

Shiva Ratri Program 2002
Healing Techniques: Swami Gives the Ten Yogas
Teaching in the Baba Temple
March 6, 2002



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Mantras for Baba and Jesus Channels
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Swami: There are three types of healing what I expressed, what I mentioned already, Soul healing, Heart healing, Mind healing. The mind healing always belongs to the body's health. The heart healing belongs to your progress, to the development in your life, to the ups and downs when receiving lot of negative hurdles. The soul healing, once if you really missed with your master, you really missed an amazing process, something you really witnessed some high, high cosmic energy, but you're not able to hook it forever and ever... you missed it through your soul, then at the time you really need the soul healing. Whatever your master's present situation is working to you directly from master and you is a soul healing.

In the heart healing, whoever you got, for example, you got a girlfriend, boyfriend, good friendship, good business, good attachments, father, mother, kids... once if they got fight, it's a rough day, heart is broken. At the time there's a different type of the healing techniques. Just I'm dividing the different types of healings. And the mind, it's one part it belongs to the heart - the heart and mind. The mind always for anything, easy to get misunderstanding even for simple thing for example, Swami's just simply walking, he doesn't look at you, you feel, "Oh, I did some mistake, that's why he's not looking at me. What I did mistake? What's wrong in me? Even he didn't say hi to me, it means something's wrong in me." Or, something you wrote a note, "Swami didn't even see it, just he tore it and threw it." It means you're thinking with your mind, not with your heart, just simply mind, you're thinking, "I'm a horrible person, that's why Swami doesn't like me." It means you're sucking lot of negativity in you.

Once if you're keeping on thinking, unnecessarily thinking, the deep thinking brings the depression. That depression will grow in the heart like a huge tree. You put a small seed in the mind, then it transferred to the heart, then it transferred to the soul. The roots will really establish, the tree will grow amazing, like a depression. Do you know what I'm saying? You go amazing depression, then totally your life is miserable, confused. You really want to get suicide. Your heart is really broken. You don't know how to lead your life. You feel completely left out. You have no idea how to take care of your life. Even if you're so much willpower person, all of sudden one small incident, boom, crashing.

The beginning stages I'm keeping on saying never, ever give even a small seed to put in your mind something, any little confusion, little doubts, whatever it is, for funny silly things. To keep on thinking on that, it will go to the heart, will transfer to the heart then the heart will start to get heartbroken. The human beings, it's natural to do the mistakes. The number one good quality what you have to develop is to forgive. Ok, you're wife did a mistake, your boyfriend did a mistake, your family members did a mistake, your dear friend did horrible mistake. You can't forgive him? Ok, it's fine, little while holding, that's ok. To keep on hurting it, then little while later you have to try to forgive him. You have to wash out - that's the number one healing with your heart, with your soul.

You have to pull the energy from the cosmic. You have to pull the energy from the master. You have to command. You have to beg. You have to request to the Almighty, to your master, Guru Paramapara... the top number one healing, "Hey my beautiful friend, he did the horrible mistake to me. He cheated him. It took one hundred thousand dollars from me. He took a million dollars from me. He cheated in the business. How can I believe him? He completely ruined my life!" Ok, you can't do anything if you're holding the pain in your heart, keeping on the pain, pain, pain, pain... If you forgive it, if you wash out that, you can make one more million with inspiration. If you're keeping on holding that, again whatever you're having more money, there's a chance you're going to lose that - it's a hundred percent golden statement. You have to try to win, otherwise simply forget it. Forgive him, goodbye, carry on your life simply keep carrying on your life.

Never attract any blocks, the blocks is the number one hardest damaging your life, to your progress. Once if we start to talk on the mind healings... At present situation entire on this planet, the people have eighty percent

heartbreak sickness. The heartbreak came from the mind, having the mind problem, mental problems, receiving the problems and transferring them to the heart. For healing there's the senses, the essences of the Brahma Consciousness – listening the music, looking the beauty, tasting it, smelling it. These things directly impact the heart and the soul. For example, you heard the most melodious music, you're hearing through your ears, it's touching to your heart, you're starting to cry. You see some beautiful amazing incident, then automatically your heart doors open, then it touches to your heart and your soul door opens, then you started to cry. Whole your hairs will go little up, will stand up, like little charge. Once if you tasted something most delicious then it touches, "Ah, such a beautiful taste." It's called the essences of the Brahma Consciousness.

In the deeper meditation, whatever I taught certain mantras, once if you're keeping on chanting certain mantras vibrations, at a certain level, once if the master gave you shaktipat at perfect certain time, then you really will stick with one vibration until you connect Mother. You can't figure out what vibrations you're carrying, but master knows and your soul knows. But the master is waiting for your time to making you to come out. Always your soul is hooking to that Brahma Consciousness, that essence. It means, the inner super healing is automatically happening to your soul. Whenever that charging is happening to your soul, there's no chance the negativity, the negative vibrations, the bad karmas can come to your life, to disturb your family, to disturb your life, to ruin your life.

