

Swami's International Programs 2006
Laytonville, California, USA
The Yoga Nidra Divine Sleep Program
Brahma Consciousness & Yoga Nidra Processes
May 23, 2006



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Clint: So welcome to the Divine Lineage Temple and this beautiful visit by Sri Kaleshwara from Penukonda. We're really in for blessing and more on our path towards enlightenment in this life in order to serve, help more in our lives. Swami is in the next room here. His attention is on us already really strongly. He's asked us to begin with a couple of things to get our energy settled down and melting together, our collective attention.

Everybody here is either in the Brahma Consciousness or Atma Lingam group, is that correct? Anybody not in one of those two groups except for those helping out with seva? Ok. Swami wanted both groups to be here at the same time and I think many of you also signed up for special puja with Swami: a Durga puja, or Ganesh puja, or a Shakti puja, or a Parashakti puja. How many signed up for one of those? Swami would like to do those special pujas later today. They're special kind of attention from him.

Swami: Good afternoon guys. How is your day? Good. Is everybody ready for your process?

Students: Absolutely!

Swami: Good. Before we start can everybody chant nine times Omkara, five times Guru Mantra.

Everyone chants the mantras for Swami

Swami: Welcome my Dear Divine Souls. Today is the most auspicious day. I can't believe it on myself what made me to come here. I can say strongly two reasons, one is your discipline and second thing is his order from Baba, "Go and take care." I'm here. Last time when I'm here I really thought I was going to LA and giving a talk. Didn't happen. Many people have big confusion and counting on me - how loyal and truthful the guru should be? The guru should be loyal, Clint?

Clint: Well the guru is always loyal he's the most loyal.

Swami: I am loyal but from beginning I always say... today the major concept is Brahma Consciousness. So Brahma Consciousness means the beginning point is Guru Brahma, Guru Vishnu, Guru Devo Maheswaraha, Guru sakshat Parabrahmaham. So how the guru actions and his behaviors, how the sadhguru character, you need to understand.

Guru is always a mirror to your actions to your reactions. Whatever is in you, again he will show back; he's a mirror. If you started to making confusion on yourself, doubting on yourself, and doubting on the process and doubting on the master, doubting on everything, that doubt, that's the worst disease you can receive in your life to the soul – the suspicious skepticism. That's why in the ancient days majority everywhere is the Brahma Consciousness. It took to them years, lifetimes to them to reach the enlightenment stages. Nowadays the clock, the time is really moving in a beautiful way. Once if we surrender, if we done whatever the satguru whatever the formula you received, you'll reach it.

Many people have the big question mark, "What does it mean by enlightenment Swami? What does it mean by Satchitananda? What does it mean by bliss?" Do you think Shirdi Baba is in the bliss when he was alive, Clint?

Clint: Yes.

Swami: What type of bliss?

Clint: Soul bliss.

Swami: You think your Swami's bliss?

Clint: Yes.

Swami: Which type of bliss?

Clint: Soul bliss.

Swami: What do you mean by soul bliss? We have lot of time guys. We're going into the subject.

Clint: You know why you're here. You're doing your dharma. You know why you came and you are here for exactly that reason. So even when the surface has painful or irritating or difficult things, you're not attaching to that and believing in that. You're still knowing something is more true than that why you're here. So that bliss never goes away... the bliss of who you are and why you came.

Swami: Why I came here Jonathan?

Jonathan: To lift up the souls, to create masters, to do the divine work of the Guru Parampara, to change the world.

Swami: Why I should do it?

Jonathan: It's the divine will; it needs to be done. Souls are yearning, the Earth is suffering, it's time - it's a big plan. You're playing your role we're playing ours.

Swami: Say that again.

Jonathan: You're playing your role and we're playing our role.

Swami: What I'm playing my role exactly? Confusing the students?

Jonathan: Confusing them into clarity, yes. Confusing all the parts that are not available, surrendered, open, clear, ready, focused. Confusing all of that so finally we give up finally on that level and just let it come in.

Swami: Is it really possible especially in the Western countries, your livelihoods, to really give up everything? We'll talk on practical way. Is it possible, Gary?

Gary: To give up everything? Yes.

Swami: Possible?

Gary: Yes.

Swami: That's interesting. Is it true Clint?

Clint: Yes it is true with grace, but only with a lot of help.

Swami: It's not possible. What do you need to give up Ramakrishna?

Ramakrishna: Your blocks.

Swami: Like what?

Ramakrishna: Our personal blocks like egoism, jealousy, anger, pride those type of things.

Swami: How much I have egoism?

Ramakrishna: You have a little of egoism.

Swami: What is that?

Ramakrishna: It's a part of enjoying the nature of the creation.

Swami: Give me an example. Hey I love to hear. I'll explain my egoism. I'm a tough character I agree. I'm a tough character in certain angles it's needs though.

Ramakrishna: I don't think it's an unhealthy egoism.

Swami: Be honest - tell true.

Ramakrishna: I'm telling the truth. There's an egoism that's one part necessary to have, a certain fragrance in this life to enjoy one part of your own being, your own self, your own beauty, what's in you, what you're sharing.

Swami: You're not giving example.

Ramakrishna: For example, you're always dressed so beautifully with a beautiful scarf, beautiful perfume... very dazzling energy.

Swami: You think I have perfume? That's the life? No. Somebody gives a presentation, "Swami, this is perfume," ok. Hun-un.

Ramakrishna: Well, for example, I don't know if this is egoism, but sometimes you'll sit there and start putting on all your rings.

Swami: That's called egoism?

Ramakrishna: I don't know. Egoism means one part enjoying yourself, focusing on yourself, isn't it?

Swami: hun-un. There's a depth definition there. Monika L.?

Monika L.: Well, sometimes you have to behave in a certain way. Like if you have a really proud character, a big ego character, you have to become like that in order for you to take care of them. So you have to take on that quality of that personality. I don't think you are that way I think it's just behavior.

Swami: So if you give up the jealousy and the egoism, then you'll get the Brahma Consciousness, Ramakrishna?

Ramakrishna: Yes, I think that starts to grow automatically. When you don't give your energy and your attention and focus to your blocks, then something else starts to blossom, to bloom there.

Swami: In this planet there's only one soul, there's no illusions can touch that soul - that is Brahma. He's the Brahmajnana; he's the wisdom on the Consciousness. There is no tricks in front of him. There's no play games in front of him. He's one hundred percent crystal clear lotus leaf. He's having the Saraswati massaging his feet. Saraswati, according to the Indian tradition and philosophy, it's true she's the prostitute. Why is that? He kept a prostitute near his feet. She's giving massage. And why he's having three heads? He's not the Dattatreya he's the Brahma. He's having three heads. What is the inner mechanism? Every person in your soul there are three characters: sattva, tamo, rajo - three characters, three gunas.

When your childhood character, your young youth until you got old, that's one character. When you really got old - another character, when you're in the middle stage, in tamo guna - all guna's is playing there. You really want to be rajasic sometimes;

sometimes you're very quiet, calm. If you really can handle the three gunas... what do we mean by sattva guna, Clint?

Clint: Peace, lack of lot of disturbance, lack of a lot of action... still a little action. It's an inward, pure focus on God, turning the attention to God.

Swami: Tamo?

Clint: It appears intoxicated, sometimes unstable, can be sleepy. Can be non-active but in a destructive way, a way that doesn't seem to be creating anything.

Swami: Rajasic?

Clint: Active, creating, beginning things, making things, putting things in the world, pushing energy outward and also learning, growing.

Swami: Which character is very powerful to destroy a person?

Clint: Well, if any of them are completely out of balance, and the others you don't have any, then I would say that would not be stable, and you could be destroyed by that. If you're too active there's no peace. If you're too tamasic, if you're intoxicated, if you're too lethargic, too destructive or sattvic, I don't think you can be too sattvic focusing just on God. So I would say tamo would be the worst to be out of balance but rajasic cannot be good in the long run - to be too rajasic.

Swami: What's the seed of all the blocks: jealousy, anger, left out, frustration?

Students: Fear.

Swami: No.

Students: Desires?

Swami: No.

Students: Self doubt?

Swami: No.

Swami: Kama - not karma - Kama. Whole thing is linked with Kama. The Kama is responsible for your destroying and for your success to get enlightenment, or to be in the terrible heartbreak, disturbances. You can see any *Puranas*, any stories Brahma is not involved with any character. He kept a big prostitute, amazing beauty woman of the planet, she's massaging. He never, ever looked, even he had three heads and several eyes; he never, ever looked at her. We'll go why is the inner mechanism.

Kama, yes it's important, necessary to be to be involved, to know yourself Kama is a must. I know the many gurus, maharshis, yogis, swamis, babas - they talk to be celibate. If you're under celibate you're doing a big crime, you're under a soul crime. If you don't have any feelings, that's different you're ok, you're protected. If you have the feelings, you have a beautiful wife and a great saint gives some process to you to be celibate. Your wife took the shower, she's walking in front of you, you're chanting mantra, your eyes is blooming and just you completely got disturbed and you're sleeping. You're under the high rhythm of soul suffering. One hundred percent you have no right to make your soul to suffer – no! I'm not giving a negative prescription here to do whatever you want. I'm saying here, to be in a healthy, pure relationship, healthy, pure soul connection, healthy pure Kama energy. Not unhealthy keep jump, jump jump...

Number one, who really handles your Kama energy crazy way, it's very hard to lift them into the Brahma Consciousness. They're really as a beautiful rose flower with all the petals fallen off. You handle your Kama chakra crazy way. Kama chakra is in pieces you don't know the reality in it.

Number two, to make it again to refix it, again you need to use your Trineytra chakra, that Shiva energy third-eye to really focus whoever you completely been in your life graph, asking him to destroy all the karmas to lift it, to making one hundred percent commitment with your soul that you'll do in a proper way in your life. Then you started to feel the beginning stage of the bliss. In the Brahma Consciousness that is the Stage One.

For example, if we took the Param paramapara, Shiva character - he's the amazing most powerful guy. Whenever they're doing the amrutha process in the churning of the ocean, he saw the Krishna turn as a female and distributing to the rakshasa one side, and to

the devatas one side. Krishna is dancing, he's putting the immortal nectar to all the devatas on the one side. To one side he's giving the soma. It looks like amrutha but it's not, all devatas are drinking. Shiva got super over tempted. Even to him just he went, "Forget it," and he jumped out. How is it possible a male person turns as a female? Some channels are there.

Then Shiva made love with Krishna and they produced a baby Ayappa. If you see that baby, Ayappa, in India, it's the big deal. Millions of people are followers of Ayappa. Then Krishna, back from as a female to a male, he's screaming on Shiva, "How dare you. I'm on the duty of the consciousness. Just you destroyed me and then you made me to have this baby. I don't want to carry this baby to Vaikuntha. My wife will kill me! Even Shiva has no daresness to take that baby to Kailasa - Parvati will kill it. These two guys have huge arguing what to do. Then they dropped the baby in the forest. Then the saints they protected it, and another king who didn't have children took it. Why I'm saying this, the Shiva, the Parampara, the beginning seed of this Pancha Bhutas, on the Five Element's commander, he agreed he accepted it... to be in the Kama, not to be able to win the Kama, that's a first big failure, his big minus mark.

