

Swami's International Programs 2007

A Divine Talk on Spirituality and Discipline

Latimer House, London, UK

November 24, 2007



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Afternoon Talk

Swami: Welcome my Dear Divine Souls. What made me to come here?

Students: We did - our desires.

Swami: Yes, it's true. Your love and affection pulled me here. I hope today Tatyana did a good job. I tested the energy. I snuck in and I sat in the back to listen to her talk. What you're really expecting from me today guys? Simone?

Simone: It would be great if we could get a deeper understanding of the healing techniques you're teaching.

Swami: Since years I keep talking and talking and talking. Thousands of hours – not hundreds – thousands of hours I've talked. Hundreds of senior students I prepared. I conducted one whole year of Soul University. Amazing information on the knowledge I've given in all various corners. What you guys are receiving, spirituality, is a kind of spirit - it evaporates. Today you hear it - tomorrow you can't remember what I really taught there. You need

to keep following up on the knowledge information to get the ultimate final knowledge, final information on the spirituality to concentrate on yourself. To create name and fame is a different story, but creating a peace in you is only possible in spirituality. Whenever you lose the thread of the spirituality to your soul, then you really get disturbed. Once you get disturbed, then automatically the negative influence, the negative energy will attack on you. Some disturbances happening in your life means you lost the thread of spirituality. Does it make sense? For example, you lost your husband, you lost your children, you lost your fragrance, your business, you really got disturbed with a lot of addictions and terrible diseases are flowing. All this means you lost your willpower.

'Will' means a kind of soul energy. The cosmic energy is already flowing through you but you need to stick on in the positive sense. Sometimes some testing starts to happen. You need to stand. Whenever you start to feel you want to be a free bird, you want to enjoy yourself, you don't want to be responsible then the real problems start there. Whenever you start blaming on somebody, your partner, your business associate, your student or your master – that's not fair. A part of your duty, you need to do whatever you can do then leave the results to the cosmic, to God. If you start blaming, "You're not doing it!" And you feel a little left out, little frustrated, you're tired... never, ever get that word, 'tired' in your life. Once you start feeling you're tired, you lost it, then you're sucking the negative energy instead of pulling the positive energy. Is it true?

Of course there are a lot of divine channels. I wrote the book, *Sai Shakti Healing*. First in your life the most important thing is, you have to know who is your soul mate. You know soul mate? A true friend can give as much as the love can flow to you. You can share it. You can openly talk, no hiding, no lying - you are there, equal to that soul and that soul needs to be equal to your soul. Even in the friendship, in the battlefield, in the relationships you need the equalism. Like putting in the battle a strong fatty guy and a small mickey-mouse guy. The cosmic will accept that? It won't accept it, even in the friendship. Your hobbies, your nature, one person is super high you cannot understand but you want to have a friendship. It doesn't fit. Whenever I started teaching you guys, I became like you. For example, to tune Tobias, to make him understand first his life, since

six years non-stop I'm working on him. Pretty good he made it but I had to turn as him. But he cannot turn like what I am. You see the difference?

Many students might misunderstand the master, "Well, Swami has lot of ego. He's always ignoring us. He cancels his programs. He never sticks on his promises..." Of course I want to know you. Of course even though I promise you I'm going to such and such - I won't do it. Then how will you react? Are you going to understand me or you'll misunderstand me? It's the same thing with the cosmic, Guru Parampara in your lives. Whatever you expect in your heart, sometimes it might happen but majority it won't happen. Is it true? It won't happen. It means do you really have the faith on God or not? Do you really have the trust in spirituality, in your processes? Then the results will start to flow. Everybody is missing the point. What did you understand this concept what I said?

Tatyana: I think you got me. Well first of all you started to talk about willpower and if you lose the thread in spirituality, if you lose that willpower, then that's the starting point of all our problems in our life. So then you switched to the point that many times in our lives we have certain expectations in our heart what we would like to have but many times it doesn't happen and that's exactly a very important point how we react. We can take it in a positive way and accept it and try to understand it and keep our inspiration high, or we feel sad and disappointed and from there we have a lot of misunderstandings and crash. I think that happens many times.

Swami: In your life?

Tatyana: Yea, in my life for sure.

Swami: How many times you thought you want to run away from me?

Tatyana: Oh many times.

Swami: So, what happened?

Tatyana: I'm still there.

