

Swami's International Programs 2005  
San Francisco – Public Talk - Healing  
Program at a Venue in San Francisco  
November 15, 2005



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*Introduction by Clint*

Welcome. My name is Clint and on behalf of Divine Assistants International I would like to welcome Sri Sai Kaleshwara Swami to America after a long time. And I'd like to thank everyone here for joining me in that welcome. I think it's been more than two years, though we've tried many times. He's a slippery saint and each of us is extremely blessed to be gathering together like this tonight in his presence and to share in the blessing of each of us needs in our lives, whatever they might be.

How to introduce, as the monitor said, an avatar? Although Sri Kaleshwara does not call himself an avatar, Sri Kaleshwara says that the only difference between the saints and the rest of humanity is the saints know something that we don't. And I'm here to share with you my experience that Sri Sai Kaleshwara's dharma, one part, on the planet is to help each of us know that.

I first met Swami Kaleshwara in 1997. I was working as a medical doctor and I was interested in healing. I wasn't interested so much in God or spirituality though I love the bliss experiences as much as anyone. And what I saw in his presence, from the beginning, was healing, supernatural healing, deep healing... healing of heartbreak, healing of emotional upset and disturbance, and also healing of ailments, which are otherwise incurable. Well that got my attention, thank God and thank you Swami. For many years I've lived in India, until recently returning to America, with many Germans, many Americans, many Japanese, many western students.

Sri Kaleshwara's ashram is in India, in Southern India, in Andhra Pradesh State about two hours north of Bangalore, if you know India. It's an ashram, which is a fabulous heavenly place, which was created in the last ten years. You could say it's a power spot that's been reborn. It's an ancient place where many saints have come to study and to learn the truth of who they are, and why they came on this planet, through spiritual practices. So Swami Kaleshwara has built a new ashram on this ancient place, and at least to my eyes, really dedicated it to the West, although it's in India. It's an ashram that has Garyt over backwards to make it possible for westerners to study ancient spirituality in the Indian tradition.

Swami Kaleshwara always says, don't believe anything if you hear it - you have to believe it from your own experience or, in the proverbial sense, don't take somebody's word for it that the mango is sweet - taste it for your self. And that's what ancient India and spirituality is about, and that's what Sri Sai Kaleshwara is here to share with us.

As a doctor I could talk for a long time about the healings I've seen occur in his presence. And not just in his presence, but also in the presence of his students. One part, spirituality is about healing - first self-healing and then helping others in a more deep, profound and lasting way. I know that my life has been changed forever in the most blessed way by the healing I've received in the presence of my friend, my teacher, my guru, my master Sri Sai Kaleshwar Swami. Welcome.

**Swami:** Good evening to everybody, after long time your Swami's again in America. Thank you for inviting beautiful students here. You're right - I'm a slippery saint. I agree. Wherever is really the open heart, wherever the time is necessary, whenever is the right time - I'll be there. I felt after hearing in America lot of up and downs, it's time to me to go then I called Clint, "I'm coming there." "Swami, you cancelled many times. We organized and the last minute just you cancelled. How come we can really believe it?" "Believe me I'm coming." "I know you're coming, but when?" "When is right time, you fix the date. Ok, you fix the date."

Then I called to my immigration attorney, Ken. He's such a great friend and great helping person and he also super suspecting on me, "You really coming?" "Yes, Ken we're going." "Ok, well, we'll see."

Well, since thirty days your Swami's on journey – Japan, again India - many programs... London, Germany, and again here - non-stop keep hitting it. So again from now until Dec. 5<sup>th</sup>, I'll be traveling. Well, after long time again back to America. I feel super comfortable to express certain divine experiences and some great messages, by grace of Baba and Jesus, we'll share tonight. Before we start, can everybody chant five times: omkaram.

*Swami chants the Guru Mantra and Ganesh mantra.*

Welcome my Dear Divine Souls. Today your Swami wants to discuss between the master blocks and the student blocks. What is the main reason in spirituality lot of masters, gurus, babas, swamis, avatars they keep coming? Why they're not able to produce the healers? Cannot able to make it spiritual in the path to get super successful. Why they're getting failure? What's the real depth in it? Today that's the concept.

Before we start, we'll talk little bit about India. Entire in the globe India is the spiritual point for spirituality. You can see the India, the culture, the tradition - the depth of information what they're really carrying it. Before the Sanskrit there's a language Prakriti, almost seven thousand years back - still the information existed on the Earth. There's no information any country is carrying like that. Such a great amazing information, amazing healing techniques, amazing formulas they already written – lot of rishis, maharshis they meditated, they completely sacrificed their life for only spirituality.

If you seen the old Indian movies or old Indian history, if you studied, even now indirectly tells in North India, Himalayas, the saints dedicated their life, their duty. After they grown like ten, twelve years, they're in the nature keep meditating chanting the upadesh, what they received from the master as a great researcher of the nature, and they discovered amazing great supernatural formulas and they're writing on the copper sheets, on the gold sheets and on the ancient palm leaf books, on the leaves, on the rocks. Still it exists, you can see. But there is a huge gap what they really researched. Today in America, whatever the western countries here, the scientists researched to go to the moon but in India the saints, they researched how to reach the God, how to get the enlightenment, how many stages of the enlightenment, the real bliss, and how to command, get

the control on the five elements to remove any type of pain - can do any type of amazing healings - they discovered on the days. But somehow, amazing crazy, up and downs, different opinions of the masters, different, different, opinions of the students, it came up and it destroyed the whole link.

So my mission is to create as much as I can, to get successful path, successful students as a successful healers on Earth to make it come back with powerful results. Everything is possible once if we done with practice and with patience. And it's really not a big deal to get the enlightenment. Everybody thinks need to get enlightenment, enlightenment. What really means by enlightenment? And what it really means by bliss? Where is the limit for the bliss? Where is the limit for the enlightenment?