Vishvamitra lost his Brahma Consciousness through the Kama chakra then you come to another Parabrahma character, Vishvamitra, who really found the Gayatri mantra, who really discovered and wrote the Gayatri mantra. He did a thousand years meditation non-stop then some devatas, they wanted to test his capabilities. They sent a beautiful woman dancing. A certain stage, yes, yes, yes yes, he's ok. At certain point he opened his eyes, he lost his Consciousness. He lost the Consciousness means there's no more Brahma Consciousness there. He did the mistake - he lost one thousand year's power.

Then he's suppose to visit to the heaven with all devatas, to the holy saints, to the holy divine people. They didn't allow him. "When you were on the diksha, you did the mistake, you're not eligible." Then he's frustrated, he screamed on Krishna and Shiva, "How much you're reliable? Even I lost Brahma Consciousness." Then he's super mad on all three murtas, Brahma, Vishnu, Maheshwara, "Ok, is really the female is the problematic in the globe? No." Then he came back again and started meditating. Then he found Gayatri mantra. He created a Gayatri, Mother Divine. He manifested Gayatri, a new female character as a

mother, then he released - that Gayatri as equal to four *Vedas*. Then he created a new heaven, his own heaven. Then all the devatas, everybody came and begged him, "Yes, you're right, it's not a mistake but then they came to what we're going to discuss the subject – the Consciousness on the Brahma.

Coming days in the future, all the Yugas, how to handle the Brahma Consciousness in each soul? Who handles that Brahma Consciousness in a proper way, they can be deep bliss, the really Bramhananda, Chinmayananda forever, rest of their life. How to handle that Kama energy to be connecting all the time in the Consciousness? The story begins with the Vishvamitra, all the maharshis, sapta rishis with trimurtas. The Brahma never, ever interferes with any female character. He knows how to use his own energy to make it in the creation, one part. That's only person, he knows in the globe. But vaguely he gave the description on it. Then the Vishnu and Shiva, they received it and they transferred it to the Rishis. Then the Rishis, it came to the Lineage. So, the Brahma Consciousness Process is the most interesting, most powerful you need to learn. You clear here? Many people, this is new subject... who's Brahma, who's Shiva, what is this? Any questions?

Ramakrishna: Can you repeat one more time how it came down?

Swami: Whenever the Brahma is giving, how he really handled it, and the Vishnu and Shiva they're listening to it and they transferred it to the Saptarishis. Vishnu means Krishna. Even Krishna he tried to handle it in this Kali Yuga – hun-un didn't succeed. He got success one part, but didn't get success. Why he did not succeed? The major the blocks, some people have huge addiction to something. Some people have addiction with super anger, some terribly confused, some people they always feel they're heartbroken, that pain. Where is the pain is coming from? That's not your pain, that's illusion, that's a cloud, that's a joke. If you're feeling you have the huge pain, that's a joke.

I went in Austin to a person. His name is beautiful name. He's pretty successful guy, amazingly successful. I gave interview to him. I said, "Please what can I help you?" He gave the list. Then I asked, "What is your problem?" Then again he's making the bullet points of his problems. "Good." After few minutes later again I asked, "What is your problem?" He told one problem. Again after a few minutes later I asked, "What is his problem?" He said, "I

don't have any problem." I'm serious, he say, "I don't have any problem." Beginning of the interview he hates himself. He's super guilty, terribly heartbroken, but has tons of wealth with thousands of people working under him. Then it keeps coming, coming, coming, "There's no problem."

You really don't have any problem guys. You only have one problem, what is that?

Student: Attachment.

Swami: If I really don't have attachment to Laytonville I wouldn't be here.

Student: Separation from the divine.

Swami: You won't be separated forever and ever. There's one problem what it is? If you know the problem, done. Ramakrishna?

Ramakrishna: I'm thinking Swami.

Swami: I'm giving two minutes, deeply think. There's only one problem. There's nothing else you have problem. Alx?

Alx: Only thing I'm thinking is misusing the Brahma Consciousness.

Swami: No. Yes, Ramakrishna?

Ramakrishna: That we think we have a problem?

Swami: Hun-un.

(Other answers that were thrown out: lack of faith, suffering, fear, love, inability to surrender.)

Clint: I was thinking lack of surrender too.

Swami: You don't know where you came from. If you really know where you came from, done. It's done. Then you're amazingly healthy, soul wealthy one part very crystal clear, I know where I'm from. Not Penukonda, Shirdi Baba is not from Shirdi, hun-un. Where are you from? Where you started? Today that is the subject in the Brahma Consciousness.

Ramana Maharshi in Arunachela, when he's thirty-two, thirty-three years old, he's meditating in the mountain in Arunagiri. Some little strange characters on the way, they're going to Tirupati to Lord Venkateshwara. They heard there's a young saint having a small tiny cloth in the rocks - he's meditating. It's late, early morning hours. Ramana Maharshi is sleeping on the rocks. Two male characters and two female characters they're very interesting souls. They visited him. He's in the deep, deep in the Brahma Consciousness sleeping. It's called Yoga Nidra. Every soul in the planet, you need a nine days you sleep the Yoga Nidra without your notice - that's a standard law. I'll give the symptoms how to discover that.

He's in the gigantic Yoga Nidra. He has the little thread, the cloth, he's sleeping... The gents, they saw him, he's in the Yoga Nidra they got little impressed. They sat little distance from him and started meditating. Two ladies, they want to meditate too. They sat near to him. He's meditating. After they saw his body ninety-eight percent naked, the early morning hours the ladies energy - crazy! They also sat, meditating near him.

The deep Brahma Consciousness person got shocked. He awoke. Then he looked at the two women, "Yes, sisters"... stole that energy - he turned as a female. I'm serious. He turned as a female. Then the two ladies that really opened their heart, they really want to know the mechanism. They live with him for twenty-seven years in the mountain around him... they want to know the mechanism. The two gents, they also got shocked. They know certain angles it's possible. They left the two ladies instead. You read the Ramana Maharshi story yesterday. There are the two disciples, lady disciples at the time hanging around taking care of things. Even the Lord Krishna turned as a female. Any miracles happening, a dead person to make alive, some amazing healings is happening, any heartbreak you can heal it through the Brahma Consciousness.

Another thing, Ramana Maharshi when he's in a hut feeding the monkeys, a lady monkey jumped on him... that's illusion... and grabbed his cloth and ran away. Read the story. He's begging, "Please, that is my only property, that's only my asset, give it." At the time nobody is there. The monkey is little bit angry, frustrated. Then Ramana Maharshi wants to know why, what is this? Then he sat under the mango tree. He went in the deep... he don't care,

he don't care, just meditating. A powerful mango fell off on his head. I'm serious. Pretty good he got wounded, not crazy way but pretty good. Still it's a punch, testing is a punch. He's meditating. He received a message, he always wants to know where he came from, after we die where are we going? Completely be a detached person, that's his majority philosophy. He's trying but it's not happening. To the tiny cloth, he wanted that. Why he wanted the tiny cloth Gary?

Gary: Cause he wanted something in his life. There's one thing he still wanted, to be protected.

Swami: Not to himself, he wanted to protect to everybody. The cloth can make it that he thought it.

Gary: He wanted to take care of them?

Swami: Yes, he wanted to take care of some crazy Kama woman whatever is hanging around. That's only his property. Ramana Maharshi took Shiva channel to connect Brahma Consciousness. What he took diksha for 41 days, once he has one cloth no permission to change. Once he lost the cloth that's it. The monkey jumped, took the cloth again he got that. Then he discovered through the Shiva channels another what he discovered. Shiva also, is also having tiny cloth, tiger skin and sitting in the graveyard. The most terrible smell - dead bodies is burning, with his begging bowl kapala, the skull, he goes in the village with the different form, he begged the food in kapala. The kapala turned as a big coconut (bowl). He comes back in the graveyard again turns kapala the food. Only he has permission to eat two bites - only has permission to take two bites, even to Shiva he only has the permission to eat two bites.

He wants to discover the Brahma Consciousness. That's his goal. Even our Big Boss, one hundred percent Shiva, one hundred percent? Shiva. He goes to the village with the begging bowl. That's not the begging bowl, hun-un. He's taking the skull to feed it, to eating from the skull, maybe there's a chance you can get the Brahma Consciousness, that's a tough point, to be really in Chinmayananda, he's taking the skull. That's the inner mechanism. Using the skull to going the... Why he needs to use the skull? That's because he wants to know the Brahma Consciousness. The Brahma Consciousness is clearly linked with the Sri Chakra.

Finally Shiva in the graveyard, he did, did, did, did several millions of years, some Yugas - can't able to discover. Dead bodies is coming, burning, happening, it's routine process - birth and death keeps happening. He's giving back... it's the same soul and then again he's throwing to Brahma. Then he's (Brahma) fixing everything. Then he (Shiva) needs to know how he's fixing it. Do you know what I'm saying? He needs to know how he's really fixing it, how he's really generating it. How the creation is happening, he needs to know. One part he only knows the destroying thing, he don't know the creative. The Brahma Consciousness is based with linked with the Creation where is the Creation happening.

Then he got fed up, he really got frustrated then he turned as a Nataraja. He started dancing in the graveyard with the huge to decharge. He's dancing on the grave on the ash - the whole earth element is shaking. All Devatas, everybody begged to his wife, "Please, can you go and take care of him? He's really going to, you have to stop him!" She went. He has huge protection circles. She wants to get inside. Hun-un, it's not happening. Then she turned completely to his eyes as the most beauty. He looked at her. He used his third-eye to burn her - third-eye is huge fire, "Get out. No more illusion, no more..." He just wants to know the creation. That fire didn't touch her. He knows he can burn anything in the planet. He can burn Krishna, he can burn even to Brahma, any rakshasas, any asuras, anything. That's his... that third-eye he received from Mother, the third-eye he received from Her.

What we're talking about here, to the Creation point, is the female important or the male is important? That's the subject, if you want to create something - who's important?

Students: Both.

Swami: Wait, we'll see. Then it's not happening. He danced, danced, he got tired, super tired. Then he sat on one dead body, he took his skull then he started to eating looking at her. Then he shouted, "What you want?" Read the *Shiva Purana* it's there. I have the book three thousand years back what they wrote... amazing true, story. "What do you want?" "Can I just come to you, sit near to you?" He gave little entry to her, "Come in." She came, she sat near him. Minute by minute, minute by minute, he completely quieted down. Then he asked, "What do you want?" "You sure you'll give whatever I want?" "Yes, go ahead." "I want to make

love with you." She took the point. She took the point. He said, "Why do you have the desire? Look at this, in this place?" "Why not?"

They had the first Shiva-Shakti union, happened in the graveyard. Then she explained from her womb chakra to him, the whole creation is hidden in the mother's womb, "Even though you danced, you want to be everywhere in the grave, hun-un. The whole creation is in the mother's womb. That simple ash is enough I can manifest it as a sperm, can get in it can create it. A dead body ash can generate, can create it." She explained that in ash, in the process then he got quiet. Bhola Shankara means it's very easy to receive his blessings, very easy to receive his blessings, his bhola. You can't win Krishna that easy. You can't win Brahma - impossible. But you can win the Shiva very easy through his channels to get the Brahma Consciousness.

