

Swami's International Programs 2005
Beuerhof, Germany
Bridge Between Master and Student
Part Two
August 27, 2005



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Swami: You had your lunch? So, you understand, Stithi, Laya, Pragnya, the three stages? I'm assuming everybody in these few months can be in the stage of Pragnya. To be successful in spirituality, it is the most serious matter, what I told, Stithi, Laya, Pragnya, whatever I talked to win the spirituality is the major concept, the foundation, Stithi, Laya, Pragnya, three stages. Who really understood the three stages is pretty good done. The foundation is pretty good done. You understand? Good. Take everybody paper and pen. Starting tomorrow morning your day, every day you have to do what I am going to give the prayer.

**Om
Dheem Dheem Dheem
Mama Nama Kuru
Neelakanta Namashivaya
Mama Atma
Raksha Raksha Rakshamaam**

108 times after sunset. Full Moon and New Moon – midnight to one a.m.
And the ladies, whenever you have the menses, stop for three days.

And if you went to any funeral, on that day don't do this mantra - stop it. And to the gents, whenever the woman is under menses, you are completely prohibited - no more any family life. To the gents and the ladies - you have to be separate. The three days you have to be separate. You know what I'm saying, no saliva exchanging - no fluids.

On the Full Moon and New Moon, one hundred percent you are vegetarian, and Full Moon and New Moon no alcohol, no smoking. If you ate non-veg, don't come to the January program to the next process.

If you ate it, don't come - it means crash, you can't lift it. On the two days mainly tea, ok, coffee ok – pure, one hundred percent sattvic.

Student: What about the Power Spot meditation on Full Moon?

Swami: You are jumping in this? You can do the Power Spot meditation on Full Moon too. You can change the timing, but sharply by 12:00 (Midnight) to 1:00am you need to chant this prayer. You can miss one day the Full Moon and New Moon - you cannot miss three days, three times. If you missed it, sorry... The Full Moon, you know it in the calendar? Good. If you miss one Full Moon, that is the maximum mistake, if you missed two, sorry.

If you are really super sick, let me talk a few minutes, then you can ask your questions. If you are really super sick, high temperature, you can't meditate - take your mala, chant this mantra one time, put it on your heart and think on Guru Parampara, "Please take care." If you are on a journey or on a flight do it. If you are in a car driving, you are in the middle of highway somewhere driving, pull the car aside. After complete 108 times, you start - no compromise.

And every day when you sit in the evening hours after sunset, you get freshed up. Sit very quietly, face the east or north, take your mala, use this finger, the mala is there, this fire finger should not touch the mala, keep go. It has to go down, not up, you understand? And don't make anybody to wear your mala. Somebody want to borrow your mala for meditation - no! Somebody is sick you want to put the mala in their neck - no! In the worst case, if your mala got broken, take one seed out, again tie it, that seed burn it.

So your mala has to be very strong. You know what I'm saying? For the next process, your mala is the most important weapon in your hand, the most important instrument in you hand to protect against illusions, to protect against the Mother Divine. So you have really to protect your mala as much as you can. First priority, you can have a lotus mala, then second Rudraksha, third one is sandalwood. I won't recommend crystals, pearls, any different wood, no.

Student: You can keep it in the night during sleep?

Swami: You can. After meditation you can keep, you can wear it - you can put somewhere, no problem. And especially when you went to the funeral... two days, three days every month, or on Full Moon and New Moon to the funeral, you can stop, it's ok. In the month, Full Moon and

New Moon, unexpectedly you went - you can stop on these days. It won't count.

Student: But we don't go to the funeral at night.

Swami: No, no, no. In the daytime, somebody in your family on the Full Moon day, they call you, somebody to a funeral, you went – on the Full Moon don't do it. Even normal day, don't do it. In the Full Moon day, New Moon day don't do it! Again after one month in the New Moon time or same Full Moon time somebody called, "Go," but don't do it. Another most important thing is, when you are going to the funeral take your mala, keep it in the car, go. If you enter with the mala, don't use forever. You should throw it in the water, the flowing water.

Second Thing, when the mala is on your neck, don't touch any dead body, human body, animals ok. If unexpectedly somebody is dying in your hands, take the mala, put it in the water, and get again next mala.

Student: If she has used the mala and she went to funerals before, she has to get a new mala, or does it start from now on?

