're not getting enough discipline I have to see you in his place.

Ganesh: Ok.

Swami: Not ok - *has* to be ok.

Ganesh: You will explain later? I did not understand.

Swami: Yes. Ok, Monika T., so your problem is majority... am I torturing you?

Monika T.: Not yet.

Swami: Ok, now you can sit. I'll take the Jonathan. (applause) Thank you! How many times you've been heartbroken?

Jonathan: Twice Swami.

Swami: Explain.

Jonathan: Once when I was very young in college, I was very in love with a woman who was really not possible at all, but it happened, but then it ended very quickly. I knew it was going to happen but it was a big heartbreak.

Swami: Then?

Jonathan: Then with my thirty-year marriage, that we weren't able to satisfy each other, I think because there wasn't enough forgiveness and understanding of our shortcomings on both sides. We both had shortcomings that made it tense. We did a lot of great spiritual work together. We met you together. We helped each other a huge amount. There was a lot good, but the basic distance that was there, we weren't able to enjoy that much together, to do the work together, to flower, I would say, together. That didn't happen very much, it was always a struggle. I think it was a mismatch there, but we did love each other and that's why it was so heartbreaking that it didn't work out.

But it didn't work out and it was a torture to live through many long years with that feeling of it not working out, with it not being free, of it not taking off how it could have. I think we both have a very good feeling for each other now. I think there's still some pain there, but it's not, at least from my side I'll say, it's not a problem. It's lifting more, and more, and more, and I think there's still a bond there. There's a duty that's there that I'm very, very happy to fulfill. I'm very fortunate I feel, with your grace, with Baba's grace, to have found my real soul mate who we're just having a ball together even though it's been a huge struggle for the last eight years now, I think, right? Nine years, nine years! We're never apart. We never want to be apart. We're doing the work constantly together. It's a huge inspiration. She enables me to do ten times more than I could do on my own, a hundred times more.

Swami: Are you buttering on her or are you just saying honestly?

Jonathan: No, it's the truth. It's really the truth. So all the good results that have happened with Baba's grace and Santa Cruz and all our work has come because of that partnership, beautiful soul partnership. It's totally divine. We're both very fiery characters. We have our moments, constantly friction but it's not a problem, not a problem at all.

Swami: Do you have any children?

Jonathan: One daughter that I didn't even know existed until three years ago.

Swami: See, how is that?

Jonathan: It's quite amazing, quite amazing. I totally love her and she loves me the same way.

Swami: How she found you?

Jonathan: She didn't find me all the years I was here. Amazingly her mother found me. Her mother, who I only knew for one night back in 1973 when I was an itinerant actor in a theater troupe, not discharging... And there was a huge grace, unbelievable grace that this woman, for her daughter, she wanted to find who was the real father because my daughter, they both thought that the father was another person that she got married. But she had never been comfortable with him and had very small relationship with him—almost no contact. The test (DNA) turned out to show he was not her father! And then the only other possibility, that her mother remembered, was me! She had no idea who I was. She only knew, "Jonathan who plays the guitar." And somehow through the internet, she found me. Within a week when we returned, after five years here in the ashram, I got a telephone call asking if I was in a certain play thirty years ago and I remembered, of course I remembered. So we met shortly thereafter.

And she's very, very spiritual in a very different way. I think she's totally freaked out by Swami and Baba but time moves on. And she had been living with her fiancé in Florida and then suddenly she's living forty minutes away from us now. She came to visit and she said, "I don't know how that happened. How did that happen? I

mean I wanted to be closer to you and I went through the steps to get here but I have no idea how I got here." So Baba is doing it. Thank you Baba. She's wonderful. I adore having her.

Swami: Did you feel guilty?

Jonathan: I did, I felt very guilty.

Swami: So you want to take care of your daughter or just ignore it?

Jonathan: Oh yea, totally, I want to take care of her and to help her mother also, for all those years that I was not present at all. I feel I owe that to her future. Totally I want to take care of her, absolutely.

Swami: See why that karma came back to you? That's my question.

Jonathan: I think it was there waiting. It was waiting all those years and to me, it feels like it was a big protection from Baba that it didn't happen before I was able to deal with it, before. If it would have happened while I was still married to Gloria, I think it would have been a very big problem, big challenge. It wouldn't have been resolvable in a good way. It was a blessing it waited. That karma had to come back and of course I owed that. So it came back at a time when I was capable of handling it with the divine grace. And she totally feels that and her mother feels that as well. There's no bitterness on their side at all. There's no disappointment, no guilt, it's just the way it was. That was just the way it was. Everybody participated in that karma, meaning me, and her mother, and then it kind of went into the void for thirty-three years and then I met her as a full-grown woman, spiritual. I hope she comes here. I think she will, ultimately. She's being pulled. It's an unbelievable joy in my life that I get to know her. It's wonderful. So, I'm very grateful - I don't feel any guilt. I think I feel some guilt of my behavior at that time that I was unfaithful to my wife.

Swami: Say that again.

Jonathan: I was unfaithful to my wife at the time. You know when that happened. I was very indulgent of myself on a superficial level. It only produces more problems, more pain, more suffering. So, I think I've been extremely blessed and extremely lucky that it hasn't hit me a lot harder. It's quite amazing, and that's only divine grace.

Thank you Swami and Baba, it could have been a million times worse!

Swami: So are you happy right now in your life?

Jonathan: Very happy.