It means, it's most important to charge your soul as much as you can and to following the perfect diksha. Once if you charge the fundamental, the top important one charging to your soul, then it's enough, it's a super charge. No more negative vibrations around you that easily but the divine, the Guru Parampara, the Mother can play illusions on you intentionally. For example, you're coming very close to reach Her, then She can really make you to divert, to divert you, to play some tricks, to play some illusions on you. Easily you can smell, the master can easily identify what the symptoms it is. To yourself, you can a little bit but you can't decide a hundred percent if it's the Mother or your own crazy, or the negative vibrations, the purification is still running in you. That's a soul level you need to charge. You understand the three categories?

So, what I recommend to your students, and to your personal lives, all the time always first charge to your soul, and to charging that soul is number one, meditating number two, listening the beautiful music number three and always connecting the highest to looking most beautiful things. That's

why in the ancient timings they use to eat purely vegetarian. That's also why they put the sattvic foods. Sattvic? I can consider, I can say all westerners is like aghoras eating the mutton, chicken with the bones, the lamb, beef, whatever it is, the cow meat, the buffalo meat - you're aghoras, you know what I'm saying, it's a very strange vibrations. It's a really strange vibrations... It really brings a lot of negativity in your soul. It will... The flesh, some body's meat, an animal meat is in your stomach, you cook and just you ate it. That body meat is just in your stomach and digesting. For sure the vibrations you'll suck... the strange vibrations in the cosmic. Does it make sense? Hello?

Students: Yes.

Swami: Raymond?

Raymond: Yes.

Swami: I know it's little hard to be as a vegetarian. Hey, as a vegetarian you really can get lot of proteins, isn't it Philip?

Philip: Yes.

Swami: Especially what I'm going to give, certain healing techniques, certain dikshas, certain mantras. When you're here on Shiva Ratri time, like 1,008 – 1,008 – 1,008, nine types of healing techniques what I'm going to give right now. But I really recommend personally the fish, what they say from the ancient time they say it's ok. But still, one part I have to agree, one part I disagree, they gave lot of, lot of examples on that. Some people, the Rishiis, they use to meditate near the rivers, the bay areas. They can't find any food at all and they have to survive. They got certain angels, certain process the boon, just they can have the fish and cook and eat it, to bless the souls but the sheep, the lambs, the chickens and the birds... Of course in your countries, how many animals are they killing a day guys?

Students: Millions.

Gustav: Factories for killing animals.

Swami: Factories?

Doug: Thirty-seven million animals are killed everyday in the U.S.

Swami: What? Humm! Thirty-seven million animals! (*silence for a minute*) So, how many people cannot follow the vegetarian, cannot follow in your whole life as a vegetarian?

Student: Does that mean fish too?

Swami: Fish is ok. Luzia?

Luzia: I can?

Swami: I mean in the future.

Luzia: I continue.

Swami: It's really advisable guys. If you really follow, just follow like one year vegetarian you can see your own energy. Just you can feel your own energy what the difference is in you. The cruel nature, the mentality, the softness and everything really develops in a very smooth way are the Tibetan lamas vegetarian or non-veg?

Student: Non-veg.

Swami: No, mainly who was coming in the world country teaching, are they vegetarian or non-vegetarian? The lamas?

Student: Non-veg.

Swami: I'm so sorry to say this, our Guru Parampara, not your master, the big boss is purely, sometimes he took the vegetarian, sometimes he took the non-vegetarian, but very tricky here. One time, he's taking the meals in the Dwarkamai with a lot of people. Some people they cook the most delicious chicken and the big argument came. In his plate is a lot of chicken pieces, he changed it to different vegetarian dishes. He changed it. It means, he use to eat non-veg, but he's a supreme supernatural person. He knows what he's doing, but to your sadhana, the beginning stages, certain lifting it, it's not advisable at all to eat it and especially what I'm going to give the healing techniques, it's number one important to be as a vegetarian.

Glenn: Animal products such as cheese, is that ok?

Swami: Cheese means, it comes from the milk?

Student: Yes.

Swami: No problem, ghee, butter...

Philip: Swami, most cheese in America has rennet inside of it.

Student: Unfertilized Eggs?

Swami: No, eggs, no.

Student: Even if you knew it's unfertilized eggs?

Swami: Once if you get tempted to go to the egg, then you go tempted to the chicken, then you go tempted to the lamb, then you go tempted... step by step. Is it true Nancy?

Nancy: Yes.

Swami: First if you want to become as a healer, the qualifications you're required, number one willpower, number two, have to be happy in your life, number three, you have to be really huge shakti, the most glorious around you and in you. Whenever you're in the depression, sad, you sucked lot of funny energy in you, at the time you have to be very careful when you're giving the healings to the people.