The Sri Chakra is nothing but Mother's Womb. The whole Sri Chakra is Mother's Womb. Sri Chakra... that's her place staying it. That's her place. She decides the consciousness, everything... until giving the birth that soul knows to connecting everything in the planets. Once it comes out then the illusions start. To know the Brahm Consciousness, each soul needs to go back to the Mother's womb. That's the tricky point. Each soul who came on earth needs to go back to the Mother's womb – the Real Mother's womb. How is it possible? Then they discovered a prayer, I'm talking about *Shiva Purana*, this is *Shiva Puranas*. Until to here, you have any questions?

The nine times Yoga Nidra Brahma Nidra. Another word for Yoga Nidra is Brahma Nidra. In every person in thirty days, Full Moon to Full Moon, how to discover that? From that also you can enter. How to enter into the Mother's womb? When you're sleeping you can command on your Brahma Consciousness. When you're sleeping sometimes somebody enters very close to you, you get shock and you're awake. You know what I'm saying? Like somebody is very close to you, you don't know but you wake up, like that. The same thing happened to Ramanda Maharshi in the Yoga Nidra when the two ladies were meditating - he got shocked and he awoke. Still he wants to protect his Brahma Consciousness, the Yoga Nidra. He turned as a female to them to get cut off. So the majority is linked with when we're sleeping, the most mechanism is happening. The most unbelievable mechanism is

happening - that you need to discover, that's called Jadguru Stithi Yoga Nidra Brahma Nidra.

Student: Is that every time we're sleeping?

Swami: In thirty days, nine days, a hundred percent you can't help it, even you drank, you smoked, whatever - nine days. I'll give the symptoms.

Chinello: Is it nine days in a row?

Swami: No. You got the concept? What you got the concept?

Student: In order for us to learn where we came from, we need to understand our Brahma Consciousness because underneath the Brahma Consciousness is the Sri Chakra which is the Mother's womb where all creation lives. Is that it?

Swami: Yea, but there's still more there. Paramahansa Ramakrishna, he meditated twelve years. Finally a Bhairavi Mata came. She brought him to the graveyard then she tested him. She squeezed him then she transferred the energy. Good. Then again he went to the Parashakti MahaKali. Whenever he had a darshan of MahaKali, first he looked at her at the same time, his wife is coming to give the food to him. He turned his face to look at his wife. First he said to her, "Amma." Then he turned to Her, even in front of her (wife), he started arguing with MahaKali, "You're not fair. I did fifteen, sixteen years sadhana. She never broke a coconut to you. The same time you're giving darshan. Is it fair?" Is it fair Clint?

Clint: Yes, that whole time his wife is thinking and taking care of him, so she's sharing in what he's doing. She's receiving that benefit.

Swami: Mantras... there's a few types of... sankirtana, bhajana, smarana, atma nivedhana, namaskara, archana, atma nyvedhana, sanvarshana, dasya. Dasya means slavism. You can worship nine types of to the God. That's what Baba he gave to the Lakshmibhai, the nine coins, just she take care of him. Whatever he does you get the benefit - you don't need to sit and meditate that's also one part. You're listening bhajan, talking to him to be friendly with him, and completely giving your heart, your life - Archana, doing puja worshiping to him, Dhyana - meditating on him. These are all

parts either way you can reach. He told it simple vaguely way to reach the destiny. But in this yuga, to his Parampara, my philosophy - go strong path as quick as you can. Understand? What else? Any questions?

Mutiam: If you could explain more about the cycle of the nine days.

Swami: You can test the nine days some angles but before we go to the subject I see some people little heavy. I want to make them awake and go again the journey.

Student: I don't know how confused I am. In order for me to achieve my bigger self or best self, whatever, I have to reach Brahma Consciousness and I can do that through the Mother, so through the Sri Chakra? I don't at all get the nine days.

Swami: Why I'm saying this, through the female it's very easy to win the victory. It's very easy. The male person, they take thirty years - female three years is enough. I'm really serious. It depends on how much you really concentrated.... You want to go a little walk and come back? The next step is very important thing. Need to be very sensitive corners.

Student: Can you explain what the Kama is and the karma?

Swami: Karma is your actions to your reactions whatever you did, it's reflecting back. Ravanaasura, he used the Kama energy to kidnap the Sita. The reflection is he was destroyed. He didn't use the Kama energy in a proper way. If you know the Brahma Consciousness, when you're sleeping to commanding on your soul, to respecting the womb, either females or males; either respect on yourself... you can control your Kama energy super down. You know what I'm saying?

Student: In the beginning you said it's all about Kama. This might sound stupid, but what is Kama? Is it sexuality?

Swami: Yes, the desire, you want to use it... majority it's the thought... thought fifty percent.

Student: But using it in the right way? But you said not using it is a wrong thing unless you don't have any feelings.

Jonathan: (*Interprets the student's point to Swami*) Not using the sexuality. You said before it's a crime against the soul if you have those feelings not to use it - celibacy.

Swami: You got confused I think. Ok, I'll ask you general questions guys. Any body got succeed... I know many people did many, many processes with different saints, different gurus, philosophies... to be in a celibacy... of course Jonathan been with some beautiful master to learn the levitation, I don't know, the siddhis. How much you really did?

Jonathan: Maybe twenty percent.

Swami: Twenty percent what?

Jonathan: Feeling those symptoms of lightness, floating up, but not maintaining, not staying in the air.

Swami: At the time you're really celibate?

Jonathan: Yes, many years.

Swami: Like ten years?

Jonathan: Hard to remember Swami.

Swami: To whom I have to ask? I have to ask like DNA test or ...

Jonathan: I hear they're very accurate.

Swami: Alx?

Alx: I'm so innocent.

Swami: Never, ever do soul crime? What's the deal to do unnecessarily the soul crime? Hun-un, life is short, make it sweet. Same time try to recognize that you're doing it. That's it. So you levitated?

Jonathan: No.

Swami: So anybody levitated in the group?

Jonathan: Not that I saw and I was doing it a long time.

Swami: To get levitated?

Jonathan: Yea.

Swami: If you get levitated what you do for me? What's the purpose of levitating first of all, I'm asking?

Jonathan: The purpose of levitating was to demonstrate, I think to ourselves that by an act of consciousness we could be in the akash element and not be governed by gravity. We could change our form. Just like changing water to wine. We could change this form into something so light like cotton wool and could ride on the air by an act of consciousness.

Swami: So do all that stuff you needed to levitate?

Jonathan: It was just a proof, a testing.

Swami: Without levitating still you can do that, isn't it?

Jonathan: Yea, I think so.

Swami: You'll do it. Such a crazy concepts you received guys in the different, different... Why I got really super angry, put it that way, and disappointing me, certain angles wrong information, totally wrong information, that makes me super upset. Look at our boss, read his history. Read his history. That is reality. He's Adiguru, purely Shiva, purely Shiva. Think you better have little break like ten, fifteen minutes then we'll start the depth of the consciousness, the stages.

(Talk begins after the short break.)

Swami: So, what is mean by Brahma Consciousness? What you understand Jonathan? We can't waste the time. Let's go bullet points. Lot of experience you need to go through. Still big process is pending.

Jonathan: The Brahma Consciousness is the creation intelligence. It's also a kind of discrimination whether to put the attention with the soul, with the divine, with the gurusthan or the everyday world. So it's a fulcrum point. The stronger it is, the more we can identify with the divine nature of ourselves and act out and do

that dharma in the world. So Brahma Consciousness is what wants us to live our true dharma.

Swami: Just simple abbreviation of Brahma Consciousness – you're not allowing any illusions playing on you. Done. You're not allowing any blocks damaging your heart or your mind or your soul. Done. You, means Brahma Consciousness. How to make you avoiding all the crazy stuff not attacking on you? That's the story, that's the mechanism we need to go. Another thing, how the miracles you can demonstrate, how the healing abilities you can demonstrate, how you can take care of somebody's life very easily through you to make them happy, healthy, to get enlightened. If you can able to do that, it's only possible through Brahma Consciousness.

Brahma Consciousness is always linked in the Mother's Womb. There's other abbreviation of the Mother's Womb its Sri Chakra. Every soul needs to experience in the Mother's Womb bliss. Clear? Whatever we talk, complete whole *Puranas*, it also tells whatever I explained the story. These are the five points.

Ok, let's go to the Jadguru Stithi. Jadguru Stithi in your Yoga Nidra, when you're in the deep sleep... Who's the really big sleeper here like more than fourteen hours in a day? Twelve hours? Ten hours? Eight hours? Ok, who has really hard time to take a sleep? Just I need to see that. They can't take a sleep. Clint? Why is that, lot of work?

Clint: No, I go to sleep very easily. It's just that I wake up about four hours later then I'm awake.

Swami: The Brahma Consciousness, they says, in our life ten hours sleeping means - that's the bliss. Eight, ten hours really strong sleep - that's the bliss. Remaining the timing is... whenever you're sleeping you won't feel horrible - you're gone. Whenever you wake up then you start feeling all the pain, depression, all the junk... Part of that time you're really in the bliss. How to take that and put in the normal life? That's called Yoga Nidra.

To me in my personal experience, generally the avadhut characters who are really taking lot of responsibilities, to them it's really hard to get relaxed. It's very hard to go and take sleep. Sometimes, I go like amazing sleeping like eighteen hours, twenty-three hours, thirty hours at a stretch, I have no idea. Generally I always have

idea when I'm sleeping. I'm serious. I always have idea when I'm sleeping - that you need to know. That's the key. Whenever you're sleeping you need to know - that's Brahma Consciousness. Simple. Opening the door there. Whenever you're awake, you don't need to know the pain - that's another consciousness. That's not your pain it's the life and death. You understand?

For example Ramakrishna, he wake up by 7:30, 8 a.m. then he started worrying about name and fame, money problems, how to do today. That's nice he can think on it but he cannot stick for that. To worry he cannot stick on it. Some people, the healers, like if you really know the Brahma Consciousness, if he's too much worrying, if you put a thought on him, "Let cut his worrying," then you gave a shaktipat with the pin number what I'm going to give it. Instead of his worrying for three hours, he'll only worry for three minutes, then he'll give up - it's stretching the time.

Some person, he lost the girlfriend. One guy I saw - sixteen years heartbroken! Sixteen years he drank, drank, drank, he destroyed his health, his reputation, his life, his money - he crashed. To him what do you need to do? You need to give little Brahma Consciousness Stage to him not to worrying too much - cut it to make in his consciousness to clear out.

Generally I always do the process whenever my students are taking sleep. Of course many students know that. I tell them, "Ok guys go take a sleep in the Jesus Temple." They think, "Why Swami making me to sleep in the Jesus Temple?" Some people they write like five page letters to me. I hate to read letters but I have to take care of them. It starts at the beginning, "Thank you Swami, this, this, this..." it goes... If it's really good handwriting then I can go put attention. They're writing like... it's too heavy to me. It means I don't have the time. Of course what the character when I get the letter, I know what it is the weight tells.

