

Guru Purnima Program 2001
Student's Heartbreak and Spirituality
Teaching at the Ashram
June 23, 2001



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Early evening talk

Swami: Good evening, guys. I'm so late today. I'm trying my maximum best for the punctuality. How much time I'm late today?

Students: One hour.

Swami: Everybody have your dinner guys? Is it good Aghni?

Aghni: It's spicy.

Swami: You're Aghni isn't it? That's why it's spicy. Before I start to talk, can you talk the heart feelings...the woman's heart feelings, the men's heart feelings, the child's heart feelings, the old people's heart feelings. Let's talk briefly five to ten minutes. Who's really expert here to talk five to ten minutes? Monika Lipetz.

Monika L.: You want me to talk on the different stages?

Swami: Just you talk overall on the heart feelings, the emotions, like a melting, depression, broken heart. When you hear very good news from Philip, how you get excited. After a few months after you saw him, what is your heart feelings? Some examples we need to hear.

Monika L.: Well I'm not really clear where you want me to start.

Swami: Doesn't matter. We're glad to hear from any direction. For example, you're sad. Your Swami also gave hard to you, one stroke. Philip also gave hard time. People also gave you hard time. Like one by one, pinching, pinching, pinching. Talk on that. How much time it takes to you to come back again. At the time, you really can meditate, you really can suck the energy in you? If it's related... is the energy connected to the heart? If it's related, how? You know what I'm saying?

Monika L.: I know what you're saying. Definitely the energy is related to the heart and many disturbances like that, very difficult.

Swami: What do you mean, "Like that?"

Monika L.: Well, if you're giving a stroke, then my husband is giving a stroke.

Swami: First him, then me.

Monika L.: So it's very hard in the heart, a disturbance like that, to meditate peacefully because the energy is very unbalanced and disturbed. So when the heart is feeling those kind of disturbances it's very, very difficult to experience sucking the energy and one is handling the energy.

Swami: I'm confused here, sucking energy and handling energy?

Monika L.: When the heart is very disturbed that way, and when you're also experiencing the energy, it's harder to handle the energy. And as well... I think this is more for the beginning meditators, when the emotions are disturbed like that, it's harder to pull the energy.

Swami: It's very, very, very important guys. You have to listen very deeply.

Monika L.: So when you're a beginning meditator, it's hard to suck the energy when your emotions are disturbed that way. And later on, when you're able to pull the energy, then when your emotions are disturbed then it's harder to handle the energy. You begin to suck a lot of negativity. The negativity actually increases your negative emotions.

Swami: Can you repeat that same point?

Monika L.: That as you're sucking negative...when your emotions are imbalanced and you're sucking a lot of energy, you're also sucking a lot of negativity, even more negativity, so you're increasing the negative feelings you have inside.

Swami: Um-hum. At the time, what do you do personally?

Monika L.: I do many different things. Sometimes I go to Baba. Sometimes I use a mantra and pray to you. But if you're causing it, then I go to Baba. Sometimes I discharge into black stone. I do mantras. I sit in nature. I do whatever works until it releases. Sometimes I just talk to my friends. Just sharing the energy like that balances the energy. Whoever is funny, whoever I can laugh with. If I can laugh, if I can suck some energy, then it can release some negative energy.

Swami: Give me an example when I gave a hard time to you? What you did at the time? It's a good question isn't it?

Monika L.: Well frankly I don't let it bother me.

Swami: Hey! Give me example one time, what hard time I gave to you. The situation, the...

Monika L.: Well, yesterday, for example, yesterday I was feeling very sick. I had a fever. I couldn't think straight and then you're asking me all these questions. I didn't know what you're saying. I could only understand only fourth word because I couldn't hear in the back and you were shooting your energy...so...

Swami: That is your feelings?

Monika L.: I know that's what you do to make us strong. So you gave me a little hard time. So what did I do, your asking?

Swami: Um-hum. Give another example.

Monika L.: You want another example how you gave me a hard time?

Swami: It's very important. We need to know.

Monika L.: I think that means you'll do it more. Mostly it's just your looking at me, or observing me, your energy is telling me I have to adjust

something in myself. That's a simple way. That's a simple way. It doesn't give you too much of a hard time, mostly the way you throw your energy.

Swami: Throw my energy? How you handle that?

Monika L.: Well, I try to understand what you're trying to do, so I think about it. What's your motivation, what you're trying to get me to see, or handle and then I try to make my energy every calm.

