

Swami's International Programs 2006

Laytonville, California, USA

The Yoga Nidra Divine Sleep Program

May 24, 2006



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Swami: How was your day, slept good?

Students: Yes.

Swami: Last night I really tortured isn't it? Everybody super drowsy and sleepy? I'm so impressed, you did pretty good job guys, drawing Sri Chakra. First time in my experience like six, seven hours non-stop pretty good working.

Students: Thank you Swami.

Swami: So what you got the feedback last night, yesterday from the talk?

Students: Beautiful.

Swami: What you really understand? You understand it? What? It was very deep, heavy to you?

Brahma: The energy was very heavy for me Swami. But it was very good.

Swami: That information makes you automatically sleepy, I'm serious. To know who you are to understand that, automatically you go in the drowsy and sleepy and silence. That's the symptoms. You can't help it. I don't want to go too details, just I want to awaken your inner feeling abilities. I want to give the process that, after that we'll go to the Dattatreya, we'll do abhishek we'll lift him and put him in the Temple. Is it possible Ramakrishna?

Ramakrishna: It's possible. With his blessings it's definitely possible. We'll do it.

Swami: Then every person is receiving the shaktipat, that's the major process ends it. Jonathan, can you stand up for few minutes? I'll ask you a few questions. What is mean by Brahma Consciousness?

Jonathan: Brahma Consciousness is that quality of our soul of our deep awareness that distinguishes between who we really are, what we're really here to do, and all the more superficial levels. The Brahma Consciousness is an inner judge in one way, and it's the expression of our divine voice, our divine nature.

Swami: What's the benefits?

Jonathan: I think when our mind and soul are under the control of our Brahma Consciousness then we're capable of doing our true soul dharma in the world. And we're feeling our connection with the creative energy, the Brahma energy. I think that's also the Jesus Consciousness, that creative force when it first comes off the silence, when it's manifesting, it's still drenched in the silence and it has that link. So anything that comes under its guidance is going to be an expression of the divine in the world, in our actions.

Swami: What else?

Jonathan: It's capable of helping us to do divine works through our dreams.

Swami: Let me ask you this. I don't want to waste the time. Where is the miracle starts? If you understand that, it's done. Where is the miracles start? Yesterday I told it where all the illusions, the negative illusions, the blocks start? I talked on the Kama. Everybody should listen minimum five times the cassette. Whenever you have free time, you play it. Try to figure out what, in which way I told that. Understand? Today is the major part – where do the miracles start? Yesterday we talked about God, silence, where the miracles start? How? That's it. Then you're on the track to go on the spiritual journey. I'm asking the question.

Jonathan: Ok. I think the miracles start, I think that is the Brahma Consciousness, the movement in the silence when the silence starts to move and spill over into the form, it can take any form, it can change this form to that form. So the miracle energy is making the infinite silence move in any different way. So it's totally connected to the silence. It's right at that nada bindu. So the Brahma Consciousness also has to be very closely involved with that. On the one side is the forms, and on the other side is the infinity, the silence. So the miracle energy starts there, but I think another element of it is it's an intention of the pure God energy, the silence. It's the intention to show itself in different ways. That's also part of the miracle energy. It wants to show, it needs to show.

Swami: Then?

Jonathan: Then when it starts to express it's a message.

Swami: Let me ask you this? Is it possible to get a rattlesnake here? Ok, I'll find a way. I'm trying to explain you guys to prove certain things. I'm not here for just talking, I'm not the person like that but in

case I have to... ok. How you can pull Mother Divine? How you can pull Mother Divine? If it's a miracle explain briefly. That's a question.

Jonathan: How you can pull Mother Divine?

Swami: How you can manifest Mother Divine? Like Vishvamitra, he manifested Gayatri, he wrote Gayatri prayer isn't it?

Jonathan: I think he got, and we can get so close in the nada bindu in the Sri Chakra when we're at that doorway, that's Her, She is the whole Sri Chakra, she is the whole creation. When we make it back to the point we're on the one side is creation, other side is the Silence then we can manifest Her. We can manifest Her right there. She is that. That's the miracle of creating anything - everything is that. Everything is an expression of Her. All the miracles are some degree of Her. But to manifest Her in the form just means, I think, a very clear Brahma Consciousness ability at the nada bindu point to hold that thought, to hold that intention for the Mother to come in a form.

