

Christmas Program 2000  
Paramashiva Yoga: 15<sup>th</sup> Stage Continued  
Teaching at the Ashram  
December 12, 2000



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**Swami:** At the part, it's very important... many people have the big unworthy, "Hey Swami, is it really true we can see the angels? Really we can feel the soul's energy? Really we can feel the spirits' energies? If we started to feel the negative spirits' energy, maybe it's starting to feel very terrible to us. What is this position? What you're teaching here? How many people have the questions? Be honest. Yes, Jorg?

**Jorg:** I'm afraid I'll fall down in a coma. I'm afraid of the negativity.

**Swami:** You don't want to see the painful souls? You don't want to heal the painful souls in the universe? You don't want to heal any of your friends? You don't want to get any experience, who was really having a lot of problems not only seeing but to helping them. If you really want to cut off this entire stage, you can cut off the Fifteenth stage, Fifteenth step. You know what I'm saying...no problem. But some, like Paul, like Philip, "So what, we want to see it." Is it true Philip?

**Philip:** Yes.

**Swami:** I already checked with them in Sri Sailam. So what the negative spirit is not coming and killing you. No way, it won't bother you, no way not even one percent. It's your inner feelings, you can cut off this step, you can barricade, focus on the angels. You know what I'm saying, no problem.

Jorg: Actually, the main point Swamiji is that I don't feel that I can decide myself which way is the right one, Paramashiva Yoga, or the Tri Neytram because I don't have the experience enough to decide myself. That's why I would like to ask you to give me some help.

**Swami:** Absolutely but what you're saying is like, when you're starting a car, when you want to go in the town generally you have to decide where you have to go. When the car is moving in the highway, then you can't decide where you want to go. You know what I am saying, the beginning step. (snaps fingers) Here I want to go. Then it is possible to me to give the directions. That's why I'm keeping on re-checking each person, seeing each person's feelings. The aim, intention, is very important always. I have to know. What is really your motivation? What is it you really want in your life?

You can directly work with the angels, then again fifth to almost the eighth stage - there are almost all the channels of only high powerful healer. Just powerful healer, the cosmic vibrations, you can work with the three stages very clearly, with a lot of people. You can help a lot of people with diseases. You can help a lot of heartbroken people. You can do incredible healings there. You can stay whole your life doing as a seva. Even if you're doing, keeping on doing as a seva, long time, long time, still there is a huge chance you can get unbelievable experience. Like a Mother Theresa, she doesn't know. She doesn't know anything about all these processes, whatever it is. She believes in only one thing, Madhava Seva, Madhava Seva. It says, "Worship the human being. If you worship the human being it is equal to worshipping the God." That's her biggest fundamental point. Then she started working these three steps then she's almost all here. (Pointing to diagram)

She gave pure, pure one hundred percent dedication heart – one hundred percent no doubt on that, pure crystal, duty, duty, duty, duty, duty, duty, duty, even the terrible diseases - forget it. The blood bleeding, you can't smell it, you can't see those kind of patients, she goes, "Okay, here is my child," hugging them. She is Shhhyyaa. She received certain gifts in her life. She received such boons, such abilities a divine soul blessed to her. Then she worshipped entire human beings. She reached that destiny. Many millions of people, there is only one, or two people who are like that. You know what I'm saying?

Many people can choose this process. Absolutely. No problem. When you do these certain prayers, certain abilities will develop in you. Certain

abilities is from the divine souls, from the Jesus. I really believe like that way but Bhagawan Nityananda...this guy, holy being-man. If you go for help, he is throwing the rocks. You are seeing his way of lifestyle. You know what I'm saying. Nityananda if you go for help, he takes a rock and he throws on you.

If you go to our master, he takes a stick, if he is meditating he throws a stick. It's a different lifestyle. I'm telling in the book. But the energy is energy. Love is love. Purity is Purity. The heart feelings is so important. You no need to feel nervous, terrible and bad, it's always advisable you can open your heart to help the world. You know what I'm saying? Fear, there is endless, I told the beginning always fear, fear, fear...You're a spiritual master, you're a master means you're ready to walk anywhere in the world even the night times, daytime, forest, graveyard, in the church, in huge castle - only alone yourself. You have to sleep without any fear, then only you're a strong, powerful, will powerful person. If you can't sleep yourself alone in the big castle, how come you're a healer? I can't understand here you know what I'm saying?

