

Shiva Ratri Program 2003  
Asking the Guru Parampara to Heal the Heartbreak  
Talk in the Jesus Temple  
February 24, 2003



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*Evening Talk in the Jesus Temple*

**Swami:** Good evening guys. Where we are this afternoon, on which point we are, Clint Thompson?

Clint: We were meeting to feel our heartbreak together and to begin to learn the Jiva Vidya knowledge about the nectar.

**Swami:** Are you heartbroken?

Gustav: Yes and no. It's funny. One part I'm really, really, really sad. Sometimes I cry, sometimes I'm totally confused and upset and then sometimes I'm just really peaceful.

**Swami:** Question to answer, are you heartbroken?

Gustav: Yes.

**Swami:** Why?

Gustav: Because I'm sometimes very depressed and sad.

**Swami:** Where is the depression coming from?

Gustav: I don't know, sometimes it's just when I'm in meditation, when you say please be in silence, then one side there's a sadness and depression comes.

**Swami:** Is it possible without your notice depression comes? I don't think so. Something is already there causing you to be in depression. Already your mind and your heart got fed up with that. That vibrations are keeping to your soul to make your sadness. Sometimes when you feel unworthy and jealous, the depression will come. When you feel left out, the depression will come. What I noticed in a lot of people's lives here who have been with me since many years, a few people are terribly heartbroken. The heartbreak is only possible to come when you do the funny actions. When you do the funny actions, with notice or without notice, but you know inside you're doing funny. That funny means you're going high speed in your car beyond your control, you can feel it but you're still driving it. At a certain point later you'll get in an accident. After you got the accident, then you want to recognize your mistake but it's already too late. Your mind and your heart and your soul got disturbed. That pain you're holding will hang in the disturbance maybe one month, six months, two years, five years.

And a lot of people, what I understood, in their relationships the husband is not honest with the wife and the wife is not honest to the husband, not in the spiritual practices but in a lot of angles. For simple things they're showing their egoism to each other and each other's blaming nature. There's not enough forgiveness to each other. It causes a lot of headaches. Does it make sense guys? Once you have the forgiving nature, there's no chance to get heartbroken. If you're showing your own egoism, how is it possible you can fix your relationship very happily? Partners means equal share in the happiness and in the pain, to share with each other. At the same time if you start to get attracted to different dimensions without knowing your wife, or without knowing your husband, and doing funny things, one day it will blast. It will! Later on, after it blasts, it's too late, you're in the depression and heartbreak.

The relationships, if it's a healthy relationship, how much you're honest with each other? Once if you're honest to each other, ninety percent your relationship is so healthy. If one partner is a little egoistic, money minded, funny, easily you can feel it. To that person, it's better for you to walk out. You don't need to be hanging around there for years, wanting to fix her or

him. You know what I'm saying? Even if you're attracted to her body, even you're attracted to his body it's not healthy. Give twenty percent marks to the body attraction, seventy percent marks to give to the inner feelings. You know what I'm saying? Once you give to the inner feelings, the relationship will run forever and ever.

Well, whatever it is, a lot of people got disturbed in your lives – heartbroken, fed up. With the fed up character at the soul level you want to reach the divinity. The divinity won't care, doesn't care how much you're really depressed and where you are. If the Almighty wants you it can suck you wherever you are but one part it will count. The Almighty is always expecting when it comes to your soul, how much the understanding and open heart you have to the Almighty and to the Guru Parampara. Then the energy always wants to help you and promote you and reach you as soon as possible. It's one of the number one blocks why you got pretty disturbed in your lives. And a lot of blocks are coming up like a volcano. You want to reach but at the same time your own blocks are disturbing.

Once if you got terrible heartbreak, once if you got very disturbed, a lot of confusion, lot of doubts will come up. You can't believe on the master, you can't believe on the process, you can't believe on the japas, and you can't believe on the devotion. But some attraction is there to want to follow in the spiritualism. Eighty-five, ninety-five percent of the people who are here are practicing that way - that's not healthy. I'm not fighting, I'm not blaming here. It's the reality.

Who won't accept the depression, who challenges it to ignore the depression and heartbreak, to walk out from the vairagya, these type of characters are only ones reaching Mother Divine and connecting, receiving amazing things. Another part of course is, if you're born as a human body, a lot of blocks are natural. It will flow, it will be there but where is the limit to the blocks? Today you're angry, next day you're unworthy, next day you're super greedy, next day super jealousy, it just keeps running. There's only one solution - follow the Guru Parampara. Put the strict boundaries, build the beautiful four walls, "Ok, I'm in this." You don't need to do soul prostitution, but often times you don't know because you can't judge yourself when you're disturbed. Your master is not taking advantage of your depression and heartbreak. What I'm expecting from you is your happiness, your success, to making you know the reality. Of course in the beginning steps it's a little bumpy and shaky. The beginning steps could be a few months, couple years, or few years before you can

walk out from that bumpiness. Once if you walk out from the bumpiness then it's clear between you and the Guru Parampara, the link and the channel and it will continue forever and ever. That's the real chinmayananda, the real satchitananda.

