

Swami's International Programs 2005  
London Program: The Awareness of Consciousness  
Master's Suffering, Siddha Yoga Process  
Program at Venue in London  
November 13, 2005



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**Swami:** Good morning to everybody.

*Everyone chants the Guru Mantra three times*

Welcome my Dear Divine Souls. Today is the precious day. By the grace of Shirdi Sai Baba and Almighty's blessing, today I'm here in your presence. Today I want to discuss and explain the awareness of the consciousness, how the consciousness works in you, how to recognize the consciousness and implement that consciousness in your natural life.

From the ancient days, whenever we chant in the beginning, we start with omkaram - the sound of the, 'om'. When we chant Guru Brahma, Guru Vishnu, Guru Devo Maheswaraha, the three characters - Brahma, Vishnu, Maheshvara, Shiva - these three characters is GOD - Generator, Operator, Destroyer... Brahma is the Generator, he makes you to come here. Vishnu, he operates when you are here, holding the illusions, wealth, prosperity, all these type of illusions we call *Samsara Vandana*. Maheshwara, his character is to destroy, again to receiving back you in him. That is the Shiva character.

These three characters are linked in one person. That is Dattatreya. That Dattatreya is incarnated, born in this Yuga as a Shirdi Sai Baba. In us these three characters are with us - sattva, tamo, rajos - three gunas - sattvo guna, tamo guna, rajo guna. These three wild

characters, sattva always quite happy, relaxed and whatever you have with you, you want to enjoy with that. Tamo, even though you have something, somebody has something - you want to take that from them. Even though God given you lot of blessings, he's given you lot of amazing experiences, he's given you lot of comforts, you're not happy with that. There's a lot of explanation on the three gunas. I'm giving you a little brief. You want to take from somebody - that's Rajas Guna, there's no difference between you and the animal - kama, prana, madhya, nalaja. The rajasic is more concentrate on the kama, the sexual and the desire blasting. Doesn't matter the mother, the sister, the children - just you're a wild person. In you another character is hidden in you. Very often in some people's lives it exposes, it comes up and you want to do whatever you want to do. You don't care. After you done it, then you start to feel guilty. Who was rajasic that stage, they don't care about the consciousness. It's very wild stage. Every person been through in a certain period in your life that Rajasic Stage.

What I want to tell here - the guru, he's a light, he's a candle. He's a Brahma, Vishnu, Maheswara - three characters in him. You didn't see the Brahma, you didn't see the Vishnu, you didn't see the Shiva - only you see the master who really can bring you in the deep light, who really can guide you in a proper way to balance your three characters in a proper way.

Many people might think, "Swami, I dedicated, I devoted my life to Paramahansa, to Shirdi Sai Baba, to the Jesus any saint, any holy being, I totally surrendered but my life is miserable. My children got drug addiction, lot of energy problems, lot of health problems, tragedy, depression." These are all coming from number one - ignoring your inner consciousness. Number two, it doesn't matter how much you really devoted your life - the most addiction is having too much devotion. You can have devotion but everyday, "Oh Jesus will take care, Shirdi Sai Baba will take care... Oh this thing happened, that's his wish maybe. I'm doing this, maybe that's his wish." Fifty percent is in your hands. If you given more than fifty percent in what you didn't seen, in the Almighty's hands, then your life started getting little miserable. First you do your best then you leave to the God's hands. Without doing anything, "Ok, that's his wish - let him do." That's super danger. You can come out from any drug, but you can't come out once you gave your heart like complete

dedicated. That is not that healthy. You have to keep your willpower with you. All is with you - Brahma, Vishnu, Maheshwara is in you, same time, do your best. Try to become like... Jesus he always says in his philosophy - all his students and followers will become more than him. What is that meaning of that expression?

Student: You can do what he did?

**Swami:** What he did? Nowadays the gurus, the babas, swamis in the globe there's million - but candles is different, but the light is same. Why Jesus called like that? What is meaning of?

Student: The inner force of creation is the same and it's just a matter of the way we manifest it.

**Swami:** What he manifest?

Student: He manifested God.

**Swami:** Let me ask question. I'm eating mango and I'm... it's really so sweet. Are you satisfied as a student or you want to ask to eat the mango?

Student: *(Can't hear answer)*

**Swami:** So as a student you will accept that?

Student: *(Can't hear, but think she answers she accepts that)*

**Swami:** You're not catching my point. Let's say I'm eating an apple. I'm telling you it's so sweet, you don't need to eat it. The taste is so sweet I'm saying. Are you happy with that or you want to taste that yourself?

Student: I want to eat it too.

**Swami:** Good. A master means... an avatara, a holy man, any saint, either teacher... it means when he prepared same like him, or more than like him, then he's called avatara, a saint as a real true master. Even though he's eating, but he has to make the people to eat around him to be more than him. Whenever he's not prepared more than

him, it's meaningless. From three thousand years I studied some great ancient information in the palm leaves. It's almost all .002% that information is available in the globe. It's not available. In the ancient days only one caste seeing that - Brahmins. Matvas and Shivas they're two characters. (*inaudible*) They're happy with their golden palace. Just some who are all the saints, they written the information, just they take care them. The saints, they have it but they didn't teach on the day to the normal people. They kept it. From the day onwards, the huge link is missed. After couple thousand years huge link is missed - still it's missing.

