

Christmas Program 1999

Sun and Moon Healing Techniques

Ashram Teaching

January 12, 2000



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Swami is asking the group about the inside color of a coconut: What is the color? Is it good or bad symptoms if it is black or white? Black means negativity. Group responds it means it is rotten. Swami is asking group when different students are leaving to go home.

Swami: Before to talk, I want to give little like a three hours program tonight, every person I recommend to have to do, and to sucking Baba energy. Today I want to close the talk, then I talk then, I want to take little vacation going to Madras for my visa. So, before I want to finish this talk, I really recommend minimum forty-five minutes to three hours, every person you have to sit to look straight to Baba eyes, just only his eyes, straight looking. I recommend that to do forty-five minutes to two hours, three hours maximum, one hundred and eighty minutes as much as you can. If you can chanting your personal mantra, you chant it otherwise just go look straight to him. Then it's very easy to me to bless everybody and to do my process, from Baba to sending huge blessing once more, finally. You still doing Nancy?

Nancy: Sometimes I am.

Swami: Not in proper – not in...

Nancy: Not everyday.

Swami: Every person, who took the program, I really recommend to do that, then take shower and relax, do it. Tonight completing, just one hour straight talk. Can get at the program, can close that, and today I have to give a small power object to the Lothar, who really helped all the Germans and to Swami very easily. He is like a main character, main person who helped a lot to the German's especially. So once more I can say to him very thankful, thank you Lothar. (*Applause*) And I want to give the power object to him when the stars is blooming. When the stars is there in the sky, at the right time to me comfortable, as my gift.

So, even though when you are looking straight to Baba, your eyes a little burning - don't worry. Even if your eyes blinking - fine. Your attention you look, if your attention like this, then you are looking to your friend and talking, again looking - don't do that! Straight to Baba, like even though you are moving - focus. Make sure toilet all to work, business complete. Sit, one shot what ever you can. How much you can straight looking to Baba - thirty minutes, minimum forty-five minutes, I recommend. Then after, take your time as much as you can. After you done, then close the eyes five to ten minutes. Again, start to think what you seen with your two eyes, try to think with your third-eye. You have to close your eyes five to ten minutes until you are satisfied to yourself, okay is done. Don't open again. Don't look anybody. After you open the eyes, again you look to Baba. Even if somebody is upstairs, doesn't matter, but, here again you look to Baba one minute, pray your desires briefly. You understand the program ?

Swami: Understand?

Group: Yes.

Swami: Take shower; be free. When you feel comfortable after arathi, come. I recommend, after one hour, still we have one hour to arathi, after finish arathi I will tell to my priest's don't come until to nine o'clock, 8:30, 9:00 - you have couple hours or one hour maximum, one and a half hour. Are you still doing until to 9:30, 10:00 your friends can keep the food for you? After you' re done - go and eat and come back to class. Okay?

Student: asking a question regarding doing something in the last minute.

Swami: Doesn't matter, just pray, open your heart, humbleness, say thanks to Baba. Okay? (*finger snap*) Done. My lawyer came with crying and weeping, since eight days I didn't give interview to him, He has to leave now he have huge...he came, just huge love, "Why you not talking to me? I'm your personal lawyer but why you not talking to me?" Just I touched him, he started to cry. Gosh sometimes I'm doing major mistakes.

Once more I'm saying to everybody... (*interruption*) If Swami is not talking you have to be open for that, "Fine maybe is something he's doing, maybe something he's so busy, maybe something he's doing." First time my lawyer he is getting painful in his heart, after fifteen minutes talking then he feel, "Thank you so much"... relieved. It is not good like an inferiority feelings, "Maybe I did a mistake that's why maybe Swami not talking, maybe Swami don't loves me or maybe Swami angry on me... oh, maybe Swami upset with me..." If I am upset something I'll call immediately, "You did this mistake that's why I'm angry on you - period," straight I'll say it. If I'm really upset, normal whatever...suppose Anya is making huge laughing, making sounds... "What's that, hey why you making sounds?" After I seen her then again I started to smile, laughing. Someone is walking (*making noise on the roof with their steps*) especially I'm in the meditation, deeply, early mornings hours they go walking to the toilet like very emergency, "dun, dun, dun..." like a big, "Maybe the roof will fall down?" Very clear I think everybody listen that, somebody observe that but early morning hours some guys, I don't know who is that guy, they walk, its like huge vibrations. Most people they went to their rooms?