Swami: What about you Philip, your heart feelings? My point here, when you're disturbed with something, some energy...you have to do some serious process, you have to do some serious channelings. If you lost three or four days of week's time, with that energy, how can you break quickly that illusion like that (snaps his fingers), come out. That I want to talk, the first stage of the heart feelings of the illusion stages. So I need to know about Philip Lipetz.

Philip: Well, the best way, if Monika L. is very nice to me, then it breaks the illusions.

Swami: Say that again.

Philip: The best way is if Monika L. is very nice to me, it breaks the illusions.

Swami: That's it, a simple.

Philip: That's only one way.

Swami: What about if she's hard on you. Give an example when she's so hard and mean to you, how you handle that. Same time handling her, handling me, handling your meditation energy. How is that flow? Is it normal, medium, totally yes?

Philip: When that's going on, it's difficult for me to even say the mantra, let alone meditate. The vibration...

Swami: Give me an example the situation, the incident, how you made it, how you came out? It's a good to know isn't it guys?

Philip: With Monika L. or just my incident?

Swami: Ah, with Monika L. Don't worry Ramakrishna, I'm coming later to you.

Philip: Well there was a time when you stopped talking to me, stopped even looking at me and Monika L. felt that she was caught, because of your actions with me, so she was mad with whatever you were mad at me about. And so, everybody was...it was a very interesting time.

Swami: I know that situation was so interesting, so that's why we want to know what's so interesting.

Philip: I would walk up to you and try to talk to you, and you would turn your head the other way. And if I tried to talk to you, I'd stand in front of you so you couldn't get away, you'd sit there until I was finished talking, and then turn and walk away and not say anything.

Swami: At the time what were your feelings?

Philip: Ah, at the time what was my feelings? "Oh God, what is going on?" Then I was remembering one thing, all the time. That if I got angry at you, I would lose everything. And so I couldn't get angry at you or blame you because the day before you started this, you brought me into your room and you said, "Now I want you to promise me one thing. No matter what happens in the next few months, you won't get angry at me?" And so I kept trying to remember that and then eventually you sent me away, back to America and you kept Monika L. here.

Swami: How long?

Philip: It was three or four months. You told me it would be two weeks.

Swami: At the time, what is your feelings? Hey, it's good to know A-Z.

Philip: There was a time, when I went back, and I decided either I could get angry at you because it didn't seem very fair, to me or I could try and use all this horrible energy that was being sent to me, and see if I could try a way to change the energy to use it. And so I decided to try and do that. So I would go to bed at 8:30 at night and wake up at two in the morning and meditate until dawn. And then I started to writing what became the first book. And at first it was difficult and then the energy started building more, and more, and more. And then you started doing other things like phoning me up and telling me what else I was doing wrong which was... I

remember one time I was doing a meditation to see if you didn't like it. You're in India and I'm in America and you would phone me up and say, "What are you doing? Are you crazy? Did I teach you to do this? Did I tell you to do this? What are you doing? Your energy is all wrong," while I'm doing it. And um, so that went on for three or four months and I think all the time you were here torturing Monika L. who would then torture me with what you tortured her with.

Swami: What is he saying? I tortured on Monika L., then she tortured on him? Just you talk whatever you want, then I'll explain how much it is, what it is.

Philip: It was suppose to be two weeks, then it became four months. Being there in America by myself, "Ok, I can't be mad at Swami." The entire time I kept thinking, "I can't get mad at Swami." The meditation actually became very great. It's the best meditation I've had since the time I've been here, after awhile. And then, when I was finally getting so I liked it there, then you brought me back here. You had to torture me in person then.

Swami: What's the use? What I got the benefit? That's important question, isn't it? What I got the benefit?

Philip: It all was because you had decided to give me a very great spiritual gift. And you tried to give me the spiritual gift, all the energy at one time. And this was a long, long time ago and what happened was, the negativity came down heavy on me and I couldn't handle it. And things immediately after you gave me that gift, I would think one thing and my mouth would say another thing. And what my mouth would say would be the opposite of what I was thinking.

Swami: That's natural.