Whenever I receive such type of huge problems in the letters, I tell to go take a sleep in the Jesus Temple, "Meditate in the Jesus Temple I'll be there in thirty minutes. Wait." I won't be there after thirty minutes, I won't be there after nine hours - I'm serious. First fifteen minutes they're really... twenty minutes, thirty minutes thinking, "Maybe he's coming at any time." One hour later, "Ooohh." Two hours, three hours, four hours, five hours... then they give up. Then they give up, "Swami's coming. I'm expecting

an interview from him but he's not coming. What's going on? Maybe I did a mistake? Maybe he's busy? Maybe he forgot?"

But I'm checking on that guy, "Oh, how he's really doing there." Nine hours later I go, "How are you doing?" Then he says, "Yes, I'm doing fine Swami." "Something you wrote in your letter, what's that?" He lost all his... you know what I'm saying? He really lost, he don't want to talk what's really bothering him, "Well Swami you know it. I don't need to tell but some problems is ok." "Can you handle it yourself?" "Yes of course I can handle it." I go with mind step. Even in the heart he want to explain it. Already I made him to wait for nine hours. I squeezed his patience. Sometimes hundreds of people come to ashram. Only I gave interview to ten, twenty, thirty maximum. Is it true Monika L.?

Monika L.: It's true.

Swami: I never sit to hear your problem. I know your problems, I know your...it's not the real problems. Then two days, three days, four days I make them wait, "Ok, I'll talk to you." Then the person keeps waiting, waiting, waiting...then I won't talk, send him away. Then he's sitting in the flight, making the seatbelt, thinking, "I never come back to India." I'm serious. I know few characters, "I never come back to India." When he opens his personal bags the book is there. He doesn't want to read my book, "Forget about it. He promised he was going to talk but he didn't talk. I came with a lot of expectations, nothing happened. Who cares he's a healer, an avatar, whatever it is, nonsense, no. He's not stick what he promised - how come I can trust his reality?"

Of course I can understand, after two, three hours later, the flight takes off, he's getting boring, "Wait a minute, what is in his book?" He'll pull it... Very clear characters, starts reading the book. Then he starts to think, "How much am I honest on myself? How much can I blame on Swami? Is there any law he has to talk to me? Is there any agreement even if I paid couple hundred bucks to his talks and I went? Is there any law he has to talk to me? There's something wrong in me." Is true Monika L.?

Monika L.: It's true Swami.

Swami: What's true?

Monika L.: The people start to think on themselves and maybe something they did didn't bring your attention.

Swami: How many times you turned my picture? You didn't want to look to me?

Monika L.: Only just one period of time.

Swami: That's a lot. Hey, I'm not at all your enemy. If you're in trouble, what I get the benefit? If I torture you what I get? If I made you confused, what I get it? You know what I'm saying? If I hurt you what I gain it? I don't have any, any bad intention to drive you crazy. But, whenever you're driving yourself crazy then I put little more ghee on it – go burn some more, burn, no problem. If you starting to hate yourself then I make more heat there. If you hold the problem the real problem starts.

Whatever is going to happen, it will happen. You don't have any right to stop. Pretty good, once if you reach the Sadhguru, especially with the Baba energy, the Dattatreya energy, it's clear, you signed it, your soul signed it. Your children is having problems, you have problem with your boyfriend, with your wife, your health, wealth... these are all illusions. Purely? Illusions.

One person came to me before I came here. He's almost ready to die in a couple of weeks. He's amazing wealthy guy...wealthy means pretty powerful wealth. No wife, no children, super greedy character. He holds it. He got terrible disease. There's no cure for it. He came in his best car. I made him to wait. Whenever I'm taking little relaxing, taking sleep, even whoever comes I never care - that's egoism. Ok. See how... once I know his name, his face, I know how much he's open. When he's open I'm his slave. When you're not open, I'm your boss. That's a tricky point with the Datta, the consciousness. You're open, "Hey, what do you want?" When you're holding it, that's the problem starts, real problem starts. Even you hold it, you can't keep it that forever. You know what I'm saying? Accept. It.

And he came and he, "Swami please help me." Then I asked, "What do you do with all your wealth?" "I'll do whatever you say." First I said, "Donate to certain organization, charitables then come to me." He have a doubt on me, "After all I done, if you didn't take care of me, what's my position?" "Anyhow you're going to die in a few weeks, so what? Anyhow, you're going to die in a few

weeks, what's the deal?" He said, "Give me one hour Swami let me think on it." He went under my swing. He said, "One hour." He's pretty good crying himself. He came back, "I don't want to do until you really take care of me." I said, "Until you do it, I won't take care of you so what to do?" Consciousness always works with open hearts. That's the key part what I'm going to say. Guess Clint what I did?

Clint: (*Can't hear much*) You opened his heart?

Swami: Like what?

Clint: (*Can't hear clearly*) You can open people's heart through shaktipat, through miracle energy, through your presence... put your sankalpam on their heart to open and I think that's more important actually than the physical healing. So that's giving him even something more than what he asked for.

Swami: Such type of character, amazing wealth and ego character, he's going to die in a couple of weeks. How you going to handle that guy? Business guys, it means they always want to make the deals, it's a deals I told him, "Write five yes, yes, yes, yes, yes and five no, no, no, no, no - totally ten slips of paper. Put near Baba feet. Choose five papers out. If it comes out of five, three yes, I'll do it." If it comes no for three I won't do it. For three I'll do it he'll do it. He won't believe on me but he has to believe on me. That's the tricky point. He didn't believe on me but he has to believe - there's no other alternative just he's there. But his heart is really open but he win it - yes, yes, yes, yes, yes - five yes. I'm not joking. Then I checked. He wrote all ten yes's. So he's in ashram now. He's under the process meditating and recovering. So, how the Baba plays, never knows. Your experience, you met one guy, Clint. Can you talk about little bit that experience?

Clint: The leader?

Swami: Yea, the political leader.

Clint: (*Can't hear this entirely*) Well, this man... when I met him he was very, very sick. Prior to that time he had...he's very powerful man in this part of India - very, very powerful. He had very crazy life at one time. He did all his life lot of crazy things and over time came more involved with health issues. When I met him he was dying of a disease that had not been properly diagnosed yet. He

had gone to the hospital they said he had one thing then he was just getting worse and worse and worse. On the way to meet him, in the car you mentioned maybe it was something or other, you weren't really sure. You mentioned vaguely some problem might be there, which turned out to be exactly what you said. After our visit we did discover what it was exactly. I think he opened his heart or something... At one point in the beginning, he was not for you at all, turned against you.

Swami: He didn't believe in God. He's amazing wealthy guy, politician he's government politician. He don't believe in God, only he believed in hard work. That's good. And he takes his own judgments. The judgment is, if anybody is crazy he's going to shoot them. He's that type of character. He's pretty crazy. He got terrible sick. There's no treatment for it. Finally his two legs are paralyzed, he can't walk.

He invited me. I didn't go. Again he's begging, I said, "No." Third time just all everybody came, "Please." Then I took Clint, "Maybe I'm suspecting he has this type of disease... leukemia." Then I said to him, twenty minutes I talked very depth, "You done lot of crimes. You thought you're the dictator. Who gave the power to you to harm somebody? You don't have the right to harm somebody - now you're suffering." Like one year he's on the bed even his own wife one day, two days she can do service but months? He's on the bed and everything, so himself he thought he better to shoot himself. The climax moment I'm there. He said, "Swami I know I'm guilty. I did terrible things. I promise once I will recover I'll do the wonders, good karma. No matter what you say, I'll do it." By Baba grace he came up very active person, walking, doing the very good karmas. Finally he missed his promise to the Baba. He missed his promise. He has several security guards around him with the machine guns. Somebody came and shot him – gone. He's gone.

Why I'm saying this, whenever you're in helpless mood, whenever you're really, really under, you need help, you made a commitment 'do or die,' stick on the commitment. Your own energy is your enemy. You know what I'm saying? Your own energy it sucks to destroy you. For example, for a little joke you're driving your car, you're talking to your mother. If you had a little fun, joke, "Oh mom I got accident." Sometime you'll experience, you'll get accident. Your own word on yourself it will become true. Even if you did as a fun, with intention or without intention, it

means your own austerities' power your own soul will punch you. Does it make sense? That's another little tiny symptoms of Brahma Consciousness. You need to be very careful on the graph. The commitment should be 'do or die' commitment, to really have strong link and hook. Once you have the strong hook, the commitment, the illusions can never, ever touch you that easily.

You might change three girlfriends, four husbands in different, different reasons. Whenever you're getting separated, whenever you're going away - go away with both guys happy faces. If you want to separate, it doesn't work, that's your duty if you really want to separate it - to make the person to go away happy. That's the next another important law. Any relationship cut off in a beautiful way, not in a painful way. That pain, even after few months, six months later you might think it's dissolved, not any more, but still it's carrying, it'll come back and again it will grow. In different form it will go. It's coming back. Understand? Where the majority is to the heart-to-heart link. You know what I'm saying, heart-to-heart.

To me sometimes, whenever I'm tough on certain characters, I'm very tough. Generally I won't be tough but once I turn as a tough, I'm a rakshasa. I am. I am a rakshasa. Rakshasa means the tough, doesn't matter mother, father, brother or staff administration. At late night I called last night, I know one guy he's sleeping one hundred percent. I called the gate, that number. I need to talk to him in one minute. He has to run six minutes from his deep sleep. I made him to run there. What he promised when I came here, "I'll take care, don't worry. I'll be in front of the gate. I'll take care, don't worry Swami." He had great party, he had pretty good drank - he's sleeping. To make him to wake up... I don't have right to disturb his sleep but he gave his word - I have a right to disturb him. He gave a promise I have right to disturb him. Even if I didn't disturb him last night, he'll get disturbed four times more. I'm serious. He'll get disturbed four times more than my disturbances. That is Brahma Consciousness you have to pay with interest. You can't escape, period either to me or to you guys. So why is it like that Monika L.? What energy is it?

Monika L.: *(can't hear something about our inner conscience be aware of all our actions. It's the pure judge inside of us.)*

Swami: Exactly. There is a pure judge inside. Whatever your mind, your heart... you think you're doing right but your inner

consciousness try to think what you already done, what you promised it. For example, I went to one person's house for vastu to see. I got one map. The map is saying pretty good vastu - problems is terrible there. It made me curious, interested to see how the property really looks. Why unnecessarily they're facing headaches? Then I went, I saw, it's totally opposite. It's 110-120 feet northeast cut. What I got the feedback, they said that much northeast extended and lake and everything is gigantic. Two reasons - I can't blame on the map, I can't blame on who gave that, prepared to me to drawn to that. Number two, whatever they're paying with the love offering, it's a Datta energy, ok, accepting it...either I should accept it or not? I took big confusion conflict - I don't think I can help it. Period. But I have to help it. There's no real permanent solution to that. To the person, they love their property. They're ready to die on the property, whatever it is. If they're really staying there, it's pretty big danger. What I should do Clint? What is my position?

Clint: *(Can't hear but something about telling them to sell the property)*

Swami: They hate it. Everyday they're ready to put the poison to me.

Clint: *(Can't hear completely)* I understand. They get addicted to bad vastu - maybe some temporary solution. There's fixes that will work for a short period of time using supernatural energy. Can tell it will help for ten years or something like that?

Swami: How come we can give for ten years guarantee?

Clint: Well, you do that. No, the reality to find a solution if there's a terrible defect like a southwest swimming pool, but there's a way to make it fix for just a period of time because the people can't hear that they need to leave.