Anya: Yes except for two, three rooms.

Swami: Three rooms? Good. So, don't misunderstand Swami. If he's talking fine, if he's not talking fine - you have to love forever and ever to Swami. Michelle M. is it true?

Michelle M: It's true.

Swami: Good. It is important, that's my sincere request...means not any angry, not any upset, you have to give one more diamond.

Lothar: One more diamond?

Swami: From South Africa.

Lothar: I'm on my way to South Africa.

Swami: Diamond means you have to spread the real truth. It's enough. Even though whatever you give it never stands with me, except your love and truth - that is my diamond. You understand? You understand?

Lothar: I'm growing in understanding.

Swami: To the Master what is real gifts you have to give - your love and truthness. Truthness means forever and ever to be respectful and to follow and to spread his messages, to dedicate in the spiritual path. That is the real gifts you have to give the Master. If he gives ten million dollars checks...the Master always expects when he saw with eyes, truth and love - that two things, he always expecting. How much he love me, how much he have truthful on his works what he is supposed to doing... He is like a big dog watching and smelling. Even wherever you are... easily he can smell it. Is it true Ramakrishna?

Ramakrishna: Unfortunately very true.

Swami: It is impossible - you can't escape... wherever you are going like that... like a small ant walking in the hand. It seems, "Oh, I am in America, Swami can't see it." That's your illusion. That is your illusion. Swami will make you free, "Ok go, go, be happy," for the certain boundaries. When he see little dangerous going in the certain boundaries crossing, then again he makes it very forcely - come back! Like a thread go... finally then, (*pulling*), stay here. You understand? Like a making a thread to a bird, letting it fly, "Go fly." Finally again (*pulling back*). That is my nature one hundred percent. Even though when I am in body, out of body, wherever you - period, once I touch...it's done. It's means making a sign on your paper, in your soul book, "This soul is mine," done. Mine means to dedication to the Baba, to the God, in a truthful way and peaceful way. Is it true Virginia?

Virginia: Yes.

Swami: Are you nervous?

Virginia: No not at all.

Swami: Ok Lothar, this is my presentation to you what you did like a huge hard work. I hope it is a huge, to me it is a huge maybe it is not to you. This is my presentation to you - wherever you go carry with you, my presence is always flowing in you.

Lothar: Next week in South America?

Swami: No problem, until to your last breath it protects you.

Lothar: Thank you very, very much.

Swami: Then when you want to give this one, try to see the real student who really loves you. Doesn't matter he's a good student or intelligent or very, he's not so clever. Who really loves you, give them, automatically it helps. Ok? God bless you.

Lothar: Thank you Swami!

Swami: My pleasure. So, today, this evening, I want to close this program. The moon yantra uses if you can draw in your home, putting... and sun yantra. The sun yantra has to be in the east in your home. The moon yantra it has to be in the west somewhere in your home...seeing the east.

Ramakrishna: And the moon seeing the west.

Swami: Yeah. Baba now seeing the east, like the sun it has to see the east. The moon it has to see the west...you observe every full moon day the moon will come from the east, it sees the west. Is it true?

(Clarification: Moon yantra is on east wall- facing west, Sun yantra is on the west wall- facing east)

Swami: Hey! Every full moon day he comes where, goes back? You have to fix in the seeing the west then some... when you are in the home just at least you have to stand in front of that for one minute and watch very clearly the sun yantra, to chant one prayer about sun yantra.

The moon yantra every full moon days timings, if you are in the home...like full moon middle, like three days before full moon, after three days exactly full moon, I recommend to sit to watching that yantra clearly and chanting, "Hreem" Just that bijakshra for a little while, then you suck. Think on the moon or just meditating later you

go under the moon, feel the energy, open your hands, see, suck the vibrations. The moon vibrations so, so, so powerful, soft, highest healing vibrations. You have to enjoy that. One thousand percent I am saying seriously, just radiation that vibration energy, it has to affect on your body. If it possible... go and sleep under the moon. Take your sleeping bag, put it in your garden, sleep. Make sure you have cobras are not in (laughter). Some countries it's not possible, isn't it? Lothar?

Lothar: We don't have cobras.

Swami: Some countries, in South Africa?

Lothar: South Africa? South America yes, very much.

Student: Many snakes, very many snakes.

Swami: See, you have to be careful. So I want to see South Africa the forest jungles.

Student: Well, Marianna lives in South Africa.