Swami: There were the same big fighting in Penukonda. But if you already went that, today in the fire puja I am going to put the water, purifying everybody's mala, and I am holding everybody's mala and putting it on your neck. So after that, you have to keep your mala very pure. Your heart and your mala you have to take as equal. Any questions?

Student: Menses women who happened to have the menses on Full Moon or New Moon repeatedly, what to do?

Swami: Stop, you are smart - stop, stop.

Student: The beginning of the day is it at midnight, the beginning of the day?

Swami: The Full Moon in the calendar says 18th, that 18th night to 19th morning - 18th night to 19th early morning.

Student: Her lotus mala broke and she is in the process of fixing it at home, now she is using a Rudraksha mala.

Swami: It's ok.

Student: The mala I normally use, I have not with me. This kind of mala... What could I, myself do to purify it, because I have not with me.

Swami: Get a new one.

Student: A new one?

Swami: If it is not here, I am sorry. It is whole of your spirituality for rest of your life, then going to your next future generation. Your mala is the instrument. It has to go to many future generations. It is the property what you are giving to your children after you are dead, then again to your kids, them and them.

I have 3,500 years back mala one holy saint has given to me. Only I use every Guru Purnima. That late night I use for one hour. In a year only one hour - it takes care of the whole year, the energy. You can see every Full Moon, how the energy is growing in your mala, you will feel it you see it.

Student: Should I wear both, because I first meditated with the Rudraksha and then with the other one?

Swami: Use Lotus and never ever you told your Personal Mantra to anybody. Only between you and the master. Not your wife, your children, it doesn't matter, you should not, you should not. What you are doing the now process, the Laya, your Personal Mantra plus the bijakshras Om ya ma ta ra ja ba na sa la gam Namashivaya Raksha Raksha Rakshamam in front of the fire puja. So your Personal Mantra if you by mistake told to somebody, it is very hard to fix it. It is your soul pin number. It goes a little unbalance of the elements, with me, my way of doing the channeling, it will get a little difficult to you, your success. So, the Yellow Scarf Group people, it's almost everybody made the Soul Object, Ganesh?

Ganesh: Seventy-nine out of eighty. I only know that one guy, you know his name, I don't know whether he made it finally, I did not see it.

Swami: No, he didn't make it. Out of eighty people, there made seventy-nine successes. And that seventy-nine people they are giving the birth to a Shiva Lingams and they have five strokes completed. And whatever they made objects, they ate it, but I don't want to say what objects it is.

Swami to a Yellow Scarf Student: You made your Soul Object?

Student: Hmm. (nodded his head)

Swami: What is that?

Student: Not, not really it was.... I ate it.

Swami: You ate too? You made your Soul Object? You made it, what you can tell?

Student: Well, it was a diamond, we swallowed it - we ate it.

Swami: Few people made like a huge mercury lingam, Rudraksha, different, different, different. Why are you laughing Tobias? You made it?

Tobias: No.

Swami: He is a lazy. Many people, they have different, different, but all Yellow Scarf Group people one step. In January, if we have the two days time, like five, six hours, individually...like group, then you can make your Soul Object. So, it's a big subject to talk on Soul Object. If tomorrow somebody could talk on the Soul Object, Ganesh, can you give a talk? Are you here?

Ganesh: Yes.

Swami: Talk on the Soul Object subject and somebody about the JC yantra.

Student: The personal mantra I should have from you because I received one from Amma?

Swami: From me. Who don't have Personal Mantras? First I asked that, how many people don't have Personal Mantras? If you don't have it, I have to give it today. No problem.

Student: Is it ok from Myuri?

Swami: Ok, a person can have three Personal Mantras, three, but you have to use one or two major. If you need any help any time and you start to chant that, the energy starts to flow. That's called in Telugu, in Sanskrit Upadesh. Even some saints, when they are telling to you a Personal Mantra, they whisper it in your ear, you are not allowed to write it, they are telling it in your ear. You know that? Telling in the ear, they make to come near your ear very close, they chant it. Even they

can't believe the nature - that's Upadesh. Whenever you are sleeping, your soul starts to chanting that - your soul is chanting.

The top spirituality is when you walk out from your body and coming back - you are done, life and death. Once, if you understand that - you have to reach that stage. Until to you reach that stage - keep practicing. So far many students got on that way, many people.

Student: The three Personal Mantras, I have received other mantras from other teachers. Do they count?