Philip: And so it was clear that in order to be able to handle what it was that you were trying to give me, that I had to go through a process of purification to handle the negativity. And since that time, it's also been clear that as I learn more on how to handle the negativity, you helped to arrange for a little more of the negativity to come to me so that I could learn more. And at the same time, before you started all this, you said to me...you came up to me the day after you started all this to make me feel bad, "You're feeling pretty bad aren't you?" I said, "Yea." Then you said, "I want you to know one thing. No matter how bad you're feeling, it's only one percent of what Shirdi Baba made me feel. You may not realize

how easy you're having it, but it's only one percent of what Shirdi Baba did to me. So keep this in mind in the future." And I did remember.

Swami: So, when your heart was aching, when you're in a normal stage, what's the difference?

Philip: I don't understand.

Swami: Like right now you're in a normal stage. When you have the pain in the heart, with me, with Monika L., with something, what is the energy in you?

Philip: Well, all that changed in Hampi. If you're talking about what I'm feeling right now. Before Hampi?

Swami: Can you explain to him Monika L.?

Monika L.: I'm not totally clear with the question.

Swami: When he's aching with a pain heart in a normal mind time, normal heart, what is the difference with his energy?

Monika L. to Philip: What's the difference with your energy in your normal mind when you feel pain in your heart?

Philip: Oh, when I'm aching, my energy level is down to my small toe.

Swami: Why is that? Very important point.

Philip: It's because I can only see when I'm aching, I can't always see all the energy, you see the negative not the positive. And when you're aching that creates an attraction to the negative and more will just keep coming, and coming, until you break the cycle. And you don't have the peace, or the concentration to do things that you would normally do to hold the energy. It just won't work.

Swami: Ok, what about you Ramakrishna? I have to move little faster.

Ramakrishna: Ok, what's the question? Same question?

Swami: Yea. For example, if you're acting funny, if I watch you, all of the sudden your energy changed. Today you're so serious process. You're

meditating wonderfully. You're gaining lot of energy to your soul. The next day, you're totally funny. You're not taking any more energy in you. You're not working anything with the energy. The energy is making you totally bumpy and you're not recognizing that. At the time, I gave a little hard time to you to sit and meditate - that makes you worse. You're a little heartbroken, pain, at the time what is your experiences in your heart? What are your feelings? Feelings is so important with the illusions, the feelings and illusion almost very close. What type of feelings you're carrying? What type of illusions are related? It's very, very important, especially with your spiritual practices.

Ramakrishna: In that example, it would be, if I felt upset, definitely I would feel something is unfair there. I would feel, "This is not fair."

Swami: With me?

Ramakrishna: Yea. If I was upset with you it would be, "Swami's not understanding me. It's unfair. He doesn't know he's torturing me, but he's torturing me. How come he can't understand me?"

Swami: All the kids is like that with their mom, isn't it? The kid wants to eat ice cream. One has been done, eaten, he wants one more, again he eats, then third one. The mom says, "No." The kid thinks, "No, you're not fair! You have to give to me!" To the kid's mentality it's fair. To the mother's way of thinking, "It's not good. Go ahead."

Ramakrishna: Then...you're saying not recognizing that energy or recognizing that energy?

Swami: What's the difference in those energies. I want to know the difference.

Ramakrishna: There's not two, I think there's three or four, and I think it matters if you realize your bumpy, emotional or not.

Swami: How many times you realized it after I told it?

Ramakrishna: I'm sorry?

Swami: How many times you recognized when you got hard time with me later...anytime you recognized you're bumpy?

Ramakrishna: Oh absolutely, it's hard not to.

Swami: Give me an example. Example is the most important for everybody to hear to know something.

Ramakrishna: Ah, are you sure it's ok to talk about my personal experience?

Swami: Sure.

Ramakrishna: Hey, you promise?

Swami: Promise.

Ramakrishna: Promise, promise, promise.

Swami: Promise, promise, promise.

Ramakrishna: Not long ago...it's not necessarily what you do. It's not necessarily like an action. It can be that but at least with me, I can only think of a couple instances when I can say Swami did that to hurt me. Most of the time it's not that you're doing anything intentionally. I don't think you're intentionally, that you're intentionally trying to hurt me, but it's more like, "Ah, he did it again. He doesn't recognize. He didn't realize that, that hurt me." So generally I don't think it's your problem. I think it's my problem. But I still, if I get upset with you, I feel something is unfair there.

Swami: Who knows, maybe it's also my problem too.

Ramakrishna: Well I doubt that. Well, a lot of the time I think, the way you work with your students is, there is a sankalpam, you put a sankalpam, a maya on your students.

Swami: Why?

Ramakrishna: Um, because it's so helpful.

Swami: Why?