Swami: Where can you run? Ok, if you want to run away from me, good, I'm happy. If you really can run away where the five elements do not exist, beyond the five elements then you're safe. Then you're really safe. As long as you keep breathing, drinking water, being on the earth then it doesn't matter. I know your soul buttons. Soul buttons? It's not only me, even to Guru Paramparas.

The most important thing is discipline – self discipline. Stop your 'monkey minds.' But God has given one hundred percent right to enjoy whatever you want but there's a limit. Whenever you lose the discipline the problems start to go from there. For example, I asked Simone, "I want a beautiful suit, like a business suit." She put in my room like five, six best suits. The best tailor he came here to get my measurements. Of course why I'm saying this, the words I used, "I want a suit," she took very seriously in a disciplined way. "The master asked for this, I have to do this." You know what I'm saying? It's that dedication and determination. "Ok, he said to chant this mantra. No matter what I'm spending thirty minutes per day for this process." Whenever you stick on your process for the discipline of mind setting control, there are no failures in your life. The majority of people getting disturbances are due to a lack of your own discipline.

Discipline only comes whenever you really recognized your mistakes. Whenever you're ignoring your mistakes, then you'll never, ever get discipline in your life. Once you don't have a discipline in your life, there's no difference between the animals and you – just eating, and drinking, and sleeping. Same thing we're also doing. What's the purpose of this life? Everyday once, we're done, we're walking to the death. One day you have the full stop, isn't it? One day you have to take off. One day you spent means you keep climbing to your destiny to take off. Once you take off you don't really know what's going to happen, but why are you unnecessarily spending the time like the animals. You have a lot of awareness. You're seeing and witnessing a lot of powerful things but you're not

recognizing the realities. Why? Ignoring your mistakes. Once you start recognizing your mistakes, you'll also start to recognize the realities. To recognize the realities means you have to accept your mistakes. A lot of big links are there. In my life what terrible mistakes I do, I have to recognize that. Then what do I have to do? I have to rectify that not to let it happen again. Then I recognize the realities.

About six hours before my flight took off from India, I was sitting outside the gate on the lawn (at the ashram). It's a beautiful habit of mine. I got such a great heart touching and painful experience. A mother and father were carrying a baby. One eye was completely injured. It almost came out. The baby was like two and a half years old. She was really crying. They brought her to me. The security guy stopped them not to come close. At the time I was talking to different people. I saw them and told them, "Ok, come. What's the problem?" Then I saw that baby's eye, even though I'm not able to really see it because it's in such a horrible shape. The mother is crying, "We need some help financially to get the surgery to remove her eye. There's no chance to refix it, it is that bad."

For those ten minutes I really got disturbed. I have an eye hospital. I called and talked to the doctors. They said there's no chance. They have to go to Hyderabad 400 kilometers away to remove that eye. Heartfully I prayed to Baba. I told them, "Wait and sit. I'll arrange the vehicle you can go." They went to the apartment side and they sat with the baby. They have very disturbed hearts. The baby made me horrible disturbed. A few minutes later that eye burst and fell out. The blood really started coming out. The security guard also started crying, getting disturbed, "What is this?" The baby kept crying and crying and finally she slept with the high pain. Then finally I arranged the vehicle and sent them to Hyderabad to the headquarters.

Then I went inside the mandir to Baba. I sat in my chair very quietly five minutes, "Why is this? Why you showed me this experience?" The simple answer was that he did that operation, removed that eye in the presence of that area so there was no more suffering. You know what I'm saying? So it's sad. Whenever we can stand for such a heartfelt, shaky moments as a human being, we need to digest it

and accept it. Then we can overcome any of our headaches or problems. After an hour later I heard in North India, in three places big bomb blasts happened. The security guys and local police said, "Be alert, Swami, don't go anywhere! Some terrorists activities are happening in India." Again I had a question whether I should go to London or cancel it. I went in my office. Just I put my music on and sat relaxingly thinking what to do. I flipped a coin thinking if the head comes I'm going and if it's the other side I'm canceling it. My phone is there to call to Simone. I know she drives everyone crazy and herself crazy. I know Tatyana and few students are here to take care of it, but heartfully I want to jump in the flight to take off and come to London. After five minutes I took the coin and looked at Baba's head and 'clicked' it. Then I saw his head, "Go!" I'm here.