Marianna: Different regions. We'll take you there.

Swami: What?

Lothar: It would take more than two days for you to stay there, to see it.

Swami: No problem, two days, three days, four days - shhh. I hope South Africa the forest area is good vibrations in the hills area.

Virginia: It takes two days to get there is what he's saying.

Marianna: No. no...

Virginia: No? Oh excuse me.

Swami: So you have to enjoy chanting the bijakshra, "Hreem" even under the moon...suck huge vibrations. When you want to give the healings, I really recommend on the full moon day take the nighttime one day suction (*snaps fingers*) then you start the healings.

Ramakrishna: I'm sorry take the nighttime what?

Swami: Healing suction, that night under the moon, the open space.

Ramakrishna: When do we use the, "Om Mama Chandra Tara Guru Bala Raksha" mantra. The moon mantra, when do we use that?

Swami: Anytime. The "Hreem" is very important.

Ramakrishna: Instead of that, just, "Hreem"?

Swami: You can use that one but, "Hreem" is most important one thousand percent, I mentioned the word isn't it?

Student: The sun one, do we do that everyday? You said stand in front of it for a minute.

Swami: Yeah. Every day when you are in the home, when you wake up say to him, "The sun is in you that creation energy." I recommend you to every person to draw on a silver sheet, like a silver metal sheet or copper sheet. If you can afford gold sheet - make it.

Myuri: When you were telling us to make the yantra on the piece of wood, the Surya yantra on the piece of wood, and you charge for thirty-five to forty-five minutes then to heal. What mantras are you doing while you're sitting?

Swami: Wait, wait, wait...coming. How many people know exactly Brahma Kundalini Nadi yantra? Sri Chakra? How many people know about swastik symbol?

Lothar: Swastika.

Swami: Hitler's symbol. How many people know that?

Lothar: How many people seen that or know it?

Swami: Know it. What is the meaning? How many people know the meaning?

Student: Sun wheel.

Swami: What?

Student: It is called the sun wheel... sun wheel.

Swami: Sun?

Student: Wheel, on the car there is a wheel.

Swami: Where you got that?

Student: I learned it in Germany, in history when I was history student.

Swami: Is it Hitler' symbol?

Student: It is reversed

Philip: It's turned on its side, 45 degrees. It gives it just a little...

Student: Therefore it had a disastrous effect because of this.

Swami: How many people can get the rose wood, how many people can't get the rosewood? You know rosewood? If you take the knife and hit that, like a blood juice will come out. No? You seen Lothar?

Lothar: Well, when you cut the wood and then juice comes out?

Swami: Like a blood. You seen that?

Lothar: Yes.

Swami: Philip?

Philip: I haven't seen it but I am sure I can get it.

Swami: What I really recommend...what I really recommend in you life, on the rosewood, that wood has to be wet...that wood has to be wet, with your own hands you have to draw Surya yantra under the sun, you remember I told that? Under the sun, not in the nighttime. When you draw that, even if it's small wood fine, small piece of wood or big one whatever it is. If it's small one, when you are giving the healing give that person hold it, you give the healing to the person. If is a big one just you make the person to sit on that. You no need to sit. Just you make him to sit on that. When you are starting the healing it has to be dry, not to be wet. When you are making it, it has to be? Wet. When you're starting the healing one hundred percent it has to be careful, eighty percent dry...fine. forty percent dry - no. You can see that...the rosewood like...easily you can feel it. It's lot of huge juice.

In Sri Sailam, once eight years back, I and my friends, we went to the

dam, you know dam? Water dam, took a small boat we reached another hill... forest area, side of. Before that night, unfortunately big wind came, lot of branches, lot of trees fall down. Huge rosewood tree, one huge branch is cut off. We were walking, first time I've seen that plant, tree. Before I'd heard, I'd seen the wood, practically I'd seen like a blood. I got shock. At the time, very good meditator I felt so huge energy, Durga energy - huge "Boy," amazed, drop-by-drop, "cht cht cht cht cht." Suppose if you cut a tree plant here, the leaves, the milk comes out, you know milk? "cht cht cht," comes out, same it comes out. Like coming like a blood. Even if you took that huge energy vibrations...in that tree huge vibrations is there, the best herbal in the universe to healing...one of the best - Rosewood, then the sandal, then the teak. Even if you sleep on the teak cot, the wood...the wood - huge energy. If you sleep on sandalwood - pleasant sleep. I'm planning to make a cot, small cot always fragrance... Rosewood I can get it but sandal is like a fragrance good feelings. This is the three advisable.

