

Swami's International Programs 2004
European Tour: London Program
Program at Venue in London
May 29, 2004



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Evening Talk

Swami: How many people visited in your lives to India? Anybody seen India? That's quite a lot? One more time, this part. What is your experience about India? If you don't mind can you stand up and talk?

Student: Oh, ashrams.

Swami: Which ashrams?

Student: Tiruvanamali.

Swami: Oh!

Student: Rishikesh and Kapurnath, Karunamai's ashram in Bena... and a few others. I can't remember them all.

Swami: You can't remember?

Student: Small ones I can't remember.

Swami: So which ones you really stayed long time?

Student: Rishikesh and Andhra Pradesh and Tamil Nadu.

Swami: That's states.

Students: Tiruvanamali and ashram.

Swami: Who is in Tiruvanamali?

Student: Ramana Maharshi's Ashram.

Swami: Who is he? What about he? Is it okay guys to ask some few questions to him? He traveled in India so we need to know what he knows about India. I came from India just I want to make sure he understood about India.

Student: Sorry, what's the question?

Swami: Thanks. Who is Ramana Maharshi, what is his message?

Student: His message is, "Find out who am I? Find out the Atman, the Parabrahman, Paramaatman, the self through the atmaacharya, through self-inquiry. And he simplified it all to, "Who am I? Who am I? Who am I?"

Swami: You found who you are?

Student: I'm sorry?

Swami: You found who you are?

Student: No. Still trying.

Swami: Still trying?

Student: Yes.

Swami: What does it mean by Atma?

Student: The self, the soul.

Swami: Paramaatma?

Student: The same - the supreme self.

Swami: Supreme?

Student: Self, soul.

Swami: So, you're not supreme there? (laughter in the room) No, I will tell the logically. I will let to know who you are.

Student: Okay.

Swami: It is simple.

Student: I don't feel supreme.

Swami: What?

Student: Sorry, did you say, "Are you supreme?"

Swami: Yeah.

Student: I don't feel supreme.

Swami: Is Ramana Maharshi supreme?

Student: I hope so. I believe so.

Swami: That's a big mistake. Everybody's equal, just he don't have some blocks. Maybe you are carrying some blocks. Between you and him there is a few walls of the blocks, jealousy, ego, selfishness, unworthiness, left out, all these blocks making not to holding it. Simply sitting and thinking, "Hey," it won't bring you who you are. So, Paramaatma means... supreme. Don't misunderstand. You will take it as a sporty, isn't it?

Student: Sorry?

Swami: Whatever I ask the questions you will take as a sporty?

Student: I'll get used to everything... (inaudible)

Swami: You will take it as a sport?

Student: Oh, yeah, sure.

Swami: Why he wears such type of dress?

Student: Sorry?

Swami: Why he wears very simple cloth?

Student: Me?

Swami: No.

Student: Oh. He gave up everything. He renounced everything. He went to Tiruvanamali, threw away all his clothes, with two rupees and just kept his dhoti.

Swami: Then?

Student: Then he just sat in the temple and then he just sat on the mountain for many years.

Swami: What?

Student: For many years he sat.

Swami: You can't do that to find out who you are. Is it that type of message will brings you to make you to get enlightened, going and sitting on top of mountain?

Student: Is it necessary?

Swami: I'm asking, yes?

Student: It hasn't yet, no.

Swami: No need to sit on the top of mountain. No need to give up all your things. But you need to give up inner certain blocks. Mainly need to develop the forgiving nature, forgiving nature?

Student: Yes, yes.

Swami: And surrender, and strong determination. That's mainly enough to bring you, to create inner light in you. In relationships, in the businesses, wherever you go, if you can't forgive, if you don't know how to surrender - that brings you lot of headaches. I know many of my students they're practicing but I keep working on their blocks. Once keep holding the blocks in you, you can't feel satchitananda, inner happiness in you. Once if you give up, "Okay, I forgive this character. I can forgive this person," not anymore thinking about that character, then something you will know how great you are. Do you understand?

Student: Yes.

Swami: Do you agree? Does it make sense to you?

Student: It makes perfect sense.

Swami: So, you are, you are supposed to forgive to anybody in your life?

Student: Me personally?

Swami: Yeah.

Student: I don't think I hold a lot of grudges against people. I have a bad memory so I forget everything.