See the point – the obstacles, I got disturbed heart seeing that baby, many people died in the terrorists activities in North India - whole India, all the railway stations, airports, VIPs, VVIPs was on red alert - they should not travel. But the order came, "A beautiful love is pulling, so I have to show up." In the worse case, sometimes I cancelled some programs. In that you need to understand the accepting nature, "Ok, he's not there. He didn't show up but his presence, the energy, the love is there. Of course everybody likes the physical presence but more powerful than that is the soul presence. My flow of love energy is there - to receive - that is enough. Understand?

Same thing is happening in your lives, guys. Sometimes you might horribly lose the material things. You're really shaky you lost the necessary things whatever you wanted in your life. Like you're a big rich person and you start going broke. Or you're a healthy person and you start getting sick. Lot of negativity keeps punching, punching, punching. The whole concept of the *Sai Shakti* book, the head comments, "Recognize your mistakes, ask the forgiveness and don't do that same mistakes again." And for your entire life, stick on with strong willpower no matter what. Even if you have to go through great suffering, stick on it with discipline. Then the problem has no guts to touch you, any negative energy has no guts to disturb your heart and soul. It's a standard law of the cosmic.

Your soul mate, your really true friend should be either your master, your business partner, your true lover, your good daughter, brother - whoever it is should be loyal and try to share your love and experiences. You can feel it. You know what I'm saying? How many people have that really true great friendship? "I really have a great good friend in my life, do or die - they know everything." How many people have that? Don't lie, don't lie, we're a family. You do Simone? You're talking to that friend everyday?

Simone: No, not everyday, that's not necessary. But they're there when you need them. So it's good to know they're there when you need them.

Swami: You?

Tobias: Yes.

Swami: True friend?

Tobias: It's you.

Swami: I'm a big troublemaker in your life.

Tobias: You're always there for me.

Swami: So, one soul is there that's reliable. They know about you and you know about them. You can share it - that's very important. Some personal soul pin mantra, personal mantra, keep chanting, chanting, chanting that one word, it's very, very important. You might think it's a little crazy but no, it's one hundred percent accurate. For example, *namashivaya* - that's a powerful word, or *dheem*, *kleem* whatever it is. A power spot is always controlling from one place no matter wherever you are. Like, it's called Gurusthan - where you keep your soul power, the energy you're gaining everyday. Whatever you're chanting, a percentage of the energy goes

there and charges it. Whenever you need it, then automatically you can pull it. The Power Spot will transfer that energy to you. It will start to play in a beautiful way to protect you.

For example, many people have the hobby to go to a special spot, like the Vatican. Every year you have a strong desire at certain time to go and celebrating in the Vatican. Your soul is already connected to that place, linked to that place, and you already have a lot of devotion and attachment. Whenever you ask prayers - from the Vatican the energy starts flowing on you. The same thing you're personally making with the five element's energy, with earth and ash, putting it in the ground in a well-protected place. Once you have that protected Power Spot, no negative energy can disturb. Even though you're facing lot of headaches, it is well protecting your body, your heart, and your soul in all angles. A Gurusthan is most important to any spiritual person and it's advisable to anybody.

You have your mala. You think it's silly, a kind of necklace, huh-un. How much you really kept chanting with it, you attended with the homas and the abhisheks. That mala itself is carrying more than your soul energy. Whenever you wear it, different energy in your body. When you remove it, different energy in your body. You can test it. Like any power object, say your Swami gives you a ring, a rudraksha, a Shiva lingam, a stone, a rock - some sankalpam, some thought, some message is there to your soul and I gave it to you. You might think it's a simple jewelry but it's very important to keep it and protect it. That energy you're starting to receive to your soul.

Something in your life you have to personally make it, create it. That's the final step. A soul object - then done. Then your life in this Kali Yuga, in these vibrations, in these disturbances of the energy, you're pretty well protected and saved. Even though disturbances are coming, you won't feel that much pain. So these concepts are most important. In my life I have a couple of hundred soul mates. I don't know who's really my soul mate yet. Of course I know, but life is very short. My hours after I wake up, spending time for myself, spending time for the knowledge, to create the knowledge, to read the ancient books and to write. Many times Tatyana says she's so jealous of me sitting and relaxing in my office. She's listening to the

music backside to her apartment. She thinks I'm sitting and relaxing in the chair. Am I?

Tatyana: You're using that music to keep your mind calmed down while you're thinking on different works.