So you have to draw it when it is wet, you have to make the person to sit on that when it is dry, then you can start the healing. You have to face the east face when you're giving. You can see the healing energy. You can see your energy how it is flowing from you. Same moon, you can do with the moon same, same wood, if you can get the sandal fine or if you can get the teak fine. First preference is rosewood.

Student: They must all be fresh?

Swami: Yeah it has to be fresh. You have to go Michelle M. in the forest with electric saw.

Michelle M: That's not the hard part it's finding the trees.

Swami: Finding the tree?

Michelle M: Finding the rosewood tree.

Swami: I think in America it is there no?

Philip: None of those three in America.

Swami: Sandal? No? It's a crime? Why it doesn't grow.

Lothar: In Africa, when you cut sandalwood it is a crime. You're not

allowed to cut sandalwood.

Swami: Even India.

Ramakrishna: I think teak is like that also, endangered.

Swami: We have teak there you seen? (*in front of Mandir*) Exactly outside small like little branch, tiny. That's teak.

Ramakrishna: That's teak? How big can it get?

Swami: It can't grow bigger it would grow wilder like you. It can grow like five persons holding. That's Swami made it, putted there. Before that there is all rocks. Actually I planted four; there is one, three died. The cows came and now after we finishing later, huge protection with the plants. Before that, lot of cows entering inside, we have to go walk and to run.

Ramakrishna: Can you plant the sandalwood?

Swami: Maybe my farmhouse. We have few, where I buy the property some sandal trees is there... little growing three years old like four years old.

Myuri: Do we have to charge them before we do the healing?

Swami: Anyhow you are doing it is good idea to charge but already I charge everybody, but he has to the moon yantra you have to exactly say "Hreem." Not like hream hrum I don't know some people little strange vibrations. When you say that, "Hreem!" Hreem.... Hreem...

Michelle M: And what do you do, say for the sun one to charge the sun one?

Swami: As much as you can you have to chant it, prayer early morning doing the process. If you have beautiful pond, if you have beautiful swimming pool, at least early morning in the swimming, is open nature it is in the east side swimming pool, perfect. In the summer season you can do that, go have fun do it.

Michelle M: And it doesn't matter what prayers you're saying?

Lothar: Or all four together?

Swami: Do it.

Ramakrishna: Is there a certain mantra that goes with the Surya to heal? Any one of the four?

Swami: No. Doesn't matter.

Ramakrishna: Any one of the four sun mantras?

Myuri: If you don't have water can you still...?

Swami: You can hit the sun like ten minutes it has to go out. I think I told in the third system or fourth system? Fourth system. Any questions Monika L?

Monika L: No.

Student: Can you use it more than once...?

Swami: Why not? Forever and ever, that is your power object.

Lothar: With sun healing is it better to do in the daytime? Can you do it anytime of day?

Swami: Doesn't matter.

Lothar: But the moon yantra it is best...

Swami: If it is on full moon day - gorgeous. How many people staying until Shivaratri here? March 5th.

Student: Is there any need to discharge the wood yantra?

Swami: No need. Anything else?

Ramakrishna: What is the secrecy of the blood?

Swami: Good. In the universe, a person what he is meditating, what he is sucking, the power, most all his power is hidden in the blood. The soul is very easily connecting with our blood, and second one is with your bones. When you die, when you bury that person, the blood huge effects on the bone. The bone sucks huge vibrations, then started to release huge vibrations who was connecting to that soul. That soul means, whatever the name, your name exact perfect name. Suppose Philip from his childhood days, parents they gave that name

to him, "Philip." All the people used to call him as a, 'Philip,' and Philip is responding their answers, their questions. Like when you are doing channeling a certain prayer, certain angels, he is like a hooking with that prayer, "Gayatri" if you perfectly pronounce that like maximum... that Gayatri, Mother Divine will respond you. Like "Hey Philip." He is in a thousand people. He will immediately go, "Who is calling me?" Remaining people forget it. Does it make you sense?