First type of healing, physical healing, to doing the healing to fixing, when you're giving a healing you have to find a room. Whenever giving the healing, make a little fire in the southeast. Make sure in the room the candle in the southeast doesn't go out. You can make it one or two candles' light in the southeast. It's best to give healings one by one, but you can also give healings at a time to four to ten people. The majority people you make them to lay down or sit, to deeply meditate for five, ten minutes very peacefully. To really meditate, give some mantra or one bijakshra from the Sri Chakra petals, adding 'm' sound + Om Nama Shivaya. Example: Ya(m) Om Nama Shivaya or Ja(m) Om Nama Shivaya. Shivaya is the number one highest influence person to your soul to purify the negative vibrations in you, to decharge. When you're giving the healing, don't chant the same mantra whatever you gave to the patient. You can chant the element's mantra or personal mantra or one of the three mantras I gave on Shiva Ratri day to charge your soul.

Whenever you're healing them, try to take some rose flowers or rose water and whenever you're touching their head, first make it little clean. And few days back, we did the fire yagya, get that ash and take the dhuni ash and mix them together and whenever you're going to heal, take the ash, rub in your hands then start the healings on the people and you can take your thumb and put on their third-eye. Majority of time thumb down but can also be up. Sometimes you can take your two hands and put on front and back of their forehead, then you can touch to their third-eye or wherever they have the pain in the body. The main parts where you can transfer the energy is the navel, third-eye, and sole of the foot. Three spots you really can transfer the energy to them, and you can suck, and take out all their negativity.

Whenever you want to touch someone's navel to giving the healing, you can make the person to lay down facing the east. Their head has to face the east - you're standing facing north. Take your palm and touch on his navel exactly with the middle of the palm touching his navel. Give them the mantra to chant and then you touch it, also can put another hand to their third-eye at the same time.

Second type of healing using power objects, for example somebody feels really, really stressed with depression, really horrible heartbreak. Take a few candles around making the patient sit facing the east - you have to face to the north. Put few candles between the patient and you, making lightings. Let them hold any whatever power object you have with their two hands then you just touch their head to the front, back (forehead) and make them watch few candles constantly. For thirty seconds give them a mantra to keep chanting and also what I'm giving the mantra you chant it. Then later on let them drink lot of water and take the shower, within two hours or three hours. Like within a few month, three or four sittings, they'll really come down.

Third-type healing - Fire Pujas for getting success with business. To do on Full or New Moon timings, for example, if some people they really need some business to get successful, some business is really going little bumpy up and down you can demonstrate a puja for them. If you have a firepit on your property, on the full moon and the new moon you do a puja. In the puja you need to offer some ghee, some coconuts, some herbal oils, some fragrance, some tulasi leaves and whenever you're doing the fire puja. They have to meditate Gayatri mantra when the puja is running, and you have to meditate the Maha Kali prayer. Keep chanting it 108 or 1,008 times. The Gayatri mantra they have to chant it, it's the best one to chant. After

that, let them do pradakshina nine times around the firepit and give minimum one to two coconuts or even five to six coconuts, having them breaking it and putting in the fire pit and do the pradakshina nine times. They'll really get huge benefits.

Fourth Type Healing - Soul Healing for spiritual people, have not gotten any experiences even though they meditated twenty, thirty, fifty years. We're going little depth, one more step of the real experiences of the spirituality, that type of people's souls... if you have a church, if you have a temple... for example, take a church for a day. That day has to be full moon or new moon, or Friday or Thursday. Exactly take them at 1 a.m. – 3 a.m. and whatever the main deity, statue, both guys go and sit making them to look at that statue and also what I'm going to release now to the Baba's channel, and to the Jesus' channel, and the Mother's channel pretty good exactly - any of these mantras you chant it and touch their third-eye or forehead and the energy will flow to their soul very, very strongly from within a week or from the full moon to full moon they'll start to get experiences, very beautiful dreams. It's a new changing to their soul, their sleepings very smooth and bliss. First the dreaming, that's the first step, that's the clear symptoms.

Fifth type of healing, for people who have connected to the divinity one time, but cannot reconnect, and some people, they're really, really under... they have no hope. They got Mother's darshan or they've seen clearly angels, but it doesn't work to them again to reconnect it, totally impossible. To such type of souls, they have to visit their master and they have to catch the master, to again re-hooking it. They have to connect the master, to work with him and again get back whatever he gave the power objects to you and again they have to recharge that power object. You know what I'm saying? Recharge that. Whenever the master recharged that, that power object, he needs to show the person that energy, that he can see that energy.

For example, I gave a Shiva lingam, or Mother Divine gave a Shiva lingam, "Ok guys, use it, take care it." Then you completely lost the channel with your own crazy stuff, eating the chicken, doing the crazy stuff, completely ruining... For example, you have to go diksha to the north but you're completely going to the southwest. That energy doesn't make to you to cooperate to help to the people, to the society, to yourself – completely lost. You feel like you're empty. You have to get back to your master, to offer that power object to make him charge it. After he charged it, the proof is, something needs to bleed from that power object or something needs to get manifested, certain things have to come out.