Of course there is a few stages of the enlightenment, called in Telugu and Sanskrit, satchitananda, chinmayanada, Bramhananda... top one is Nityananda. Doesn't matter Nityananda stages - forever and ever you're in the bliss. Whatever happening in you and around you - you're in the bliss. And it's a little hard and it's a little difficult to reach that stage. There's only two people on Earth, who was really in that stage, number one is the kids. Number two is the maharshis - they're not attached to the globe and they don't have any desires. They might have the desires for only certain stage, certain limit... And the maharshis called *avadhuts*, they don't want anything - they don't want any material things. They know about the life and death. Once they recognize the truth, they already prepared, they already gave up their body to the God. Who gave up his body is one of top holy saint is Jesus Christ. He don't care about the body. It's not that easy not to care about the body. So these two persons is really bliss Nityananda souls.

So coming to the point, the master' blocks. Master is always kind of monkey, I'm serious it's a kind of monkey. It's hard to believe them, same time you have to trust them. It's hard to believe them, same time you have to believe them, there's no other opportunity. One who is really carrying the knowledge and information, they look as though they're attached to the globe, but they're not... the real Sadguru.

Who I really met, the real Sadguru is Shirdi Sai Baba, my master. He's amazing attached to the globe, same time amazing detached

guy. He's a man of the supernatural powers, he really does, he's the amazing powerful soul on the Earth. When he's alive he's behaving like kind of kid. He enjoyed his life as much as he can. He smoked, he ate non-vegetarian, and he begged in the streets. At two in the morning he wake early morning, he want to go procession. He woke up the village people, he want to go procession. Ok, they took the silver umbrella with the drums and music just he's going in procession. At early morning, two o'clock, who wakes up to receive him, ok, just he's coming. Just he's avadhut. He don't care about what the people thinks, he only care what he thinks. Maybe that's a big testing to the villagers on the days. Whenever he seen in the street a chicken, that chicken need to come in Dwarkamai to prepare as a beautiful tandori chicken, chicken tikka, whatever it is. I'm serious!

And he takes the soma... you know the soma... palm leaf liquid, palm tree alcohol. And one time the Mhalsapati, he's a priest who was really doing arathi to Baba, "Baba what is this? You do amazing healings, you do amazing things, why your behavior is like this?" Then he tells, "You watch out, just you see." One day Baba and Mhalsapati both are walking in the street. A goldsmith guy, he's really melting the copper and iron on the heat coals, on the street in his shop. Baba stopped, "What are you doing?" The hot metal liquid, just he entered. He took a pot of the hot metal liquid and he drank it and he threw the clay pot, "Such a great taste. After such a long time I had this." And just the neighbors and the Mhalsapati and the priests, just they got shocked, "What's this?" He told the priest, "Certain things I can do. Certain things you cannot do. Don't see me as a physical personality. A cow, it goes in the street, it eats papers, leaves, whatever garbage in the streets, try to think what is really giving the purity milk - try to see. It's purifying, giving the milk to you - the master is like that. Don't need to see the master's personal character, try to see what he's really producing, the knowledge and the information. Don't follow my character. If you really follow - you really get in trouble, and you'll really get disturbed." Then it made complete sense, on the spot, he's really drinking such a hard, metal liquid.

So, the point here, whoever the students comes to me, I don't have any bad intention to hurt anybody. And also I'm not that such harsh person, and I'm not that too kind to promote all, each person's monkey's blocks. I'm already monkey. Need to be monkey to fix your

monkey character. I have to be very wild then you... then only I can fix you.

So many students they come. Whenever the Clint came first time, at early morning he came, 2:30 a.m., just he landed and entered into the ashram. Whole night, I'm night person, I'm awake then got sense, "Ok, he's there." Then I opened the doors and came to sit near fire pit where the dhuni's all the time burning. "How are you, doctor Clint? When you came, he's a kind of really bumpy, jumpy, "I want to know the God. I want to know the truth why these things happening, why you pulling me here?" "How am I pulling you to come here? I didn't say that. You came, you can go." I said, "Take a rest, we'll talk to you tomorrow."

You can see the inspiration of a person, how much you want to know the truth. Once you don't know the inspiration in you, just you keep going and listening many talks, and keep dropping and forgetting that, it never makes you success. And second thing, if your target is you want to know it, you have to pull all the time, have to pull the concentration all the time until you reach the target, no matter what difficulties you're really going through, how much really problems you been through too. Ok, no matter what, just you're sticking on it. You're really sticking on it, even though the master giving hard time and you're seeing the master's blocks, and he's really torturing you, and he's really testing you, and he's really lifting you, and he's really giving the bliss too - just you have to accept it. And same time, you have to always understand, no matter where you are, the master is always watching one eye on you, you're behavior... are you really doing your sadhana, are you really doing your practice in a prompt, perfect way? Are you really missing something and are you deceiving the master and still you're expecting and commanding, "Where is my results? I did two years, three years." It's impossible, it's really impossible, once if you're not doing perfect sadhana. Even in a one prayer, Gayatri Mantra, if you miss one word you're cutting the power there. You're cutting the power. So once if you took the diksha, once if you took the commitment, you really want to experience some divine energy, you want to experience the heat in you, you want to experience the bliss in you - take a challenge then you start. Then you keep start.