Swami: Everyday seven, nine hours I sit in the chair. Sit in the chair and only one or two songs I keep moving it. My secretaries, Terry and Cyndria, they're starting to bleed from their ears listening. It's so boring to them. They think I'm listening to that song. No, it's a kind of set up what I fixed it, every few minutes, one thought putting it, one thought putting it. Thousands of leaves after I read them, I'm re-putting it in a proper way. I put on the music and just I take the recording machine and I keep talking. Sometimes I take the phone while I'm talking to my secretaries in Hyderabad, I keep talking in the recorder. Their duty, nine members, is sitting with the laptop computers waiting for twenty-four hours. And I keep talking, they have the speaker phone on and keep typing what I'm recording.

Why I'm saying this, I also have desire to enjoy a human normal life. Of course I like it. If I start to enjoy a normal human life, the globe will lose amazing information. I can't give it. It's a kind of spiritual scientist - once your mind is set up it has to work out, has to discover that. Has to give the juice, that fragrance to the world no matter what! Once you take a mission you should not drop it. Once if you keep dropping your inspiration, you never, ever win any process, any book, even you can't win your own wife's heart. You know what I'm saying?

The point why I'm talking my personal life, the inspiration, the dedication, "Ok, I have to write this book." It doesn't matter if it takes nine hours, ten hours, or fifteen hours, I am there - I'm on it. Lot of works and disturbances are coming, still it's ok... But my dedication, my concentration is on that. The point is you need to commit. Once you're a committed person victory is with you. Happiness is in you. You have amazing satisfaction. Every step by step, whenever you're working, you cannot explain in the words that satisfaction. Sometimes you might lose inspiration with some

disturbances, that's temporary, again step back, again step back, keep going - you can do the wonders.

Today the scientists, they discovered amazing things. But in spirituality a couple hundred students reached one stage. After that stage, I need to bring to the climax stage. That's my mission. To bring them in the climax stage what is that? Two thousand years back what Jesus Christ discovered? And Buddha what he discovered? Only few saints, maximum fifteen, twenty saints names who we know about. What are their names Simone?

Simone: Like Jesus and Buddha - Baba of course.

Swami: Three.

Simone: Ramakrishna Paramahansa.

Swami: Four.

Simone: Ramana Maharshi

Swami: Five, Babaji.

Simone: I mean, in India, there's a lot of saints, but I don't know them by name.

Swami: No. We're talking about the creativity masters. Why Jesus Christ got that powerful? Why Buddha got that powerful? Ramana Maharshi, what's his message? Babaji? Maybe there's one hundred. In these billions of people there's only one hundred people. Since thousands of years there's some *big* missing, there is *big* step missing. What is that they're missing? Why we're missing it? Why the globe is missing it?

Science everybody can understand. It's available. The scientist explained that much. But the spirituality, spiritual formulas, the mechanisms, the healing techniques, the channelings, the angels... what is this? How to understand that? That's your Swami's mission. I don't want to go like them. I want to prepare the students like them. I want to prepare the whole globe, minimum ten percent of the globe, like them - coming generations, upcoming generations.

Up to two, three years back, you don't know what is meant by Vaastu. Maybe you heard little stupid way, this and that, but there was no accurate book, how we gave the accurate text, the really huge concepts. Pretty good we can challenge it. Scientific way also we can also little bit prove it. But we cannot prove some Vaastu principles, "Why this Vaastu is affecting like that." Yes, ten years I researched, practiced, hundreds of hours seeing it and finally I put it. No master really came up, "This is Vaastu - you have to go like this way."

Even in the ancient palm leaf books, thousands of books got burned in the battlefield between the wars. But some books are available, that information is available to at least bring out to the globe. Your First Earth Mantra is in the palm leaf book. Your Fire Elements, Water Elements – all the Element's prayers, it's not your own Swami's craziness, it is there. The concept is to believe, to have real confidence on yourself and confidence on the master. If you don't have confidence on what you're doing, it takes time. You're really losing the time. Once you have the confidence, keep going. That really helps, "I can do it. I can make it." That's a self-healing. You're awakening your own energy. Once you're very smart and sharp enough, the master will get you. The master is always like a tiger watching you. Once, like Baba says, if he gets you like a tiger gets the meat in his mouth, can the tiger lose the meat from the mouth Simone?

Simone: No.

