

Swami's International Programs 2006
Malibu, Southern California, USA
Dattatreya Channel Process
May 27, 2006



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Swami: Welcome my Dear Divine Souls. The first time I'm giving the session - a powerful process to L.A. group, to the Los Angeles Group. I have several worldwide different, different groups. They took the amazing process. Certain by layers-by-layer they had amazing success in all angles of their life, by grace of divine. Many people have lot of confusions, doubts, suspecting, "What is mean by process? What is mean by diksha? What is mean by chanting the prayer in a certain timings, for a certain days, amount of prayers need to chant?" These are all big confusions.

Process means, I'm giving the process in the three angles. To your body, the most important thing is to keep you healthy very strongly forever. To your mind and to your heart, keeping healthy your mind and your heart not going in a funny way with having crazy blocks up and down. Washing all your blocks, purifying your blocks, using the consciousness of different prayers, the vibrations to clear out all your mind vibrations in a positive way, to give the mind consciousness to drop to the heart then your heart feelings is in a right place in a right shape.

To your soul is soul purification, to fixing your soul whatever you want to be, whatever you want to reach your destiny, to experience what your mind, your heart cannot believe it. You can't trust certain supernatural things. Once if made happening in front of you, it's beginning with your mind needs to open, then heart needs to open. Once your mind doors, heart doors started to open, then you start to feel in the soul level, "Yes, some supernatural access is running in the planet."

Once if you have with the soul experience, the soul is pretty commanding on your mind and heart forever, and rest of your life you're healthy in all angles. Your soul is commanding in a beautiful way not to go your mind monkey way. Once if your mind is in a beautiful your control, all your actions are in a beautiful positive. Once your daily activities are in a beautiful positive, your livelihood is super happy and peaceful. Once you started to be very peaceful then heart started to feel very happy. Then you won't feel any pain at all in your heart. Then once you come in the soul level, everyday is a bliss in your life, really, really bliss. That's today is the concept to the process.

Diksha means, taking a strong, determine certain principles in your life for a short period. Tuning your body with your hobbies, your activities, with your drinking, eating, sleeping system completely putting in a proper prompt way. That's called diksha.

Another step to the heart and to the mind - you're chanting certain prayers in certain perfect timings, with a perfect pronunciation for certain days. That pronunciation, that vibration's impacts on your soul will be very strong. After certain period later your soul is ready, your soul is charged enough enable to receive, able to demonstrate, able to experience certain supernatural things. Until you're ready, it's very hard for you to experience certain supernatural things. Until you get ready, the main you need to charge in a beautiful way, not getting disturbed any corner in any angle, to pull it in a beautiful way. Once if you done - the divine is your slave. I'm serious. The divine is one hundred percent your supporter. The divine is with you - He'll take care of you. You clear up to here? You got it? My English is not that good I hope you understand. If you have any confusions don't hesitate to ask me.

So, you know the many prayers, the mantras. Many people familiar a Sanskrit mantra, a *Vedic* mantra. Swami already taught Five Elements, Sri Chakra, Paramashiva Yoga, Brahma Consciousness, lot of stuffs here and there, and there, step-by-steps I already taught... Gayatri Mantras, Shakti Gayatri, Mahakali... lot of prayers.

Generally the nature character, the nature actions, whenever we took a strong prayer, whenever we do in a certain prompt way, discipline way, two things... number one, if we have a doubt on the prayer, you have a confusion on the prayer, if you have a doubt on the process, it's a little difficult. Same time, it's natural the human mind you can have a doubt, suspecting in the beginning. Doing it then you starting to know what is the power of the prayer, power of mantra. First few days it makes you completely confused, "What is this?" Like, om namashivaya, "Who said namashivaya? What is that om namashivaya?" You know what I'm saying? Na ma shi va ya - that is creation according to the Sanskrit Indian depth philosophy - Na ma shi va ya... Shiva, the father of creator, he's the boss. The depth is hidden in the letters: na ma shi va ya.

So whenever we really believed in it, om namashivaya, the five elements is sucking that energy in you. You really can do the wonders. You really can receive the power in you. You really can receive amazing healing abilities in you. You really can purify a lot of your blocks with the prayers. The letters are called bijakshras. Somebody is given the initiation *hreem*, somebody received *kleem*, this is all energy words, energetic words, energetic letters to communicating to the divine - that is the words.

It's not today's... thousands of years back they proved it, they did it, they received it, they healed it, they manifested amazing things, they created amazing things just through the prayers. Just this, all the prayers came from the pure silence. After certain stages you reach, after certain enlightenment stages you don't need any prayer - your soul is a prayer. Your soul is connected completely with the deep silence. You know all connections of the cosmic. That's enough.