Swami: If you're in my position, if I say anything I'm committing a crime there. What do you really do there as a soul judge in you there?

Chinello: Sorry Swami, I don't really understand why you're committing a crime if you say something?

Swami: If I tell the truth they love it? Still I need to care their feelings.

Chinello: You told me to get rid of our place.

Swami: You're flexible. You're very flexible. I said, "You really want to stay here?" He said, "Whatever you say Swami I follow." "Move out, out from this property." Certain angles I can't compromise.

Jonathan: But because they're loving that property, because they're feelings are deeply attached, then you have to step back, you can't be strong?

Swami: Listen. She has a golden knife. She loves gold. It's cutting her throat. What I should do? If I took the knife, she hates me. If she keeps the knife, she dies.

Becca: The person is so attached to the thing, her vastu needs to change, the vastu won't change but maybe they can...

Swami: No, they're ready to die. They're ready to die with the knife but I don't want her to die with the knife. She's not feeling any pain but finally jump out. I made a truth how to add to make it. She's spiritual but not that spiritual. If she's really spiritual there's a chance I can show her mind, "Hey!"

Student: Can't you work with a situation like that? You don't want to turn her off but maybe you can work with the person to change her.

Swami: What she say, Clint?

Clint: She's saying staying engaged with this person and work with them and maybe they'll come towards you more over time, in little small steps.

Swami: No.

Clint: (*Can't hear clearly*) As a doctor, somebody comes with terminal disease and they're going to die. They can't hear that, they're completely in a different place. It sounds strange but my feeling, experiences as a doctor, if you tell them that it will make the last three weeks of their lives completely miserable. It will destroy them for the last weeks of their life. You know that situation as a doctor. You tell them everything will be ok. You

don't tell them the truth. You let them be happy for the rest of their time.

Swami: That's a different situation but this is, hun-un, hun-un, that's different, this is different.

Student: (*can't hear*) Is there a situation where you can help them heal their pain? They're not open spiritually receptive, maybe you can give them an experience what the problem is.

Swami: No, it's ok. I'll give the solution to such type of characters. Finally I fixed it. Finally I made her to move out without her knowing. Some angles I had to play Krishna lilas. Sorry. I know somebody hates me now to saying this news, is it true Monika L.?

Monika L.: It hurts Swami.

Swami: Had to get out. Same with you your lives guys when you're not following certain things. You're saying, "Swami I'm honest, I'm doing my job. I'm pretty good disciplined. I'm doing this sadhana, but you're not, you're not - I know that. You're really causing yourself more headaches and you're creating headaches around and you're coming with big headaches to the Swami and giving big headaches to him. I'm serious. So I have to take care of you but you're not coming with clean slate can take care of you in a proper way.

Somebody comes, "I did sadhana six months very strict diksha to get experience of Mother, Swami." You're not my slave. I'm not your slave - we're equal. You don't know something, I know something after you know it we're equal. You know what I'm saying? Until you know that, you need little time and patience to follow what I said it. I have any bad intentions to put you in the wrong guidance. Like several people, whatever I say, completely they're doing opposite - that's ego problem, jealousy problem in the group - there's ten people. I had one group, twelve people. I worked with them how long Clint?

Clint: Very intensely at least three years.

Swami: You think you guys all get together?

Clint: Not yet.

Swami: Twelve people for two, two and a half years very strongly. Something I put in front of them and I started to watching... no I left only that group. Remaining group super successful, I'm making taking off. To making them to knowing it, how the remaining people is getting very happy, successful and they're taking off in a beautiful way. You have to understand when I'm giving some cautiousness, some little advice, "Do this," think why I'm saying it. Don't think you have problems, don't misunderstand I'm not seeing your problem. I know your problem. You can tell openly, "I can't do this, this is my problem. I can't believe on it. It's too much to me, too heavy to me." Be loyal. I'm not forcing you to do this.

In spirituality, especially if you come to the Datta energy process, the Baba, his life, what he really drove the people crazy, even to me how he's really driving me crazy, some angles I got little frustrated on him, "Why? Why you making to drive me crazy?" Simple thing it takes like ten minutes work, you're making me like one hundred hours work." I'm serious, ten minutes work its taking one hundred hours work. What is the reason? Maybe there's a reason. I don't have the right to command, to blame on him - simply I have to accept it.

What I created in Penukonda, that many buildings and handling thousands of people and their frustration hearing and hearing... Just you do, sit everyday listen to the people's problems. After eight days later you'll start getting headache. I'm serious. If you heard two months non-stop, then you go little crazy. One year later, you're out. You need to be in balance. Like same thing in your life the problems is always in you hanging around. What I'm carrying, like everybody's problems, I don't care... same time I care.

In your life, whenever you have the stitha pregnancy stage, you care but you don't care. That's the most important tuning to your heart. Tune your heart like that. Hypnotize your heart like that... put it that way. Somebody's watching you. Somebody's protecting you. Have that strong faith strongly in you. Your life is very peaceful and smooth. It's very, very serious point. It's not me doing it, whatever, some energy is making me to doing it. That's what I believe strongly in Guru Parampara. Period. It's making me to doing it. I accept that.

For three, four years I tried to escape from this field just to be in Himalayas. Forget about...who am I to really awaken the student's lives? Who am I to give the enlightenments? Already the divine force is there it'll take care. I don't need to do that. Better to be happy and in Chinmayananda – to be in very peaceful and quiet stage. Any village I can go in Himalayas any little food I can get it - that's my dream. Many times I begged Baba, "Whatever you lived your lifestyle, give me for one month to experience that." No chance. No chance. He goes like just... he doesn't have any desires there.

To me, like three hundred people are coming Guru Purnima. I have to accommodate them - typical westerners are coming. They need hot water and beautiful bed and lot of good food and they get sick. Again another headache to me if they get sick, "Oh my God." So I have to take care of them. Then I have to create. Whenever the creating is happening, I have to supervise according to the vastu. That's another drawing my attention. That's not I want it. But he's making me to do what I don't want it - forcibly he's making me to do that. I'm not blaming on him. I'm accepting it. Sometimes intentionally I go a hundred and sixty kilometer speed on Indian road, "Do whatever I want it, let's do it." I'm serious. It's not frustration, I really enjoy the driving, if he really wants to be here he can protect... otherwise out. It's not in depression stage. I'm not testing you but I know the controlling on the steering, but of course I faced terrible, missed accidents.

Why I'm saying this, the divine force is linked with you. Once you charged guys, your souls, it means already the channel linked has happened. No way you can escape. It's a standard law. It's a golden statement. No way to escape Sai Virus, Big Boss Virus – can't escape there's no treatment for it. Simply surrender, accept it, same time try to see your qualities. Once if you're really developing your qualities he really protects you wherever you are. Even some tiny mistakes you done by stupidity he's there to watch you and to take care of you. That's my total clear experience. You don't need to ask help. He's your slave. He'll come. That's his duty. You don't need to sit and beg and pray - he'll come and take care. You have any terrible problem just tell him, "Hey, are you watching me? I'm carrying this. Take care." Done. No need to keep, keep, keep, thinking on it. Can you tell all the bullet points what I said, the list, what I said, Jonathan?

Jonathan: So all the different parts on the Brahma Consciousness?

Swami: And practically what I told it.

Jonathan: So the Brahma Consciousness is not allowing any illusions playing on you - no blocks playing on our hearts, minds, soul. You are the Brahma Consciousness. How to make us to avoid all the crazy stuff that's attacking on us is the subject for today. How to demonstrate healings, miracles, to make people happy, healthy, enlightened...Brahma Consciousness is always linked with mother's womb and also with Sri Chakra. Every soul needs to experience in the Mother's womb the bliss, which happens in the Yoga Nidra, which happens nine days out of every month – nine nights in Yoga Nidra. So those understandings are coming from the process today.

Jadguruta in the Yoga Nidra, that's the process of sleeping at least eight, ten hours a night. In that time no problems if we're sleeping well – no attacks. When we're in the normal everyday world, we're having all the problems and difficulties to deal with so the trick is to get that bliss that we're experiencing while we're asleep and to make that happen in everyday life. In your experience Swami, avadhut characters like you have very hard time to relax, to take sleep. But sometimes you'll sleep eighteen, thirty hours. The main point in that part of the discussion was to know when we're asleep, to be aware enough to have that much alertness to know when we're sleeping. That's another quality of an avadhuta.

Whatever pain we're having in our life, we need to know that it's not our pain, it's life and death, it's the way it is but it's not our personal pain, it's divine pain. So we need to learn how to give a kind of shaktipat to people who are suffering with the belief that their pain is real. Actually the pain is an illusion and that pain can be reduced from ninety-three hours to three minutes by giving somebody certain shaktipat with pin numbers you're going to give.

Swami: There is a medicine for the cancer. There is a medicine for brain cancer. There is a medicine for any type of diseases but there is no perfect medicine for heart-brokens. There's no medicine for the guilt. There's a medicine for what you need to receive today – the Brahma Consciousness. That's the medicine you need to receive... to use yourself and to give to somebody. There's majority of people in the globe... when I'm coming from Austin, Texas to here I told Monika L. and Gary, "Watch ten faces, show

one face is smiling. Watch ten faces, you see at least one face is really the real smile there, the real activeness there?" Unbelievable heart-broken, unbelievable living with dead soul - no fragrance there. So there's a big work to lift, there's a really big work to lift.

You can see in the poor countries, especially in India, one part it's really poor but one part it's really wealthy. A person who's working in the ashram morning to evening, they work, they're super happy with their small tiny beedie and working and smoking and whenever I'm walking they turn off their beedie, "Oh he's coming!" I'm serious. That cleaning lady, they're very happy. The villages, just I go in the crops in the fields, to them it's pretty good amount of money to live in India perfect. They don't have any crazy problems. Even though they have it, they ignore it. The ignoring means they love each other whoever is around them very openly. They talk very openly. You know what I'm saying? They have very true friends. You don't have the really true friends guys - that's the problem. Maybe you have one or two rest of your life, maybe three, four... Having true friends, that's the bliss - a true community.

One time the problem happened, Clint, in ashram. How many people came to protect?

Clint: Whole village came.

Swami: Several thousands of people around Penukonda. You know the reality, some government, some neighbor they're giving headache. You need to win... I never even spoke to them, each person. You need to win the heart through your actions, through your love. So in your life, true friends to really share - that you need to develop very openly. Then believe me, later your life is different. You might be thinking Swami's going to talk this and that but I'm talking very simple things. It's a lot. It's really a lot to lead your life, the divine experiences, that's my job. To reach the divine experiences you need to develop this qualities, if you don't have this qualities hun-un. What else?

Jonathan: One of the main points was to simply surrender to the divine willpower, divine intention, in our case Baba. Even when he's doing things that are making it seem like they're driving us crazy, making it harder, we have no right to command on that. At those kind of points we have to accept, just accept. Do our duty. So that's a big thing. There is no escape once you entered into the

divine channels. There's no way to get out of that before going forward. So that's also Brahma Consciousness, choosing that, having that discrimination, knowing that when we make a deal with the divine we have to honor it. We have to not back away from it, not dilute it, not forget about it.