So the prayers when it is your doing on your name, sorry...when you are channeling certain prayers, after you die, whatever you hooked the angels - until to you bones, it is up to you, the bones are completely destroyed in the clay, in the sand, the angels is always protecting your body. Means they are still around your bones - stay around. If you say, "No need go out," then they go out. But still's every certain timings like full moon, auspicious in the stars time, period. In Indian tradition says, "dhanista, mula, anudhada..." certain...the stars every fifteen days, once it appears, the stars people (or period? *The word is not clear*) will come. As certain stars is there so powerful the angels will comes and give that names, and it will go back. It's so pretty interesting subject... the most relationship, even the best healing liquid, the best healing object, the best healing can do in the universe through the blood. The people, the Indian tradition, they thinks it's really like a strange, like black magic power. Even some churches people, they thinks isn't it? What is that, who churches, what religion?

Lothar: Well in the Caribbean and Brazil, and in some places in South America, they use blood for curing, but the church says for catching the spirit, and they take the blood, and they make certain symbols or they take the blood of animals just to catch the souls.

Ramakrishna: There are many religions that are Voodoo and Santanyana that use blood for negative purposes. There are whole religions based on that.

Swami: But what I recommend, don't do the healings with the blood. To knowing...good, but don't do that. Even if you do it never works. That is my work. Trying...waste. But second one is the milk. The most healing vibrations is in the milk, one of. That is why in Sri Sailam wherever you go, they give you a glass of milk to you. You seen, anybody seen? Hey in abishak, when you doing, they give that when

you are (*snap finger*) How many people seen that? How many people did with milk? Yeah, second one is milk. Take a pure milk cow, you go – washit – it’s a fun. When I am meditating, then I see a cow, that’s my duty. A small cow is there, I’m asking permission, the child, “I want some milk,” then (*makes milking motions*) it’s very hard, first fifteen minutes catch, then after, making a little off butter, then pouring and drinking. Do it. When you want to do the healing, I really recommend if you have a cows, if you have a cows... I’m not kidding – it’s serious. Gosh!

Student: We don’t live in India, not too many of us have cows!

Swami: I think in Germany I seen. Hey, I seen! You can’t hide, from me, I seen in Germany.

Lothar: You don’t just go and do this (milking motion) to the cow.

Anya: They’re not our cows.

Swami: Missionaries? Missions? We can do it.

Lothar . . . come on. That’s big fun man. Sure! Jump the fence then and go (*milking motion - group laughter*)

Student: The cows in Germany are like elephants! They are huge!

Swami: Only try on animals Lothar...

Lothar: Don’t tell everybody, please!

Swami: Gosh.

Student: Only cows?

Swami: Any milk except human beings. Serious. It doesn’t work. Third one is perfume water, any perfume water, most advisable rose. I hope John teach this? No?

Student: No.

Swami: To the healing, taking some rose water, charging certain prayers, and suppose on the yagna I did, taking the rose water...

Student: Showers . . .

Swami: Is a bad?

Students: No, it's wonderful, great!

Swami: It's good feelings, man. Take a cup of rose water, making a... (*he makes spray sounds*)...making to close his eyes... spray it - it's lovely experience, a washing huge negativity, your giving highest positive. Before you're taking that rose water, charge certain prayers. Like John teach, "Use this rose water." "Dear God, right now I'm sending huge positive energy. Try to use this rose water to wash out his negativity." Or you can do that, your Gayatri mantra, your personal mantra – then you spray. When the perfume water hits your body, automatically the healing started. The vibrations effects naturally. That is natural affect like a gas and matchbox (*finger snap*) burns. You understand? Like a rose water hitting on your body certain prayers - huge energy starting. Any questions?

Student: Is it possible any time in the future to give a course on herbals?

Swami: I gave three herbals, rosewood, sandalwood, tea (laughter). It is very hard you know to tell the herbals in Telugu and Sanskrit terms. I have to give the scientific names. You know scientific names?

Student: Like a course maybe in a few months instead, we could make like a two-week course where we make them.

Swami: Sure, I have to give the family name that plant. I am a botany student too. I'm a botany student. Suppose you know any family name to any plant, any scientific name?

Student: I don't remember.

Swami: Suppose, what?

Student: Cannabis (laughter) - Everyone knows that.

Swami: Yeah, suppose, lemon tree - citrus. Know citrus? Like a citrus. The lemon, I suppose the coconut - cocas . Eggplant they call salana melagina, potato salan tuberosa, the cotum gasipia... I have to find the scientific terms, then you have to give it wherever you go you can find it. Any botany, what is scientific name you can give? You know Agericaus mushrooms? Psychedelic mushrooms, magic mushrooms, banana....okay....