So who, my students in India are learning Sanskrit and Telugu, how to read the ancient palm leaf books. We cannot believe it, once if you have that in your hand, if you start reading it you don't want to stand and wake up, just you want to read it, read it, read it - that much opening your heart. Today we cannot write that book it's impossible, such small tiny letters less than size of one ant head - such amazing information.

Why it didn't came until now in the globe, that's painful. It's ok. By grace of Baba you can see that yantra, it's almost like two thousand years back. You can see that Shiva lingam...you know Shiva lingam? They wrote all the bijakshras, energy words, energy pronunciations for example: na ma shi va ya. What is that words? Whenever na ma shi va ya - the energy is flowing there - five elements, panchabhutas - earth, fire, sky, air, water. These five elements is amazing.

The Shiva lingam, the Shiva, he's the boss to the five elements. How to control the five elements in you, how to balance the five elements in you... when you're breathing pranayama 'so-ham' there are many teachers they tell, "Take the breath in and breath out." You can leave your soul from your body, and again come back. Whenever you really have control on five elements especially the Air element - you can take Samadhi and come back. That's what the big boss Shirdi Sai Baba did in his life. It's possible. Some people they won't eat for years. Some people, they'll walk on the fire, they have good commanding on the five elements. Some people they stay in the water for a while on the days. It's called Jalas Kampana, the most amazing techniques on the days, just with the link and the connection of the bijakshras.

The second one is kind of Sri Chakra. It's a Mother Divine, Shiva's Mrs. - that is Sri Chakra. And also, I given one Sri Chakra yantra to thousands of people have it in the globe right now accessing. There's another yantra, in each petal the bijakshras - how to bring the prosperity in you. It's a big... Once if you really done, really worshipped the Sri Chakra, ninety-eight, ninety-nine percent She's the lady to removing any type of negative blocks, any type of negative illusions that's influencing on you - can wash away, can put you in the...to see the real Mother. Also it helps through the Sri Chakra.

Many people seen Mother Divine and had a great experience. The present situation, the people can't believe it, "How it's really possible?" It's possible. It's possible. So I explained about the five elements before. Now how to control the five elements in you, and how to charge the five elements in you, once if you're enough charged the five element's energy, you can control that. I'm not belong any religion - I belong to the knowledge – satya (truth). I'm not against to anybody's philosophy. My philosophy is satya, to bring the information, to make it available to everybody. Any religious person can do it, whose born as a human character. So the five elements gives the most inner consciousness. Simone, you done the Five Elements?

Simone: I only did the Earth.

**Swami:** Who really completed the Five Elements? Mary, you done the five elements? Can you say the Air mantra?

Mary: That's the only one I can't remember.

**Swami:** That's why I'm asking that one.

**Swami to Mareena:** You completed? Can you tell the First Earth mantra? You can't remember it? Who remembers the First Earth Element? Just you want to hear the prayer, that's only my point. *(Someone chants it.)*

**Swami:** Chant the Sky. If you feel the Indian prayer is heavy, it's heavy. If you feel it's simple, you can learn it. Whatever all the prayers I've given, it's easier than the Gayatri Mantra. You know

Gayatri prayer? For example, (*Swami chants sky mantra*) simple sky prayer.

Om lingastakam needum puunyam  
yaha patay Shiva sannidau.

You say to the Shiva, "Whatever I done mistakes, whatever I don't know, any problem in me in my soul, simply I'm surrendering to you."

Shiva loka mavapnoti  
Shivayana saha mogatay

"You are totally the person to take care of me, please my heart is open, take care of all my pain, wash away." You completely surrender with your soul, not with your heart - with your soul *saha mogatay*. If you keep chant and chant and chant, you can see how the vibrations really impact on your life. It's like a cobra releasing a skin ever couple of months and getting fresh skin. Whatever we're chanting it, every full moon to full moon - the layers of your life keep changing.

For example, I'm not criticizing... any jyotish person let him come, let him say, "Ok, he has the very bad astrology. It's very impossible to fix his astrology. He has to suffer for five years no doubt." Let him put a person with a bad astrology and I will challenge him - I will fix it whatever he told - I'll change to complete opposite. Simple few prayers - let him do then astrology never get impacted. Many people say, "Yes, you have to wear this diamond ring, you have to wear this emblem, you have to wear this sign." What? Why all this? It's just marketing to sell the jewelry.

How you really concentrate deeply, pray, the vibrations, the real stones and gems of the bijakshras, if you took and you chanted it, then you create your own protection circles. You create your own protection circles. Once you have your own protection circles then not that much negative energy will come that easily with you. Even though the negative influences are pouring in, somehow just you lose it. I'm giving a technique.

Every Full Moon to Full Moon - how many days between Full Moon counting to next Full Moon counting? How many days? You're dealing with spirituality this many years...twenty-nine days? Take one full Moon... you don't believe God? It's very hard for you to chant bijaksras... you can't trust. You trust the flame the candle flame isn't it?

Tape Ends Here