First what do you need to know? One channeling - until you reach there you need to get one step, the thread to climb. In the ancient days you needed to climb. Now the centuries, centuries, and centuries, now the laws are changing of spirituality, I'm very serious.

Negativity is going amazing boosting up in the globe. You heard any earthquake today? What happened Philip?

Philip: (*Can't hear exactly*) An Earthquake in Indonesia killed a minimum of three thousand died, and people are panicking because they're afraid of another tidal wave coming in, and the whole island is in fear. Some reports of a volcano close to erupting in the area. These are all very preliminary reports and another day we'll know what the true story is.

Swami: When I gave a talk in London, Monika L.? (*Some technical difficulties*)

Monika L.: About one month back Swami gave a program in London and gave some predictions of what was going to happen in the world. He said the world is in a process of great pain, and there were going to be earthquakes, especially the year 2007, he predicted they're going to start. And he also told us that island in Indonesia was one of those spots.

Swami: The point, never know what will happen tomorrow. Never know what will happen to you tomorrow. Never knows what is the lila. You know what I'm saying? Lila means the 'play,' the 'play' of the Mother, the 'play' of the God, the 'play' of the Creation. It is so funny and interesting.

When I'm in London last month I gave a talk - you can have that cassette. You should have a look at that cassette. Until like ten years what will happen some angles, by grace of Baba, what I got the vision I explained it. Next year will be super tough on the globe, tough year, big, big, big tough year. This year ending, also little tough to the wealthy countries in the globe, wealthy countries under trouble, wealthy, powerful countries is under trouble. That's my prediction. Maybe I'm wrong, we'll see. If you check one and half year's back, my Guru Day messages, wherever I pointed it, 99.9% is happened. We'll see. Still there might change to happen in a beautiful way. We hope, we'll pray for to switch it, to make it quiet and calm, the divine in a peaceful way.

These things are all happening. Do you know why? Lot of negativity - we're responsible for that. We are - our actions. There's no peace in

the globe. Everywhere is fear, fear, fear, fear...That fear you're receiving through your actions. You're not a hundred percent fair on yourself in your life that's why the fear starting. Through the fear you're really with notice or without notice, are creating little negative karmas, releasing the actions, vibrations in a negative. And all actions is coming very strong - it's punching back. One day we have to drop everything - we need to go. That day we don't know. Before that day, try to be awake to recognize, to realize these are all things mortals, these things are all mortals. The immortal things is to know, to discover His lila, to discover His illusions, to discover His capacity, to know the life and death. Once if you really recognize that, once if you're really channeling yourself in you, even though a big mountain fell off on you, you're pretty good safe. I'm serious. Even the big mountain falls off on you - you're safe.

But you need to know the mechanism of His actions. That mechanism of actions is Life and Death - Life and Death. You need to know dark and good. Where are we coming from? Where are we going? Where is our destiny? What is your duty? Your duty is not to make money. Your duty is not to create name and fame. Ok, you can do it - all things is a water bubbles, the money, name and fame, whatever you attach with material things. Never knows it comes, never knows it goes away from you. Even you try and work hard, maybe one or two percent chance you really did it in a proper way, you'll win it. If you want to take it from you, He'll do it very easily without your notice.

You're looking with your eyes all the money keeps walking away. Does it make sense? You're watching it, you want to hold the money very strongly - it's running away. A famous person today, tomorrow will super defame. You know why? It's lack of clarity, lack of... his inner silence is not balanced in him. He's doing crazy actions - that name is going like that (clicks fingers) one day. You might feel today you're so proud of yourself, you have two million dollars is in your bank. You're making a year a hundred thousand dollars. Good, good for you. You might feel proud of yourself you're so healthy. Good, good for you. How to maintain that forever, rest of your life? That's another thing. The money is a power - your health is a more power. How to maintain that forever in your life? Once your health starts to losing you, you can't purchase the health. Even you're a billionaire you can't get it back.

Where you really got sick is when you lost your protection circles around you. Once if your soul started to get weak, then you suck lot of negative vibrations in you, then a lot of sicknesses you need to facing it. You understand guys? So we need to receive the protection circles to make the protection circles around you very strong, that's only one of channeling what I'm going to give through the prayers... to make no more negativity can touch you that easily. It's impossible, impossible to touch, to give a disturbance either to your body, to your heart, to your soul. Everybody ready to take a diksha? George, how often you drink alcohol? Jzero?

George: If somebody's doing a toast, I might do like that but I don't like it.

Swami: So you're a good boy? So in America you're not drinking alcohol, that's a good boy. How many girl friends you have?

George: Jzero.

Swami: How old are you?

George: Fifty-nine in a week.

Swami: Are you a virgin?

George: Virgin? No.

Swami: It means you hurted many women's heart? How many women you had in your life? Approximate.