Sometimes few people they can't sleep in their own home alone in the night, they watch TV, they play music the whole night. They wake up, please, please try to wash. That's only possible yourself to day-by-day determine very strongly, you understand Jill? If you have such type of fear, there's only way - you have to wash yourself. Any questions? Hello? Am I making everybody confused? You have any questions?

Philip: I once had the darshan of Mother Theresa. It was a gathering of a whole bunch of saints were together, she was talking to them and saying that they absolutely should not do any of the in between steps.

**Swami:** Who?

Philip: Mother Theresa was talking very sternly to the other saints. This was twenty years ago in Bombay.

**Swami:** I don't know what you're talking about. Can you explain to me clearly.

Ramakrishna: A conference, a conference where Mother Theresa came and gave a talk. All these saints and holy people gathered there to hear her speak. Philip was one of the people there to actually speak.

**Swami:** Uh-huh. What she said?

**Philip:** She said, “Why are you doing all these processes? Why are you spending all of your effort here - just love people. Then she was telling everybody that they were wrong to try to do all these other processes, they should just love people. They would get everything from just loving the people.

**Swami:** I agree one hundred percent but to those who really need spiritual enlightenment, it doesn't help. Who really wants inner experience, it doesn't help. Who really wants to see certain supernatural things, it doesn't help, I'm asking, does it make sense? It doesn't help. For example, Clint Thompson. Even if he becomes like Mother Theresa, he's keeping on doing his duty with one hundred percent heart, purely, purely, purely... but he can't help to waken up your channels to connecting high abilities. He can't change you as him, to be equal like doing that same inspiration. Does it make sense?

Students: Yes.

**Swami:** There is a big minus point there, always you have to depend on yourself. Asking the God, and the holy divine souls like a Jesus, Mother Mary, Buddha, the holy souls, whoever you really like, the masters, it doesn't matter. Any Baba's, any gurus who you really like - pray! Ask them for help. Take a beautiful prayer, chant it - develop it. That's the only process, the right way, the right channels. You have to do it otherwise, big confusing. Today, everybody is so intense on me. I don't know what I'm making the confused here. Everybody's energy is a little confused, isn't it? Yes?

Students: No. No.

Ramakrishna: That's a sign of confusion.

**Swami:** Jorg, that's your talent. You automatically get confused, too much hurry. Who goes they are definitely going confused.

Student: Too much hurry?

**Swami:** Too much thinking, “da, da, da, da, da...” If you think relaxedly, making sense, everything is there. Your fear, why you have to see Mother Divine, is confusing?

Jorg: No. The confusion is I'm living in the world and I have children and a wife, and everything. Is it possible for me to go on the other path, the Tri Neytra?

**Swami:** Go to the angels, communicate with the divine souls, you stay there, melt there, surrender to them. They will show you the path.

Myuri: Hmm, that's beautiful.

**Swami:** That's it. You know what I'm saying?

Jorg: No. I don't understand.

**Swami:** Huh. That's you. You're a little wavering, I'm sorry. Connect to the angels, then connect to the divine souls. You stay there. Melt there. Boil there. Cook there. Then take their help. Follow their advices. What they really show to you to go to reach high steps. You know what I am saying? I think you worshipped a lot of holy beings in your life?

Jorg: Okay, what? I love them all.

**Swami:** Yes. How much they really showed you the path? I'm asking? I'm not confusing you. I'm not making a doubt. I love them everybody. As a friendly way of discussing, how much did they really help you? On the surface level, maybe they can talk love, love, love, love, love, love, love.

Jorg: I felt grace, much grace but they didn't show me a real path.

**Swami:** Even if you stay thirty more years, you think they are going to show you the path?

Jorg: I don't know, but I don't think so.

**Swami:** So you think it's a bad process you have to do?

Jorg: No. It's a choice between two nice things.