Swami: They don't know about nada bindu. Just yesterday they drew the Sri Chakra - too much unnecessarily, too much subject.

Student: No.

Swami: No, I went the extended. It's not that necessary, it's a part of necessary but that last night talk to who meditated fifteen years, to them it's like jewelry to programming. Of course guys, you're pretty smart, but I don't want to make you confused. Quickly. How many years you studied with me?

Jonathan: Almost ten years.

Swami: How many years back you connected something deep?

Jonathan: About five years ago.

Swami: You connected what...

Jonathan: Mother Divine.

Swami: Five years ago, it means you worked with me four years. Why I worked for four years instead of giving in four months?

Jonathan: I think, so I would be prepared to hold that energy, not just have an experience and have it dissolve back in nature, that I could digest it and hold it in my soul.

Swami: So still you have that?

Jonathan: Yes.

Swami: You still have that? You still remember that experience?

Jonathan: Absolutely.

Swami: You still can have that experience whenever you want it?

Jonathan: That energy is running. Can I pull Her whenever I want, not yet? Not like that, that's why I'm here.

Swami: God. Few points you have to really important to understand. If I promise, "Ok guys, I'm going to give the water to you. You're thirsty. I'm going to give the water." In spiritual divine law standard, if I release the information I'm going to give the water to you, a lot of disturbances will come to make you not get that. You know what I'm saying? *Ma Ya*. That's why in Sri Chakra *ya ma tha ra ja bha na sa la*

gam - *yama*, *maya*. *Yama* means death; *maya* means birth. In Sri Chakra the petals *maya* means birth; *yama* means death. Just in Sanskrit on the days they created *maya* illusion. So never ever expect Swami's going to give a water. You're thirsty I know it. My dharma is to fulfill your thirsty. Is there any law to fulfill your thirsty only with water, Ramakrishna?

Ramakrishna: No.

Swami: Why?

Ramakrishna: Because there's a lot of things that will quench your thirst.

Swami: So the divine experiences don't have stick idea only, "This is," or you only, "Want that." That's *maya*, it turns like a *yama*. You're in trouble - I'm in trouble. You're in?

Students: Trouble.

Swami: I'm in?

Students: Trouble.

Swami: It won't give me trouble. Why I intentionally cancelled several programs with people, I know they're expecting something. I prepared something to give them. In the moment I'm very happy to giving a talk. Never knows what calls I receive, "Get back to India!" I have to get back. Whenever I come I beg Baba, "You take care." Sometimes he gives up, "You take care." One time I'm going to Japan, I check in all my luggage. In Singapore there's six hours layover. I'm flying in Business Class. I'm extremely tired. I don't have time to go in the lounge to relax there. I put my towel in the airport near the gate and I'm sleeping with it. Who is the translator from India, he

came from Calcutta. He joined in Singapore. He said, "Swami are you relaxing?" "Yes, all luggage went to Japan." He called to Japan, "Swami's here. He's already in Singapore. In a few hours we'll be there." The boarding started. I got a phone call, "You have to be in India Swami." At the time Anya, Cyndria and me and this Indian translator, we're all flying to Japan. Simply I said, "I'm sorry, I have to go back to India guys." "Why?" Maha Maya. Maha?

Students: Maya.

Swami: So simply I wrote a letter to the Japanese to apologizing to them and understanding. They didn't understand for a while, later on they understood. Then I purchased new ticket and landed in India. All Japanese are waiting at the airport with a garland. That guy, he doesn't have guts to tell them Swami's not coming. He already promised them, "He's on the way. Simply he went." They're all with garlands, hundreds of people, "Where is Swami?" "He didn't come." Feelings really down. You know what I'm saying?

Then later on those guys really took off. I took different angle, like super fast track. They came several times to India, Hampi, and I gave certain offerings. I didn't explain at the time certain things to them why I'm doing that, just I gave the results. Then later on they understood.