When I started my personal life when I'm in the eighteen, nineteen years then I'm really in the depth. I took the palm leaves then I keep

start studying it. It's making me super drawn into it - I have to study and study - there's no time. But outside, if I come outside there's thousands of people. I ran into the mountain when I'm in the twenty-one, twenty-two, for a few months in the cave, just inside. I hired two boys to stay for security. Two days, once coming out. I have the oil lamp inside - keep chanting and chanting and chanting... months I did it. When I'm doing it, I know what I'm receiving it, and I experienced. Same time lot of hurtles, problems is there waiting. One time when I'm meditating, I don't know where a wild cobra, really wild cobra, it entered in the cave. It's only just one manhole. Once if you entered, it's like ten, fifteen people can sit in it. Still you can see it. You have the pictures of slide show that? Yea, you can see later my cave. I'm meditating it with oil lamp - super dark. It entered, it made around, sit and it opened the head. It's super angry on me. I don't know what I did, it's super angry, just it's ready to come and bite me. I opened my eyes, I'm shocked, "Oh gosh! I cannot escape." If I want to move it will bite me. There's only about two and a half feet distance. I have tiny Baba picture this side of me. Then I put my sankalpam thoughts, "No, you should not! Shut up, put your head down!" You know how many hours it waited like that? Almost like five hours it sat there. I have to go out, it's still sitting there. And generally I prayed to the boss, "Hey, this is not fair. Let it send away." Then gently it started to move. Then later on it comes itself and going away.

Why I'm saying this, whenever you're doing your sadhana, it's giving a life threat. It's giving the life threat there, yes whenever you're in the some top peak stages of the spirituality, before you're receiving it, no need to the negativity will test you, the divine also will test you. The divine energy will always follow you and test you.

So my Dear Divine Souls, I know you really want to know the God and his fragrance. Since ten, fifteen years, twenty years, thirty years many senior most students practicing, coming traveling all the way world different countries, not getting success yet. It's only main problem what I've seen since seven, eight years until now, the major problem especially in the western countries, take it as a sporty, don't think in negative ways, amazing distracting kama energy. To entire your blocks, to your anger, your depression, your heartbroken, to your too much attachment, to your left out, unworthiness, inferiority feeling, unnecessarily receiving guilty conscience, these are all coming from the kama.

Kama energy there's only three stages: One, with the attraction with the sexual energies. Two, and same time, super possessive and want to disturb somebody's happiness, that's another type of kama. Third thing is to forcibly receive somebody in your life. You're not having control of the three points. Whenever you're not having control on the three points, entire your life will be miserable. Nobody can help you. Once if you... ok, even top maharshis who really found Gayatri mantra, thousand years he meditated and finally he got failure like that with kama energy to seeing one beautiful woman. He don't care about God and meditation power, just he entered and made love with her and he got ash.

Once if you're in certain discipline, diksha, you have to know what is your inner consciousness saying. You might see a beautiful woman, you might see a beautiful man - you need to get control. Many people they feel insecurity. A beautiful woman having the beautiful family, sometimes she goes to divert. A beautiful man seeing the beautiful woman, he goes divert. The insecurity means, maybe the person has a lot of money. Maybe she has a lot of money, lot of beauty, lot of charisma, fragrance, what you want more and you don't have that. That's completely nonsense. You should completely see the inner beautiness how much you already have in you, or who already you have your girlfriend or boyfriend and just be satisfied on that layer. Once if you cross, if you not got satisfied then you're really in trouble.

You're security is your own skill, your own talent, nobody - no beauty, no money is secure in your life. You have only security yourself. So somebody's giving security, like a wealthy person is with you, you feel you're comfortable and have security - that's nonsense. Any day, any minute, anything can happen, any angle so you have to be very super and careful consciousness. God is always watching you... whatever we done in this life, with interest either good or bad, we have to pay back with same actions. If we punch somebody, if we made somebody heartbroken, ok good. You made one person heartbroken, you know that and who received that heartbreak from you, they know that - good. Then you watch your life, again you have to receive the same heartbreak with interest then you'll experience that pain how it is.

So my Dear Divine Souls, these simple fundamental concepts are the most important. Once if you really practice this, how to control the kama energy in you, how to get inner satisfaction in you, then your life is pretty good safe and happy. If you keep running and running and running and running, how far, how long, where you can run? The globe is just round. You're in a swimming pool. God is always watching you, you're in the bucket, a small tiny fish you're a fish. As much as you run, just you're there. At certain stage you'll get tired, you'll really get tired, then you'll get retired - try to enjoy this life. Life is given such a beautifully in your life on Earth. God is really blessed with a lot of gifts to you. He really blessed. With a limit, happy satisfaction, enjoy the life. If you're not satisfied, it's pretty good difficult.

But coming in spirituality, there's many, many, layers of the healing capabilities - many, many layers of the siddhis - many, many layers of the miracle stages - many, many layers to understanding the cosmic. Still I'm also student, pretty good, even though I've studied couple thousand of palm leaf books in my life, but several hundreds of yantras I studied, but it's an ocean, it's really an ocean. So no need to know entire ocean, just a part of what the really concept, the theory... Once if you learned it then automatically you'll learn rest of your life. The God will pull you to receive that information, to receive that divine blessing from the master or from any God, a teacher, a healer, any avatar, any swami, any guru - first you need to be dedicated your life. For example, to me I have my personal life. Of course I want to be happy. One of my friend... just I came to America and I entered in the room, "Hey Swami, why can't you go sightseeing?" I smiled. "Such a beauty outside. It's a nature, such a glory," he's joking and teasing and he's just, ok. There's a huge, they put a binocular and I can see the ocean view, I smiled inside. "You're seeing this beauty. I've seen already the inner beauty... the inner side seen, that's need to see it."