George: That's hard to say. When you mean, 'change' I have no idea. I mean maybe nobody. You're talking, 'change' from virgin to... where are you at Swami?

Swami: We're as a family isn't it? We need to be really open, very free. Why am I asking? I want to know how good boy you are. How much you're eligible for the diksha.

George: I could be better.

Swami: So you're fifty-nine years old, you're not virgin, you changed many girlfriends, you have no idea how many girlfriends you been.

George: Fifteen years of celibacy.

Swami: Fifteen years of celibacy?

George: Not the first fifteen.

Swami: So from the fifteen to thirty, you're celibacy?

George: No. Maybe from twenty-two for about fifteen to seventeen years.

Swami: Let's say till about thirty-seven years old. What did you do then? You took any diksha, you took any process you worked with any saints? What?

George: I was with different masters.

Swami: You also changed the masters too, huh? So you gain any power?

George: A little, nothing serious, but I did grow a little bit.

Swami: So you wasted the most glorious period of your life, sixteen years - that's a lot. Hun-un, you tortured your soul. You no need to be celibate. You no need to be one hundred percent discipline. But you should be in a prompt discipline. Many saints, they talk, I agree one part, yes, discipline is important. Being celibate and torturing himself, and he's to grow his spiritual process - nothing happened. How many years you studied spirituality?

George: Thirty-six years.

Swami: Thirty-six years. Are you happy?

George: Relatively happy. Not happy in terms of... relatively happy.

Swami: Ok. To me, if I seen anybody that much time, and that many years you sacrificed your life, and dedicated and doing it - nothing

happening, that's painful, that's painful. The beginning days I'm super disciplined person. Even today I'm pretty discipline person. After having lot of friendships with Westerners then influencing attacked on me. But pretty good I'm maintaining my boundaries.

Number one law in spirituality, you should not torture your soul. Soul means your heart... put it that way too. You don't have any right to hurt anybody's feelings intentionally, or without intentional hurting somebody badly through your actions. You have to be as much as you can, whatever you know the information, to keep that information with crystal clear, and digest that information in a proper way. Not ignoring it, not suspecting it, not doubting on it. Do you understand? Whatever you learn the knowledge, you learn a prayer - Gayatri mantra, you should really learn one hundred percent heartfully - not wavering. If you take it, you should take it serious. If you take it... take it serious otherwise don't take it. You try five, ten days, ok, you don't feel comfortable, ok leave it. If you took it, you should not throw like again in the garbage. The prayers you have to really respect it is, it is.

Having a doubts, suspecting on the master, for example, whenever I started to working with a lot of energy people, like whenever I took my master Shirdi Sai Baba, that's the great saint in India, amazing strong powerful healer, man of miracles, he's a man of miracles. He passed in 1918 - still his soul amazing exists. His energy amazing exists. When I took his life personal character I go crazy, I go crazy. He's this end, same time he's this end. He's a super discipline one angle, really one million percent discipline; another end you can't understand him, he's not at all disciplined. Why I'm saying this, the master is beyond our belief system. He's the, beyond our belief systems.

One day he's walking with his students in the street, Shirdi Sai Baba. Generally he loves soma. You know soma, the palm tree juice. What do we call that? It's not alcohol but it's a kind of alcohol, but it's strong. He love it. He loves the chickens. Whenever he's walking in the street he saw the chicken he tells his devotee that chicken needs to come in his dwarkamai with a masala. Then they're putting in front of him, with the legs steamed with the masala. He enjoys it.

In a spiritual law it's crazy. Whenever he sees the tree having the pots hanging with the liquid is coming having the powerful kick. Whenever he's walking, when he looks there, he stands there, somebody has to go up, bring the pot he drinks, goes. Pretty powerfully he smokes. His actions like that.

One day he's going in a procession in the street. A goldsmith guy, he's making some iron liquid, he's melting it in the street outside of the house. He went to him, "How are you doing?" Then he took from him that metal liquid, he drank it. He drank that and he looked at all his students, "Such a tasty. Such a tasty liquid." That opens the mind - that's unusual, "Ok, he's not any more from the planet, he is different from the planet." If we started looking from the negative side, we're in trouble. We need to see that side too and we can't, "Ok he did then I'll do it too." Then you'll really crash - you'll really get crash.

So the Guru Parampara, what you're receiving the channelings, Shirdi Sai Baba channelings, Dattatreya channels – Brahma, Vishnu, Maheshwara – G.O.D. – Generator, Operator, Destroyer. Who generates in you? Who's operating in you? Who's destroying in you? The three characters... that channelings called in India tradition, is called Dattatreya. The Dattatreya incarnation is Shirdi Sai Baba. That Shirdi Sai Baba channeling, today everybody's receiving it.