Swami: No, you can chant who ever you like it, no problem, but whatever your Swami is giving, that bijakshras need the max do this. Even my students like Klaus or Myuri, they have given it, they always given it in the Sri Chakra, around the Sri Chakra bijakshras. So different masters, no, if you are comfortable you can chant it too, these prayers. You can read every day the *Bible*, wonderful, you can read every day *Koran*, you can read every day *Bhagavad-Gita*, the *Vedas*, you can go church, everything you can do what you like it.

Klaus: Swami I took the list, which you gave in ending, you wrote twenty mantras, I made a copy of it and gave it to the people and they chose one mantra. They made their own choice out of them.

Swami: Good, the Personal Mantra is most important.

Student: She did not quite understand the timings yet, about the midnight and after sunset mala.

Swami: Especially Full Moon and New Moon, midnight one hour, ok? Then normal days after sunset, chose whatever you like comfortable time. Me, every day, every night, minimum two hours, maximum five hours, I have a huge garden. You have seen it. Beautiful fire pit, I keep walking, even I relax I have to chant. In my garden I go out, the security people around me - that is like a few acres, keep chanting, come back, every day.

Last night, Tobias is driving I'm chanting something and he's starting some questions, asking. I made him quiet then keep go. You have to get addiction to the meditation. Meditation is the most powerful medicine to your soul. When you chant, after certain months later, when you start chanting any prayer, you go naturally in the trance. Just Om Nama Shivaya or just, "Oh Lord, my Jesus Christ come sit in my heart, take care of me." If you keep chanting, chanting, and chanting, asking,

asking, asking asking then your mind calms down. At certain layer you drop that prayer. If I made you to chant the Gayatri mantra, if you are really chanting with the mala, first ten minutes you are ok, twenty minutes you are not ok, thirty minutes you are super drowsy, after forty-five minutes you are super sleepy and drowsy, but you are awake. After one hour you don't have the energy to roll the mala, I'm serious, that is the energy. It comes like a huge pouring... When it comes, don't force to do chanting mantra, leave it. You stay in the stage, stay.

You had a big fight with your girl friend, you have big fight with your business partner - you are super angry! Take the mala, just fresh up and sit, chant, go. Even if it is making you super angry and bumpy, ok, keep chanting, chant, chant, chant... Then you see how slowly you go in the trance. After one and a half hour later, two hours back, you, after two hours you are complete a different person.

You want to take one very important decision, in one or two days later need to take the decision, your mind is super shaky, many people are driving you crazy with different advices. Then take your mala, sit, choose any prayer, Gayatri mantra, Five Elements, JC mantra, any prayers, take, chant, chant... You get relaxed. Then take decision.

Even after you did this meditation every day after sunset, when you have a normal timing, you have free timings in the day, when you are walking in the forest, somehow you are free, just sit, do your meditation. Easy. If you keep doing the Sadhana, practice, even if I put you in a fish market, ten thousand people, a huge crowding, you are going quickly in the trance. The way of your behavior will also change tremendously. It is a super serious advice. Whenever some friends came, make them also sit and meditate instead talk, talk, talk - sit and meditate. Promise?

Student: Swami, what do you mean meditate with the friends?

Swami: Silence, silence. Even if you are shouting, after later your wife will calm down, down and down. Vivekananda used to meditate in one single sitting minimum ten hours, one single sitting meditation, close eyes, - out. There is no time just...wake-up, where are you? What happened to you - that you need to get it ok? Good, any questions on it?

Student: We are not in the Green Scarf Group can we do it?

Swami: You can do that too. Who are already in the Yellow Scarf Group, you have a different process. Still you can do that too.

Student: In order to put the special Rudraksha here (in the mala), we have to give it away to somebody, to do it? Will this not influence the purity?

Swami: It is ok.

Student: During daytime, where should I keep my mala?

Swami: On your body, what's wrong? Or you can put it in your cash bag.

Student: Keeping it at home?

Swami: Ok.

Student: During this one-hour meditation, sitting or walking is ok?

Swami: Sitting, don't dance.

Student: When we invite friend to come for meditation, which mantras are we allowed to...

Swami: The Gayatri, any Five Elements mantra.

Student: Is there a special mantra for children?

Swami: Yes, Om Nama Shivaya.

Student: My Lotus mala only has fifty-four seeds, is that ok?

Swami: Make fifty-four more beads.

Student: For the Laya stage, doing the chanting, making a mistake during the chanting. I begin from the beginning?

Swami: Yes.

Student: I got a new mala in Penukonda but it is not with me, I have the old one here. But when I go home, can I use the new one?