Swami: That's good! Okay. What block you're really suffering in your life? What made you to stuck?

Student: Sorry? What is stuck? My life has been very stuck until recently, everything it's just changing I think, now, it is just changing a little bit in recent weeks.

Swami: Like what?

Student: It's quite complicated. Health, finance, work relationship, meditation, everything was very... my family, my mother - everything was very stuck, unhappy. It is just changing a little bit now.

Swami: So what you want to do?

Student: I want it to change more.

Swami: Accepting it or keep want to fight it?

Student: Accepting what?

Swami: Whatever is coming?

Student: I find it difficult to accept an unpleasant or negative situation. I fight that and try for change.

Swami: It will change, your Swami's here. You came in the right hours... You will see what type of miracle will happen in your life, by grace of Baba.

So, just I want to tell you guys, sattva, tamo, rajo - three characters - three type of strong souls is in the planet. Some people they want to get enlightenment, they give up everything. They go, sit under the mountain, on the mountain, under the tree, in the forest, they keep meditating it. Some people cannot. They're with responsibilities. Even though you are with responsibilities, but it is still easy you can reach the enlightenment. You can get unbelievable experiences. You no need to go very interesting places like Mount Kailash, like wherever, whatever religious places and go and spend for the rest of your lifetime spending and meditating - no need to. But it's good to know about that places, that energy.

And third one, Sattvo, Tamo, Rajasic - it's a kind of always suspecting, suspecting? Skepticism, "Which one is true, which one is not true?" Always having a doubting. You can't trust on yourself, how come you can trust someone else? For example, any religion, any method somebody teach, practice it. If you like it do it, but don't go with crazy suspecting. Once if you started to suspecting somebody's methods,

whatever you're following, your own method, whatever you like it, later on it will effect on your method too. You will get some kind of doubting.

For example, here he traveled in India. That is amazing places he traveled. India is a big country. Rishikesh and Tiruvanamali like such a huge distance he traveled. And Penashuda...is the, a big forest area. It is a beautiful forest isn't it? Waterfall. I've seen all the places. In London he is having with relationship, health problem, financial, everything - what happened? He traveled and he sucked a lot of amazing energy. Today that energy is not taking care of him, it's not protected him he really got stuck.

My point here, traveling is one part okay. Without traveling you can create, there is a lot of energy is in you. You have to bring that energy out. Once you bring that energy out it will protect automatically around you. You can't suck anymore any negative thoughts, any negative vibrations in you, and damaging your health or relationship whatever it is, etc.

How to bring that energy, I'll give some few techniques... If you like it you can follow. Always you can follow your heart. Okay, you can sit. Has anybody traveled any beautiful places in India? You? Can you give microphone to her? Be honest, talk openly, we are like a family here to know something.

Student: I spent a lot of time there because I am half Indian. My father is from Punjab.

Swami: Punjab!

Student: Punjabi, and my younger daughter was born in Bombay many years ago.

Swami: So you know Hindi?

Student: Hindi. Acha, acha, acha.

Swami: Okay.

Student: And, I had an experience before coming to live back in England in Ganeshpuri.

Swami: Ganeshpuri, hmm.

Student: With Siddhayoga. And I went into silence and then I went back to Bombay to visit some friends and they gave me a picture of Sri Sai Baba and I have him with my family because my mother looks very much like Sri Sai Baba. Amazing. And then I want to know what happened a few nights ago. In my sleep I woke up and I heard myself say, "Sri Sai Baba, Sri Sai Baba, Sri Sai Baba." My head tells me, but Simone tells me I was promoting... (can't understand) in my shawl... I have a shawl. And I have watched you. I feel very connected to him and I thank Simone very much for bringing you to us.

Swami: Beautiful, but you visited Shirdi?

Student: No.

Swami: Visit Shirdi.

Student: One day I would like to spend a week.

Swami: What is your comment on India?

Student: What I think all the time is what Gandhiji said, "The world will not feed India but India is feeding the world."

Swami: That is a beautiful statement. What is your statement?

Student: What is my statement? My statement is I feel very privileged I know that God is in me, God is in you and... (can't understand). We go to holy places and read holy books until we see that in each other and I have seen the God.