Ramakrishna: Because after you walk through that, or...not you... after I walk through that, there's two things...either I take care of it or you take

care of it. If I can't handle it and you take care of it, I feel like a failure. After I recognize, it's gone, I say, "God, it's..."

Swami: Give me an example. You made me promise three times then you're not giving any example. It's not fair. Is it?

Ramakrishna: In Bangalore, when we we're living in Bangalore, I remember I was so angry on you. I don't remember what it was about but I remember I came out to Penukonda and everybody else is in Bangalore, you remember that time?

Swami: Yea, yea.

Ramakrishna: And I was so upset and as I was driving, I was thinking what I was going to say, "That's it, and I'm leaving and..." and I got here and Swami's sitting by the fire and he's talking to someone sitting there. He knows I'm angry. I know he's letting me know, he's so...I'm not saying anything because somebody is there. Then he started to make me laugh, which I really hate because you don't like to laugh when you're angry, right? So, but then he kept on trying again and again. He was so sweet. I had to smile knowing that...anyway. Then I realized how stupid... all of the sudden, it was like a weight went off of my shoulders. It just evaporated. I'll never forget that feeling and I was back to normal. And I didn't realize that I had been un-normal. I thought that when I was mad, I was right. At that time I was not aware of my bumpiness. At the time I was feeling, "No, this is the way it is, da, da, da, da, da." Now I don't feel that way anymore.

Now if it's bumpy, it's, "How to handle it, how can I handle it?" So I would say, before without the awareness, how to handle it is at least the way I handle it is making blaming somebody else, not taking responsibility. Feeling it's somebody else's fault, like that, and that really ruins the life. It can go for a week...you can be upset for a week.

Swami: That's all huh?

Ramakrishna: I don't know, for me...

Swami: Anya Rosen, only for a week?

Anya: No, sometimes it can last longer.

Swami: Jonathan?

Jonathan: I remember having very intense bouts of difficult, pressing, angry, crazy feelings, not to much anymore now. That was two and half years ago.

Swami: For two and half years you're holding that feelings? What type of strong illusion it is, isn't it? Give me an example Jonathan. Badly I need to hear it, to be honest. Give me the best example, of your heart feelings.

Jonathan: Ok, the best example...it involved many things. It involved Anya...

Swami: Whatever it is, your heart feelings.

Jonathan: It involved my own...I think the basic thing of it was, I wasn't understanding what I was doing on my spiritual path. I was being pulled along, I kept coming back and forth to India, every other month and every time I got here I was dying to leave as soon as I got here. I wasn't able to meditate very well, I didn't even want to meditate.

Swami: What was the reason?

Jonathan: I was upset. I was so upset.

Swami: Why?

Jonathan: Because I didn't know what was happening. Everything was turning upside down. I don't think... at least consciously, I wasn't angry at you.

Swami: I'm happy no problem, all blamings, all angry it comes on me. I'm the center point for everybody, no problem.

Jonathan: One time you put me in the desert because I was laughing too much. You put me in the desert for three days because you said, "I want to see you cry." I think I was avoiding all the roughness at being able to get a handle on it. So for three days and three nights I felt I couldn't breathe, I couldn't move. Nothing made any sense. It was so extreme, I just felt like I was stuck, in a quicksand and then finally after three days, you said, "Ok, that's enough go sit, lean on Baba. Go sit next to Baba." The priests were all upset, "You have to sit like that?" I was leaning on Baba, "Yea, Swami

said I should do it." And it broke; it went away. And something happened there in terms of my being able to get in touch with... it's still took me a long time...to get hold of what's all this negativity? Why am I so upset? Why am I so feeling left out? Feeling not recognized, not understood, not respected, not having my place? What am I doing? Why do I keep coming back? - just craziness, total craziness.

When I went back to the states, I would just sit there with my mouth opened for like weeks at a time, trying to recover and as soon as I recovered, it would come back and start again. And then over the time, finally, what has happened over the last eight months, since the time I've been living here, it's very easy for me to break the illusion now when it's happening. It's very easy, it keeps coming, occasionally...almost everyday I'll have something, but the mantra, one of the mantras you gave, is very effective at just opening up a pin-hole of light to see that, "No, I don't have to do this, I don't have to hold this," and a bunch of other practices...taking it to Baba, taking it to Mother, those are working. I was not able to do those practices before. I was too stuck in the illusions to even do anything to get out.