**Swami:** There are three steps. One is Concord - the top. The Concord process people have to experience A to Z no exemptions. Second step, directly connecting to the angels and the divine souls, from there to the Mother Divine.

Jorg: That is Paramashiva Yoga.

**Swami:** Yeah. Who really wants to see everything in the Paramashiva Yoga step by step, "Okay, Swami, so what?" Who really want to help the world, who really want to become as a powerful masters, you know what I'm saying, if you really want to become as a powerful masters. If somebody came, they built their home for two million dollars, ten million dollars worth they built their home, they have the fear there are negative spirits in their home, the doctor cannot help. The psychiatry doctor cannot help. Who can help? It's only you. For some techniques they came to you with huge faith. They have strong confidence on you. If you do some prayers, they get huge relief. Even if the spirits are there or not, it doesn't matter. They have the huge faith on you. They came to you begging, "Please Jorg, help our home. Wash out all the negative spirits." That's really good karma. You're saving a beautiful family.

But once if you enter in their castle, their home, you started to fear "Wow, maybe the negative spirits start to come. Maybe they will come in my car trunk and they enter in my home, if it stays there, to whom I call, maybe Clint, maybe Ramakrishna, maybe Paul?" If you have such type of fear, it's big open heart, "Swami, I don't want, forget it. I want only the angels, the divine souls, I'm happy to go that way." Go that way. How many people in the hall are having that type of huge fear? Cross your heart and tell me, tell the truth. How many people have such type of huge fear in the world? In their homes, something running, funny stuff, some spirits. Is it make sense guys?

Clint: One third I think. One out of three people have that sort of fear.

**Swami:** See, our Clint Thompson he's giving beautiful judgment. (Laughter) One third, it's a peanut, isn't it? It's a lot, one third um-mm yes.

Ramakrishna: How many people on the planet ever reach the melting with the divine souls? How many people ever reach that point? How many people ever reach the angels?

**Swami:** Here who does the real sincere step by step the process, I can give maximum ninety percent.

Ramakrishna: ...of the people on the spiritual path?

Philip: How many people on the planet can talk to the angels?

**Swami:** The angels?

Philip: In the entire world.

**Swami:** Two percent.

Philip: Two percent of the spiritual people or two percent of all the people?

**Swami:** Two percent of the spiritual people.

Ramakrishna: How many of the spiritual people reach the divine souls?

**Swami:** One percent.

Philip: You're talking Indian spiritual people, right?

**Swami:** Yeah. Hey!

Philip: I thought the percentages were too high. It doesn't happen like that in the West.

Ramakrishna: The Catholics. The Muslims. The Buddhists. Zen.

Student: Using Paramashiva Yoga, what percentage would reach the divine souls?

**Swami:** I already told it, angels ninety percent - divine Souls that's your talent. From here to there I can't guarantee, no way. Many people behaviors, many people their craziness, egoisms, my heart is one part huge wounded my serious friends and the students. Is it true Clint Thompson?

Clint: Yes.

**Swami:** They wounded me a lot but I love them so much. They came with huge expectations I blessed them. I gave them certain things, (*Swami snaps his fingers.*), they took, they asked their own funny way, they don't know how to respect. They are already like a masters, egoism a lot of craziness

started to go there. From there they are going to fall down. That part, no way I am giving guarantee, not even 0.001%. That's your own talent.

**Student:** Is Divine Mother the highest goal? That's the highest stage of enlightenment?

**Swami:** That's it, Mother Divine. Once if you got the angels, then you started to feel enlightenment almost.

**Student:** How to discharge high positive energy. If the energy is strong, how to discharge it?

**Swami:** Send to lot of your friends.

**Jorg:** Intent, personal mantra and that's all?

**Swami:** If you have for example one hundred friends, think on them. If they really need help - send it, or send them in the universe who really need help. When we do here the prayers, Loka samastah sukhino bhavantu, we create a lot of energy, then you're sending the energy, you're sending the word of the energy to blessing entire the universe. You can use that word Loka samastah sukhino bhavantu - you can send it.