Swami: Aham Brahmhasmi: God is everywhere. He is with you. He is in you. He is watching you. He is around you. Shirdi Sai Baba a part of he says, "First be in light, meditate in the light, then the light will come in you, then you will become the light." So, it's important. Good. Anybody?

Student: Thank you. I also visited India and visited Ganeshpuri. So, I visited in 1982.

Swami: Who is in Ganeshpuri?

Student: At that time I saw a video of Swami Muktananda.

Swami: I really like that guy. He is with his sunglasses and with his cap. I like that style. I'm serious.

Student: And I didn't know very much about India at all, but I saw this video and I thought I really like this Swami. So very quickly I got on the plane for India. I couldn't exactly say why. And that was in August 1982 just before he took Mahasamadhi in October. And when I arrived in India I'd felt I came home and in truth it felt like Ireland. I come from Ireland and I felt my soul was created there. And then I came back to London and in 1993 I returned to Ganeshpuri and spent another month there and that was a very beautiful time.

Swami: What you learned from there?

Student: I learned to be silent. I learned to go inside. I learned to meditate within.

Swami: Good. You visited beautiful spot.

Student: I'm sorry?

Swami: You visited beautiful spot, place, spot, that's good luck. Anybody seen any places in India? Next? Anybody? Can you give to him?

Student: I went to, I visited north India in 1992, the Himalaya.

Swami: Himalayas?

Student: (inaudible)

Swami: Sorry?

Student: Smiti in Mahal (?) I flew to Delhi and went to Shiva in... (Mostly inaudible) and it was a very nice experience.

Swami: You went honeymoon or just you went for spiritual?

Student: Actually I wanted to have some spiritual experience and some sort of connection to the Himalayan people. I was very curious about the Tibetan culture because they're apart of India, Tibetan, so the culture of the Tibetan.

Swami: Why I'm asking to many people their opinions, I'll tell the picture of India whatever I know it. So, Tibet?

Student: Yeah. Where I went to the people and they were... (inaudible) and they were not all that interested in spirituality. They were not very focused on spirituality... I felt ill.

Swami: You felt ill?

Student: Yeah, I was a bit sick.

Swami: I also went Himalayas. I went Mount Kailash. I've seen Monasarova. I slept one night in Mount Kailash in front of the lake. So you can imagine how much height it is, how much altitude it is.

Student: Yeah, I got sick because of altitude also. I went up to about 4,500m and it was very complicated. I thought I was going to die but I survived.

Swami: You went there, Mount Kailash?

Student: Uh, no. I saw the Mount Kailash, but I did not go there. So, I got... (inaudible) to the Chinese border. So, it is a little different. It was very nice. So, the morality is I went there looking for something... I still am looking for something all of the time, to find myself, to get to know myself better, to know my potential, to...myself. (inaudible) I didn't find what I was looking for.

Swami: You didn't find yet?

Student: No, not really, no, I am still looking...

Swami: What you want to find? What are you looking for?

Student: I think I am looking for myself you know. I'm looking for the ability in my day-to-day life so that this is what I am doing reflects who I am. I think this is what I am looking for.

Swami: Can you tell just one simple question? What is real, what is unreal, can you tell that definition to that?

Student: What is real and what is unreal?

Swami: Yeah. What is real? What is unreal?

Student: I think everything is real isn't it?

Swami: I'm asking you.

Student: I think, I mean, you create your own life. You make your own reality.

Swami: Say that again. Be strong and tell whatever you feel. Tell your answer. I can feel whenever you're traveling in Tibet it means how hard you been through there. It's not that easy even to reach that point. Many people beginning stage they're staying, there is no chance even to go that height. What is real? What is unreal? What is difference between that?

Student: The reality, what is real? I find it difficult to answer that question.

Swami: Is there anybody can tell me?

Student: I'd say the ego, the outer personality, the fragments of our lives in the outer world have and unreality about them. Anything that is real, whatever you call it, God, love, atman, that is...

Swami: Anybody?

Student: I've thought quite a lot these last few days about illusion and what is illusion and what's real. I kind of think everything is just

illusion because it is all based on the way you can see things. So, how can you experience reality when it is kind of in the limits of our mind?

Swami: I didn't understand. Do you understand anybody? Simone, you understand?

Simone: No, I didn't.

Student: He's saying that you say since we have to perceive the world through our mind how can we perceive reality since we have so many filters and perceptions and ideas. Is that right?