Swami: You understand the point? Deal, to making a deal. It's very, very, very important point. I made a deal to Baba... my personal experience, "I will do whatever he says, same time, he has to do certain things what I want it." Many things I asked. Out of ten so far he's done two. Out of ten, what he ordered - I did nine. Generally I first do two, three then he forcing me to certain all things to be completed. Generally I won't do whatever he says, "No, first do what I ask." That's a Datta to Datta characters. He's tough, some angles I'm tough. In the worst case somebody like with cobra bites, they're ready to die, there's no other option, "Ok, I give up, I'll do whatever you say." At the time he's generous, I have to be generous too, "Solve the problem from the poison." There's only minutes left, you can't take the hours there, just the minutes are counting. He can help it some energy channels he has to bless me to take care of that. If he really stopped me then I'm really in trouble. You know what I'm saying?

So when you made certain deals, certain things is not happening in your life, it means you have to think what you really missed in your deal. That's a tricky. Where you lost it, where you missed that. You promised you never drink alcohol. You gave it up, again you sneaked and you started drinking it again. Fine. Few people they promised to me, "Swami I never again drink alcohol, I gave up, I'm surrendering, I'm putting the alcohol to your feet I'm done." Then later on they're sneaking and they're drinking. I don't need to give troubles to them. The inner judge will give punch. If I gave punch only like ten minutes screaming and just... but inner judge, if they give punishment, hun-un, couple months or couple years, to whom you're making a deal that's very important. To Guru Parampara and to yourself you made a strict...

One guy, he's a top womanizer. He's a womanizer is abbreviation of that guy. He has terrible problems with his wife. Every time he goes there, after he's done, he doesn't want to do that. Couple of times he wrote letters to me. One time he strongly cried and he promised to me, "I never ever do it." Good, fine. Still he keeps doing it. If the problem comes, a severe problem will comes. You know what I'm saying? If a problem comes, a severe problem will

come. I know he knows it - he knew I know it. I didn't make any comment, "Do whatever you want." Again indirectly he's blaming, "Give me the resistance power to stop that. You are the divine you can make me to stop not to do crazy activities. Please stop me from doing that!" If I really want to stop then I really need to take action, not in a smooth way but with the real trigger on. You know what I'm saying? In the classroom when the kid is not doing, what does the teacher do? Punishment is right word? So, why I'm saying this, especially in the Baba's character... can you really believe he take the stick and breaks the bones to the devotees? Hello? Monika L.?

Monika L.: No, unless it was really necessary.

Swami: Yes, he really takes the stick. He's a strong tough guy with a skinny character. His stick is really powerful rosewood, spitting. And to whoever comes who has the wealth, 10,000 rupees, that's pretty big wealth on the days, he wants 10,000 rupees from them; I'm not joking. If you have whole your property and all your bank balance is 10,000 and you went to Baba and he asked you to give the 10,000, and then he'll talk to you, what do you do? Your first visit to Baba, he asked for your 10,000, your life is that 10,000, you depend on that money, he asks - what do you do? These are all examples how you really play with your Brahma Consciousness. Several things going away from you, how you need to react. What do you do, Clint?

Clint: Well, I would give everything but not everybody. I know who Baba is, his greatness.

Swami: You don't know him in the beginning. You don't know his greatness. Somebody said he's little healer, good, good blessings, just go. You went. What do you do?

Clint: (*can't hear clearly*) I don't think I would have made it as a student of Baba's in my life, this life. It was really hard for me in the beginning to understand, there was a strong ego of knowingness that I carried in the spirituality, like I already know something. There was a great lack of the ability to surrender to something that could be greater... I had a longing for something like this. If I would have come in front of Baba and wanted to see something there, and I knew there was something there, but the small, 'I' the ego, at least as my experience as a westerner, that I know already, so I know what I want. So just give me what I want,

and I also know what it's worth. And my experience now, that's why if I saw Baba now, it would be easy for me because I know I don't know the greatness that I could come close to in my life, and so I wouldn't know what Baba could give, what the true value is. He knows what the true value is. So I think I would have failed coming in front of Baba in that life.

Swami: So you would give it or not?

Clint: So now I would give it, but telling the truth, but if like you said I'm coming in front of him and I don't know the spirituality, then I probably would not have. I would have probably been one of those stories in the Sri Sai Satchitarita - somebody who came as a failure.

Swami: There is a few characters here who didn't pay him on the day. It's coming back with interest. He sent me, "Just give little warning." Once he asked it, means it's done. At any lifetime you have to pay with interest, and interest, and interest... no problem that's his treasure keeping with you. Give it - make it with your two hands. Relief.

I promised him in my life for certain thing... not last lifetime, several lifetimes back in Himalayas... One hundred elephant's height, that much pouring the gold I'll donate to him. I'm not joking. How many? One hundred elephant's height of gold I'll offer him. He smiled and he did it, he did my work. It's too much?

Clint: We don't know what you got in return?

Swami: I didn't pay yet.

Lora: How can you give if you don't have it? You make a deals but...

Swami: On the day I'm pretty rich.

Lora: But you don't have that much.

Swami: On the day I'm super rich, amazing rich.

Lora: So you had that much?

Swami: But why I should pay, I spend it in a different way - now it's counting. Within couple hundred years, the Penukonda completely that mandir will be filled with gold and diamonds. Even if you want to enter into that temple, after ten, fifteen years period, you need to wait for ten days I'm serious, take it for granted, ten years later you need to wait, except who are the room owners, they'll get exempted. But if you're a normal student, you have to stay couple kilometers away and wait for ten days to get inside for ten minutes. If I'm really on earth you'll see the far away, the far away, not even possible to sit and talk. Ten years back I told the Indians same thing, "Impossible guys."

So, the deals with him, he really does the works. You don't need to work with crazy way. What he really needs, "Help ever, hurt never." Don't think you're always having problems. If you really surrender to his namasmarana he's with you, some divine force is with you to taking care. It's done. The problems came from him, the wealth is coming from him to your life, the health is coming from him in your life again if he's taking back, let him take back. Done! He's the given everything to you, he's taking everything from you. Whenever he's taking it, when you're holding it, "Please don't take it." Try, but if it's really gone, "Thank you, take it. Take it." No need to worry on it. You're beautiful girlfriend, she stayed with you twenty-five years. She said, "Hi," she left. What can you do? He blessed, she came, again he blessed, she gone - there's no any frictions. Once if you're holding frictions you're such a fool, idiot, stupid! You know what I'm saying? Very, very, very, very important! Once if you start holding it you'll really destroy your Brahma Consciousness. Let it happen.

Swami to Ramakrishna: What happen to you, you're smiling?

Ramakrishna: Enjoying.

Swami: Enjoying on what?

Ramakrishna: Your message and the Baba character and your character.

Swami: My character? I didn't take anything from anybody intentionally but I'll take. The day is coming.

Student: If somebody dies that you love, how do you know...
(*can't hear the rest*)

Swami: It's painful but send your love wherever person's soul... put your pure love, be happy. Whenever you're putting too much worrying you'll disturb that soul. If you keep crying, you're disturbing that soul. It's very important. I told it in the many different, different chapters. Hun-un, never cry - be happy for them. Try to think you're also going one day. Has to go. Clear on this part? Shall we go on the depth now, second layer?

Student: I'm feeling kind of lost. Are you saying that an open heart means acceptance of whatever is?

Swami: Give me your problem.

Student: Ok, have health issues, money issues, I have pain issues. I want to surrender but there's a pain everyday. How do I be ok with that?

Swami: Why you need to be everyday in the pain?

Student: I want to feel secure, but I feel terrible, I'm attached to being in a pain-free state but so far it isn't working.

Swami: To attached to what? To whom, to what you're attached?

Student: Not sure. I'm really not sure.

Swami: So, do you really have problem?

Student: It feels like it.

Swami: Ok, let's go to the second layer of the knowledge. Maybe it helps to you. So in Sri Chakra there is a few bijakshras. Who really remembers that guys? Please stand up and talk. This is really most key point, key words what we're going to discuss, then later on we'll go for the experiences step.

(Chinello recites the sections of the bijas of the Sri Chakra petals)

ya ma tha ra ja ba na sa la gam
na ja ba ja ja ja ra
ma sa ja sa tha tha ga
sa ba ra na ma ya wa
ba ra na ba ba ra wa

Swami: You have any Sri Chakra what I drew before? Who made this?

Clint: I did.

Swami: No flash, no flash, please don't torture (camera). Can you again draw it? What is your program tonight guys? Everybody?

Jonathan: Total open Swami.

Swami: All hanging around here in this area? Three points what I want to do to your process to make your souls stronger, harder, not to get sensitive to reflect for any simple things. And of course what I promised to give the experience whatever you did, few groups, to complete that, to giving the shaktipat of the Sri Chakra in each person's third-eye to awaken your Brahma Consciousness very strongly.

That's my plan, what I plan to do. So I know if you're sleepy or drowsy, you need to be little awake to be a little alert. So everybody be here tomorrow also? So everybody needs to get the copper sheets. I highly recommend for each person to draw very carefully on the copper sheets the Sri Chakra yantra then I'll do the process. Then you're keeping the Sri Chakra yantra in your bedroom. Then you're concentrating, chanting some Sri Chakra bijas. The Datta process is completing then you're entering into the Sri Chakra Process.

Sri Chakra Process

Ok, the nine days, everyday, what happens in our body? To my experience, to certain students who is here to make them sleep in the Jesus Temple - I never talked to the mind. I never teach the mind. Even though I talked to you for ten hours, "So listening to Swami's talk so beautiful," after you walk out, it's gone. It's gone. The next, it makes you feel good in your heart, it's touching it's beautiful. I didn't believe in that too. What I really believe in - to working with your soul whenever you're sleeping, sound sleeping. If there is a chance we'll test on somebody by grace of Baba, can pull the soul out, teach that, make it stronger - send it back. The Big Boss Jesus that is his expertise.

So, to communicate with your soul, you communicating with your soul, that's a tricky point. Whenever you're taking a sleep, how to

recognize with your soul what it's really doing? Is anybody seen in your rooms, in your house, or wherever, any different forms or different sounds, any symptoms... not like psychiatric problems. Hun-un. You?

Ramakrishna: In your ashram.

Swami: Not your mother is it?

Ramakrishna: I told you that experience. The early days when the second floor was just built, the crazy vastu up there, I was sitting next to the window, I looked and there was a face... not a face but something there with half a body... kind of a crazy face with half a body moving back and forth. It looked like a spirit then I went and told you that.

Swami: In a Divine place there's no chance to be any around a negative spirit.

Ramakrishna: That's why I told you that.

Swami: Hun-un. For example, around this area here, there's no chance any negative spirit can come. If you have the Sri Chakra in your house, impossible a spirit can come in your house – zero chance. No negative vibrations can come if the Chakra is there, hun-un - if you're having your mala – hun-un, no chance.

I started a new diksha too. I took Paul's mala and also I'm chanting, not only you doing guys, I take myself turns chanting it. Once if you know certain divine prayers, it's nothing - you can really cut the huge tree. You can't cut the small leaf - you can cut the tree very easily. You can't cut the leaf? I'm asking? That divine prayers is around you very strong. Who seen it, anybody?