For example, Ramakrishna one time in front of me, I gave one power object. He put it on the ground, just unfortunately it fell down on the ground it went little far away... What I did at the time? Do you remember Ramakrishna? So what I did at the time?

Ramakrishna: Yes I do. You told me to bring it to you and then you manifested some ash and then you rubbed the ash on that lingam and then you put some ash on my forehead and then you gave it back to me.

Swami: After you dropped it on the ground, how much time, how many hours later I did? It was a matter of only three, four minutes. Once if you got it, certain objects, if you negligently let it to fall down on the ground, it's little funny. You have to... like a small baby you're letting it fall down on the ground - super important, really keep it, protect it.

Alx: If you're touching the object when it's also touching the ground, is that the same? My object when it hits the ground my hand is on it, is that the same, still losing the energy?

Swami: The ground it always wants to suck no matter whatever it is. It wants to suck. In the earth element, you use the thumb and put it on the ground to discharge, so any object, it wants to suck it. Plus some occasion, some points, it will give the radiation the energy to give back.

Student: Is it the same in the temple?

Swami: No, the temple is different, but sometimes I feel very uncomfortable, the malas simply they're letting fall on the ground, anything, even your pens you let fall on the ground, I really feel little sensitive. I look at them funny way, funny way, it's a little strange to me. They're not that much careful, guys. Who's ever making the sounds and falling down things, they need to learn a lot. Their soul needs to learn a lot. For example, many people they're keeping on falling down things on the ground. You notice that? Is it good symptom, good omen? Just I'm asking casually, just as a human level.

One time Taty, Shirdi Baba's student, Baba's stick he put in one corner. Just Baba asked, "Can you please take the stick, give me the stick?" When he was carrying that stick, he let it fall down. It's a true story. He let it fall down then he gave it back to Baba. Then Baba took that stick and he really gave a stroke on his leg - beat him. That negligence, super negligence...

Whatever you're having, little carefully protecting... I'm not giving a fear. It means it's your life. For example, many people they're having their malas and they're putting on the side, and they're meditating, and when they're meditating they go to sleep. Many people's malas just simply I go and take it, after one or two days later then I give back.

Glenn: What if you're traveling through international security and other people want to touch your mala?

Swami: It's fine. When I'm crossing the immigration, they touched lot of things of mine. When they're deporting me and they asked very funny things and I really enjoyed it. I'm sure they enjoyed too.

Student: Can we use the mala for healings?

Swami: Sure, whenever you're healing though, it's better to have the mala on your neck.

Myuri: This example you gave about someone who connected one time to an angel. In this process you just gave, if it's not about me, if it's about a patient, are we telling them to go back to their master to reconnect?

Swami: Yes.

Myuri: What if their master is no longer in the body?

Swami: Then you are the master.

Myuri: Then we would have to charge for them their...? What if they have no power object?

Swami: You manifest one for them, or you give something, whatever you have of your power objects. If you're broad-minded you give them something.

Hassan: Is it possible that a person discharges directly into the fire when his eyes is open and he's looking at the fire with the intention that he's putting all his negativity in the fire?

Swami: The fire element is really working to the soul. It's automatically working to the soul, inner mechanism is running. The major concept here, once if the soul is charged, then a lot of problems will be removed, lot of

problems will be removed, for example, I'm making some people here to do lot of abhisheks with the water. I'm using the water element and I'm making them to do the arathi, the fire element is running and I'm making them to do the bhasma, with ash on the Shiva lingam. The bhasma is... all five elements is in the ash, it's again huge new subject. I can only explain the bhasma energies whoever is really going to learn some yogas.

Today I'm really, really praying, by grace of Jesus and the Baba, a few people they prepared some bhasmas and their doing the puja to the Shiva lingam, and the Shiva lingam has to bleed a most amazing thing tonight, today is the deadline target time, the most edge time. If I missed today, I will really miss that energy for that group. Today they have to see, they have to take that liquid from the Shiva lingam from their own hands doing the abhishek with the bhasmas, sandalwood bhasma and a lot of dust from the Shiva lingam in Hampi, different ashes doing the bhasma. Then it starts to bleed. We'll see. I'm one million percent confident, pulling that cosmic energy, making as a power object it will start. Your group is ready Ron?

Clint: Yes, Swami.

Gustav: I have a question about that. Yesterday we talked about power objects and that they have soul connection or some cosmic energy in them. If they start to bleed is that another energy they have contained inside?

Swami: Once if it bleeds, if they got it, any miracle, once if they witnessed it just they've been in that vibration, their energy, it's enough one level they can little take off. You know what I'm saying, little coming up, coming up and after Shiva Ratri by leisurely I want to take like a few groups, make like a few groups teaching certain siddhi yogas, really siddhi yogas. Like a few groups really working siddhi yogas. Why are you laughing Skye?