**Student:** What was the third? You said there were three choices.

**Swami:** See. Everybody is pulling me this direction, and this direction. Okay. Let's finish any more questions.

**Aghni:** Where is Shiva?

**Swami:** Wait. Wait. Aghni don't fire me, I am already huge burning. Wait. (Group laughter.)

**Myuri:** Swami, is there a third choice?

**Swami:** What?

**Myuri:** You mentioned three choices.

**Swami:** Yes. I'm going to, let it finish. Any more ups and downs here? Any questions?

Student: The Concord path as you call it, you would still be able to do the things that you would in Paramashiva Yoga maybe, but at first you would not be able to master the technique but ultimately you would still be able to do the same good for people with divine yoga?

**Swami:** What is he saying?

Ramakrishna: He's saying that even though you take the Concord path, you still do the techniques in Paramashiva Yoga?

Myuri: Can you still get the angels, the divine?

Ramakrishna: You still have the same abilities as in Paramashiva Yoga? I think there is a little misunderstanding.

**Swami:** Concord and Paramashiva Yoga equal, you're saying?

Student: You're saying, if you want to be able to do the things for the people to be able to help the people, heal the sick, then you should do Paramashiva Yoga, working step by step. But if you don't care about those things, if you want to see the Mother Divine maybe it's a better path. If you go that path it doesn't mean that you will never be able to do those other things, it just depends on what your goals are, if your goal is to see the Mother Divine?

**Swami:** You mean, who was in the Concord Process they can't help the world, isn't it? That is your point? They can help absolutely! They can help as equally as Paramashiva Yoga people, because in a quick time, they experience all the things. They're working with the divine souls, connecting to the angels, they connect to the souls, they connect to the spirits, they are there. From there, they are jumping to the Mother Divine. The path there is a little bumpy, they have to reach there.

Student: (Inaudible)

**Swami:** No. From the angels to the divine souls dealing with these guys, to be honest...just he's a big example, the most toughest step in the entire spirituality. It's a big step. Take off. That's it. Generally in the universe, the masters, even the holy beings - they can't. They love you so much, they give you moksha, moksha, sharing, loving. But if you really want inner deeper mechanism, I didn't see anywhere in the Indian tradition, what I researched, the saints that teach this systems.

I have seventy-five, eighty year old saints who travel India who have very good relations, sharing community. I really work with them a lot, lot of times. They talk about Indian spiritual philosophies...la, la, la, la, la, la, la, la, la, la. No way. There is no accurate process. Even if you take the Gayatri energy processes, it says if you do the Gayatri for five years systematically, if you do just chanting Gayatri mantra, you will reach high abilities. Whole your life you can live as a big, powerful healer. The Gayatri mantras has that huge energy, it is equal to four *Vedas*, but everybody's ignoring it. On the Gayatri we know that, but they're never going deeper. You know what I'm saying? Let me say this way, little terrible joke.

Even though you have a beautiful wife...few years later your mind started going in a little monkey. A beautiful girl is walking in the street, you're watching on her. This exactly same thing happened in the students. One master is saying certain process, after you do a little period of time practicing then again, another master is coming and giving another process. Our natural mind state is to divert. Even though you divert there, you can do the process what he really gave, really beautiful fragrance there. You can still continue but never drop this. You know what I'm saying, never drop, serious time what you really focused.

I told you the first day, God is really a big judge. You came with an open heart. Clearly, you are worshipping a small Shiva lingam, a rock. It doesn't make sense if this rock is going to help you. The complete Indian tradition is like that isn't it? Jorg, I'm asking you a question. The Indian tradition like that, isn't it?

Jorg: Like what, Swami? I was thinking about something else. I'm sorry, Swami.

**Swami:** What are you thinking?

Jorg: I thought, well, if it is possible to overcome fear...twenty years ago I was afraid to go to India to become sick.

**Swami:** Sick? Huh, I got it.

Jorg: And, uh, I learned many things about homeopathy. Now I'm not afraid to go to India because I can help myself. And maybe the same thing is if I have knowledge from you, we may not be afraid to see spirits, angels or whatever - that might help.