So, especially the mechanism happening, you have to simply quiet and calm, peacefully following it. Whenever you're stuck with any strings - that's a danger. Leave it to me and leave it to your soul. Whatever is going to happen - let it happen then it really helps. Really?

Students: Helps.

Swami: In your life two things you need to reach. You have to lead your life first happy. You have to make people around you happy. That happiness is the only true bliss. True bliss means to understand the true bliss energy mechanisms. Period. Last night whatever I made

you to chant the Sri Chakra, that's done. Your soul is totally committed with Mother. That's pretty take off.

Second thing, is now with having the shaktipat to your third-eye, touching the Datta statue, you don't need to receive shaktipat from me. Wash him. Just you spend with him, you touch have the shaktipat. We'll see what big transmissions, what big openings will happen. The same time I want to give a new formula to develop the healing abilities in you whenever I come next time here. It's not any diksha connected to this, there's not too much difficulties. I hope you can do this.

Students: Yes.

Swami: How many people are coming to India to this Guru Purnima guys? What the important thing is... I worked with the Germans, one group of seventy-three people. I visited Germany fifteen times. I worked with one group like four sessions. First session they're a little completely crazy. Second time I'm crazy. With their craziness I said, "No." Third time we came one good understanding. Fourth time they came to India. They really learned certain levels. They gave a birth to a Shiva Lingam on Shiva Ratri Day – each person. Generally I use to give the birth, I made them to give the birth. After they given the birth, each person on the marbles (marble floor), the water is there, they're little bit flying and breaking their bones, fall off. After they're giving it, the Shiva lingam is going like a bullet. You should really talk those guys. That's... I never ever seen such a great experience in the Student's Kingdom!

Before that, they connected Mother Divine they had communications. Now that group, to this Guru Purnima, they have to go in the mountain, cut the huge tree, bring it, carve it as a big cross, put it in the ashram somewhere - that seventy-three people need to hold it. They have the formula. They have to make the Big Boss to bleed it. That's their job. I don't know what they're going to make it bleed. It's not my job; they choose it. I put a strict boundary to them and to me that they should not tell me anything until they show me they did it. No permission to be with me. I'm a small little maya, "Oh, you're doing this?" It means I already know your formula. There's a chance it can cut off, so why I should know that? So even now, after you have the shaktipat with him, what you're going to have the

experience... on the spot, tonight, in two hours, what changes is coming in you. You need to see it. You know what I'm saying? Like if you got confused, don't stay in confusion. Leave it. You got little bit over exhausted with this information. Leave it. Don't worry. It's too much to you. You don't need to do forcibly but you have to do happily. You don't need to do?

Students: Forcely.

Swami: But you have to do?

Students: Happily.

Swami: Have to do happily. When I seen this guy Brahma, I gave the name Brahma to him, he's a tough character in my life. He came and I'm near my fire pit. Do you remember? He has some problems. I looked in his eyes... the graph is really falling off. What to do? How many ceremonies you did?

Brahma: Several, and we did one special fire puja before I went back when I was sick.

Swami: And something recovered?

Brahma: And then I had cancer and I completely recovered.

Swami: It's completely gone?

Brahma: Yea, they haven't found anything.

Swami: That's needed. That's needed. I didn't promise him he'll get healed, but I did my job - I left it then see the results. So that you need, guys. You do abhishek to Datta today. You leave it open what

it brings in you. You know what I'm saying? So, write down the prayer.

There's a chance I'll visit here in October just only Laytonville. So, there's a chance. Don't miss that chance. I told about with Germans, first they drive me crazy, then I drive them crazy, we came one understanding, and finally one climax happened. So, the divine whenever wants to give you a stroke and a beautiful punch, it finds it's own way. It takes time... sometimes it's faster, sometimes it takes years but I seen last night with the different people, with a few people I can really punch it. They're ready. Few souls is a little off the graph - no problem, let it go smooth and gentle can take off. No hurry in it. Is anybody really with big expectation like that, like that? Hello?

Students: No.

Swami: Be honest?

Student: Yes, a little because the process we started in November here, we've been working really hard and following and pulling you back, with God's grace, however it plays out.

Swami: If you answer to me, then whatever you want I'm happy to give.

Student: Flowers.