Swami: The Guru Parampara is like that. Once if they get you, you're done, 'Hat's off,' totally surrender. Many students, generally they're so lazy, so disturbed but very sharp and lot of cosmic energy there,

talented energy in them. Just whenever I go walking, just little shaking. "How are you?" My thought is there. Link. Hook. Then slowly start to make them to work. For example, many senior students... when you met me Lothar?

Lothar: I met you in 1999 at the very beginning of the year for your very first program in Germany. You taught the Sri Chakra and I was your translator.

Swami: See - I saw him. He had a good hairstyle of the day.

Lothar: I did have some hair, yes.

Swami: This guy is pretty interesting and good heart and nice, but I need his service. The Europe needs his service. How to get him? I have my own channelings to hook it and leave him. Wherever I go, he keeps around. It's not negative way I'm talking. The divine energy chose him to work, same time his heart is very open to do the service then the flow is happening. In your life you want to learn the divine. Have that thought and open your heart. Have a thought you want to help the divine and digest the divine, to understand it. The energy is with you, it's well protecting you no matter what.

So, if I keep talking guys, can go for hours together. Better to clarify what questions you have today then we'll go to the fire puja. In the *Sai Shakti Healing* book there's a lot of concepts I put in it what you need to learn first. Go through it. Some idea you'll learn in it and another book is I hope... Ganesh, how much have you done?

Ganesh: I did my work.

Swami: What is the major concept you did in your book?

Ganesh: You mean the contents, the topic? In January I wrote about your training with me, about miracles, about how to deal with negativity, about how to deal with Mother Divine – the laws, the rules you gave us, and also, my experiences and how you trained me

to remove and to control my blocks, and many miracles you did with us: cross bleedings, atma lingams, Shiva lingams - these are the major things.

Swami: You wrote it in German right?

Ganesh: Yes, I wrote it in German.

Swami: Ok. How much time it would take for you to rewrite in English?

Ganesh: I'm not that good to write in English. A native speaker should translate it.

Swami: Sure, that would be nice. Send me a copy for approval like your senior students what you learned, what you experienced. That's your duty to share it to awaken many people - not simply sitting around. You got my message, Ganesh? I sent a mail to you.

Ganesh: It was very nice Swamiji. It was thirty minutes before the seminar. It was perfect timing. I just had to go to my phone because somebody was calling and there I saw Sri Kaleshwar. It was very nice. It was a good support for us. It was a very strong day Swamiji.

Swami: So you're following that? It worked? It worked?

Ganesh: I need some match who is cooperating. It's not working that the cooperation is coming.

Swami: Any questions guys?

Faith: I have a question, Swami. It's really one of our important jobs to help clear negative spirits and negative energies and my question is, when there is a disaster somewhere in the world, we're not there.

We don't know the people. Many people were killed so there will be negative spirits in that place. Is there a distance healing technique we can use when those disasters occur, to help the negative energies pass on?

Swami: Once you have your soul object, you can just hold it and just you can make a command. It disappears.

Faith: Ok great, thank you.

Student: This is my first time meeting you, what is a soul object?

Swami: It's a big subject. Soul Object means your soul can prepare what object your soul wants in a material form. Can carry a part of your soul energy is in it. A part of your soul energy is in what you created. You understand?

Student: I do. Thank you.

Ganesh: May I ask you something about healing Swamiji?

Swami: Um-hum.

Ganesh: I'm doing my work as other students also do giving healings. My question is about timing and the amount of energy and the limits of healings. I can tell my experience. It is possible to tell sometimes if the person has an open heart, to give a healing in thirty seconds. In thirty seconds it's done but sometimes you need years, many years to get even a tiny bit of progress.

Swami: Yep.

Ganesh: Can you give clarification why that is? And is it possible to give immediate healing with physical diseases? I heard there was

once a healer in Cyprus, who's no longer alive. His name is Dascolas. I did not meet him but some people tell about him that he was manifesting spinal vertebrae when some people were suffering strongly from bad diseases. He was manifesting spines. Is it necessary and possible to give immediate healings with physical pain? For instance, is it possible for a person who is sitting in a wheel chair to get up immediately after getting a healing, or is that too much to expect?