Student: Yeah.

Swami: Next? Anybody?

Student: Well, I haven't been to India, but I have been to an Indian restaurant. I've been to...(somewhere?). It is a place where a lot of Indian people live in London. But I've been longing for a reason to go to India so I think you might be the reason I should go to India.

Swami: Why you're blaming on me?

Student: It is your house.

Swami: It is everybody's house.

Student: Ashram? Is that a church or something like that?

Swami: Yeah.

Student: I want to go to your Ashram.

Swami: So?

Student: So, I have been looking for a good reason to go to India rather than go see the mountains and then the elephants, I want to go for spiritual reasons to enlighten myself.

Swami: Good. Okay. Many people traveled few interesting places but simply I want to tell what I know about India, the feeling about

spirituality. I know few people here pretty good sick, heartbroken, depression, family problems, want to get enlightenment, and little curiosity about who is Swami, just to know a little bit about him.

But my message today... God is always supreme. Doesn't belong to which your religion even if you believe the science - the almighty cosmic energy is there. According my tradition, what I believe, God, G.O.D., Generator, Operator, Destroyer, he generates he makes you to come on Earth. When we are coming on Earth we are coming as kind of flesh like a meat from mother's womb. When we keep growing we are super charming, very cute, very attractable - that's operating. Then a lot of blocks started coming in us. Whenever we are in our mother womb there's no chance any illusions, any part of negative influence will, there's no chance you will receive it in your soul. When you keep growing it the same body, the operation will start. That same person, same energy will started to make you operating it. The final, one day we have to drop this body, isn't it? That's natural to anybody in this planet even if he's avatar, he's siddha, he's avadhut, he's a great Swami, he's a great Baba, he demonstrate unbelievable miracles this and that - one day the body has to disappear from this Earth. That's my belief system. Does it make sense?

Students: Yes.

Swami: Hello?

Student: Yes.... (inaudible).

Swami: When I went Mount Kailash, that's pretty tough journey. I went Nepal I took helicopter, I landed in China border. One best friend of mine, American, I drove with him from China border until to the Mount Kailash. Two years he did the great sadhana with me. Good progress he maintained it. That night he and me, we have to sit to do some great channelings to pull the soul out, again getting in the soul in the body to experience that top siddha, siddhi. That whole night he can't able to sleep. He's super, he got stuck, sick, and he's suffocating, can't breathe in breathe out - super crying. I put him in the sleep, "Go in the trance." He went in the trance sleeping. Then I started to meditating - such amazing beautiful high vibrations there. Then I thought, its no need to come to this top place. Everybody thought this Mount Kailash is such a powerful place, these Himalayas is such high

vibrations place - no need to. Simply sit in your four walls, put a candle-light, make your mind really calm down, just do breathe in, breathe out, pranayam.

I told about the Five Elements, Namashivaya. Na, Ma, Shi, Va, Ya - Five Elements. One is earth, fire, sky, air, water... Whatever it is, if you can't drink the water you will get sick. If you can't breathe the air you'll die. If there's no temperature in your body you're dead. The gravitation, without the earth, without the earth energy there's no chance. With cosmic energy we are receiving it. It means all Panchabhutas is linked with Namashivaya. He is the boss of the Five Elements, the Shiva character. So, I gave the process how to purify in our soul the Five Elements. Whenever you drank the water, without your notice if you chanted certain perfect prayers, what is given in the Hindu Tradition in the ancient palm leaves, many people practiced that. It makes you balance the water element in you.

Once you did the fire element it makes you balance the fire energy. Once if the element's energies right, perfectly, keep going there is no chance the negativity, the negative bad karma you'll suck that easily. You won't get tempt. You won't suck any crazy illusions. You won't get that easily sick. You won't lose your wealth or relationship that easily. The basically, the elements energy maintain in your body. That's the fundamental what I teach many years back. I think in 1995 I given first my talk in Los Angeles, in America about Five Elements. Thousands of people they practiced. They've seen the results. Amazingly they keep practicing that. So if you are interested on it, Five Elements the prayers, how to do it, when to do it, which time you need to practice it, it is already there you can receive it. That's one part.