Student: Can you give us some meanings of the certain mantras?
There is not exact meaning for that?

Swami: Just you make angels on mother divine and Shiva. You didn't say what to do with the milk. Charge it. Drink it - what to touch. What type of sugar is in the milk? Lactose? Someone is uncomfortable to milk - they vomit. For them, just touch them with the milk.

Student: How long does it take to charge the milk?

Swami: Thirty minutes.

Student: You said something about the eighteen mantras that you would chant them.

Swami: There is no formula, anything, doesn't matter, you have to remember personal mantra. Your personal mantra you have to really hook that. You have to meditate one hour, priority. Not possible?

Students: Yes.

Swami: Who can't possible? Hey your personal mantra one hour. Anytime.

Student: Can the person mantra be done while driving in the car?

Swami: I never recommend any meditation that you do while you are steering.

Student: Washing dishes?

Swami: Sure, but you have to be careful when you are cooking the food, the family members need to be healthy.

Student: We can divide the time?

Swami: Mmm, well minimum thirty minutes. Generally, when I am in the car, I'm always much traveling. Since many months I have stopped traveling, before that I am a huge traveler. Always in the car most of the time, in the car day and night driving.... a hundred and fifty kilometers, three hundred kilometers... I used to sing and chanting and studying in the car. That was my best time when I am on a journey. Sometimes the drivers take the steering - I am sitting in

back simply working. In the plane it is different, meditating then when I am on the ground. In the plane it is very beautiful experience. When I am in the plane I am first took the eat, making the seat back, then taking the blanket, meditating, going in the trance, again, the landing time wake up.

Student: Do you...?

Swami: No it is not advisable; there is a big chance you can do accident chanting aloud. I never recommend, it is up to you.

Student: Is there any symptoms that are preferable any symptoms that tell you is it better the sun or moon yantra for healing?

Swami: Healing, you cannot say there are any exact symptoms. Highest positive symptoms everybody can receive it. You can't see any negative symptoms, its ok. You understand? What do you mean, what is the question? I don't think you understand.

Student: What I mean is in the five elements when someone has depression, its better the water mantra....

Swami: You can use for anything these ones.

Student: Now also in the new millennium that many people will have many symptoms that they don't know what they are, and the doctors will not know specifically what they are, so I believe that what you are giving us is specifically good for that. Is it that correct?

Swami: Yes.

Student: Can you do a distance healing by these?

Swami: Yes, you can do distance healing using sun and moon.

Student: May I show with the charging the flowers?

Swami: Why not? Just to decharge with the flowers? Why not?

Student: You spoke of the Brahma consciousness and the mind being under that, and the gurusthan and the soul. Does that happen naturally in your process, or is there a way to bring that?

Swami: It automatic happens.

Student: I have a question about the tantric healing methods, decharging. When I am using the Sri chakra, or the sun yantra, or the moon yantra for sending energy, you told us that we need to sit on a certain sheet with sun or moon yantra?

(Question not understood, another student clarifies)

Student: What she is saying is that you taught us for the tantric, for using the yantras, to visualize, then to send them away. She understands that in order to do this, we have to sit on top of the yantras that we put under the sheet. Is that correct?

Swami: Ok, doesn't matter. Any questions?

Student: You said you would give us some hints to meditate correctly.

Swami: Ok, without hints, and I think everybody is meditating. What is your symptoms Terry?

Terry: Being quiet, feeling serenity inside. Calm, sometimes my hands burn, my feet, sometimes I am very sensitive to energy.

Swami: Our body will get a little heat, the back neck starting hurting, a little your bones, back spine little aching when you do like that huge energy, high positive energy in your spine. When you crack like that your fingers, high positive energy. *(Click... Swami cracks fingers)* sucking in the bones, from the blood the bone sucks. Not like arthritic problems. Your eyes a little burning, heavy on the head like headache but not headache, and your pee goes to yellow, sometimes light yellow.

Where I am really walking in Hampi, one month back, he (Ramakrishna) made me to stop the car. At that time I am so sick. he is supposed to be taking care of me, "No problem, I will take care on you." Then he got carsick. I am driving, the driver is not there, I am driving, he got carsick, he open the door started to vomiting. Simply I am watching. I am so tired my bones and everything, like a tail of the elephant running and running. Before we take the Coca-Cola... How long we make it? Three hours, we don't count the break. What car driving? Escort, Escort...