So, the information still exists about to know the God, know about your self, to know about the highest healing capabilities, to be able to become as a powerful top healers - no problem. But once if you really want to know that, to really jump in it, how much you really dedicated your life for the circumstance to the society and how much happiness you really sacrificed to the society and around to the people? You really want to enjoy your life, and also you want to do great works. Hun-un, you can enjoy it, there's only certain stage then

you can't go more than that. You cannot. After a certain stage later, then you're for society, you're for the globe, you're for here. Certain abilities, after you received in you, then you really need to take care around the people. Once if you have that type of strong commitment in your life, "Hey, Swami I want to learn the healing techniques." When that healing formula will come and join in your soul, it's only possible once if your heart is open - you want to help around the people. At the moment you might have, "Yes, after I received it I'll do the healing capabilities." Good. One or two after you received it then majority people they ignored it - they don't care, little egotism came up. After little money, name and fame later comes up, "No need to." Whatever the people praising you and making you proud, then your egoism keeps going up, keeps going up, then you really don't want to see who's really sick person, who's really suffering with cancer, who's really with lung cancer, whatever terrible diseases, they're really dying and they're coming your help.

Of course you know some healing technique, the formula. If you implement that vibration, the energy, there's some chance the person can come up. At least you can kill their pain. He's coming with a huge hope to see you. Give some happiness there. If you're ignoring that person, just you're enjoying with going to your sightseeing and to your business meetings, all the stuff attached with the material things, then whatever he's received, that disease... I'm not giving a fear here - he's heartbroken because of you. He had a great hope and he came to you and just you left it. You're responsible for his pain. There's also a big danger - ignoring, not really caring, even though God has given you some capabilities. You should not do that.

And also, the top healers... I prepared many healers entire in the world countries. My recommendation, even though you keep doing the healings, good, try to be very careful to discharge whatever you done, later after the healings. For example, if I put my hand in the rose flowers, ten times, fifteen times later, still some fragrance you can smell it. After you really healed a person, after you given the healing sessions, spend five, ten minutes to discharge in the earth, or sit in front the fire element, fire pit, or sit in the water element to discharge - natural five elements. Then you'll get little fresh. If you're not discharging it, tiny bit, tiny bit, tiny bit keeps adding you. One day's it's really punching you. Any healer, 99.99% I guarantee they're sick. They're sick. Successful healers they're sick, so it's already happened. I don't want that thing to happen again in the globe. I

don't want to see that thing to happen again in the globe. Try to take the super precaution, super careful advance steps. Already I told many formulas, many mantras, many prayers...even after you learned it, even you're in hurry and moving it, spend little time for the decharge. After you decharge you'll also suck little more cosmic energy too. You have to wash out - that's most important thing.

So my Dear, Divine Souls, life's such a bliss. Even to be on Earth, to be born as a human body, the human life, comparison entire creation, He's given lot of opportunities to know about Him, with a lot of angles. So try to utilize this life as much as you can in a beautiful positive way.

You might belong to any religions, you might have strong believer of any one strong following, it's ok, but my philosophy is linked with the five elements - it's not linked with any one religion. Even Shirdi Sai Baba, he's not linked with any religion - he's a man of true love. He's a man of complete true love. If you read... try to read his life history... such a bliss person like a Jesus Christ. Of course, Jesus Christ, the big Boss... generally wherever I sleep, I sleep in the mandir, in the church top floor, in the northeast corner. After I wake up, straightly I come to him. First I see him saying good morning, going taking shower, coming back, putting one candle. Simply I say one thing, "Thank you so much for giving such a great life today. Let me to do whatever you want me to do. I'm here, use me - done" Going down big Baba statue. Less than one minute, I go touch his feet, "Thank you so much. Bless me. Whoever is depended on this Center, take care of them." Walking out.

After seeing thousands of people, again going up and saying simple one word, "Thank you Boss Jesus." Simple, "Thank you so much for your help." It's not me doing, it's their grace, they're doing - it's their energy doing. Even though the formulas I learned it, but without their grace it's impossible I could learn it - no way. Without their blessing, it's impossible I'm sitting here today with you guys to talk. It's only with their permission today I'm here. That's my strongest, strongest, strongest belief system. So such a strong faith it's need to develop - I'm very serious.

One day... I'll give example. I seen on the day almost like several hundred people since morning. The late evening, like 8:30, 9, light raining coming in ashram. One of my boy, he gave the food to my

hand. I'm ready to take one or two spoon bites. Then Gary I think, he ran to my living room, "Swami you need to come down!" "Why? What happened?" And a few people is around me. "A cobra has bitten to one lady and you need to come and take care!" "What?" Then, ok. I putted down my food plate - I'm really starving. Of course this body is a machine, it needs some food and minerals. At the time Clint is also there. Whole group is gathered there covering to her - she fell down. Her pulse is almost like?

Clint: She's almost near dead.

**Swami:** I don't believe that, but of course you're a doctor you'll say... But I'm super dizzy and just they're not giving a space for me to see her. I shouted to all fifteen to twenty people to carry her in the temple. I made her to lay down on the Baba temple. I asked Clint, "You have any anti venom to give a shot to her?" On the day I'm on the diksha in the process. I don't think so I really can heal her. "Ok, anyhow let's see, let me try." Took the poison, sucked it using the fire element, different elements. She got healed. It's impossible that the scientists and doctors will believe that easily. Can you believe that Clint?

Clint: Yes, I saw that with my own eyes.

**Swami:** It's possible. It's really possible then for twenty-four hours I need to under fasting. Why I'm telling the story, for next twenty-four hours I needed to be under the fasting until I really discharge that poison again into the earth. No permission to eat - that is the law. If I'm drinking the water and the body's a little shaky and it's ok - discharge... super got weak... After, I ate the food. Why I'm saying this? If I let it go, she'll die.

**Swami to Clint:** Was there any time still you could have gone and got the anti venom?

Clint: No chance. No time.

**Swami:** If I took the chance...certain moments the healer no guarantee will help anybody like that. There's no guarantee. There is a chance - that's your luck if the grace is really flowed, it can help. In your Swami's life, I helped pretty good, many cobra bites, scorpion

bites... In India there's a lot of farmers around the ashram with big bushes.