The second part is, it to depend on any Guru, any Master is really necessary? Many people have the questions. No need. When you need it? Until you reach where you are, make you to show you the path, then later on he no need to be with you all the time. Do you know what I'm saying? For example, you need to learn the car driving. Of course you need a trainer for a little bit, little time how to take care, after that not necessary. It's important to swim, instead of swimming the ocean, better to have a small boat necessary to cross the ocean. That boat is important like a guide, like a master, like a teacher, anybody who really shows you the path to cross your life very happily and simply, the same time practice. For example the master, today he gave the

healing to you, giving the shaktipat, making the seed to grow the energy of in your soul. If you're not keep putting the water to that what will happen? It will die.

For example, he gave a word, any upadesh, any prayer... everyday you have to take a part of your life like ten minutes, fifteen minutes to chant that to charge it, to charge it. You have no idea whenever you're really sleeping what really happening in your life. Generally in ashram two hundred people comes each my program. I never talk. Talking to the mind is wasting of the time. Simply I tell, "Come and take a sleep in the Baba Temple and the Church, the Jesus Temple." Everybody have their beds, they started to sleeping and snoring and big sounds, huge sounds. Whole Ashram is a kind of vibrating with the snoring!

Okay, like at the time I better to work instead of the mind, better to give the energy to the soul to lift it. Once if I gave the energy to the soul to lift it, then automatically the soul will get the control of your mind. You know mind is always monkey. It never listens to you that easily even if you practice the silence, and silence, and silence. The master, what he need to do to give the energy to the soul, that's called willpower. Once if you got the willpower, soul energy, the mind automatically calms down, soul will get so powerful.

So the point here, practice the Five Elements, the prayers. Second thing, take and practice, "Sraddha saburi." Always Baba used to say, "Sraddha saburi," practice and have the patience. The practice with faith no matter what, just keep doing it, keep doing it, keep doing it. Of course you will see the results.

Maybe I am giving you little boring, "What is Swami talking about Five Elements, and Shirdi Sai Baba? Who cares about it? We have a lot of works to go and take care it." I'm sorry, every person it is advisable to practice to bring such a great inner cosmic energy to develop in you through the Five Elements. Any questions?

Student: If you practice, the thing I struggle with is getting centered in my practice and then working in the world and losing my own center, and is that about my own blocks? Is that the place to work?

Swami: Say that again?

Student: So, there's practice, there's times of silence, there's going within and then there's working in the world. And I find that when I'm traveling a lot and working a lot out in the world, the mind gets very loud and I'm looking for how to keep working in the world, but stay in my own center.

Swami: Simply surrender. Accept it whatever it is. Don't think you got stuck in the crazy world. If you started thinking... for example, guess per year how many people I see, I talk?

Student: Thousands and thousands.

Swami: What do you mean thousands and thousands?

Student: You said to guess how many people you talk to right? A million?

Swami: That's exaggerating. Tobias?

Tobias: You mean talking to them?

Swami: Uh-huh.

Tobias: Yeah, a thousand, five thousand or ten thousand.

Swami: Overall, easily to fifty thousand people visit to my center. Ten thousand people I talk to them very intensely. Out of ten thousand, hundred people I choose very personally. Out of hundred, ten people I make them really success. You see how the graph. So, with the ten thousand people I talk, they might have faith but they don't know how to keep that faith, but intensely if I work even a hundred people, no chance. That ten people heart is really open, they're ready to do anything. They want victory, "Hey, do or die Swami, I want victory. I want to see the reality how the supernatural energy mechanism really works in the planet, in the globe."

This is such a big dream. It is not real. That's why I asked what is real, unreal? This is not real but it is a part of real when you really done your duty perfectly dharma - sattya, dharma, shanti, prema. Dharma means, whatever your duties is given in your life, whatever the...it's okay you are officer - do your duty. Dharma, that's your duty, then

automatically shanti. I know even though you got little disturbed, the inner peace automatically started to come in you. If you're not doing your duty you won't get your peace. Do your duty. Whenever you are doing duty try to think deeply, "Is it right or not?" Then try to follow inner heart. To trying to find out is it really inner heart or mind - follow the elements. Once if you purified the elements then you see the pure judgment of the element, then you can really judge, "Yes, I am doing perfectly." Then you will get the prema - around the people started to loving you. That's life starting to get sweet. I always says, "Life is short, make it sweet." So, even you got with a lot of in the world with society, I know the responsibilities but still keep do your duty.