**Swami:** Not might - it will help.

*(Group laughter.)*

**Swami:** No might, I don't like that word. It will help.

Jorg: And therefore I am a little bit, I have less fear now. My fear goes down.

**Swami:** Good, I appreciate it. Thank you God. Where is the endless fear? Where is the end for the fear?

Jorg: You only can stop it inside yourself if you say, "Stop!"

**Swami:** Just ignore it. Not only you. Many people doing it, many people doing it, many people having fear? Many people having any fear. How many people? Yes?

Student: Yes. I have fear, but it is not specific. Example, when you...

**Swami:** For what you have fear?

Student: I have to suffer extremely, but I think my only fear is to suffer extremely.

**Swami:** What? Suffer??? From your childhood days until now you are so happy. So what. You are already in the suffering stage man. Why are you blaming on me? You say, "I took these courses, I've been suffering." From your childhood days, you are not happy. You're already in the suffering again.

Student: I'm not blaming on you Swami.

**Swami:** It comes absolutely, the people, one day, instead of throwing a flower on my picture - taking a rock. I don't care.

*(Group laughter.)*

Student: Are you serious?

**Swami:** No, from your childhood days, you're not happy. You're keeping on going through a lot of obstacles. It means, let it happen whatever it is there, surrender to the God, to the divine energy. Do your maximum best heartfully with your energy and if you can avoid it, something you try it. Otherwise, leave it. You know what I'm saying??? You're in the forest, the tiger came there are two chances. You have to climb the tree, or, you have to fight with the tiger, or, if you are a good runner, you can run. The time cycle never stops. You can stand, "Okay, tiger, come and eat me." You will stay like that?

Student: No.

**Swami:** You will do ultimately. Without your notice, you will do something. You understand, Jonathan?

Jonathan: Yes.

**Swami:** From our birth until to the death, the obstacles, problems, painful, fear, up and downs - it's all natural. Even if you do these processes, or not, whatever your life, you came in the business way, spiritual way, whatever the process of doing it, it's natural. The problems is problems, it won't leave you. But here we are a little clear with explaining in a spiritual path, in a spiritual way. Hey, the natural man, don't worry about, it came because of this. Don't stop it. You know what I am saying. Stop it, again doing it, again stop it, again doing it - it will give trouble to your spiritual path. That's only my main point here. That's it. Whatever is running already started to flow in your lives, God is so loving master, loving father, He's not giving you punishing.

Mother Divine is a big loving mother, if you're doing any little mistakes, when She turns a little angry at you, even though she putted a little, "Hey study! Do this way! Do that way!" It's not real punishment. For a little temporary period, she's a little strict on you to put in a good condition. If you feel all the time like a kid feels, "Ooh, she's like a devil. Oh, she's screaming at me. She's not giving a candy bar! She's putting me to go to school!" You don't want to take shower, she's putting you in the toilet. Okay, take shower, putting the soap, rubbing you. Is it true?

Stuents: Yes.

**Swami:** You're keeping on crying. You don't want to make the dress. She keeps making you to wear the shoes. The kid says, "Oh, my mother is so

devil. She's always so strong and tough on me." The mother has to do. It's not the real punishment. It's not the real punishment. What she gets the benefit if she gives you the punishment? Are you crazy guys? What she really gets the profit? Nothing. She really tests you. How much you really, even though she's really a little bit tough on you, how much you really react on her? How much your feelings, same thing like my train experience. That's the horrible experience. Then okay. Surrender. Fine. That's it. If you keeping on fearing, I'm so sorry, Jorg, no problem. You can just shhh... You don't need to help who is really having a lot of negative problems. It's okay. Just you bless them, distance healing. Pray the divine prayers and bless them. It's fine. Just you can drop one stage and remaining things, everything you can work. My advice is always to work. Always try to understand everything, covering everything. Always covering everything is like a bullet proof.