Many cancer patients also in America... one lady in Japan her name is Midori. The doctor's gave white flag, "No more hope. I'm sorry we cannot help you." She came to India. If she goes to take urine, there's blood. If she goes the motions, there's blood. There's no hope. In her mind she wants to die in India, she came. Her group don't know and she wrote a letter and she came and she dropped to me. The whole group came with a garland and just I said, "Ok." After I read that, I got really shocked. When I seen her eyes, such an open heart, such strong belief system, even if she dies she don't care - she wants to die in India. That is the point where the patient can receive the healing. That's a strong faith. "Ok." Then I seen her and I didn't tell her, "You'll be ok." Come and see after four, five hours later in Dwarkamai, it's a meditation mandir privately.

I put her for two and a half days in the trance - two and a half days complete in the trance. I gave her some pronunciation and told her, "You meditate." She don't know she'll go in the trance - she's in the trance. All the group is little worrying what is happened. She woke up slowly, pretty good better. I gave the coconut water and sugar water and lot of vegetables grind it, making her to eat. Then I sent her to Japan. After fifteen, twenty days she came back in India, "Swami my cancer is completely cured. It's not a joke! It's a real story. What can I do for you?" "Nothing to do, you be happy." "Something I want to offer." "No, I don't want. Try to help some more like you. Try to do some service to them." Of course in Japan they built a beautiful Baba temple with a gigantic beautiful land and she did pretty good amazing help to that Center.

The point why I'm saying it, two things, healer should be always aware what you're doing with what your playing, and after you really played it, how you take the precautions. And also when you're giving a healing, you should always watch if the patient or any person who is really heartbroken or any depressed person you're really taking care - how much the person is really open-hearted to you. If there's no open heart...

*(Tape Cut)*

... masters. For example, Clint and Ramakrishna, these guys, they knew lot of healing techniques. I'm one hundred percent confident and also they're pretty good healers. You confident guys?

Clint and Ramakrishna: (Nod their heads, yes.)

**Swami:** A healer always need to be super confident not over confident, but super confident. Once if your confident you can play with that soul, any soul, even it's a little bumpy. One time in my life... let me tell this story. I'm in Kadapa district. One heartbroken girl, she's super, super, heartbroken, depressed. She came, "Swami, I need your help." Super beauty, around twenty, twenty-one years. Good. She's little psychiatric, she don't care about the life. There's a crowd, she enjoyed entire my talks. I started to giving the healing, she brought with her a knife to kill herself. She don't want to live on Earth. I seen in her eyes, she's crying. Normally a depressed lady always cries, that's natural or if they're really enjoying the bliss they start to cry. The eyes saying she wants to die. After a few minutes, after she received the shaktipat, the healing is done, she received the blessing from me - she wants to die. She doesn't want to stay anymore on the Earth, that's her concept.

Then I gave shaktipat and just I turned to another person to give the shaktipat, she took the knife, she wants to kill herself. Whenever she's going to putting the knife on herself, just I clapped, "Good job, do it. Do it, one work will be done." She's saying, "Why you're like that Swami? Why you're saying?" "Yes, you're doing good job. I thought I want to do that on you, anyhow you're doing yourself - good, do it!" "What?" I said, "Ok stand up." She's saying, "What can I do?" Just she's weeping and weeping and weeping and weeping like a flow... That type of persons you really need to take care. There's amazing thousands of millions of people on Earth you can cure the body diseases, and who was really in the depression, heartbroken, terrible heart-brokens and feel terrible sad in their life, you need to take care of their souls. If you really become a soul healer to take care of them, to know how to take care of them, then you're really a master. Then you are a guru. You're a real satchitananda person. Once if you create happiness in few people, their happiness will come back to you with amazing good fortune to you with a great interest.

So, try to live yourself, same time try to live for somebody's life too. God has given a great human life. There is lot of energy channels. It's not a joke. Whatever I teach, any prayer, any mantra - one hundred percent I'll show in the ancient palm leaf books. It's not my own masala, absolutely not. Any yantra, any bijakshra whatever I taught, it's in the ancient, minimum five hundred years old, to maximum couple thousands years back. On the days, on the palm leaf books they written it - that I studied, practically I seen, I tested it, I gave the information. So to learn try to be as awake yourself, try to do the meditation, spend little time for yourself. After whatever you received, try to share with somebody's life. I'm happy to come back and conduct, like a two-day seminar, not in a city, outside in the nature, about the healing techniques and healing sessions. I'm happy to give it. By this Sunday I will be available in Laytonville, in Clint's place for three days. If anybody have any problems, need healings or want to talk to me personally, you're most welcome. I'll be available. I'll be happy to talk to you guys and take care. So if you have any questions, anybody have any questions?

First Person: Thank you for sharing the stories you shared with us. As a healer I do have a question I want you to clarify for me a little bit. Do you feel that an energy of the healer should flow from within the individual or through the individual? The energy that you are directing at a person who needs to be healed, should that energy flow from you, within you as a healer, or should that flow through you as a bridge, as a conduit?

**Swami:** Give me an example.

First Person: When I do a healing on a person I just basically hold out my hands and I close my eyes and I let the energy work through me. Sometimes I draw upon, visually, from where I've had spiritual strength, like a totem animal, or a ruin symbol, or something like that. And just let my hands go where they need to go. But it's not me doing it. I'm not the one from whom the energy is coming. I'm just allowing the energy to flow through me.

**Swami:** Exactly, yes. You're a healer and you should be confident you're not doing. The energy is flowing just you are middle bridge.

Second Person: If a person is sick or they are suffering and you are talking about karma, is it possible that it's not necessarily their fault?

I've heard lots of different variances of why people get sick, where they're at, and I'm just wondering because a lot of people say, "Oh you create your own." And people are sick or suffering...

**Swami:** It's not their fault. It's completely a lila, an illusion. But even though their physical body is sick, their soul should get healed. Once if their soul got strongly healed, their diseases will go away. But it's nothing to do with what they really done it. It's kind of illusions playing.