Lora: I saw like a spirit dancing. When I was a child I saw many things. And then it went away, after they wanted to send me to a psychiatrist. And then it started coming back again before I went to the ashram for the first time.

Swami: That makes sense. Which doctor you consulted there?

Lora: No, no, no, no. Yea, I see the forms. (*can't hear the rest*)

Swami: Generally, let me talk the soul subject. Generally, whenever we're sleeping, soul is always a kind of slippery snake. Slippery snake. You're breathing, all your system is good, you're fine, but it wants to go away, to walk a little bit, wants to enter. That's a standard law. Sometimes, whenever it's going away, if somebody comes there, it jumps in. Once if it jumps, you got... you wake up. That's the symptoms...crystal clear symptoms. Sometimes it puts you kind of drama. A beautiful dream is running. It means the soul is not in you. Take a note. A beautiful dream is running - the soul is not in you. It played a beautiful drama, it left. It walks again it's back.

A terrible bad dream comes - your consciousness is not allowing from your body. You're holding it. Your soul wants to go - your Brahma Consciousness is holding it. At the time, the soul will play another drama to make you feel the sleep is not good - you're having bad dream, your shouting, you're awake - that's another trick.

Many people comes, "Swami, every night I have bad dreams. Somebody comes and attacks on me. Some cobras are chasing me I'm running but I'm not running, I can't run - no more energy is there. You know what I'm saying? Or, "Like I'm flying in the air," like funny, funny strange dreams. Strange dreams coming, means your soul is not going out.

What you have to do - you have to let the soul travel. You have to allow it to do whatever it wants to do. To let it to do whatever it wants to do, before you're taking a sleep, it's most important thing in the University what new chapter I'm going to introduce, Parkaya Pravesh - the soul traveling. Even the Big Boss Baba, he did it. Many top saints, they did this. Baba, many top saints they did it.

You're holding a glass of water before you take a sleep. After your wife is sleeping, your kids are asleep and you're ready to take a sleep, take a glass of water. In the Sri Chakra, chant any of the bija sections + namo namashivaya rakshamam.

Example: *ma sa ja sa tha tha ga namo namashivaya rakshamam.*
ba ra na ba ba ra wa namo namashivaya rakshamam

Like a group of the bijas, chant it for two minutes. Drink the water - sleep. I'm not making you before hypnotizing, hun-un. When

you lay down, say thanks to your parents, thanks to everything to the God creation. You sleep. You slept. You wake up morning. You won't remember what happened, no dreams, nothing. It's very plain. You observe from one New Moon to the next Full Moon, fifteen days time, you observe how many dreams you really got, counting them. This last week you got any dreams?

Ramakrishna: Yes, several dreams.

Swami: How many in a week?

Ramakrishna: Three, this last week.

Swami: Generally if you're not feeling any dreams just it's very quiet, that's very good symptoms. You don't know if it's going out or coming in. That's super good symptoms. If it really happens like that one month or two months you're not anything did it, your consciousness is observing on your soul and the soul automatically recognized that. Two months you can see in your normal livelihood the majority of your depression is gone. Soul kicks the depression out. Your crazy bumpiness started to washing out, pumping out. Whatever funny problems you have, keeps kicking out - the soul is making you feel happy and healthy.

Then the next layer of the soul character, another symptoms... Everyday you're getting dreams - good dreams, bad dreams, good dreams, bad dreams. Everyday you remember them. If it's really good dream, if the dream is really happening, make a little command to your Brahma Consciousness. The Brahma Consciousness is also three characters, three heads. It's a more depth subject but just make a command. Still you're in the deep sleep you can command a certain desire you want to get fulfilled in your life as soon as possible. Like somebody hates you and you give the command, "I want that person to be very loving to me very soon." Make a deal. Throw the deal to the soul. That desire is waiting. Once if the soul enters it has to do that work. The next day morning, you know the dream you remember it, its excellent. In the dream you commanded it certain boon you wanted it then you see the results.

Whenever the same beautiful dream is running, you want to know psychic future in a couple of days, the soul has to tell you in sleep. You're sleeping you're commanding it. When the soul entered then it gives a few symptoms what's going to happening. Don't release

that information out to anybody. Hold it then you observe for few weeks if it really happened. If it happens it means you're really have a communication between your Brahma Consciousness and your soul. Like you need to make a programming to your soul through your Brahma Consciousness to make the soul work for you. Make the soul work for you. It keeps working.

It's a kind of you're in the deep Yoga Nidra, Yoga Nidra. You're giving the works to the soul then it keeps developing it. At a certain stage later, once you're mind slept, your heart feelings slept, you're in the deep sleep then your consciousness is really glowing like a Purna Avatar - really radiant. Then you're soul is really begging to talk to your Brahma Consciousness, "Tell me any work I'm happy to do for you." It really does. At the time if any friend is really in terrible depression, you can take care of that person to wash out. Whenever you're sleeping, if it's really possible that person is also sleeping at the same time, that's pretty good lifting there. You understand guys? Hello?

Students: Yes.

Swami: Some people they lost.

Student: Swami, you're saying a good symptom is you're not having the dreams? But then you're saying that when you are dreaming you can do some really good things. I'm a little confused.

Swami: Its no dreams means, the soul is little slippery there. It's good, clever, going and coming but it can't do all the time. When your Brahma Consciousness is observing it, then it really wants to play. For example, like kids who really eats in the... when they have too much bad habit, eating lot of chocolates, they want to be super good in front of their mother. It means easily the mother can identify the bad habits, "What you doing there?"

Mutiam: (*Can't hear completely*) How do you command on the soul before you go to sleep? Do you do the process to tell your soul before you go to sleep?

Swami: You automatically command. Once the dream is running you know the thought, before you know the thought... at the time whatever thought comes, the consciousness, the three heads, three gunas - you can switch to any guna. Some people they really

behave very wild because the majority of the gunas are driving them crazy when they're sleeping. It's well tested in my research. In my seeing with the different cases their wild behavior, wild craziness, when they're sleeping the gunas are really crazy. They suck a bad impression in the sleep. In the morning they react completely bad. No need to go too much extent, just go layer by layer, don't go too much. It's kind of getting your soul in your hypnotizing through your Brahma Consciousness. Meditation is also a kind of deep trance you're making yourself satchitananda, making your mind completely quiet and calm.

Lora: (*Can't hear clearly*) Sometimes when I'm sleeping at a certain house, or staying with some souls, I'll have spiritual dreams like you will show up or Baba will show up. But with other souls, it won't happen at all, ever. I'm just wondering, does that mean because those two souls together maybe making that dream? It was very clear to me certain characters that happens in my sleep and with other people it never does.

Swami: It depends on... when I'm in Germany first time, I'm sleeping around 11:30 midnight. I started chanting certain things – hun-un...thousands of spirits, not hundreds - thousands singing. And where I'm sleeping, that whole area, whole place is a grave. Whole place is a grave with huge... Then I don't know. I wake up next morning I have to go back to India. Then they really begged, "Please stay!" So some places yes, it really disturbs. How many, again take care, it's difficult, it's difficult - it's not easy.

Student: (*can't hear completely*) In the morning hours when I'm dreaming, I can make my dreams do whatever I want. Is this what you're talking about?

Swami: The point what I'm saying, when you program your soul, your normal livelihood is a bliss - no depressions, no heartbreaks, no crazy illusions. You're in satchitananda you're beautiful smiling soul, smiling face. When you're going on your bed just you're really dreaming on it, "Ooohh, let's go take a sleep." You know what I'm saying? "Let's go, take a sleep." You practice it then you see. You'll tell the results.

Vivekananda, he's expert in the meditations, Paramahansa's student, Vivekananda. Communicating... he's go in the deep trance, not sleeping. Whenever you're sleeping, you're not sleeping guys... once if you're communicating, that's not sleeping. You're

awake with a very relaxed - that you need it. Then again like the normal day hours nine, ten hours you're ok, like very energetic, active, happy... then again you're taking sleep. So you're running days, weeks, months, years smooth way. Nothing is really bothering you crazy way. You're protecting with huge seal around your soul making it active and growing your Brahma Consciousness strong there. I'm only giving one session of the Brahma – one head. Two more gunas is there. I don't want to go too much depth. Clear on this, guys?

Clint: Which guna is this?

Swami: Sattva Guna. Clear on it? You clear? Jonathan, can you repeat what you do? Can you stand up and talk?

Jonathan: Several stages. And what we're trying to do is let the soul travel, let it do what it wants. This is a kind of Parkaya Pravesh, the soul traveling. Before sleep, hold a glass of water in front of us before sleeping, and recite any section of the Sri Chakra bijas and then add: Namoh Namashivaya Rakshamam. And then do that for two minutes. Is that the same section of bijas or any group of them?

Swami: Any group you can do. One day you can do one group, next day another group of the bijas. Yes, no problem.

Jonathan: Do that for two minutes then drink the water. Then go to sleep giving thanks to our parents, to God, everything, Guru Parampara... In that experience do and observe for fifteen days. When we're sleeping we won't remember anything - just quiet.

Swami: If it's quiet, good. If you're receiving any dreams, observe it. For a week, ten days make a note, little bit five minutes try to write what happened. Make observation on it.

Jonathan: Then if we're not having any dreams that's a super good symptom. If that goes on for one or two months it means our consciousness is observing our soul. The soul during that period of time of our consciousness observing our soul means, the soul will start kicking out our depression and problems. We'll start feeling happy and healthy.

Swami: It's very true information, one hundred percent! You don't need any healing from somebody. You no need any healing from somebody. Go ahead.

Jonathan: Next layer of the soul character development... everyday we're having dreams, good and bad dreams, and we're remembering them. If we're having good dreams we command to the Brahma Consciousness, even in deep sleep, such as example we have somebody who doesn't like us and we want them to be more loving to us, we can command that during those dreams. Even if we're in deep sleep, we can have that intention and manifest to come about. And any desire that we have in our life can be fulfilled. We make a deal. We throw that to the soul then the soul has to do that work. So the soul is starting to work for us through our intention through our Brahma Consciousness. So we do this for some time and see the results. Was that another two weeks?

Swami: Yea.

Jonathan: Ok third stage, third set of symptoms. When you're having a beautiful dream, when a beautiful dream is running, you want to know the psychic future. So we observe for two weeks to see if we're really having communication between our soul and Brahma Consciousness to make our soul work for us and keep working. This is deep Yoga Nidra, when the soul is doing, giving works to do to our soul and our soul is doing it. Then once the mind slept, and the heart feelings slept... so we're in deep sleep... then your consciousness is really glowing and this is Satguru stage. And your soul is really begging to talk to your Brahma Consciousness, "Tell me any work, I'm happy to do it." So our soul is then serving our Brahma Consciousness. And in this stage we can help a friend who's depressed or having some problems - in our dreams we can command that work to be done and our soul will do that.

Next part you were talking about, once the dreams are coming and you know the thought, even while we're dreaming, you know what's going on, you can switch the gunas. I didn't get everything exactly after that what you said... some people's gunas are switching wildly when they're sleeping very intensely. They wake up with some result that's bad. Bad energy, something comes from that very wild. So this is part of the process to making our soul come under our control of our Brahma Consciousness. Meditation

is also another way of doing that. It makes the soul very quiet to go in the huge trance. But this is the way of doing huge amount of work in the dream state, in the Yoga Nidra, having the soul doing the work of our Brahma Consciousness, our divine intention.