Swami: You are doing this process today hm?

Student: Yes.

Swami: Then you need your mala here. I need to talk more information you need to fix...

Student: For the Laya Mantra, we are still waiting for specific, how often to do, when, and...

Swami: That I want to talk. To make a fast track, how do Shirdi Sai Baba, Buddha, JC, Ramana Maharshi, Paramahansa, all super natural saints they follow it? What is the inner mechanism of the power? They're doing their duty - how it really can happen, the concept?

Baba is the most powerful avadhut. He is a man of miracles, he is a man of wisdom, there is nothing in front of him is impossible. The next soul is JC - the most powerful soul on earth. Paramahansa, he had everyday communication with Mother Divine. Ramana Maharshi is an amazing saint, powerful soul. How they made it? Between the master and you, what is the bridge - that, I want to talk.

Baba is an avadhut, avadhut means who is beyond the five elements. The five elements cannot control him. He can control over the five elements that's why he is avadhut. In this planet, if you are really enlightened - you have to control the five elements. If the elements are controlling on you, you are a normal person. JC, he got crucified on the cross. I think he is a man of miracles, isn't it? Why he got crucified? Hello!

Student: To win over death, to win over darkness.

Student: You said that he washed our karma by doing that.

Swami: Exactly. In the *Vedic* tradition a crucifixion is called Kandhana Yoga. That is one part of yoga - it's not a joke. Baba, he used to cut his legs, his hands, throwing them in the Dwarkamai, again getting them, fitting them back and healing it. To reach, to understand that level, it takes time. To understand that, it takes time. Then your heart needs to be open for that. It's possible, truly possible. Hopefully you see in January some levels of the miracles energy.

Paramahansa, he meditated twelve years non-stop. Before he is a big burglar, he has all terrible bad habits. As a human, once if you are born, it's natural the illusions will play on you to get addiction with the different bad habits. After you took the pledge, after you entered in spirituality, you need to change your life style. If you keep staying in the same normal life, there is no difference between you and the animals, no difference. When you really will understand or some miracles energy is happening to you, in front of you, even you are witnessing something - you need to be able to see that, you need to have the capacity in you can be able to stand in front of that.

The first time as Ganesh is going to hit the Mother Divine, he came almost so close to Her. How many seconds left?

Ganesh: Thirty seconds.

Swami: All whole group is done, they made it, he is the last person. He came huge shaking, he fell off, I'm serious he fell off, fainted. Is it possible to me to lift him? That's why I gave the name to him Ganesh. He fell off, I lifted and I threw him out and later on he hit it.

The point, if you walk in front of God, he walks in front of you nine steps. You walk one step - he will walk to you nine steps super easy. JC told his students, his followers, "You will become more powerful than him." The time is coming now, I'm super serious.

I know you have self-doubt, "How it really happens? Is it really possible?" Yes. It doesn't count your age, doesn't count your habits, doesn't count which religion you belong to. It only counts how much your heart is open. It doesn't matter you are twenty years in spirituality and nothing happened - just you enter twenty hours back, two hours back, if your heart is open - done. Don't suffer your soul unnecessarily, number one. Don't receive any pain. Don't create any pain in somebody, you understand? That is number one.

Number two - in the seven days from Sunday to Sunday minimum, one or two people try to make them happy. Go to the hospital, go to the mental retarded place, go to some old age home, spend two, three hours service - take care of them. If you have in your kitchen one hundred buns, one hundred breads, even they are eating or not, take the four, five breads and go and give to them.

Who ever are your friends, your family friends, family members, who really need help, take the phone just talk to them very lovingly. Create the inspiration in them very happy. This is a new program today to you guys. Even wherever you are working, there are twenty-five, thirty people, try to be charming and making them very happy. In my ashram, how many staff I have Ganesh?

Ganesh: You have forty people who are taking care of the guard and then maybe thirty boys and five or three priests. I think more than fifty at least all together.

Swami: I have one hundred and fifty people there. You see only daytime maybe fifty. All the construction people, big construction is running,

they work night and day. I have a hundred and fifty acres farm, rice, I grow nuts, vegetables around the ashram, within fifteen, twenty km range. They are constantly working. When I go there, they are super happy. I won't talk simply I'm walking with smiling a little, done. The energy is popping up. Recently what you ate, Tobias?

Tobias: Sugar cane, there is sugar cane in the farm.

Swami: Then?