Just I landed London. I am in the hotel. Right after I am coming here I got the phone call from India, "Swami, it's little emergency, you need to come to take care certain things!" I didn't tell to Simone, she'll get little heart attack, but okay, anyhow I am here. I gave my word, but I always follow the Almighty energy. Today I am here, okay, that's a part of my dharma. Again some energy pulling me back, okay, that is Almighty's hands. Whatever it is, never feel you are responsible. Do your duty, give the results to the God. But, don't do a crime. If your duty is like a robber thing, "Okay, its my duty, keep doing it." No! That's a hell you can keep doing it. If you're really helping the people you know inner side in your heart. You're facing lot of controversy, criticisms, lot of people damaging your feelings, hurting you, stay on it, don't lose your inspiration no matter whatever it is. If you're inner side, you're really confident you're really helping the world, stick on it, then you'll find the inner peace, then you'll starting beautiful love around you. Okay? Cool. Next?

Student: I am from a different tradition. We also work, define the elements. I have three questions. The first question I would like to ask, one of my students introduced me to your books and I have been reading the book, *Gifts of Shirdi Sai Baba*, and I have been reading the mantrams you give for the Elements. My question was from where did those arrive for those who gave them translated? And, as we are directly absorbing the elements and sterilizing them in the body, mind and soul, how did the mantrams work on doing these in... the words seem quite interesting, but how do those mantrams produce the effects or do we channel to the elements themselves to the Gods to stabilize the elements? For example, the three mantrams of yours... So mainly

my question was, where did they come from, who did they translated, and Swami I can read Sanskrit, I can understand, I am from a different tradition and our second language is different but who gave these translated for us to understand them and how do they work? What effects do they produce in the physical body, in the astral body and in the spirit itself? Thank you very much. These are all the questions I wanted to ask.

Swami: Good but I need a translator here?

Student: You want me to speak clearly?

Swami: One by one. Your flow is like cutting and jumping, cutting and jumping. Okay that mantras came from ancient palm leaf books.

Student: Sorry?

Swami: Palm leaf books. You know palm leaf books?

Student: Sorry, no. (others clarify). Oh, palm leaves, yeah, sure.

Swami: Okay, and its also belongs to Hindu tradition, number one.

Student: The second question is, what do they mean? Are they translated into English for example?

Swami: I translated it.

Student: They are translated?

Swami: Yes.

Student: Can you tell me please the book in which I can find them?

Swami: It takes maybe a few hours.

Student: I'm sorry?

Swami: It takes a few hours to explain about taking the Five Elements like taking a big course, course? course... yeah it's like... you can get it. Contact somebody and we'll give to you.

Student: I will. Thank you very much.

Swami: But how it effects? For example, there is an egg. The hen hatching, you know hatching? Your English is little tough; my English is also tough. The hen is doing its own process. It is producing some heat to the egg and making it covering it. After certain days later then started to small chicken is coming out. In the beginning, like kids, they don't know about the small chicken will come out from the egg. If you told it, "Okay, the small chicken will come out from this egg, from there, if the hen did the process." What the hen really doing the process there? And what is really happening in the mechanism there and its coming out? Do you know what I am saying?

The same thing in our body, you're sucking the energy, you're receiving step-by-step, drop-by-drop, drop-by-drop, at certain moment the doors will started to open it, you will started to feel such a great bliss. You start to feel such a great fragrance, satchitananda, chinmayananda. Doesn't matter huge problem attacked in your life, you won't feel that is a great problem. You got huge millions of money you won't feel like a huge ego, okay today you are something millionaire, it is okay with you. Such type of stage, stita pregnatata every person to reach, or necessary to reach there, whatever it comes, whatever you lose it, "Okay, fine." So these mantras affect, will started to flow in our soul.

Student: So, could we assume that they enter into our sphere by producing them, they will start to producing automatic chanting to oneself according to the practitioner, or will they produce the same results to everyone? And, knowing what they mean does that include that quality into us or repeating them mechanically will it be enough?

Swami: I didn't understand. Okay, somebody can?

Student: I will rephrase it. I will rephrase it. What happens, what I want to know is, will those mantras act the same way in everyone or do they act differently according to the level of the practitioner who is chanting the mantras? This is one question.

Swami: It affects to everybody same, equal.

Student: When you chant the mantras, do they do the same thing for everybody?