Second Person: So what can one do for oneself to help that healing process?

**Swami:** You need to make that soul strong as much as you can. Never feel you did a bad karma, you did a bad works, bad works. Never insult to yourself you're such a bad person. You don't have a right to blame too much. You can be a little guilty, yes little guilty - just asking forgiveness and just letting it go. So diseases... for example, how many healers got diseases? Paramahansa got a disease, Shirdi Sai Baba got disease, somebody, it's ok. You understand? Basically it's a karma, it says many, many lifetimes whatever we done, it's reflecting in this lifetime or maybe next lifetime or first lifetime whatever we done. Majority if you're really under the (snaps fingers) like that received the cancer, received an accident, lost your leg or lost your eye... sometimes it happens. Sometimes in the family at a time when you're going in the car, four people in a car, they got accident, three people died, only one kid is alive.

Basically we need to accept it's a karma, it's karma. It's only our actions in our lifetime it will implement, according to the Indian philosophy. *Indian Vedic tradition* says it'll follow you until it hits you. My point, before it's hitting you when you're healthy or when you're really in the consciousness, try to create as much as you can the protection circles. Try to be yourself as a strong healer then you can help take care on someone else. When you get a little weak, the protection circles around you, then you'll get certain type of sicknesses. If the protection circles are strong, you wont receive that easily any type of sicknesses. If the soul is strong, you won't get heartbroken that easily. If your soul is strong you won't get depressed, you'll maintain the life as a kind of arrow. If you're getting day-by-day, getting heartbroken, receiving pain and arguing

with super kind people - you're super sensitive – yes, then you're receiving the pain. Easily you can get hurt yourself then your soul capacity is landing. Once if your soul capacity is landing you're indirectly inviting, you're giving open door to any negative influences can flow on you. Even you can't get the physical sickness, you'll receive the heartbrokenness, and depressions, that's another huge possibility there. There's only one solution to that - to concentrate and meditate as much as you can to enjoy the inner silence. Once if you really enjoy the inner silence then you'll become very strong. If you like the beautiful music, listen to it. Put your mind for a while in the trance, forget all the stuff in the trance, you'll receive the cosmic. Any prayer, whatever religions you like it, take it and chant, it helps to your soul. Next?

**Philip:** Eight years ago, here in Mill Valley, you introduced a system called Patanjali Yoga, which was a totally new version of Kundalini yoga. You haven't talked about it since then. I was wondering if you could expand on it and talk about its relationship to the five elements? It's an amazing system. It's still as valid now as then.

**Swami:** Well I'm happy to talk when I come next time very peacefully - it's a big subject. I gave a seminar in Mill Valley for two days isn't it? So, we have very short time now. Of course I'm happy to explain. There's a top beyond many stages but many people they don't know about the five elements so the Patanjali is like getting a Doctorate. Wait. Ok, next question.

**Fourth Person:** Hi. I've always thought about the path to God as surrendering oneself to God and getting past the self. And I've always wondered like the best way to do that in being with meditation and yoga. I'm wondering how many hours a day would you say would be enough to get there? And if I was to do it every morning and every day, should I do it in the middle of the day too?

**Swami:** Sure. Yea. Doing is important, doesn't matter which time.

**Fifth Person:** I teach a form of healing which channels divine energy. You basically act as a channel for the divine energy to come through you and into the person you channel it to. I wonder if you've heard of it before? It's called Reiki?

**Swami:** Ok.

Fifth Person: Have you heard of it before and what do you think of it?

**Swami:** I know Reiki.

Fifth Person: And how is it different from what you do?

**Swami:** Doesn't matter what name you call, but I call my system completely Sai Shakti Supernatural Cosmic with Almighty Energy. But majority I take the formulas, the ancient Sanskrit prayers. That energy I make it to come and flow through me. But different Reiki, all the systems they talk, simply you open your heart, you receive the sun or cosmic energy and put it. But I take the rhythm of the seeds of bijakshras, the pronunciation of the words I take, I use the perfect formula, the perfect number, and I implement it. You understand?

Fifth Person: Yea, I think so.

**Swami:** So the prayer is most important. Prayer makes the vibrations more strongly impact. Many people say, "Oh, my heart is open, oh God come sit in my heart. Right now I'm healing." It's ok, but if you take in Sanskrit way, for example, you take a Gayatri, if you take the upadesh of your personal mantra, the pronunciation, the vibrations... For example, the Gayatri mantra, if you chant the mantra (*Swami chants it aloud*) there's many up and down of the rhythms there. And whenever you're chanting it, that vibrations one hundred percent will impact on that soul. So, you can use the normal words or you can use the strong typical pronunciation in a proper way, how it really works.

If for example, there's a Clint there. If I call Clint, he'll immediately get react, "What?" In the huge crowd he recognizes that, and it catches like that. If I use different name, to making concept on him that I want to talk to him, if I called the name Ramakrishna, he won't respond. He'll be very quiet on me. Like in the nature, you need to shake the nature with using with, whatever the nature's already exists - that vibration already in the nature. Already who researched in the nature, the spiritual saints, they discovered and what they written it, whatever we implemented - that perfect vibration and the access channelings, it will one hundred percent, it will give the

results. That's my experience. So the prayer is the key, the bijakshras is the key to open it.

Sixth Person: Swami, I'm not sure if you already addressed this... how do you let it go?

**Swami:** Sorry?

Sixth Person: How do you let it go?