The beginning step, when you're learning as a doctor, if you take a scissors you're hand is a little shaking, to cutting somebody in your first operation. Oooh. Always fear, "Maybe I can get success or not?" But two, three, five, six times (snaps fingers) here you go. Like a same thing when you jump on the horse, fighting the horse like a bicycle, like a swimming pool - always fear. When I'm a kid, I went with some of my friends to learn swimming. In India, there are huge wells. Just I'm standing, watching all, everybody swimming. One man just he put me, and threw me in the water. That's the worst. I can't breathe, whooo boy! Then when I have the little tire around me and I'm learning it, then he removes this tire, he made me intentionally sink down, up, down, up. Three days later, here you go, I started to swim. That's my experience - very rough and tough. I'm so sorry, the Concord people, also is like that, I'm telling you a little advance. Then you can collect how many people is really going to.

Philip: You tell them in advance. You didn't tell us in advance.

**Swami:** You no need advance. It's okay - Swaha. Sit down. Huh boys.

Student: Swami, you speak of yourself as a divine soul - is that true?

**Swami:** Myself, one part I'm bringing, and I'm connecting some divine souls. For example, connecting the angels and connecting the Jesus, connecting the divine souls, making them to hook it and releasing them. Go and figure out your way. I put strict restrictions certain period of time - no way to discussion with me. I put a huge bullet proof around me, much

safe. Your Swami's a little smart I hope. (laughter) But I don't know how much I can get success.

Student: So part of you is a divine soul. So obviously you must also be at the Divine Mother level, otherwise how could you know the pathway?

**Swami:** The Concord people have to decide and they have to tell. They have to see. They have to judge who is Swami Kaleshwar - it's not good to myself to say no, that's not fair.

Student: No, either you want company to get there or it's a great experiment to get home to Divine Mother or you're there inviting us to take the Concord home too.

**Swami:** What's she saying?

Virginia: She says maybe you're inviting us to go on the trip with you like your gang and we're with you. Is that correct?

Myuri: She said several things.

**Swami:** I can't understand you, I'm sorry. Your English is a little fast.

Student: It seems appropriate. In our hearts we look to you as a master, the master, our master, our friend. You're inviting us to take a journey, a great journey to the Divine Mother. Obviously, how could you speak of it if you weren't there?

**Swami:** If I'm not there, you're talking about that? Generally my nature, without I tested anything, without I seen anything, I never talk. I never tell. You know what I'm saying? Without I seen, without I experienced, without I don't know anything there, I never talk. I completely take the diversion, you understand?

Student: Yes.

**Swami:** Good. If I teach in the wrong direction, what I get the benefit? Just curious, I'm asking you a question. If I teach you wrong direction, what I get the benefit? Maybe you'll draw a one million dollar check to me? No, nothing, just your love and what you are going to serve in the world. That's only my selfishness - hun-um, no way.

Gustav: You said that in the process for the Concord people, you can go to Baba. Baba will help us two percent. You have to go to Mother Divine, this is our path, when something is happening surrender to her, pray to her, she's the one to ask. Now you say that there is a special place, like after we connect with the angels, and we come closer to the divine souls, only the divine souls will help us... like our connection to Baba will be so important.

**Swami:** Two percent is a lot isn't it? Giving a hint, two percent is a lot - me giving two, three percent. Baba is giving two, three percent. I'm already putting two to three divine souls connections, then automatically you can feel it. Then you know how to cross the border. Once you cross the border, that's it. Then you don't care Swami Kaleshwar, you don't care Baba, just they are friends. You'll be happy to go your way.

Gustav: Isn't it an illusion to say...

**Swami:** But wait, wait, wait, you brought the good point - illusion. When you are working with the masters, how many types of the illusions started to flow around you? That's a big chapter. It's a section I would love to teach tomorrow. Remember everybody has to be strong on the illusions. I will talk. It's a big chapter. How much is part of them from the Mother Divine? How much part of them is yourself? How much part of them from your master? Then dividing, then you can judge yourself.