Swami: Yes.

Student: ...or do they do different things for different people?

Swami: Yes, is everybody's same.

Student: It's not quite like that, can I get closer please?

Swami: Yes.

Student: Maybe here I will speak. What I wanted to know is, do those mantrams produce the same affect on everyone or do they produce effects according to the level of the practitioner who is chanting the mantrams? Meaning for example, if you practice the mantrams and you have absolutely no spiritual base but you believe in them, it is not a matter of faith, or for example you have a powerful energetic body and you are used to exercises and you chant those mantrams, will they produce a different effect?

Swami: No, same.

Student: Same?

Swami: But if you believe it, it's enough.

Student: Oh, thank you very much.

Swami: Belief is important. I told you, belief system is very important. Then here you go it will start. So, let's everybody in little hurry for to receiving. I heard some people want to receive some healings and you want to talk privately with me, is it true?

Student: Yes.

Swami: If you want to receive the healing session, I will give the ten minutes break, go and refresh. We will sit, I will started to send the distance healing. We will sit in meditation I will give a small prayer.

Keep chanting that for thirty minutes. For interviews, you sure, how many people?

Student: Can you repeat that please?

Swami: Ten minutes after break we will sit for thirty minutes to receive the healing, bringing up your own energy, do you know what I'm saying? Opening up your own energy, your Swami will sit with you started to meditate. I will give the perfect prayer to you, simple prayer or if you don't like the prayer, just simply concentrate on your parents or just a light in your third-eye. To the interviews, who was really, really important I will choose it then we'll talk after the meditation. Okay? Meditation means this is the healing session, but I no need to come and touch personally, but once if we started to creating the vibrations, we are in the beautiful energy. Do you understand?

Students: Yes.

Swami: So you have the ten minutes break if you want to go quick.

Swami gives healings and interviews then talks later.

Swami: I hope everybody knows about Ramakrishna Paramahansa. You know Paramahansa?

Students: Yes.

Swami: Paramahansa, he's a great guy like Ramana Maharshi. Within fourteen years he reached, he connected Mother Divine, he had communication he received amazing abilities. It means beginning days... do you know his life story?

Students: Yes.

Swami: But, anyhow I want to tell within five minutes, I want to complete it.

He's at first a big boozier, you know boozier? Of course you know it, boozier and the street kind of person, walking, don't care, not concentrating on spirituality. His brother is a preacher and doing puja

in a Mother Divine temple. Unfortunately his brother got sick, he died. According Indian tradition, only certain religious people only allowed to go in the temple and do puja... In that village, only Paramahansa is next person to go and do. As a blood relative he is the next person to sit in that chair and do pujas performing in the temple. He's a big boozier. He never cared. He never put the pranam. He don't know any prayers. That whole village is upset that temple is open, "Who is taking charge next?"

One night a beautiful rain coming, this is a true story, Ramakrishna Paramahansa is walking in the street with huge drunk. He don't have any shelter before to go in his house. He is married and he's entered in the temple and he sat until the rain stopped. Then he looked at the Mother Divine statue, Mahakali, yes something spark happened in his mind, "Such a beautiful statue. I've never seen since my childhood days even though I'm staying in the village, my brother is doing puja here everyday. What a bad luck person, I really want to talk to her. I really want to see her. Is really Mother Divine alive, is really there? Can I really can communicate with her?" And he really had the strong inspiration he really want to see her no matter what with his physical two eyes.

Then he determined, he strongly dedicated then he stayed in the temple. He forgot. He left his wife, he dropped all his bad habits. Morning, just simply waking up, going to river taking the bath, coming to the temple performing the puja, whoever the devotees comes bringing the Prasad, some fruits, whatever it is eating it and sleeping near her feet. He don't know any prayers, any mantras, any slokas, simply decorating her with garlands from whoever they're bringing the flowers and fruits offering to her. His desire is he wants to see her. Like twelve years everyday going to the river, taking the bath, coming back. His wife got upset. Everybody got shocked, "Is really this Paramahansa changed like this, such a great big character?"

After twelve years he really got super exhausted. He went in the depression, "Hey, I'm really doing pujas to you, I dedicated, my heart is given. So what I don't know the prayers. I want to know you're really there or not." Certain symptoms he already seen in this main, between the twelve years time.