**Swami:** Oh, discharge. I've given in the Five Element's talks the discharging techniques and prayers too. For example, you chanted the Earth Element... you don't know the elements? You did the healing, you done it. When you're taking a shower or in the bath, lay down until the water up to here (neck) for three, four minutes. Strongly breathe in, hold the air - think in your mind whatever you done the healings on the people, right now you're discharging in the water. Take that thought concept, keep breath in, hold it, release it; breath in, hold it, release it. And if you really did any Five Element's prayers, whatever prayer you did for healing, same prayer you chant it for discharge. Make that strong thought when you're discharging then automatically you'll feel the difference. If you take the earth (dirt) just take it and chant the Earth Element Mantra, the earth will start vibrating on you. It makes you, it really sucks, pulls all that stuff. Few minutes later after you did, it releases as a kind of vacuum. It's not psychologically hypnotizing, it's practically tested it and proved.

Seventh Person: You already addressed a little bit of my question. But the most common question I get is, why do I need you to help heal me? Why can't God work directly through me?

**Swami:** Sure.

Seventh Person: And I'm wondering if you could speak one or two concepts that would help me answer that question.

**Swami:** Ok, no problem. Generally once... the beginning also I told it. If you really meditated, if you really developed the channeling to the five elements with a different prayers, you'll become strong yourself, you don't need another healer. Once you become strong yourself, you can take care of somebody else too. To become the

stronger, certain blocks you need to remove in you. Certain things you need to get balanced in you. Certain desires you need to step back. Once if you really step back, once if your mind and heart is in your control, yes you don't need any healer. Whenever your mind and heart is not in your hands, you received already huge punches of heartbreak and you got super sensitive, then you need somebody to lift you for a little while. Then you can take care of yourself. Ok?

Seventh Person: Thank you.

Eighth Person: Does a Swami choose the time of their own death and if so when and why?

**Swami:** What, what?

Eighth Person: Does a Swami choose the time of their own death?

**Swami:** Who, which Swami? Oh... the life is not in your hands. Nobody can decide you'll die this minute. You seen in tsunami how many people died? More than seventy thousand people, they got like that. Recently one earthquake Pakistan, Kashmir, they're gone like that. So our actions, whatever we done, the nature reflects... it will decide. It decides. So the point is, the life is not in our hands. It's not. Nobody can decide it's only nature will decide. You can smell it. You really can smell it, "Hey, something is going to happen." Something you're feeling little funny, but you cannot decide. Your psychic indirectly saying, "Something is wrong, something will happen..." Once if it hit it... Try to follow - every Thursday I give the messages, predicting about the five elements in the nature. Try to follow for one year. You see how the predictions are coming. I don't want to explain, but you wait and see. Next?

Ninth Person: Good evening, so my question is, I'm French and before coming here three years ago, I've been traveling for seven years around the world with no money and just my faith in God, and completely surrendering everyday and opening up to the magic. And since I've arrived here, I've found the love of my life and I want to have a family, and we live in Mill Valley and it's expensive to live here, and I'm little bit struggling with manifesting money. And I feel that I'm contradicting because I'm a healer and I charge money for healing. It's my work and I would love to give away, and keep doing my life as I was before but I feel I have to make happen a life. If I

want to have children I need money for school and all those things. How can I be more... keep expanding and keep connected? I don't know...

**Swami:** For how long? For how long?

Ninth Person: For how long what?

**Swami:** I understand, but the money, if you really want to make it, you cannot make it. I'm serious. If you're trying to want to make money - hun-un, you want to be in a good health, you can try, but no guarantee you'll be in a good health. Whenever the money is coming in you, it won't tell before it's coming. It will come if you keep doing your hard work. If money wants to go away from you, it won't tell you before the money is going out - automatically it goes out. I'm serious. Is it true Gary? If the money is coming, "Ok, I accept it, let it come." Whenever it started to going out, even if you try and catch it, you want to tie it, no it'll go away. So it's not in your hands. Keep try. I bless you. You'll be fine.

Tenth Person: Swami, first of all I want to thank you for being here. My question is, as a healer of the Five Elements... I think I know the answer to this, but I want to ask you for clarity. Should we be chanting all Five Elements everyday or would you suggest focusing on one or two elements at any time.

**Swami:** Just if you've done all the elements, just you can focus on one or two elements, it's enough.

Tenth Person: Could you say one more time please, I didn't hear you.

**Swami:** Any element, one or two is enough.

Tenth Person: So focus on one element?

**Swami:** Yes, any element. Clear?

Eleventh Person: Swami I've been to India for the last seventeen years to see Satya Sai Baba who has said that he's the reincarnation of your master. I wondered if you could talk a little bit about him. Have you been to his ashram? He's very close to your ashram?

**Swami:** Yea.

Eleventh Person: Have you had a relationship with his current incarnation or only his former incarnations?

**Swami:** Have you met him?

Eleventh Person: I've been there eleven times over the last seventeen years.

**Swami:** Are you talk to him?

Eleventh Person: A number of times, yes five times I was called for a personal interview.

**Swami:** Ok, have you asked him the same question? When you had a chance did you ask him?

Eleventh Person: No.

**Swami:** So, drop the question. At the time you might use that question. Try maybe next time. If you got failure, I'll tell you. Next?

Twelfth Person: Swami, my question is about the connection of body and the soul. If we're not attached... in our evolution we should not be attached to the body, why are we healing the physical body? And just a continuation of that... if we as healers, if we work through the five elements or through other systems, are we interfering with that person's karma? Or whatever healing happens, is that cleansing their karma? What is the relationship of illness and karma, or body and soul?

**Swami:** Can you tell in one sentence?

Twelfth Person: Well, it's hard. As healers are we interfering in a person's karma that's manifesting as an illness? In doing the healing work are we interfering in that person's karma or what is happening when we're working?

**Swami:** You're changing whatever they received and you're switching it and re-manifesting that. A person is really suffering with

a cancer, heartbreak, once you're really working it means you're changing it. It means of course you're part of in it, but you're not, but slightly you're a part in it. So one percent or point five percent you're responsible. So you receive that, so you need to be careful, so you are responsible slightly.

Twelfth: But is that person doing their own work? Are they doing their own karma by receiving the healing or is the healer having some responsibility?