Tobias: Some peas, I can't remember what.

Swami: Did I ask for the sugar cane?

Tobias: No, they came immediately.

Swami: How many people went?

Tobias: From the ashram?

Swami: Yes.

Tobias: Ten people in one car.

Swami: Huge, big car I took them. We went to the farmhouse. There we sat, they came with the sugar cane, boiled seed, the groundnuts. Two years back, how the land looked?

Tobias: Desert, completely dry, just plane earth, a few dry bushes.

Swami: Now today, amazing greenery, mangos, rice fields, sugar cane, groundnuts. Within a year, from the farmhouse, twenty thousand people I'm feeding, twenty thousand people from the desert. But I never forced the workers to do it. The love, the inspiration, themselves they work from the desert.

Even in your family members, whatever you want, through your love they have to recognize what you need otherwise how they take care of you. You know what I'm saying? You have to change the energy system, even in the house. When you keep fighting and bargaining, it doesn't work. Maybe one week, ten days, one month, one year, whenever you are pulling it - then broke. It is only required the love. When they are giving a hard time, it's ok - you need to love them, just love them then they change.

So, it's natural, if you are born with the blocks as a human. These yogas: Kandhana Yoga, Atma Chaydana Yoga, Vibhuti Yoga, Dhوتي Yoga, Atma Sandhana Yoga, Paramatma Sandhana Yoga, these are all yogas is three thousand, four thousand years back. All the saints they did it. Buddha meditated, JC meditated, Baba meditated, Paramahansa meditated. Without doing Sadhana it's impossible to get anything. If anybody talks you can get like that, even if he got like that (fingersnap). To digest that it takes time. Sadhana must and should be. Any lifetime, if you have done Sadhana that Sadhana can go on in this lifetime - you never loose it. You never loose it.

To become a soul specialist, that is the top profession you can do in your life. So, JC he came to India, he travelled Himalayas, he practiced all what I told the yogas. I know it's too much to you these information but slowly whenever you have the free time, keep studying! What Swami talks, taught, whatever I teach is the most ancient information from the palm leafs. So, don't keep anywhere the doubt to do this type of process, "You are really going get it?" Just you get it with no doubt. God is always a fair judge. If you really stick on it, that you want to get some experiences, you'll get it. Don't ask for silly things, after you got certain bliss, "God I have a stomach ache, I have some cancer, I have some terrible disease, take care," don't ask. He knows what is important. You have to throw to him, "Give me what you like"

Paramahansa had a huge cancer in his back. He is one of the most powerful souls on Earth. Every day he is communicating Maha Kali. You read his history. There are millions of people, of followers of him. The Mother asked him, "Do you want me to heal that?" He said, "No." Every day in the late night he is shouting with the pain. In the morning they take the alcohol and clean it - the maggots fall off - but unbelievable powerful soul. Don't count with this body - take account instead the heart, the soul, the capacity.

But don't get addictions of the bad habits. You might temporarily think that's making you to relax. Make sure you are not damaging your life. Make sure you are not really wounding your life - that is very important. Once if your body is not actively gone before you are not recognizing anything, what the use of you came on Earth? You came as an animal, you went as an animal. You have ten girl friends, ten boy friends, a few kids, you have one house, some bank balance there is nothing left with you, you are gone with empty hands - it's meaningless.

The real knowledge, whatever is helpful to the few people, you have to learn that and you have to help the society. That's why the ancient traditions, the ancient palm leafs, whatever, all my yantras, mantras, Sri

Chakra, JC yantra... The JC yantra also what I drawn, I taught last year and tomorrow they are going to teach. That Yantra is found in the palm leaf. It is in the palm leaf. We cannot write today, we cannot draw any yantra on the leaf today. It's very difficult, it is impossible that any scientist can recognize. How it's possible that hundreds of words on one small leaf? I think I showed you before? Hello, group number one.

Swami: Tobias, we have here?

Tobias: One leaf.

Swami: Where is it, can you get it? All my teachings are linked with thousands of years. I respect the *Bible*, I respect Buddhism, I respect *Vedas* - I follow the ancient tradition. The truth on the days is written on the leaves it means, it is clear. I don't know who wrote the *Bible*. Who wrote the *Bible*?

Students: Many people. (Different answers.)

Swami: Many people?

Student: I think it started two hundred years after.