Why I'm saying this, whatever the illusions are playing in you, around you - be flexible, be super flexible for 101 days. After 101 days later, if he really allows me, if your love really pulls me back here, I'll be here to give, to complete the process in a beautiful way. The process conditions are for 101 days, no alcohol. You should not touch the alcohol, should not touch the alcohol. You should not touch the non-vegetarian, 'blood items, ' fish, eggs ok.

Who really is strong boozers here? Hey! Ok, relax, relax... Who cannot help it, "Swami, I have to drink alcohol, I can't help it. That's my addiction. I'm sorry..." How many people is like that, be honest? Don't feel shy. Can you stand up guys? Three people, that's all? Ok one-by-one, one-by-one (*more standing up*). Ok, thank you. Who really cannot stand with a pure vegetarian? It's really difficult to you not to eating the meat, the chicken? Eggs are ok. Fish ok, diary, milk products ok, but no rennet.

The point is I need to make your body vibrations very strong for 101 days to keep, even though it's a strong force to you, to make your body vibrations strong. Milk is fine, ghee is fine so you can't stand with vegetarian guys? What generally do you eat?

Students: (different discussions about different people's personal problems about eating habits)

Swami: One hundred and one days is really difficult to you guys? Vegetables in a pure sattvic if it's possible try try. If it's not happening, give up. I don't have any bad intention not to let you eat. It's for your life, for your good. So what I gain if you're not eating? If you're eating, what I gain? You're losing certain things. If you're really involving certain vibrations, make your vibrations very strong. One hundred and one days is not a big deal. Maybe it's a big deal but in the Western countries, to be... I carried my pickles, powders. Whenever I'm going in the Customs, I'm begging they should not open my bag. I'm praying to Baba, "Please don't let them look at it." One time they opened it. He looked in my face, "Sir, please. What is this?" "My pickles, powders." "Is there any meat, non veg things in it?" "No, it's a pure vegetarian." I told him, "I'm a pure vegetarian." He asked, "Why you carrying this?" "I like it." He looks at my eyes. I thought, "Ah-oh, I'm in trouble, he's taking out." Then he said, "What else is in your bag?" Then he started looking at all the things. Ok. Then, "Don't bring next time, ok?" "Ok, yes sir, thank you." Saved!

So, it's not a problem, it's not a problem. If there's a will, there's a way. If there's a strong determine you can do it - you can do it. After the process later, yes, that's your health, whatever makes you happy follow your heart. Clear?

Students: Yes.

Swami: I guarantee you to wash your negative karmas, negative vibrations, I guarantee you once if you do discipline way. I guarantee to win your process super successfully, to win your process successfully I guarantee you.

So, write down the prayer:

Om sreem sreem sreem
 Sri Guru Datta
 mama sarva papa dosha
 karma dhvamsha rupa
 gam gam gam Gananadha
 raksha ram raksha ram rakshamam

The first word *sreem* is the G.O.D. First, *sreem* bijakshra is Brahma, *sreem* is Vishnu - third *sreem* is Shiva. Brahma, Vishnu, Maheshwara. Maheshwara means Shiva. *Sri* means Mahalakshmi, prosperity. *Guru* means whoever you're worshipping your father, can be Jesus, can be Buddha, can be teacher, can be anybody who you really love giving you knowledge. *Datta* means who is the person in charging in your soul to cut off all illusions giving a sealed protection. *Mama* means between you and a divine soul. *Sarva* means whatever you're holding, the crazy things that's in you, in your body, in your heart, in your soul. *Papa* means whatever negativity you done already previous lifetimes and in this lifetime... like you hurt somebody, you cheated somebody, you did crazy things... that's called *sarva papa*. *Papa* means you did all the negativity things. *Dosha* means the negative vibrations are always attacking on you. Your soul is getting sensitive you're receiving all types of negative vibrations. *Dosha* is called that. *Karma* means you don't want to hurt somebody but you hurt somebody. You don't have any bad intention but you do some crazy things. You get over tempted so you did it. Those results coming back is called *karma*. Like, "Oh my God, what's my fate I did it?"

Dhvamsha... again you're coming to the Brahma, Vishnu, Maheshwara to inviting him here to *Dhvamsha*. He's the person to destroy, remove crazy things from you. *Dhvamsha* means to removing all the things no matter what. *Rupa* means such a great person you're inviting. To whom you're inviting? *Gam gam gam*... again that's Brahma, Vishnu, Maheshwara, their key words, their bijakshras, their perfect letters. It's a shakti letters. You're inviting them in your soul to take care of it. Then also you're inviting the Trunkman Ganesha – *Gananadha*. *Ganana* means Vigneshwara, the Trunk person to remove any obstacles in your life. The most intelligent person, the most intelligent God, the most intelligent finding the way to making you

successful... the first person worshipping is Ganesha, the son of the Shiva. You're inviting him. Then *raksha*, you're inviting protection to your body. *Ram*... that *bijakshra* means your soul is asking, inviting, again *raksha*, asking again protection to your mind and to your heart. *Ram*, no matter what, *Rakshamam* a hundred percent heartfully you're begging and you're asking to take care of you. (*Swami chants it again*) Whenever you need help, this prayer gives amazing blessings.