Swami: It depends on how much negativity the person is carrying and how much you're capacity is there. And how much energy is required to take care of that person. Even though you're ready to give it, if the person's heart is closed, you can't give it. Like your eyes are closed and I put in front of you a beautiful woman and I describe to you her beauty - it's a waste. The point is, you have to make the person's heart open. Like a few, couple of snake bites have happened at the ashram. At the time it doesn't matter if their heart is open or not. I have to use like a trigger point to suck the poison out with what channels I know. Sometimes also get failures. That's completely Guru Parampara's decision. But once you have a knife, that's your duty to cut it. Sometimes it's easy to cut the huge tree, sometimes it takes years some times it takes months.

Like no master in the planet, some people received objects from Mother Divine and connected the Big Boss. Just this month I went to Japan. The students are very sincere and serious, the senior most students. The coming Shiva Ratri they're going to connect amazing cosmic energy to the Big Boss Jesus Christ. For forty-five minutes I'm blocking that energy to give to them that experiences. (45 students) They're almost like fifteen-year senior students. They keep jump, jump, jump, finally they're in that stage.

Even though you connected it, if there's a hundred patients come, there's no guarantee you can heal a hundred, thirty minimum, sixty maximum, ninety extremely lucky. You cannot help. It might take long term for you to take care, but immediately it's not possible. But majority in my student's kingdom, I washed out... today mainly I came here to give the highest positive energy through the fire puja, Sai Shakti healing today, that's why I came here, not for the talk. Of

course little chit-chat, give the fire puja, and just go. Create the huge protection circles - that's why I'm here. Next? Everybody's so sleepy huh? Yes, look everybody's so intense and sleepy. Yea?

Student: I'd like to thank you for coming. It's my third time I've come to see you and it's the energy, and the energy in your group that draws me, and I did the Dattakriya Process. What I find very difficult when you talk about negativity and negative souls, everything is an expression of the divine. It's an aspect frequency of the divine, so how can you classify it as being negative?

Swami: If there is a good, there is a bad. If there is a God, there should be devil. If there is a night, there is a light. You know what I'm saying? Just it's a part of a creation of the divine. Whenever happiness is there, there's a suffering. Without suffering you can't recognize the happiness. But in the suffering also, you can find the happiness, it's a part of it. But that part we need to dissect, to remove that. You understand what I'm saying? Talk freely, openly.

Student: Well, to me it's about oneness, about welcoming everything in because the only way you can transmute through the heart and turn the soul frequency to whatever frequency is through welcoming it in with love. Everything is love. It's just expressed at a different frequency, so it's all just one. So really there isn't any night and day.

Swami: I accept that everything is in one union, in one bowl, but it has it's own play. Like your face, can you find anywhere? That is God's creation. Like Simone, how many people have same look as her in the globe, maybe one or two? God is that keen Creator, extraordinary Creator. That's a part of his creation too. We might think God is one. If He's really one, why can't he create a great range of all of humanity? Why are there amazing up and down? Why tsunamis are coming? Why earthquakes are happening? If God is divine and loving, some disasters are happening making some pain and suffering there.

When I was coming yesterday, in front of me that lady with that baby, that incidence, everything is His lila, His play - His Play - we

have to recognize that play of that moment. He created the tiger, same person created the lamb and the deer. Tiger's nature is to hunt the lamb and deer. Tiger cannot eat the grass. But God also created the tiger - it's a union, a part of His creation. Need to protect from some moments of that energy. You understand guys?

Student: Do we not have to hold that in balance within ourselves, so that we are the hummingbird or the lamb? We have to hold that in balance in ourselves.

Swami: We cannot. We cannot go and stand in front of the tiger. We're like in one union. Can you stand in front of the tiger?

Student: Not personally, maybe in my head.

Swami: No way, you cannot, some energies are there. It is there. I witnessed, I saw, I tested it, some up and down energies, divine forces - the negative forces. If one king, emperor, went crazy, he destroys through the wars. Only through one spiritual channel we can change his mind. If that one person changes, majority of millions of souls will get relaxed. If one person goes crazy, he creates lot of disturbances. So who is that one person? That you need to recognize? Where is the key point? Then the problem gets solved. You need to study the majority of the human lives, different, different lives, then you'll get understanding. If the king is crazy, then the whole kingdom is crazy - people are not happy. To make him calm down, another king needs to be very strong on him, or a great spiritual master can sit under the tree or in his room to change his mind. Use some divine force to change his character - some angles it's possible. That's why since thousands of years the real spiritual information was lost through lot of bumpiness and craziness. The nature has its own phenomena. For example, if you're a very beautiful girl can you walk in the street alone in the middle of South Central London?