Swami: Two hundred years after? How much you can really believe on it? Ya ma ta ra ja ba na sa la gam? It is in the palm leaf. They wrote about Stithi, Laya, Pragnya - three stages. Let them chant this... let them chant this... let them chant this... then they get relief. It is in the palm leaf. Sri Chakra, it is on the palm leaf. It's not somebody is making that - they really researched. So it completely belongs to the processes.

I'm not criticizing any religion. You cannot see anywhere, any holy books... If you do the processes you will get the benefit like this. JC made some miracles. I am sure he explained his students, but it's not today available on the globe. Buddha, I'm sure he explained some supernatural formulas he explained - it's not available. Some Maharshis, they wrote some formula books in India - that's what we have. If you follow that, you get the results. You understand?

So, the Laya stage - today in front of the fire you are holding the coconut, you are making the pledge to the fire element, first fire element then all elements, remaining elements, after that to your parents and the master, and to the Mother. In the future you are not going to hurt anybody and you are not receiving any pain - you are not allowing any pain in you. So, simply forgiving everybody - that is the deal between you and the fire. This you need to witness for five Pujas, five fire Pujas, five times.

This is the first time. There are four more left between you and me guys, and the fire. For each fire puja a different layer will bring up. For this time try to pledge any lifetime you did any negative karma, with intention and without intention, with intelligence or with innocence, you are completely offering everything - asking for forgiveness.

Another thing, even you want to take on somebody's life revenge - you are forgiving them and you are leaving them - you understand? Third thing - asking for the protection circles, these three can you repeat the three things?

(Martin repeats these three points.)

Swami: Clear?

(Lothar repeats these three points.)

Swami: You got it? This is the leaf try to look. (Palm Leaf)

Student: Where did you find the books?

Swami: Shakes his head.

Student: How old are they?

Swami: Three thousand years. Is it possible to write that small letters on it?

Student: Not with our hands.

Swami: One day this information comes to the globe. It's a big revolution in a positive way. When I come in January, each person needs to get your own coconut and flowers and we are doing with the water element process. Today is the fire element process, next is the water element process. And I give you some herbal oils, a list. So I hope somebody can organize some sandalwood oil, some Ganesh wood oil, Tulsi oil, some Lotus oil. Can you afford this, guys, in January can you do that?

Student: Are the Palm Leafs older than the *Vedic* writings?

Swami: Same, but very old, they are different information this is different information. Good, so after fire puja, whenever fire puja running, try to chant your Personal Mantra then the prayer. I am happy to give the Personal Mantra. Then late tonight, minimum two three

hours try to chant the same what we are going to do in front of the fire pit. Keep chanting it. Then whenever you have free time, there is no limit for this prayer, keep chanting it. Whenever you have free time. If you have your Personal Mantra, then Om Yam Nama Shivaya.....in the meditation just keep. But you have to do as a row: ya ma ta ra ja ba na sa la gam.

Student: Shall we do this row or that as we learnt it in India?

Swami: You can do either that or this. In January there is the soul traveling, Kandana yoga, the Mother Divine Strokes. We are going to complete the process Kandana yoga, five strokes, soul travelling... We make a lottery for one or two guys and we will make them to do some soul traveling. We will see. It will happen. Am I ever did, give soul travel?

Student: In India with nine people.

Swami: Possible, but until you, whatever you promise to me, take care of that peoples heart, doing some seva, open your heart not taking any more revenge, no more hurt until you became a new person, I am with you. You know what I'm saying? I am with you no matter, in what difficulties you are - I am with you, Baba, Shirdi Baba is with you. You don't have any problems, just this is your illusion - you don't have real problems, I'm serious. If you really want to see the real problem, I will give you a real problem.

Shall we go to the fire pit? After the fire puja your Swami is saying good-bye and tomorrow talks on the Soul Object and JC Yantra, it is good if you draw the JC Yantra, if you keep it in the bedroom. I already explained. It's a super positive thing. There is no any negative spirits any negative vibrations even come close to you. Tobias is...they are making on a medal so you can have it. But this mantra, what you are going to chant, you can take care any negative vibrations...really far away from you. Ok? Whatever I told, my talk, somebody needs to print it. Within two, three days you can get it. There is pretty good information I have given. Somebody has to hear it and type it so that each person has one brochure with you.

Read minimum five times. First time you can't understand, second time it looks you understand, third time ok then it goes. How many hours I talked, almost three hours, four hours. Can you really remember thirty points? I have given more than five hundred points. I did! You read it. It's linked with all - one by one - it's enough - go.

End of Talk