Skye: I remember four years when you asked us to go to the Himalayas with you...

Swami: Say that again?

Skye: Four years ago you asked us to stay here to go to the Himalayas with you. That's why I was laughing.

Swami: See right now thousands of people are dying in the Kashmir, in the Himalayas in these past two, three years. Luckily I went to Lake Manasarovara, I had great experience and I got back here, then the

problem started. There's no chance you can go to the North India. Are you reading the newspapers guys? Pretty strange in the Gujarat, between the Hindus and the Muslims, pretty strange in the North India especially near Badranath, Kadernath that areas, I don't want... I'm happy to travel with my students but I don't want to kill my students, you know what I'm saying, they're complete innocent guys. And even sometimes it's not advisable to visit Shirdi too, in the present situation, in the trains. Does it make sense Philip?

Philip: Yes.

Swami: Not at all advisable. Yes Doug?

Doug: I'd like to know with the healing, when to use my thumb up, down, when to touch both sides of their head, when to touch their stomach, when to touch their foot, to know what are the advantages of doing each thing.

Swami: Depends on... for example, you have a hundred people or ten people. You have only five, six hours. You can divide like five minutes or ten minutes, or fifteen minutes, but simply lot of people in the world are saying, "Ok, we're sucking the light, the cosmic light and we're charging it. Sunlight we're taking it and we're sending it," completely ridiculous! You have to do austerities power and you have to make the person to do something to create vibrations in them, then you have to make the frequency to give the healings, then it will really stay permanently like a bond. Even if you went to the people who are visiting Tirupati, what are they keeping on saying? "Govinda!" How loudly?

Student: Very loudly.

Swami: They keep on saying, "Govinda, Govinda, Govinda, Govinda," just chanting that, thousands of people in a row, for like a couple of kilometers, like a round circle, especially in the vacation period, the holidays. They keep on chanting the vibrations. Once if they get in, they reach the perfect frequency, then they receive high energy. Just you simply go, "Ok, he's a great healer, ok I'm sitting," and you're thinking about your wife, what's she's doing in the kitchen, but you came to be with the healer. It means you're always depending on somebody, he's great, he'll take care of you. You're not trying even one percent, even you open your heart. Why you open your heart, for what, for God? Ok, how long your open heart will stay, maybe maximum fifteen seconds, thirty seconds or one minute? I'm serious. Even if you say, "I'm open heart to the God, whatever it is and I'm

happy to receive it," then you sit, then you start to thinking on your girlfriend, then you're thinking the time to go and visit somewhere. The healer has to put to the person receiving it, to making him to chant something, you understand, to chant something. Once if they keep on chanting and they're focused, make sure they don't mispronounce it. You know what I'm saying? Just they stay on that perfect pronouncing. Once if you start touching them, they will feel something flowing in them, the energy.

Will: When we give shaktipat, is it advisable just to touch with our thumb, or can we touch the top of their head.

Swami: No problem but when you're touching them you have to ask their permission. Some people, they go crazy if you touch them. Is it true? In America, I generally touch with my hands or flower, guys?

Students: Flowers.

Swami: Why?

Pam: So you don't get sued.

Swami: What they can sue me? They get sue for what?

Raymond: In some states you have to get a license, it's illegal to touch without one.

Pam: I have a license.

Swami: So you can touch anybody, anywhere? Terry! Well the government... not the government, the people is spoiled that much, the lawyers. In India if they do like that, if they have no grounds, just they made the case, the people... in my personal life what I made to helping, to suing on the lawyer. If he wins it, ok fine, if he's not winning it, he'll lose his license because of promoting such type of people, easily they'll lose the license. Any questions?

Johnny: Maybe you can introduce that in America, to making them to sue on the lawyers.

Swami: I made it in India to almost nine people they lost their license. They came, they apologized, "So sorry," no chance, no chance. It's like a squeezing, they're squeezing the society.

Will: Is there a healing, one of these type of techniques that really helps to the fear and confusion, that people can feel more connected?

Swami: Yes, it's easy, once if you touch, it's done. You can chant your personal mantra too, it's fine, but what you're doing, the stroke, never give that mantra to anybody when doing healing, it's super important, just chant your personal mantra when healing.

Gustav: The healings we give, will the vibrations stay forever in their soul?

Swami: Yea, pretty good, pretty good connect, also super advisable to give Baba picture to them, to wherever they're staying, minimum two feet by two feet picture, Baba picture, Mother Divine picture, Swami picture.

Doug: If we're healing more than ten people at a time, should we go around and touch each one of them?

Swami: Yea, few minutes, each person.

Ganesh: Concerning Mt. Kailash, is it possible to go their next year in May? We have a group planned to go there.

Swami: How many?

