

Shiva Ratri Program 2003

Jiva Vidya Process Clarifications

Talk at the Ashram

February 28, 2003



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Swami: Good evening guys. I heard from the last talk there's a lot of confusions. Yes?

Students: Yes.

Swami: What type of confusions you have guys?

Raymond: There's a question in our group about the distinctions between 'A' and 'B' the sections in terms of how long you do it. Do we do both everyday?

Swami: First 'A' three hours each day minimum, no break. 'B' once if you start, no chance to break it.

Student: Once we do the three hours then we take a break? Then we come back and do however many hours we want?

Swami: No problem. First three hour block a must. Doing one hour then a break - no. You have to catch up that energy the vibrations to wake up. The soul needs that much time to wake up. 'B' once if you start, keep going. Depends how much speed you're doing, how many days you're doing, how fast you're doing.

Ramakrishna: So once you start 'A', do you have to do it everyday until you finish, or can you wait one day or no?

Swami: No break, everyday three hours.

Bramha: On the 'C' one, where you have the Bijakshras, was that only for the people who have that in their personal mantra, those five Bijakshras?

Swami: No, no, that process is for everyone to do. My advice is why can't you do 'A' and 'B'. Is it hard to you? Fear, nervous, you can't spend the time?

Alx: The second mantra, Om Bramha..., you gave no explanation. Is that part of 'C' section?

Swami: Wait a minute, let me finish.

Glenn: When I'm doing 'A' in the states, I do everyday the mantra for two and a half hours each day and then 'B' I need to do here, is that correct?

Swami: Um-Hum. Spirituality, once if you took it, normal meditation channels if you want to do it, to them no problem. Once if you want to go really depth just to win it, then you have to take care. If there's a will there's a way.

Herbert: Is there a link between this yantra and the Mother?

Swami: I'm going to explain. There's a little link.

Herbert: From which place on the yantra?

Swami: Wait, wait, wait, wait. There's a lot of links in your life. I don't know how to wash those links. Each time, each day you want to make different links. That's my job.

Marta: If you get disturbed by the children, how many times you can get disturbed? For example, if the children are coming for ten minutes and wanting something, is that a break?

Swami: It's there. You share, one takes care at the time and the other does the process. Simple. Me, when I'm doing certain deep thinking,

sometimes I forget to switch off the phones. Then especially some officer calls and wants me to go and talk. Got pretty good disturbed many times, many times. Sometimes when I'm in the super, extreme trance, somebody comes but their question doesn't make any sense, it's not that important, just they have a huge curiosity, anxiety. For short little period it gives little shaky. That's why Vishvamitra Maharshi is little angry, super angry. He made the Gayatri mantra. After certain level if you reach, it's also kind of a block, the energy level really wants to hit you. The angry and irritation will come but also you have to take very quiet and calm way, never express. Once if you got hurt with anybody, again you have to bless them otherwise some of your energy will definitely hit that person in a negative way. You know what I'm saying? It will hit, even if you don't want, the energy mechanisms, if you hurt anybody with or without notice, like a fire, if you touch it, it burns.

Zahira: During the three hour block, can we go to the bathroom?

Swami: Chanting, chanting just do it. Whenever I'm taking my shower, sometimes I took two hours time, sometimes thirty minutes, sometimes three hours. Just I sit on the shower floor, relaxly sit.

Myuri: There was no indication whether to start on Full Moon or New Moon. Does that matter with 'A' and 'B'?

Swami: It's fine, you can do tomorrow, but make sure you receive some power object from your master. Tomorrow around 1:30 p.m. is fire puja and I'm giving each person's rings as a power object and I really want to know how many people want to do the 'B'? When do you want to start guys, after five years, two years, what?

Student: Tomorrow.

Swami: First deeply think, relax, take four or five days vacation or if you want to go back to your countries to fix some things what you have there then come back, then start but it's point, necessary my observation is on you. Supervision is important otherwise there's a chance little danger. But one hundred percent I can give you the energy. I mean that. It's my recommendation it's better to start in a group for example, out of forty people, thirty people want to do then two or three people later want to do. It's not advisable to do, to make me to work like that, you know what I'm saying. Think, pick certain time, then start for both 'A' and 'B'. Once if I'm there, pretty good to hit it.

Franz: There's no chance to do 'B' at home?

Swami: No way.

Doug: You said that the mantras produce a deep trance. This is a little bit of a problem for me because when I was doing the Five Element's mantras, sometimes in order to keep from going into trance while doing the mantra, I would have to stand up or walk around. Is that ok to do with these?

Swami: It's ok. Once if you start it will hit you like a magnet. You'll be pretty good fixed there in a beautiful way. But once if start as a group, like three, four, five people like a section...and last night almost eighteen people hit Mother Divine and twelve people, Japanese plus Monika L., Lora, Birte, Chris, Sakai - they hit it. They did a good job, they did a pretty good job. I'm expecting this coming forty-eight hours there's powerful challenging strokes, and I gave the two Atma Lingams last night and tomorrow fire lingam is coming. So it's pretty painful, pretty powerful, could come from tonight onwards or tomorrow night. I can't express, can't tell exactly minute and hour but it's better to be who has had experience with me, to be hanging around from now until tomorrow night. And when I'm changing the water in the Dwarkamai, I'm making a light out of water, tomorrow night's program and the light until next Shiva Ratri, whoever got darshan of that light, pretty good link with Paramashiva energy until they reach their destination. It's my sankalpam, but still your Swami's also under illusions. Take it as a challenge, do it, I'll be with you and you'll win it.