He got carsick 210 kilometers - so funny. When he is vomiting, I am laughing. He is asking, "Hey, can you get some water for me?" I check out the car, there is no water, "Hey, it is in my bag." He have a

small bag. Water bottle ok, then he sit in the car, "Are you ok?" "Yeah, I am free now." (Laughter) Little scared, maybe he vomit again, oh not in the car!!!! It is a fun. What is next question?

Student: Angels. It is about angels.

Swami: Go ahead

Student: How come it takes if we have the right name of the angel- the right mantra, and we're asking powerfully, how come they don't come? How come it takes some time? Sometimes they what seems like perpetually, sometimes they don't come. Years...

Swami: My personal experience when we chanted and chanted and chanted, it takes sometimes a long time. Your faith, confidence, practice, interest, it has to maintain a same attitude. One hundred percent it comes to you. I know only through the Sanskrit prayers it hooks that certain angel. Like Philip, Virginia, Lothar, even thousands of people there. I say Lothar - he responds, "Hey somebody calling me. "

That soul, your prayer exactly hits... hits! Then he started to look. Then with your magnetic power you have to pull it. Your soul magnetic power automatic brings it near. Such a feeling of strong confidence, strong love...sometimes the healers when they are giving healing, some healing...some few minutes without their notice they feel so confident when they are giving the healing. On the time the healing works, click, like that. Sometimes you are so tired, so down - don't do the healings. Just you say, "I'm sorry. " Don't take that.

Lothar: The symptoms while doing the healing is like a hot spear in the solar plexus area. What is the significance of that? It is like a hot pinch, just very small area.

Swami: What do you mean?

Lothar: During the healing work this afternoon the pain wasn't with me, it was with John. We did the healing together on one person. During the process, there was a very strong hot pinch in the solar plexus area very strong what is the significance of that? Energy flowing. If the solar plexus is the place of the will, is it the personal will?

Swami: Big confusions on that. Huge confusions. They are talking

about different chakras, navels, connecting with navels, central point big confusions. Don't confuse.

Myuri: Are there different levels of angels, like angels you can manifest for people, then angels that they generate themselves from their own soul? Are there higher angels than other angels?

Swami: Myuri, you ask very depth question. Definitely there is a different category of angels but my biggest desire, I want to connect one angel. I am trying and trying...in a matter of very short period I am going to connect. One angel is really very, very hard in my life. Definitely there is some categories. Some angels, even if you call in - it comes. Starting to call in means, it takes minimum of couple years to six years. Some angels it is their luck it comes click like that, even it comes like that - real hooking is that you have to connect to talk. That is communication, you have to talk, you have to see, you have to experience. Think last month a person, no name, I and he were sitted. He is a big confusing person. He wanted to see, and talk, and experience very badly. He did a very, huge practices, I made him to lock the doors, he just lay on my bed talking to me. The conversation came up very strongly. He is going like huge... ok you want to see, see. It came like that. He had ten minutes a conversation but he can't understand anything that we talked, its ok...

That is real hooking. That is real hooking when you are able to connect, and talk - that is enough in your life. (*To the side teasing*) Not you man! You life is so, so successful. Listening the voice, listening the music, breathing the fragrance, somebody is making you wake up, somebody is making you attention, somebody is walking in your bedroom, somebody is making a noise, deep innocence, somebody is talking - all these are symptoms is around walking you but able to see eye to eye to talk- very important.

Student: So say if you smell them, or hear them, can you ask to speak to them without seeing them?

Swami: Sure, already I told.

Student: No, but before you see, can you encourage communication?

Swami: One hundred percent!

Student? Do the same techniques work with the saints who have

taken samadhi?

Swami: Hhmm-hmm

Student: Is it true that most of the angels are female that do the work?

Swami: Yeah

Student: And there are 108 total you can have?

Swami: Yeah, you will come out in your book one day, that real strong, most powerful angels 108 - one zero eight.

Student: I want to ask you about the process this afternoon looking into Baba's eyes was the most powerful process. Sometimes I felt very nauseous, as if I have to throw up. The same time I felt like many lifetimes cleared and were washed away. I want to know whether that's true?

Swami: A huge purification, and a huge hooking to Baba. *(Bird noise)* My ashram is like a jungle, the dogs barking, the hens is... I have to enjoy the jungle - no chance... a huge purification, a huge shaktipat from Baba.

Student: Is this a process we can do on your own or is it special today?

Swami: Today, I open a certain channel. Done.