Do this mantra 108 times a day, for 101 days. Each day when you finish the mantra, you put the mala on the third-eye and think heartfully asking forgiveness for what mistakes you did and making a commitment to Him, you're always ready to do to create the great peace, happiness, whatever He's going to bless, the healing abilities in you to help the globe. You have to have a mala to do the process. That mala you need to chant pushing each bead one by one with thumb and middle finger. You should not touch the mala with the fire finger when chanting the mantra. (Index finger) After you finish chanting the mantra, on the 108th bead you switch to holding the mala with your fire finger and touch your third-eye with this fire finger, with the intention what is mentioned above. The third-eye is called *gurusthan*. It's one of most important thing to touch with your fire finger to your third-eye.

It's advisable having the lotus mala, lotus seeds - second one is *rudraksha* mala. Make sure whatever mala you choose to stay for the rest of your life as a power object. You can give it to your children, to their children, to their children. You'll charge that mala with different, different, prayers in the coming days of your life in the future. That mala is a spiritual treasure. I also meditate with different malas. So I use to meditate with special *rudraksha*, it's a union, *Shiva-Shakti*, both linked two *rudrakshas* coming together. This is very unusual to get this kind of seed. *Shiva* always wears this *rudrakshas* - high vibrations and it's very powerful to protecting your soul. Once if it's on the body it's not that easy for somebody to hurt you. Even it's scientifically proved lot of your blood pressure, it will kill lot of angles, especially like this seed, it's impossible to receive the negative vibrations – *Gauri-Shankar rudraksha*, union *rudraksha*.

Student: How can we get one?

Swami: Come to India or you do one thing, ask one person, Gary or Monika L. or Chinello write your names, they'll get it for you and send it to you. They'll send it. It's very hard to find, very difficult to find powerful strongest rudrakshas. Only in Nepal Himalayas, that belt, that area. Even if you plant that plant anywhere else it will die. It's only in the globe specifically growing in that certain place in the mountains in the Himalayas. Out of 10,000 trees, only one or two trees is giving this type of seed. If you see the Shiva statue, he's wearing this seeds and the cobras. Course you can't wear the cobras... You might think, "What is this prayer? What is this?" You do for few days then you see the results.

No permission to go to the graveyards. Like you're going with some flowers to visit somebody dead in the graveyard, one hundred percent no permission. If it's your family member I'll give again the remedy. But take it as strong diksha - no permission to visit the graveyards.

Especially if you're a wife and husband, or boyfriend and girlfriend, if woman is under menses, for that period of time - no attachment there... no fluids exchanging, no saliva, no kissing, no making love, just completely separated. If you do that, drop the prayer - STOP! I'm serious. That one especially, the union, the Shiva-Shakti, like the female energy and your energy, that's terrible disturbances. It's hard to give you shaktipat to make your soul to be awakened. It's kind of like for your soul... like you got a small baby in your hand, how are you going to handle that? You know what I mean? It's completely like... You took the process your body is a kind of ache. This prayer is a... Then you're starting and you're doing it. It's a... This is the process happening. You have no idea 101 days later, what the results will come up. I'll explain the process what the results will come up. If you did that... any kisses... I won't even recommend to give shaking hand, put that way. It's protection to the woman. It's very good for you girls and very good for you men too, wife and husband sleeping on the same bed - no way. Give one pillow, throw the blanket just one person sleeps on the floor - it's serious.

For three days that energy... Even the fourth day, if the blood is there it's ok. But the first three days need to be that discipline. Major thing what it's saying is having the Kama energy, that desire you link it, that's dangerous. I don't want all the energy to transfer to him, to

them, and to get disturbed. No. So, I won't even recommend to shake hands, but you want to hug? Am I really coming back again to LA?

Student: Does that apply to only male and female having sex, or anybody?

Swami: Try to avoid just say, 'namaste.' You're giving new expression, 'namaste', "Oh, ok." Hello, 'namaste,' no problem. For three days be safe. Especially some women, when I'm in the mandir, I'm sitting in my chair, some westerners, some Indians when I'm in the process, I'm very super careful not to letting them come to me to touch my feet. One day on Maha Shiva Ratri Day, I'm suppose to give the atma lingam. I have to maintain the vibrations very deep, peaceful silence. A lady came in the crowd she grabbed my feet. That's big punch to the soul. You can see in the many Indian tradition, in the temples, they won't allow the women inside the temples during the menses. It's not they don't like it, it's very good to the woman and very good to the temple. But the menses time, the women receive very high vibrations... either this end (positive side) or this end (negative side) you suck huge. So you need to be careful. You're really decharging there. So it's ok, but be careful. You clear?