**Swami:** That's the healer's duty.

Twelfth Person: So the person being healed, does not have responsibility?

**Swami:** Receiving the healing? No, they're completely absolute crystal clear. For example, I'm a robber. I rob. I have a family, three kids, father, mother, sister and I robbed the food and brought it and put it to them. I did the crime there and I gave the food. They didn't ask for me to do the crime, so I'm responsible for that. It's my duty to take care and feed them, that's it. So which way I work that's different channel. So whatever we done, we are responsible. To whoever received, they're clear. If the God is giving the blessing, whatever we receive, it means we're also responsible for it? No. You understand? I heal a snake bite lady, why is she responsible? The negativity hitted - somebody took care. She's fine, she's happy she's released.

Twelfth Person: So has she cleaned something or have you cleaned it for her?

**Swami:** Yes, pretty good she got cleaned. She not doing anything again with the healer, the God - just she's a happy soul.

Twelfth Person: So does a person need to be healed by someone else or can they heal themselves?

**Swami:** They can heal themselves absolutely, that's first priority. That's the number one - you should heal yourself. You no need healer all the time. Like I told before, when you really got hurt, and hurt, and hurt, and hurt, depressed, then you need a healer. Who was not heartbroken who was here, guys, can you raise your hands? I'm

serious. Not got heartbroken, can you raise your hands? Who really in the heartbreak now, can you raise your hands? Really, really heartbroken, you cannot help yourself. Now I'll give... we'll sit in the meditation. Tomorrow you check your heartbreak. I'll give guarantee pretty good, then you see in a few days later how it's really changing. And also I'll be available Sunday for a few days, if any of you need help necessary, you're most welcome.

Before to closing this subject, have you ever heard about the Indian Feng Shui guys? You heard Vaastu? Who knows, who heard it, can you raise your hands? Can you talk little bit Monika L. on it?

Monika L.: Vaastu is an ancient science from India that uses the elements. Swami talked about that he teaches the five elements, not any particular religion – the use of nature, the use of God energy in nature. So what Vaastu is, is taking the positive aspects of nature and using them in our homes and buildings to harness the positive energy to bring beautiful benefits in our lives. We all know that the power of nature, for example, we can see when a hurricane can come that is a negative aspect of the water, but yet water is the positive element that keeps us alive. And the same if you think of fire. Fire is the thing that nurtures us and gives us the ability to eat our food. But if you have a fire that's out of control, it will destroy your life.

So Vaastu is a science that teaches us how we can balance the elements in our surrounds. So for example, if you have a house and the house has a Northeast entrance, that entrance is going to bring you a lot of prosperity and a lot of peace and happiness. But if you have an entrance that's in the Southwest you're going to be open to a lot of tragedies, a lot of misfortune, lot of depression. So this is one of the ancient treaties of knowledge that Swami has brought to the world. And he gave it to the world after testing thousands and thousands of homes and he saw that people who lived in a good Vaastu home didn't have the same struggles that other people did. And by just changing certain things in their home, perhaps putting water in the Northeast, or blocking too much land in the South, that just by doing those changes the elements started to support those people's lives, even without doing any meditation or spiritual practices, that in fact, eighty percent of people's problems could be solved by simply living in good Vaastu. And in India you'll see, especially now, they've really come back to designing homes this

way because they see that automatically you'll have success by simply living in an environment like that.

So, as healers Swami teaches, we all need to know some basics in how we live. That if you change a house, or change maybe your entrance, or choose your next house according to good Vaastu, then you'll automatically bring huge vibrations into your life. And any healing people, any healing patients that come to you, you'll really start to predict what problems they're going to have by what environment they're living in. And I think we've all experienced this by going into different places and felt the vibrations in different places. Some places you feel really good or maybe some houses in which you moved into, good fortune maybe came your way or the opposite.

So this science is something that Swami has demystified and made very practical and brought to the world. And he's made some pretty amazing statements that many of the problems many of the world depressions could be solved simply by building in our homes in a different way. So that is one way in which he's teaching us how to live with the elements in our lives and make them support us in what we do.

**Swami:** Thank you. Vaastu is... simple few statements. How to make your life easier and happier where you're really staying? In our body is five elements. We depend on the five elements, we're breathing air, we're drinking the water, there's a lot of temperature in our body, we're depending on the ground energy - we're receiving the cosmic. The same thing where we stay in the house, where the water should be, where the fire should be, where you need to sleep, how you need to go away from the house, the entrance, how to get into the house. The moments in your house are most important. For example if the South hills, if you see the Silicon Valley area, all the cliff area, all south and west, they're super successful. The East and the North people are super tragedy and crash - take it granted, east mountains, north mountains the houses who built gigantic north or gigantic east, they're not at all successful, ninety-eight percent majority not successful. Take the south mountain, west mountain, all the house that slope down to the north, take their houses, take their lives, ninety-eight percent success. What is the inner reason? There's a lot in it. Take it for granted. One hundred percent if there's a north gigantic or east water, if you built in that area they're super

successful. If the water is in the south or in the west and you built there, there's no chance, your success is pretty low. It's tested, tested, tested.

Outside of your house if you have gigantic south slope, whatever money you make, just you keep losing it – south and west slopes. There are some fundamentals deep in it. Once you check the Vaastu maps what I explained the principles, where you released in the environment and in your house, simply you can see how it's truthful or not. So that is another scientific way architecture can research. And I wrote a book on it too. So you can get that, more information on it. Yes you really can create success through the Indian Feng Shui pretty good.

So can we sit in meditation for a while, guys? Are you ready? Think your wish, what you really want, why you came here today. Say thanks to your parents. Close your eyes, gently relax... you are in the divine presence - He knows your problems - He will take care.

*(The meditation lasted about fifteen, twenty minutes.)*

End of Program