Simone: She would get a lot of attention.

Swami: Once you get lot of attention what will happen to you?

Simone: You'll get disturbed.

Swami: You'll become tense. Such beauty will attract the negativity - it's a standard law. Such beauty will suck the negativity then the negativity wants to play on that beauty. Jesus Christ, what he did the mistake, why he got crucified? Many, many people started loving him. He's pure love. That pure love got disturbed. If you see Hampi, it's amazing sculptures and beauty. What mistake the temples and sculptures did? The guys in the war between the Muslims and the Hindus destroyed the beautiful ancient sculptures. They blasted it. If you see today how many years it takes to rebuild that. Hundreds of years it takes. Such a beauty, it also gets disturbed. That's why you need a protection. That's called Raksha Bandana, to give protection.

I wrote in that book. Once you have some protection for some time you'll be protected until again the cycle will come, the next cycle will come. You lost your beautiful boyfriend or husband. You got heartbroken. Your heart is weeping with pain, and you're looking forward again to another beautiful person. No matter what, a hundred percent, the cycle will come back. You won't get stuck there. You might feel you got disturbed there again it will come back to heal, to re-fix that hole, that energy. In any case, in any matter, it's a standard law.

Whenever you feel you have a great wealth with you, it's a standard law you'll start losing the wealth. It's going up, down, up. It's like how the coconut receives the water inside. Whenever the prosperity wants to come in your life, it never tells you. Whenever the prosperity is going out from you, it won't tell you. It comes and it goes. It's a wave. Even whenever you start recognizing it, "Oh my God, I'm losing my wealth," it goes away. Whenever it's coming, it won't tell you, it just keeps flowing. You cannot stop both, but you have to accept it. But you need to be in little awareness what's really going on in your life. Hello? Are you hearing it guys, or what? So make your life just simple - study it keep going, observe it. Don't have the high expectations, or don't have the low expectations. Have your expectation then leave it and practice for that with a strong determination heart, really strong determination heart. You'll win it.

Lothar: Swamiji, when you say, "You'll win it," what exactly do you mean?

Swami: You really thought in your life you're going to meet me? You really thought in your life you're going to receive certain things from Mother Divine?

Lothar: Not before you, no.

Swami: You really thought you were going to experience some energy things?

Lothar: I was hoping, but no.

Swami: But you practiced it or not?

Lothar: I did practice and I do practice.

Swami: So you got it. So you won it?

Lothar: Yes.

Swami: So what else?

Lothar: Whatever you teach, and go out in the world and do it and be surprised by what life is giving in life.

Swami: You guys will do amazing things in the globe. It's my word. The time is coming. The globe is ready. To help whenever you have the heart, helping nature around you to make people happy around you. Like you have five friends and you're making them happy. Once you start to make them happy, automatically the happiness will come

back to you. Whenever you're disturbing a few people around you, you receive the disturbance very crazily. So to create the happiness around you it's a talent. There's no need to have a talent, just to hear what their problem is. Give a little support. Give your love. Give a hug. Just you tell them you're with Him. That's enough to start to create the happiness then your life will also start to become very happy - practically try it.

For example, the person next to where you're sitting is crying. You're noticing your friend is in pain. Your minimum courtesy is there anything you can do for that person? As a human being to a human being, a person is crying and under heartbreak and depression. Send your love to counsel them, to support them, to share in their pain. It's such a great relief you're giving them. There's no medicine for the heartbroken. You can have the medicine for any type of diseases, but for inner feelings, eighty percent of the globe is under suffering with heartbreak, disturbed hearts. They're living but they don't know why they're living. They're carrying their body but they don't know what's going on next. They're lost. You can receive what you lost only through spirituality. Finally ultimate goal, who Buddhism, the philosophy, Lord Siddhartha Buddha, he went under the tree to discover that. He was an emperor, he had a lot of money, and stuff he had but he wants to know what it is? What's going on? What's really going on?