Ganesh: About twenty.

Swami: Just landing near Mt. Kailash in a helicopter?

Ganesh: No, walking and taking a jeep and yaks for three weeks.

Swami: Three weeks, not advisable, not at all advisable. You can follow your heart.

Ganesh: No, I follow my master, thank you for your advice Swami, thank you.

Swami: You can follow your heart. In that cave the Shiva lingam is almost equal to Mt. Kailash after six, seven hours later. That story is almost like 2,000 years back that Shiva lingam.

Student: Swami, what do we use with the people if we don't have a power object? I don't have a power object, or can I make a power object?

Swami: You can get the Baba's clothes, abhishek water, and dhuni ash, wherever I sit, that ash.

Student: I have a Baba statue in my house can I give a stone on Baba and then make it as a power object?

Swami: You better to wash the Baba abhishek water to give it.

Philip: You're healing four to ten people. You have them tell you their problems in front of everybody and then you just say, "I'll heal you whatever it is?"

Swami: You can say that but it's better to you to hear whatever it is their personal problems. Let them talk openly, let them express what is their pain, what they really want but whenever you're talking to them, don't have these type of lights, better to be in the candle lights and the small incense, you and the person in the room. And I can't believe a hundred percent what's happening with the patient, so it's better to be one more person just watching near one corner, just helping you whatever is required. Some people might go a little funny, crazy, their emotions crying, falling down, like one person taking care of it.

Philip: Do you have them say the problems in front of the other people in the room?

Swami: If they're open hearted they can tell, but it's advisable, whatever way they feel most comfortable. Generally I never, ever ask anybody's problems in the public, do I? But I know your problems pretty good but I'm keeping on reading your notes, I'm having ideas. Ninety-eight percent I read almost everybody's notes. Sometimes the big file, like Paula she wrote like pages. It's like a big homework to me to read it, to understand. Give like five, six sentences direct, "I want this, I want this, I want this, I need this help," done. It's better to talk individually. Once if they express their pain, they're a little bit free but you have to have pictures of Baba with you guys, to give. Have a picture here, with your country then

develop in your country, boom - make is two feet by two feet. They can have to hang in their room.

Philip: That's expensive.

Swami: Expensive? Life is huge more expensive than that, their life is huge. What happened your deal with me? That's also pretty expensive isn't it?

Philip: Cheap for what I'm getting, very cheap price.

Swami: Cheap?

Philip: Well, it's a lot of money, but it's cheap.

Swami: He tried almost all his spiritual practice more than thirty years. One process, what I gave him, it failure, pretty good failure. Then we made a deal. Tell.

Philip: Tell the deal?

Swami: Yea, tell the deal. Finally he's so, so... his wife got pretty good successful, it's natural little pinching in the heart. Then he's thinking it's not fair, then I made a deal.

Philip: On his Samadhi, I put a gold crown.

Swami: He has to give a gold crown to me, two kilos, make sure two kilos. But the deal is before Shiva Ratri, or around the Shiva Ratri time, making him to hook, give the channel. Doesn't mean I'm only working for certain deals, so sorry... Many people they offered, many people, even the Indians. Can you explain Clint Thompson about recently, what I told it.

Clint: Which thing Swami?

Swami: The aghora, before the story, the aghora came in the bench with the sunglasses, it's good you can talk give them idea.

Clint: About a week ago, we went to see...

Swami: You also have to talk your experience too.

Clint: It was very recently, Swami told the story about going to witness a yoga, an energetic experience that was being run or done by a different saint, by a different group. And I think that's a common practice of witnessing, of sharing the energy when the super divine shakti experiences are occurring. Like when Swami shared with us his yoga samadhis, with the cross bleeding, a lot of things that I think were yogas that we shared in that just by witnessing.

So he was describing, standing, waiting for this to start when a Mercedes Benz pulled up with completely tinted windows. Couldn't see in at all. Out of the back seat came an aghora saint who I think was the one in charge of this yoga, this experience, and he was completely naked. A pure aghora doesn't wear any clothes. Only bathing in ash, doesn't have his body touch water at all, hasn't spoken in thirty years. Completely not talking to anyone and then the, whatever that experience was progressed, Swami said that he knew by watching, that it would be a failure in the end, that the outcome of that ritual would not succeed by the way it was being done, but nobody asked any questions, he didn't say anything... I'm not sure they knew even who you were, your capacities at that time, and it's a two-day process. At the end of the first day, this naked aghora who's getting in and out of a tinted window Mercedes, tried to speak, tried to ask you a question, tried to interact with Swami but I don't know, maybe he hadn't talked for so long, maybe he couldn't make it happen before he got in the car.