Woman: If you're in a healing field like a nurse or something, you have to work with the patients, if you're a woman on menses, should we not touch any man at all?

Swami: What you do? You're a nurse?

Woman: I'm in nursing school and we have clinical where I have to work with patients.

Swami: Ok, do it. Then once you come back, then after the three days, break a coconut (brown) put incense and candle, ask the forgiveness, cause anyhow you have to do it, do it. To the Buddha Siddhartha, there is to his strong belief system the energy. Why he died Monika L.?

Monika L.: He ate a piece of pork some devotee gave to him.

Swami: He ate a piece of pork. What he did after he ate it?

Monika L.: He died from the pork. He died of poisoning from eating the pork.

Swami: Once if you fix to your soul certain vibrations, then you'll know, automatically you'll know. Right now just you're in the pieces like that to making setting up like a beautiful, then you'll know. So it's important, the graveyard - no permission, then touching and saliva and fluid exchanging - no permission. This is most important thing. Every Full Moon you have to chant this mantra in the water, bathtub, swimming pool any time. The Full Moon means you have to plan your time to do it like that. If you miss doing on the Full Moon it's a problem. It's important the Full Moon. Do the same mantra take the mala, do it. You clear? Yes Philip?

Philip: Can the mala get wet?

Swami: No problem, if it's in the water, of course. Me, one time I did a forty-one day process one thing. That process is, everyday I should be in the water. I have a beautiful farmhouse, sixty acres, mango garden, beautiful well. On the Full Moon Day, the climax day what I'm suppose to receive, a divine spirit is suppose to come and have a conversation with me, that's the final climax. No matter what, wherever I am in the globe, specifically that evening by twelve to two a.m. I should be in the water. If I lost that process, I have no permission again to get the process back. Once it's done, it's done. It's like a rose flower, once if you cut off there's no way to fix it.

I'm in Hyderabad on that day. Morning 6:30 I left. It's four hundred kilometers to Penukonda. I'm a rush driver I know by late night I'll reach, it's like six, seven hours journey. No problem. I left at 6:30, 7 a.m. I'm driving. My driver is next to me and two devotees is in the back. Unfortunately, by mistake, I hit a small auto slightly hit it. That auto guy is little crazy. He's crazy, then he created big crazy scene, wasted about four, five hours times. Ok, just I'll solve the problem. Ok, paid the money, "Ok, thank you no problem." That's my mistake, the illusion hit.

Then almost like one hundred kilometers to Penukonda it's almost sunset, guess how many tires got the flat at a time? Three tires got flat. A big lorry (truck) is coming. I went too much to the left into the open ground - all crazy nails there. Got stopped. My driver opened

the stuff and then he went to the village to fix it. He took two, three hours - he got back. My heart started beating more. I could take a lorry or something and just go but again I have to go to my farmhouse - it takes time. It really takes time. Finally I made my farmhouse two, three minutes late. I jumped in my well. I jumped in my well started my process chanting my mantra. At certain exact timing, something started appearing in front of me. I'm having a conversation. The water level where I sat, that rock, it's an old well - that rock started to sink. Where I sat, that rock started to sink. It's going down. It's pure illusion, pure lila, it's a lila. I got what I wanted then the rock fell off. Then I swam in the well then I started coming back. Two, three steps I climbed pretty good, very fastly. After three or more going on, I slipped very terrible - bad injury. You should not get that type of pain experience. I had one part the divine experience is there. After I even got it, then it's completely numb. I'm ready to fall off in the well. Ok... just holding all my inspiration, "Ok, ok, I'm here to do, I didn't lose it. I'm here to do."

Why I'm saying this? Even though any process, anything - the lilas, the illusions will play. It'll play. Accept it. Do as much as you can, push it. You did a mistake, ok. If any mistake happens ok, you no need to worry. But from your heart you need to do your maximum best. You know what I'm saying? From your heart you have to do your maximum best. Then you'll win it. After you do this, what I can bless by grace of Baba, you can connect some divine angels. Connecting to seeing some divine Souls or we'll prepare a gigantic sand... just I did in Laytonville, I completed that. When I started that Nityaananda Shakti Lingam Process?

Nityaananda: August 2003.

Swami: August 2003. When I completed that? How you made that all the...