Swami: What type of illusion it is? On your own, it came from the nature? That's your own stuff, you're upset with somebody, you're upset with Anya, you're upset with your business? Give me an example.

Jonathan: A lot of it was my own. My feeling of, you know, here is my wife going off being in India not being with me. Of course I respected the fact that she's doing it, and I'm wondering why I'm not doing it. But that's just fairly small, I think the big thing was that I was coming back to a full big investment in a spiritual path after I had almost left it. And I think I drew a lot of negativity from the environment, from nature...it was coming against me to prevent me from getting back on really full tilt, full commitment because I had done it before and I think I had my heart broken.

Swami: Say that again.

Jonathan: I had been a full committed TM meditator with Marishi, close to him and all that, and I think my heart got broken when it didn't yield, it didn't produce the results, it turned flat, it stagnated - I wasn't making any progress.

Swami: Who knows you did right or wrong?

Jonathan: Who knows?

Swami: Who knows you did accurate or you didn't do accurate? Anya explain it, you did right or wrong?

Jonathan: No I think they were right. Given what I was capable of at the time.

Swami: Ah-huh!!!

Jonathan: Yea, given what I was capable of, I made the choices I could make.

Swami: How many years you meditated?

Jonathan: I started mediating 1970.

Swami: Before I was born, huh? I think I'm your teacher now, hum?

Jonathan: The first time I met you, I ran. I got on the next plane. I didn't even come to the fire ceremony the next day in Los Angeles. I got in the car and went straight to the airport.

Swami: What is he saying?

Jonathan: When I first met you, you invited me to come next day to a fire ceremony. Instead of coming, I went to the airport and went home. My soul was attracted, it was hooked, I knew I needed to go here but my personality and my karma and everything else, the negativity, was saying, "No!!!" But I came anyway. Who knows if I made the right choice?

Swami: You're right. You're totally right. Give me one more example of such type of feelings.

Jonathan: Ok, this is an on-gong thing.

Swami: No problem, everybody is enjoying, isn't it?

Students: Yes.

Jonathan: All my life, I've been very good, a very successful musician.

Swami: Magician?

Jonathan: Musician...playing music, a soloist with the San Francisco opera, and the New York Shakespeare Festival. You know I'm very good. I believe that, so when I come to Swami, when I sang a few times and then he totally ignores or... I felt completely like I'm not allowed to sing here, or to do anything like that and I had to eat that, and chew that, for a couple of years and it's such a strong impulse in me, and I managed to keep doing it on the side anyway.

Swami: Side means?

Jonathan: I sneak it a little. I even managed to sing one day when Gustav had to leave one day and he handed me the guitar one day upstairs. And I took over playing, and after awhile you looked up and you didn't even know that I was playing. But that's been a real big...because that part is a real strong point that I have, and not being able to use it and express it has been a huge learning for me. To just sit with it, and just digest it, eat it and not being mad about it, which I'm not, you know but that's been real tough, hard - but that's been a lesson. I took it as a lesson that I need to do that, and that you're doing it for a really good reason. I can't imagine what it is but that's another thing.

Swami: What you think, what is the inner side message? What you thought on that?

Jonathan: For me to be able to store that energy, to be more silent, the talent and the ability is not going to go away, it's always been there but to be more silent and let the silence saturate, to be more in and when I'm finally, you know, go out, it will be more powerful. That's what I think.

Swami: Ok, one more person.

Ramakrishna: Are you asking something that we're not answering?

Swami: Most of but it's good to hear because I can pull out a lot of points. Ah, why can't I ask Terry?

Terry: What example would you like, a new one, or an old one?

Swami: Well new one.

Terry: How about two nights ago?

Swami: Just Jonathan he said he had stagnated nature about two and half years. He came here, but he doesn't know why he wants to be here. Then he ran away. Big confusing. Finally now he's here. I'm going to talk about a few people' personal lives too, in the heart feelings, what type of illusions they're carrying, what type of energy they're carrying, how to break it very easily.

Jonathan: Oh, I should add one thing Swami... this will make your picture more complete. While that unhappiness was going on, while that confusion was there, I was still doing amazing healings, and miraculous things were happening out in the world. That was still happening, it was strange.

Swami: Good, beautiful. Your life is so beautiful, no need to worry. Terry.

Terry: So very similar to Ramakrishna, there's been some things that Swami has asked me to do.

Swami: What?

Terry: You would ask me to do something.

Swami: Like what?