Swami: You sure?

Jonathan: Yes, I am.

Swami: If any incidence happens, if Alx said goodbye to you, how will you feel?

Jonathan: Well, I don't think it will happen.

Swami: In case it happens.

Jonathan: If it happens it's God's will, fine.

Swami: You sure?

Jonathan: I am.

Swami: You'll get heartbroken or you'll be fine?

Jonathan: I don't think so. I don't think it's that kind of relationship that it'll be heartbroken, but maybe I'm mistaken, but I think the soul relationship is good and she's so freeing for me in her kind of understanding so I don't think it would go that way into a depression. I don't see it. It doesn't seem natural at all.

Swami: What about Alx if you say goodbye to her?

Alx: I think I'd be pretty upset. That would be pretty painful. Heartbroken, I don't know, but painful yeah, sure.

Swami: Painful?

Alx: Sure, yes.

Swami: This many years you practiced spirituality and you're this much attached?

Alx: Sure, yes, in a certain kind of way, yes.

Swami: So, you cannot avoid that?

Alx: Whooa, me personally or anybody?

Swami: You personally.

Alx: Probably not.

Swami: You cannot?

Alx: I'm guessing probably not. Maybe it's possible.

Swami: Like you're missing his presence or what you're missing in him?

Alx: Well, I know when he's gone for awhile I do miss the...

Swami: There's a deeper meaning why I'm talking this subject.

Alx: I'm trying... there's a balancing happening there. When I'm alone by myself there's a different quality, a different energy, I would say. And he's very funny, so I think I would miss his jokes if he wasn't around physically, but deeper, it's an energy.

Swami: Energy? What type of energy? It's kama energy or what?

Alx: No, I would say it's a balancing like a strength, like a soul... I don't know how to say it in words but when he's here I feel stronger inside.

Swami: So you're dependant on him?

Alx: It's not like that. It's a different quality of the energy when he's there.

Swami: Are you dependent or not?

Alx: I don't think so. Attached yes, but dependent... I don't think so.

Swami: Okay. So you'll have the pain?

Alx: Yes, I think so, sure.

Swami: Now for the first time on the planet, releasing this technique guys, how to handle Shiva. How to handle the pain? Nilakanta, how Monika T. just explained, he's the person to sucking that pain. Like whenever you're putting the water on him, once if you touched it to give him the pain, automatically it just goes. It's very important. These two mantras are like a Two Step Union.

First Mantra

Om Your Personal Mantra
va jiim ya
Nama Shivaya

Second Mantra

Om Your Personal Mantra
na jiim ma
Nama Shivaya

After you poured the water on the lingam, hold the lingam with your two hands around it, chanting these two mantras (*chant both one after the other*) for one or two minutes, or even less than one minute is okay. It's done. No need to have any thought when you're doing this, automatically it takes it. It works with any Shiva Lingam. First you do the abhishek then after that you hold it with your two hands.

If your friend is going in a hard time have them do this. Let the person choose a personal mantra from the Personal Mantra List, then give the person these two mantras. It's clearly written in the manuscript book to do this for that pain.

Student: Does it work doing this with Baba?

Swami: No, only works to a Shiva Lingam. The Shiva Lingam can be crystal, marble, granite, black stone, anything.

Student: It can be our soul object?

Swami: Fine, no problem, even if it's your soul object, fine.

Student: After chanting the mantras, pour out the abhishek water?

Swami: Yes.

Student: While you're doing abhishek, when you're doing the washing, what do we do?

Swami: You can do any different prayers, but when you're holding it after the abhishek, that's when you need to chant these two prayers.

Student: How often do we do this?

Swami: If you can do it everyday that'll be great.

Student: Is it only for the soul pain or also for physical pain?

Swami: Soul pain, heart pain, disturbed mind.

Student: Does it work for anybody, family members, your self, patients?

Swami: If you have ten clients come who are heartbroken, give the water to them to do the abhishek on the lingam then let them hold that and chant the mantras to take care of that. There are two more Shiva Lingam Yantras I have to explain. That is very huge with different benefits. Today is very simple. Today I hope you understand the content. I recommend you review that tonight before you're going to sleep twenty, thirty minutes. I hope Lothar can translate to Germans sometime tonight peacefully.

And many people I also have to prepare lot of japas, to complete to give the experiences. For example, the Baba Group, and Jesus Group and Mountain Group - so be alert whenever I call you guys to come in my presence. Every Shiva Ratri time, generally it's heavy to me

energy wise, super heavy carrying the weight - it's my process too. So even my time is spending less time, the senior most students will explain pretty good that whole book. You should know that whole book.

I'm hoping to complete the experiences within forty-eight hours then bringing you to Dwarkamai to have that experience with the Amrutha. The whole group to again dig that ground to bring back out that Shiva Lingam (*Alahala Lingam*) to stay one night in the Dwarkamai. Then again it's going back inside the ground. So there's a huge purification process is running. So you're here, not only for learning the teachings, and also for purification, and receiving the protection circles, and to know a little bit about Jesus Christ life too and his Power Spot. We have enough time too, I hope. So don't waste the time. Wake up morning hours, do your lotus flowers as fast as you can. Don't be hanging around under the trees until 11 a.m., doing your petal process. Try to do it as fast as you can with the lotus flowers then be alert and ready for the talk, or any experience to go to Dwarkamai. Give the first priority for the experience - some divine purification happening. Okay?

End of Talk