Nityaananda: Yes, in 2003 there was a gathering like this and Swami gave a teaching and a process to do with a diksha to follow. That was done and it continued and it took quite a long time to get Swami back to America. Actually it took more than two years to bring Swami back to America and during that time a lot of the people who began that process, a lot of illusions came and they fell off the process. The group started with seventy people and by the time we met when he

came back, it was down to twenty-five people. And he'd given instructions for preparing river sand in a special way. And so we did that. When he came back a process was done in his presence and with his grace and from that river sand was manifested an atma lingam. And then the process continued, and a new process was done by this same group of people, and the process is still running but just last week, in Laytonville, that lingam split into three lingams and it's amazing miraculous healing divine blessing energy and that process is still running in that group.

Swami: Is it magic?

Nityaananda: It's God's magic, one million percent it's supernatural, every step of this process was done by the group members, so at times, we prepared the sand, we buried the sand, we dug the sand up - nobody knew where it was. Different jobs were done in the miracle energy process. Every step of the way Swami, you're standing back and you're telling instructions. Even to the point when the lingam was first manifest in the sand, it was manifest to one of the student's hands.

Swami: Who was that?

Nityaananda: That was Chinello.

Swami: Where is he? Can you stand up? He's a lucky guy. I'm serious. How you made that?

Chinello: Surrender to the grace of God.

Swami: The Shiva lingam was already in the sand?

Chinello: No.

Swami: Did I touch the sand?

Chinello: No.

Swami: So whole your group touched the sand?

Chinello: I just touched the sand.

Swami: So you made it?

Chinello: Well, I was the vehicle, divine grace.

Swami: Lucky guy. Good, thank you. What I want to do, I'm finding my way where to fix this group where you guys can fit in. You know what I'm saying? In the divine process where I can fit it? 2003 in August I started that Shakti Lingam Process, to experience to open the mind, to open the heart. I told it the third step. So far it's two steps. Third step is to giving the experience to the soul - that's the most important thing what you need to experience in your lifetime. You need to experience what your 'monkey mind' cannot believe it. Then you're a different end. Not only sticking in the south, you know there's a north too, there's two poles - south and north too.

So, some important thing you need to experience once in your life. I'm happy to make you the angel darshan, see the angels or we can prepare the same like the process with the sand to prepare a beautiful Shiva Lingam. And from the sand the Shiva Lingam can make it to bleed for a couple of hours, bleeding the nectar amrutha, the honey. Then everybody can taste it - such a bliss. Again turn it back that Shiva Lingam to a sand. It's not me to doing it, it's you guys doing it. Your group make a lottery, whoever it comes, let two, three people do it. Everybody chanting the prayer, we'll perform a fire puja, we'll sit around make the thing happen. It needs a group energy to lift it, like a really big strong energy. You understand? There's a chance you can get failure too. So far I didn't ever tasted the failure - that's my addiction. Maybe, we'll see.

Do you have confidence on the process?

Students: Yes!

Swami: So which one you want to do, Shiva Lingam or the Angels?

Students: Angels.

Swami: Oooooohhh! Los Angeles they lost the angels. We'll get it back. We'll get it back. Only a fraction of couple of seconds you can look at it but it needs to be one hundred percent in beautiful nature.

We need two days time. Somewhere beautiful, even we'll drive three, four hours out of L.A., we'll need to sit three fire pujas like a nine, ten groups to bring up the vibrations. You have to chant the prayer thirty hours non-stop, not even a single minute break. No permission. Not even one or two minutes break - taking shower and eating.

I won't recommend to you to eat on the daytime only some milk, fruit juice, some fruits. Somewhere you're in the bushes sitting chanting, chanting, chanting, chanting. Like a ten groups, each group hit it, hit it, hit it - I go back to my country. Is it condition?

Students: Yes

Swami: Are you happy for that?

Students: Yes!

Swami: You really can keep it chanting thirty hours non-stop?

Students: Yes.

Swami: What are you saying you don't know? Thirty hours minimum - I have to see how you really can take off the vibrations. It's not a big deal, you have to sit, you can lay down, keep chanting, chanting, chanting. I know how to make you stay awake. Believe me I'm an expert on it especially handling in the ashram thousands of people. Some days they come with hundreds of questions to me. Simply I tell them, "Sorry to say this, I gave a few sandalwood sticks, make a ten kilos of sandalwood paste and bring to me." Then he's grinding the sandalwood paste. Is it true Doug? How many kilos you made?

Doug: I made two large jars of paste.

Swami: So to make the sandalwood paste is really tiring, exhausting. You don't want to come to two minute talk, it's really tired, take a sleep. You'll be awake no problem. If you really can hit it, the vibrations in a fifteen hours fast, no problem. It can happen within three hours. The deadline is thirty hours to hit it. It can happen in six, seven hours, nine, ten hours. You know what I'm saying?