Terry: Saying things in public. I'm not use to speaking in public, so you would ask me to do that.

Swami: Hey, you're going to become as a teacher isn't it?

Terry: Yes.

Swami: You have to talk in the public.

Terry: Yes. I have before and I haven't had any trouble, some, but not a lot, but here much more.

Swami: Why?

Terry: Partially my insecurity.

Swami: What?

Terry: I'm insecure about speaking in public, so it comes up, so naturally you will ask me to do that.

Swami: It means I'm cruel there?

Terry: No, it means I need practice and you're going to push me to practice.

Swami: Ah-hun, what is your feelings at the time?

Terry: Ah, it could be that you're picking on me. I could feel that you're picking on me, that you're not understanding that I'm having trouble speaking in public, it's unfair.

Swami: It's unfair? To you or to me?

Terry: Well, obviously not to you. To me, then I could, if I let it go, get upset!

Swami: How much you got upset? I'm so sorry.

Terry: Quite a lot.

Swami: Quite a lot? No way. I'm a big rakshasa on my duty. Once if I want to train you...I really care your feelings, anybody's feelings Part A. Part B, same time I'm also very much sensitive. Part C, I'm a big rakshasa. Totally I ignore everything. I handle like an edge, making it, fixing it, otherwise if I let you go like that five years, seven to ten years like this, you won't get it. You know what I'm saying? No way, you won't get it. It's not a punishment. I hate to give the punishment. That's not my nature at all. To create some little pain there, just little bit, not to staying a long time - you have to fix it yourself. You have to heal it yourself then you can walk out. If you're really not walking out, then I'm there to help you. It's really not a good example. Give your personal life, really heartbroken one more, then we'll go in the deeper points.

Terry: With a relationship, that's what I mainly got heartbroken.

Swami: Not relationships, yea, go ahead talk. I know how much you're very self-sensitive. It's not fair to me now to even talk to you that but it's

necessary...everybody has to learn the illusions, the blocks, how to wash out. I'm so sorry I have to pick up you.

Terry: That's fine, so probably the worst one was my first relationship, serious relationship. And so I started to see that it wasn't going so well. But I chose to ignore that, so the relationship continued to go. Then I was very pulled to the spiritual path. I'd been on the spiritual path, and she wasn't, so I started to see that we were going in different directions. Although again, I chose to ignore that. Then, the final thing was finding a letter that she had written. A love letter that she had written to someone else.

Swami: You read that?

Terry: Yes, she left it out on top of her dresser, in an obvious place and I was in the room and there it was. I was devastated.

Swami: How you got survived from that? How much time it took to you?

Terry: That took years.

Swami: Years?

Terry: Yes.

Swami: How much?

Terry: Two or three.

Swami: That same energy you can heal within two to three hours. I can give the medicine, spiritual medicine right now. Is anybody have such type of feelings in your life, guys? One more person I'm giving a chance. Who have really broken heart in the spirituality? Ok, Philip Lopetz.

Ramakrishna: Anytime in your life?

Swami: You have heartbroken in spirituality?

Ramakrishna: Yea.

Swami: When? How old are you?

Ramakrishna: Now, I'm thirty.

Swami: That's nothing.

Ramakrishna: It is to me.

Philip: Your heart breaks when you spend twenty years, thirty years, doing everything and not succeeding. And I spent about twenty-three years before I met you, doing exactly what I was suppose to do, doing it sometimes sixteen hours a day.

Swami: What?

Philip: Sixteen hours a day while I was doing some practices.

Swami: You sure?

Philip: Yes, believe me, I was younger then and, you know, then being told by the master that he couldn't give out the truth to westerners.

Swami: Say that again.

Philip: The master told me that he had no permission from his master, Nityananda, to give the truth to westerners.

Swami: Why? What is the inner significance there?

Philip: He said they couldn't accept that they weren't ready for it, and that he had no permission to do this. And that's what he had to do was just take care of the people and keep them from suffering so much. But he couldn't lead them to God. He told me that he had no permission to lead me to God. That someone else would have to come after he died to do that. But I asked him, then, "What should I do?" He said, "I can't even tell you what you should do. You have to look at my life and guess what really happened. Not what I told the people but what I really did, and you have to try and discover that. And you will not find what you want until you make that discovery or someone tells you." And my heart broke and I had to live with that for over twenty years, from the time he told me that, until I met you. And imagine sitting there knowing that you're working so hard. I had a yoga center and lots of people coming and all that sort of thing, and that you don't have the truth in front of you...