Doug: You said there's some dikshas associated with doing these?

Swami: Almost like Concord rules, almost all, it's enough. Whenever you have a leisure, it's always advisable to go through my talks, different points I jumped. Once if you read it, you can get some ideas. So what we have to do, we have to accept it, simply accept it and pray, isn't it? Send our love. So try to be focused on your process.

This type of experiences, this type of powerful channels, there's no way on the planet, this is the first time it's happening. In Penukonda, especially since these two thousand years, the energy is pretty good taking off. And coming days the earthquakes are coming. Last week one came in China. The earth is going to disturb, it's going to disturb lot of people. You wait and see. And take the Maha Kali yantra here. One part, I'm happy to teach

here, and there's not that much in this moment that's important. The whole creation is here in this Maha Kali yantra – the animals, birds, the skeletons, skulls, the whole creation is here. The whole creation is linked with the vibration - Aidu Sunda Lavaki Nama Shivayaji – that's it. It is here and you can see it tomorrow in the manuscript, especially that link.

So, whenever you connect Maha Kali, the worst, worst chance, you decided you failed, the thought came in your heart that you failed, whenever you broke the disksha, whatever Swami said you didn't follow it, at the moment you'll see like one or two seconds of Her, then you can't see anything, complete blank for five minutes. Then your friends remain there because I won't allow you alone to hit Her. Minimum nine people as a group to hit her, so remaining people is seeing and having communications. Then it's up to you at the time to chant this, then it'll open up. Again it will give a chance to you, so make sure you remember at the time on the spot, that's important. At the time your Brahma Consciousness needs to work very fast and super clear, then you'll get it. Ok?

Jonathan: On the 'B' section you said, once you start, keep going, but you didn't specify any amount of time. All day everyday? Is three hours also good for that?

Swami: But never break. In three days, one day break, two days taking off on vacation, going to Bangalore checking your emails – no way, no chance. You are pure sadhu. You will hit it, that's it. There's no chance to get disturbed even if some crazy things are running in your family. You can go but then you have to come back and start again. Once if you break, again you have to restart, same time you have to take care of your health very gently and especially this part, this summer season is coming super hot. In this state the electricity problems terribly huge, especially this year. So how much your body feels, you have to also take care of it. Gently you have to think very relaxly and have group meetings yourself and decide the time and date to start.

Claudia M.: So we can do the 'A' section at home and 'B' here?

Swami: Um-hum, sure.

Student: Is the power object specific to this process?

Swami: To all processes, any process.

Student: Swami, how can we support you in the next twenty-four hours?

Swami: Think Clint, Ramakrishna and Gary will explain. Try to take like eight, ten people as a group. Try to sleep here as much here. Your Swami is also going to sleep here. I think many people have experience last night, the Japanese they're alright but they're not that smart, that sharp, not that sharp. Finally Sakai jumped and Murai, after like three or four minutes break and got it out and I gave a small lingam to Lakshmi, the kid, and also that lingam is special, it will grow like her. It will come like three inches maximum. So, the Fire and Sky elements are still in the body and Nancy's mercury lingam, I don't want to release yet the mercury. Tomorrow night we'll see, I'll drink more after I release out all the lingams then later we'll see on the body how it comes out, we'll see. Many people think Swami's a little strange. Sorry, I'm linked with nature, it's not my fault. Today's fine, tomorrow's a rainy day, who knows and next day is very quiet and calm, then cloudy - that's me. Super unpredictable, is it true Anya? Almost all we did the talks and to the mantras, what is your question?

Alx: I asked about the 'C' section mantra: *Om Brahma Tejam...*

Swami: Once after all you did it, you can do this or once if you're in the super depression... let's say you're in super vairagya, you can use this. It relieves it. And also it has the power, whatever in the channelings... but I didn't teach good depth in the bottom portion of the yantra yet - that mantra Om Hreem Markata Markataya Svaha. Before I explained how that mantra links, it's a Hanumann prayer, I have to see which process you're going to take care then of course I'll release the information, ten percent still left, the final touch.

So tomorrow evening let me know the final what you want to do. You want to do 'B', you want to do Paramashiva Yoga - go ahead, Concord - go ahead, you want to do this - go ahead but my recommendation, whenever Swami is here in the physical body try to receive something. Don't feel left out; don't feel unworthy. Even certain circumstances you're not able to spend the time here, it doesn't matter wherever you are in the globe, I'll be with you but doing is your duty. Doing is your duty! Don't get confused. Just whatever I explained, take that the sections. Don't get confused there. If I talk... but it will give pretty good confusion.

Zahira: So can we start 'A' and 'B'?

Swami: But tomorrow guys, I told a part of section 'A', with the petals linked to the Shiva, when you're hitting your head to the Shiva lingam, you have to chant the block Bijakshras.

Will: After we say the block, you added Om Nama Shivaya Raksha Raksha Raksha? Is it ok to say that?

Swami: Um-hum, yes, yes, no problem. Ok cool, have a wonderful night. Try to think with the group tomorrow, have a conversation then puja tomorrow afternoon. It's the final puja. Good night.

End of Talk