Then the rest of the story I know really small pieces. But in the end, Swami did let them know that it wasn't going to work and that he could fix it. Or maybe they realized it themselves and that's when he said he knew how to fix it. And the story that I know is that you anticipated that, and you had arranged for everything that would be necessary for you to fix it before you even said that, so that when they agreed to you to do that, you got on the phone, you arranged for the energy channels, the ritual, the fire yagya, whatever it was needed, and in the end they did win, that process was successful. That was involving five or six saints, men and women, male and female saints we're involved in that.

Swami: The aghora person, they did a thousand yagyas, thousand one the process, one super rich guy he wants certain amazing experience. He has huge wealth. He doesn't want anything else just he wants to witness some supernatural power. From North India, from Gangaja the river Ganga, they did a thousand yagyas. They came to near here and I'm here also having a small ashram and they invited me as a guest, "Ok, please come to just be

there. You're a holy person, please come and be there." He's huge wealthy guy, super powerful politician. Simply I sat in one corner, they're doing the process. It's purely a yoga, amazing yoga, I can't express that yoga, it's confidential, some energy process, super energy process, almost like different high divine souls like connecting in one time different level. It didn't go very well, pretty crashed. Simply I smiled. Then he wants to talk something to me. He spent already something like eight, nine million dollars for the process – all the aegyams, yagyas, for the process - super rich guy. He wasn't upset at all but he really feels so sad inside, "Whole my effort since four years the final moment crashed. I really want to have darshan certain things, it didn't happen. How come? They say if you do like this, like this it has to be done?" Then just I gave a small hint to him, "If you give just small percent whatever you put, that capital, I can make it done," like a joke and he took as a serious, "Please I'm happy to!"

I took little that energy, I changed it and I gave a few days and they fixed certain things, certain environment very peaceful and they gave a call, "OK, everything is set up," and that aghora has little egoism, "No, I can make also to do it one more time." Again I gave a chance to him to do it. He and his few students, complete naked, hairs down to the ground, then almost ninety-eight percent coming down crashing. Then they invited me, "Please you take care, do it." It took to me one and a half to two hours. It means, it's done, completely fixed.

Knowledge doesn't work, it's ok to having the knowledge, but the aim target, the aiming, the focusing nature, exactly you have to know exactly what you're doing it and the guidelines, the principles, the perfect formula, using, implementing it - super important, you can pull. Then the process, that yoga went super successful. And pretty soon I'm bringing few of my students to the jungle, different places to experience few saints who was in the sadhanas and what type of help they receive from me, and what they learned and which level they are and my students, which level they are. It's better to meet some comparison then you know how many miles you need to keep running to do your journey still. Even having the connection of Mother but experimenting and experiencing and doing practically certain yogas is so important - it's really so, so, so important - at soul level doing austerities pretty good reaching austerities' power. From that point, you have to really make it grow to do lot of yogas.

I can give certain Yogas you can write down. The most important Ten Yogas:

1. Atma chedhana yoga
2. Parkaya pravesa yoga - Shiva is super expert in this yoga
3. Khandana yoga
4. Vibhutti yoga
5. Dhoti yoga
6. Shakti Kundalini yoga
7. Bhu Nakshetra yoga
8. Suganda Bhasma yoga
9. Jiva Prana yoga
10. Asta Siddhi yoga

These are all... who wins at least four yogas I can consider he's a real siddha. You can ask the Mother Divine to give the blessing for these yogas, but still you have to practice to connect the Shiva and to reach this level of demonstrating of the miracles, for the energy to take care of the souls in this planet. Do you know what I'm saying? All this yogas, the Baba did it, Jesus did it, Paramahansa did it, super all holy beings they did it, these yogas.

1. Atma Chedana Yoga means to splitting your soul different parts.
2. Parkaya Pravesa Yoga, entering into the dead body to wake up.
3. Khandana yoga, cutting and re-fixing.
4. Vibhutti Yoga, through the vibhutti you really can wash any type of negative karma whatever they're carrying, just simply washing – the real powerful ash. You're really commanding, it's not easy to have the commanding on the ash, there's a lot of process.
5. Dhoti Yoga, Big boss Baba, super expert on that and Khandana yoga too – super expert.
6. Shakti Kundalini Yoga, just sitting and getting the kundalini through the... I already gave lot of information on the kundalini, from the backside of the navel on your spine. Once if you start sitting, the shakti kundalini, there's certain mantras is there. Once if you keeping chanting that, it's like a snake, it hits to the Brahma Consciousness, through the Brahma Consciousness, Shakti Kundalini you can release your soul out through

your body - real Shakti Kundalini yoga. Not even all the time feeling bliss, but you can walk out from your body.

7. Bhu Nakshetra Yoga, means whatever any souls in this Earth... Bhu means Earth...Nakshetra means it covers that whole galaxy, you can connect any divine soul, any divinity soul, any spirit, any human being – you can send the blessing, you can connect them, you can pull them in front of you - that's a yoga. For example, your student is in London. He's really suffering. You can send the blessing from here when you win that yoga.