Swami: What is mean by the, “truth” there? What do you mean?

Philip: The path that will make you a Jivan Mukti.

Swami: What do you mean by Jivan Mukti?

Philip: Someone who is free of all the illusions.

Swami: Is it possible to come out from all the illusions?

Philip: Not while you’re in this body but you can have it so that they don’t affect you quite as much.

Swami: Hum, so...how you made it finally? Are you still in the illusion?

Philip: Yes.

Swami: When can you come out, you’re guessing?

Philip: No one can come out one hundred percent. I don’t think you’re one hundred percent out that’s why you like taking yoga samadhi so much. You said last week that as long as we’re in the body, it’s impossible to be one hundred percent away from the illusions.

Swami: How much percentage you think you can get successful? You’re seeing success in your life right now?

Philip: Yes.

Swami: You’re seeing any truth in your life?

Philip: Yes.

Swami: What is that?

Philip: How to handle the illusion.

Swami: Are you handling illusions perfectly?

Philip: Perfectly? No, not at all, but better.

Swami: Better? Huh? Then you recognize yourself huh?

Philip: Yes.

Swami: Ok. What about you Ramakrishna? Why is your heart broken with spirituality?

Ramakrishna: Oh, I felt like I only had one chance. I felt... I was in the spirituality ten years, since I was a kid but after I felt like, that what I had learned, it wouldn't give me what I wanted.

Swami: You were ten years with me?

Ramakrishna: No, before I met you I was ten years studying...lot of people here know... I was teaching when I was twenty years old. In the college I was teaching the professors, spirituality. It's ridiculous to me now but back then...hey they were listening, I was telling, and you know, I believed in it. I really believed in it. I believed that what I was learning, what I was practicing was the truth. And then I just said at one point, I had learned it as best as I could, and I didn't feel that it could be learned better by anyone else, by anyone and I still didn't feel...it felt to me like intellectually, you know? It didn't feel real.

That was it. I got fed up, that was it. I had to leave it. But after, I felt that that knowledge was accurate. It certainly was accurate. It certainly was true on one level but it couldn't bring me to realize that without the words. So I didn't feel that that information could bring me to the point of realization, whatever that idea I had was, in hindsight, but I know those words, that knowledge, from that point of view....but I wasn't seeing from that point of view and I felt, you know, that I felt I was very lucky to have that teacher and I also felt that I hadn't met anybody, I hadn't seen anybody that was better. I read a lot of different things...and so I felt completely hopeless. I felt I wasn't going to get another chance and the chance I had was not enough for me. It made a lot of people happy. It made a lot of difference in people's lives, but it didn't give me what I really wanted.

So I remember just sitting in my room for a month, just like, beyond crying, not even wanting to breathe, and at that time, I had been to India and I had a picture of Satya Sai Baba. He was the only thing, that I'd seen miracles but I didn't understand anything about that. So I brought that, out that picture and it was the only idea I'd had on God...I'd seen some miracles from him, then I didn't know if that was God. I didn't even know what

God was. So I started yelling at the picture, "Hey, you're not fair. Are you really there? I'm working so hard. I know my sincerity of what I really want. I know my pure heart to find you, but you're not giving it!" I couldn't do anything else, I couldn't work, I couldn't teach, I didn't believe in anything. It only lasted six months but it was a very intense six months. It was very painful, a very painful six months. I didn't want to do anything. Then finally I figured, you know, life just has to go on. I'm just going to get a job. I'm just going to make money and like that, until I die. So I pretty much had given up spirituality, I didn't believe in God, I didn't believe in spirituality any more after that. Then it was about January and I met you in July, about six months later.

Swami: From that point, what is that changing? How much percentage changing?

Ramakrishna: Even though I haven't reached my goal, a small percentage. But even what I've received, it's inner feelings I can't talk about it, but my inner feelings it's enough for me, to know that, to know that God is there. I really know that. Even though I haven't seen God, whatever, but in my heart it's there and it's real and that's you know, that's more than I could...that's beyond my imagination. Even that little thing was beyond my real imagination, my understanding.

Swami: Well, you can find where you are in the chart then you can figure out what medicine is good for you. Ah, whew, can you bring a coke Anya? No permission?

Students: Yes permission.

Swami: Nobody's giving permission? Everybody wants to take five minutes break?

End of Talk