Swami: Ok, I'll give another story. In a village there's a king. He didn't have children for twenty-five, thirty years. Finally he had a kid. Whole villagers super happy the king had a beautiful kid. Everybody's bringing some flowers and stuff to see the baby and to congrates the king. One old lady, she's going to the king's baby, she brought a milk. She took the milk from the cow, she put it on her head, she closed it with a plate, she carried to the forest to the king's palace. There is an eagle caught the cobra. It's going on in the forest. When she's carrying that milk pot a little wind came and the plate

little moved. The eagle squeezed the cobra and the poison from the cobra drop fell in the milk. She doesn't know that. She went to the king's kid. Everybody's brought many, many gifts, dolls, this, that, only she's the lady to bring the milk. The king got super thrilled, she super touched his heart. Then they made the kid drink the milk. The baby died. Then whole kingdom is upset. Then they found it's poison milk. The king is super upset he wants to give punishment to the lady. According to the divine court, who is punishable there? Give me answer?

(Different answers: Wind, Maha Maya, the lady, no one)

Swami: Doug?

Doug: The king.

Swami: The king's responsible?

Doug: He's the one who gave the milk to the child.

Swami: If you gave anything to me I should suspect you? Generally I drink it. I'm not a king... just hey, he's a beautiful friend to me just I drink it.

Doug: But the baby doesn't have any choice whether to drink it or not. Whatever it's given it has to drink.

Swami: You know the answer?

Student: Baby?

Swami: No.

Student: The king, because he didn't hire a taster?

Swami: Tell me when I come next time, ok, write down the prayer:

Om hreem ram dheem
 shiva shakti
 atma shakti
 yoga shakti
 raksha raksha rakshamam

108x a day (one mala a day), 41 days 3 times = 123 days. Every Full Moon and New Moon have to do this prayer in the water. (*Bathtub or shower.*) Amazing relief to washing all the crazy blocks, and karmas... You can give this to anybody.

Highly recommendable at least one Full Moon, or New Moon timings, all your group gathering coming to this Datta Temple with the milk, or honey, or rosewater, coconut water or plain water – do abhishek to Datta statue. Take that liquid back with you and every day use that and give to lot of family members to give it. It's the most healing thing. But you have to come here and wash it with your hands. For example, you bring couple liters of rosewater. You're chanting and you're washing him ten minutes. Then you take that rosewater back with you to take shower and share with your family. Like what we do in India to the Baba, doing abhishek. Is everybody so far away from here to come to this place?

Students: Some, yes.

Swami: You can do it in the Shiva Cave in India. You can go in Dwarkamai and do it there. If you're here, once a month to come here it's not a big deal. You know what I'm saying? Not a big deal.

You can eat whatever you want, drink whatever you want, but don't get addicted for crazy stuff. You have no permission to hurt to each other when you're doing this process. This process is completely

making your soul very strong. So hun-un, you should not hurt your friends, your kids, anyone, especially in the relationships. It comes back in a very worst way then you have to pay back with interest ten times easily. I'm telling you once if you keep doing this, in your sleep you feel such a great silence. You feel like a mother's love, like you really hugged the mother, like you're such a beautiful kid and sometimes you feel like you're in the womb of mother. You don't know anything just you're quiet. You wake up you don't remember where you are.

This morning I woke up I felt I'm in Penukonda. Generally in the morning when I wake up I call Chitti, my secretary guy. When I woke up today it took me thirty seconds to figure out where I am. I'm serious. So it's the first time in my life, that's interesting why I started the process with you guys. Before I came here the statue was here, that's very interesting. It came from India, some lady bought for a process to her house she put it here. I looked, I asked her, "Hey, can we put it in the temple?" She said, "Yes." It took to her, almost how long it took you Christin?

Christin: It took one and a half years to get it here.

Swami: One and a half years back she ordered, just it arrived before I came. That's something different. So you're doing abhishek to the statue, reciting this prayer, use the milk, use the plain water... each person try to put several liters of the water to wash him, clean it. Break the coconut, light the camphor... can't you get the big cucumber in case Clint?

Clint: We can get a watermelon.

Swami: Good.

End of Talk