So, if you see something unusual, things in a beautiful way - that you need to have the experience. So many students, they studied with me like eight, nine years. It's very harder to them as a typical western minds - your belief system and my belief system, first I need to believe on you. First, I need to?

Students: Believe on us.

Swami: I don't want anything from you guys. No, your happiness is enough to me. If you know the sathya, truth, that's enough to me. If you really become strong healer helping around you - that makes me happy, with beautiful good qualities, carrying the good qualities in you -done. So, for example, in India many people had the Mother Divine darshan. How many people had the Mother Divine darshan, connected the Mother Divine? Can you stand up? Is this many people really seen Mother Divine guys?

Students: Yes.

Swami: Brahma you saw?

Brahma: Yes.

Swami: How many times?

Brahma: Twice.

Swami: You receive anything from Her?

Brahma: Yes I did.

Swami: Is it a magic?

Brahma: No, not magic.

Swami: Jonathan?

Jonathan: It's divine.

Swami: You received anything?

Jonathan: Yes, a lime.

Swami: A lime?

Jonathan: Small fruit.

Swami: What you did with that?

Jonathan: I ate it.

Swami: How did it taste?

Jonathan: Wonderful, every taste, one after the other, after the other, in succession, each one of them more tasty and more amazing fragrance than any more normal taste.

Swami: So how you call it's a lime?

Jonathan: It looked like a lime. And before I ate it, I smelled it, and it smelled like a lime.

Swami: Ok. Lucky guys, sit. See this guy Jonathan, he worked with me almost eight, nine years then after four, five years after, he really did, he really convinced me and I really convinced, after a certain layer step later - take off. Yes, still the channels is accessible, you really can connect. You really can talk. You really can receive. I'm not joking. I'm not joking. Something brought me here to LA. Try to use in a proper way to your Swami's attention, and his feelings, his energy... only I care your discipline. So, this is most important thing you should do in your life I recommend. If your heart is saying no, you can drop it. Still I love you. God's loves you. There's no law you have to do that. If you're interested, try... thirty minutes spending on the meditation is not a big problem. Ok?

Students: Yes.

Swami: One, another thing, everybody need to promise to me, that's what I need from you guys is a Guru Dakshina, as a deal. At least one month for a couple hours, you need to go to, in the hospitals, or old age homes or orphan homes - spend some time with them. Do some

volunteer service - go to old age home, bring some bread and some fruits. Go to hospital take some flowers and some fruits. Minimum in a month, go for two hours. If you go every Sunday, go for two hours, I really love you. You see the happiness in their face. Make them happy. Understand? Who was really dying, who is really in the hospital almost going to die, just they need love. If you started visiting weekly, two hours, then the next week they're waiting for you. Once if they see you, "Hey Philip you came! Thank you!" Again next week he's waiting, he's counting the days, "When you coming back?" Never knows when you'll be, one day in the position. You've seen the earthquakes, the thousands of people gone. If you're born as a human being - try to care of the human being's feelings. Try to take care their happiness. Create the happiness. You don't need to do anything just you go and talk with your open heart and your smile. That's the most important thing. Promise?

Students: Yes.

Swami: Can't hear distinctly. Promise?

Students: Yes!

Swami: Starting from when?

Students: Now.

Swami: Good. So, in the worst case anybody dies and you need to go to the graveyard, after you visit the grave, the funeral, the clothes whatever you wore, never ever wear that again. Give it to somebody else or burn it. And don't carry any metals on you, any jewelry or especially don't take your mala. Leave it in your meditation room, somewhere safe in your home. Then go. Ok? So another thing, if you miss the Full Moon diksha point, drop the process. I'm sorry. If intentionally you made love to your girlfriend or wife and she's under menses, drop the process. If by mistake you ate any chicken any meat, non-veg item, ask heartfully the forgiveness, make the candle and put some incense in your meditation room. Ask the forgiveness. Don't eat it intentionally. Accidentally if you did it, ok. In your medicine, if it's there some non-veg things, ok you can take it no problem. But don't eat the meat intentionally. Done?

Students: Done.

Swami: Good. Yes, Doug?

Doug: Sometimes the Full Moon comes between times.

Swami: Take the calendar Full Moon middle day. Can do any of the of the Full Moon time. Anytime you can do the process on that day. No permission to skip it, even in the car, in the shower - take the mala, go, chant it. You're starting tonight near the fire pit.

Philip: What if you don't have a bathtub, how do you do the Full Moon process?

Swami: In the shower, let the water flowing on you. Ok, done, so we'll start the fire puja and giving the shaktipat and I'll see you after 101 days later. When is that exactly? Ok, thank you.

Students: Thank you Swami.

End of Talk