Many people are in the first three illusion stages. Simply they're doing it. They don't know what they are doing but they are doing it. Again, they're doing it. They are feeling something but they know something they're feeling it. Still they're doing it. And the third, they want to develop it. They want to experience. They want to stay more there. They want to develop, and develop, and develop, and develop... Now-a-days in the world, ninety-eight of the students they don't know what they are doing, but they're doing it. They're feeling a little bit of energy but still they're doing it. That's not fair, that's not the real spirituality. They spoil their lives like twenty, thirty years, forty, fifty, sixty years. It's a main problem, one of the biggest huge mistakes. I hope Philip is releasing a big book. Are you releasing a book about the big misunderstanding on the eastern guru, on the western students, how the western students is huge spoiled.

Philip: In my spare time...

**Swami:** How much the western students are hugely spoiled. Spoiled means how many types of spoiled they already did. Where they are now? How many steps they have to walk to receive it? In comparison with the Indian normal life people, talk about the American people, normal their life. You know what I'm saying? Just talk between them and here. There's a huge boundaries. If you understand that, there is a real purity, pure love is there, unbelievable pure, purity is there. I'm not blaming on the westerners, I love them so much - they are really hard workers, sincerely. But still they have to recognize, they are very easy at throwing something on the masters. Just they do it, it's not happening, "Ok just throw a rock." They walk away. They don't know how they really did seriously or not just, "Oh we did it," then svaha. Then they're throwing a rock.

How much percent of his heartfully he did it. He only knows inner his heart. There's a big problem. Why in India a lot of saints, a lot of spiritual people they're every year, they're growing a lot, powerfully. They are learning unbelievable steps, means they have unbelievable disciplines. For example, just look the Ayappas, our kids. They wake up at 3:30, 4:00, 4:30 a.m. They take a cold shower. They sleeps on the mats. They took a diksha like a few days, 41 days almost, they done it. Just one word of Swami Kaleshwar, "Okay, take Ayappa diksha. Do it." Hundreds of thousands of students, thousands of people in India, they're doing Ayappas. Even though they're so sick. But I think many people watch that, isn't it?

Students: Yes. Um-hum.

**Swami:** Wearing the black dress, very systematic, doing bhajans and meditating certain process. Whatever they're very systematic. No smoking, pure vegetarian...very, very strict rules. If I putted the westerners like that for one year, I don't think so at least one student will stand here, I'm serious one student will stand here. You can talk in your book that too, talk everything truth. So it's almost midnight? Yea? Ramakrishna?

Ramakrishna: Just I have a question on the Fifteenth Stage talking about how to put the water in the log and different techniques for decharging so much negativity running in the life. How is that we can do that process for somebody else? What's the... my understanding of the stages was that first you purified something in yourself. You have to pass through that stage and then you can use that. No?

**Swami:** No, no, no, no, no. Your personal mantra you already huge charged. In this, in this month I'm making to charge, every person their personal mantra, charging really unbelievably strongly. It's completely huge enough for entire your life. I'm making you charging here in my presence, then release it.

Remember you guys I made to meditate for like five to nine days non-stop? Remember Virginia? Like that process I'm making to really to chanting and chanting and chanting. You can feel the experiences. My final point guys...no need to feel nervous. No need to feel negativity. To be honest, there is nothing you need to worry anything at all for negativity. You can just remove it. It is also a part of the subject, if you like it you can take it. Otherwise, you can direct it. It's not a big deal. You understand Clint?

Clint: No, you said the negative is not a big deal?

**Swami:** Working with the negative spirits, who have the negative problems. That's true. Who have the negative problems, we talk to them as negative problems. We can talk to them as positive problems. It's very sensitive. The western people, who if you talk the negative means, they go, "Oh...crazy. What is this?" I can't understand what is their feelings completely I can't understand. We will wait and see. Don't feel anything nervous, ok? Promise?

Students: Promise!

**Swami:** Done?

Philip: Double-done.

**Swami:** Double-done. Ok, it's almost, what?

Myuri: Is there a choice?

**Swami:** Wait.

Myuri: One other question, after twenty-one moons, where are you on that chart?

**Swami:** You need to wait for years and years and years.

Myuri: (laughing) Swami...

Student: Tortured.

**Swami:** I'm happy to put you... (laughter) Ok guys, have a wonderful dreams. Good night.

End of Talk