So, once if you have that question mark in your heart, "What's going on? What is this drama?" Just everyday, "What is this drama? What is this movie? What is your character in this earth?" If you ask straightly to Guru Parampara - that's His duty to tell you. He cannot escape. He cannot deny your question. But you need to ask heartfully, "What is your part, your role on this earth?" Before you take off you'll get the solution. Everyday I ask that same question to Baba. I do, "What is my role, what is my character? What is the next? What is the next?" Sometimes I go to sleep 6 a.m. and wake up at noon. Every person in the ashram they think I'm little lazy person. All the security guys, "Ok, Swami didn't wake up yet? Ok, he's sleeping. He went on the bed 8 p.m. now its twelve noon." Even my wife got surprised, "You have that much great sleep?" I can't explain to her - no time, just simply saying, "Yes, I'm a good sleeper. Yes, I agree I'm a good sleeper." Two, three hours after I sleep, I wake up. I

start thinking. My mind keeps thinking. Whenever I get little sick physically, Clint comes and he gives handful of the capsules, "For this, this, this, you have to take the medicines." But I'm accepting it. Once we're born in a physical body... of course you have the headaches, I have the headaches. You have the problems. I have my own problems. I don't have any of my own problems - my problems are your problems. You guys are my problems. I don't have any problems, just thinking how to create your lives to bring you in the right track - that's my problem. Baba's given everything to me. In all corners he's given sufficient things. I don't need anything - just your happiness is my happiness. That's it. Anything else?

Faith: I have a question about doing healing work in organizations, which I do. I was just wondering if you have any comments on how that might be different then healing at the individual level. And any do's and don'ts? I know there's other people in the room who are interested in doing healing work in organizations in large groups of people. Are there any other considerations around healing in organizations, large groups of people, teams, that are different when I do individual healing?

Swami: No problem. You can do the same.

Mary: My question is about the soul.

(Recording was interrupted and picks up a little later.)

Swami: For example, if you steal ten thousand dollars from somebody...maybe not steal, but took it from your business partner in a tricky way, that money will never, ever stay with you. You'll lose it. You have to get everything in a purity way - that gives the real happiness. Somebody really gives you a heartbreak - simply accept it, or maybe you create a heartbreak in somebody. Ask their forgiveness then leave it. You do have a lot of qualities. That's why today the divine energy pulled you here to talking otherwise there's no chance - no chance.

In my life I'm also very cautious. Even a thousand people come for my darshan, there's almost three hundred and fifty people coming for Shiva Ratri Program with fifty people on the waiting list. Am I really going to give individual talks to that many people? Is it possible? How many people came to the ashram and didn't get an interview for more than ten, fifteen minutes with me? You Lothar?

Lothar: I had one interview with you in my entire life. But we've been talking about groups and projects and stuff. But a personal one-on-one, this was only once at the very first time we met - only once in eight years.

Swami: I won't give that attention that easily, even if you're very rich or poor or very open hearted. First I'm observing. Couple of years first I need to observe their walking style, talking style, energy style - all angles I have to know and observe the soul level. Once I start being friendly, I'm pretty good friend. Is it true Tobias?

Tobias: Yes.

Swami: I never ever did a seva for anybody, but I did a seva to him. But I can't tell what type of seva it is. Ok anything else?

Leslie: What is the next step toward Dattatreya?

Swami: After Shiva Ratri I'll give it. How many people did the Dattakriya Process? That's huge. How many people here applied to come to Shiva Ratri? So now the dark is coming, the sun is failing, so we'll go do the fire puja (its getting late in the day). There's one instruction. This fire puja will be very interesting and very energetic. We'll be doing for almost one hour. Everybody have patience to sit for one hour near the fire? Tonight at the fire puja, you're making this deal whenever you're putting your flowers and incense - asking the forgiveness whatever things you've done in your life, to know your drama, your play of this character on the earth, to recognize who you are, to give some abilities to you to help others. No chance to get heartbroken in your life. Today is the Full Moon. It's a very, very

important Full Moon for Shiva. It's called Karttika Purnami. In India in any Shiva Temple they make millions of candles, burning the lights. It's the most special Full Moon. This fire ceremony is related to Shiva and Shakti but majority is pure Shiva.

And you're promising today, for the rest of your entire life, on the Full Moon times you'll have no saliva exchange in any relationship. You're pledging and promising this. To protect that energy, to follow the protection circles, you need to care of this. You understand? On the Full Moon Day, no saliva exchange, no touching your wife/husband or your girlfriend/boyfriend, or anybody. That's the promise. Like on the Full Moon, you're sleeping one side and your husband/wife is sleeping the other side. You can touch no problem, but don't kiss. I'll tell later what the mechanism is why I'm telling this. Everything clear? Shall we go and start?

End of Talk