Swami: This work, majority first protecting yourself. Protecting yourself, forgiving yourself, not doing mistakes anymore, not following mistakes in your life any more. You're making it sealed. Even you want to do any next day morning, if you really got good communications... of course you'll get good communications if you chanted and you drank the water, it has to catch up. It will catch up. You no need to try for it, it makes you automatic then your life becomes easier. Once your life becomes easier, next step to know where you came from. To know where you came from it's not that easy but it is easy. So, where you came from Clint?

Clint: Not from this planet!

Swami: What?

Clint: You've been teaching about that for long time to know who we are and where we came from and where we're going.

Swami: See, the same thing Ramana Maharshi, Paramahansa, Babaji, Muktananda, this Big Boss Shirdi Baba... the concept who are you, where you came from. If you want to know it, what I given in the first program, the sector the dream – Yoga Nidra Program. Give title for that, *Yoga Nidra Divine Sleep Program*. You need to complete that, pretty good successful on it. Where you came from, who are you, next sector, where you came from? Who made you to come here? Who decided you to do work? That's another. Do you have any idea Ramakrishna?

Ramakrishna: No.

Swami: You're sleepy huh?

Ramakrishna: No. You told it's from the Mother's womb but I don't know if that's where we came from or where we find out where we came from.

Swami: Of course you will find out if you really take this program. Two more programs there, it's done. Who are you? I'm serious.

Ramakrishna: I don't know but today you said we're the Brahma Consciousness.

Swami: Who are you?

Student: Children of God.

Swami: Clint, if you're the children of God - who's the God? Who is He? Ok, we worship Ramana Maharshi. He did everything in his life pretty good. Big Boss Baba, he enjoyed. Why we're taking them as a God? Why not about yourself? Why you need slavism? How long, how far? Ok, you can worship, you love them, you can worship. It's great you love them. You don't like yourself? What's difference between them and you? If there's a difference there, what? Don't say, "The blocks, they're good meditators, by birth they're born with abilities." No, those are all not true. One part maybe, but not all, no.

Student: They're understanding what they know?

Swami: What understanding?

Student: They figured out who they are and realized the divinity in themselves?

Swami: Who are you?

Student: I'm a divine soul in human form that came from the Mother.

Swami: Who said that?

Student: I know that.

Swami: Can you prove it?

Student: Probably not but She watches over me, I'm her child and that's the connection I feel.

Swami: That's a vague huh answer? Everybody says that in the globe since millions of years nobody got succeed yet that powerfully. Only you can count all the saints in the numbers ten, twenty, thirty. Out of millions of creations only twenty, thirty. Monika L.?

Monika L.: Only very, very few, Swami.

Swami: If you're a God what is mean by God? Think deeply, don't get excited to give the answer. We have lot of time. We do. You ok Glen? You think, "Why I came here?"

Monika L.: How can you answer that question if you're answering from the mind? But it's not in the mind it's beyond the mind.

Swami: You can answer it guys, believe me you'll answer it. Think two minutes. Who are you? If you're a God what is mean by God? Done. If you're a divinity, what is mean by divinity? Think, think... I give two minutes. Only I give certain people, they should answer. Brahma?

Brahma: God is love and I'm a divine spark... (*cant' hear rest*)

Swami: Clint?

Clint: Well divinity is unconditional love, and God is divine and also divinity is service to others, selfless service in all ways. God is there in the Generator, Operator and Destroyer in each one and we are that. Each of us are that.

Swami: Alx?

Alx: I could say a lot of words but they're not what's inside of me.

Swami: Jonathan?

Jonathan: I'm a player in this play of the divine taking care of the divine - a light, it's a light show.

Swami: Ramakrishna?

Ramakrishna: I think the divine is the creator whatever is manifesting the creation, that energy, prakruti, some word?

Swami: Prakruti, Vikruti.

Ramakrishna: And I'd say I agree, a divine spark, a desire of God.

Swami: Chinello

Chinello: I agree what Nityananda was saying - it's the generator, operator, destroyer, but outside I'd say it's more than that. I'm sitting here thinking but how is it that if we're the Brahma Consciousness and I'm thinking about Aham Brahmasmi and we have to be that too? And if our Brahma Consciousness is not strong then we don't know who we are but once it becomes strong we can see that we're not only that, but more than that.

Swami: Monika L.? Where is the smell coming from the rose flower? Gave a hint. Why are you saying it's a rose flower? Looking at the color, looking at the beauty or looking at the smell? Which part you're giving it is a rose? Choose one.

Monika L.: All of it.

Swami: Choose one.

Monika L.: Fragrance.

Swami: Ok, tell me, who are you? What is mean by God?

Student: One with everything, it's the oneness.

Swami: (*Gives clicking sound that it's not the answer.*) If you really think it you can tell it. Paul?

Paul: (*Can't hear completely clearly*) There's only five elements.

Swami: Try, you tried many things in Dwarkamai, it doesn't work. I know you. You ahead.

Ramakrishna: If we have to go back to Mother Divine's womb to find out where we came from, means to find out who we are. And the Mother Divine's womb is the Sri Chakra and the main point of the Sri Chakra is the nada bindu. And you once told the zero is the hero, the nothing is the everything the silence is the God.

Swami: Say that again. You're getting close, carry on.

Ramakrishna: In order to find out who we are, we have to find out where we came from, and to do that we have to go back to the Mother's womb and the Mother's womb means the Sri Chakra. The main point of the Sri Chakra is the nada bindu and on one side

of the nada bindu you once said, "Behind the nada bindu nothing is there. In the zero is the hero. God is the total silence."

Swami: Does it make sense?

Student: Yes.

Swami: Just Silence... quietness... is everything there. Whole creation is there... Silence. In *Koran* they say, "lahilahiyailila rasulula," and the Babaji just silence. Buddhism... Siddhartha he meditated on anything, Clint?

Clint: No.

Swami: He dig inner silence then he became a silence. Silence is the biggest weapon - you can heal, you can take care, you can create. You can destroy... either any extent this side, any extent that side. Who really big talkers they never really got great success. Who was really maintaining the less talk, they're the deep thinkers. Shirdi Baba, he never gave upadesh to anybody. He never gave speeches anywhere. He healed... little stories.

So, it's linked with Sri Chakra, the nada bindu, the center point, the beginning point, it's a jzero. How we say that? There is a three bijakshras created in the silence - one is om, next hreem, hesraim, again hreem. This hreem... and this hreem is one, hesraim is another one, om is another one. These bijakshras is playing lot of illusions. These bijakshras, only you can come out of from the layers of the illusions. Even the many people they didn't meditate on anything, just they took just either one bijakshra. Even you went somewhere very quiet place, you sit - you hear it. What sound you can hear it. Go alone as much as you can. Throw your body, listen it - it's there. It's there. Any prayer, everything is just created from the Silence. When I'm in Himalayas in Manasarova, that's different experience. When I'm in the desert, the wind it's almost knocking me out. If you observe that sound, that's the real sounds you can get it. After you keep going on sounds then you constantly only one sound you're hearing it. You understand guys?

So, you are a Silence, you got disturbed the crazy ways. To get back in the silence you need to struggle to create silence in you to become a silence. You need to struggle for that. The most peaceful place in the galaxies, Mother womb - safest, peaceful,

quiet. No energy can touch you there. But you're always hearing everything, whatever's happening, the circumstance, but it's not touching you. You can observe everything from Mother womb. You can hear the father sound, you can hear the mother sounds from there. I'm serious.

Just once if you came out, from the next second the illusions are grabbing you, keep you growing - the illusions are pouring on you. That's why on the days, in Kruta Yuga, everywhere is the Brahma Consciousness. The woman, once they got pregnant, they're practicing - they're feeding the baby once the baby's inside. They're training before it comes out. They're going like bullet train. So I tested, I seen practically some kids once they're in the mother's womb. If the mother is practicing certain prayers, certain supernatural formulas, she's visiting certain temples performing it, the kid gets it, gets it very strongly. Once it comes out, they're the persons who majority who's coming and leading, taking care of thousands of millions of souls.

That's the tricky point there, to make awaken very easy way from that point, from that place. Once if you're in there, came out, you grown very well, you got disturbed, again to pull you back in the womb, send you back, that's a big process to make you stronger. So all this information is not today's information - the ancient days what they really done it, they practiced it. Kruta Yuga there's no avatara, no any avatar. In Treyta Yuga Lord Rama, crazy things - Ravana'sura and the whole story happened - maya unfair, untruth; it little bit shown up. In Dwarpa Yuga, big battle, millions of people dead. Kali Yuga we're seeing it. So it's a drop in very in the graph - terribly crashing. Who really to grab that silence, enjoy that silence, to receive that silence in you, to become a silence, what you need? You don't need anything. You don't need anything. That's enough. Does it make sense? So, until to this you have any questions?

Chinello: How does Shiva fit in that picture because Shiva is always meditating, always in the silence, how does Shiva connect to this picture? How does Shiva relate to that? How does that relate to us?

Swami: He's beyond all. He's the abbreviation of the Silence. He's the abbreviation of the Silence. For me, if I really take a sleep in Yoga Nidra and I close my eyes, Clint is coming, one Japanese guy is coming, Germans, Indians, everybody - they keep flowing in

front of me. You know what I'm saying? I given this person, this person, this person... To maintain my silence I have to shut down certain doors, no way, push it. Still it's forcing to coming. That's why on the days, the gurus, the masters intentionally they suck, they hold the karmas something with them... they physically they takes it.

Paramahansa, it's not a big deal for him to take care it. He has a huge big cancer wound on his back. Whenever he's a shouting it, the night times, that shouting he's enjoying as a silence. I'm serious. His shouting is making his silence. He's suffering is making as a silence. Big Boss he takes Kandhana Yoga, he takes sometimes uka, sometimes soma but he wants to go take a sleep. Generally he won't take a sleep. Once he takes a sleep in the street, he fall off and the gigantic rain is coming and the water is flowing on his body in the street. That's a small hamlet, Shirdi, hardly forty, fifty houses, two, three streets. The rain keeps flowing on him, rainwater and the street water is flowing on him, he's in the silence. He's in the, silence.

Student: When the soul leaves the body in sleep does it go back to that Silence?

Swami: No. That's the next step. I think it's already too much to you guys. I'm really squeezing you, to each brain like... certain layers after I told it, then I'm a free bird. Pam you're yawning, you ok?

Pam: I'm ok.

Swami: So you have copper sheets?

Students: Yes.

Swami: Clint, you organized dinner for them? How long it takes before coming back? Two more hours I need to give certain layers. Have a snack and one person, whatever points I gave, really go through all the points, stay there and have the copper sheets. Somebody try to draw the yantra if possible tonight. Then I'll join sometime, complete it. Then I'm giving some healing ability channels. That's next process you're doing guys. Hello?

So then I'll make a groups. Some process I need to make it. So we'll see how it really goes. I hope you're flexible here. This many

people can easily sleep here no problem. First you need to go all the points. Then I need to bless in front of the fire pit. So anytime I'll be here observing. So personal interviews, keep planning some people's process, keep run the Sri Chakra then I'll pull the interviews and pujas. Thank you.

End of Talk