Student: I couldn't keep my eyes open for more than two or three minutes...

Swami: Your head goes really heavy, then you feel after that, "Oh my gosh!" You want to go and sleep. Hearing things, mostly to Baba two three minutes to me or ten minutes, then its done. He cant' talk that my strange book (unclear) I never do more than ten minutes - its done. The pot is full.

Student: On the Homa fire, agnium, I am a little confused which time we are sending the negativity and which time we are pulling the positive.

Swami: When you sending negativity means, automatically positive energy comes out. When you sucking positive energy it means

automatic negativity comes out. Two home like two cells is coming down means, automatic comes there. It makes the balance. It is the nature secrecy but you have to push on the point. Right now I am sucking positivity, like you have to bring that thought, "Wash out the negativity - sucking positive." I mentioned, sometimes now we can wash out all your angry, depression, fear. When I am giving water spray, putting that, giving positive energy - shaktipat.

Student: When I cleaned the ash to give it to Norman's, to the group, I found inside the ash, two little 25 piесе coins.

Swami: Keep it. Give to Baba 20 rupees, 20 rupees.

Student: Ok, I will do that.

Student: What is the smell of angels?

Swami: Fragrance. I feel sometimes gasoline, sometimes roses - maybe someone has roses. I was checking looking and nobody has roses. In the universe, one of the most powerful angels walking place is Penukonda; second one is Mecca. Easily they can connect here, very easily.

Student: When you mentioned Mecca, since millions of people are praying in that direction, do you know the significance of the karma of that black stone? Because now I understand from what you teach, that the black stone is sucking negativity. But do you know the significance of the stone? Because they say it fell from heaven, from the sky?

Swami: No comment.

Student: So these energies come and I never thought that I wanted to hook them, so now since I've been here for two days, I'm concentrating on these energies coming, and now I'm pulling them in my heart. I'm making up this game of reflecting on my soul, trying to hook this to stay with me. I've never thought to hook these energies to stay with me. Is there a technique for that?

Swami: Just you open your heart for that. It will stay. Simple, just you ask the god to keep forever and ever - talk to the God what you want. It will stay. He's a big kind man what he gives us.

Student: Can you explain about storing energy in different places in

your body?

Swami: There's a... when we are meditating automatically energy goes and stores there, we don't need to focus on certain points. Understand? When you are meditating you feel so heavy. You feel from your fingertips, to head, to the fingernails, entire the energy flows so there's no need to be aware of putting it one place and using again some time other. No one before I talk to explain very deeply – not necessary. These most powerful 108 angels are those, the petals of the Sri chakra, Exactly.

Student: Concerning the Sri Chakra. What are the bijakshras are the best for the three petals above, and what problems is the best to use the moon and sun yantra?

Swami: Both same time, your persona mantra has to fulfill for that. Last night Jonathan asked that. I gave in your life each person a personal mantra, two personal mantras each person. If you are so lucky I will give three personal mantras. If you are eighty percent lucky - two personal mantras; seventy percent lucky - one personal mantra. Swami will see the right time, then he will explain. When you have fulfilled three personal mantras, he will explain. I am giving the three gunas also, for the Sri chakra. Did you explain that Ramakrishna?

Ramakrishna: I didn't explain that.

Swami: It's ok, a bit confused - no need. Everybody, it is like a fire if you don't notice touch it burns. If you notice, touch it burns. Even its good to have in your name, huge vibrations flows form that understand?

Student: What do we do with our coconuts?

Swami: Put it in the fire, break it, and put it.

Student: Where does the soul live in the body? You said who knows will have an interview...no they would get to heal the snake bite.

Swami: Ok, We are missing that program cause even I think twenty people planned to do that. I had to do some proofs and the healings. Its funny, when they find for the eight man feet cobra - huge. Small cobra they can easily find. Finally near close to my birthday they got little one. I jump on my birthday process to connect something. I gave

up. We'll do it in Shiva Ratri periods. No problem. I think some people are confused. Oh Swami said the cobra, isn't doing, doesn't happen la, la, la... Its on your fate that's it - everything can possible. And Monika L's question about the soul, it lives in the heart mostly, as a powerful healer from the navel to here - entire the body. He can move his energy from the nails to the hair. He can go coming down go coming down, the energy.

Student: Swami, may I show how to draw the Sri Chakra who is interested?

Swami: Sure. Okay guys, good night everybody.

Group: Thank you swami.

End of Talk