8. Suganda Bhasma Yoga - Suganda means Mother Divine, Bhasma means Shiva. Whenever you want Mother and Shiva having in front of you, just all the time they're living in you. Whenever you sit in the meditation just letting them to flow and giving you as a darshan as them, like no difference between you and them, that yoga. That's super difficult one, that's top number one difficult.

9. Jiva Prana Yoga, to make only three times in this lifetime. To making three dead souls to making them alive, to regenerating and also this yoga helps to any super less charged souls, super dumb souls, you can really lift them through this yoga. You can really make them charged high powerfully. These all belong to the Shiva's yogas, majority.

10. Asta Siddhi Yoga, demonstrating making the people so happy, few miracles, giving atma lingams, da, da, da, da, da whatever it is.

After Shiva Ratri... today just what I'm making it to do, one yoga is related to Vibhutti yoga, like a bhasma. Vibhutti means really commanding on that ash, what they're doing the Bhasma Abhishek. They're having lot of bhasma, vibhutti to the Shiva, making it to start to bleed. And don't feel, the new people and some senior people who are here, "Why aren't we eligible?" Every soul is eligible but you need to gain the austerities power guys, all fingers is mine. I love everybody a hundred percent. I know when is the right time to give in your life. Certain things if I mention, "Hey guy follow this way, this way, if you're keeping on holding certain attachment, certain desires, certain things... you don't know how to surrender," to them simply I can say one thing, "I'm so sorry."

I don't want anything from you, just your success and your happiness. And really I expect you can help the world, to take care of the world, to making the purification, to lifting the people's souls, lot of depression

souls, super sickness in the world is the heartbreak and like more than high super cancer - heartbroken, depression souls. Once if you know how to take care of them, after, if you gain certain energies, just they look at your picture, it's enough. Something they feel so bliss but you really need to have some austerities power, you need to have it. At present situation in the western countries, they're keeping on talking, and talking, and talking, and talking, like so glamorously. Without doing hard work, talking glamorous it doesn't help, it doesn't help...I met beautiful, some beautiful souls, beautiful healers, I really appreciate it. Whatever their concept it's ok - simply saying forgiving to their father, and their father, and their father. For example, a mother has five kids, one kid became a king, one kid became a thief, one kid became a robber, one kid became a layman, one kid became a farmer. The robber, his karma, is the mother responsible for that?

Students: No.

Swami: One kid became a king, is the mother responsible?

Students: No.

Swami: Just love, mother's love, but whatever you did from many, many lifetimes, it's you, that's you. You can ask the blessing from the parents but if you're keeping on asking the forgiving for whatever your parents did the mistakes, their parents did mistakes, their parents did mistakes... certain influences will be there if you grew certain circumstance in the family, strange family. Like the mother and father all the time fighting in front of the kids, not receiving enough love from the parents, their hearts is really broken, then they grow, they get little addiction to the drugs and they go little crazy. They go in the depression and they don't have enough caring and their life turns little funny way. If their parents really cooperating with the kids, then there's a pretty good chance they'll go pretty good. But still their parent's is not a hundred percent responsible for their fates. That's my heartfelt opinion. No parents, no one wants to think their kids to go crazy or worse, of course every parents want their kids to go happy and successful.

Ok, these are the yogas. After Shiva Ratri I have some ideas to make certain groups. I know many people want to go back to their countries, I'm happy. Whenever you want to come back, but still certain yogas, almost five or six yogas, certain groups they already prepared the energies. Simply I need to give the pin numbers to experiment it, to practice that. They almost reached that level, so the wheel is running and the number one my block is,

I have a lot of fear with my students, guys, the fear of not stable mind. Until to now, they don't know exactly what they want. For sure they talks like very clearly, but in the depth of their heart, they don't know exactly what they want. I made them to think, think, think different program, what you really want to get specialization in your life, to help the world. You know what I'm saying, still little lila, still lila almost... many people did the Ten Arrows, again I have to make them as a group to talk to them. I'm keeping on postponing. Don't get upset with me guys, for sure I will talk and we'll have a wonderful conversation. We'll see. So, I have to say goodnight and before I say goodnight, I want to give the Baba channeling mantra.

And I have to give some more healing technique prayers, I'm happy to give next time. And try to chant your mantras whatever you got before, as much as you can and don't get sick by Shiva Ratri, guys, it's very, very serious advice and request and command - don't get sick! On the day, you have to get shaktipat from your Swami. The most important, you have to get shaktipat from your Swami and certain ash you have to receive from Swami. Even some ash abhishek, some dhuni ash, each person has to receive. Even the menses women, it's completely open to everybody. On the day lot of tons of people will be here, lot of music, whatever it is. But try to make it before, one day before Shiva Ratri, silence, some pretty good silence, only permission to talk to Swami or your roommates little bit. Keep doing japas, ok?

So I'm saying goodnight. Have a wonderful sleep. Have a good day!

End of Talk