For example, whenever he's taking the bath in the river he's swimming in the middle of the river torpools - what we call it? (whirlpool) big turning and he's going to die and he's shouting, "Help! Help! Help! Help!" Somebody with huge bangles their hand catching his hairs pulling him little distance and dropping him. He's clearly seen it. He's not idiot. He seen with his own eyes only her great hand or woman hand. He decided, "Yes, she is there. She is protecting me." Sometimes when he got super sick feverish, he closed the door when he's sleeping. He's super hungry and she comes, she's feeding him. In the morning whenever he woke up he sees the food symptoms around, you know food symptoms? The rice around his place, the door is closed... There is no way any person can enter in. Only he knew it, she made it. Whenever he was in the sleeping she fed him take care, she left.

Such type of symptoms he already seen it. Twelve years is over. He got super frustrated. He wanted to die. He wanted to get suicide. He closed the door one day, late night. He took her knife. He want to die. He want to cut his head. He's thinking how to cut and somebody's knocking the door outside, "Ramakrishna? Ramakrishna?" He's crying and he's thinking deeply, "Don't disturb me. Who is this time is knocking the door?" A lady is knocking the door outside.

"I peacefully want to die, don't disturb me before I am dying, please leave me alone. I can't open the door right now, I can't do puja for anybody." Then he's really frustrated... again she's knocking the door. She said, "Mother Divine sent me to talk to you, please open the door!" "A lady, what? Why she sent you? Why can't she talk to me directly?"

"Please open the door I want to talk to you." When he opened the door he seen a beautiful woman standing, "You really want to see the Mother Divine, don't you?" "Yes. That's my life goal. That's my life desire." "You will really do whatever I say?" He said, "Yes. I will do whatever you say to see the Mother Divine. Twelve years I waited, I waited." "Okay, walk with me. I will show you the Mother Divine. She is not here in the temple."

She made him to walk to a graveyard and one dead body is burning. She asked, "What is that Ramakrishna?" He said, "Somebody died. The cremation is running." "Is it true?" "Yes," he said, "Yes." "Go and pull one hand, burned hand." He looked at her face, "You're strange. You talked, you said you're going to show the Mother Divine and why

you're telling me to take that hand?" "If you really want to see, do what I said." "Okay. Just bring the hand? I don't care." Then he pulled one hand and brought to her, "What you want to do with this? Take it." Again she said, "You sure you'll do whatever I said?"

He said, "Of course. I already brought a hand. What more can I do than this? Show me where is Mother." She said, "Eat it." Then he really got frustrated, "You are crazy. You are a nightmare. Forget it. Again I have to go in the temple. I have to die in front of her feet." Then she laughed, "Okay give that hand." That burned hand she took it. She changed it as a sugar cane in front of his eyes, "Before it is a burnt hand, now it is a sugar cane. Now you can eat it."

Whole his belief system changed very interesting way, "What is this mechanism? How it really happened?" Then she started to tell him, "There are certain yogas, step-by-step. First connect the divine souls, connect the angels then connect the Parashakti, Mahakali.... immediately to jump that high to see her you're not ready. You're soul is not ready yet. So gradually develop it." Then he started asking, "Who are you? What are you?" She said, "I'm yogini, lady saint. I got the message to help you. Until my maximum best I'll help, then you can go your life."

Like that, different souls have the different kind of testings with the master until to they show the way. Then they have their own way to reach, to dissolve in Almighty. So, even if you read the Shirdi Sai Baba's history, his master given to him a brick to sleep entire his life as a pillow. A brick, it has a big story. Tomorrow I will explain how the guru's will test if you really want something, what you need to sacrifice, what you need to surrender. Baba, he slept on the brick. Entire his life he kept it as his life. That's his heart. The real greatness is every night that brick is talking - his master is talking to him. Do you know what I'm saying? Every night whenever he is sleeping, his master is talking through the brick. He have the great story.

So, different saints, different practitioners, different avataras, different holy great healers they have their own route. But, we have to respect everybody, but try to see which way you can follow in this lifetime to reach the truth and pure divinity, to know your duty to helping the globe. It's important. By the grace of Baba we will meet tomorrow and

we will discuss very deep of different mechanisms. Have a beautiful sleep and I will meet you tomorrow. Thank you.

Students: Thank you, Swami.

End of Talk