Every person who was born in this planet, every human being has to win that bliss in your lives. No one has any idea what's going to happen to you and your body tomorrow. No idea how much you're going to get disturbed tomorrow or how quickly somebody can come and shake your heart to disturb you. No idea that the next day some beautiful man or some beautiful woman will come and appear and attract your soul, attract your heart and give a lot of disturbance. But once if you sign to the Guru Parampara, the agreement, then the Guru Parampara will take care of your soul to your progress.

Of course I also did it in my life, "Hey man, whatever it is, take care in a smooth way the journey." Always the agreement is necessary between you and the Guru Parampara. Without making any agreement or bond, it's pretty good sick, not healthy. The determination and pure dedication is super important. Once if you do it, then it's the Almighty's duty to take care of you, the Guru Parampara's duty, one part, to take care of you.

Of course, you're in the normal life leading relationships in this yuga, in a crazy way. The vairagya in the *Vedic* tradition says you have to get the vairagya in the spiritual path between you and the master, between you and the Guru Parampara. You know what I'm saying? That relationship, like with Paramahansa Ramakrishna and Maha Kali; Vivekananda and Paramahansa; Kabir Das and Sri Maha Vishnu; Tulasi Das and Sri Maha Vishnu; even Ravanaasura and Lord Shiva; Shirdi Baba and Venkusa, that close attachment. You can get vairagya with Guru Parampara and you, that brings something there in your life. You have to develop that love and affection to the reality.

Even in the love between wife and husband, if you're sharing with each other pure divine love, pure affection and attachment, that is a heaven. The Almighty, if the divinity is in you guys, if you got disturbed, that's the real hell. If the wife and husband have really good understanding with each other, you win a part of great moksha then it's very easy to you to win the Almighty, it's ten times easier. Instead of having to do ten years austerity power, if the wife and husband are really that much well connected with super understanding and extreme sharing nature, then

instead of ten years meditation, one year is enough. You can suck that energy.

It's the same between master and student. Once if you really convinced the master's heart, once if the master's heart really convinced you, with such a loving, sharing and good affection in a beautiful way, you did it, the energy will flow to your soul. To the wife and husband, Shiva Shakti energy will flow to you. Between you and the Master, Datta energy will flow to you. Being alone is a kind of sickness - heartbreak is a great sickness. If you got heartbreak what is the purpose? To whom you want to take the revenge - you can't blame the Almighty! You don't have right to blame on yourself either because you know you did it, karmically or without karmically it happened. But you have to heal yourself and you have to surrender to the Guru Parampara, "Please take care of this. Please wash it out."

I'm telling two advices here with the relationships - even though there's a small disturbance there or even pretty good disturbance between you and your girlfriend, boyfriend or your wife or husband, try to make again the link there, to work with union on the spiritual path, it's extremely good. If you're not seeing anything healthy around that, try to make the link with the Guru Parampara relationship.

Hello? Are you listening to me? Everybody's thinking your own feelings, Oh my God, do it as that or do it as this. Think deeply what you want to do? For thirty minutes think deeply, then make a candle in front of Jesus then sit in the deep meditation for one and a half, two hours. If you allow, I would like to come to each person to give shaktipat and I really want to talk tomorrow after everybody got pretty good linked up between the Vairagya, Stitha Pregnathata and the Jiva Vidyas. I want to explain and give a list of the Jiva Vidyas, ok?

So once you take a decision today, it's very important. Before I come and give the shaktipat to you, make a decision what you really want to do in your lives. Ninety-five percent, once if I touch, it's almost pretty done whatever you decided in your heart, it will flow like that way. But who follows the Jiva Vidya's practice perfectly, I will give 99.999% guarantee to your success. It's a final step teaching in my life. It'll be done, it will take care the success.

Before that, think what are your blocks, where you got disturbed, what you want to do, then put a candle in front of Jesus. If you're in the confusion, you don't know what decision to take, give it to me, then I'll take care. Don't give it to me that easily. Try to do it maximally yourself. If you're really confused, give it to me. It's almost two hours, we'll sit in the meditation relaxly and deeply think, review your life, what is really bothering you. It's natural the financial problems, it's ok the health problems - ignore that, it's not a big deal. Try to think your heart feelings, your soul feelings. Once you got a lot of energy in your soul, everything will go away. It will go away! Ok? Please, carry on.

End of Talk